



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Lemkowna Ultra-Trail  
Fundacja Ultra  
2023-10-21  
Komańcza  
150 km

# LEMKOWYNA ULTRA-TRAIL® 150

B4SPORT  
INTELEGENTNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Hańcowa 22.2km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
1	<b>GORCZYCA Bartosz</b>	6	GRUPA LUKTRANS	Open M	1	02:11:55	04:59:23	06:58:53	08:55:17	11:33:58	14:01:49	15:07:49	16:04:43	<b>17:56:08.25</b>	<b>17:56:08.25</b>		7:10	8.4 (100%)
2	<b>SIERADZKI Krzysztof</b>	14	PRZEDWOJEWSKI TEAM	Open M	2	02:13:12	05:11:47	07:25:47	09:28:03	12:33:21	14:55:43	16:03:38	17:22:08	<b>18:33:07.15</b>	<b>18:33:07.15</b>	+00:36:58 (3.3%)	7:25	8.1 (96.4%)
3	<b>BRYSZ Michał</b>	37	SBG PODBIEG	Open M	3	02:16:12	05:26:11	07:36:42	09:42:25	12:37:58	15:05:35	16:21:42	17:22:35	<b>19:22:19.10</b>	<b>19:22:19.10</b>	+01:26:10 (7.4%)	7:44	7.7 (91.7%)
4	<b>SZUSTER Karol</b>	310	WOŹNIAK RUNNING TEAM	Open M	4	02:20:38	05:33:08	07:43:29	09:56:57	12:58:22	15:28:37	16:37:01	17:30:49	<b>19:26:42.30</b>	<b>19:26:42.30</b>	+01:30:34 (7.8%)	7:46	7.7 (91.7%)
5	<b>STROINSKI Daniel</b>	12	ATTIQ TEAM	Open M	5	02:20:44	05:38:07	07:58:41	10:03:02	13:00:44	15:32:12	16:47:50	17:41:42	<b>19:38:12.75</b>	<b>19:38:12.75</b>	+01:42:04 (8.7%)	7:51	7.6 (90.5%)
6	<b>ŚLASKI Radosław</b>	315	PUT- POGÓRZE ULTRA TRAIL	Open M	6	02:17:03	05:22:26	07:43:09	10:00:29	13:14:17	15:53:34	17:06:50	18:06:13	<b>19:50:51.15</b>	<b>19:50:51.15</b>	+01:54:42 (9.6%)	7:56	7.6 (90.5%)
7	<b>STUDENCKI Dawid</b>	13	4TRITEAM	Open M	7	02:40:35	06:10:39	08:28:11	10:42:59	13:44:01	16:06:41	17:22:33	18:22:10	<b>20:20:46.90</b>	<b>20:20:46.90</b>	+02:24:38 (11.8%)	8:08	7.4 (88.1%)
8	<b>MAJER Ewa</b>	1		Open K	1	02:20:22	05:36:35	07:50:39	10:09:53	13:37:10	16:09:53	17:22:54	18:24:07	<b>20:22:42.80</b>	<b>20:22:42.80</b>	+02:26:34 (12.0%)	8:09	7.4 (88.1%)
9	<b>KIK Iwona</b>	3		Open K	2	02:24:27	05:46:22	07:58:44	10:11:08	13:37:53	16:12:39	17:30:50	18:32:44	<b>20:30:23.45</b>	<b>20:30:23.45</b>	+02:34:15 (12.5%)	8:12	7.3 (86.9%)
10	<b>ŁAWNIK Mateusz</b>	186		Open M	8	02:13:19	05:21:25	07:36:34	09:53:02	13:07:56	15:46:23	17:08:37	18:16:36	<b>20:45:12.15</b>	<b>20:45:12.15</b>	+02:49:03 (13.6%)	8:18	7.2 (85.7%)
11	<b>BANIAK Marcin</b>	17	G.O.A.T. TEAM MICHAŁOWICE	Open M	9	02:16:14	05:35:37	07:58:17	10:21:33	13:35:10	16:13:53	17:36:26	18:43:40	<b>21:22:09.90</b>	<b>21:22:09.90</b>	+03:26:01 (16.1%)	8:32	7 (83.3%)
12	<b>FELTOWICZ Jacek</b>	71		Open M	10	02:15:53	05:32:33	07:57:40	10:27:44	14:02:59	16:50:55	18:11:30	19:20:00	<b>21:23:59.30</b>	<b>21:23:59.30</b>	+03:27:51 (16.2%)	8:33	7 (83.3%)
13	<b>REJ Mirosław</b>	261	GORCZYCA TEAM	Open M	11	02:42:13	06:13:00	08:32:37	10:54:06	14:25:03	16:57:11	18:11:23	19:17:08	<b>21:23:59.65</b>	<b>21:23:59.65</b>	+03:27:51 (16.2%)	8:33	7 (83.3%)
14	<b>PRUCNAL Zbigniew</b>	256	ELKO24.PL	Open M	12	02:37:59	06:14:16	08:48:54	11:13:55	14:34:09	17:21:19	18:32:21	19:39:32	<b>21:41:28.00</b>	<b>21:41:28.00</b>	+03:45:19 (17.3%)	8:40	6.9 (82.1%)
15	<b>TATAREK-KONIK Agnieszka</b>	323		Open K	3	02:28:59	06:01:35	08:24:48	10:48:10	14:05:59	17:00:08	18:16:10	19:30:11	<b>21:51:00.65</b>	<b>21:51:00.65</b>	+03:54:52 (17.9%)	8:44	6.9 (82.1%)
16	<b>OLEKSIEWICZ Maurycy</b>	8	SZAKALE BAŁUT ŁÓDŹ	Open M	13	02:09:16	05:14:41	07:36:29	10:00:23	13:38:46	16:54:10	18:25:19	19:40:25	<b>21:58:26.50</b>	<b>21:58:26.50</b>	+04:02:18 (18.4%)	8:47	6.8 (81.0%)
17	<b>TROJNAR Damian</b>	330	KS JANUSZE	Open M	14	02:37:55	06:19:41	08:43:56	11:08:56	14:33:48	17:21:21	18:37:38	19:47:24	<b>21:58:55.75</b>	<b>21:58:55.75</b>	+04:02:47 (18.4%)	8:47	6.8 (81.0%)
18	<b>KOMZA Radosław</b>	145		Open M	15	02:16:06	05:40:16	08:14:28	10:49:25	14:34:07	17:39:26	19:08:37	20:20:47	<b>22:36:57.60</b>	<b>22:36:57.60</b>	+04:40:49 (20.7%)	9:02	6.6 (78.6%)
19	<b>SIEPIOŁA Cezary</b>	273	GÓRAL Z MAZUR RUNNING TEAM	Open M	16	02:18:44	05:35:07	08:08:59	10:43:27	14:28:42	17:35:01	19:04:19	20:07:20	<b>22:41:45.65</b>	<b>22:41:45.65</b>	+04:45:37 (21.0%)	9:04	6.6 (78.6%)
20	<b>WYROBA Wojciech</b>	365		Open M	17		05:48:44	08:10:41	10:38:07	14:04:03	17:08:55	18:35:41	19:51:14	<b>22:41:45.90</b>	<b>22:41:45.90</b>	+04:45:37 (21.0%)	9:04	6.6 (78.6%)
21	<b>SZAŁACHOWSKI Tomasz</b>	299	GÓRAL Z MAZUR RUNNING TEAM	Open M	18	02:11:23	05:34:12	08:08:56	10:43:57	14:07:12	17:08:58	18:35:44	19:51:11	<b>22:41:46.05</b>	<b>22:41:46.05</b>	+04:45:37 (21.0%)	9:04	6.6 (78.6%)
22	<b>BOGACZYK Krzysztof</b>	32		Open M	19	02:24:48	05:59:39	08:28:24	11:00:22	14:42:35	17:42:25	19:09:32	20:19:00	<b>22:47:27.45</b>	<b>22:47:27.45</b>	+04:51:19 (21.3%)	9:06	6.6 (78.6%)
23	<b>DAJEK Łukasz</b>	57		Open M	20	02:33:46	06:17:30	08:45:58	11:16:46	14:46:18	17:48:45	19:10:09	20:23:09	<b>22:47:46.05</b>	<b>22:47:46.05</b>	+04:51:37 (21.3%)	9:07	6.6 (78.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
24	<b>PŁONKA Rafał</b>	<b>249</b>	GÓRAL Z MAZUR RUNNING TEAM	Open M	21	02:23:48	05:59:43	08:28:41	10:54:26	14:21:28	17:25:14	19:05:42	20:18:57	<b>22:48:04.70</b>	<b>22:48:04.70</b>	+04:51:56 (21.3%)	9:07	6.6 (78.6%)
25	<b>SZAŁKOWSKI Dawid</b>	<b>300</b>	MARKOWI BIEGACZE	Open M	22	02:30:44	06:03:00	08:32:29	11:03:32	14:47:07	17:51:46	19:13:32	20:24:36	<b>22:54:24.20</b>	<b>22:54:24.20</b>	+04:58:15 (21.7%)	9:09	6.5 (77.4%)
26	<b>KRAWCZYK Karolina</b>	<b>7</b>	INOV-8 TEAM	Open K	4	02:35:14	06:14:44	08:46:56	11:17:00	14:46:31	17:42:39	19:13:12	20:32:06	<b>22:55:09.85</b>	<b>22:55:09.85</b>	+04:59:01 (21.7%)	9:10	6.5 (77.4%)
27	<b>JODŁOWSKI Jan</b>	<b>120</b>		Open M	23	02:17:01	05:38:04	08:09:02	10:43:54	14:30:09	17:38:41	19:11:46	20:26:32	<b>22:56:57.50</b>	<b>22:56:57.50</b>	+05:00:49 (21.8%)	9:10	6.5 (77.4%)
28	<b>STACHURA Damian</b>	<b>286</b>	TEAM STACHU & CEBUL	Open M	24	02:20:13	06:03:36	08:34:46	11:14:08	14:52:41	17:55:44	19:18:36	20:27:12	<b>23:01:04.80</b>	<b>23:01:04.80</b>	+05:04:56 (22.1%)	9:12	6.5 (77.4%)
29	<b>CEBULA Grzegorz</b>	<b>46</b>	TEAM STACHU&CEBUL	Open M	25	02:20:20	06:03:38	08:34:48	11:14:52	14:54:02	17:57:21	19:19:15	20:36:29	<b>23:08:39.80</b>	<b>23:08:39.80</b>	+05:12:31 (22.5%)	9:15	6.5 (77.4%)
30	<b>GOŁDA Paweł</b>	<b>89</b>		Open M	26	02:31:14	06:06:48	08:38:10	11:17:27	15:13:19	18:16:25	19:38:59	20:57:44	<b>23:09:21.35</b>	<b>23:09:21.35</b>	+05:13:13 (22.5%)	9:15	6.5 (77.4%)
31	<b>TELEPSKI Michał</b>	<b>325</b>	BROWERY TEAM / NULL	Open M	27	02:40:29	06:19:19	08:59:08	11:33:26	15:19:08	18:17:49	19:53:47	21:03:25	<b>23:14:54.95</b>	<b>23:14:54.95</b>	+05:18:46 (22.9%)	9:17	6.5 (77.4%)
32	<b>GRZEBSKI Dariusz</b>	<b>94</b>	NIDZICA BIEGA	Open M	28	02:29:40	06:03:14	08:28:18	10:58:34	14:42:34	17:51:24	19:20:43		<b>23:18:38.05</b>	<b>23:18:38.05</b>	+05:22:29 (23.1%)	9:19	6.4 (76.2%)
33	<b>BIENIEK Damian</b>	<b>27</b>		Open M	29	02:32:45	06:12:29	08:34:50	11:04:33	14:42:32	17:51:27	19:20:40	20:37:20	<b>23:26:46.35</b>	<b>23:26:46.35</b>	+05:30:38 (23.5%)	9:22	6.4 (76.2%)
34	<b>JASIŃSKI Piotr</b>	<b>116</b>		Open M	30	02:32:46	06:12:22	08:34:53	11:04:39	14:42:33	17:51:24	19:20:45	20:37:29	<b>23:26:46.65</b>	<b>23:26:46.65</b>	+05:30:38 (23.5%)	9:22	6.4 (76.2%)
35	<b>KUJAWA Krzysztof</b>	<b>173</b>		Open M	31	02:37:48	06:29:03	09:07:00	11:45:56	16:08:24	18:55:43	20:14:07	21:17:02	<b>23:31:17.60</b>	<b>23:31:17.60</b>	+05:35:09 (23.7%)	9:24	6.4 (76.2%)
36	<b>CHWEDCZUK Robert</b>	<b>50</b>	ŻÓRAWSKI TEAM	Open M	32	02:17:27	05:54:54	08:33:17	11:16:14	15:17:07	18:29:47	20:07:18	21:18:48	<b>23:31:19.75</b>	<b>23:31:19.75</b>	+05:35:11 (23.8%)	9:24	6.4 (76.2%)
37	<b>KLONOWSKI Jacek</b>	<b>137</b>		Open M	33	02:31:10	06:17:57	08:56:22	11:36:25	15:50:05	18:39:51	20:06:41	21:16:09	<b>23:32:06.60</b>	<b>23:32:06.60</b>	+05:35:58 (23.8%)	9:24	6.4 (76.2%)
38	<b>ŁACHACZ Karol</b>	<b>185</b>	WIOSKA BIEGACZY / GÓRAL Z MAZUR RUNNING TEAM	Open M	34	02:31:42	06:13:04	08:50:29	11:36:15	15:10:26	18:09:16	19:42:24	21:01:08	<b>23:33:43.55</b>	<b>23:33:43.55</b>	+05:37:35 (23.9%)	9:25	6.4 (76.2%)
