



ŁEMKOWYNA ULTRA-TRAIL® 70

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Łemkowna Ultra-Trail
Fundacja Ultra
2022-10-22
Komańcza
71.6 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- Zdrój 22.2km | Puławy Górne 41km | Przybyszów 57.8km | Czas netto 71.6km | Czas brutto 71.6km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|--------------------------------|-----------|------|--------------------------|-----------------------------|-------------------------|----------------------|-------------------------|--------------------------|----------------------|-----------------|-----------------|
| 1 | SKUPIEŃ Tomasz | 1199 | | Open M | 1 | | 02:01:20 | 03:37:53 | 05:01:23 | 06:15:24.70 | 06:15:25.60 | | 5:14 | 11.4 (100%) |
| 2 | MORAWSKI Przemysław | 1147 | | Open M | 2 | | 02:03:30 | 03:51:30 | 05:27:05 | 06:47:03.35 | 06:47:06.35 | +00:31:40 (7.8%) | 5:41 | 10.6 (93.0%) |
| 3 | BARAN Piotr | 1009 | TRAIL IS OUR WAY | Open M | 3 | | 02:05:01 | 03:55:25 | 05:29:46 | 06:49:41.00 | 06:49:42.40 | +00:34:16 (8.4%) | 5:43 | 10.5 (92.1%) |
| 4 | MAZUR Sebastian | 1145 | MAZURTEAM | Open M | 4 | | 02:10:17 | 04:06:44 | 05:47:51 | 07:13:21.35 | 07:13:25.30 | +00:57:59 (13.4%) | 6:03 | 9.9 (86.8%) |
| 5 | STANKIEWICZ Tomasz | 1204 | PLANYBIEGOWE.PL | Open M | 5 | | | 04:04:20 | 05:49:17 | 07:20:24.10 | 07:20:26.30 | +01:05:00 (14.8%) | 6:09 | 9.8 (86.0%) |
| 6 | MARTA Lipnicka | 1143 | ULTRAKOTLINA TEAM | Open K | 1 | | 02:14:32 | 04:10:16 | 05:51:57 | 07:21:03.50 | 07:21:05.70 | +01:05:40 (14.9%) | 6:09 | 9.7 (85.1%) |
| 7 | FILIPEK Paweł | 1034 | BIEGUSIEM.PL | Open M | 6 | | 02:13:06 | 04:09:53 | 05:54:13 | 07:25:15.20 | 07:25:18.65 | +01:09:53 (15.7%) | 6:13 | 9.6 (84.2%) |
| 8 | WALKOSZ Mateusz | 1241 | #SOBASTEAM | Open M | 7 | | 02:14:48 | 04:14:21 | 05:58:33 | 07:31:19.45 | 07:31:21.35 | +01:15:55 (16.8%) | 6:18 | 9.5 (83.3%) |
| 9 | MALEC Artur | 1138 | | Open M | 8 | | 02:14:50 | 04:18:04 | 06:07:57 | 07:39:37.50 | 07:39:39.85 | +01:24:14 (18.3%) | 6:25 | 9.3 (81.6%) |
| 10 | RACZYC Janusz | 1181 | HIT THE TRAIL | Open M | 9 | | 02:21:37 | 04:23:19 | 06:09:05 | 07:41:17.25 | 07:41:20.75 | +01:25:55 (18.6%) | 6:26 | 9.3 (81.6%) |
| 11 | ŁACHACZ Karol | 1125 | GÓRAL Z MAZUR RUNNING TEAM | Open M | 10 | | 02:14:23 | 04:16:16 | 06:07:46 | 07:42:56.00 | 07:42:57.70 | +01:27:32 (18.9%) | 6:27 | 9.3 (81.6%) |
| 12 | WILK Antoni | 1252 | | Open M | 11 | | 02:23:26 | 04:25:55 | 06:17:34 | 07:43:57.40 | 07:44:04.35 | +01:28:38 (19.1%) | 6:28 | 9.3 (81.6%) |
| 13 | PŁONKA Rafał | 1171 | GÓRAL Z MAZUR RUNNING TEAM | Open M | 12 | | 02:12:11 | 04:14:34 | 06:14:43 | 07:45:47.45 | 07:45:48.20 | +01:30:22 (19.4%) | 6:30 | 9.2 (80.7%) |
| 14 | MAKARSKI Krzysztof | 1137 | PRZEMYSKI KLUB BIEGACZA | Open M | 13 | | 02:24:52 | 04:26:57 | 06:16:51 | 07:50:12.05 | 07:50:25.60 | +01:35:00 (20.2%) | 6:34 | 9.1 (79.8%) |
| 15 | MALICKI Grzegorz | 1139 | ORANGE POLSKA | Open M | 14 | | 02:13:37 | 04:20:42 | 06:15:36 | 07:51:38.85 | 07:51:40.35 | +01:36:14 (20.4%) | 6:35 | 9.1 (79.8%) |
| 16 | SUSKI Marcin | 1208 | LEPIEJ BIEGAĆ | Open M | 15 | | 02:24:55 | 04:28:09 | 06:19:28 | 07:54:36.70 | 07:54:51.75 | +01:39:26 (20.9%) | 6:37 | 9.1 (79.8%) |
| 17 | MROZOWSKI Dariusz | 1149 | ULTRAWAY TEAM / PROJEKT 1000UP | Open M | 16 | | 02:29:17 | 04:38:14 | 06:32:12 | 07:54:45.15 | 07:55:08.15 | +01:39:42 (21.0%) | 6:37 | 9 (78.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- | Puławy | Przybyszów 57.8km | Czas | | Tempo min/km | Tempo km/h | |
|-----|---------------------------------------|-------------|---|-----------|------|--------------------------|-----------------|---------------|----------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | Zdrój 22.2km | Górne 41km | | netto 71.6km | brutto 71.6km | | | Różn |
| 18 | ZIEBA Tomasz | 1263 | JACEKBIEGA RUNNING TEAM | Open M | 17 | | 02:26:25 | 04:31:48 | 06:21:36 | 07:55:17.20 | 07:55:20.65 | +01:39:55 (21.0%) | 6:38 | 9 (78.9%) |
| 19 | SALAMON Mateusz | 1196 | POWER TRAINING | Open M | 18 | | 02:17:16 | 04:14:49 | 06:07:10 | 07:56:44.70 | 07:56:47.60 | +01:41:22 (21.3%) | 6:39 | 9 (78.9%) |
| 20 | KOPPLINGER Grzegorz | 1090 | ASSECO ACTIVE TEAM | Open M | 19 | | 02:23:45 | 04:33:58 | 06:24:09 | 08:03:19.30 | 08:03:28.00 | +01:48:02 (22.3%) | 6:45 | 8.9 (78.1%) |
| 21 | SZKLARSKI Jacek | 1214 | | Open M | 20 | | 02:31:35 | 04:39:56 | 06:35:36 | 08:09:59.95 | 08:10:07.45 | +01:54:41 (23.4%) | 6:50 | 8.8 (77.2%) |
| 22 | KURUC Maria | 1116 | | Open K | 2 | | 02:27:49 | 04:40:02 | 06:35:39 | 08:10:33.80 | 08:10:52.25 | +01:55:26 (23.5%) | 6:51 | 8.8 (77.2%) |
| 23 | MARCINKOWSKA-CHOLEWA Katarzyna | 1140 | GÓRAL Z MAZUR RUNNING TEAM | Open K | 3 | | 02:33:32 | 04:43:42 | 06:35:59 | 08:11:12.45 | 08:11:14.85 | +01:55:49 (23.6%) | 6:51 | 8.7 (76.3%) |
| 24 | GARDZIEL Jerzy | 1040 | KONDYCJA PIASECZNO | Open M | 21 | | 02:22:35 | 04:29:52 | | 08:11:31.70 | 08:11:43.30 | +01:56:17 (23.7%) | 6:51 | 8.7 (76.3%) |
| 25 | SZCZUREK Dominik | 1211 | KIA WADOWSCY TEAM | Open M | 22 | | 02:19:16 | 04:26:27 | 06:33:05 | 08:12:59.40 | 08:13:02.25 | +01:57:36 (23.9%) | 6:53 | 8.7 (76.3%) |
