

# LETNIA MILA BIEGOWA 2017 - EDYCJA 1/3

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2017-05-16  
**Miejsce:** Koszalin  
**Dystans:** 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All				Czas		Różn	Tempo min/km	Tempo km/h
						0.009km	0.409km	0.809km	1.209km	netto 1.609km	brutto 1.609km			
1	<b>KOZAK Arkadiusz</b>	<b>169</b>	TKKF KOSZALIN	M-40	1	00:00:01	00:01:17	00:02:36	00:03:50	<b>00:05:03.20</b>	<b>00:05:03.20</b>		3:08	19.1 (100%)
2	<b>SOBSTEK Krystian</b>	<b>144</b>		M-30	1	00:00:02	00:01:20	00:02:44	00:04:08	<b>00:05:22.00</b>	<b>00:05:22.00</b>	+00:00:18 (5.8%)	3:20	18 (94.2%)
3	<b>JAŹWIŃSKI Dawid</b>	<b>845</b>	TKKF KOSZALIN	M-13	1	00:00:02	00:01:20	00:02:42	00:04:08	<b>00:05:31.35</b>	<b>00:05:31.35</b>	+00:00:28 (8.5%)	3:25	17.5 (91.6%)
4	<b>SITOWSKI Marcin</b>	<b>12</b>	FC RYSIEK	M-18	1	00:00:02	00:01:16	00:02:40	00:04:08	<b>00:05:35.80</b>	<b>00:05:35.80</b>	+00:00:32 (9.7%)	3:28	17.3 (90.6%)
5	<b>KOŚCIELNIAK Robert</b>	<b>89</b>	TKKF KOSZALIN	M-50	1	00:00:02	00:01:23	00:02:49	00:04:15	<b>00:05:36.30</b>	<b>00:05:36.30</b>	+00:00:33 (9.8%)	3:28	17.3 (90.6%)
6	<b>GÓRNY Norbert</b>	<b>34</b>	FORMA ROSNOWO	M-40	2	00:00:03	00:01:24	00:02:49	00:04:17	<b>00:05:43.95</b>	<b>00:05:43.95</b>	+00:00:40 (11.8%)	3:33	16.9 (88.5%)
7	<b>SZAMREJ Wojciech</b>	<b>29</b>		M-50	2	00:00:03	00:01:20	00:02:48	00:04:23	<b>00:05:48.65</b>	<b>00:05:48.65</b>	+00:00:45 (13.0%)	3:36	16.7 (87.4%)
8	<b>SZULC Arek</b>	<b>55</b>	ROZBIEGANY KOSZALIN	M-40	3	00:00:03	00:01:26	00:02:58	00:04:27	<b>00:05:49.35</b>	<b>00:05:49.35</b>	+00:00:46 (13.2%)	3:36	16.6 (86.9%)
9	<b>KONKEL Agnieszka</b>	<b>142</b>		K-30	1	00:00:03	00:01:22	00:02:50	00:04:21	<b>00:05:49.60</b>	<b>00:05:49.60</b>	+00:00:46 (13.3%)	3:36	16.6 (86.9%)
10	<b>ZELEK Jan</b>	<b>3</b>	TKKFKOSZALIN	M-50	3	00:00:02	00:01:24	00:02:53	00:04:24	<b>00:05:50.25</b>	<b>00:05:50.25</b>	+00:00:47 (13.4%)	3:37	16.6 (86.9%)
11	<b>RUTKOWSKI Ryszard</b>	<b>149</b>	RUTKOWSKI TEAM	M-50	4	00:00:02	00:01:22	00:02:52	00:04:24	<b>00:05:50.60</b>	<b>00:05:50.60</b>	+00:00:47 (13.5%)	3:37	16.6 (86.9%)
12	<b>KRAKOWIAK Sławomir</b>	<b>692</b>		M-40	4	00:00:02	00:01:26	00:02:56	00:04:28	<b>00:05:53.95</b>	<b>00:05:53.95</b>	+00:00:50 (14.3%)	3:39	16.4 (85.9%)