38	<b>BERNACIAK Dominik</b>	<b>21</b>	GÓRAL Z MAZUR RUNNING TEAM	Open M	34	02:27:42	05:56:13	08:23:50	10:54:02	14:46:24	18:09:18	19:42:19	21:01:16	<b>23:33:43.55</b>	<b>23:33:43.55</b>	+05:37:35 (23.9%)	9:25	6.4 (76.2%)
40	<b>KEMPNY Paweł</b>	<b>133</b>	SOCIOS SILESIA	Open M	36	02:32:50	06:16:22	08:50:55	11:22:50	15:11:00	18:15:10	19:44:44	20:50:18	<b>23:36:03.75</b>	<b>23:36:03.75</b>	+05:39:55 (24.0%)	9:26	6.4 (76.2%)
41	<b>KOCIUBA Przemysław</b>	<b>384</b>	TT SZCZECIN	Open M	37	02:27:37	06:14:57	08:44:28	11:16:02	14:59:31	18:02:27	19:33:12	20:57:38	<b>23:56:05.30</b>	<b>23:56:05.30</b>	+05:59:57 (25.1%)	9:34	6.3 (75.0%)
42	<b>MIGDAL Michał</b>	<b>208</b>	MARKOWI BIEGACZE	Open M	38	02:30:35	06:02:14	08:32:32	11:01:25	15:05:30	18:17:13	19:51:05	21:09:30	<b>23:56:51.55</b>	<b>23:56:51.55</b>	+06:00:43 (25.1%)	9:34	6.3 (75.0%)
43	<b>BAJOREK Jan</b>	<b>16</b>		Open M	39	02:47:17	06:38:39	09:13:44	12:04:19	15:53:11	18:55:18	20:25:11	21:52:27	<b>23:57:03.05</b>	<b>23:57:03.05</b>	+06:00:54 (25.1%)	9:34	6.3 (75.0%)
44	<b>SIATKA Piotr</b>	<b>271</b>	LUBELSKIBIEGACZ.PL	Open M	40	03:00:55	06:48:23	09:27:41	12:14:22	16:08:17	19:10:56	20:38:40	21:53:19	<b>24:13:04.65</b>	<b>24:13:04.65</b>	+06:16:56 (25.9%)	9:41	6.2 (73.8%)
44	<b>SIATKA Krzesimir</b>	<b>270</b>	LUBELSKIBIEGACZ.PL TEAM	Open M	40	03:00:50	06:48:28	09:27:39	12:14:26	16:08:18	19:10:52	20:38:42	21:53:32	<b>24:13:04.65</b>	<b>24:13:04.65</b>	+06:16:56 (25.9%)	9:41	6.2 (73.8%)
46	<b>SZYMURA Wojciech</b>	<b>313</b>	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	Open M	42	02:30:18	06:22:11	09:06:52	11:47:32	15:34:33	18:37:35	20:14:12	21:39:14	<b>24:15:33.60</b>	<b>24:15:33.60</b>	+06:19:25 (26.1%)	9:42	6.2 (73.8%)
47	<b>WOJCIECH Łukasz</b>	<b>352</b>	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	Open M	43	02:19:14	05:51:17	08:33:14	11:21:26	15:17:05	18:30:00	20:07:25	21:29:50	<b>24:17:07.20</b>	<b>24:17:07.20</b>	+06:20:58 (26.1%)	9:42	6.2 (73.8%)
48	<b>PIWKO Mateusz</b>	<b>247</b>		Open M	44	03:00:46	06:47:27	09:22:31	12:05:28	15:54:13	18:58:21	20:26:05	21:40:50	<b>24:20:42.65</b>	<b>24:20:42.65</b>	+06:24:34 (26.3%)	9:44	6.2 (73.8%)
49	<b>KURAS Przemysław</b>	<b>174</b>	NUNEK SPITFIRE	Open M	45	02:48:34	06:29:10	09:08:19	11:53:59	15:37:45	18:54:13	20:35:52	21:54:17	<b>24:21:41.50</b>	<b>24:21:41.50</b>	+06:25:33 (26.4%)	9:44	6.2 (73.8%)
50	<b>KOŻUCH Marcin</b>	<b>157</b>		Open M	46	02:50:37	06:55:01	09:39:41	12:18:15	16:12:54	19:17:52	20:44:09	21:58:15	<b>24:26:23.00</b>	<b>24:26:23.00</b>	+06:30:14 (26.6%)	9:46	6.1 (72.6%)
51	<b>MINOROWSKI Maciej</b>	<b>211</b>	K.N.N.R.	Open M	47	02:24:13	06:14:36	08:58:43	11:53:46	15:55:05	19:01:52	20:40:24	21:59:37	<b>24:26:24.50</b>	<b>24:26:24.50</b>	+06:30:16 (26.6%)	9:46	6.1 (72.6%)
52	<b>JĘDRACHOWICZ Maciej</b>	<b>118</b>	STRAŻ MARSZAŁKOWSKA	Open M	48	02:37:44	06:20:48	08:59:47	11:39:30	15:50:10	19:05:57	20:38:29	22:03:14	<b>24:26:57.00</b>	<b>24:26:57.00</b>	+06:30:48 (26.6%)	9:46	6.1 (72.6%)
53	<b>BIAŁAS Filip</b>	<b>23</b>		Open M	49	02:46:22	06:38:51	09:17:44	12:04:30	15:56:57	19:05:57	20:38:27	21:59:32	<b>24:26:57.05</b>	<b>24:26:57.05</b>	+06:30:48 (26.6%)	9:46	6.1 (72.6%)
54	<b>PASTUŁA Łukasz</b>	<b>236</b>		Open M	50	02:47:16	06:32:38	09:03:48	11:49:53	15:44:19	19:01:52	20:33:21	21:53:14	<b>24:28:01.15</b>	<b>24:28:01.15</b>	+06:31:52 (26.7%)	9:47	6.1 (72.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
55	<b>ZIMKOWSKI Marcin</b>	<b>381</b>	KGHM ZG RUN	Open M	51	02:26:03	06:19:11	09:02:53	11:48:12	15:52:16	19:04:39	20:33:07	21:53:25	<b>24:33:23.35</b>	<b>24:33:23.35</b>	+06:37:15 (27.0%)	9:49	6.1 (72.6%)
56	<b>MAGIERA Grzegorz</b>	<b>190</b>	KGHM ZG RUN HUTA MIEDZI GŁOGÓW	Open M	52	02:33:58	06:30:36	09:16:31	12:06:28	16:22:40	19:24:18	20:52:08	22:07:05	<b>24:35:14.60</b>	<b>24:35:14.60</b>	+06:39:06 (27.1%)	9:50	6.1 (72.6%)
57	<b>MALSKI Tomasz</b>	<b>195</b>	WOLSKI KOLEKTYW BIEGOWY	Open M	53	02:50:45	06:35:02	09:08:15	11:43:20	15:24:25	18:47:09	20:40:36	22:01:10	<b>24:36:30.50</b>	<b>24:36:30.50</b>	+06:40:22 (27.1%)	9:50	6.1 (72.6%)
58	<b>KRYSA Roman</b>	<b>166</b>	WOLSKI KOLEKTYW BIEGOWY	Open M	54	02:48:31	06:48:10	09:36:01	12:26:50	16:19:23	19:22:37	20:58:10	22:19:10	<b>24:39:31.30</b>	<b>24:39:31.30</b>	+06:43:23 (27.3%)	9:51	6.1 (72.6%)
59	<b>ZIELIŃSKI Paweł</b>	<b>376</b>	RUCH IZBICA	Open M	55	02:40:55	06:15:04	08:49:49	11:23:41	15:17:24	18:24:49	19:55:22	21:14:43	<b>24:40:57.35</b>	<b>24:40:57.35</b>	+06:44:49 (27.3%)	9:52	6.1 (72.6%)
60	<b>MAĆZKA Ryszard</b>	<b>202</b>	LUBELSKI BANK SPÓŁDZIELCZY	Open M	56	02:41:05	06:15:11	08:49:55	11:23:48			19:55:24		<b>24:41:31.00</b>	<b>24:41:31.00</b>	+06:45:22 (27.4%)	9:52	6.1 (72.6%)
61	<b>WOJNOWSKI Michał</b>	<b>356</b>	JM SPORT	Open M	57	02:42:44	06:25:11	08:58:36	11:45:20	15:45:51	18:55:05	20:34:40	21:59:52	<b>24:44:09.00</b>	<b>24:44:09.00</b>	+06:48:00 (27.5%)	9:53	6.1 (72.6%)
62	<b>KORDECKI Łukasz</b>	<b>148</b>	WCHSZT	Open M	58	02:42:35	06:25:23	08:58:32	11:45:09	15:45:49	18:55:05	20:34:26	21:59:57	<b>24:44:09.15</b>	<b>24:44:09.15</b>	+06:48:00 (27.5%)	9:53	6.1 (72.6%)
63	<b>WOJNO Arkadiusz</b>	<b>355</b>	DROGA DO ULTRA	Open M	59	02:32:34	06:20:07	08:57:13	11:45:25	16:09:16	19:20:23	20:51:16	22:07:01	<b>24:48:24.25</b>	<b>24:48:24.25</b>	+06:52:16 (27.7%)	9:55	6 (71.4%)
64	<b>LESZKO Rafał</b>	<b>181</b>		Open M	60	02:49:29	06:32:25	09:11:45	11:39:00	15:41:04	19:00:40	20:35:55	22:06:26	<b>25:10:07.15</b>	<b>25:10:07.15</b>	+07:13:58 (28.7%)	10:04	6 (71.4%)
65	<b>JANIK Beata</b>	<b>109</b>		Open K	5	02:58:22	07:06:04	09:45:45	12:29:30	16:41:55	19:57:09	21:31:28	22:46:28	<b>25:13:25.95</b>	<b>25:13:25.95</b>	+07:17:17 (28.9%)	10:05	5.9 (70.2%)
66	<b>STANIO Arkadiusz</b>	<b>288</b>	ASSECO ACTIVE TEAM / BIEGAM W RZESZOWIE	Open M	61	02:47:14	06:38:04	09:14:33	12:08:57	16:22:46	19:32:25	21:18:54	22:45:41	<b>25:16:07.90</b>	<b>25:16:07.90</b>	+07:19:59 (29.0%)	10:06	5.9 (70.2%)
67	<b>KRÓL Maciej</b>	<b>163</b>	WIRAN ULTRA WAY TEAM	Open M	62	03:02:54	07:07:23	09:57:12	12:40:05	16:39:36	19:56:30	21:31:22	22:51:32	<b>25:34:12.95</b>	<b>25:34:12.95</b>	+07:38:04 (29.9%)	10:13	5.9 (70.2%)
68	<b>MIETŁA Łukasz</b>	<b>205</b>	HURAGAN LIGOTA	Open M	63	02:43:42	06:26:59	09:19:14	12:04:47	16:25:59	19:43:08	21:19:49	22:43:00	<b>25:41:29.45</b>	<b>25:41:29.45</b>	+07:45:21 (30.2%)	10:16	5.8 (69.0%)
69	<b>SKWAREK Marcin</b>	<b>282</b>	SMASHING PĄPKINS	Open M	64	02:35:13	06:24:23	09:12:35	12:06:01	16:42:13	19:42:22	21:19:52	22:42:57	<b>25:41:30.50</b>	<b>25:41:30.50</b>	+07:45:22 (30.2%)	10:16	5.8 (69.0%)
70	<b>WARZECHA Bogusław</b>	<b>340</b>	PANKURA	Open M	65	02:59:19	07:08:20	10:03:33	12:44:13	16:33:45	19:53:28	21:28:10	22:51:36	<b>25:44:03.15</b>	<b>25:44:03.15</b>	+07:47:54 (30.3%)	10:17	5.8 (69.0%)
71	<b>WAGNER Ewa</b>	<b>9</b>	MARCIN ŚWIERC TEAM/LISEK Z ULTRASKĄ	Open K	6	02:41:47	06:55:56	09:43:13	12:29:02	16:16:51	19:23:24	21:04:02	22:52:07	<b>25:45:46.10</b>	<b>25:45:46.10</b>	+07:49:37 (30.4%)	10:18	5.8 (69.0%)
72	<b>ZIEBA Tomasz</b>	<b>374</b>	JACEKBIEGA RUNNING TEAM	Open M	66	02:41:03	06:23:49	08:58:49	11:40:09	15:41:32	18:55:03	20:42:46	22:25:20	<b>25:47:53.50</b>	<b>25:47:53.50</b>	+07:51:45 (30.5%)	10:19	5.8 (69.0%)
73	<b>GIERSZEWSKI Jarosław</b>	<b>85</b>	ZĄŁOGA G	Open M	67	02:50:38		09:37:24	12:17:31	16:16:23	19:25:02	21:21:23	22:58:51	<b>25:52:16.95</b>	<b>25:52:16.95</b>	+07:56:08 (30.7%)	10:20	5.8 (69.0%)
74	<b>KRAWCZYK Michał</b>	<b>160</b>	KGJ	Open M	68	02:47:22	06:38:49	09:20:46	12:24:39	16:30:44	19:54:11	21:36:34	23:12:20	<b>25:53:32.15</b>	<b>25:53:32.15</b>	+07:57:23 (30.7%)	10:21	5.8 (69.0%)
75	<b>WAGNER Lenka</b>	<b>338</b>	BOBOWSKA GRUPA BIEGOWA	Open K	7	03:25:26	07:38:32	10:31:52	13:20:32	17:18:03	20:32:45	22:04:56	23:23:30	<b>25:57:15.25</b>	<b>25:57:15.25</b>	+08:01:07 (30.9%)	10:22	5.8 (69.0%)
76	<b>MROCZEK Karolina</b>	<b>215</b>	BIEG LOVE LAS / STUDIO TRENINGU NOVA 2.0	Open K	8	03:01:43	07:04:56	09:51:16	12:46:04	16:45:49	19:52:32	21:28:08	23:02:21	<b>26:02:46.15</b>	<b>26:02:46.15</b>	+08:06:37 (31.1%)	10:25	5.8 (69.0%)