| 26 | URACZ Łukasz | 1235 | BARTOSZ GORCZYCA TEAM | Open M | 23 | | 02:29:19 | 04:40:50 | 06:37:22 | 08:17:31.70 | 08:17:49.40 | +02:02:23 (24.6%) | 6:56 | 8.6 (75.4%) |
| 27 | KUKLA Maciej | 1111 | | Open M | 24 | | 02:24:44 | 04:36:33 | 06:37:59 | 08:20:38.60 | 08:20:43.45 | +02:05:17 (25.0%) | 6:59 | 8.6 (75.4%) |
| 28 | TOPOLSKI Marcin | 1230 | CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA | Open M | 25 | | 02:25:08 | 04:33:33 | 06:34:32 | 08:21:45.85 | 08:21:51.20 | +02:06:25 (25.2%) | 7:00 | 8.6 (75.4%) |
| 29 | GNIEWEK Justyna | 1048 | | Open K | 4 | | 02:33:40 | 04:45:50 | 06:42:07 | 08:22:41.35 | 08:22:56.85 | +02:07:31 (25.4%) | 7:01 | 8.5 (74.6%) |
| 30 | LEŚ Michał | 1120 | WOLSKI KOLEKTYW BIEGOWY | Open M | 26 | | 02:33:40 | 04:46:04 | 06:45:13 | 08:22:46.30 | 08:22:56.90 | +02:07:31 (25.4%) | 7:01 | 8.5 (74.6%) |
| 31 | MRUGAŁA Monika | 1151 | TRAIL IS OUR WAY / EUROVENT ATHLETICS | Open K | 5 | | 02:26:28 | 04:44:31 | 06:49:27 | 08:28:17.15 | 08:28:19.25 | +02:12:53 (26.1%) | 7:05 | 8.5 (74.6%) |
| 32 | KOŚCIAK Jan | 1094 | PGO PASZCZYNA | Open M | 27 | | 02:39:28 | 04:52:46 | 06:47:55 | 08:29:25.95 | 08:29:50.55 | +02:14:24 (26.4%) | 7:06 | 8.4 (73.7%) |
| 33 | BIERNAT Mateusz | 1014 | | Open M | 28 | | 02:34:00 | 04:46:00 | 06:43:06 | 08:29:54.10 | 08:30:09.85 | +02:14:44 (26.4%) | 7:07 | 8.4 (73.7%) |
| 34 | KOLASA Przemysław | 1084 | | Open M | 29 | | 02:26:54 | 04:40:08 | 06:48:25 | 08:31:23.55 | 08:31:28.65 | +02:16:03 (26.6%) | 7:08 | 8.4 (73.7%) |
| 35 | MRÓWKA Michał | 1150 | OBOZY GÓRSKIE | Open M | 30 | | 02:26:57 | 04:44:32 | 06:50:59 | 08:34:41.95 | 08:34:43.70 | +02:19:18 (27.1%) | 7:11 | 8.3 (72.8%) |
| 36 | TUREK Arletta | 1233 | | Open K | 6 | | 02:33:09 | 04:50:12 | 06:48:57 | 08:35:13.35 | 08:35:16.50 | +02:19:50 (27.1%) | 7:11 | 8.3 (72.8%) |
| 37 | KOWALSKA Katarzyna | 1097 | | Open K | 7 | | 02:33:44 | 04:54:16 | 06:52:42 | 08:35:50.85 | 08:35:57.10 | +02:20:31 (27.2%) | 7:12 | 8.3 (72.8%) |
| 38 | DĘBEK Łukasz | 1026 | BIEGUSIEM.PL | Open M | 31 | | 02:25:03 | 04:49:42 | 06:56:35 | 08:36:09.50 | 08:36:13.25 | +02:20:47 (27.3%) | 7:12 | 8.3 (72.8%) |
| 39 | JABŁOŃSKI Bartosz | 1059 | | Open M | 32 | | 02:44:10 | 04:59:14 | 06:59:22 | 08:36:49.00 | 08:36:59.45 | +02:21:33 (27.4%) | 7:13 | 8.3 (72.8%) |
| 40 | ZIĘBA Jakub | 1264 | | Open M | 33 | | 02:40:11 | 04:54:10 | 06:56:35 | 08:40:45.85 | 08:40:57.30 | +02:25:31 (27.9%) | 7:16 | 8.2 (71.9%) |
| 41 | KUŁAKOWSKA Monika | 1113 | | Open K | 8 | | 02:39:12 | 05:03:18 | 07:02:03 | 08:41:22.40 | 08:41:43.00 | +02:26:17 (28.0%) | 7:16 | 8.2 (71.9%) |
| 42 | URANT Szymon | 1236 | | Open M | 34 | | 02:28:25 | 04:54:49 | 07:01:41 | 08:42:06.45 | 08:42:16.80 | +02:26:51 (28.1%) | 7:17 | 8.2 (71.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- | Puławy | Przybyszów 57.8km | Czas | | Tempo min/km | Tempo km/h | |
|-----|------------------------------|-------------|---|-----------|------|--------------------------|-----------------|---------------|----------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | Zdrój 22.2km | Górne 41km | | netto 71.6km | brutto 71.6km | | | |
| 43 | ŻOŁDAK Magdalena | 1267 | #BIEGIEMWLAS | Open K | 9 | | 02:44:51 | 05:04:31 | 07:01:43 | 08:42:25.00 | 08:42:30.70 | +02:27:05 (28.1%) | 7:17 | 8.2 (71.9%) |
| 44 | POGODA Kamil | 1173 | ACCENTURE RUNNERS CLUB | Open M | 35 | | 02:36:22 | 04:52:29 | 06:58:58 | 08:42:20.75 | 08:42:35.35 | +02:27:09 (28.2%) | 7:17 | 8.2 (71.9%) |
| 45 | RATKA Adriana | 1186 | TRAIL IS OUR WAY | Open K | 10 | | 02:44:25 | 05:02:06 | 07:01:52 | 08:44:36.45 | 08:44:48.15 | +02:29:22 (28.5%) | 7:19 | 8.2 (71.9%) |
| 46 | WĘGŁOWSKI Maciej | 1248 | #BIEGIEMWLAS | Open M | 36 | | 02:33:49 | 05:02:28 | 07:04:42 | 08:47:05.20 | 08:47:11.15 | +02:31:45 (28.8%) | 7:21 | 8.2 (71.9%) |
| 47 | ROLA Tomasz | 1190 | COCOBONGOPINKTEAM | Open M | 37 | | 02:49:21 | 05:13:18 | 07:13:15 | 08:47:44.05 | 08:47:51.65 | +02:32:26 (28.9%) | 7:22 | 8.1 (71.1%) |
| 48 | PAŻUCHA Wojciech | 1162 | | Open M | 38 | | 02:32:55 | 04:54:51 | 06:59:57 | 08:48:47.40 | 08:48:57.25 | +02:33:31 (29.0%) | 7:23 | 8.1 (71.1%) |
| 49 | WOJCIECHOWSKI Dariusz | 1256 | KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM | Open M | 39 | | 02:32:55 | 04:54:52 | 07:02:26 | 08:48:47.95 | 08:48:57.70 | +02:33:32 (29.0%) | 7:23 | 8.1 (71.1%) |
| 50 | KRZEPKOWSKI Radosław | 1105 | ADIDAS RUNNERS WARSAW | Open M | 40 | | 02:32:39 | 04:56:17 | 07:01:40 | 08:49:29.65 | 08:49:35.25 | +02:34:09 (29.1%) | 7:23 | 8.1 (71.1%) |
| 51 | KUDREJ Grzegorz | 1110 | MOCNA GRUPA CEZARA | Open M | 41 | | 02:43:40 | 05:10:14 | | 08:49:20.00 | 08:49:37.50 | +02:34:11 (29.1%) | 7:23 | 8.1 (71.1%) |
| 52 | FILIPIUK Tomasz | 1035 | POWIAT ŚWIDNICKI | Open M | 42 | | 02:32:59 | 04:49:02 | 07:01:54 | 08:52:27.80 | 08:52:39.95 | +02:37:14 (29.5%) | 7:26 | 8.1 (71.1%) |
| 53 | JUCHA Jacek | 1071 | CARBO ASECURA/CA AKTYWNI | Open M | 43 | | 02:29:02 | | 07:01:32 | 08:52:46.40 | 08:52:52.05 | +02:37:26 (29.5%) | 7:26 | 8.1 (71.1%) |
