



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Łemkowna Ultra-Trail
Fundacja Ultra
2019-10-12
Komańcza
70 km

ŁEMKOWYNA ULTRA-TRAIL® 70

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Iwonicz- Zdrój 20.8km	Puławy Górne 39.5km	Wilcze Budy 48.5km	Czas netto 68.5km	Czas brutto 68.5km	Różn	Tempo min/km	Tempo km/h
1	SOLIŃSKA Katarzyna	1001	HOKA ONE ONE TEAM POLAND	Open K	1	02:02:42	03:48:49		06:47:19.75	06:47:23.15		5:56	10.1 (100%)
2	GRZELAK Kamila	1003	TEAMALTRA RED	Open K	2	02:14:53	04:16:19		07:36:56.45	07:37:01.90	+00:49:38 (10.9%)	6:40	9 (89.1%)
3	BAROSZ Natalia-Paulina	1015	MARCINŚWIERCTEAM/SPRINTEM DO ULTRA	Open K	3	02:17:24	04:23:58		07:56:44.50	07:56:50.85	+01:09:27 (14.6%)	6:57	8.6 (85.1%)
4	BARTELA Edyta	1016	ACCENTURE	Open K	4	02:18:29	04:22:00		07:58:07.00	07:58:10.40	+01:10:47 (14.8%)	6:58	8.6 (85.1%)
5	BOCHEŃSKA Aleksandra	1026	PRO-RUN WROCŁAW / 140MINUT TEAM	Open K	5	02:24:15	04:35:52		08:02:25.75	08:02:31.00	+01:15:07 (15.6%)	7:02	8.5 (84.2%)
6	WOSZEK Marzena	1418	BBL OPOLE	Open K	6	02:19:28	04:30:09		08:07:05.60	08:07:12.25	+01:19:49 (16.4%)	7:06	8.4 (83.2%)
7	KUKUĆ-KWAPISZEWSKA Anna	1179	SANDBOT	Open K	7	02:19:56	04:32:57		08:24:22.30	08:24:31.75	+01:37:08 (19.3%)	7:21	8.1 (80.2%)
8	IWANOWICZ Anna	1120		Open K	8	02:24:46	04:49:05		08:35:20.80	08:35:37.80	+01:48:14 (21.0%)	7:31	8 (79.2%)
9	ELPERS Inez	1451	VINGBERG TEAM	Open K	9	02:19:25	04:37:27		08:38:03.10	08:38:12.30	+01:50:49 (21.4%)	7:33	7.9 (78.2%)
10	BRYSZEWSKA Patrycja	1032	ACCENTURE	Open K	10	02:28:37	04:48:55		08:40:42.65	08:40:46.00	+01:53:22 (21.8%)	7:36	7.9 (78.2%)
11	ZAŁUSKA-LIPA Agnieszka	1433		Open K	11	02:27:27	04:47:32		09:03:12.85	09:03:28.50	+02:16:05 (25.0%)	7:55	7.6 (75.2%)
12	RYBARCZYK Ilona	1335		Open K	12	02:29:36	04:57:38		09:03:34.30	09:03:50.00	+02:16:26 (25.1%)	7:56	7.6 (75.2%)
13	LUDA Żaneta	1210	WAWRZYNTTEAM	Open K	13	02:33:43	04:58:27		09:04:37.65	09:04:55.40	+02:17:32 (25.2%)	7:57	7.5 (74.3%)
14	BURZYŃSKA Ewelina	1037	NATURA BIEDRUSKO	Open K	14	02:38:16	05:01:18		09:18:08.25	09:18:13.95	+02:30:50 (27.0%)	8:08	7.4 (73.3%)
15	MECAN Magdalena	1237	DR. SCHNEIDER RUNNING TEAM	Open K	15	02:36:48	05:12:02		09:26:09.10	09:26:50.40	+02:39:27 (28.1%)	8:15	7.3 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Iwonicz- Zdrój 20.8km	Puławy Górne 39.5km	Wilcze Budy 48.5km	Czas netto 68.5km	Czas brutto 68.5km	Różn	Tempo min/km	Tempo km/h
16	GLÓRA Aleksandra	1093	ŻARY RUNNERS TEAM	Open K	16	02:35:42	05:09:49		09:32:17.15	09:32:42.25	+02:45:19 (28.9%)	8:21	7.2 (71.3%)
17	ZIELIŃSKA Iwona	1437		Open K	17	02:45:12	05:19:23		09:32:58.25	09:33:23.40	+02:46:00 (29.0%)	8:21	7.2 (71.3%)