77	<b>DŁUGOSZ-SAWICKA Marta</b>	<b>62</b>	CIASTKI RUNNING TEAM	Open K	9	03:02:28	06:59:43	09:49:57	12:48:27	17:07:11	20:22:44	21:59:04	23:22:43	<b>26:13:22.95</b>	<b>26:13:22.95</b>	+08:17:14 (31.6%)	10:29	5.7 (67.9%)
78	<b>WYSOCKA Agnieszka</b>	<b>368</b>	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	Open K	10	03:02:25	06:59:50	09:49:55	12:48:31	17:07:11	20:21:10	21:54:51	23:22:40	<b>26:13:23.00</b>	<b>26:13:23.00</b>	+08:17:14 (31.6%)	10:29	5.7 (67.9%)
78	<b>SIĘBIDA Mieczysław</b>	<b>274</b>	FARTLEK GO	Open M	69	02:50:57	06:52:53	09:45:03	12:42:12	16:46:20	20:05:35	21:59:09	23:23:34	<b>26:13:23.00</b>	<b>26:13:23.00</b>	+08:17:14 (31.6%)	10:29	5.7 (67.9%)
80	<b>MYŚLIWIEC Robert</b>	<b>219</b>	DZIKI&WOLNY	Open M	70	02:32:52	06:40:28	09:43:21	12:40:45	17:13:51	20:26:49	22:05:04	23:32:43	<b>26:16:48.75</b>	<b>26:16:48.75</b>	+08:20:40 (31.8%)	10:30	5.7 (67.9%)
81	<b>WŁOCH Sławomir</b>	<b>351</b>		Open M	71	02:38:03	06:54:15	09:47:55	12:47:16	16:58:49	20:34:12	22:23:20	23:49:54	<b>26:26:13.30</b>	<b>26:26:13.30</b>	+08:30:05 (32.2%)	10:34	5.7 (67.9%)
82	<b>WIĘCEK Przemysław</b>	<b>347</b>	KĘCKIE HARPAGANY	Open M	72	03:02:07	07:45:47	10:46:12	13:40:33	17:56:33	21:10:48	22:46:52	24:02:54	<b>26:34:49.55</b>	<b>26:34:49.55</b>	+08:38:41 (32.5%)	10:37	5.6 (66.7%)
83	<b>JANKOWSKI John</b>	<b>112</b>	WITC	Open M	73	02:59:09	06:46:31	09:31:01	12:24:57	16:27:13	20:06:23	21:58:03	23:33:45	<b>26:41:49.35</b>	<b>26:41:49.35</b>	+08:45:41 (32.8%)	10:40	5.6 (66.7%)
84	<b>KALANDYK Wojciech</b>	<b>125</b>	PODKARPACKA IZBA INŻYNIERÓW BUDOWNICTWA	Open M	74	03:17:30	07:19:25	10:12:29	13:14:03	17:27:47	20:48:42	22:41:56	24:08:35	<b>26:43:06.45</b>	<b>26:43:06.45</b>	+08:46:58 (32.9%)	10:41	5.6 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz-Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
85	<b>HAREŹŁAK Krzysztof</b>	<b>103</b>	KS ULTRA TEAM ŁÓDŹ	Open M	75	03:06:59	07:44:24	10:31:27	13:13:38	17:46:52	21:03:52	22:48:46	24:06:08	<b>26:43:11.55</b>	<b>26:43:11.55</b>	+08:47:03 (32.9%)	10:41	5.6 (66.7%)
86	<b>BUHL Łukasz</b>	<b>41</b>		Open M	76	03:02:30	06:59:56	09:52:58	12:40:09	16:47:33	20:13:23	22:05:09	23:23:06	<b>26:43:50.35</b>	<b>26:43:50.35</b>	+08:47:42 (32.9%)	10:41	5.6 (66.7%)
87	<b>WOŹNIAK Łukasz</b>	<b>361</b>	PORANNY PATROL	Open M	77	03:17:15	07:42:47	10:42:26	13:44:08	17:56:29	21:17:08	22:59:33	24:15:41	<b>26:44:00.55</b>	<b>26:44:00.55</b>	+08:47:52 (32.9%)	10:41	5.6 (66.7%)
88	<b>BRYNDZA Krzysztof</b>	<b>36</b>		Open M	78	03:02:10	07:04:59	09:49:58	12:41:38	17:16:43	20:49:17	22:35:38	24:02:27	<b>26:44:14.50</b>	<b>26:44:14.50</b>	+08:48:06 (32.9%)	10:41	5.6 (66.7%)
89	<b>KANTOROWSKI Piotr</b>	<b>128</b>		Open M	79	02:50:59	06:59:56	10:06:31	13:15:36	17:27:47	20:59:17	22:41:53	24:08:50	<b>26:56:48.25</b>	<b>26:56:48.25</b>	+09:00:40 (33.4%)	10:46	5.6 (66.7%)
90	<b>BIELECKI Marcin</b>	<b>26</b>	HARD BOX RUN TEAM	Open M	80	02:37:53	06:29:22	09:19:21	12:23:14	16:26:07	19:58:21		23:31:21	<b>27:08:16.55</b>	<b>27:08:16.55</b>	+09:12:08 (33.9%)	10:51	5.5 (65.5%)
91	<b>WYROBA Waldi</b>	<b>366</b>		Open M	81	02:37:51	06:29:14	09:23:17	12:22:34	17:00:05	20:36:35	22:35:34	24:14:27	<b>27:10:49.70</b>	<b>27:10:49.70</b>	+09:14:41 (34.0%)	10:52	5.5 (65.5%)
92	<b>ZYDROŃ Tymoteusz</b>	<b>382</b>	VISEGRAD MARATON RYTRO	Open M	82	03:07:24	07:22:16	10:11:32	13:01:06	17:00:12	20:38:06	22:35:36	24:14:30	<b>27:10:49.85</b>	<b>27:10:49.85</b>	+09:14:41 (34.0%)	10:52	5.5 (65.5%)
93	<b>MIETŁA Mateusz</b>	<b>206</b>	KSSJPII	Open M	83	02:49:49	06:48:51	09:36:55	12:27:34	17:00:06	20:38:06	22:35:31	24:14:24	<b>27:10:50.20</b>	<b>27:10:50.20</b>	+09:14:41 (34.0%)	10:52	5.5 (65.5%)
94	<b>ŚWIERCZEK Grzegorz</b>	<b>320</b>		Open M	84	02:48:21	07:00:42	09:55:17	12:49:08	17:05:34	20:51:05	22:39:43	24:11:12	<b>27:12:51.65</b>	<b>27:12:51.65</b>	+09:16:43 (34.1%)	10:53	5.5 (65.5%)
95	<b>SKWARCZ Paweł</b>	<b>281</b>		Open M	85	02:17:11	05:47:29	08:28:09	10:57:56	15:27:05	19:01:06	20:55:31	23:02:16	<b>27:16:18.40</b>	<b>27:16:18.40</b>	+09:20:10 (34.2%)	10:54	5.5 (65.5%)
96	<b>GRZYBOWSKI Marcin</b>	<b>98</b>		Open M	86	02:45:10	06:58:27	09:49:27	13:20:15	17:16:38	21:03:52	22:53:00	24:27:54	<b>27:21:49.70</b>	<b>27:21:49.70</b>	+09:25:41 (34.5%)	10:56	5.5 (65.5%)
97	<b>WĘGLÓWSKI Maciej</b>	<b>346</b>	#BIEGIEMWLAS	Open M	87	02:54:26	06:59:35	09:55:39	12:48:48	17:15:23	20:55:51	22:37:47		<b>27:25:26.75</b>	<b>27:25:26.75</b>	+09:29:18 (34.6%)	10:58	5.5 (65.5%)
98	<b>BYLICA Agnieszka</b>	<b>45</b>		Open K	11	02:45:48	06:56:12	09:49:47	12:46:52	17:03:26	20:50:06	22:48:23	24:24:52	<b>27:27:54.15</b>	<b>27:27:54.15</b>	+09:31:45 (34.7%)	10:59	5.5 (65.5%)
99	<b>KARPIŃSKI Tomasz</b>	<b>129</b>	RUNFORYOURBEER!	Open M	88	02:44:56	06:50:32	09:42:45	12:35:24	17:02:34	20:50:05	22:48:26	24:24:42	<b>27:27:54.20</b>	<b>27:27:54.20</b>	+09:31:45 (34.7%)	10:59	5.5 (65.5%)
100	<b>WEJMAN Dariusz</b>	<b>345</b>		Open M	89	03:30:11	08:15:43	11:37:16	14:41:02	18:59:56	22:38:05	24:13:10	25:21:29	<b>27:33:37.15</b>	<b>27:33:37.15</b>	+09:37:28 (34.9%)	11:01	5.4 (64.3%)
101	<b>GĘBORYS Patryk</b>	<b>82</b>	JTCNW	Open M	90	02:38:23	06:42:54	09:38:36	12:48:40	17:19:51	21:13:16	23:17:23	24:52:37	<b>27:43:38.85</b>	<b>27:43:38.85</b>	+09:47:30 (35.3%)	11:05	5.4 (64.3%)
102	<b>KOPCZYŃSKI Paweł</b>	<b>146</b>		Open M	91	03:25:07	07:27:37	10:17:48	13:11:52	17:40:00	21:13:20	23:17:33	24:52:40	<b>27:43:38.90</b>	<b>27:43:38.90</b>	+09:47:30 (35.3%)	11:05	5.4 (64.3%)
103	<b>HABRAT Dorota</b>	<b>100</b>	HABRAT TEAM	Open K	12	03:03:45	07:28:33	10:39:21	13:53:55	18:19:48	21:48:17	23:30:57	25:15:17	<b>27:44:45.80</b>	<b>27:44:45.80</b>	+09:48:37 (35.4%)	11:05	5.4 (64.3%)
104	<b>GOLARA Mariusz</b>	<b>88</b>	NOWA HUTA TEAM	Open M	92	03:01:51	06:57:49	09:51:18	12:51:11	17:02:17	20:55:15	23:15:24	24:54:35	<b>28:00:47.80</b>	<b>28:00:47.80</b>	+10:04:39 (36.0%)	11:12	5.4 (64.3%)
105	<b>TUREK Łukasz</b>	<b>332</b>	LATAJĄCE HO(L)ENDRY/MORDOWNIK	Open M	93	03:02:00	07:42:21	10:46:14	13:43:46	18:24:23	22:18:07	24:14:25	25:35:44	<b>28:05:53.90</b>	<b>28:05:53.90</b>	+10:09:45 (36.2%)	11:14	5.3 (63.1%)
106	<b>ŚWIDERSKI Krzysztof</b>	<b>318</b>		Open M	94	02:51:24	07:01:46	09:52:26	12:53:15	17:16:44	20:51:09	22:56:36	24:42:39	<b>28:05:57.85</b>	<b>28:05:57.85</b>	+10:09:49 (36.2%)	11:14	5.3 (63.1%)
107	<b>TRZASKA Marcin</b>	<b>331</b>		Open M	95	03:12:33	07:31:24	10:29:36	13:32:03	17:40:00	21:20:59	23:05:36	24:42:36	<b>28:07:13.60</b>	<b>28:07:13.60</b>	+10:11:05 (36.2%)	11:14	5.3 (63.1%)
108	<b>BODZIACHOWSKI Marcin</b>	<b>31</b>	JACEKBIEGA RUNNING TEAM	Open M	96	03:02:04	07:42:17	10:46:47	13:47:15	18:24:22	22:18:08	24:14:33	25:35:46	<b>28:07:21.75</b>	<b>28:07:21.75</b>	+10:11:13 (36.2%)	11:14	5.3 (63.1%)
109	<b>PAŻUCHA Wojciech</b>	<b>245</b>		Open M	97	02:51:14	07:20:48	10:26:26	13:32:11	18:29:43	21:59:53	23:47:15	25:15:19	<b>28:08:07.10</b>	<b>28:08:07.10</b>	+10:11:58 (36.3%)	11:15	5.3 (63.1%)
110	<b>BEDNARCZYK Gerard</b>	<b>20</b>		Open M	98	02:53:45	07:06:33	09:52:18	12:49:20	17:46:15	21:20:15	23:07:59	24:47:27	<b>28:08:08.75</b>	<b>28:08:08.75</b>	+10:12:00 (36.3%)	11:15	5.3 (63.1%)
111	<b>STRAŚ Jarosław</b>	<b>294</b>		Open M	99	02:41:07	06:35:07	09:27:24	12:27:13	17:15:21	21:16:52	23:08:31	24:44:59	<b>28:10:24.25</b>	<b>28:10:24.25</b>	+10:14:16 (36.3%)	11:16	5.3 (63.1%)
112	<b>KRUKAR Wojtek</b>	<b>164</b>		Open M	100	03:01:39	07:19:46	10:12:52	13:18:54	17:51:04	21:38:17	23:45:52	25:19:21	<b>28:13:36.50</b>	<b>28:13:36.50</b>	+10:17:28 (36.5%)	11:17	5.3 (63.1%)
113	<b>WARZECHA Teresa</b>	<b>341</b>	RUNNERS TEAM NYSA	Open K	13	03:12:44	07:31:13	10:32:45	13:42:26	18:14:42	21:48:54	23:45:39	25:18:21	<b>28:15:27.70</b>	<b>28:15:27.70</b>	+10:19:19 (36.5%)	11:18	5.3 (63.1%)
114	<b>WALCZAK Witold</b>	<b>339</b>	ULTRA KUTNO	Open M	101	02:53:48	06:50:10	09:21:52	12:09:01	17:05:33	20:59:08	23:08:25	25:01:47	<b>28:16:18.70</b>	<b>28:16:18.70</b>	+10:20:10 (36.6%)	11:18	5.3 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h	