| 54 | BANAŚ Krzysztof | 1006 | | Open M | 44 | | 02:40:47 | 05:06:06 | 07:13:01 | 08:55:04.70 | 08:55:09.80 | +02:39:44 (29.8%) | 7:28 | 8 (70.2%) |
| 55 | KAWIK-BARTOSIK Anna | 1076 | | Open K | 11 | | 02:37:56 | 04:58:23 | 07:04:52 | 08:56:34.65 | 08:56:34.65 | +02:41:09 (30.0%) | 7:29 | 8 (70.2%) |
| 56 | KONOPSKI Piotr | 1089 | | Open M | 45 | | 02:50:40 | 05:15:37 | 07:25:31 | 08:56:55.60 | 08:57:22.60 | +02:41:57 (30.1%) | 7:29 | 8 (70.2%) |
| 57 | RUSIN Krzysztof | 1195 | | Open M | 46 | | 02:26:50 | 04:47:46 | 06:56:45 | 08:57:14.95 | 08:57:22.80 | +02:41:57 (30.1%) | 7:30 | 8 (70.2%) |
| 58 | DUDEK Adam | 1028 | | Open M | 47 | | 02:30:58 | 04:55:15 | 07:07:08 | 08:57:43.85 | 08:57:46.50 | +02:42:20 (30.2%) | 7:30 | 8 (70.2%) |
| 59 | MAJKOWSKI Michał | 1135 | | Open M | 48 | | 02:30:14 | 04:48:26 | 07:02:34 | 08:58:31.85 | 08:58:38.40 | +02:43:12 (30.3%) | 7:31 | 8 (70.2%) |
| 60 | KULCZYK Ewa | 1112 | ULTRA WAY TEAM | Open K | 12 | | 02:48:29 | 05:19:52 | 07:25:21 | 08:58:36.65 | 08:58:49.45 | +02:43:23 (30.3%) | 7:31 | 8 (70.2%) |
| 61 | WARZECHA Bogusław | 1245 | PANKURA | Open M | 49 | | 02:39:28 | 05:08:02 | 07:25:16 | 09:00:58.35 | 09:01:03.20 | +02:45:37 (30.6%) | 7:33 | 7.9 (69.3%) |
| 62 | KOZAR Marcin | 1099 | | Open M | 50 | | 02:28:03 | 04:52:13 | | 09:01:49.25 | 09:01:53.65 | +02:46:28 (30.7%) | 7:34 | 7.9 (69.3%) |
| 63 | KEJNA Maciek | 1078 | | Open M | 51 | | 02:28:03 | 04:52:12 | | 09:01:49.30 | 09:01:53.70 | +02:46:28 (30.7%) | 7:34 | 7.9 (69.3%) |
| 64 | URBANIAK Łukasz | 1237 | | Open M | 52 | | 02:43:13 | 05:08:45 | 07:25:36 | 09:03:54.35 | 09:04:00.55 | +02:48:34 (31.0%) | 7:35 | 7.9 (69.3%) |
| 65 | KUCHARSKI Marcin | 1109 | | Open M | 53 | | 02:29:35 | 05:08:50 | 07:25:18 | 09:06:17.40 | 09:06:20.90 | +02:50:55 (31.3%) | 7:37 | 7.9 (69.3%) |
| 66 | WINCKIEWICZ Marek | 1253 | | Open M | 54 | | 02:33:50 | 05:01:50 | 07:25:09 | 09:08:55.35 | 09:09:03.85 | +02:53:38 (31.6%) | 7:39 | 7.8 (68.4%) |
| 67 | KONDAS Arkadiusz | 1088 | | Open M | 55 | | 02:41:02 | 05:11:35 | 07:27:21 | 09:08:51.05 | 09:09:08.00 | +02:53:42 (31.6%) | 7:39 | 7.8 (68.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- | Puławy | Przybyszów 57.8km | Czas | | Tempo min/km | Tempo km/h | |
|-----|-----------------------------|-------------|----------------------------------|-----------|------|--------------------------|-----------------|---------------|----------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | Zdrój 22.2km | Górne 41km | | netto 71.6km | brutto 71.6km | | | Różn |
| 68 | ROZPARA Karolina | 1192 | | Open K | 13 | | 02:46:09 | 05:15:15 | 07:28:21 | 09:09:20.15 | 09:09:28.50 | +02:54:02 (31.7%) | 7:40 | 7.8 (68.4%) |
| 69 | LESIAK Filip | 1119 | TRAIL IS OUR WAY / SKAWINA BIEGA | Open M | 56 | | 02:40:18 | 05:09:18 | 07:26:15 | 09:11:34.95 | 09:11:43.45 | +02:56:17 (32.0%) | 7:42 | 7.8 (68.4%) |
| 70 | NALBERT Jan | 1153 | | Open M | 57 | | 02:38:02 | 05:02:41 | 07:25:47 | 09:12:12.70 | 09:12:43.05 | +02:57:17 (32.1%) | 7:42 | 7.8 (68.4%) |
| 71 | GARBIEN Grzegorz | 1039 | | Open M | 58 | | 02:31:33 | 05:01:29 | 07:25:41 | 09:13:46.15 | 09:13:52.65 | +02:58:27 (32.2%) | 7:44 | 7.8 (68.4%) |
| 72 | BIAŁKA Rafał | 1012 | G.O.A.T. TEAM MICHAŁOWICE | Open M | 59 | | 02:41:29 | 05:05:48 | 07:25:38 | 09:13:46.10 | 09:13:52.80 | +02:58:27 (32.2%) | 7:44 | 7.8 (68.4%) |
| 73 | KLIMKOWSKI Tomasz | 1081 | | Open M | 60 | | 02:33:25 | 05:08:05 | | 09:15:47.00 | 09:16:04.40 | +03:00:38 (32.5%) | 7:45 | 7.7 (67.5%) |
| 74 | PŁUDOWSKI Łukasz | 1172 | | Open M | 61 | | 02:39:08 | 05:05:44 | 07:27:21 | 09:15:51.45 | 09:16:16.95 | +03:00:51 (32.5%) | 7:45 | 7.7 (67.5%) |
| 75 | JAKUBOWSKI Zbyszek | 1063 | | Open M | 62 | | 02:41:25 | 05:14:25 | 07:30:10 | 09:17:07.65 | 09:17:16.90 | +03:01:51 (32.6%) | 7:46 | 7.7 (67.5%) |
| 76 | CIURYK Roman | 1024 | | Open M | 63 | | 02:38:12 | 05:16:21 | 07:30:15 | 09:17:57.55 | 09:18:13.10 | +03:02:47 (32.7%) | 7:47 | 7.7 (67.5%) |
| 77 | KUBICA Bartosz | 1108 | MG SPORT | Open M | 64 | | 02:32:00 | 05:11:27 | 07:28:19 | 09:18:23.05 | 09:18:30.55 | +03:03:04 (32.8%) | 7:47 | 7.7 (67.5%) |
| 78 | ŽAK Robert | 1262 | CZECH SKYRUNNING TEAM | Open M | 65 | | 02:44:13 | 05:19:25 | 07:30:10 | 09:18:40.95 | 09:18:44.75 | +03:03:19 (32.8%) | 7:48 | 7.7 (67.5%) |
| 79 | ROŻYK Magdalena | 1193 | BIEGAMYRAZEM.PL | Open K | 14 | | 02:59:15 | 05:33:45 | 07:38:33 | 09:20:19.95 | 09:20:45.10 | +03:05:19 (33.0%) | 7:49 | 7.7 (67.5%) |
| 80 | STRZESAK Patrycja | 1207 | | Open K | 15 | | 02:51:35 | 05:19:33 | 07:28:44 | 09:20:34.80 | 09:21:02.15 | +03:05:36 (33.1%) | 7:49 | 7.7 (67.5%) |
| 81 | BUJALSKI Szymon | 1017 | | Open M | 66 | | 02:36:41 | 05:09:39 | 07:30:03 | 09:24:57.95 | 09:25:04.15 | +03:09:38 (33.6%) | 7:53 | 7.6 (66.7%) |
| 82 | KROCZYŃSKI Sławomir | 1103 | BIEGOLAS KOSZALIN/KOŁOBRZEG | Open M | 67 | | 02:44:36 | 05:18:39 | 07:35:33 | 09:26:39.25 | 09:26:43.15 | +03:11:17 (33.8%) | 7:54 | 7.6 (66.7%) |
| 83 | JANKOWIAK Przemysław | 1064 | | Open M | 68 | | 02:39:34 | 05:14:25 | 07:31:57 | 09:26:26.70 | 09:26:49.70 | +03:11:24 (33.8%) | 7:54 | 7.6 (66.7%) |
