



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Łemkowyna Ultra-Trail
Fundacja Ultra
2021-10-23
Komańcza
150 km

ŁEMKOWYNA ULTRA-TRAIL® 150

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki 19.6km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Nowa Wieś 90.6km	Cergowa 93.2km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
1	GRZĄDZIEL Dominik	4	ATTIQ TEAM	Open M	1	02:03:28	03:44:53	05:10:38	07:06:24	08:56:26	10:08:36		11:29:36	13:37:07	14:35:58	15:20:01	16:36:58.20	16:37:00.25		6:38	9 (100%)
2	JENDRYCH Artur	6	BIEGAJACY ŚWIDNIK	Open M	2	02:01:50	03:41:05	05:09:44	07:05:45	08:57:21	10:06:27		11:26:22	13:31:51	14:29:02	15:15:11	16:45:42.65	16:45:45.75	+00:08:45 (0.9%)	6:42	8.9 (98.9%)
3	KASZUBA Michał	101	GRUPA NOMAX	Open M	3	02:01:57	03:44:32	05:10:32	07:15:05	09:16:10	10:31:24		11:55:39	13:59:36	15:07:18	15:57:56	17:44:13.90	17:44:16.35	+01:07:16 (6.3%)	7:05	8.5 (94.4%)
4	WIERNUSZ Krzysztof	10	FINISZ RYMANÓW	Open M	4	02:01:59	03:41:07	05:09:58	07:05:11	08:55:38	10:16:18		11:43:52	14:10:01	15:20:17	16:11:32	17:47:38.50	17:47:41.90	+01:10:41 (6.6%)	7:07	8.4 (93.3%)
5	PIĄTEK Mateusz	178	RMT TEAM PRO	Open M	5	02:04:07	03:47:58	05:12:48	07:15:58	09:18:14	10:36:29		12:02:19	14:16:49	15:25:29	16:20:44	18:04:08.40	18:04:12.15	+01:27:11 (8.0%)	7:13	8.3 (92.2%)
6	ŚLĘZAK Marek	231	CARABUS NOWY SĄCZ	Open M	6	02:04:10	03:48:58	05:18:29	07:25:55	09:26:12	10:44:33		12:11:59	14:26:15	15:29:49	16:20:47	18:07:34.15	18:07:37.40	+01:30:37 (8.3%)	7:15	8.3 (92.2%)
7	WOLEK Szymon	12		Open M	7	02:00:45	03:41:21	05:09:56	07:16:48	09:16:18	10:43:26		12:05:37	14:31:25	15:42:35	16:39:08	18:32:23.75	18:32:26.50	+01:55:26 (10.4%)	7:24	8.1 (90.0%)
8	WANTUCH Marcin	250		Open M	8	02:03:40	03:48:37	05:19:56	07:27:14	09:34:24	10:55:45		12:28:00	14:54:11	16:01:42	16:55:32	18:40:14.30	18:40:18.15	+02:03:17 (11.0%)	7:28	8 (88.9%)
9	FILIPEK Paweł	60	BIEGUSIEM.PL	Open M	9	02:05:13	03:51:55	05:21:50	07:31:24	09:42:37	11:15:27		12:59:03	15:30:25	16:42:46	17:32:07	19:12:29.75	19:12:40.05	+02:35:39 (13.5%)	7:40	7.8 (86.7%)
10	OLSZEWSKI Piotr	164	FARON-SPORT.PL	Open M	10	02:07:17	03:51:42	05:21:52	07:30:16	09:36:02	11:01:16		12:34:05	15:02:10	16:17:28	17:18:33	19:21:45.80	19:21:50.10	+02:44:49 (14.2%)	7:44	7.7 (85.6%)
11	PAWLUŚ Mirosław	175	JSC JAŚŁO	Open M	11	02:12:46	04:03:31	05:40:33	07:50:28	09:58:18	11:28:50		13:04:35	15:35:34	16:51:52	17:53:00	19:47:54.40	19:47:59.60	+03:10:59 (16.1%)	7:55	7.6 (84.4%)
12	PILLONEL Etienne	8		Open M	12	02:07:39	03:55:45	05:32:42	07:46:25	09:57:49	11:30:17		13:06:30	15:44:38	17:02:57	18:02:17	20:02:58.50	20:03:01.60	+03:26:01 (17.1%)	8:01	7.5 (83.3%)
13	DOMBROWSKI Maciej	2	ATTIQ TEAM / TRAIL IS OUR WAY	Open M	13	02:02:10	03:44:56	05:10:46	07:18:43	09:20:05	10:53:54		12:31:58	15:10:01	16:36:21	17:48:52	20:07:12.45	20:07:14.30	+03:30:14 (17.4%)	8:02	7.5 (83.3%)
14	TRĄMPCZYŃSKI Jakub	236	DOWNHILLRUNNER.PL	Open M	14	02:19:11	04:18:17	05:52:19	08:07:14	10:22:36	12:00:56		13:39:42	16:09:18	17:22:20	18:24:57	20:17:48.80	20:17:51.70	+03:40:51 (18.1%)	8:07	7.4 (82.2%)
15	PALUCH Marek	168	SPACEROWICZ Z BESKIDÓW	Open M	15	02:12:19	04:00:49	05:34:42	07:50:20	10:07:08	11:55:06		13:31:12	16:13:42	17:31:11	18:37:14	20:47:14.25	20:47:33.40	+04:10:33 (20.1%)	8:18	7.2 (80.0%)
16	BORUCKI Jakub	29	140MINUT.PL	Open M	16	02:12:52	04:06:57	05:53:44	08:15:41	10:34:22	12:16:55		13:50:07	16:36:10	18:02:02	19:05:56	20:56:54.90	20:57:03.55	+04:20:03 (20.7%)	8:22	7.2 (80.0%)
17	FELTOWICZ Jacek	57		Open M	17	02:06:37	03:56:46	05:33:59	07:56:05	10:13:56	11:56:16		13:33:53	16:22:19	17:55:15	19:00:41	21:15:45.45	21:15:57.40	+04:38:57 (21.9%)	8:30	7.1 (78.9%)
18	KOCHANOWSKI Michał	104	LASKOWE LUDKI	Open M	18	02:16:41	04:15:02	05:53:46	08:18:22	10:40:08	12:29:30		14:10:15	16:57:55	18:21:33	19:21:18	21:28:03.15	21:28:15.10	+04:51:14 (22.6%)	8:35	7 (77.8%)
19	CZUWAJ Andrzej	49	ZADYSZKA OŚWIĘCIM	Open M	19	02:14:26	04:11:08	05:48:17	08:01:00	10:15:48	12:04:59		13:52:31	16:49:27	18:18:19	19:26:32	21:35:33.70	21:35:44.75	+04:58:44 (23.1%)	8:38	6.9 (76.7%)
20	KOTARBA Wojciech	116	TAKEDA FIT	Open M	20	02:35:58	04:43:56	06:32:59	09:01:29	11:31:04	13:09:08		14:47:32	17:28:53	18:50:28	19:45:12	21:38:19.05	21:38:25.05	+05:01:24 (23.2%)	8:39	6.9 (76.7%)
21	SCHWITALLA Adrian	206		Open M	21	02:21:50	04:25:09	06:10:22	08:42:11	11:12:32	13:04:46		14:46:10	17:27:09	18:44:43	19:46:01	21:46:45.50	21:46:54.55	+05:09:54 (23.7%)	8:42	6.9 (76.7%)
22	REJ Mirosław	199	BARTOSZ GORCZYCA TEAM	Open M	22	02:26:53	04:31:03	06:09:10	08:32:53	10:55:03	12:50:30		14:31:14	17:18:52	18:42:54	19:46:05	21:46:47.90	21:46:54.95	+05:09:54 (23.7%)	8:42	6.9 (76.7%)
23	TESZNER Czesław	232		Open M	23	02:19:26	04:15:33	05:54:45	08:19:57	10:43:03	12:29:31		14:07:36	16:51:27	18:20:58	19:33:04	21:47:52.40	21:48:18.10	+05:11:17 (23.8%)	8:43	6.9 (76.7%)
24	STEFANIAK Łukasz	214		Open M	24	02:22:24	04:16:47	05:58:55	08:24:56	10:51:54	12:29:33		14:09:57	16:51:43	18:21:22	19:33:14	21:48:08.20	21:48:20.20	+05:11:19 (23.8%)	8:43	6.9 (76.7%)