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km						
115	<b>GIERSZEWSKI Maciek</b>	<b>84</b>	ZAŁOGA G		Open M	102	03:16:31	07:50:35	10:53:51	14:03:19	18:47:16	22:29:08	24:12:11	25:43:18	<b>28:20:10.05</b>	<b>28:20:10.05</b>	+10:24:01 (36.7%)	11:20	5.3 (61.1%)
116	<b>KOŁODZIEJSKI Jarek</b>	<b>143</b>			Open M	103	03:05:57	07:38:20	10:43:58	13:44:53	18:21:41	21:47:29	24:18:07	25:37:50	<b>28:40:24.35</b>	<b>28:40:24.35</b>	+10:44:16 (37.4%)	11:28	5.2 (61.9%)
117	<b>KOŁODZIEJSKI Ariel</b>	<b>142</b>			Open M	104	03:05:52	07:38:17	10:43:36	13:43:35	18:21:42	21:47:14	24:18:10	25:37:34	<b>28:40:26.90</b>	<b>28:40:26.90</b>	+10:44:18 (37.5%)	11:28	5.2 (61.9%)
118	<b>JÓZEFczyk Justyna</b>	<b>121</b>			Open K	14	03:06:01	07:38:22	10:44:06	13:47:37	18:21:41	21:47:46	24:18:04	25:37:38	<b>28:40:27.40</b>	<b>28:40:27.40</b>	+10:44:19 (37.5%)	11:28	5.2 (61.9%)
119	<b>PTAK Adam</b>	<b>257</b>	PNB		Open M	105		07:38:25		13:47:48	18:21:42	21:48:08	24:15:50	25:37:41	<b>28:40:28.05</b>	<b>28:40:28.05</b>	+10:44:19 (37.5%)	11:28	5.2 (61.9%)
120	<b>STELMACH Krzysztof</b>	<b>291</b>	GAŚKA BALBINKA WIELUŃ		Open M	106	03:08:18	07:34:45	10:42:10	13:47:59	18:18:23	21:58:50	23:52:49	25:32:19	<b>28:42:51.15</b>	<b>28:42:51.15</b>	+10:46:42 (37.5%)	11:29	5.2 (61.9%)
121	<b>LEGUTKO Włodzimierz</b>	<b>180</b>	OSTOYA		Open M	107	03:31:32	08:21:01	11:40:32	14:43:14	19:03:26	22:38:05	24:23:28	25:58:51	<b>28:45:46.25</b>	<b>28:45:46.25</b>	+10:49:38 (37.6%)	11:30	5.2 (61.9%)
122	<b>GRZESZCZAK Marek</b>	<b>97</b>			Open M	108	03:25:11	07:52:12	10:57:16	14:05:32	18:45:18	22:29:36	24:34:12	26:03:44	<b>28:46:00.95</b>	<b>28:46:00.95</b>	+10:49:52 (37.7%)	11:30	5.2 (61.9%)
123	<b>BĘDKOWSKI Paweł</b>	<b>22</b>	BIEGBOX		Open M	109	03:01:45	07:11:49	10:18:10	13:27:28	18:01:22	21:55:04	24:05:21	25:36:13	<b>28:48:11.80</b>	<b>28:48:11.80</b>	+10:52:03 (37.7%)	11:31	5.2 (61.9%)
123	<b>RAMOTOWSKI Marcin</b>	<b>260</b>			Open M	109	02:48:19	07:06:21	10:07:57	13:15:39	18:08:09	21:55:02	24:05:24	25:36:16	<b>28:48:11.80</b>	<b>28:48:11.80</b>	+10:52:03 (37.7%)	11:31	5.2 (61.9%)
125	<b>SEKMAN Tomasz</b>	<b>269</b>			Open M	111	02:57:12	07:06:59	10:03:48	13:02:21	17:41:28	21:40:04	23:39:19	25:22:36	<b>28:51:05.65</b>	<b>28:51:05.65</b>	+10:54:57 (37.8%)	11:32	5.2 (61.9%)
126	<b>WAWRESZUK Wiktor</b>	<b>342</b>	BRACTWO BIEGOWE BGK		Open M	112	03:00:07	07:22:19	10:26:14	13:34:51	18:15:05	21:52:55	24:13:08	25:43:21	<b>28:52:07.85</b>	<b>28:52:07.85</b>	+10:55:59 (37.9%)	11:32	5.2 (61.9%)
127	<b>BŁĘDOWSKI Mariusz</b>	<b>30</b>	ULTRA WAY TEAM / COYOTE TEAM		Open M	113	02:50:40	07:08:17	10:06:09	13:11:46	18:20:50	22:06:34	24:05:26	25:44:35	<b>28:54:28.20</b>	<b>28:54:28.20</b>	+10:58:19 (38.0%)	11:33	5.2 (61.9%)
128	<b>SZANECKI Jakub</b>	<b>301</b>			Open M	114	02:59:15	07:15:56	10:12:02	13:22:41	18:01:51	21:52:56	23:56:57	25:41:49	<b>28:56:33.10</b>	<b>28:56:33.10</b>	+11:00:24 (38.0%)	11:34	5.2 (61.9%)
129	<b>KASZTELANIC Rafał</b>	<b>130</b>			Open M	115	03:22:45	07:48:33	10:58:32	14:09:29	18:57:37	22:44:06	24:48:33	26:12:51	<b>29:04:15.90</b>	<b>29:04:15.90</b>	+11:08:07 (38.3%)	11:37	5.2 (61.9%)
130	<b>WOSZTYL Alicja</b>	<b>360</b>	FOR-REST-RUN		Open K	15	02:51:18	07:00:33	09:58:24	13:15:08	18:00:51	21:31:11	23:40:23	25:28:35	<b>29:26:49.70</b>	<b>29:26:49.70</b>	+11:30:41 (39.1%)	11:46	5.1 (60.7%)
131	<b>MŁODZIKOWSKI Rafał</b>	<b>212</b>	SLYNNI KENJJCZYCY		Open M	116	03:01:02	07:23:25	10:24:41	13:43:22	18:05:25	21:56:33	24:11:26	25:58:09	<b>29:31:50.60</b>	<b>29:31:50.60</b>	+11:35:42 (39.3%)	11:48	5.1 (60.7%)
132	<b>PAWELEC Michał</b>	<b>243</b>			Open M	117	02:47:42	06:59:26	10:00:02	13:15:51	18:04:55	22:21:38	24:34:39	26:22:18	<b>29:33:55.60</b>	<b>29:33:55.60</b>	+11:37:47 (39.3%)	11:49	5.1 (60.7%)
133	<b>HONBRECHTS Tomasz</b>	<b>105</b>			Open M	118	02:54:31	07:07:25	10:19:00	13:33:41	18:31:20	22:30:59	24:34:41	26:16:45	<b>29:34:40.35</b>	<b>29:34:40.35</b>	+11:38:32 (39.4%)	11:49	5.1 (60.7%)
134	<b>MUCHA Adam</b>	<b>216</b>	PORUNNE FURGANIE		Open M	119	03:13:01	07:31:10	10:26:18	13:32:15	18:46:20	22:41:54	25:18:20	26:53:19	<b>29:35:03.15</b>	<b>29:35:03.15</b>	+11:38:54 (39.4%)	11:50	5.1 (60.7%)
135	<b>GŁUCH Katarzyna</b>	<b>87</b>	FOR-RES-RUN KOSZALIN		Open K	16	03:20:25	07:39:34	10:48:28	13:50:34	18:24:20	22:21:41	24:34:26	26:22:21	<b>29:35:40.20</b>	<b>29:35:40.20</b>	+11:39:31 (39.4%)	11:50	5.1 (60.7%)
136	<b>MACIĄG Grzegorz</b>	<b>188</b>	RZESZÓW		Open M	120	02:52:56	06:56:25	10:06:33	13:24:25	17:43:35	21:28:50	24:34:44	26:22:23	<b>29:35:42.60</b>	<b>29:35:42.60</b>	+11:39:34 (39.4%)	11:50	5.1 (60.7%)
137	<b>KORDECKA Anna</b>	<b>147</b>	WCHSZT		Open K	17	03:12:56	07:26:14	10:21:15	13:31:02	18:16:10	22:06:31	24:38:58	26:15:02	<b>29:37:13.40</b>	<b>29:37:13.40</b>	+11:41:05 (39.4%)	11:50	5.1 (60.7%)
137	<b>KLARECKI Adrian</b>	<b>136</b>	WIRAN / ATSMa TEAM		Open M	121	03:02:48	07:15:08	10:18:05	13:31:11	18:16:10	22:06:30	24:39:00	26:15:05	<b>29:37:13.40</b>	<b>29:37:13.40</b>	+11:41:05 (39.4%)	11:50	5.1 (60.7%)
139	<b>PASIEKA Agnieszka</b>	<b>235</b>	KB ATHLETIC ZRĘCIN		Open K	18	03:04:52	07:50:28	10:56:34	14:17:01	18:36:05	22:52:58	24:48:13	26:26:02	<b>29:39:11.30</b>	<b>29:39:11.30</b>	+11:43:03 (39.5%)	11:51	5.1 (60.7%)
140	<b>WITUSIK Dorota</b>	<b>350</b>			Open K	19	03:04:47	07:50:28	10:56:41	14:18:01	18:36:05	22:53:00	24:48:26	26:26:04	<b>29:39:11.40</b>	<b>29:39:11.40</b>	+11:43:03 (39.5%)	11:51	5.1 (60.7%)
141	<b>JANUSZEWSKI Karol</b>	<b>114</b>	BIEGAM U KOLESi		Open M	122	03:13:26	07:40:13	10:48:23	13:50:43	18:24:05	22:21:40	24:34:30	26:23:02	<b>29:40:00.00</b>	<b>29:40:00.00</b>	+11:43:51 (39.5%)	11:52	5.1 (60.7%)
142	<b>SUCHAN Andrzej</b>	<b>296</b>	ENDORFINY WADOWICE		Open M	123	03:22:10	08:00:36	11:15:41	14:36:14	19:13:58	23:15:16	25:11:01	26:48:18	<b>29:41:24.10</b>	<b>29:41:24.10</b>	+11:45:15 (39.6%)	11:52	5.1 (60.7%)
143	<b>MUŚKIEWICZ Adam</b>	<b>218</b>			Open M	124	03:15:49	07:32:30	10:25:59	13:45:07	18:45:21	22:52:27	24:57:22	26:30:47	<b>29:41:47.10</b>	<b>29:41:47.10</b>	+11:45:38 (39.6%)	11:52	5.1 (60.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
144	<b>WYRWAS-ZYGARŁOWSKA Izabela</b>	<b>367</b>	WLKP MOUNTAINS ULTRA	Open K	20	03:09:59	07:49:05	10:57:11	14:24:52	19:25:31	23:10:17	25:13:42	26:46:58	<b>29:44:25.30</b>	<b>29:44:25.30</b>	+11:48:17 (39.7%)	11:53	5 (59.5%)
145	<b>PYTKA Konrad</b>	<b>258</b>	NAPRZÓD MŁOCINY BAT	Open M	125	02:59:06	07:26:13	10:31:46	13:50:39	18:35:10	22:51:03	25:14:03	26:52:16	<b>29:50:13.95</b>	<b>29:50:13.95</b>	+11:54:05 (39.9%)	11:56	5 (59.5%)
146	<b>KRZESINSKI Dariusz</b>	<b>169</b>	ORANGE POLSKA	Open M	126	03:01:48	07:13:13	10:12:10	13:25:28	18:20:47	22:21:59	24:34:34	26:22:27	<b>29:56:19.00</b>	<b>29:56:19.00</b>	+12:00:10 (40.1%)	11:58	5 (59.5%)
147	<b>ŚLEMP Tomasz</b>	<b>316</b>	JTCNW	Open M	127	02:50:09	07:23:21	10:37:21	13:55:27	18:33:22	22:33:16		26:46:55	<b>29:56:44.65</b>	<b>29:56:44.65</b>	+12:00:36 (40.1%)	11:58	5 (59.5%)
148	<b>GRZĄBA Szymon</b>	<b>93</b>		Open M	128	03:02:34	07:43:29	10:46:45	13:48:51	19:32:11	23:27:26	25:26:02	27:05:37	<b>29:57:24.50</b>	<b>29:57:24.50</b>	+12:01:16 (40.1%)	11:58	5 (59.5%)
149	<b>TABIŚ-HUBKA Rafał</b>	<b>322</b>	RESHAPERUNNERS	Open M	129	03:04:53	07:33:32	10:39:34	13:55:15	19:13:35	23:23:37	25:29:21	27:06:19	<b>29:58:18.85</b>	<b>29:58:18.85</b>	+12:02:10 (40.2%)	11:59	5 (59.5%)
150	<b>LANGE Beata</b>	<b>11</b>		Open K	21	03:07:53	07:33:34	10:39:37	13:55:20	19:13:35	23:23:37	25:29:22	27:06:21	<b>29:58:19.10</b>	<b>29:58:19.10</b>	+12:02:10 (40.2%)	11:59	5 (59.5%)
151	<b>KOZAR Marcin</b>	<b>155</b>		Open M	130	03:02:36	07:36:36	10:27:08	13:37:44	18:52:20	22:59:41	25:05:46	26:48:12	<b>30:06:43.60</b>	<b>30:06:43.60</b>	+12:10:35 (40.4%)	12:02	5 (59.5%)