| 84 | SMYKA Michał | 1200 | | Open M | 69 | | 02:42:30 | 05:13:30 | 07:30:13 | 09:26:43.70 | 09:26:53.55 | +03:11:27 (33.8%) | 7:54 | 7.6 (66.7%) |
| 85 | SZAFRANIEC Monika | 1210 | | Open K | 16 | | 02:52:20 | 05:18:51 | 07:33:13 | 09:26:54.75 | 09:27:12.85 | +03:11:47 (33.8%) | 7:55 | 7.6 (66.7%) |
| 86 | SZCZURKO Jarosław | 1212 | 42K PRO TEAM | Open M | 70 | | 02:42:33 | 05:15:15 | 07:31:14 | 09:27:30.40 | 09:27:34.90 | +03:12:09 (33.9%) | 7:55 | 7.6 (66.7%) |
| 87 | ŁABĘDZKI Mariusz | 1124 | | Open M | 71 | | 02:54:12 | 05:29:27 | 07:41:50 | 09:30:37.30 | 09:30:53.90 | +03:15:28 (34.2%) | 7:58 | 7.5 (65.8%) |
| 88 | PIOTROWSKI Mateusz | 1168 | | Open M | 72 | | 02:47:59 | 05:21:03 | 07:35:49 | 09:30:59.15 | 09:31:18.35 | +03:15:52 (34.3%) | 7:58 | 7.5 (65.8%) |
| 89 | JAKIMIEC Tadeusz | 1062 | KLUB SPORTOWY HUSARIA SZCZECINEK | Open M | 73 | | 02:39:50 | 05:15:55 | 07:35:41 | 09:31:28.35 | 09:31:31.00 | +03:16:05 (34.3%) | 7:58 | 7.5 (65.8%) |
| 90 | SZPAKOWSKA Dominika | 1215 | SEKTOR KOLEJOWY | Open K | 17 | | 02:44:46 | 05:18:46 | 07:36:23 | 09:32:38.40 | 09:32:45.95 | +03:17:20 (34.5%) | 7:59 | 7.5 (65.8%) |
| 91 | GIBALSKI Tomasz | 1045 | OBORYGENI | Open M | 74 | | 02:41:22 | 05:08:51 | | 09:33:54.80 | 09:34:12.10 | +03:18:46 (34.6%) | 8:00 | 7.5 (65.8%) |
| 92 | WALKOWSKI Tomasz | 1242 | WILD ULTRA WARRIORS | Open M | 75 | | 02:40:59 | 05:14:23 | 07:34:54 | 09:35:15.55 | 09:35:27.85 | +03:20:02 (34.8%) | 8:02 | 7.5 (65.8%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- | Puławy | Przybyszów 57.8km | Czas | | Tempo min/km | Tempo km/h | |
|-----|---------------------------|-------------|----------------------------------|-----------|------|--------------------------|-----------------|---------------|----------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | Zdrój 22.2km | Górne 41km | | netto 71.6km | brutto 71.6km | | | |
| 93 | HILLER Artur | 1054 | | Open M | 76 | | 02:34:23 | 05:14:47 | 07:36:19 | 09:36:44.45 | 09:36:49.20 | +03:21:23 (34.9%) | 8:03 | 7.4 (64.9%) |
| 94 | HŁASKO Anna | 1055 | | Open K | 18 | | 02:41:03 | 05:16:05 | 07:35:27 | 09:38:04.45 | 09:38:11.65 | +03:22:46 (35.1%) | 8:04 | 7.4 (64.9%) |
| 95 | MROCZEK Bartek | 1148 | WŁÓCZYKIJE | Open M | 77 | | 02:39:28 | 05:11:58 | 07:34:57 | 09:39:05.60 | 09:39:32.40 | +03:24:06 (35.2%) | 8:05 | 7.4 (64.9%) |
| 96 | ROGOWSKI Patryk | 1189 | LEKKO PODLANI | Open M | 78 | | 02:50:37 | 05:24:41 | 07:41:27 | 09:39:51.95 | 09:40:19.55 | +03:24:53 (35.3%) | 8:05 | 7.4 (64.9%) |
| 97 | HAJDUGA Łukasz | 1053 | WIECZORNE BIEGANIE W OPOLU | Open M | 79 | | 02:36:32 | 05:12:12 | 07:38:51 | 09:41:45.95 | 09:41:49.90 | +03:26:24 (35.5%) | 8:07 | 7.4 (64.9%) |
| 98 | KOŁEK Maciej | 1086 | ŚLĘZAK TEAM / LUX MED SPORT TEAM | Open M | 80 | | 02:48:16 | 05:28:46 | 07:55:50 | 09:43:29.40 | 09:43:39.85 | +03:28:14 (35.7%) | 8:08 | 7.4 (64.9%) |
| 99 | CIUBA Paweł | 1023 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ | Open M | 81 | | 02:59:30 | 05:41:27 | 07:55:18 | 09:44:00.90 | 09:44:14.00 | +03:28:48 (35.7%) | 8:09 | 7.4 (64.9%) |
| 100 | KOSOWICZ Krzysztof | 1093 | | Open M | 82 | | 02:38:22 | 05:15:21 | 07:39:04 | 09:45:23.95 | 09:45:32.60 | +03:30:07 (35.9%) | 8:10 | 7.3 (64.0%) |
| 101 | PŁAWECKI Leszek | 1269 | PSZCZYNA BIEGA | Open M | 83 | | 02:43:32 | 05:22:01 | 07:42:31 | 09:49:11.25 | 09:49:17.50 | +03:33:51 (36.3%) | 8:13 | 7.3 (64.0%) |
| 102 | NOWAK Natalia | 1155 | BIEGOWA KUŹNIA | Open K | 19 | | 03:02:38 | 05:41:48 | 07:53:09 | 09:49:49.20 | 09:50:02.30 | +03:34:36 (36.4%) | 8:14 | 7.3 (64.0%) |
| 103 | WILCZYŃSKI Marcin | 1251 | | Open M | 84 | | 02:41:05 | 05:20:12 | 07:43:06 | 09:51:08.75 | 09:51:22.30 | +03:35:56 (36.5%) | 8:15 | 7.3 (64.0%) |
| 104 | STOPA Agata | 1206 | SP NR 3 RZESZÓW | Open K | 20 | | 02:57:31 | 05:40:46 | 08:01:55 | 09:53:51.80 | 09:54:00.20 | +03:38:34 (36.8%) | 8:17 | 7.2 (63.2%) |
| 105 | BOKSA Bartłomiej | 1016 | KKM KALORYFER | Open M | 85 | | 02:48:21 | 05:31:07 | 07:59:01 | 09:54:53.75 | 09:55:05.50 | +03:39:39 (36.9%) | 8:18 | 7.2 (63.2%) |
| 106 | TOMCZYK Grzegorz | 1229 | PALARNIA KAWY GREGORIO | Open M | 86 | | 03:07:52 | 05:46:06 | 08:10:43 | 09:54:49.50 | 09:55:07.50 | +03:39:41 (36.9%) | 8:18 | 7.2 (63.2%) |
| 107 | JASICKI Krzysztof | 1066 | RUNHOGS TYCHY | Open M | 87 | | 03:02:39 | 05:44:06 | 08:01:54 | 09:55:24.80 | 09:55:37.70 | +03:40:12 (37.0%) | 8:18 | 7.2 (63.2%) |
| 108 | JÓZEFczyk Justyna | 1070 | #BIEGIEMWLAS | Open K | 21 | | 02:53:31 | 05:42:54 | 08:02:12 | 09:55:51.10 | 09:55:56.80 | +03:40:31 (37.0%) | 8:19 | 7.2 (63.2%) |
| 109 | KOŚCIAK Tomasz | 1095 | PGO PASZCZYNA | Open M | 88 | | 02:39:28 | 05:16:25 | 07:54:55 | 09:55:36.00 | 09:56:01.95 | +03:40:36 (37.0%) | 8:19 | 7.2 (63.2%) |
| 110 | WILCZYŃSKI Piotr | 1250 | | Open M | 89 | | 02:49:16 | 05:23:59 | 07:52:55 | 09:58:24.85 | 09:58:35.50 | +03:43:09 (37.3%) | 8:21 | 7.2 (63.2%) |
| 111 | JETMAROVÁ Petra | 1069 | SPORTRACES TEAM | Open K | 22 | | 02:52:44 | 05:33:27 | 07:55:22 | 09:58:49.35 | 09:58:55.75 | +03:43:30 (37.3%) | 8:21 | 7.2 (63.2%) |