13	<b>ZWOLIŃSKI Jan</b>	<b>96</b>	TKKF KOSZALIN	M-40	5	00:00:03	00:01:26	00:02:56	00:04:28	<b>00:05:55.10</b>	<b>00:05:55.10</b>	+00:00:51 (14.6%)	3:40	16.3 (85.3%)
14	<b>BARANOWSKI Piotr</b>	<b>25</b>		M-40	6	00:00:03	00:01:31	00:03:03	00:04:33	<b>00:05:57.20</b>	<b>00:05:57.20</b>	+00:00:54 (15.1%)	3:41	16.2 (84.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start				Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.009km	0.409km	0.809km	1.209km	1.609km	1.609km			
15	IWANIEC Dariusz	145	TKKF KOSZALIN	M-40	7	00:00:03	00:01:27	00:02:59	00:04:33	<b>00:05:58.50</b>	<b>00:05:58.50</b>	+00:00:55 (15.4%)	3:42	16.2 (84.8%)
16	KUŁAKOWSKI Dawid	60	TKKF KOSZALIN	M-40	8	00:00:04	00:01:26	00:02:59	00:04:34	<b>00:06:01.45</b>	<b>00:06:01.45</b>	+00:00:58 (16.1%)	3:44	16.1 (84.3%)
17	RUTKOWSKI Artur	107	RUTKOWSKI TEAM	M-18	2	00:00:02	00:01:31	00:03:06	00:04:42	<b>00:06:08.10</b>	<b>00:06:08.10</b>	+00:01:04 (17.6%)	3:48	15.8 (82.7%)
18	ZDROWIECKI Artur	225		M-30	2	00:00:03	00:01:32	00:03:08	00:04:45	<b>00:06:14.35</b>	<b>00:06:14.35</b>	+00:01:11 (19.0%)	3:52	15.5 (81.2%)
19	GLISZCZYŃSKI Łukasz	799	UKSN SPRINT SŁAWNO	M-18	3	00:00:03	00:01:30	00:03:07	00:04:46	<b>00:06:15.65</b>	<b>00:06:15.65</b>	+00:01:12 (19.3%)	3:52	15.5 (81.2%)
20	WRÓBLEWSKI Jacek	164	TKKF KOSZALIN	M-13	2	00:00:08	00:01:31	00:03:04	00:04:41	<b>00:06:16.15</b>	<b>00:06:16.15</b>	+00:01:12 (19.4%)	3:53	15.4 (80.6%)
21	CHODOR Martyna	35	TKKF KOSZALIN	K-30	2	00:00:03	00:01:33	00:03:10	00:04:50	<b>00:06:16.75</b>	<b>00:06:16.75</b>	+00:01:13 (19.5%)	3:53	15.4 (80.6%)
22	KONKEL Łukasz	33		M-30	3	00:00:04	00:01:33	00:03:08	00:04:45	<b>00:06:17.05</b>	<b>00:06:17.05</b>	+00:01:13 (19.6%)	3:54	15.4 (80.6%)
23	SZABLA Ewelina	59		K-30	3	00:00:03	00:01:29	00:03:05	00:04:42	<b>00:06:17.50</b>	<b>00:06:17.50</b>	+00:01:14 (19.7%)	3:54	15.4 (80.6%)
24	WILKOWSKI Krzysztof	188		M-30	4	00:00:04	00:01:37	00:03:13	00:04:51	<b>00:06:20.40</b>	<b>00:06:20.40</b>	+00:01:17 (20.3%)	3:56	15.3 (80.1%)
25	ROGOŻA Ireneusz	31		M-40	9	00:00:04	00:01:37	00:03:14	00:04:52	<b>00:06:25.05</b>	<b>00:06:25.05</b>	+00:01:21 (21.3%)	3:59	15.1 (79.1%)
26	KAMYK Piotr	86	MH IT SERWIS KOSZALIN	M-30	5	00:00:03	00:01:32	00:03:10	00:04:51	<b>00:06:29.90</b>	<b>00:06:29.90</b>	+00:01:26 (22.2%)	4:01	14.9 (78.0%)