18	PODODEMSKA-ZABDYR Izabela	1310	KS PEGAZ	Open K	18	02:39:30	05:08:40		09:31:12.85	09:35:10.80	+02:47:47 (29.2%)	8:20	7.2 (71.3%)
19	KOŁACKA Martyna	1154		Open K	19	02:29:39	04:57:54		09:37:00.85	09:37:07.15	+02:49:44 (29.4%)	8:25	7.1 (70.3%)
20	NAUDZIUNAS Agnieszka	1255	NATURAL BORN RUNNERS	Open K	20	02:39:19	05:12:52		09:38:14.60	09:38:51.25	+02:51:28 (29.6%)	8:26	7.1 (70.3%)
21	ŚLIŻ Sylwia	1382		Open K	21	02:46:29	05:25:17		09:47:37.95	09:47:48.90	+03:00:25 (30.7%)	8:34	7 (69.3%)
22	GONCERZEWICZ Anna	1098	STARE BABICE BIEGAJĄ	Open K	22	02:54:14	05:24:49		09:47:36.15	09:47:50.60	+03:00:27 (30.7%)	8:34	7 (69.3%)
23	PIERZCHAŁA Anna	1299	KB MCKIS JAWORZNO / JAWORZNO RUNNERS	Open K	23	02:43:17	05:19:08		09:47:49.90	09:48:01.50	+03:00:38 (30.7%)	8:34	7 (69.3%)
24	KIEZIK Anna	1145	SKAZANI NA SUKCES	Open K	24	02:45:41	05:18:54		09:48:33.45	09:48:52.00	+03:01:28 (30.8%)	8:35	7 (69.3%)
25	OSTAPIŃSKA Magda	1278	OSTRESROKI	Open K	25	02:50:32	05:34:54		09:56:14.40	09:56:35.10	+03:09:11 (31.7%)	8:42	6.9 (68.3%)
26	AKONOM Agnieszka	1009	KS KOZIOŁEK KĘDZIERZYN -KOŻLE	Open K	26	02:52:45	05:41:15		09:59:46.95	10:00:00.80	+03:12:37 (32.1%)	8:45	6.9 (68.3%)
27	BEDNARCZYK Paulina	1018		Open K	27	02:50:42	05:28:31		10:07:43.90	10:07:57.40	+03:20:34 (33.0%)	8:52	6.8 (67.3%)
28	WIELECHOWSKA Natalia	1405		Open K	28	02:40:02	05:18:04		10:11:09.85	10:11:43.45	+03:24:20 (33.4%)	8:55	6.7 (66.3%)
29	BURDAJEWICZ Magdalena	1035		Open K	29	02:56:55	05:40:07		10:13:45.90	10:14:23.50	+03:27:00 (33.7%)	8:57	6.7 (66.3%)
30	MAŚNICA-SZYMAŃSKA Joanna	1232	WOLSZTYŃSKI KLUB BIEGOWY	Open K	30	02:58:54	05:37:28		10:17:59.05	10:18:19.15	+03:30:56 (34.1%)	9:01	6.7 (66.3%)
31	SWOROWSKA Izabela	1367	WOLSZTYŃSKI KLUB BIEGOWY	Open K	31	02:59:13	05:37:28		10:17:59.15	10:18:19.35	+03:30:56 (34.1%)	9:01	6.7 (66.3%)
32	PAWŁOWICZ Dorota	1288	KUŹNIA TRIATHLONU	Open K	32	02:52:09	05:40:21		10:20:50.30	10:21:22.45	+03:33:59 (34.4%)	9:03	6.6 (65.3%)
33	WOŹNIAK Gabriela	1420		Open K	33	02:50:46	05:37:55		10:26:00.90	10:26:27.45	+03:39:04 (35.0%)	9:08	6.6 (65.3%)
34	WRÓBEL Aleksandra	1425	DIRTY SPARROWS	Open K	34	02:54:18	05:39:20		10:27:38.15	10:28:10.95	+03:40:47 (35.1%)	9:09	6.5 (64.4%)
35	SOSZYŃSKA - PSTROKOŃSKA Joanna	1354	GAZELE NA STRACIE	Open K	35	02:52:09	05:40:21		10:30:23.55	10:30:56.35	+03:43:33 (35.4%)	9:12	6.5 (64.4%)
36	WACHOWSKA Katarzyna	1398	SMOK TRÓJGŁOWY	Open K	36	02:50:17	05:30:48		10:31:05.50	10:31:42.85	+03:44:19 (35.5%)	9:12	6.5 (64.4%)
37	RAFAŁ Eliza	1322		Open K	37	03:00:13	05:54:05		10:31:43.65	10:32:21.55	+03:44:58 (35.6%)	9:13	6.5 (64.4%)