25	SNARSKI Dariusz	209	WATAHA-ŁĄCZY NAS BIEGANIE	Open M	25	02:23:43	04:24:56	06:10:56	08:43:50	11:16:45	12:59:27		14:55:29	17:43:07	19:00:54	19:55:18	21:53:16.60	21:53:23.80	+05:16:23 (24.1%)	8:45	6.9 (76.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki	Zdynia	Bartne	Przełęcz	Chyrowa	Nowa	Cergowa	Iwonicz-	Puławy	Wilcze	Przybyszów	Czas	Czas	Różn	Tempo	Tempo
						19.6km	34km	47.3km	Hałbowska		Wieś		102.3km	121km	130km		netto	brutto			
26	PACZUSKI Michał	166	FOREVER YOUNG LODZ	Open M	26	02:08:37	04:05:16	05:46:14	08:09:12	10:31:25	12:19:38		14:08:03	16:57:48	18:29:58	19:37:47	22:09:20.10	22:09:24.70	+05:32:24 (25.0%)	8:51	6.8 (75.6%)
27	KOCIUBA Przemysław	105	TT SZCZECIN	Open M	27	02:30:15	04:37:41	06:21:50	08:48:08	11:13:43	12:50:25		14:27:52	17:19:14	18:43:27	19:51:56	22:10:37.60	22:10:46.80	+05:33:46 (25.1%)	8:52	6.8 (75.6%)
28	PLUTA Daniel	183	TEAM PLUTT	Open M	28	02:18:55	04:15:23	05:57:48	08:28:01	10:53:41	12:55:36		14:42:29	17:31:00	19:08:21	20:08:34	22:14:28.95	22:14:33.30	+05:37:33 (25.3%)	8:53	6.7 (74.4%)
29	PODBIELSKI Krystian	186	KAJA TEAM	Open M	29	02:26:08	04:29:22	06:20:46	08:45:34	11:19:52	13:37:34		15:09:00	17:40:49	19:14:03	20:23:39	22:24:29.35	22:24:35.05	+05:47:34 (25.9%)	8:57	6.7 (74.4%)
30	ŻARNOWSKI Grzegorz	275	GREGZARNOWSKI.PL	Open M	30	02:26:51	04:23:03	06:10:03	08:46:31	11:09:07	12:52:33		14:38:30	17:34:13	19:06:58	20:13:06	22:26:18.55	22:26:23.85	+05:49:23 (26.0%)	8:58	6.7 (74.4%)
31	WIERZBICKI Tomasz	255		Open M	31	02:35:21	04:34:17	06:17:04	08:40:33	11:09:27	12:56:11		14:43:27	17:33:04	19:03:09	20:11:03	22:29:47.55	22:30:07.50	+05:53:07 (26.2%)	8:59	6.7 (74.4%)
32	SOBCZAK Henryk	279		Open M	32	02:02:04	03:45:29	05:17:45	07:26:39	09:36:50	11:19:21	11:58:49	13:09:19	16:35:59	18:14:52	19:28:28	22:38:13.10	22:38:15.45	+06:01:15 (26.6%)	9:03	6.6 (73.3%)
33	PAWLIK Jakub	174	BARTOSZ GORCZYCA TEAM #1X1	Open M	33	02:25:49	04:30:02	06:08:57	08:35:39	11:00:25	12:42:49		14:28:14	17:28:56	18:58:42	20:06:14	22:38:54.85	22:38:57.10	+06:01:56 (26.6%)	9:03	6.6 (73.3%)
34	GRZESICA Paweł	75		Open M	34	02:08:40	04:11:16	06:00:11	08:33:08	11:02:13	13:00:52		14:45:53	17:31:09		20:19:48	22:45:42.55	22:45:49.10	+06:08:48 (27.0%)	9:06	6.6 (73.3%)
35	WALASEK Grzegorz	247	BIEGUSIEM.PL	Open M	35	02:20:59	04:17:48	05:57:27	08:33:16	11:02:48	13:01:13		14:45:55	17:31:04	19:14:10	20:22:06	22:45:38.75	22:45:49.75	+06:08:49 (27.0%)	9:06	6.6 (73.3%)
36	KOWALCZYK Mateusz	118	MINUTKA TRAIL / PRZEWORSKA GRUPA BIEGOWA	Open M	36	02:20:31	04:25:30	06:15:21	08:50:13	11:16:59	13:21:27		15:05:19	18:04:48	19:44:21	20:47:55	23:03:26.30	23:03:35.20	+06:26:34 (27.9%)	9:13	6.5 (72.2%)
37	TYSZKA Dariusz	242		Open M	37	02:22:08	04:24:15	06:08:59	08:43:59	11:15:26	13:02:19		14:46:46	17:51:58	19:13:43	20:26:36	23:06:52.55	23:07:14.70	+06:30:14 (28.1%)	9:14	6.5 (72.2%)
38	ZAKRZEWSKI Paweł	271		Open M	38	02:26:07	04:32:48	06:20:45	08:54:08	11:26:00	13:15:50		15:11:04	18:19:17	19:53:17	21:00:12	23:10:50.60	23:11:06.25	+06:34:06 (28.3%)	9:16	6.5 (72.2%)
39	ČERNOCKÝ Jan	37		Open M	39	02:38:55	05:05:52	07:02:52	09:41:28	12:10:31	13:49:44	14:25:30	15:36:29	18:31:20	19:55:20	21:08:07	23:12:47.15	23:12:54.50	+06:35:54 (28.4%)	9:17	6.5 (72.2%)
40	SUSKI Marcin	223	LEPIJ BIEGAĆ	Open M	40	02:27:05	04:31:16	06:16:22	08:48:05	11:27:47	13:32:21		15:26:48	18:31:52	19:53:13	21:02:53	23:19:07.55	23:19:13.80	+06:42:13 (28.7%)	9:19	6.4 (71.1%)
41	JANOWSKI Mariusz	88	AKADEMIA BIEGANIA GRUDZIĄDZ	Open M	41	02:25:21	04:35:32	06:27:06	09:03:41	11:35:12	13:37:42	14:15:25	15:25:45	18:40:24	20:11:03	21:27:51	23:35:28.15	23:35:35.70	+06:58:35 (29.6%)	9:26	6.4 (71.1%)
42	GOSTYŃSKI Krzysztof	72	RUCAJ ULTRA TEAM	Open M	42	02:38:33	04:53:00	06:39:19	09:11:38	11:45:47	13:34:35		15:25:46	18:45:05	20:20:05	21:43:09	24:02:19.75	24:02:41.30	+07:25:41 (30.9%)	9:36	6.2 (68.9%)
43	BYTNIEWSKI Dariusz	35	SILESIA MARATHON TEAM	Open M	43	02:21:32	04:27:30	06:19:59	08:55:14	11:32:37	13:44:02		15:36:07	18:48:23	20:30:18	21:40:57	24:02:56.55	24:03:00.05	+07:25:59 (30.9%)	9:37	6.2 (68.9%)
44	WOJTAS Janusz	261	PGB SPORTOWA PACZKA	Open M	44	02:38:25	04:52:58	06:40:42	09:14:08	11:49:22	13:42:24		15:28:22	18:44:18	20:14:24	21:35:43	24:07:47.05	24:08:00.00	+07:30:59 (31.1%)	9:39	6.2 (68.9%)
45	MIKULSKI Grzegorz	153		Open M	45	02:25:39	04:29:37	06:12:39	08:48:13	11:28:48	13:31:23		15:30:07	18:44:43	20:14:19	21:34:26	24:08:08.50	24:08:18.00	+07:31:17 (31.2%)	9:39	6.2 (68.9%)
46	SŁOTWIŃSKI Adam	208	ETEX TEAM	Open M	46	02:25:32	04:25:35	06:11:00	08:47:15	11:28:28	13:45:01		15:44:09	19:08:48	20:48:23	21:49:44	24:12:13.65	24:12:20.60	+07:35:20 (31.4%)	9:40	6.2 (68.9%)
47	KOWALSKI Łukasz	120	MARELLI	Open M	47	02:22:32	04:23:02	06:08:53	08:48:21	11:36:41	13:44:32		15:40:13	18:57:50	20:38:36	21:54:30	24:28:20.30	24:28:33.35	+07:51:33 (32.1%)	9:47	6.1 (67.8%)
48	CUPIAŁ Jacek	43	GREY RUNNER	Open M	48	02:38:05	04:53:40	06:44:40	09:25:22		14:00:19		15:49:25	19:05:33	20:47:13	22:02:22	24:36:18.45	24:36:26.85	+07:59:26 (32.5%)	9:50	6.1 (67.8%)
49	GWIZDAK Bartosz	76	ELEKTRYK Z PODKARPACIA	Open M	49	02:35:22	04:43:08	06:33:17	09:08:08	11:49:16	13:49:06		15:49:23	19:05:21	20:47:09	22:02:13	24:36:05.70	24:36:27.00	+07:59:26 (32.5%)	9:50	6.1 (67.8%)
50	GAMROT Filip	68		Open M	50	02:26:41	04:40:46	06:39:58	09:26:29	12:04:37	14:03:13		15:54:45	19:10:03	20:44:40	22:02:27	24:36:21.65	24:36:27.20	+07:59:26 (32.5%)	9:50	6.1 (67.8%)