| 112 | KUREK Dawid | 1115 | | Open M | 90 | | 02:29:29 | 05:19:06 | 07:48:20 | 09:59:19.25 | 09:59:26.15 | +03:44:00 (37.4%) | 8:22 | 7.2 (63.2%) |
| 113 | JANKOWSKI Jakub | 1065 | | Open M | 91 | | 02:46:04 | 05:41:58 | 08:01:33 | 10:02:38.70 | 10:02:51.60 | +03:47:26 (37.7%) | 8:25 | 7.1 (62.3%) |
| 114 | TOMASZEK Sebastian | 1227 | | Open M | 92 | | 02:48:04 | 05:31:16 | 07:57:12 | 10:05:26.20 | 10:05:37.40 | +03:50:11 (38.0%) | 8:27 | 7.1 (62.3%) |
| 115 | RAPACZ Andrzej | 1184 | | Open M | 93 | | 02:50:31 | 05:35:59 | 08:10:45 | 10:07:29.45 | 10:07:52.45 | +03:52:26 (38.2%) | 8:29 | 7.1 (62.3%) |
| 116 | RĄB Agnieszka | 1188 | KS OBAJ Z GLIWIC | Open K | 23 | | 02:53:27 | 05:38:22 | 08:10:54 | 10:07:42.80 | 10:07:53.75 | +03:52:28 (38.2%) | 8:29 | 7.1 (62.3%) |
| 117 | KUŚ Jakub | 1117 | | Open M | 94 | | 02:53:10 | 05:44:10 | 08:11:21 | 10:07:46.00 | 10:07:53.80 | +03:52:28 (38.2%) | 8:29 | 7.1 (62.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- Zdrój 22.2km | Puławy Górne 41km | Przybyszów 57.8km | Czas netto 71.6km | Czas brutto 71.6km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------|--|-----------|------|--------------------------|-----------------------------|-------------------------|----------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 118 | TUCKI Konrad | 1231 | | Open M | 95 | | 02:55:11 | 05:44:47 | 08:11:07 | 10:07:39.30 | 10:07:57.10 | +03:52:31 (38.2%) | 8:29 | 7.1 (62.3%) |
| 119 | GRZEGORCZYK Mateusz | 1052 | #7TRTP ZAKOCHAJ SIĘ W BIEGANIU | Open M | 96 | | 02:48:10 | 05:32:57 | 07:57:11 | 10:09:38.45 | 10:09:46.50 | +03:54:20 (38.4%) | 8:30 | 7 (61.4%) |
| 120 | WITKOWSKI Robert | 1255 | | Open M | 97 | | 03:03:00 | 05:50:04 | 08:21:38 | 10:14:30.80 | 10:14:43.40 | +03:59:17 (38.9%) | 8:34 | 7 (61.4%) |
| 121 | POLAK Krzysztof | 1174 | | Open M | 98 | | 02:48:22 | 05:24:52 | 08:01:31 | 10:15:56.60 | 10:16:16.00 | +04:00:50 (39.1%) | 8:36 | 7 (61.4%) |
| 122 | DYCZKA Robert | 1029 | | Open M | 99 | | 02:48:31 | 05:35:48 | 07:55:10 | 10:15:45.15 | 10:16:16.10 | +04:00:50 (39.1%) | 8:35 | 7 (61.4%) |
| 123 | KOCIOŁEK Michał | 1082 | STARE BABICE BIEGAJĄ / INFINITUS ATHLETICS | Open M | 100 | | 02:56:15 | 05:38:07 | 08:11:09 | 10:17:04.70 | 10:17:14.30 | +04:01:48 (39.2%) | 8:37 | 7 (61.4%) |
| 124 | PRĘGOWSKI Michał | 1177 | STARE BABICE BIEGAJĄ / VEGE RUNNERS | Open M | 101 | | 02:56:15 | 05:38:07 | 08:11:07 | 10:17:04.55 | 10:17:14.40 | +04:01:48 (39.2%) | 8:37 | 7 (61.4%) |
| 125 | BANIAK Eryk | 1007 | | Open M | 102 | | 02:39:56 | 05:37:28 | 08:22:01 | 10:17:35.95 | 10:17:41.20 | +04:02:15 (39.2%) | 8:37 | 7 (61.4%) |
| 126 | KUBICA Anna | 1107 | | Open K | 24 | | 03:07:24 | 05:53:17 | 08:22:33 | 10:17:49.70 | 10:18:06.90 | +04:02:41 (39.3%) | 8:37 | 7 (61.4%) |
| 127 | SZYMANKIEWICZ Kalina | 1223 | PROJEKT1000UP | Open K | 25 | | 03:06:01 | 05:55:12 | 08:21:34 | 10:18:12.00 | 10:18:36.10 | +04:03:10 (39.3%) | 8:38 | 6.9 (60.5%) |
| 128 | MARJAŃSKI Tomasz | 1141 | | Open M | 103 | | 03:04:54 | 05:49:57 | 08:21:19 | 10:19:01.85 | 10:19:25.55 | +04:03:59 (39.4%) | 8:38 | 6.9 (60.5%) |
| 129 | RĄB Łukasz | 1187 | | Open M | 104 | | 02:53:07 | 05:38:20 | 08:11:10 | 10:21:29.00 | 10:21:40.15 | +04:06:14 (39.6%) | 8:40 | 6.9 (60.5%) |
| 130 | CIOCZEK Konrad | 1022 | | Open M | 105 | | 03:03:13 | 05:47:41 | 08:21:39 | 10:21:29.85 | 10:21:54.40 | +04:06:28 (39.6%) | 8:40 | 6.9 (60.5%) |
| 131 | WALCZAK Anna | 1239 | | Open K | 26 | | 02:59:20 | 05:53:58 | 08:36:29 | 10:26:54.40 | 10:27:14.50 | +04:11:48 (40.1%) | 8:45 | 6.9 (60.5%) |
| 132 | STAJNIAK- STELIGA Izabela | 1203 | OBORYGENI | Open K | 27 | | 02:58:10 | 05:45:54 | 08:21:18 | 10:28:12.25 | 10:28:30.80 | +04:13:05 (40.3%) | 8:46 | 6.8 (59.6%) |
| 133 | MAKARENKOV Sergii | 1136 | DOGOŃ GRODZISK MAZOWIECKI | Open M | 106 | | 02:59:17 | 05:53:46 | 08:37:07 | 10:29:18.85 | 10:29:40.75 | +04:14:15 (40.4%) | 8:47 | 6.8 (59.6%) |
| 134 | KARDASZEWSKI Tomasz | 1074 | | Open M | 107 | | 02:50:10 | 05:35:50 | 08:11:07 | 10:30:10.20 | 10:30:17.15 | +04:14:51 (40.4%) | 8:48 | 6.8 (59.6%) |
| 135 | DZIERŻANOWSKI Łukasz | 1033 | | Open M | 108 | | 03:01:11 | 05:47:19 | 08:37:14 | 10:31:21.55 | 10:31:21.55 | +04:15:55 (40.5%) | 8:49 | 6.8 (59.6%) |
| 136 | KOPYDŁOWSKA- SŁAPA Anna | 1091 | PAWKO RUNNER TEAM | Open K | 28 | | 02:59:56 | 05:50:32 | 08:22:15 | 10:31:47.55 | 10:31:51.30 | +04:16:25 (40.6%) | 8:49 | 6.8 (59.6%) |
| 137 | BIERNACKI Krzysztof | 1013 | COTU | Open M | 109 | | 02:51:37 | 05:36:01 | 08:21:29 | 10:31:40.95 | 10:31:51.40 | +04:16:25 (40.6%) | 8:49 | 6.8 (59.6%) |
| 138 | JEMIOŁA Paulina | 1068 | POGÓRZE ULTRA TRAIL | Open K | 29 | | 03:04:51 | 05:53:01 | 08:22:03 | 10:33:18.15 | 10:33:30.45 | +04:18:04 (40.7%) | 8:50 | 6.8 (59.6%) |
| 139 | ADAMUS Albert | 1004 | ORZEŁ KAUKAZU | Open M | 110 | | 02:59:19 | 05:53:43 | 08:36:37 | 10:34:11.35 | 10:34:31.30 | +04:19:05 (40.8%) | 8:51 | 6.8 (59.6%) |
| 140 | KOŁODZIEJCZYK Maciej | 1087 | FIZJO-SPORT | Open M | 111 | | 02:50:00 | 05:42:18 | 08:21:42 | 10:34:51.10 | 10:35:03.70 | +04:19:38 (40.9%) | 8:51 | 6.8 (59.6%) |