38	KIJOWSKA Aldona	1146	MARKOWI BIEGACZE	Open K	38	02:55:35	05:46:55		10:36:18.60	10:36:53.35	+03:49:30 (36.0%)	9:17	6.5 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Iwonicz- Zdrój 20.8km	Puławy Górne 39.5km	Wilcze Budy 48.5km	Czas netto 68.5km	Czas brutto 68.5km	Różn	Tempo min/km	Tempo km/h
39	OSIKOWSKA Teresa	1277		Open K	39	03:00:39	06:02:00		10:37:07.70	10:37:47.85	+03:50:24 (36.1%)	9:18	6.5 (64.4%)
40	GRAU Joanna	1102	KWIDZYN BIEGA	Open K	40	02:56:54	05:49:50		10:40:46.80	10:41:18.85	+03:53:55 (36.5%)	9:21	6.4 (63.4%)
41	GRZANECKA Joanna	1109	JEEP	Open K	41	02:39:07	05:25:00		10:43:43.05	10:43:51.10	+03:56:27 (36.7%)	9:23	6.4 (63.4%)
42	SZUREK Joanna	1377	GGB	Open K	42	02:44:52	05:51:32		10:46:06.20	10:46:44.00	+03:59:20 (37.0%)	9:25	6.4 (63.4%)
43	GNACY Agnieszka	1094		Open K	43	03:04:31	05:59:25		10:47:58.55	10:48:15.35	+04:00:52 (37.2%)	9:27	6.3 (62.4%)
44	TUCHOŁKA Marta	1390	POCO LOCO ADVENTURE TEAM	Open K	44	02:52:44	05:45:48		10:48:34.25	10:48:42.10	+04:01:18 (37.2%)	9:28	6.3 (62.4%)
45	MAGOCZY Justyna	1215		Open K	45	03:05:13	06:02:36		10:51:38.45	10:52:00.05	+04:04:36 (37.5%)	9:30	6.3 (62.4%)
46	POTERA Krystyna	1315	FRYTKÓW!!!!	Open K	46	03:04:11	06:02:27		10:54:04.80	10:54:40.30	+04:07:17 (37.8%)	9:32	6.3 (62.4%)
47	NAPIERAŁA Katarzyna	1254		Open K	47	03:07:30	06:13:04		10:59:06.75	10:59:40.80	+04:12:17 (38.2%)	9:37	6.2 (61.4%)
48	ŁATAK-SKRABUT Basia	1212	MUSTANGI GLIWICE	Open K	48	03:02:39	06:03:18		11:16:44.75	11:17:15.10	+04:29:51 (39.8%)	9:52	6.1 (60.4%)
49	PAKULSKA Dorota	1281		Open K	49	03:07:32	06:13:07		11:17:34.90	11:18:07.80	+04:30:44 (39.9%)	9:53	6.1 (60.4%)
50	MASALSKA Anna	1229	PAINT RUN	Open K	50	02:57:05	06:02:30		11:20:48.50	11:21:08.70	+04:33:45 (40.2%)	9:56	6 (59.4%)
51	KOWALSKA-GRZEJDA Anna	1162		Open K	51	02:56:00	06:00:05		11:21:26.15	11:22:01.95	+04:34:38 (40.3%)	9:56	6 (59.4%)
52	KURAS- SMOLNIK Magdalena	1184	SIERADZBIEGA.PL	Open K	52	03:06:26	06:11:19		11:23:02.05	11:23:20.90	+04:35:57 (40.4%)	9:58	6 (59.4%)
53	LENART Iwona	1197	KSPEGAZ	Open K	53	03:16:36	06:16:34		11:29:29.70	11:29:48.75	+04:42:25 (40.9%)	10:03	6 (59.4%)
54	ZIĘBA Anna	1438	PORANNY PATROL	Open K	54	03:00:28	06:16:48		11:30:11.15	11:30:40.80	+04:43:17 (41.0%)	10:04	6 (59.4%)
55	PATEREK Ada	1286	12TRI.PL	Open K	55	02:57:21	06:00:41		11:36:32.15	11:37:07.85	+04:49:44 (41.6%)	10:10	5.9 (58.4%)
56	MIELNICKA Edyta	1240	BIEGAM NA TARCHOMINIE/ULTRA PASTERZE	Open K	56	03:08:57	06:27:02		11:43:16.65	11:43:41.20	+04:56:18 (42.1%)	10:16	5.8 (57.4%)
57	WILK Magdalena	1408	TEAM ZABIEGANEDNI	Open K	57	02:55:06	06:19:18		11:45:27.55	11:45:45.00	+04:58:21 (42.3%)	10:17	5.8 (57.4%)
58	WIŚNIEWSKA Barbara	1411	HUSARIA RACE TEAM	Open K	58	03:05:06	06:12:06		11:47:14.80	11:47:31.40	+05:00:08 (42.4%)	10:19	5.8 (57.4%)