27	MICERSKI Tomasz	40	TKKF KOSZALIN	M-40	10	00:00:07	00:01:38	00:03:20	00:05:04	<b>00:06:37.65</b>	<b>00:06:37.65</b>	+00:01:34 (23.8%)	4:06	14.6 (76.4%)
28	ZUKAL Piotr	69		M-40	11	00:00:08	00:01:47	00:03:27	00:05:05	<b>00:06:39.40</b>	<b>00:06:39.40</b>	+00:01:36 (24.1%)	4:07	14.5 (75.9%)
29	STACHOWIAK Gracjan	131	SZK.PODST. 17	M-Dzieci	1	00:00:07	00:01:39	00:03:22	00:05:04	<b>00:06:40.15</b>	<b>00:06:40.15</b>	+00:01:36 (24.2%)	4:08	14.5 (75.9%)
30	SZAMREJ Piotr	115		M-18	4	00:00:05	00:01:40	00:03:26	00:05:10	<b>00:06:49.05</b>	<b>00:06:49.05</b>	+00:01:45 (25.9%)	4:14	14.2 (74.3%)
31	CHODOR Izabela	46	TKKF KOSZALIN	K-30	4	00:00:04	00:01:42	00:03:29	00:05:15	<b>00:06:49.55</b>	<b>00:06:49.55</b>	+00:01:46 (26.0%)	4:14	14.2 (74.3%)
32	KRUPIŃSKI Krzysztof	106	E-UROLOG.EU	M-50	5	00:00:03	00:01:41	00:03:28	00:05:13	<b>00:06:50.90</b>	<b>00:06:50.90</b>	+00:01:47 (26.2%)	4:14	14.1 (73.8%)
33	MAJCHRZAK Paweł	137	SUNDAYBIKERS KARINO TEAM	M-40	12	00:00:04	00:01:42	00:03:28	00:05:14	<b>00:06:54.80</b>	<b>00:06:54.80</b>	+00:01:51 (26.9%)	4:17	14 (73.3%)
34	BALICKI Michał	102		M-13	3	00:00:07	00:01:49	00:03:36	00:05:20	<b>00:06:56.65</b>	<b>00:06:56.65</b>	+00:01:53 (27.2%)	4:18	13.9 (72.8%)
35	ORZEŁ Anna Justyna	4	TKKF KOSZALIN	K-40	1	00:00:04	00:01:42	00:03:29	00:05:23	<b>00:06:58.45</b>	<b>00:06:58.45</b>	+00:01:55 (27.5%)	4:19	13.9 (72.8%)
36	MASTALERZ Konrad	182	DECATHLON KOSZALIN	M-18	5	00:00:04	00:01:44	00:03:30	00:05:19	<b>00:07:00.85</b>	<b>00:07:00.85</b>	+00:01:57 (28.0%)	4:20	13.8 (72.3%)
37	GRABOWSKA-LESISZ Aneta	101		K-30	5	00:00:05	00:01:39	00:03:26	00:05:16	<b>00:07:02.60</b>	<b>00:07:02.60</b>	+00:01:59 (28.3%)	4:22	13.7 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start				Czas		Różn	Tempo min/km	Tempo km/h
						0.009km	0.409km	0.809km	1.209km	netto	brutto			
38	SEEWALD Jan	39		M-40	13	00:00:08	00:01:49	00:03:35	00:05:22	00:07:03.55	00:07:03.55	+00:02:00 (28.4%)	4:22	13.7 (71.7%)
39	ZAREMBA Tomasz	82		M-30	6	00:00:03	00:01:33	00:03:18	00:05:14	00:07:08.45	00:07:08.45	+00:02:05 (29.2%)	4:25	13.5 (70.7%)
40	KURŁOWICZ Krzysztof	116		M-40	14	00:00:02	00:01:39	00:03:29	00:05:27	00:07:17.35	00:07:17.35	+00:02:14 (30.7%)	4:31	13.3 (69.6%)