51	JACKOWICZ Rafał	81	AKTYWNI ŚLĘŻANIE	Open M	51	02:28:29	04:39:26	06:35:41	09:18:36	11:59:39	13:55:17		15:56:19	19:27:22	21:02:22	22:23:07	24:40:55.25	24:40:59.70	+08:03:59 (32.7%)	9:52	6.1 (67.8%)
52	ZASŁONKA Konrad	272		Open M	52	02:30:37	04:43:36	06:28:54	08:56:04	11:33:53	13:41:34		15:43:42	19:08:54	20:54:22	22:13:31	24:57:01.55	24:57:09.85	+08:20:09 (33.4%)	9:58	6 (66.7%)
53	MAZUREK Dariusz	148	RZESZOWSKIE GAZELE I GEPARDY	Open M	53	02:34:39	04:49:15	06:35:15	09:12:34	11:59:48	14:12:31		16:25:31	19:26:27	21:11:31	22:32:55	24:57:55.95	24:58:11.95	+08:21:11 (33.5%)	9:59	6 (66.7%)
54	GAJ Grzegorz	67	BORKI TEAM	Open M	54	02:51:41	05:09:55	06:59:09	09:39:53	12:14:57	14:19:52		16:17:54	19:26:04	21:11:14	22:32:26	24:57:32.80	24:58:12.10	+08:21:11 (33.5%)	9:59	6 (66.7%)
55	KUTAJ Grzegorz	132		Open M	55	02:42:37	04:54:19	06:51:51	09:34:38	12:26:30	14:35:39		16:35:58	20:05:38	21:35:49	22:57:10	25:04:17.50	25:04:42.00	+08:27:41 (33.7%)	10:01	6 (66.7%)
56	ZIĘBA Marcin	273		Open M	56	02:38:14	04:52:26	06:51:07	09:38:43	12:27:17	14:27:52		16:28:48	19:41:30	21:24:50	22:46:30	25:09:35.70	25:09:51.80	+08:32:51 (34.0%)	10:03	6 (66.7%)
57	WOŹNIAK Łukasz	262	PORANNY PATROL	Open M	57	02:38:20	04:52:33	06:51:06	09:38:48	12:27:24	14:27:52		16:28:49	19:41:32	21:24:50	22:46:36	25:09:36.85	25:09:51.85	+08:32:51 (34.0%)	10:03	6 (66.7%)
58	LEWANDOWSKI Janusz	135		Open M	58	02:35:18	04:57:02	06:54:04	09:39:00	12:28:07	14:38:22		16:36:13	19:58:28	21:43:44	22:59:53	25:16:51.00	25:16:57.65	+08:39:57 (34.3%)	10:06	5.9 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki	Zdynia	Bartne	Przełęcz	Chyrowa	Nowa	Cergowa	Iwonicz-	Puławy	Wilcze	Przybyszów	Czas	Czas	Różn	Tempo	Tempo
						19.6km	34km	47.3km	Hałbowska		Wieś	93.2km	102.3km	121km	130km	136.5km	netto	brutto			
59	JAGUSIAK Łukasz	82		Open M	59	02:23:36	04:31:37	06:20:12	09:31:46	12:25:49	15:00:25		16:58:15	20:11:12	21:33:06	22:52:53	25:19:20.40	25:19:24.75	+08:42:24 (34.4%)	10:07	5.9 (65.6%)
60	MICHAŁOWSKI Marcin	150	MARCINSWIERCTEAM	Open M	60	02:45:10	05:07:55	07:05:04	09:50:45	12:45:04	14:34:03		16:33:34	19:57:16	21:36:50	22:57:03	25:23:27.20	25:23:32.10	+08:46:31 (34.6%)	10:09	5.9 (65.6%)
61	KARPIŃSKI Tomasz	99	RUNFORYOURBEER	Open M	61	02:51:00	05:05:33	07:01:31	09:42:21	12:30:00	14:35:43		16:36:31	20:04:41	21:37:38	22:59:34	25:25:40.20	25:25:59.50	+08:48:59 (34.7%)	10:10	5.9 (65.6%)
62	CEGLEWSKI Marcin	36	HARPAGANY RUNNING TEAM	Open M	62	02:42:57	05:09:28	07:09:26	10:06:12	13:00:21	14:50:54		16:41:28	19:52:22	21:39:39	22:58:58	25:31:35.65	25:31:41.05	+08:54:40 (34.9%)	10:12	5.9 (65.6%)
63	KONOPKA Bartosz	111	BIEGAMBOLUBIE	Open M	63	02:43:32	04:58:23	06:58:19	09:43:44	12:34:39	14:40:35	15:22:19	16:48:32	20:06:46	21:36:00	22:54:13	25:37:19.35	25:37:27.15	+09:00:26 (35.2%)	10:14	5.9 (65.6%)
64	WALCZAK Maciej	249	QUAY POZNAŃ/HERCOG RUNNING TEAM	Open M	64	02:12:07	04:14:17	06:02:17	08:37:01	11:31:16	13:50:43	14:33:52	16:07:08	19:54:35	21:42:05	23:03:37	25:41:24.75	25:41:28.55	+09:04:28 (35.3%)	10:16	5.8 (64.4%)
65	KAMERDUŁA Łukasz	94	#TEAMCZTERY	Open M	65	02:35:43	04:56:47	06:56:54	09:37:46	12:24:34	14:48:51		16:53:27	20:13:35	21:46:40	23:04:28	25:45:38.85	25:45:51.70	+09:08:51 (35.5%)	10:18	5.8 (64.4%)
66	GAUDYN Hubert	71	#TEAMCZTERY	Open M	66	02:35:57	04:56:51	06:56:59	09:37:52	12:24:36	14:48:55		16:53:35	20:13:41	21:46:42	23:04:59	25:45:42.05	25:45:54.30	+09:08:54 (35.5%)	10:18	5.8 (64.4%)
67	KOSIN Paweł	114	KLUB BIEGAJĄCYCH LEŚNIKÓW	Open M	67	02:42:31	05:02:45	07:06:05	09:42:40	12:37:38	14:52:58		16:59:53	20:06:45	21:46:12	23:07:27	25:53:29.45	25:53:37.40	+09:16:37 (35.8%)	10:21	5.8 (64.4%)
68	TKACZYK Szymon	234	WEGANIZMY	Open M	68	02:33:05	04:39:26	06:38:18	09:36:21	12:34:55	14:43:41		16:52:42	20:12:18	21:58:00	23:20:19	25:58:50.10	25:59:04.30	+09:22:04 (36.1%)	10:23	5.8 (64.4%)
69	RAJNER Krzysztof	197	ULTRA KOSZALIN	Open M	69	03:04:13	05:34:42	07:37:12	10:30:48	13:29:27	15:33:36		17:35:19	20:53:41	22:31:01	23:38:57	26:02:15.75	26:02:45.25	+09:25:45 (36.2%)	10:24	5.8 (64.4%)
70	WILK Łukasz	256	LUBEŃSKI CROSS LUBENIABIEGA.PL	Open M	70	02:19:30	04:18:48	05:57:25	08:36:59	11:18:42	13:58:54	14:48:40	16:03:22	19:46:35	21:46:36	23:19:35	26:09:10.40	26:09:18.70	+09:32:18 (36.5%)	10:27	5.7 (63.3%)
71	KOZŁOWSKI Łukasz	123		Open M	71	02:39:39	04:53:07	06:49:56	09:44:33	12:37:32	14:55:54		16:56:57	20:21:54	22:11:40	23:39:37	26:11:35.15	26:11:54.30	+09:34:54 (36.6%)	10:28	5.7 (63.3%)
72	GRACZYK Marcin	74		Open M	72	02:41:35	05:05:08	07:08:48	09:48:08	12:44:57	15:00:56		17:09:35	20:34:16	22:18:35	23:39:47	26:14:55.00	26:15:08.50	+09:38:08 (36.7%)	10:29	5.7 (63.3%)
73	WESOŁOWSKI Krzysztof	253		Open M	73	02:43:12	05:08:30	07:19:11	10:17:47	13:24:26	15:38:44		17:42:29	20:58:32	22:39:40	23:54:58	26:19:04.50	26:19:16.35	+09:42:16 (36.9%)	10:31	5.7 (63.3%)
74	KRUSZEWSKI Filip	126		Open M	74	02:43:53	05:04:26	06:57:00	09:47:59	12:52:57	15:04:07		17:07:18	20:36:08	22:34:35	23:55:39	26:25:44.30	26:26:02.35	+09:49:02 (37.1%)	10:34	5.7 (63.3%)
75	BOROWCZYK Marcin	27		Open M	75	02:54:25	05:18:49	07:18:19	10:13:07	13:17:34	15:32:45		17:35:27	21:02:15	22:47:29	24:02:00	26:28:39.00	26:29:10.30	+09:52:10 (37.3%)	10:35	5.7 (63.3%)