| 141 | TOMASZEWSKA Ewa | 1228 | | Open K | 30 | | 03:02:06 | 05:50:15 | 08:37:17 | 10:36:01.00 | 10:36:05.40 | +04:20:39 (41.0%) | 8:52 | 6.8 (59.6%) |
| 142 | KELEMEN Zoltan | 1079 | | Open M | 112 | | | 05:53:23 | 08:43:02 | 10:38:36.00 | 10:38:36.00 | +04:23:10 (41.2%) | 8:55 | 6.7 (58.8%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- | Puławy | Przybyszów 57.8km | Czas | | Tempo min/km | Tempo km/h | |
|-----|----------------------------|-------------|----------------------------------|-----------|------|--------------------------|-----------------|---------------|----------------------|--------------------|--------------------|----------------------|---------------|----------------|
| | | | | | | | Zdrój 22.2km | Górne 41km | | netto 71.6km | brutto 71.6km | | | |
| 143 | ZIĘTEK Krzysztof | 1266 | ADIDAS RUNNERS | Open M | 113 | | 03:00:52 | 06:02:03 | 08:37:17 | 10:38:36.40 | 10:38:53.90 | +04:23:28 (41.2%) | 8:55 | 6.7 (58.8%) |
| 144 | BASIŃSKI Hubert | 1011 | | Open M | 114 | | 02:57:27 | 06:01:53 | 08:37:26 | 10:39:08.55 | 10:39:30.10 | +04:24:04 (41.3%) | 8:55 | 6.7 (58.8%) |
| 145 | PRAGER Mateusz | 1176 | | Open M | 115 | | 03:05:53 | 06:02:52 | 08:37:13 | 10:39:06.55 | 10:39:38.25 | +04:24:12 (41.3%) | 8:55 | 6.7 (58.8%) |
| 146 | MACHALSKI Mateusz | 1128 | ASP HOOLIGANS | Open M | 116 | | 02:49:05 | 05:55:04 | 08:37:01 | 10:40:05.65 | 10:40:21.65 | +04:24:56 (41.4%) | 8:56 | 6.7 (58.8%) |
| 147 | POWAŁOWSKA Danka | 1175 | | Open K | 31 | | 03:06:50 | 05:51:23 | 08:22:00 | 10:40:13.60 | 10:40:24.80 | +04:24:59 (41.4%) | 8:56 | 6.7 (58.8%) |
| 148 | ADAMCZYK Marcin | 1003 | | Open M | 117 | | 03:04:54 | 06:00:27 | 08:37:14 | 10:41:05.75 | 10:41:14.85 | +04:25:49 (41.5%) | 8:57 | 6.7 (58.8%) |
| 149 | CHOMA Marek | 1021 | PĘDZĄCE LENIWCE | Open M | 118 | | 02:48:44 | 06:05:14 | 08:37:39 | 10:42:16.65 | 10:42:29.90 | +04:27:04 (41.6%) | 8:58 | 6.7 (58.8%) |
| 150 | WÓJTOWICZ Jacek | 1258 | FRANCISZKANIE KROSNO | Open M | 119 | | 03:02:50 | 05:50:58 | 08:37:30 | 10:43:03.85 | 10:43:11.55 | +04:27:45 (41.6%) | 8:58 | 6.7 (58.8%) |
| 151 | SZPUNAR Daniel | 1216 | CARPATHIAN RUNNERS | Open M | 120 | | 02:51:47 | 05:45:06 | 08:36:38 | 10:47:42.45 | 10:47:56.60 | +04:32:31 (42.1%) | 9:02 | 6.6 (57.9%) |
| 152 | TUSZNIO Grzegorz | 1234 | | Open M | 121 | | 02:57:59 | 05:50:08 | 08:37:20 | 10:48:33.55 | 10:48:53.05 | +04:33:27 (42.1%) | 9:03 | 6.6 (57.9%) |
| 153 | GAWLIK Sylwia | 1041 | | Open K | 32 | | 03:06:09 | 05:55:28 | 08:37:26 | 10:48:43.70 | 10:48:59.95 | +04:33:34 (42.2%) | 9:03 | 6.6 (57.9%) |
| 154 | KOPYRA Tomasz | 1092 | #BIEGAMWOLNOALEDOKŁADNIE | Open M | 122 | | 03:10:16 | 05:57:33 | 08:37:12 | 10:49:19.80 | 10:49:39.15 | +04:34:13 (42.2%) | 9:04 | 6.6 (57.9%) |
| 155 | PAĆKO Michał | 1159 | SPARTA LUBLIN | Open M | 123 | | 03:02:08 | 05:55:31 | 08:37:33 | 10:54:44.10 | 10:55:00.40 | +04:39:34 (42.7%) | 9:08 | 6.6 (57.9%) |
| 156 | GROSZAK Krzysztof | 1050 | | Open M | 124 | | 02:58:21 | 06:03:34 | 08:42:58 | 10:55:15.85 | 10:55:36.85 | +04:40:11 (42.7%) | 9:09 | 6.6 (57.9%) |
| 157 | OZIMINA Hubert | 1158 | OBORYGENI | Open M | 125 | | 03:04:53 | 05:55:56 | 08:37:38 | 10:55:43.90 | 10:56:01.80 | +04:40:36 (42.8%) | 9:09 | 6.6 (57.9%) |
| 158 | MADEYSKI Tomasz | 1130 | | Open M | 126 | | 03:02:00 | 05:58:40 | 08:38:57 | 10:56:00.20 | 10:56:23.30 | +04:40:57 (42.8%) | 9:09 | 6.5 (57.0%) |
| 159 | ZAJĄC Józef | 1261 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ | Open M | 127 | | 02:59:29 | 06:00:32 | 08:44:50 | 10:57:49.20 | 10:58:03.05 | +04:42:37 (42.9%) | 9:11 | 6.5 (57.0%) |
| 160 | SOCHA Łukasz | 1201 | | Open M | 128 | | 02:53:40 | 05:56:00 | 08:37:04 | 10:58:40.95 | 10:59:02.75 | +04:43:37 (43.0%) | 9:11 | 6.5 (57.0%) |
| 161 | ŁUSZCZ Paweł | 1127 | GAMONIUSZE | Open M | 129 | | 03:02:36 | 06:00:39 | 08:42:20 | 10:59:49.65 | 11:00:04.10 | +04:44:38 (43.1%) | 9:12 | 6.5 (57.0%) |
| 162 | MAZIARKA Krzysztof | 1144 | UNLIMITED SPORT / ***** *** | Open M | 130 | | 03:02:03 | 06:03:11 | 08:48:25 | 11:01:30.30 | 11:01:52.30 | +04:46:26 (43.3%) | 9:14 | 6.5 (57.0%) |
| 163 | OLEJNIK Krzysztof | 1156 | PGB SPORTOWA PACZKA | Open M | 131 | | 03:09:50 | 06:03:38 | 08:48:14 | 11:05:25.35 | 11:05:49.60 | +04:50:24 (43.6%) | 9:17 | 6.5 (57.0%) |
| 164 | BISOWSKI Mariusz | 1015 | | Open M | 132 | | 03:17:16 | 06:17:01 | 09:07:45 | 11:06:46.55 | 11:07:01.20 | +04:51:35 (43.7%) | 9:18 | 6.4 (56.1%) |
| 165 | KARCZ Bartłomiej | 1073 | | Open M | 133 | | 02:47:24 | 05:23:40 | 08:36:42 | 11:12:28.40 | 11:12:56.90 | +04:57:31 (44.2%) | 9:23 | 6.4 (56.1%) |
| 166 | DYCKOWSKI Andrzej | 1030 | KLUB SPORTOWY HUSARIA SZCZECINEK | Open M | 134 | | 03:02:05 | 05:58:44 | 08:38:52 | 11:12:49.00 | 11:13:14.45 | +04:57:48 (44.2%) | 9:23 | 6.4 (56.1%) |
