

# LETNIA MILA BIEGOWA

B4SPORT

**Wydarzenie:** Letnia Mila Biegowa 2019 - 4/4  
**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2019-08-22  
**Miejsce:** Koszalin  
**Dystans:** 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.009km	Start_All 0.409km	Start_All 0.809km	Start_All 1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	<b>PYSHNIAK Kostiantyn</b>	<b>448</b>	TKKF KOSZALIN	M-Open	1	00:00:02	00:01:04	00:02:13	00:03:22	<b>00:04:30.12</b>		2:47	21.5 (100%)
2	<b>GAWRON Piotr</b>	<b>412</b>	ULKS TALEX BORZYTUCHOM	M-Open	2	00:00:02	00:01:08	00:02:22	00:03:39	<b>00:04:54.20</b>	+00:00:24 (8.2%)	3:02	19.7 (91.6%)
3	<b>HUBERT Łukasz</b>	<b>416</b>	TKKF KOSZALIN	M-Open	3	00:00:02	00:01:11	00:02:28	00:03:47	<b>00:04:58.79</b>	+00:00:28 (9.6%)	3:05	19.4 (90.2%)
4	<b>RYKIEL Michał</b>	<b>453</b>	DĄBROWSKI TEAM	M-Open	4	00:00:02	00:01:14	00:02:33	00:03:54	<b>00:05:10.96</b>	+00:00:40 (13.1%)	3:12	18.7 (87.0%)
5	<b>MAJKOWICZ Rafał</b>	<b>434</b>		M-Open	5	00:00:03	00:01:13	00:02:33	00:03:54	<b>00:05:14.30</b>	+00:00:44 (14.1%)	3:15	18.5 (86.0%)
6	<b>ROKOSZ Radosław</b>	<b>450</b>	JW 1223 KOSZALIN	M-Open	6	00:00:03	00:01:18	00:02:42	00:04:06	<b>00:05:22.97</b>	+00:00:52 (16.4%)	3:20	18 (83.7%)
7	<b>DOBOSZ Michał</b>	<b>411</b>	KL BAŁTYK	M-Open	7	00:00:04	00:01:16	00:02:41	00:04:06	<b>00:05:23.48</b>	+00:00:53 (16.5%)	3:20	17.9 (83.3%)
8	<b>JABŁOŃSKI Tomasz</b>	<b>418</b>	KB SPOKO SŁAWNO	M-Open	8	00:00:03	00:01:20	00:02:43	00:04:08	<b>00:05:24.12</b>	+00:00:54 (16.7%)	3:21	17.9 (83.3%)
9	<b>SITOWSKI Marcin</b>	<b>454</b>		M-Open	9	00:00:02	00:01:17	00:02:42	00:04:06	<b>00:05:27.70</b>	+00:00:57 (17.6%)	3:23	17.7 (82.3%)
10	<b>ZWOLIŃSKI Jan</b>	<b>472</b>	TKKF KOSZALIN	M-Open	10	00:00:02	00:01:19	00:02:43	00:04:05	<b>00:05:27.88</b>	+00:00:57 (17.6%)	3:23	17.7 (82.3%)
11	<b>CZAPLICKI Jacek</b>	<b>474</b>	TAGER SPORT	M-Open	11	00:00:02	00:01:17	00:02:42	00:04:09	<b>00:05:28.56</b>	+00:00:58 (17.8%)	3:23	17.7 (82.3%)
12	<b>ZUKAL Piotr</b>	<b>470</b>		M-Open	12	00:00:03	00:01:26	00:02:51	00:04:16	<b>00:05:35.05</b>	+00:01:04 (19.4%)	3:28	17.3 (80.5%)
13	<b>BIŃKOWSKI Tomasz</b>	<b>483</b>		M-Open	13	00:00:03	00:01:21	00:02:46	00:04:15	<b>00:05:37.44</b>	+00:01:07 (20.0%)	3:29	17.2 (80.0%)
14	<b>WALEŃSKI Michał</b>	<b>485</b>		M-Open	14	00:00:02	00:01:20	00:02:46	00:04:14	<b>00:05:38.54</b>	+00:01:08 (20.2%)	3:29	17.1 (79.5%)
15	<b>WEBER Paweł</b>	<b>463</b>	FPP	M-Open	15	00:00:02	00:01:20	00:02:49	00:04:23	<b>00:05:50.06</b>	+00:01:19 (22.8%)	3:37	16.6 (77.2%)