152	<b>DZIERKA Mariusz</b>	<b>69</b>		Open M	131	03:00:59	07:38:09	10:47:49	14:30:30	18:52:18	22:59:44	25:05:44	26:48:20	<b>30:06:43.65</b>	<b>30:06:43.65</b>	+12:10:35 (40.4%)	12:02	5 (59.5%)
153	<b>WÓJCIK Mirosław</b>	<b>363</b>	TIME4RUNNING	Open M	132		07:36:34	10:27:21	13:39:20	18:52:20	22:59:38	25:05:40	26:48:08	<b>30:06:44.55</b>	<b>30:06:44.55</b>	+12:10:36 (40.4%)	12:02	5 (59.5%)
154	<b>MINIUR Jacek</b>	<b>210</b>		Open M	133	03:05:45	07:41:50	10:52:39	14:21:27	19:03:49	23:11:55	25:25:02	27:11:36	<b>30:17:15.50</b>	<b>30:17:15.50</b>	+12:21:07 (40.8%)	12:06	5 (59.5%)
155	<b>MILON Aleksandra</b>	<b>209</b>		Open K	22	03:28:06	08:09:22	11:10:31	14:31:18	19:34:49	24:01:36	25:54:40	27:43:53	<b>30:33:20.75</b>	<b>30:33:20.75</b>	+12:37:12 (41.3%)	12:13	4.9 (58.3%)
156	<b>OSAKOWICZ Mateusz Osakowicz</b>	<b>229</b>		Open M	134	03:02:56	07:23:49	10:35:35	13:55:23	19:10:56	23:31:25	25:50:40	27:36:25	<b>30:38:34.10</b>	<b>30:38:34.10</b>	+12:42:25 (41.5%)	12:15	4.9 (58.3%)
157	<b>STAŃCZAK Łukasz</b>	<b>289</b>	NAPRZÓD MŁOCINY BAT	Open M	135	02:58:25	07:26:05	10:30:34	13:57:01	18:35:10	22:51:06	25:52:05	27:30:35	<b>30:38:59.80</b>	<b>30:38:59.80</b>	+12:42:51 (41.5%)	12:15	4.9 (58.3%)
158	<b>MICHALCZYK Tomasz</b>	<b>204</b>	NAPRZÓD MŁOCINY BAT	Open M	136	02:57:51	07:26:07	10:31:43	13:50:30	18:35:10	22:51:15	25:51:55	27:30:31	<b>30:39:00.25</b>	<b>30:39:00.25</b>	+12:42:52 (41.5%)	12:15	4.9 (58.3%)
159	<b>KUTYŁA Stanisław</b>	<b>177</b>		Open M	137	03:22:04	07:55:13	11:11:03	14:40:54	19:30:39	23:37:06	25:52:07	27:30:27	<b>30:41:17.25</b>	<b>30:41:17.25</b>	+12:45:09 (41.6%)	12:16	4.9 (58.3%)
160	<b>PAUL Violetta</b>	<b>242</b>		Open K	23	03:18:58	07:49:41	11:06:18	14:42:32	19:28:13	23:34:09	25:36:50	27:23:18	<b>30:48:05.85</b>	<b>30:48:05.85</b>	+12:51:57 (41.8%)	12:19	4.9 (58.3%)
161	<b>OCHOTA Rafał</b>	<b>226</b>		Open M	138	03:24:47	07:59:18	11:02:53	14:20:02	19:22:31	23:34:48	25:38:22	27:27:04	<b>30:48:06.60</b>	<b>30:48:06.60</b>	+12:51:58 (41.8%)	12:19	4.9 (58.3%)
162	<b>WOJTAKOWSKA Joanna</b>	<b>357</b>		Open K	24	03:23:47	07:59:43	11:15:08	14:43:31	19:28:14	23:34:41	25:37:24	27:24:36	<b>30:48:06.90</b>	<b>30:48:06.90</b>	+12:51:58 (41.8%)	12:19	4.9 (58.3%)
163	<b>KUTRZYK Przemysław</b>	<b>176</b>	STREFA BIEGACZA	Open M	139	02:53:14	07:05:59	10:01:12	13:15:20	18:20:49	22:56:05	25:28:06	27:23:33	<b>30:48:41.35</b>	<b>30:48:41.35</b>	+12:52:33 (41.8%)	12:19	4.9 (58.3%)
164	<b>WAWRZYŃIAK Małgorzata</b>	<b>343</b>	#BIEGIEMWLAS	Open K	25	03:07:04	07:34:43	10:40:03	13:59:28	19:03:44	23:16:01	25:27:54	27:18:21	<b>30:50:32.75</b>	<b>30:50:32.75</b>	+12:54:24 (41.8%)	12:20	4.9 (58.3%)
165	<b>WZOREK Ewa</b>	<b>369</b>	BIEGĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	Open K	26	03:17:21	07:50:20	11:02:29	14:18:08	19:08:48	23:15:53	25:27:44	27:18:17	<b>30:50:32.90</b>	<b>30:50:32.90</b>	+12:54:24 (41.8%)	12:20	4.9 (58.3%)
166	<b>URBANIAK Łukasz</b>	<b>335</b>		Open M	140	03:17:28	07:47:38	10:56:59	14:17:05	19:03:41	23:15:56	25:26:38	27:18:26	<b>30:50:33.05</b>	<b>30:50:33.05</b>	+12:54:24 (41.8%)	12:20	4.9 (58.3%)
167	<b>BIAŁEK Olaf</b>	<b>24</b>	MEGATEL.COM.PL	Open M	141	03:15:53	07:47:35	10:56:38	14:16:33	19:03:45	23:16:00	25:25:54	27:18:58	<b>30:50:33.80</b>	<b>30:50:33.80</b>	+12:54:25 (41.8%)	12:20	4.9 (58.3%)
168	<b>URBANIEC Dariusz</b>	<b>336</b>	PEWNIAK TEAM/SŁOŃCA JURY	Open M	142	02:37:40	06:44:29	09:41:25	12:37:35	17:00:38	21:18:44	23:51:11	26:14:56	<b>30:51:09.55</b>	<b>30:51:09.55</b>	+12:55:01 (41.9%)	12:20	4.9 (58.3%)
169	<b>GASIK Leszek</b>	<b>80</b>	SŁOŃCA JURY	Open M	143	02:41:57	06:51:06	09:35:56	12:37:31	17:00:38	21:18:51	23:51:14	26:14:59	<b>30:51:09.95</b>	<b>30:51:09.95</b>	+12:55:01 (41.9%)	12:20	4.9 (58.3%)
170	<b>KRAWCZYK Wojciech</b>	<b>158</b>	BIEGAM NA TARCHOMINIE /ULTRA PASTERZE	Open M	144	03:04:34	07:45:11	10:55:10	14:19:42	19:28:37	23:39:28	25:48:28	27:36:22	<b>30:51:38.80</b>	<b>30:51:38.80</b>	+12:55:30 (41.9%)	12:20	4.9 (58.3%)
171	<b>MAMLA Zbigniew</b>	<b>197</b>	BIEGIEM NA KAWĘ	Open M	145	03:05:42	07:45:01	10:55:03	14:19:36	19:28:38	23:39:35	25:48:36	27:36:30	<b>30:51:39.25</b>	<b>30:51:39.25</b>	+12:55:31 (41.9%)	12:20	4.9 (58.3%)
172	<b>KRZEMIŃSKI Tomasz</b>	<b>168</b>	ANDEL'S RUN TEAM	Open M	146	02:53:06	07:01:52	10:17:52	13:51:42	19:10:56	23:39:55	25:54:42	27:43:56	<b>30:56:40.05</b>	<b>30:56:40.05</b>	+13:00:31 (42.0%)	12:22	4.8 (57.1%)
172	<b>ZIENCINA Marcin</b>	<b>379</b>		Open M	146	03:22:49	07:57:43	11:10:49	14:37:28	19:26:42	23:53:29	25:56:12	27:44:03	<b>30:56:40.05</b>	<b>30:56:40.05</b>	+13:00:31 (42.0%)	12:22	4.8 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz-Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
174	DEPTUŁA Hubert	60		Open M	148	03:09:07	07:35:25	10:33:08	13:46:01	18:29:49	23:34:30	26:43:51	28:13:16	<b>31:09:45.45</b>	<b>31:09:45.45</b>	+13:13:37 (42.4%)	12:27	4.8 (57.1%)
175	WÓJCIK Jacek	362		Open M	149	03:26:05	08:18:51	11:41:06	15:02:40	20:20:58	24:50:05	28:29:43		<b>31:20:50.95</b>	<b>31:20:50.95</b>	+13:24:42 (42.8%)	12:32	4.8 (57.1%)
176	SIWEK Sebastian	278	SZOMBIERKI RUNNERS	Open M	150	03:26:21	08:18:41	11:41:04	15:03:12	20:20:58	24:50:06	26:50:13	28:29:33	<b>31:20:51.40</b>	<b>31:20:51.40</b>	+13:24:43 (42.8%)	12:32	4.8 (57.1%)
177	BADURA Wojtek	15	KS KANDAHAR	Open M	151	03:22:19	08:16:25	11:32:46	14:54:15	20:29:20	24:29:34	26:42:56	28:26:41	<b>31:29:29.75</b>	<b>31:29:29.75</b>	+13:33:21 (43.0%)	12:35	4.8 (57.1%)
178	POLAŃSKI Paweł	252	#KASZANIENAMOKA	Open M	152	03:42:14	08:41:40	11:54:44	15:04:12	19:59:28	24:16:42	26:44:45	28:25:36	<b>31:31:33.95</b>	<b>31:31:33.95</b>	+13:35:25 (43.1%)	12:36	4.8 (57.1%)
179	MAKSELON Anna	194		Open K	27	03:08:49	07:41:32	10:57:36	14:24:57	19:32:31	23:53:26	26:28:27	28:26:45	<b>31:32:45.90</b>	<b>31:32:45.90</b>	+13:36:37 (43.1%)	12:37	4.8 (57.1%)
180	OLSZEWSKI Rafał	227		Open M	153	03:31:28	08:28:04	11:48:04	15:22:42	20:37:49	25:07:57	27:10:11	28:48:24	<b>31:37:59.00</b>	<b>31:37:59.00</b>	+13:41:50 (43.3%)	12:39	4.7 (56.0%)
181	BUDNICKI Andrzej	39	BIEGUNKA	Open M	154	03:25:44	07:59:02	11:11:22	14:25:42	19:28:04	23:55:43	26:28:20	28:28:09	<b>31:44:59.80</b>	<b>31:44:59.80</b>	+13:48:51 (43.5%)	12:41	4.7 (56.0%)
182	SMOROWIŃSKI Sebastian	284		Open M	155	03:23:52	07:52:40	11:09:25	14:31:01	19:38:04	24:05:20	26:34:31	28:29:50	<b>31:46:34.85</b>	<b>31:46:34.85</b>	+13:50:26 (43.6%)	12:42	4.7 (56.0%)
183	TYMIŃSKA Beata	334	PTT DELTA / ORLEN	Open K	28	03:20:30	08:07:39	11:35:17	15:03:37	20:11:09	24:35:37	26:48:42	28:36:05	<b>31:46:44.75</b>	<b>31:46:44.75</b>	+13:50:36 (43.6%)	12:42	4.7 (56.0%)
184	KILJANSKI Kamil	134		Open M	156	03:20:20	07:39:29	10:57:21	14:22:24	19:34:08	23:59:27	26:28:30	28:29:38	<b>31:50:25.15</b>	<b>31:50:25.15</b>	+13:54:16 (43.7%)	12:44	4.7 (56.0%)
185	NIEDZIELA Marcin	220	FAT MAMA'S SPORT CLUB	Open M	157	03:19:47	08:14:10	11:50:18	15:33:47	20:47:53	25:03:47	27:06:31	28:57:21	<b>31:52:43.55</b>	<b>31:52:43.55</b>	+13:56:35 (43.7%)	12:45	4.7 (56.0%)
186	ŚWIDERSKI Łukasz	319		Open M	158	03:19:52	08:14:07	11:50:23	15:33:42	20:47:55	25:03:48	27:06:34	28:57:27	<b>31:53:01.90</b>	<b>31:53:01.90</b>	+13:56:53 (43.7%)	12:45	4.7 (56.0%)
187	CZICHY Barbara	55	WKB META LUBLINIEC	Open K	29	03:18:54	08:14:05	11:49:25	15:31:42	20:48:02	25:03:53	27:07:07	28:57:37	<b>31:53:15.15</b>	<b>31:53:15.15</b>	+13:57:06 (43.8%)	12:45	4.7 (56.0%)
188	MARCELA Marcin	198	FAT MAMA'S SPORT CLUB	Open M	159	03:19:44	08:14:13	11:50:15	15:33:38	20:47:55	25:03:50	27:07:05	28:57:32	<b>31:53:15.25</b>	<b>31:53:15.25</b>	+13:57:07 (43.8%)	12:45	4.7 (56.0%)
189	CICHOWSKI Grzegorz	51		Open M	160	03:05:48	08:01:17	11:27:56	15:01:49	20:14:04	24:35:48	26:48:46	28:35:17	<b>31:56:22.55</b>	<b>31:56:22.55</b>	+14:00:14 (43.8%)	12:46	4.7 (56.0%)
190	GRZECH Grzegorz	95	-	Open M	161	03:23:42	07:52:19	11:08:01	14:21:15	19:46:48	24:01:39	26:57:55	28:46:17	<b>32:11:44.95</b>	<b>32:11:44.95</b>	+14:15:36 (44.3%)	12:52	4.7 (56.0%)