41	KOSECKI Tomasz	36		M-30	7	00:00:08	00:01:50	00:03:43	00:05:36	00:07:20.45	00:07:20.45	+00:02:17 (31.2%)	4:33	13.2 (69.1%)
42	KLENIEWSKI Piotr	174	ZACHODNIOPOMORSKIE	M-50	6	00:00:02	00:01:44	00:03:39	00:05:33	00:07:24.00	00:07:24.00	+00:02:20 (31.7%)	4:35	13.1 (68.6%)
43	RADZIWON Emilia	16		K-30	6	00:00:13	00:01:53	00:03:45	00:05:40	00:07:29.05	00:07:29.05	+00:02:25 (32.5%)	4:38	12.9 (67.5%)
44	SZULTKA Sylwia	450		K-30	7	00:00:05	00:01:44	00:03:36	00:05:37	00:07:35.05	00:07:35.05	+00:02:31 (33.4%)	4:42	12.7 (66.5%)
45	KARNICKI Zygmunt	88	TKKF KOSZALIN	M-60	1	00:00:05	00:01:45	00:03:42	00:05:42	00:07:38.10	00:07:38.10	+00:02:34 (33.8%)	4:44	12.7 (66.5%)
46	PAWLAK Ewelina	608		K-30	8	00:00:05	00:01:47	00:03:44	00:05:46	00:07:46.95	00:07:46.95	+00:02:43 (35.1%)	4:49	12.4 (64.9%)
47	RĄP Apolonia	8		K-Dzieci	1	00:00:13	00:02:04	00:03:59	00:05:55	00:07:52.30	00:07:52.30	+00:02:49 (35.8%)	4:53	12.3 (64.4%)
48	KOZŁOWIECKI Waldemar	1	TKKF KOSZALIN	M-60	2	00:00:03	00:01:50	00:03:51	00:05:52	00:07:56.50	00:07:56.50	+00:02:53 (36.4%)	4:55	12.2 (63.9%)
49	CYRKLEWICZ Weronika	560		K-30	9	00:00:06	00:01:52	00:03:56	00:06:02	00:07:58.90	00:07:58.90	+00:02:55 (36.7%)	4:56	12.1 (63.4%)
50	WALCZAK Agnieszka	876	TKKF KOSZALIN	K-40	2	00:00:05	00:01:50	00:03:53	00:06:00	00:08:04.20	00:08:04.20	+00:03:01 (37.4%)	5:00	12 (62.8%)
51	MICERSKI Damian	63		M-13	4	00:00:07	00:02:03	00:04:18	00:06:30	00:08:28.85	00:08:28.85	+00:03:25 (40.4%)	5:15	11.4 (59.7%)
52	MICERSKI Kacper	94		M-Dzieci	2	00:00:07	00:02:03	00:04:18	00:06:30	00:08:33.55	00:08:33.55	+00:03:30 (41.0%)	5:18	11.3 (59.2%)
53	IGNACIK Anna	172		K-30	10	00:00:05	00:01:53	00:04:06	00:06:27	00:08:42.45	00:08:42.45	+00:03:39 (42.0%)	5:24	11.1 (58.1%)
54	KURCZ Barbara	78	BABECZKI KOSZALIN	K-40	3	00:00:11	00:02:23	00:04:29	00:06:35	00:08:42.90	00:08:42.90	+00:03:39 (42.0%)	5:24	11.1 (58.1%)
55	SEEWALD Julia	6		K-Dzieci	2	00:00:12	00:02:16	00:04:26	00:06:41	00:08:43.95	00:08:43.95	+00:03:40 (42.1%)	5:24	11.1 (58.1%)
56	SEEWALD Agnieszka	57		K-30	11	00:00:12	00:02:16	00:04:27	00:06:41	00:08:44.35	00:08:44.35	+00:03:41 (42.2%)	5:25	11.1 (58.1%)
57	KOSECKA Sylwia	9		K-18	1	00:00:12	00:02:16	00:04:27	00:06:41	00:08:44.75	00:08:44.75	+00:03:41 (42.2%)	5:25	11.1 (58.1%)
