



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Łemkowska Ultra-Trail
Fundacja Ultra
2019-10-12
Komańcza
150 km

ŁEMKOWYNA ULTRA-TRAIL® 150

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

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INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki 19.6km	Zdynia 30km	Przełęcz Hałbowska 64.2km	Chyrowa 82km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
1	KWIATKOWSKA Kinga	1	SALCO GARMIN TEAM	Open K	1	02:11:04	04:01:15	07:50:11	10:20:03	13:23:43	16:07:00	17:28:36	20:42:55.40	20:42:58.80		8:17	7.2 (100%)
2	ŚCIUBA Aneta	3	STAY INSANE	Open K	2	02:14:17	04:11:46	08:27:20	11:01:16	14:00:50	16:42:16	17:53:53	20:57:44.00	20:57:48.35	+00:14:49 (1.2%)	8:23	7.2 (100%)
3	DVOŘÁKOVÁ Martina	5	COLUMBIA MONTRAIL	Open K	3	02:14:13	04:14:21	08:41:41	11:27:13	14:33:01	17:34:59	19:06:02	22:43:32.55	22:43:36.45	+02:00:37 (8.8%)	9:05	6.6 (91.7%)
4	MEZINCESCU Alice	213	BANCHORY RUNNING CLUB	Open K	4	02:23:19	04:31:37	09:03:10	11:57:58	15:07:38	18:03:28	19:34:15	23:11:06.25	23:11:23.70	+02:28:24 (10.7%)	9:16	6.5 (90.3%)
5	OLSCHIMKE-MARMUROWICZ Barbara	242	KOLOROWA DRUŻYNA NESSI	Open K	5	02:39:17	05:02:00	09:55:33	13:20:55	16:48:05	20:01:32	21:35:44	24:53:14.50	24:53:45.65	+04:10:46 (16.8%)	9:57	6 (83.3%)
6	JANOWSKA Anna	117	DRUŻYNA WAILKA	Open K	6	02:34:14	04:48:38	09:31:32	12:41:34	16:16:23	19:48:17	21:36:06	25:43:25.40	25:43:49.75	+05:00:50 (19.5%)	10:17	5.8 (80.6%)
7	KOŁODZIEJSKA Lucyna	150	ACCELERATING POLAND	Open K	7	02:34:35	04:59:49	09:53:09	13:23:30	17:07:42	20:24:03	22:02:14	26:17:27.00	26:17:37.50	+05:34:38 (21.2%)	10:30	5.7 (79.2%)
8	GAJEWSKA Izabella	89		Open K	8	02:37:04	04:55:07	09:41:49	12:51:59	16:42:16	20:17:38	22:01:23	26:26:24.20	26:26:43.15	+05:43:44 (21.7%)	10:34	5.7 (79.2%)
9	ZAMBRZYCKA-ROZNER Ewa	415		Open K	9	02:39:03	05:04:53	10:10:26	13:44:20	17:19:02	20:55:10	22:43:09	26:48:51.50	26:49:00.90	+06:06:02 (22.7%)	10:43	5.6 (77.8%)
10	FIDELUS Joanna	78	WCHSZT	Open K	10	02:43:08	05:07:39		13:29:44	17:22:13	20:48:14	22:46:14	26:56:15.65	26:56:33.70	+06:13:34 (23.1%)	10:46	5.6 (77.8%)
11	PUDEŁEK Agnieszka	284	WCHSZT	Open K	11	02:43:11	05:07:35	09:59:12	13:29:47	17:22:15	20:48:41	22:46:19	26:57:36.85	26:57:54.80	+06:14:56 (23.2%)	10:47	5.6 (77.8%)
12	ZIENKIEWICZ Agata	423	PIASECZNO RUNNING	Open K	12	02:50:21	05:23:44	10:23:53	13:41:21	17:27:22	21:17:53	23:11:45	27:31:38.90	27:32:03.65	+06:49:04 (24.8%)	11:00	5.4 (75.0%)
13	MAY-ADAMEK Katarzyna	7		Open K	13	02:45:16	05:14:53	10:22:01	14:00:14	17:41:28	21:20:45	23:32:45	27:43:27.80	27:43:33.85	+07:00:35 (25.3%)	11:05	5.4 (75.0%)
14	ROŻNIATA Iwona	298	KS GŁÓWNO W BIEGU	Open K	14	02:47:19	05:06:21	10:08:30	14:00:08	17:45:33	21:30:58	23:37:44	28:39:45.10	28:40:22.00	+07:57:23 (27.7%)	11:27	5.2 (72.2%)
15	BRUSZEWSKA-GŁOMBIOWSKA Monika	38	ULTRAŻÓŁWIK	Open K	15	02:51:03	05:23:32	10:41:16	14:14:02	18:04:52	22:10:09	24:04:21	28:59:09.45	28:59:29.05	+08:16:30 (28.5%)	11:35	5.2 (72.2%)
16	WITCZAK Jolanta	397	TARNOWO PODGÓRNE - POZIOM BLIŻEJ	Open K	16	02:55:01	05:33:28	10:44:22	14:10:28	17:51:10	22:02:15	24:19:16	29:00:38.15	29:01:18.90	+08:18:20 (28.6%)	11:36	5.2 (72.2%)