76	SALIK Stanisław	204		Open M	76	02:52:02	05:12:52	07:10:42	10:09:14	13:08:32	15:39:08		17:48:41	21:14:44	22:58:53	24:07:56	26:36:10.30	26:36:24.90	+09:59:24 (37.5%)	10:38	5.6 (62.2%)
77	BAZYLUK Andrzej	21		Open M	77	02:26:08	04:40:34	06:40:42	09:42:57	12:33:18	15:06:23		17:21:00	20:32:59	22:41:20	24:08:08	26:40:59.20	26:40:59.20	+10:03:58 (37.7%)	10:40	5.6 (62.2%)
78	PIASECKI Rafał	177	UKA WARSZAWA	Open M	78	02:38:50	05:07:52	07:06:15	09:56:56	12:54:17	15:15:30		17:08:57	20:34:46	22:33:34	23:59:08	26:43:47.55	26:44:05.75	+10:07:05 (37.8%)	10:41	5.6 (62.2%)
79	POSADZKI Paweł	190	3 PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ	Open M	79	02:24:34	04:37:46	06:37:55	09:24:47	12:12:39	14:43:52		16:50:18	20:20:07	22:22:47	23:54:44	26:47:00.65	26:47:09.55	+10:10:09 (38.0%)	10:42	5.6 (62.2%)
80	PASTWA Marek	172	OH!ZUZA/BEAUTYSPORT	Open M	80	02:55:37	05:12:41	07:13:22	10:14:22	13:02:16	15:13:08		17:14:39	20:53:57	22:44:49	24:08:49	26:50:00.15	26:50:12.40	+10:13:12 (38.1%)	10:44	5.6 (62.2%)
81	TURLEJ Wojciech	238		Open M	81	02:45:03	05:20:04	07:30:29	10:29:33	13:40:24	16:05:31	16:50:34	18:07:33	21:34:20	23:26:15	24:39:06	26:50:15.05	26:50:39.90	+10:13:39 (38.1%)	10:44	5.6 (62.2%)
82	SOPOTNICKI Wojciech	210		Open M	82	02:45:06	05:20:02	07:30:32	10:29:36	13:40:28	16:05:33	16:51:17	18:07:35	21:34:23	23:26:18	24:39:17	26:50:15.45	26:50:40.25	+10:13:40 (38.1%)	10:44	5.6 (62.2%)
83	SADŁO Tomasz	203	SĘDZIA BIEGA	Open M	83	02:28:48	04:38:26	06:28:33	09:14:23	12:09:50	14:20:04		16:27:43	20:09:01	22:13:53	23:47:21	26:53:24.70	26:53:36.55	+10:16:36 (38.2%)	10:45	5.6 (62.2%)
84	WOŹNIAK Michał	263		Open M	84	02:32:50	04:51:35	06:53:10	09:47:48	12:55:46	15:17:01		17:33:55	21:16:28	23:07:12	24:34:22	27:04:44.10	27:05:00.55	+10:28:00 (38.6%)	10:49	5.5 (61.1%)
85	MATYSIAK Marcin	147	ULTRAWYRYPA.PL	Open M	85	02:39:45	05:02:51	06:58:48	09:58:11	12:55:39	15:28:09		17:41:56	21:15:25		24:32:07	27:08:10.30	27:08:20.75	+10:31:20 (38.8%)	10:51	5.5 (61.1%)
86	STĘPIEŃ Wojciech	215	COMPAÑEROS ASFALT TEAM	Open M	86	02:53:09	05:28:47	07:37:03	10:45:40	13:55:32	16:08:21		18:16:52	22:00:10		24:59:21	27:25:20.70	27:25:32.75	+10:48:32 (39.4%)	10:58	5.5 (61.1%)
87	PAŁKA Tomasz	169	LUZYX	Open M	87	02:53:28	05:17:38	07:19:50	10:09:09	13:00:36	15:10:59		17:15:46	20:43:06	22:40:47	24:26:07	27:38:38.55	27:39:03.15	+11:02:02 (39.9%)	11:03	5.4 (60.0%)
88	FUS Maciej	66		Open M	88	02:53:26	05:17:34	07:19:43	10:09:14	13:00:39	15:10:55		17:15:46	20:43:05	22:41:07	24:26:02	27:38:40.05	27:39:03.40	+11:02:03 (39.9%)	11:03	5.4 (60.0%)
89	BUKOWSKI Michał	33	DARK SIDE	Open M	89	02:38:10	04:51:55	06:47:05	09:41:24	12:40:24	14:59:35		17:11:21	20:58:36	22:56:17	24:40:53	27:55:53.95	27:56:01.60	+11:19:01 (40.5%)	11:10	5.4 (60.0%)
90	MAREK Paweł	143	AMBITNI AMATORZY	Open M	90	02:26:57	04:43:27	06:39:39	09:26:42	12:15:54	14:22:18		16:37:37	20:39:26	22:50:31	24:32:26	28:03:18.10	28:03:27.00	+11:26:26 (40.8%)	11:13	5.3 (58.9%)
91	DZIERKA Mariusz	55		Open M	91	02:36:41	05:06:08	07:14:35	10:30:28	13:49:04	15:54:12		18:23:26	22:06:08	24:05:25	25:29:59	28:15:03.15	28:15:11.85	+11:38:11 (41.2%)	11:18	5.3 (58.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki	Zdynia	Bartne	Przełęcz	Chyrowa	Nowa	Cergowa	Iwonicz-	Puławy	Wilcze	Przybyszów	Czas	Czas	Różn	Tempo	Tempo
						19.6km	34km	47.3km	Hałbowska		Wieś	93.2km	102.3km	121km	130km	136.5km	netto	brutto			
92	WALCZAK Dariusz	248	OLKUSZBIEGA	Open M	92	02:56:07	05:33:48	07:44:04	10:48:06	13:52:18	15:58:10		18:08:23	21:53:03	23:39:50	25:19:23	28:15:14.85	28:15:30.95	+11:38:30 (41.2%)	11:18	5.3 (58.9%)
93	SWĘDZIOŁ Robert	224	OLKUSZBIEGA.PL	Open M	93	02:38:32	04:58:16	07:02:20	10:04:55	13:11:40	15:25:18		17:40:57	21:36:02	23:39:42	25:19:15	28:15:04.25	28:15:31.30	+11:38:31 (41.2%)	11:18	5.3 (58.9%)
94	WRÓBEL Grzegorz	265		Open M	94	02:49:25	05:10:50	07:14:26	10:20:00	13:34:53	16:06:02		18:22:55	22:09:18	24:18:39	25:45:55	28:16:05.30	28:16:05.30	+11:39:05 (41.2%)	11:18	5.3 (58.9%)
95	POŁOMSKI Daniel	188		Open M	95	02:36:40	05:01:48	07:07:59	10:08:49	13:07:50	15:16:16				23:16:54	24:59:11	28:20:13.00	28:20:13.00	+11:43:12 (41.4%)	11:20	5.3 (58.9%)
96	KOŁODZIEJSKI Jarek	110		Open M	96	03:00:22	05:41:07	07:46:23	10:48:24	14:09:15	17:09:14		19:13:31	22:36:08	24:48:58	26:04:52	28:26:12.00	28:26:34.65	+11:49:34 (41.6%)	11:22	5.3 (58.9%)
97	ŻURAWSKI Sławomir	276	PGBSPORTOWAPACZKA	Open M	97	02:48:55	05:28:18	07:31:45	10:45:27	13:49:03	15:55:58		18:12:17	22:15:01	24:10:30	25:37:57	28:33:41.10	28:33:53.85	+11:56:53 (41.8%)	11:25	5.3 (58.9%)
98	CHUCHAŁA Paweł	40	MARKOWI BIEGACZE	Open M	98	02:50:08	05:09:10	07:08:54	10:19:32	13:01:44	15:01:27		17:11:14	21:19:18	23:35:09	25:14:42	28:38:02.80	28:38:23.00	+12:01:22 (42.0%)	11:27	5.2 (57.8%)
99	MASNY Dawid	145	TRUCHTACZ.PL	Open M	99	02:51:45	05:24:12	07:30:26	10:42:48	13:59:06	16:14:08		18:38:33	22:27:37	24:27:20	25:54:48	28:51:10.55	28:51:27.50	+12:14:27 (42.4%)	11:32	5.2 (57.8%)
100	CIUK Piotr	42	YULO RUN TEAM SIEDLCE/ FUJITSU POLAND	Open M	100	02:59:48	05:31:41	07:52:06	10:59:54	14:12:16	17:04:29		19:22:35	23:06:18	25:02:17	26:25:42	28:51:52.55	28:52:18.00	+12:15:17 (42.4%)	11:32	5.2 (57.8%)