59	LECHOWSKA Katarzyna	1196	WKURW_TEAM	Open K	59	03:07:37	06:20:22		11:50:58.65	11:51:30.35	+05:04:07 (42.7%)	10:22	5.8 (57.4%)
60	STABLA Kasia	1358	DECATHLON RYBNIK	Open K	60	02:51:56	06:14:37		11:51:37.00	11:52:12.05	+05:04:48 (42.8%)	10:23	5.8 (57.4%)
61	JÓŹWIAK Anita	1135		Open K	61	03:12:10	06:32:07		11:56:00.10	11:56:14.50	+05:08:51 (43.1%)	10:27	5.7 (56.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Iwonicz- Zdrój 20.8km	Puławy Górne 39.5km	Wilcze Budy 48.5km	Czas netto 68.5km	Czas brutto 68.5km	Różn	Tempo min/km	Tempo km/h
62	PUCHALSKA Olga	1320		Open K	62	03:18:32	06:33:58		11:56:30.20	11:56:56.40	+05:09:33 (43.2%)	10:27	5.7 (56.4%)
63	PIECUCH Małgorzata	1296		Open K	63	03:17:59	06:48:55		12:15:07.85	12:15:43.55	+05:28:20 (44.6%)	10:43	5.6 (55.4%)
64	WITKOWSKA Maria	1414	KLUB KRÓLIKA STEFANA	Open K	64	03:20:00	06:33:54		12:16:23.85	12:16:58.45	+05:29:35 (44.7%)	10:45	5.6 (55.4%)
65	CZARNOWSKA Barbara	1050		Open K	65	03:18:24	06:32:06		12:17:13.85	12:17:45.15	+05:30:22 (44.8%)	10:45	5.6 (55.4%)
66	DZIKOŃ Małgorzata	1474		Open K	66	03:20:05	06:32:13		12:17:21.80	12:17:45.40	+05:30:22 (44.8%)	10:45	5.6 (55.4%)
67	GRĘZEL-GAWRON Jolanta	1103		Open K	67	03:23:37	06:44:10		12:20:53.35	12:21:04.75	+05:33:41 (45.0%)	10:48	5.5 (54.5%)
68	OGÓREK Monika	1272		Open K	68	03:12:30	06:25:50		12:21:52.50	12:22:26.05	+05:35:02 (45.1%)	10:49	5.5 (54.5%)
69	PIETRZYKOWSKA Monika	1303		Open K	69	03:22:18	06:47:50		12:27:23.15	12:27:51.25	+05:40:28 (45.5%)	10:54	5.5 (54.5%)
70	KOSEWSKA Dorota	1157	BIEGAM NA TARCHOMINIE	Open K	70	03:20:04	06:47:33		12:37:27.90	12:37:53.30	+05:50:30 (46.2%)	11:03	5.4 (53.5%)
71	STUDZIŃSKA Joanna	1365		Open K	71	03:13:05	06:45:48		12:37:45.20	12:38:19.50	+05:50:56 (46.3%)	11:03	5.4 (53.5%)
72	GIET Małgorzata	1092		Open K	72	03:37:59	07:11:15		12:42:29.75	12:42:43.55	+05:55:20 (46.6%)	11:07	5.4 (53.5%)
73	RAMS Elżbieta	1326	KLUB SPORTOWY KOZIOŁEK	Open K	73	03:37:59	07:11:14		12:42:30.40	12:42:43.65	+05:55:20 (46.6%)	11:07	5.4 (53.5%)
74	WOJEWODA Renata	1417	RUN THE PARK	Open K	74	03:27:50	06:58:24		12:45:41.95	12:45:59.90	+05:58:36 (46.8%)	11:10	5.4 (53.5%)
75	JAŚKIEWICZ Katarzyna	1130		Open K	75	03:24:42	06:57:07		12:45:22.30	12:46:03.80	+05:58:40 (46.8%)	11:10	5.4 (53.5%)
Przekroczony limit czasu: 13:00:00													
76	WRÓBLEWSKA Joanna	1426		Open K	76	03:54:46	07:49:04		14:28:51.60	14:29:27.35	+07:42:04 (53.1%)	12:41	4.7 (46.5%)
	JARUZEL Ewa	1128	SZWLA STARGARD	Open K		02:46:39 DNF	05:32:30 DNF	DNF	DNF	DNF		-	- (0.0%)
	CIEŚLAK Sylwia	1045	MUSTANGI GLIWICE/IBTEAM	Open K		03:25:08 DNF	07:05:15 DNF	DNF	DNF	DNF		-	- (0.0%)
	MENŻYK Urszula	1238	LUXTORPEDA CZERWIONKA	Open K		04:06:00 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 79 wynik(ów)