58	PAŃCZYK Justyna	165		K-30	12	00:00:12	00:02:22	00:04:33	00:06:42	00:08:46.00	00:08:46.00	+00:03:42 (42.4%)	5:26	11 (57.6%)
59	MAZUREK Hanna	150	BABECZKI KOSZALIN	K-13	1	00:00:09	00:02:22	00:04:32	00:06:45	00:08:54.45	00:08:54.45	+00:03:51 (43.3%)	5:31	10.9 (57.1%)
60	ZUKAL Aleksandra	62		K-40	4	00:00:06	00:02:08	00:04:31	00:06:50	00:09:06.75	00:09:06.75	+00:04:03 (44.5%)	5:39	10.6 (55.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Start_All	Start_All	Start_All	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						0.009km	0.409km	0.809km	1.209km	netto 1.609km	brutto 1.609km			
61	<b>STEC Edyta</b>	<b>163</b>	BABECZKI KOSZALIN	K-30	13	00:00:12	00:02:39	00:05:08	00:07:32	<b>00:09:43.60</b>	<b>00:09:43.60</b>	+00:04:40 (48.0%)	6:02	9.9 (51.8%)
62	<b>VON BARDELEBEN Agnieszka</b>	<b>141</b>	BABECZKI KOSZALIN	K-40	5	00:00:11	00:02:38	00:05:09	00:07:33	<b>00:09:43.75</b>	<b>00:09:43.75</b>	+00:04:40 (48.1%)	6:02	9.9 (51.8%)
63	<b>ZUKAL Jakub</b>	<b>65</b>		M-Dzieci	3	00:00:07	00:02:08	00:04:30	00:07:12	<b>00:10:01.50</b>	<b>00:10:01.50</b>	+00:04:58 (49.6%)	6:13	9.6 (50.3%)
64	<b>PIETRZAK Julia</b>	<b>50</b>		K-13	2	00:00:08	00:02:22	00:05:15	00:07:54	<b>00:10:23.65</b>	<b>00:10:23.65</b>	+00:05:20 (51.4%)	6:26	9.3 (48.7%)
65	<b>PIETRZAK Mariola</b>	<b>77</b>		K-50	1	00:00:10	00:02:23	00:05:15	00:07:54	<b>00:10:24.35</b>	<b>00:10:24.35</b>	+00:05:21 (51.4%)	6:27	9.3 (48.7%)
66	<b>BAKOWSKA Agata</b>	<b>22</b>	PRZEDSZKOLE NR 22/BABECZKI KOSZALIN	K-Dzieci	3	00:00:06	00:02:39	00:05:40	00:08:34	<b>00:11:24.05</b>	<b>00:11:24.05</b>	+00:06:20 (55.7%)	7:04	8.5 (44.5%)
67	<b>WOJTKIEWICZ- BAKOWSKA Dorota</b>	<b>24</b>	BABECZKI KOSZALIN	K-30	14	00:00:06	00:02:39	00:05:40	00:08:34	<b>00:11:24.45</b>	<b>00:11:24.45</b>	+00:06:21 (55.7%)	7:04	8.5 (44.5%)
68	<b>TESKA Filip</b>	<b>122</b>		M-Dzieci	4	00:00:07	00:02:56	00:05:54	00:08:49	<b>00:11:32.90</b>	<b>00:11:32.90</b>	+00:06:29 (56.2%)	7:09	8.4 (44.0%)
69	<b>TESKA Bartosz</b>	<b>125</b>	TKKF KOSZALIN	M-40	15	00:00:07	00:02:56	00:05:54	00:08:49	<b>00:11:33.65</b>	<b>00:11:33.65</b>	+00:06:30 (56.3%)	7:10	8.4 (44.0%)
70	<b>BARTNIK Marian</b>	<b>67</b>	TKKF KOSZALIN	M-70	1	00:00:02	00:02:57	00:06:08	00:09:20	<b>00:12:25.55</b>	<b>00:12:25.55</b>	+00:07:22 (59.3%)	7:42	7.8 (40.8%)

Znaleziono 70 wynik(ów)