101	PAWLAK Bartosz	173	RUN AND FLY	Open M	101	02:59:40	05:31:37	07:52:09	10:59:36	14:14:05	17:04:24		19:22:36	23:06:18	25:02:12	26:25:31	28:51:52.75	28:52:18.15	+12:15:17 (42.4%)	11:32	5.2 (57.8%)
102	JAMBOR Michał	84	BRACTWO BIEGOWE BGK / ŻÓRAWSKI TEAM	Open M	102	02:59:43	05:31:45	07:52:12	11:00:21	14:14:45	17:04:32		19:22:39	23:06:24	25:02:14	26:25:34	28:51:52.70	28:52:18.25	+12:15:18 (42.4%)	11:32	5.2 (57.8%)
103	SZNAJDER Jakub	227		Open M	103	03:00:24	05:33:47	07:37:02	10:35:13	13:36:24	16:05:40		18:22:31	22:13:40	24:27:13	25:56:55	28:54:28.00	28:54:55.65	+12:17:55 (42.5%)	11:33	5.2 (57.8%)
104	CHRZANOWSKI Piotr	39	SPELEOKLUB WARSZAWSKI	Open M	104	02:37:04	05:01:53	07:03:30	10:23:29	13:39:23	16:10:36	17:01:05	18:34:27	22:44:24	24:43:53	26:13:59	28:57:29.30	28:57:35.50	+12:20:35 (42.6%)	11:34	5.2 (57.8%)
105	CISEK Piotr	41	FINISZ RYMANÓW	Open M	105	02:40:02	05:09:17	07:15:54	10:21:00	13:27:54	16:00:14		18:16:51	22:03:07	24:10:15	25:52:26	28:57:26.70	28:57:41.75	+12:20:41 (42.6%)	11:34	5.2 (57.8%)
106	SANNER Marcin	205	WTEIWETWE	Open M	106	02:39:08	05:00:50	06:58:59	10:00:18	13:07:26	15:37:37		18:06:29	22:05:51	24:10:29	25:46:05	28:59:17.05	28:59:21.55	+12:22:21 (42.7%)	11:35	5.2 (57.8%)
107	DEJA Dariusz	50		Open M	107	02:51:56	05:21:09	07:31:26	10:41:05	13:49:51	16:16:34		18:38:40	22:33:30	24:28:36	26:06:39	29:03:24.25	29:03:33.75	+12:26:33 (42.8%)	11:37	5.2 (57.8%)
108	ROLLA Dorian	201		Open M	108	02:49:41	05:14:46	07:21:34	10:24:21	13:48:19	16:04:57		18:34:30	22:20:23	24:22:41	26:03:36	29:12:33.80	29:12:43.75	+12:35:43 (43.1%)	11:41	5.1 (56.7%)
109	KOŁODZIEJ Mariusz	108	FUNTRI	Open M	109	02:49:12	05:26:52	07:41:25	10:45:58		16:17:13		18:32:28	22:33:15	24:46:14	26:26:27	29:18:50.55	29:19:07.60	+12:42:07 (43.3%)	11:43	5.1 (56.7%)
110	KOWALCZYK Grzegorz	119	ŻYCIE JAK MUZYKA	Open M	110	02:44:53	05:08:07	07:14:01	10:18:26	13:32:03	15:54:02		18:19:46	22:33:40	25:11:09	26:58:11	29:42:31.65	29:42:58.60	+13:05:58 (44.1%)	11:53	5 (55.6%)
111	BALCERZAK Mariusz	18	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	Open M	111	02:53:53	05:27:27	07:34:38	10:41:03	13:46:15	16:07:30		18:23:33	22:12:33	24:22:15	26:08:37	29:43:35.50	29:43:55.40	+13:06:55 (44.1%)	11:53	5 (55.6%)
111	MROWIEC Michał	156		Open M	111	02:42:03	05:03:34	06:58:47	09:53:59	13:03:31	15:45:00		18:16:46	22:12:32	24:22:22	26:08:35	29:43:31.50	29:43:55.40	+13:06:55 (44.1%)	11:53	5 (55.6%)
113	KROK Jacek	124	ULTRASYS!	Open M	113	02:53:22	05:45:04	08:02:10	11:40:34	15:08:39	17:40:27	18:25:26	19:57:32	23:47:55	25:43:19	27:04:28	29:46:32.45	29:46:40.60	+13:09:40 (44.2%)	11:54	5 (55.6%)
114	MAMLA Zbigniew	142	BIEGIEM NA KAWĘ	Open M	114	02:30:06	05:00:57	07:08:15	10:17:04	13:33:41	16:07:20		18:29:10	22:31:25	24:42:31	26:28:28	29:52:30.75	29:52:37.80	+13:15:37 (44.4%)	11:57	5 (55.6%)
115	STRĄŚ Jarosław	218		Open M	115	02:36:02	04:52:13	06:48:53	10:07:18	13:30:21	16:17:22		18:44:26	22:58:22	25:11:17	26:58:32	29:53:58.30	29:54:12.85	+13:17:12 (44.4%)	11:57	5 (55.6%)
116	MAJDA Maciej	139	NA ŚWIEŻOŚCI	Open M	116	02:53:20	05:39:17	07:54:14	11:09:54	14:27:19	16:50:55		19:21:41	23:41:49	25:50:55	27:15:48	30:19:21.70	30:19:27.50	+13:42:27 (45.2%)	12:07	4.9 (54.4%)
117	ZABOROWSKI Robert	267	MARATOŃCZYK DĘBICA	Open M	117	02:56:32	05:39:16	07:54:15	11:10:01	14:30:48	16:50:28		19:21:41	23:42:03	25:51:02	27:15:45	30:19:15.45	30:19:28.10	+13:42:27 (45.2%)	12:07	4.9 (54.4%)
118	KOSTERA Tomasz	115	VEGE RUNNERS	Open M	118	02:43:13	05:07:48	07:15:02	10:13:00	13:24:00	15:40:11		18:04:26	22:15:09	25:16:20	27:04:34	30:28:23.90	30:28:40.25	+13:51:40 (45.5%)	12:11	4.9 (54.4%)
119	PUCHACZ Piotr	196		Open M	119	02:31:44	04:53:09	06:47:29	09:38:30		15:04:43		17:04:42	20:41:48	25:16:26	27:03:48	30:28:37.85	30:28:44.60	+13:51:44 (45.5%)	12:11	4.9 (54.4%)
120	NOSKI Mariusz	159		Open M	120	02:30:37	04:58:36	06:59:23	09:50:28	13:07:15	15:35:20	16:21:44	18:04:36	22:30:18	24:55:02	26:44:00	30:29:18.90	30:29:24.10	+13:52:23 (45.5%)	12:11	4.9 (54.4%)
121	KRZYWDA Rafał	127	NIEPOŁOMICE BIEGAJĄ	Open M	121	02:43:20	05:18:49	07:27:46	10:36:36	13:35:46	15:43:58		17:48:54	21:37:37	24:26:13	26:36:26	30:30:09.55	30:30:33.30	+13:53:33 (45.5%)	12:12	4.9 (54.4%)
122	KUŚMIERCZYK Piotr	131	ROZBIEGAJMY RADOMSKO	Open M	122	02:43:33	05:08:36	07:08:18	10:13:49	13:41:05	16:43:36		19:38:24	23:22:49	25:22:27	27:15:39	30:31:22.40	30:31:51.80	+13:54:51 (45.6%)	12:12	4.9 (54.4%)
123	FIJAŁKOWSKI Wojciech	59	MONAR GRACZE	Open M	123	02:55:25	05:43:09	07:58:55	11:05:45	14:16:28	16:48:05		20:09:29	23:56:29	25:46:04	27:18:10	30:31:35.70	30:31:51.90	+13:54:51 (45.6%)	12:12	4.9 (54.4%)
124	ŻAK Robert	270	TYGRIS I BIEDRONKA	Open M	124		06:29:06	08:59:15	12:38:57	16:31:47	19:04:28		21:52:10	25:16:49	26:47:37	27:52:31	29:37:26.25	30:37:37.25	+14:00:37 (45.7%)	11:50	5.1 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki	Zdynia	Bartne	Przełęcz	Chyrowa	Nowa	Cergowa	Iwonicz-	Puławy	Wilcze	Przybyszów	Czas	Czas	Różn	Tempo	Tempo
						19.6km	34km	47.3km	Hałbowska		Wieś		102.3km	121km	130km	136.5km	netto	brutto			
125	ULATOWSKI Andrzej	243	RUNBEARDRUN	Open M	125	02:53:54	05:26:45	07:31:58	10:39:17	14:08:46	16:53:01		19:08:41	23:02:18	25:18:00	27:16:42	30:39:00.20	30:39:11.45	+14:02:11 (45.8%)	12:15	4.9 (54.4%)