| 167 | LITWIŃSKI Krzysztof | 1123 | | Open M | 135 | | 02:58:20 | 05:58:26 | 08:44:46 | 11:18:15.45 | 11:18:30.20 | +05:03:04 (44.7%) | 9:28 | 6.3 (55.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- Zdrój 22.2km | Puławy Górne 41km | Przybyszów 57.8km | Czas netto 71.6km | Czas brutto 71.6km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|---------------------------------|-----------|------|--------------------------|-----------------------------|-------------------------|----------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 168 | PISARCZYK Jakub | 1169 | | Open M | 136 | | 02:58:17 | 06:03:09 | 08:48:22 | 11:18:11.90 | 11:18:30.70 | +05:03:05 (44.7%) | 9:28 | 6.3 (55.3%) |
| 169 | SROKA Łukasz | 1202 | | Open M | 137 | | 03:03:01 | 06:06:56 | 08:48:27 | 11:23:48.05 | 11:24:10.15 | +05:08:44 (45.1%) | 9:33 | 6.3 (55.3%) |
| 170 | WALUSIAK Marek | 1243 | COGO TEAM | Open M | 138 | | 02:56:56 | 06:03:10 | 08:49:31 | 11:25:44.55 | 11:26:00.20 | +05:10:34 (45.3%) | 9:34 | 6.3 (55.3%) |
| 171 | WĄDOŁOWSKI Karol | 1247 | COGO TEAM | Open M | 139 | | 02:53:21 | 06:03:09 | 08:44:43 | 11:25:44.40 | 11:26:00.35 | +05:10:34 (45.3%) | 9:34 | 6.3 (55.3%) |
| 172 | JABŁCZYŃSKI Paweł | 1270 | HURAGAN JÓZEFOWO | Open M | 140 | | 03:11:59 | 06:21:57 | 09:07:59 | 11:27:22.95 | 11:27:37.85 | +05:12:12 (45.4%) | 9:36 | 6.2 (54.4%) |
| 173 | KRAUZE Tomasz | 1102 | GRUPA BIEGOWA WROCŁAWSKIE MORSY | Open M | 141 | | 03:22:11 | 06:34:00 | 09:24:27 | 11:31:18.10 | 11:31:27.20 | +05:16:01 (45.7%) | 9:39 | 6.2 (54.4%) |
| 174 | SKROCKI Kuba | 1198 | KIND HEADS | Open M | 142 | | 02:56:58 | 06:07:11 | 08:49:21 | 11:31:27.90 | 11:31:41.90 | +05:16:16 (45.7%) | 9:39 | 6.2 (54.4%) |
| 175 | SZULC Edyta | 1219 | ADIDAS RUNNERS WARSAW | Open K | 33 | | 03:09:45 | 06:06:38 | 08:48:23 | 11:32:13.25 | 11:32:33.50 | +05:17:07 (45.8%) | 9:40 | 6.2 (54.4%) |
| 176 | GAWRYLCZYK Andrzej | 1043 | | Open M | 143 | | 03:06:19 | 06:27:39 | 09:08:35 | 11:33:01.50 | 11:33:15.40 | +05:17:49 (45.8%) | 9:40 | 6.2 (54.4%) |
| 177 | STOKŁOSA Piotr | 1205 | BIKESTATS.PL | Open M | 144 | | 03:08:34 | 06:03:16 | 09:07:41 | 11:35:06.60 | 11:35:27.65 | +05:20:02 (46.0%) | 9:42 | 6.2 (54.4%) |
| 178 | GILEWSKI Bartłomiej | 1046 | #NIEZESRAJSIE! | Open M | 145 | | 03:28:09 | 06:04:40 | 09:07:43 | 11:35:33.90 | 11:35:58.75 | +05:20:33 (46.1%) | 9:42 | 6.2 (54.4%) |
| 179 | URIBE Manuel | 1238 | | Open M | 146 | | 02:56:06 | 05:51:35 | 09:08:03 | 11:38:51.25 | 11:38:53.60 | +05:23:28 (46.3%) | 9:45 | 6.1 (53.5%) |
| 180 | JAWORSKI Jarosław | 1067 | | Open M | 147 | | 02:55:28 | 06:12:26 | 09:08:08 | 11:39:43.80 | 11:39:51.60 | +05:24:26 (46.4%) | 9:46 | 6.1 (53.5%) |
| 181 | PARYS Piotr | 1160 | | Open M | 148 | | 03:15:09 | 06:14:49 | 09:07:55 | 11:41:49.50 | 11:42:18.15 | +05:26:52 (46.5%) | 9:48 | 6.1 (53.5%) |
| 182 | KAPŁON Anna | 1072 | | Open K | 34 | | 03:22:34 | 06:30:02 | 09:10:51 | 11:43:04.05 | 11:43:24.05 | +05:27:58 (46.6%) | 9:49 | 6.1 (53.5%) |
| 183 | KOZIOŁ Kacper | 1100 | #CHASETHATWOLF | Open M | 149 | | 02:35:18 | 05:38:00 | 09:07:42 | 11:44:13.10 | 11:44:24.90 | +05:28:59 (46.7%) | 9:50 | 6.1 (53.5%) |
| 184 | DARSKI Rafał | 1025 | RECAMIERE | Open M | 150 | | 02:52:17 | 06:02:09 | 09:07:37 | 11:45:02.15 | 11:45:23.00 | +05:29:57 (46.8%) | 9:50 | 6.1 (53.5%) |
| 185 | PIETRUS Maciek | 1166 | | Open M | 151 | | 03:14:09 | 06:30:35 | 09:24:34 | 11:52:02.35 | 11:52:16.05 | +05:36:50 (47.3%) | 9:56 | 6 (52.6%) |
| 186 | IWAN Bartłomiej | 1058 | | Open M | 152 | | 03:07:51 | 06:18:24 | 09:10:43 | 11:54:53.25 | 11:55:19.70 | +05:39:54 (47.5%) | 9:59 | 6 (52.6%) |
| 187 | MACIĄG Damian | 1129 | | Open M | 153 | | 03:21:55 | 06:43:03 | 09:40:58 | 11:57:37.05 | 11:58:06.65 | +05:42:41 (47.7%) | 10:01 | 6 (52.6%) |
| 188 | BUTOWSKI Michał | 1018 | | Open M | 154 | | 03:16:26 | 06:21:30 | 09:08:08 | 12:01:39.55 | 12:01:51.85 | +05:46:26 (48.0%) | 10:04 | 6 (52.6%) |
| 189 | GIBALSKA Marzena | 1044 | OBORYGENI | Open K | 35 | | 03:14:52 | 06:07:26 | 09:07:53 | 12:03:32.90 | 12:03:50.70 | +05:48:25 (48.1%) | 10:06 | 5.9 (51.8%) |
| 190 | ROSA Alex | 1191 | | Open M | 155 | | 03:08:01 | 06:28:39 | | 12:04:43.70 | 12:04:58.50 | +05:49:32 (48.2%) | 10:07 | 5.9 (51.8%) |
| 191 | HORBACZ-ROSA Hanna | 1056 | | Open K | 36 | | 03:08:25 | 06:28:41 | 09:24:27 | 12:04:44.05 | 12:04:58.55 | +05:49:32 (48.2%) | 10:07 | 5.9 (51.8%) |
| 192 | PTASZNIK Szymon | 1178 | | Open M | 156 | | 02:58:58 | 06:11:38 | 07:24:55 | 12:09:24.15 | 12:09:40.75 | +05:54:15 (48.5%) | 10:11 | 5.9 (51.8%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- Zdrój 22.2km | Puławy Górne 41km | Przybyszów 57.8km | Czas netto 71.6km | Czas brutto 71.6km | Różn | Tempo min/km | Tempo km/h |
|---|----------------------------|-------------|-----------------------------------|-----------|------|--------------------------|-----------------------------|-------------------------|----------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 193 | HOROSZCZAK Adrian | 1057 | | Open M | 157 | Tak | 03:15:54 | 06:39:46 | 09:41:23 | 12:09:43.20 | 12:09:59.80 | +05:54:34 (48.6%) | 10:11 | 5.9 (51.8%) |
| 194 | KOWALSKI Krzysztof | 1098 | STS BIEGATON MIKOŁÓW | Open M | 158 | | 03:01:11 | 06:14:00 | 09:24:37 | 12:11:34.70 | 12:11:42.10 | +05:56:16 (48.7%) | 10:13 | 5.9 (51.8%) |