16	<b>GAWROŃSKI Marek</b>	<b>413</b>	\$\$\$	M-Open	16	00:00:04	00:01:27	00:02:53	00:04:25	<b>00:05:51.38</b>	+00:01:21 (23.1%)	3:38	16.5 (76.7%)
17	<b>GAWROŃSKI Bartosz</b>	<b>414</b>		M-Open	17	00:00:04	00:01:28	00:02:53	00:04:24	<b>00:05:52.09</b>	+00:01:21 (23.3%)	3:38	16.5 (76.7%)
18	<b>BARUTOWICZ Grzegorz</b>	<b>402</b>		M-Open	18	00:00:04	00:01:30	00:03:01	00:04:32	<b>00:05:59.54</b>	+00:01:29 (24.9%)	3:42	16.1 (74.9%)
19	<b>WIKTOROWSKI Maciej</b>	<b>465</b>		M-Open	19	00:00:03	00:01:21	00:02:53	00:04:30	<b>00:06:01.18</b>	+00:01:31 (25.2%)	3:44	16.1 (74.9%)
20	<b>KONKEL Agnieszka</b>	<b>426</b>		K-Open	1	00:00:05	00:01:29	00:02:58	00:04:31	<b>00:06:01.94</b>	+00:01:31 (25.4%)	3:44	16.1 (74.9%)
21	<b>ROGOŻA Ireneusz</b>	<b>449</b>		M-Open	20	00:00:04	00:01:30	00:03:03	00:04:38	<b>00:06:04.74</b>	+00:01:34 (25.9%)	3:46	15.9 (74.0%)
22	<b>WĘSEK Maciej</b>	<b>464</b>		M-Open	21	00:00:04	00:01:31	00:03:03	00:04:39	<b>00:06:07.36</b>	+00:01:37 (26.5%)	3:47	15.8 (73.5%)
23	<b>SZOSTAK Piotr</b>	<b>459</b>		M-Open	22	00:00:04	00:01:30	00:03:04	00:04:41	<b>00:06:12.52</b>	+00:01:42 (27.5%)	3:51	15.6 (72.6%)
24	<b>LIPNIEWICZ Paweł</b>	<b>432</b>	LIPNE MUMIE	M-Open	23	00:00:05	00:01:30	00:03:02	00:04:42	<b>00:06:12.95</b>	+00:01:42 (27.6%)	3:51	15.6 (72.6%)
25	<b>PUŚCIAN Krzysztof</b>	<b>447</b>	SP MANOWO	M-Open	24	00:00:04	00:01:31	00:03:05	00:04:43	<b>00:06:13.95</b>	+00:01:43 (27.8%)	3:51	15.5 (72.1%)
26	<b>CHORAŻY Karolina</b>	<b>405</b>	LEO-TEAM	K-Open	2	00:00:05	00:01:37	00:03:09	00:04:43	<b>00:06:15.95</b>	+00:01:45 (28.1%)	3:52	15.5 (72.1%)
27	<b>MICERSKI Tomasz</b>	<b>435</b>		M-Open	25	00:00:04	00:01:32	00:03:10	00:04:50	<b>00:06:21.58</b>	+00:01:51 (29.2%)	3:56	15.2 (70.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All				Czas netto	Różn	Tempo min/km	Tempo km/h
						0.009km	0.409km	0.809km	1.209km	1.609km			
28	<b>PIECHOTA Robert</b>	<b>443</b>	ROZBIEGANY KOSZALIN	M-Open	26	00:00:03	00:01:25	00:03:04	00:04:52	<b>00:06:22.95</b>	+00:01:52 (29.5%)	3:57	15.2 (70.7%)
29	<b>RUTKOWSKI Artur</b>	<b>451</b>	RUNKING	M-Open	27	00:00:03	00:01:38	00:03:17	00:04:58	<b>00:06:23.19</b>	+00:01:53 (29.5%)	3:57	15.1 (70.2%)
30	<b>RASZPLA Radek</b>	<b>478</b>		M-Open	28	00:00:04	00:01:31	00:03:09	00:04:50	<b>00:06:27.88</b>	+00:01:57 (30.4%)	4:00	15 (69.8%)
31	<b>KONKEL Łukasz</b>	<b>427</b>		M-Open	29	00:00:04	00:01:36	00:03:15	00:04:58	<b>00:06:36.06</b>	+00:02:05 (31.8%)	4:05	14.6 (67.9%)
32	<b>NOREK Tomek</b>	<b>438</b>		M-Open	30	00:00:05	00:01:41	00:03:19	00:05:00	<b>00:06:38.67</b>	+00:02:08 (32.2%)	4:07	14.6 (67.9%)
33	<b>MARZEC Łukasz</b>	<b>479</b>		M-Open	31	00:00:06	00:01:38	00:03:18	00:05:01	<b>00:06:40.94</b>	+00:02:10 (32.6%)	4:08	14.5 (67.4%)
34	<b>PANCERZYŃSKI Łukasz</b>	<b>475</b>		M-Open	32	00:00:05	00:01:37	00:03:18	00:05:05	<b>00:06:45.89</b>	+00:02:15 (33.5%)	4:11	14.3 (66.5%)
35	<b>DOBOSZ Jarosław</b>	<b>410</b>		M-Open	33	00:00:06	00:01:43	00:03:24	00:05:07	<b>00:06:47.35</b>	+00:02:17 (33.7%)	4:12	14.2 (66.0%)
36	<b>JANOWICZ Przemysław</b>	<b>419</b>	FPP	M-Open	34	00:00:03	00:01:33	00:03:17	00:05:07	<b>00:06:57.05</b>	+00:02:26 (35.2%)	4:19	13.9 (64.7%)
37	<b>WRÓBEL Mateusz</b>	<b>486</b>		M-Open	35	00:00:07	00:01:57	00:03:44	00:05:30	<b>00:07:00.37</b>	+00:02:30 (35.7%)	4:20	13.8 (64.2%)
38	<b>KURŁOWICZ Krzysztof</b>	<b>482</b>		M-Open	36	00:00:03	00:01:30	00:03:06	00:05:11	<b>00:07:00.93</b>	+00:02:30 (35.8%)	4:20	13.8 (64.2%)
39	<b>OSOBNIAK Ryszard</b>	<b>440</b>		M-Open	37	00:00:04	00:01:42	00:03:26	00:05:17	<b>00:07:02.69</b>	+00:02:32 (36.1%)	4:22	13.7 (63.7%)
40	<b>MAZUR Mirosław</b>	<b>481</b>		M-Open	38	00:00:04	00:01:43	00:03:27	00:05:19	<b>00:07:10.07</b>	+00:02:39 (37.2%)	4:27	13.5 (62.8%)
41	<b>ZARZYCKI Jakub</b>	<b>484</b>		M-Open	39	00:00:03	00:01:44	00:03:36	00:05:29	<b>00:07:11.45</b>	+00:02:41 (37.4%)	4:27	13.4 (62.3%)
42	<b>MACIEJEWSKI Maciej</b>	<b>433</b>	FPP	M-Open	40	00:00:05	00:01:44	00:03:35	00:05:34	<b>00:07:13.05</b>	+00:02:42 (37.6%)	4:28	13.4 (62.3%)
43	<b>KOWALEWSKI Bartosz</b>	<b>460</b>		M-Open	41	00:00:07	00:01:53	00:03:48	00:05:43	<b>00:07:28.24</b>	+00:02:58 (39.7%)	4:38	12.9 (60.0%)
44	<b>KARNICKI Zygmunt</b>	<b>430</b>	TKKF KOSZALIN	M-Open	42	00:00:04	00:01:48	00:03:46	00:05:47	<b>00:07:43.07</b>	+00:03:12 (41.7%)	4:47	12.5 (58.1%)
45	<b>GAWROŃSKI Paweł</b>	<b>480</b>		M-Open	43	00:00:06	00:01:47	00:03:53	00:06:24	<b>00:08:36.13</b>	+00:04:06 (47.7%)	5:20	11.2 (52.1%)
46	<b>CICHOSZ Jerzy</b>	<b>408</b>		M-Open	44	00:00:05	00:02:12	00:04:23	00:06:37	<b>00:08:47.69</b>	+00:04:17 (48.8%)	5:27	11 (51.2%)
47	<b>ZUKAL Aleksandra</b>	<b>471</b>		K-Open	3	00:00:06	00:02:21	00:04:36	00:06:53	<b>00:09:04.11</b>	+00:04:33 (50.4%)	5:37	10.7 (49.8%)
48	<b>KARNICKI Artur</b>	<b>422</b>		M-Open	45	00:00:08	00:02:47	00:05:18	00:07:43	<b>00:09:56.79</b>	+00:05:26 (54.7%)	6:10	9.7 (45.1%)
49	<b>BARTNIK Marian</b>	<b>490</b>	TKKF KOSZALIN	M-Open	46	00:00:07	00:03:26	00:06:57	00:10:29	<b>00:14:04.82</b>	+00:09:34 (68.0%)	8:44	6.9 (32.1%)
50	<b>LINOWIECKI Cezary</b>	<b>431</b>	BAŁTYK KOSZALIN	M-Open	47	00:00:03	00:01:24	00:02:51			+00:00:38	3:31	17.1 (79.5%)

Znaleziono 50 wynik(ów)