17	SADOWSKA Marta	306	KOSSMATE ŻUKI	Open K	17	03:03:30	05:41:41	11:25:59	15:10:40	18:48:12	22:41:09	24:52:10	29:39:33.25	29:39:58.90	+08:57:00 (30.2%)	11:51	5.1 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz						Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h	
						Ropki 19.6km	Zdynia 30km	Hałbowska 64.2km	Chyrowa 82km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km						Wilcze Budy 130km
18	PIEKAROWICZ Magdalena	264	TARCZYŃSKI KLUB BIEGOWY	Open K	18	02:48:17	05:36:32	11:25:53	15:12:06	19:19:03	23:35:30	25:56:30	30:42:49.70	30:43:04.90	+10:00:06 (32.6%)	12:17	4.9 (68.1%)
19	PIWOWARCZYK Magdalena	269	SZKOŁA WSPINANIA KLAMA	Open K	19	02:50:14	05:34:43	10:55:13	15:32:31	19:21:38	23:36:11	26:42:30	31:52:01.45	31:52:34.35	+11:09:35 (35.0%)	12:44	4.7 (65.3%)
20	PIETRUSZCZAK Agnieszka	265		Open K	20	02:44:45	05:18:50	10:44:22	14:59:23	19:12:39	24:25:41	27:13:14	31:57:50.35	31:58:08.00	+11:15:09 (35.2%)	12:47	4.7 (65.3%)
21	BLASZKE Beata	30	EXTREMALNE OTK NA RELAKSIE	Open K	21	02:59:58	05:44:18	11:25:50	15:55:47	19:58:43	25:06:21	27:33:04	32:25:11.75	32:25:41.45	+11:42:42 (36.1%)	12:58	4.6 (63.9%)
22	MARCHEWKA Ełżbieta	206	JSC JASŁO	Open K	22	02:56:40	05:53:26	11:49:35	15:40:18	20:07:24	25:09:04	27:09:23	32:27:33.20	32:28:00.35	+11:45:01 (36.2%)	12:59	4.6 (63.9%)
23	STRUSIŃSKA Katarzyna	336		Open K	23	02:58:50	05:53:15	12:05:28	16:08:16	20:42:46		27:32:34	32:28:24.20	32:28:50.10	+11:45:51 (36.2%)	12:59	4.6 (63.9%)
24	SOKOŁOWSKA Adriana	323	VEGE RUNNERS	Open K	24	02:50:31	05:48:31	11:37:02	15:51:02	20:16:10	25:10:47	27:37:31	32:52:06.15	32:52:27.35	+12:09:28 (37.0%)	13:08	4.6 (63.9%)
25	KUJAWSKA- FREJLICH Joanna	176		Open K	25	02:50:19	05:39:36	11:56:39	16:38:43	22:11:03	26:42:39	28:45:20	33:06:06.35	33:06:40.30	+12:23:41 (37.4%)	13:14	4.5 (62.5%)
26	NIENADOWSKA Beata	229	KRÓLÓWKA	Open K	26	03:12:07	06:12:03	12:19:46	16:34:08	21:02:45	25:42:39	28:03:34	33:11:46.55	33:12:24.45	+12:29:25 (37.6%)	13:16	4.5 (62.5%)
	MARCHEWKA Joanna	207		Open K		02:33:57 DNF	04:56:56 DNF	09:53:06 DNF	13:30:32 DNF	16:57:09 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PIWOŃSKA Agnieszka	268		Open K		03:11:58 DNF	06:12:08 DNF	12:19:06 DNF	16:34:03 DNF	21:17:03 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WITKA Grażyna	398		Open K		03:14:37 DNF	06:11:00 DNF	12:14:45 DNF	16:48:10 DNF	21:52:52 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	JAWOREK Justyna	122	ULTRA PASTERZE	Open K		03:00:22 DNF	06:27:25 DNF	12:41:14 DNF	17:30:27 DNF	23:04:05 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SKLAR Rachel	317	WAA ULTRA	Open K		02:55:58 DNF	05:34:58 DNF	11:02:14 DNF	15:42:28 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	QUIRINI Ewa	285		Open K		02:46:49 DNF	05:05:30 DNF	10:51:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ŻAK Oliwia	428	PIASECZNO RUNNING	Open K		02:50:22 DNF	05:23:45 DNF	10:52:53 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WINIARSKA Izabela	394	EKOBIEGI	Open K		02:56:13 DNF	06:00:23 DNF	12:56:09 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GRABOWSKA Joanna	104	WKS WAWEL BNO	Open K		02:33:21 DNF	04:51:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	STAWSKA Anna	331		Open K		03:14:17 DNF	06:45:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KITA Ewa	141		Open K		03:32:57 DNF	07:03:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 37 wynik(ów)