| 195 | RUBINOWSKI Jarek | 1194 | | Open M | 159 | | 03:29:47 | 06:38:45 | 09:26:41 | 12:12:14.60 | 12:12:34.70 | +05:57:09 (48.8%) | 10:13 | 5.9 (51.8%) |
| 196 | KRUPA Daniel | 1104 | STARGARD JA SIĘ NIE ŚCIGAM. | Open M | 160 | | 03:30:54 | 06:38:48 | 09:26:46 | 12:12:15.35 | 12:12:35.00 | +05:57:09 (48.8%) | 10:13 | 5.9 (51.8%) |
| 197 | GAWORECKI Sławomir | 1042 | KLUB SPORTOWY HUSARIA SZCZECINEK | Open M | 161 | | 03:17:31 | 06:28:55 | 09:26:34 | 12:13:43.15 | 12:14:07.70 | +05:58:42 (48.9%) | 10:14 | 5.9 (51.8%) |
| 198 | SZUMLAŃSKA Paulina | 1220 | JAJAMIOMETE | Open K | 37 | | 03:31:17 | 06:38:56 | 09:41:20 | 12:15:33.80 | 12:15:44.40 | +06:00:18 (49.0%) | 10:16 | 5.8 (50.9%) |
| 199 | MAGOCZY Adam | 1131 | | Open M | 162 | | 03:30:56 | 06:42:23 | 09:41:13 | 12:19:25.15 | 12:19:46.00 | +06:04:20 (49.3%) | 10:19 | 5.8 (50.9%) |
| 200 | MAGOCZY Justyna | 1132 | ASICS FRONTRUNNER | Open K | 38 | | 03:30:56 | 06:42:28 | 09:41:15 | 12:19:24.60 | 12:19:46.10 | +06:04:20 (49.3%) | 10:19 | 5.8 (50.9%) |
| 201 | NIEDŹWIEDŹ Grzegorz | 1154 | STS BIEGATON | Open M | 163 | | 03:28:22 | 06:43:01 | | 12:19:43.65 | 12:19:52.30 | +06:04:26 (49.3%) | 10:19 | 5.8 (50.9%) |
| 202 | PIECUCH Małgorzata | 1165 | | Open K | 39 | | 03:25:47 | 06:54:12 | 09:52:06 | 12:22:54.95 | 12:23:13.40 | +06:07:47 (49.5%) | 10:22 | 5.8 (50.9%) |
| 203 | SZULC Adam | 1218 | | Open M | 164 | | 03:09:05 | 06:32:27 | 09:41:25 | 12:23:31.75 | 12:23:54.90 | +06:08:29 (49.5%) | 10:23 | 5.8 (50.9%) |
| 204 | SZTĘGIERSKA Agata | 1217 | | Open K | 40 | | 03:46:50 | 07:21:30 | 10:23:52 | 12:38:10.85 | 12:38:34.50 | +06:23:08 (50.5%) | 10:35 | 5.7 (50.0%) |
| 205 | KOZŁOWSKI Piotr | 1101 | KLUB SPORTOWY HUSARIA SZCZECINEK | Open M | 165 | | 03:33:57 | 07:05:49 | 10:05:41 | 12:52:41.75 | 12:53:04.15 | +06:37:38 (51.4%) | 10:47 | 5.6 (49.1%) |
| Przekroczony limit czasu: 13:00:00 | | | | | | | | | | | | | | |
| 206 | MAJEWSKA Regina | 1133 | | Open K | 41 | | 03:25:23 | 06:53:47 | 10:32:32 | 13:24:37.40 | 13:25:04.05 | +07:09:38 (53.4%) | 11:14 | 5.3 (46.5%) |
| 207 | MZYK Fabian | 1152 | STS BIEGATON | Open M | 166 | | 03:40:49 | 07:15:22 | 10:32:12 | 13:42:42.15 | 13:42:51.40 | +07:27:25 (54.4%) | 11:29 | 5.2 (45.6%) |
| | GREGORCZYK Łukasz | 1049 | VEGE RUNNERS | Open M | | | 02:13:28 DNF | 04:21:26 DNF | DNF | DNF | DNF | - | - | - (0.0%) |
| | GRYMULSKI Łukasz | 1051 | TRIATHLON LUBLIN TEAM | Open M | | | 02:35:47 DNF | 05:20:37 DNF | DNF | DNF | DNF | - | - | - (0.0%) |
| | GAFFKE Krzysztof | 1038 | EDYTA LEWANDOWSKA TEAM | Open M | | | 03:02:04 DNF | 06:21:30 DNF | DNF | DNF | DNF | - | - | - (0.0%) |
| | JACKOWSKA Ewa | 1060 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | Open K | | | 03:25:05 DNF | 06:47:05 DNF | DNF | DNF | DNF | - | - | - (0.0%) |
| | MAJEWSKI Błażej | 1134 | | Open M | | | 03:26:23 DNF | 06:49:06 DNF | DNF | DNF | DNF | - | - | - (0.0%) |
| | JACKOWSKI Jacek | 1061 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | Open M | | | 03:25:07 DNF | 06:54:20 DNF | DNF | DNF | DNF | - | - | - (0.0%) |
| | RADOŹYCKI Radek | 1182 | | Open M | | | 03:31:06 DNF | 07:20:39 DNF | DNF | DNF | DNF | - | - | - (0.0%) |
| | LEŚNIAK Anna | 1121 | SALT RUNNERS BOCHNIA | Open K | | | 02:27:49 DNF | DNF | DNF | DNF | DNF | - | - | - (0.0%) |
| | BARANSKI Jarek | 1010 | | Open M | | | 02:48:35 DNF | DNF | DNF | DNF | DNF | - | - | - (0.0%) |
| | DOMAZET Rafael | 1027 | #ZPOGARDADLASMIERCI | Open M | | | 02:53:17 DNF | DNF | DNF | DNF | DNF | - | - | - (0.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja Łemkowie | Iwonicz- Zdrój 22.2km | Puławy Górne 41km | Przybyszów 57.8km | Czas netto 71.6km | Czas brutto 71.6km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|------------------------------|-----------|------|--------------------------|-----------------------------|-------------------------|----------------------|-------------------------|--------------------------|------|-----------------|---------------|
| | WINCZURA Leszek | 1254 | | Open M | | | 03:22:02 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | PYRZEWSKI Dariusz | 1179 | | Open M | | | 03:22:08 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | SZUMLAS Marcin | 1221 | ULTRAWAY TEAM | Open M | | | 03:29:22 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | CHOJNOWSKA Dominika | 1020 | #NIEZESRAJSIE | Open K | | | 03:35:00 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | ŻYCHOŃ Jolanta | 1268 | | Open K | | | 03:46:30 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | KAWAŁKO Ryszard | 1075 | WOLNY RYŚ ***** *** | Open M | | | 03:56:20 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | TUREK Paweł | 1232 | PRIN-S | Open M | | | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | TARNOWSKI Bartosz | 1226 | | Open M | | | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | GACZYNSKI Mateusz | 1037 | PEŁZACZE | Open M | | | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | KUPIŃSKA Magdalena | 1114 | INFINITY-GYM ŁUKASZ SZAPORÓW | Open K | | | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 227 wynik(ów)