126	PANKIEWICZ Ireneusz	171	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Open M	126	02:50:42	05:31:17	07:38:28	10:54:18	14:14:58	17:01:48		19:15:25	23:34:26	25:46:03	27:16:14	30:39:35.85	30:39:57.40	+14:02:57 (45.8%)	12:15	4.9 (54.4%)
126	NOWAK Dawid	160	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	Open M	126	02:51:06	05:31:36	07:38:34	10:59:28	14:17:55	17:01:50		19:15:25	23:28:14	25:46:08	27:29:56	30:39:35.05	30:39:57.40	+14:02:57 (45.8%)	12:15	4.9 (54.4%)
128	FRĄCZEK Maciej	64	LIPIEC RUNNING TEAM	Open M	128	02:36:03	05:04:16	07:10:28	10:02:00	12:59:18	15:26:08		17:38:07	21:40:31	26:19:36	28:00:09	30:51:31.20	30:51:41.00	+14:14:40 (46.2%)	12:20	4.9 (54.4%)
129	KRÓLIKOWSKI Wojciech	125	KB TKKF PROMYK CIECHANÓW	Open M	129	02:58:53	05:47:15	08:00:45	11:23:19		16:59:05		19:29:28	23:54:50	25:54:24	27:46:56	30:57:21.05	30:57:35.25	+14:20:35 (46.3%)	12:22	4.8 (53.3%)
130	STANIO Arkadiusz	211	ASSECO ACTIVE TEAM / BIEGAM W RZESZOWIE	Open M	130	02:47:59	04:58:53	07:00:22	10:00:49	13:18:45	16:02:39		18:32:29	22:42:23	25:22:35	27:17:17	31:00:45.05	31:01:02.20	+14:24:01 (46.4%)	12:24	4.8 (53.3%)
131	FILIPEK Przemysław	61	KB MCKIS JAWORZNO	Open M	131	02:55:19	05:47:51	07:55:06	11:11:26		17:20:40		19:43:51	23:47:39	25:54:05	27:34:59	31:02:50.90	31:03:17.70	+14:26:17 (46.5%)	12:25	4.8 (53.3%)
132	ROGOCZ Maciej	200	ROGASIE Z DOLINY ROZTOKI	Open M	132	03:02:35	05:50:31	08:02:59	11:22:53	14:50:35	17:25:25		19:51:13	24:31:10	26:39:15	28:28:26	31:18:31.80	31:19:06.85	+14:42:06 (46.9%)	12:31	4.8 (53.3%)
133	SZYSZŁOWSKI Waldemar	230	PATOBIEGACZE	Open M	133	02:48:25	05:53:12	08:14:16	12:00:55	14:55:08	17:29:47		19:57:33	24:00:16	26:42:56	28:22:19	31:32:36.85	31:32:43.60	+14:55:43 (47.3%)	12:37	4.8 (53.3%)
134	DZISZKIEWICZ Grzegorz	56		Open M	134	03:26:28	06:17:13	08:38:40	11:56:06	15:13:41	17:52:26		20:12:45	24:30:58	26:38:54	28:28:27	31:36:01.60	31:36:28.85	+14:59:28 (47.4%)	12:38	4.7 (52.2%)
135	NAMIOTA Maciej	157		Open M	135	03:10:56	06:00:25	08:12:40	11:23:52	14:56:41	17:32:04		19:52:44	24:34:09	27:07:30	28:47:46	31:50:27.10	31:50:41.80	+15:13:41 (47.8%)	12:44	4.7 (52.2%)
136	KOZIEŁ Tadeusz	122	SZCZĘŚCIARZBIEGA	Open M	136	03:28:47	06:08:45	08:31:35	11:44:12	15:10:52	18:03:23		20:41:42	25:05:10	27:39:24	29:18:33	31:52:42.45	31:53:00.80	+15:16:00 (47.9%)	12:45	4.7 (52.2%)
137	WÓJTOWICZ Jacek	264	FRANCISZKANIE - KROSNO	Open M	137	03:03:31	06:00:07	08:22:57	11:50:12	15:19:50	18:03:12		20:43:06	25:17:52	27:25:09	29:00:06	31:57:41.55	31:57:59.60	+15:20:59 (48.0%)	12:47	4.7 (52.2%)
138	SUPEŁ Jacek	222	NIEZRZESZONY	Open M	138	02:51:44	05:50:36	08:07:06	11:30:53	14:53:43	17:38:05	18:24:59	20:11:49	24:30:56	26:39:15	28:30:43	32:03:57.55	32:04:23.30	+15:27:23 (48.2%)	12:49	4.7 (52.2%)
139	MERENA Marek	149	ZAWISZA LEGNICA	Open M	139	03:09:47	05:59:56	08:12:18		15:12:19	17:55:22		20:19:14	25:08:32	27:58:52		32:19:17.40	32:19:44.20	+15:42:43 (48.6%)	12:55	4.6 (51.1%)
140	URBAŃCZYK Darek	245		Open M	140	02:52:37	05:32:23	07:37:58	10:53:23	14:14:57	16:46:26		19:12:05	24:16:38	27:18:10	29:08:11	32:29:58.70	32:30:25.95	+15:53:25 (48.9%)	12:59	4.6 (51.1%)
141	KOZERA Waldemar	121	OMA	Open M	141	02:51:48	05:12:43	07:17:13	10:38:20		16:56:03		19:22:02	24:16:48	27:18:25	29:08:34	32:30:10.00	32:30:26.25	+15:53:26 (48.9%)	13:00	4.6 (51.1%)
142	NIZIOŁEK Marek	158	PEDRAFORCA	Open M	142	02:52:05	05:26:36	07:32:42	10:51:33	14:22:37	17:52:13		20:22:05	25:19:08	27:47:06	29:32:41	32:46:16.10	32:46:52.50	+16:09:52 (49.3%)	13:06	4.6 (51.1%)
143	JANUSZEWSKI Piotr	89	MKS ROBOTY DROGOWE	Open M	143	03:00:10	05:59:22	08:17:54	11:43:17	15:08:24	17:53:03		20:22:26	25:19:47	27:47:44	29:33:09	32:46:35.60	32:46:52.75	+16:09:52 (49.3%)	13:06	4.6 (51.1%)
144	WIEDERMANN Krzysztof	254	PEDRAFORCA	Open M	144	02:55:03	05:50:06	08:00:12	11:26:34	15:07:08	17:52:10		20:22:06	25:19:19	27:49:46	29:32:46	32:46:17.50	32:46:53.30	+16:09:53 (49.3%)	13:06	4.6 (51.1%)
145	ŁUKASZEK Artur	138		Open M	145	02:53:27	05:45:10	08:04:28	12:00:33	15:48:25	18:40:32				27:48:34	29:42:59	32:48:52.60	32:49:01.00	+16:12:00 (49.4%)	13:07	4.6 (51.1%)
146	JANIK Mariusz	86		Open M	146	02:54:27	05:42:46	08:04:39	11:38:31	15:15:11	18:12:16	19:03:09	20:47:09	25:24:36	27:58:23	29:54:36	32:51:38.55	32:51:52.95	+16:14:52 (49.4%)	13:08	4.6 (51.1%)
147	KITLAS Dariusz	278		Open M	147	03:03:55	06:26:44	09:04:21	12:27:40	15:55:09	18:26:20		20:55:46	25:38:24	28:24:06	30:10:26	32:54:37.15	32:55:00.10	+16:17:59 (49.5%)	13:09	4.6 (51.1%)
148	ZAJĄC Krystian	269	DRUŻYNA BARTKA	Open M	148	02:57:42	05:42:26	08:01:06	11:20:19	15:18:19	17:44:36		20:11:21	25:08:49	27:59:01	29:36:52	33:02:20.05	33:02:29.75	+16:25:29 (49.7%)	13:12	4.5 (50.0%)
149	OGRODNIK Tomasz	163		Open M	149	02:57:37	05:42:29	08:01:08	11:20:41	15:18:22	17:44:38		20:11:29	25:08:49	27:59:04	29:36:55	33:02:19.25	33:02:29.80	+16:25:29 (49.7%)	13:12	4.5 (50.0%)
150	DZIADOŃ Grzegorz	53	NIEPOŁOMICE BIEGAJĄ	Open M	150	02:48:54	05:15:45	07:46:15	10:45:26	14:02:29	16:51:13		19:21:43	24:05:37	27:20:52	29:34:26	33:28:22.85	33:28:41.55	+16:51:41 (50.4%)	13:23	4.5 (50.0%)