191	STYSIEK Piotr	295	BIEGIEM RADOM!	Open M	162	03:23:06	07:52:15	11:08:11	14:24:36	19:46:49	24:20:29	26:57:53	28:46:21	<b>32:11:45.25</b>	<b>32:11:45.25</b>	+14:15:37 (44.3%)	12:52	4.7 (56.0%)
192	MUCHA Robert	217		Open M	163	03:29:32	08:09:27	11:37:12	15:01:27	20:11:09	24:54:19	27:11:33	28:57:42	<b>32:12:39.05</b>	<b>32:12:39.05</b>	+14:16:30 (44.3%)	12:53	4.7 (56.0%)
193	ZIĘBA Marcin	380	RUNPROGRESS TEAM	Open M	164	03:16:50	08:07:46	11:35:29	15:03:02	19:58:47	24:22:25	26:53:54	28:46:12	<b>32:12:39.25</b>	<b>32:12:39.25</b>	+14:16:31 (44.3%)	12:53	4.7 (56.0%)
194	DŁUŻNIEWSKI Jacek	63	ULTRASFCB	Open M	165	03:09:11	07:40:17	10:54:14	14:14:59	19:37:19	24:05:47	26:47:33	28:46:24	<b>32:21:59.75</b>	<b>32:21:59.75</b>	+14:25:51 (44.6%)	12:56	4.6 (54.8%)
195	JANUSZEWSKA Izabela	113	BIEGAM U KOLESI	Open K	30	03:35:51	08:30:33	11:58:51	15:30:47	20:16:10	24:48:03	27:02:21	29:02:49	<b>32:22:08.70</b>	<b>32:22:08.70</b>	+14:26:00 (44.6%)	12:56	4.6 (54.8%)
196	SZUREK Paulina	309		Open K	31	03:25:50	08:17:32	11:53:09	15:44:01	20:38:55	25:24:46	27:48:41	29:27:11	<b>32:40:18.60</b>	<b>32:40:18.60</b>	+14:44:10 (45.1%)	13:04	4.6 (54.8%)
197	DRZEWOSZEWSKI Maciej	65		Open M	166	02:26:01	07:00:15	11:11:56	14:48:23	20:13:54	25:01:31	27:11:31	28:59:18	<b>32:41:49.50</b>	<b>32:41:49.50</b>	+14:45:41 (45.1%)	13:04	4.6 (54.8%)
198	PIWOŃSKA Agnieszka	248	ULTRA ZBIEG	Open K	32	03:44:07	08:45:48	12:18:34	15:56:00	21:25:20	25:35:16	27:52:06	29:39:54	<b>32:42:43.35</b>	<b>32:42:43.35</b>	+14:46:35 (45.2%)	13:05	4.6 (54.8%)
199	ROZNIATA Iwona	263		Open K	33	03:44:09	08:45:51	12:18:42	15:56:08	21:25:21	25:35:25	27:52:23	29:39:58	<b>32:42:43.65</b>	<b>32:42:43.65</b>	+14:46:35 (45.2%)	13:05	4.6 (54.8%)
200	ZIELIŃSKI Dariusz	377	FIZJO-SPORT ŁĘCZNA	Open M	167	03:13:13	07:58:51	11:35:12	15:19:18	21:12:39	25:28:43	27:56:17	29:49:22	<b>32:44:21.75</b>	<b>32:44:21.75</b>	+14:48:13 (45.2%)	13:05	4.6 (54.8%)
201	CHUCHAŁA Paweł	49	MARKOWI BIEGACZE	Open M	168	03:26:11	08:19:30	11:35:28	15:01:34	20:12:39	25:12:23	27:50:35	29:40:10	<b>32:50:23.70</b>	<b>32:50:23.70</b>	+14:54:15 (45.4%)	13:08	4.6 (54.8%)
202	GAŁKA Robert	78	GRLTEAM	Open M	169	03:30:15	08:15:55	11:47:53	15:08:13	20:38:56	25:12:19	27:50:38	29:40:01	<b>32:50:23.80</b>	<b>32:50:23.80</b>	+14:54:15 (45.4%)	13:08	4.6 (54.8%)
203	PAPIERNIK Aneta	233	MARKOWI BIEGACZE	Open K	34	03:26:09	08:19:26	11:35:21	15:01:31	20:12:39	25:12:23	27:50:32	29:40:06	<b>32:50:24.00</b>	<b>32:50:24.00</b>	+14:54:15 (45.4%)	13:08	4.6 (54.8%)
204	LITEWKA Jacek	183	ORANGE POLSKA	Open M	170	03:13:23	08:15:23	11:46:42	15:27:15	21:13:03	25:55:01	28:08:23	29:49:02	<b>32:59:58.15</b>	<b>32:59:58.15</b>	+15:03:49 (45.6%)	13:11	4.5 (53.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
205	<b>CZAJKOWSKI Paweł</b>	<b>54</b>	WIKI&MAKS	Open M	171	03:23:58	08:16:09	11:42:51	15:03:27	21:17:45	25:26:13	27:49:20	29:40:13	<b>33:05:50.05</b>	<b>33:05:50.05</b>	+15:09:41 (45.8%)	13:14	4.5 (53.6%)
206	<b>TOKARZ Marcin</b>	<b>327</b>		Open M	172	03:08:33	07:58:59	11:33:07	15:21:36	20:49:55	25:26:42	27:49:11	29:40:19	<b>33:06:48.70</b>	<b>33:06:48.70</b>	+15:10:40 (45.8%)	13:14	4.5 (53.6%)
207	<b>BAUER Bartosz</b>	<b>19</b>	SWORDSATHLETICS	Open M	173	03:01:27	08:15:03	11:56:59	15:29:32	21:04:40	25:39:13	28:09:34	29:50:19	<b>33:07:46.20</b>	<b>33:07:46.20</b>	+15:11:37 (45.9%)	13:15	4.5 (53.6%)
208	<b>WAŹROBA Marek</b>	<b>344</b>	KLUB 42,2 LĘBORK	Open M	174	03:09:15	08:07:33	11:35:54	15:24:33	21:04:42	25:39:30	28:09:31	29:50:06	<b>33:07:46.45</b>	<b>33:07:46.45</b>	+15:11:38 (45.9%)	13:15	4.5 (53.6%)
209	<b>KOWALCZYK Aleksander</b>	<b>153</b>		Open M	175	04:20:03	09:01:19	12:26:51	15:46:19	20:54:52	25:24:37	28:09:49	29:50:38	<b>33:11:57.65</b>	<b>33:11:57.65</b>	+15:15:49 (46.0%)	13:16	4.5 (53.6%)
210	<b>DANIECKI Michał</b>	<b>58</b>	VEGE RUNNERS	Open M	176	03:25:28	08:15:45	11:47:20	15:28:24	21:13:05	25:55:42	28:12:45	29:49:30	<b>33:13:48.20</b>	<b>33:13:48.20</b>	+15:17:39 (46.0%)	13:17	4.5 (53.6%)
211	<b>RENKIEL Tomasz</b>	<b>262</b>		Open M	177	03:12:46	07:37:32	10:55:20	14:25:06	20:16:02	25:28:10	27:50:29	29:49:07	<b>33:14:30.25</b>	<b>33:14:30.25</b>	+15:18:22 (46.0%)	13:17	4.5 (53.6%)
212	<b>SWOBODA Jarosław</b>	<b>297</b>		Open M	178	03:12:53	07:37:12	10:54:56	14:24:24	20:16:02	25:28:34	27:50:24	29:49:12	<b>33:14:30.40</b>	<b>33:14:30.40</b>	+15:18:22 (46.0%)	13:17	4.5 (53.6%)
213	<b>SIWA Kinga</b>	<b>277</b>		Open K	35	03:22:25	08:22:00	11:47:50	15:30:12	21:11:01	25:43:10	28:05:55	29:54:42	<b>33:15:33.05</b>	<b>33:15:33.05</b>	+15:19:24 (46.1%)	13:18	4.5 (53.6%)
214	<b>PATEREK Agata</b>	<b>241</b>		Open K	36	03:26:25	08:37:18	12:15:37	15:57:11	21:12:40	25:55:40	28:26:13	30:09:36	<b>33:23:13.00</b>	<b>33:23:13.00</b>	+15:27:04 (46.3%)	13:21	4.5 (53.6%)
215	<b>JANIK Mariusz</b>	<b>110</b>		Open M	179	03:25:55	08:50:46	12:24:44	16:19:05	22:15:37	26:35:02	28:47:47	30:27:23	<b>33:31:13.60</b>	<b>33:31:13.60</b>	+15:35:05 (46.5%)	13:24	4.5 (53.6%)
215	<b>JANIK Joanna</b>	<b>111</b>		Open K	37	03:25:52	08:48:00	12:24:46	16:19:07	22:15:40	26:35:16	28:47:50	30:27:42	<b>33:31:13.60</b>	<b>33:31:13.60</b>	+15:35:05 (46.5%)	13:24	4.5 (53.6%)
217	<b>WIŚNIEWSKA Barbara</b>	<b>349</b>	SPARTA RUNNERS	Open K	38	03:27:30	08:27:14	11:46:31	15:22:38	21:06:01	25:53:14	28:27:24	30:10:27	<b>33:31:40.20</b>	<b>33:31:40.20</b>	+15:35:31 (46.5%)	13:24	4.5 (53.6%)
218	<b>GRZESZCZAK Adam</b>	<b>96</b>	BIEGAMYRAZEM.PL	Open M	180	03:39:59	09:10:48	12:54:38	16:32:35	22:19:02	26:32:10	28:46:48	30:27:33	<b>33:48:34.85</b>	<b>33:48:34.85</b>	+15:52:26 (47.0%)	13:31	4.4 (52.4%)
219	<b>POSTAWA Radosław</b>	<b>254</b>		Open M	181	03:30:25	08:37:03	12:23:34	16:23:10	22:13:22	26:45:10	29:18:11	31:04:20	<b>33:58:39.95</b>	<b>33:58:39.95</b>	+16:02:31 (47.2%)	13:35	4.4 (52.4%)
220	<b>KOZIEŁ Tadeusz Szczęściarz</b>	<b>156</b>	SZCZĘŚCIARZBIEGA	Open M	182	03:43:27	08:52:11	12:37:28	16:21:07	22:13:18	26:45:08	29:16:22	31:04:02	<b>33:58:40.10</b>	<b>33:58:40.10</b>	+16:02:31 (47.2%)	13:35	4.4 (52.4%)
221	<b>ŚMIGIELSKA- STASICKA Monika</b>	<b>317</b>	ZADYSZKA OŚWIĘCIM	Open K	39	03:02:20	07:46:58	11:13:10	15:02:49	20:16:05	25:29:03	27:50:57	29:49:17	<b>34:01:15.75</b>	<b>34:01:15.75</b>	+16:05:07 (47.3%)	13:36	4.4 (52.4%)
222	<b>NOWAK Tomasz</b>	<b>222</b>	BANICI ULTRA	Open M	183	03:40:07	09:04:29	12:58:28	16:42:03	22:43:38	26:50:11	28:57:33	30:41:22	<b>34:04:03.25</b>	<b>34:04:03.25</b>	+16:07:55 (47.4%)	13:37	4.4 (52.4%)
223	<b>MAJOWSKI Marcin</b>	<b>192</b>		Open M	184	03:40:04	08:46:07	12:20:25	16:14:30	22:13:24	26:36:13	29:01:04	30:41:52	<b>34:04:03.75</b>	<b>34:04:03.75</b>	+16:07:55 (47.4%)	13:37	4.4 (52.4%)
224	<b>JASZEK Paweł</b>	<b>117</b>		Open M	185	03:22:06	07:52:55	11:39:35	15:48:47	22:26:20	26:50:11	29:06:22	30:58:12	<b>34:20:12.45</b>	<b>34:20:12.45</b>	+16:24:04 (47.8%)	13:44	4.4 (52.4%)
225	<b>SIŃCZUK Patrycja</b>	<b>276</b>		Open K	40	03:54:03	09:43:47	13:25:07	16:55:25	23:08:29	28:01:08	30:04:45	31:34:38	<b>34:29:43.80</b>	<b>34:29:43.80</b>	+16:33:35 (48.0%)	13:47	4.3 (51.2%)
226	<b>HAŁAS Marcin</b>	<b>102</b>	ULTRA ŚWIRY	Open M	186	03:56:41	09:44:00	13:24:46	16:55:28	23:08:29	28:01:08	30:05:42	31:34:34	<b>34:29:44.50</b>	<b>34:29:44.50</b>	+16:33:36 (48.0%)	13:47	4.3 (51.2%)
227	<b>CHER-KOŹDON Beata</b>	<b>47</b>	ŚWIEŻAKI Z CIESZYNA	Open K	41	03:27:28	08:45:59	12:28:22	16:23:14	21:33:22	26:50:40	29:03:28	30:56:55	<b>34:29:55.60</b>	<b>34:29:55.60</b>	+16:33:47 (48.0%)	13:47	4.3 (51.2%)
228	<b>GROMADZKA Justyna</b>	<b>92</b>	KOBIETY WATAHY	Open K	42	03:54:04	09:44:03	13:26:44	17:04:20	23:08:31	28:03:27	30:04:51	31:36:30	<b>34:41:12.25</b>	<b>34:41:12.25</b>	+16:45:04 (48.3%)	13:52	4.3 (51.2%)
229	<b>BINIENDA Agnieszka</b>	<b>28</b>	KOBIETY WATAHY	Open K	43	03:53:59	09:43:52	13:26:47	17:04:22	23:08:33	28:03:21	30:04:55	31:36:53	<b>34:41:12.45</b>	<b>34:41:12.45</b>	+16:45:04 (48.3%)	13:52	4.3 (51.2%)
230	<b>BARTOLIK Piotr</b>	<b>18</b>		Open M	187	03:25:57	08:41:36	12:57:58	17:04:56	23:08:37	28:01:18	30:04:59	31:36:33	<b>34:41:15.00</b>	<b>34:41:15.00</b>	+16:45:06 (48.3%)	13:52	4.3 (51.2%)