151	KRZYŻOSTANIAK Marcin	128	MARCIN ŚWIERC TEAM	Open M	151	02:59:24	05:57:09	08:21:00	12:03:29	15:47:31	18:53:29		21:33:01	25:42:01	28:22:08	30:07:11	33:37:57.90	33:38:18.30	+17:01:18 (50.6%)	13:27	4.5 (50.0%)
152	BIADASIEWICZ Andrzej	22	HTF LUDWIK SIKORSKI	Open M	152	02:58:22	05:26:13	07:32:20	10:39:06	13:57:00	16:35:07		18:53:19	25:17:34	28:44:48	30:24:45	33:38:57.45	33:39:28.40	+17:02:28 (50.6%)	13:27	4.5 (50.0%)
153	JESCHKA Jerry	90		Open M	153	03:03:56	06:09:16	08:31:55	12:08:24	16:04:23	18:50:51	19:47:01	21:34:15	26:40:32	28:44:53	30:25:03	33:39:12.20	33:39:28.45	+17:02:28 (50.6%)	13:27	4.5 (50.0%)
154	BOGACZYK Krzysztof	26		Open M	154	03:00:34	05:51:32	08:10:00	11:43:01	15:39:56	18:45:20		21:44:17	26:27:55	29:18:15	30:56:18	33:47:50.65	33:48:17.05	+17:11:16 (50.8%)	13:31	4.4 (48.9%)
155	STROIŃSKI Wojciech	220	LESZ NO LIMITS RUNNERS	Open M	155	02:48:44	05:29:01	07:33:11	11:10:34	14:54:50	17:29:11		20:10:44	25:09:44	28:03:49	30:14:39	33:55:27.45	33:55:44.50	+17:18:44 (51.0%)	13:34	4.4 (48.9%)
156	BAŁAGA Marcin	19	KTO DOGONI PSA?	Open M	156	03:00:54	04:58:23	08:18:17	12:09:24	16:00:32	18:55:01		21:59:39	26:46:28	29:24:44	31:00:34	34:13:04.40	34:13:19.30	+17:36:19 (51.4%)	13:41	4.4 (48.9%)
157	HAŁAS Marcin	78	NORDUM	Open M	157	03:29:35	06:38:54	09:02:07	12:55:52	16:49:47	19:34:44		22:19:15	26:46:08	29:19:04	31:00:51	34:12:45.85	34:13:19.50	+17:36:19 (51.4%)	13:41	4.4 (48.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki 19.6km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Nowa Wieś 90.6km	Cergowa 93.2km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
158	PLUTA Sebastian	184		Open M	158	03:06:49	06:11:33	08:21:50	11:44:48	15:21:51	18:55:35		21:38:52	27:18:43	29:59:49	31:32:15	34:18:53.50	34:19:04.25	+17:42:04 (51.6%)	13:43	4.4 (48.9%)
159	BOROWIEC Mariusz	28	RUN RUN OLESZYCE	Open M	159	03:05:40	06:07:42	08:21:45	11:39:18	14:52:28	18:55:28		21:38:48	27:18:39	30:00:18	31:32:16	34:19:09.95	34:19:23.00	+17:42:22 (51.6%)	13:43	4.4 (48.9%)
160	ORŁOWSKI Jakub	165	ULTRA KSP	Open M	160	03:12:26	06:26:38	09:07:42	13:19:00	17:15:45	21:08:07		24:03:01	28:38:24	30:57:04	32:10:13	34:55:30.80	34:55:52.00	+18:18:51 (52.4%)	13:58	4.3 (47.8%)
	ANZEL Dawid	15	KURZĘTNIK BIEGA	Open M		02:54:13 DNF	05:23:29 DNF	07:28:20 DNF	10:21:55 DNF	13:24:27 DNF	15:31:51 DNF	DNF	17:50:19 DNF	21:15:35 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TYBUREK Michał	239	STAY INSANE	Open M		02:02:07 DNF	03:45:10 DNF	05:13:28 DNF	07:25:35 DNF	09:41:57 DNF	11:04:50 DNF	DNF	12:52:43 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KARAMON Marcin	97	BOX 88	Open M		02:16:22 DNF	04:17:38 DNF	06:06:52 DNF	08:34:07 DNF	11:07:42 DNF	13:18:10 DNF	DNF	15:27:12 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SZOSTEK Filip	228		Open M		02:23:12 DNF	04:25:15 DNF	06:17:03 DNF	08:55:30 DNF	11:39:02 DNF	13:39:27 DNF	DNF	15:47:17 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TYLEK Rafał	240		Open M		02:39:03 DNF	04:43:41 DNF	06:29:48 DNF	09:20:05 DNF	11:49:07 DNF	14:07:45 DNF	DNF	15:59:03 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GASIK Leszek	70	SŁOŃCA JURY	Open M		02:22:37 DNF	04:42:38 DNF	06:36:59 DNF	09:18:33 DNF	12:11:54 DNF	14:21:31 DNF	DNF	16:48:30 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	TRZASKA Marcin	237	WATAHA	Open M		02:54:44 DNF	05:20:30 DNF	07:24:36 DNF	10:11:46 DNF	13:03:07 DNF	14:56:47 DNF	DNF	17:00:33 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOWALCZYK Marek	117	KB TKKF PROMYK CIECHANÓW	Open M		02:29:55 DNF	04:49:25 DNF	06:51:31 DNF	09:42:46 DNF	12:42:44 DNF	15:05:47 DNF	DNF	17:25:52 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BUDZICH Wojciech	32	KB TKKF PROMYK CIECHANÓW	Open M		02:29:56 DNF	04:49:29 DNF	06:51:35 DNF	09:42:50 DNF	12:43:02 DNF	15:05:52 DNF	DNF	17:25:55 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	FRYBEL Damian	65	WOLSZTYŃSKA AKADEMIA BIEGOWA	Open M		02:38:06 DNF	04:53:50 DNF	06:51:50 DNF	09:40:08 DNF	12:45:12 DNF	15:13:13 DNF	DNF	17:43:21 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	CZAK Tomasz	47	MULTIFIT	Open M		02:44:38 DNF	05:13:01 DNF	07:10:31 DNF	10:08:07 DNF	13:18:31 DNF	15:46:47 DNF	DNF	18:20:21 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PŁAWECKI Leszek	185	PSZCZYNA BIEGA	Open M		02:53:26 DNF	05:24:21 DNF	07:30:28 DNF	10:42:53 DNF	13:59:09 DNF	16:14:18 DNF	DNF	18:38:33 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MAŁYSZA Sławomir	141		Open M		02:59:52 DNF	05:33:44 DNF	07:39:40 DNF	10:42:01 DNF	13:54:04 DNF	16:45:46 DNF	DNF	18:41:51 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BOGACZ Dariusz Piotr	25	KLUB WYSOKOGÓRSKI WARSZAWA	Open M		02:44:36 DNF	05:33:59 DNF	07:56:17 DNF	11:13:35 DNF	14:42:11 DNF	16:59:19 DNF	DNF	19:32:09 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MIELCZAREK Daniel	152		Open M		02:43:37 DNF	05:08:38 DNF	07:08:27 DNF	10:13:47 DNF	13:41:12 DNF	16:42:49 DNF	DNF	19:38:26 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZAJĄC Józek	268	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	Open M		03:08:34 DNF	05:58:58 DNF	08:24:24 DNF	11:50:17 DNF	15:28:29 DNF	18:24:31 DNF	DNF	21:09:35 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	HOJCZYK Karol	79	EXPLORADOR I WOLNE ŚLIMAKI	Open M		