231	<b>SZMYT Piotr</b>	<b>307</b>	BANICI ULTRA	Open M	188	03:40:12	09:04:34	12:58:42	16:42:00	22:43:48	28:05:47	30:05:53	31:38:30	<b>34:42:05.95</b>	<b>34:42:05.95</b>	+16:45:57 (48.3%)	13:52	4.3 (51.2%)
232	<b>SYPNIEWSKA Hanna</b>	<b>298</b>	FESTIWAL BIEGOWY ULTRAWAY	Open K	44	03:51:18	09:46:34	13:52:07	17:34:25	23:27:06	28:12:58	30:11:38	31:45:47	<b>34:49:54.45</b>	<b>34:49:54.45</b>	+16:53:46 (48.5%)	13:55	4.3 (51.2%)
233	<b>BUDZISZ Rajmund</b>	<b>40</b>		Open M	189	03:25:30	09:09:16									+04:09:53	11:36	5.2 (61.9%)
	<b>PAJĘCKI Łukasz</b>	<b>232</b>		Open M		02:45:06 DNF	06:58:29 DNF	09:49:20 DNF	13:20:21 DNF	DNF	DNF	26:50:11 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz-Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
	<b>PODOLSKI Marek</b>	<b>251</b>	BIEGAMYRAZEM.PL		Open M	02:59:12 DNF	07:11:23 DNF	10:10:50 DNF	13:19:35 DNF	17:48:55 DNF	21:55:01 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ŚWIĘTONIOWSKA Justyna</b>	<b>321</b>	SAINT TEAM		Open K	04:14:09 DNF	10:19:17 DNF	14:36:25 DNF	18:52:53 DNF	DNF	25:59:19 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>MAJNUSZ Tomasz</b>	<b>191</b>			Open M	DNF	05:12:39 DNF	07:36:02 DNF	09:50:58 DNF	14:09:00 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>GOŁEK Robert</b>	<b>90</b>	13 KA		Open M	02:33:52 DNF	06:30:31 DNF	09:28:32 DNF	12:22:40 DNF	16:33:39 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>PRAŻANOWSKI Sergiusz</b>	<b>255</b>			Open M	02:44:59 DNF	06:51:37 DNF	09:44:27 DNF	12:40:41 DNF	16:38:27 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>JUSZCZYK Łukasz</b>	<b>123</b>	NIEPOŁOMICIE BIEGAJĄ		Open M	02:37:43 DNF	06:36:00 DNF	09:12:23 DNF	11:59:23 DNF	16:58:35 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>DRÓŻDŹ Tomasz</b>	<b>64</b>	CZEWARUN TIM		Open M	02:49:39 DNF	06:56:22 DNF	09:54:35 DNF	12:50:11 DNF	17:31:09 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KRUSZEWSKI Filip</b>	<b>165</b>			Open M	02:55:28 DNF	07:05:46 DNF	09:57:31 DNF	13:13:35 DNF	18:29:28 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>WOJCIECHOWSKI Dariusz</b>	<b>353</b>	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM		Open M	02:51:09 DNF	07:20:39 DNF	10:24:52 DNF	13:34:25 DNF	18:31:20 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SKROCKI Kuba</b>	<b>280</b>	HURAGAN LIGOTA		Open M	03:12:36 DNF	07:41:01 DNF	10:44:27 DNF	13:56:47 DNF	18:54:48 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SZCZEPEK Łukasz</b>	<b>303</b>	WATAHA		Open M	02:55:24 DNF	07:38:28 DNF	10:42:17 DNF	13:55:31 DNF	19:08:02 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>LEWANDOWSKI Janusz</b>	<b>182</b>	KS SPRINT BIELSKO BIAŁA		Open M	03:07:57 DNF	07:47:45 DNF	10:54:01 DNF	14:00:09 DNF	19:08:02 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>GAJDA Michał</b>	<b>76</b>	GAJDA TEAM		Open M	03:16:46 DNF	07:47:33 DNF	10:57:28 DNF	14:18:34 DNF	19:15:19 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SCHWITALLA Adrian</b>	<b>268</b>	PURA VIDA TEAM		Open M	03:01:33 DNF	07:41:13 DNF	10:55:14 DNF	14:25:49 DNF	19:25:34 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>GAWLIK Marcin</b>	<b>81</b>	PURA VIDA TEAM		Open M	03:01:36 DNF	07:41:16 DNF	10:55:16 DNF	14:25:13 DNF	19:25:40 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SMOLEŃ Janusz</b>	<b>283</b>	FOXTEAM		Open M	02:57:49 DNF	07:06:35 DNF	10:09:10 DNF	13:59:08 DNF	19:38:17 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BUJAK Paweł</b>	<b>42</b>	BUJAK TEAM		Open M	02:48:15 DNF	07:25:09 DNF	10:40:00 DNF	14:23:26 DNF	19:44:14 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOCHAN Rafał</b>	<b>139</b>			Open M	03:26:15 DNF	08:28:09 DNF	11:47:46 DNF	15:24:26 DNF	20:28:13 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOWALCZYK Robert</b>	<b>154</b>	ŁĘCZNA BIEGA		Open M	03:13:20 DNF	07:58:47 DNF	11:35:19 DNF	15:20:24 DNF	21:13:25 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOŁODZIEJCZYK Maciej</b>	<b>141</b>	FIZJO-SPORT		Open M	03:13:16 DNF	07:56:37 DNF	11:35:24 DNF	15:20:18 DNF	21:13:26 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOŚLACZ Tomasz</b>	<b>151</b>			Open M	03:25:04 DNF	08:10:58 DNF	11:48:52 DNF	15:20:13 DNF	21:13:42 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>PARYSZ Anna</b>	<b>234</b>	STARE BABICE BIEGAJĄ		Open K	03:51:20 DNF	09:14:32 DNF	13:03:03 DNF	16:49:59 DNF	23:09:08 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>FLIS Marcin</b>	<b>72</b>			Open M	03:31:24 DNF	08:44:18 DNF	12:18:13 DNF	16:37:04 DNF	23:58:19 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>RUTKOWSKI Janusz</b>	<b>266</b>			Open M	03:49:43 DNF	09:45:27 DNF	13:51:26 DNF	18:02:48 DNF	24:31:17 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BADOWSKI Aleksander</b>	<b>4</b>	AW - SZYBCIEJ - TEAM		Open M	02:05:42 DNF	04:53:10 DNF	06:49:18 DNF	08:42:48 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>MATLOK Marek</b>	<b>200</b>	100 MARATHON CLUB POLAND		Open M	02:30:39 DNF	06:26:20 DNF	09:13:41 DNF	12:28:35 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>DUC-SYPOSZ Aureliusz</b>	<b>66</b>			Open M	02:49:15 DNF	06:49:24 DNF	09:38:43 DNF	12:39:50 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KANIA Piotr</b>	<b>127</b>			Open M	02:35:23 DNF	06:33:43 DNF	09:31:07 DNF	12:41:28 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KACZMARCZYK Paweł</b>	<b>124</b>	BIEGNĘ ZA WODZEM		Open M	03:18:53 DNF	07:23:08 DNF	10:09:23 DNF	13:01:11 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>PACZUSKI Michał</b>	<b>231</b>			Open M	02:44:37 DNF	06:38:58 DNF	09:20:21 DNF	13:13:07 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz-Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
	<b>KŁOS Julian</b>	<b>138</b>	RYKOWISKO TEAM		Open M	03:04:43 DNF	07:11:32 DNF	10:06:04 DNF	13:14:19 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ZAJĄC Łukasz</b>	<b>371</b>	TLENOWA RADOŚĆ		Open M	02:53:01 DNF	06:58:50 DNF	09:45:27 DNF	13:24:18 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>CHMAJ Jerzy</b>	<b>48</b>			Open M	02:44:38 DNF	06:55:07 DNF	09:59:39 DNF	13:24:22 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KUREK Michał</b>	<b>175</b>			Open M	02:49:52 DNF	07:00:37 DNF	09:56:04 DNF	13:25:18 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>MIGACZ Dawid</b>	<b>207</b>	BARTOSZ GORCZYCA TEAM #1X1		Open M	03:13:03 DNF	07:05:11 DNF	10:11:53 DNF	13:29:46 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>NOWAK Marcin</b>	<b>221</b>			Open M	02:51:11 DNF	07:20:42 DNF	10:24:48 DNF	13:34:30 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>DZIEMBA Wojciech</b>	<b>68</b>	INŻYNIERIA BIEGANIA		Open M	03:04:41 DNF	07:12:10 DNF	10:10:30 DNF	13:35:41 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>GUTAN Damian</b>	<b>99</b>			Open M	02:40:12 DNF	06:45:29 DNF	09:59:35 DNF	13:52:09 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>PASTWA Marek</b>	<b>237</b>	OH!ZUZA.COM/BEAUTYSPORT		Open M	03:25:19 DNF	07:45:54 DNF	10:52:04 DNF	13:59:59 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KRAWCZYK Karol</b>	<b>159</b>	TATA KAZIKA		Open M	02:50:35 DNF	07:27:42 DNF	10:39:47 DNF	14:07:07 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ZIEMKIEWICZ Jarek</b>	<b>378</b>	UKS RUNNING TEAM		Open M	02:54:21 DNF	07:29:34 DNF	10:48:40 DNF	14:24:30 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>MĄKOWSKI Tomasz</b>	<b>203</b>			Open M	02:45:52 DNF	06:54:56 DNF	10:07:31 DNF	14:36:10 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SZYMKOWIAK Mariusz</b>	<b>312</b>			Open M	03:19:57 DNF	08:00:07 DNF	11:15:47 DNF	14:59:25 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>GARSTKA Zbigniew</b>	<b>79</b>	LEŚNE DZIADY TEAM		Open M	03:20:02 DNF	07:59:32 DNF	11:15:32 DNF	14:59:41 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KALEMBKIEWICZ Piotr</b>	<b>126</b>	MIROTRANS		Open M	03:13:09 DNF	07:52:03 DNF	11:10:57 DNF	15:03:48 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ZAJĄC Marcin</b>	<b>370</b>	77CATS_ULTRA		Open M	03:23:44 DNF	07:58:36 DNF	11:33:19 DNF	15:13:51 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>MACKIEWICZ Maciej</b>	<b>189</b>	CYBER ARMS		Open M	03:25:33 DNF	08:16:27 DNF	11:40:56 DNF	15:21:40 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>STAWSKI Dariusz</b>	<b>290</b>	KS ULTRA TEAM ŁÓDŹ		Open M	03:22:54 DNF	08:17:22 DNF	11:47:33 DNF	15:22:29 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ISKRA Arkadiusz</b>	<b>107</b>	SZAKALE BAŁUT ŁÓDŹ		Open M	03:17:18 DNF	08:02:29 DNF	11:36:18 DNF	15:41:14 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ZIELIŃSKI Adam</b>	<b>375</b>	DROGA DO ULTRA		Open M	03:25:46 DNF	08:22:16 DNF	12:04:10 DNF	15:48:25 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>LITWIŃSKI Krzysztof</b>	<b>184</b>			Open M	03:26:03 DNF	08:41:28 DNF	12:29:04 DNF	16:14:20 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>TOL Kamil</b>	<b>329</b>	KUNA W AGREŚCIE		Open M	03:29:38 DNF	08:36:23 DNF	12:27:24 DNF	16:14:24 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>RUDZIŃSKI Tomasz</b>	<b>264</b>	KUNA W AGREŚCIE		Open M	03:29:41 DNF	08:36:26 DNF	12:27:22 DNF	16:14:27 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SZPONDER Artur</b>	<b>308</b>	KBKS RADOMSKO		Open M	03:26:28 DNF	08:25:22 DNF	12:14:30 DNF	16:21:35 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>WYDRA Mariusz</b>	<b>364</b>	STARE BABICE BIEGAJĄ		Open M	03:29:26 DNF	08:47:42 DNF	12:38:29 DNF	16:31:05 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>DAWID Mirosław</b>	<b>59</b>	BIEGNĘ ZA WODZEM		Open M	03:30:18 DNF	08:47:25 DNF	12:38:15 DNF	16:36:28 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>PIETRUS Maciek</b>	<b>246</b>	PEŁZACZE		Open M	03:40:58 DNF	09:15:38 DNF	13:03:45 DNF	16:47:34 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BIAŁY Jakub</b>	<b>25</b>	HYCOK		Open M	03:40:01 DNF	08:55:26 DNF	12:45:38 DNF	16:49:05 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BUREK Juliusz</b>	<b>43</b>	PROJEKT 1000 UP		Open M	03:20:35 DNF	08:20:02 DNF	12:15:56 DNF	17:07:49 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ŻURAWSKI Arkadiusz</b>	<b>383</b>			Open M	03:44:19 DNF	09:06:16 DNF	12:59:39 DNF	17:12:35 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz-Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
	<b>HORAK Lesław</b>	<b>106</b>	KRYZYS WIEKU ŚREDNIEGO		Open M	03:42:09 DNF	09:08:36 DNF	13:10:22 DNF	17:19:27 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>FRANKOWSKI Dariusz</b>	<b>73</b>	SZAMANI W TRANSIE		Open M	03:46:32 DNF	09:16:54 DNF	13:10:41 DNF	17:20:42 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>GIENIECZKO Marcin</b>	<b>83</b>	NO LIMITS		Open M	04:01:12 DNF	10:22:59 DNF	14:49:39 DNF	18:51:42 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KUC Maciek</b>	<b>171</b>	JAKTRENUEJSZTAKBEDZIESZWALCZYC		Open M	04:13:54 DNF	10:19:14 DNF	14:36:18 DNF	18:52:21 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOSMALA Bartosz</b>	<b>149</b>	KOSMALA TEAM		Open M	04:14:11 DNF	10:19:21 DNF	14:36:13 DNF	18:58:58 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ŚCIBOR Adrian</b>	<b>314</b>			Open M	02:49:44 DNF	06:33:19 DNF	09:11:20 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>GRABSKI Michał</b>	<b>91</b>	PKO BP		Open M	02:09:20 DNF	06:47:22 DNF	09:32:14 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>STEMPKOWICZ Jacek</b>	<b>292</b>			Open M	02:45:50 DNF	06:59:10 DNF	09:49:50 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>POPIS Tomasz</b>	<b>253</b>	RUCH IZBICA		Open M	02:17:52 DNF	06:07:26 DNF	10:04:00 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>DZIADŃ Grzegorz</b>	<b>67</b>			Open M	03:14:20 DNF	07:43:25 DNF	11:11:12 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SKOCZYLAS Mateusz</b>	<b>279</b>			Open M	03:05:39 DNF	07:48:27 DNF	11:15:12 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ZAMFIROV Tsvetelin</b>	<b>372</b>	CLIMB&RUN		Open M	03:24:44 DNF	08:19:43 DNF	11:51:55 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SAMUŚ Dariusz</b>	<b>267</b>	BIESZCZADZKIE MORSY		Open M	03:20:32 DNF	08:09:43 DNF	12:08:39 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>MAZUR Mateusz</b>	<b>201</b>	ORANGE POLSKA		Open M	03:26:00 DNF	08:41:32 DNF	12:33:24 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>WOJNO Małgorzata</b>	<b>354</b>	DROGA DO ULTRA		Open K	03:43:15 DNF	09:06:14 DNF	13:00:26 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>GACZYNSKI Mateusz</b>	<b>75</b>	PEŁZACZE		Open M	03:41:01 DNF	09:15:58 DNF	13:03:52 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>DELSLEY Stephen</b>	<b>61</b>			Open M	03:47:14 DNF	09:16:48 DNF	13:10:49 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>ORŁOWSKI Jakub</b>	<b>228</b>	ULTRA KSP		Open M	03:52:02 DNF	10:30:08 DNF	14:59:59 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>REWERS Dariusz</b>	<b>10</b>	ULTRA WAY TEAM		Open M	02:12:45 DNF	05:27:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>CIOCH Cezary</b>	<b>53</b>	KALLIPSO RUNNERS TEAM		Open M	02:14:14 DNF	05:49:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>MARKOWSKI Marcin</b>	<b>199</b>	UKS KOMETA GLIWICE		Open M	02:42:01 DNF	06:21:19 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>TESZNER Czesław</b>	<b>326</b>			Open M	02:42:47 DNF	06:54:48 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>MORAWSKI Filip</b>	<b>214</b>	KRAKOWIAKULTRATEAM		Open M	02:51:13 DNF	07:28:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SZEREMETA Andrzej</b>	<b>306</b>	PZU SPORT TEAM		Open M	03:03:20 DNF	07:36:23 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>URBANIK Łukasz</b>	<b>337</b>	SZAKALE BAŁUT ŁÓDŹ		Open M	03:06:56 DNF	07:44:28 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>MONICA Mateusz</b>	<b>213</b>			Open M	03:32:28 DNF	09:03:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>PAWLUCZUK Tomasz</b>	<b>244</b>	WŚCIEKŁE PIĘŚCI WĘŻA		Open M	03:40:14 DNF	09:25:10 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>OBARSKI Norbert</b>	<b>225</b>			Open M	04:33:05 DNF	10:53:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOŚCIELNIAK Wioletta</b>	<b>150</b>	RUNNERS TEAM NYSA		Open K	02:43:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KOMOROWSKI Adam</b>	<b>144</b>	ZABIEGANI REYKJAVIK		Open M	02:45:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przetęcz								Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
						Hańczowa 22.2km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km					
	<b>SZCZERBA Rafał</b>	<b>304</b>	PEŁZACZE		Open M	03:41:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BRZOZA Piotr</b>	<b>38</b>	B&B KIELCE TEAM		Open M	02:13:15 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>CZUWAJ Andrzej</b>	<b>56</b>	ZADYSZKA OŚWIĘCIM		Open M	02:25:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BOTKIEWICZ Jarosław</b>	<b>35</b>	STOKOWCZYKI TEAM		Open M	02:25:51 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>BONECKI Sylwester</b>	<b>33</b>	KS M.E.T.A		Open M	03:16:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>PASTWA Grzegorz</b>	<b>238</b>			Open M	03:42:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>KITLAS Dariusz</b>	<b>135</b>	BSB		Open M	03:44:12 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>SOBKOWIAK Sławomir Locco</b>	<b>285</b>	WRONIECKI KLUB BIEGACZA		Open M	03:56:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>STOŁOWSKI Robert</b>	<b>293</b>			Open M	03:56:49 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	
	<b>POCHYLSKI Dominik</b>	<b>250</b>	BANICI ULTRA		Open M	04:05:58 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	

Znaleziono 334 wynik(ów)