03:04:21 DNF	05:50:48 DNF	07:57:15 DNF	11:32:58 DNF	15:27:50 DNF	18:25:14 DNF	DNF	21:44:18 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MICHALSKI Mateusz	151		Open M		03:14:44 DNF	06:01:29 DNF	08:16:35 DNF	11:42:58 DNF	15:39:12 DNF	18:40:57 DNF	DNF	22:05:38 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SZCZEPAŃSKI Paweł	225	BIEGAM NA TARCHOMINIE	Open M		03:02:27 DNF	05:50:38 DNF	08:05:12 DNF	11:58:43 DNF	15:57:31 DNF	18:56:15 DNF	DNF	22:08:53 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	STOLARZ Grzegorz	216	NIEPOŁOMICE BIEGAJĄ	Open M		03:16:53 DNF	06:16:18 DNF	08:38:11 DNF	12:21:37 DNF	16:04:05 DNF	18:50:52 DNF	DNF	22:19:25 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BARTOLIK Piotr	20		Open M		03:09:59 DNF	06:06:09 DNF	08:40:03 DNF	12:18:54 DNF	15:52:36 DNF	19:48:20 DNF	DNF	22:59:17 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	OBIDOWSKI Łukasz	162		Open M		03:03:05 DNF	06:00:43 DNF	09:00:26 DNF	12:32:20 DNF	16:24:12 DNF	19:49:02 DNF	DNF	22:59:56 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WASZKOWSKI Jakub	251	AVANTURA.COM.PL	Open M		02:38:58 DNF	05:06:24 DNF	07:09:00 DNF	10:15:11 DNF	13:26:26 DNF	15:40:10 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	HRABEC Michał	80	COLUMBIA MONTRAIL / RUNNING2.CZ	Open M		02:28:01 DNF	04:35:12 DNF	06:42:54 DNF	09:54:58 DNF	13:21:15 DNF	16:04:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	JĘDRZEJCZAK Wojciech	91		Open M		03:00:17 DNF	05:41:03 DNF	07:46:14 DNF	10:48:32 DNF	14:09:51 DNF	17:09:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	POSTAWA Radosław	191		Open M		03:12:29 DNF	06:09:52 DNF	08:43:16 DNF	12:45:39 DNF	16:45:37 DNF	20:04:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KOŁODZIEJSKI Ariel	109		Open M		03:00:26 DNF	05:41:10 DNF	07:46:21 DNF	10:48:29 DNF	14:09:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SUCHAN Andrzej	221	ENDORFINY WADOWICE	Open M		03:01:40 DNF	05:48:04 DNF	08:00:06 DNF	11:04:21 DNF	14:14:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	CYGAN Łukasz	44	KLUB SPORTOWY HAJIME / AMBITNY AMATOR	Open M		03:01:36 DNF	05:46:42 DNF	07:57:02 DNF	11:11:46 DNF	14:51:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WOJEWODA Michał	260	KAZIKI	Open M		03:00:24 DNF	05:34:24 DNF	07:41:26 DNF	11:11:56 DNF	15:11:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Ropki 19.6km	Zdynia 34km	Bartne 47.3km	Przełęcz Hałbowska 64.2km	Chyrowa 80.4km	Nowa Wieś 90.6km	Cergowa 93.2km	Iwonicz- Zdrój 102.3km	Puławy Górne 121km	Wilcze Budy 130km	Przybyszów 136.5km	Czas netto 150km	Czas brutto 150km	Różn	Tempo min/km	Tempo km/h
	CZAJKOWSKI Paweł	45	WIKI&MAKS	Open	M	02:44:04 DNF	05:32:10 DNF	07:52:08 DNF	11:35:53 DNF	15:22:38 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	STASZEWSKI Piotr	212		Open	M	03:01:57 DNF	05:59:00 DNF	08:22:00 DNF	11:56:50 DNF	15:47:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SZYSZKOWSKI Rafał	229		Open	M	03:06:17 DNF	05:59:27 DNF	08:22:01 DNF	12:03:20 DNF	15:47:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KARWACKI Lukasz	100	PIĘKNI MŁODZIENCY	Open	M	03:08:25 DNF	06:02:20 DNF	08:25:33 DNF	12:03:25 DNF	15:55:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KADECKI Marek	92		Open	M	03:20:26 DNF	06:39:19 DNF	09:11:01 DNF	12:51:28 DNF	16:56:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PIEKAROWICZ Piotr	180		Open	M	03:21:26 DNF	06:45:08 DNF	09:14:43 DNF	13:10:00 DNF	17:34:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	OBARSKI Norbert	161		Open	M	03:37:53 DNF	07:01:47 DNF	09:53:12 DNF	14:04:00 DNF	17:56:20 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KAWAŁKO Ryszard	102	WOLNY RYŚ 8 *	Open	M	03:34:34 DNF	07:22:25 DNF	10:04:16 DNF	14:12:38 DNF	18:05:51 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KANIA Piotr	95		Open	M	02:17:02 DNF	04:20:46 DNF	06:15:12 DNF	09:15:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	TOMALSKI Marcin	235		Open	M	02:29:04 DNF	04:45:15 DNF	06:44:37 DNF	09:38:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ŁUCJANEK Andrzej	136	KAJA TEAM	Open	M	02:26:22 DNF	04:29:42 DNF	06:23:07 DNF	09:50:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SEGIN Marcin	207	SPRINT ZALEWO	Open	M	02:54:17 DNF	05:23:32 DNF	07:28:30 DNF	10:27:25 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KORCZYŃSKI Daniel	113	CTS	Open	M	02:52:20 DNF	05:29:32 DNF	07:48:00 DNF	11:17:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ŻURAWSKI Arkadiusz	277		Open	M	02:59:02 DNF	05:47:19 DNF	08:00:49 DNF	11:29:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOŁACZ Piotr	107		Open	M	03:49:01 DNF	07:21:14 DNF	10:29:47 DNF	15:01:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JAKUBIAK Alexander Jakubiak	83		Open	M	02:28:14 DNF	04:57:36 DNF	07:36:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PLEŚNIAK Jarosław	182		Open	M	03:06:16 DNF	06:05:54 DNF	08:21:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BUTRYN Wojciech	34		Open	M	03:12:56 DNF	06:17:30 DNF	08:50:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GOŚCIŃSKI Sławomir	73	WWW.ICE4MED.PL	Open	M	02:33:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 209 wynik(ów)