



LETNIA MILA BIEGOWA

B4SPORT

Wydarzenie: Letnia Milla Biegowa 2019 - 4/4
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-08-22
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.009km	Start_All 0.409km	Start_All 0.809km	Start_All 1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	PYSHNIAK Kostiantyn	448	TKKF KOSZALIN	M-Open	1	00:00:02	00:01:04	00:02:13	00:03:22	00:04:30.12		2:47	21.5 (100%)
2	GAWRON Piotr	412	ULKS TALEX BORZYTUCHOM	M-Open	2	00:00:02	00:01:08	00:02:22	00:03:39	00:04:54.20	+00:00:24 (8.2%)	3:02	19.7 (91.6%)
3	HUBERT Łukasz	416	TKKF KOSZALIN	M-Open	3	00:00:02	00:01:11	00:02:28	00:03:47	00:04:58.79	+00:00:28 (9.6%)	3:05	19.4 (90.2%)
4	RYKIEL Michał	453	DĄBROWSKI TEAM	M-Open	4	00:00:02	00:01:14	00:02:33	00:03:54	00:05:10.96	+00:00:40 (13.1%)	3:12	18.7 (87.0%)
5	MAJKOWICZ Rafał	434		M-Open	5	00:00:03	00:01:13	00:02:33	00:03:54	00:05:14.30	+00:00:44 (14.1%)	3:15	18.5 (86.0%)
6	ROKOSZ Radosław	450	JW 1223 KOSZALIN	M-Open	6	00:00:03	00:01:18	00:02:42	00:04:06	00:05:22.97	+00:00:52 (16.4%)	3:20	18 (83.7%)
7	DOBOSZ Michał	411	KL BAŁTYK	M-Open	7	00:00:04	00:01:16	00:02:41	00:04:06	00:05:23.48	+00:00:53 (16.5%)	3:20	17.9 (83.3%)
8	JABŁOŃSKI Tomasz	418	KB SPOKO SŁAWNO	M-Open	8	00:00:03	00:01:20	00:02:43	00:04:08	00:05:24.12	+00:00:54 (16.7%)	3:21	17.9 (83.3%)
9	SITOWSKI Marcin	454		M-Open	9	00:00:02	00:01:17	00:02:42	00:04:06	00:05:27.70	+00:00:57 (17.6%)	3:23	17.7 (82.3%)
10	ZWOLIŃSKI Jan	472	TKKF KOSZALIN	M-Open	10	00:00:02	00:01:19	00:02:43	00:04:05	00:05:27.88	+00:00:57 (17.6%)	3:23	17.7 (82.3%)
11	CZAPLICKI Jacek	474	TAGER SPORT	M-Open	11	00:00:02	00:01:17	00:02:42	00:04:09	00:05:28.56	+00:00:58 (17.8%)	3:23	17.7 (82.3%)
12	ZUKAL Piotr	470		M-Open	12	00:00:03	00:01:26	00:02:51	00:04:16	00:05:35.05	+00:01:04 (19.4%)	3:28	17.3 (80.5%)
13	BIŃKOWSKI Tomasz	483		M-Open	13	00:00:03	00:01:21	00:02:46	00:04:15	00:05:37.44	+00:01:07 (20.0%)	3:29	17.2 (80.0%)
14	WALEŃSKI Michał	485		M-Open	14	00:00:02	00:01:20	00:02:46	00:04:14	00:05:38.54	+00:01:08 (20.2%)	3:29	17.1 (79.5%)
15	WEBER Paweł	463	FPP	M-Open	15	00:00:02	00:01:20	00:02:49	00:04:23	00:05:50.06	+00:01:19 (22.8%)	3:37	16.6 (77.2%)
16	GAWROŃSKI Marek	413	\$\$\$	M-Open	16	00:00:04	00:01:27	00:02:53	00:04:25	00:05:51.38	+00:01:21 (23.1%)	3:38	16.5 (76.7%)
17	GAWROŃSKI Bartosz	414		M-Open	17	00:00:04	00:01:28	00:02:53	00:04:24	00:05:52.09	+00:01:21 (23.3%)	3:38	16.5 (76.7%)
18	BARUTOWICZ Grzegorz	402		M-Open	18	00:00:04	00:01:30	00:03:01	00:04:32	00:05:59.54	+00:01:29 (24.9%)	3:42	16.1 (74.9%)
19	WIKTOROWSKI Maciej	465		M-Open	19	00:00:03	00:01:21	00:02:53	00:04:30	00:06:01.18	+00:01:31 (25.2%)	3:44	16.1 (74.9%)
20	KONKEL Agnieszka	426		K-Open	1	00:00:05	00:01:29	00:02:58	00:04:31	00:06:01.94	+00:01:31 (25.4%)	3:44	16.1 (74.9%)
21	ROGOŻA Ireneusz	449		M-Open	20	00:00:04	00:01:30	00:03:03	00:04:38	00:06:04.74	+00:01:34 (25.9%)	3:46	15.9 (74.0%)
22	WĘSEK Maciej	464		M-Open	21	00:00:04	00:01:31	00:03:03	00:04:39	00:06:07.36	+00:01:37 (26.5%)	3:47	15.8 (73.5%)
23	SZOSTAK Piotr	459		M-Open	22	00:00:04	00:01:30	00:03:04	00:04:41	00:06:12.52	+00:01:42 (27.5%)	3:51	15.6 (72.6%)
24	LIPNIEWICZ Paweł	432	LIPNE MUMIE	M-Open	23	00:00:05	00:01:30	00:03:02	00:04:42	00:06:12.95	+00:01:42 (27.6%)	3:51	15.6 (72.6%)
25	PUŚCIAN Krzysztof	447	SP MANOWO	M-Open	24	00:00:04	00:01:31	00:03:05	00:04:43	00:06:13.95	+00:01:43 (27.8%)	3:51	15.5 (72.1%)
26	CHORAŻY Karolina	405	LEO-TEAM	K-Open	2	00:00:05	00:01:37	00:03:09	00:04:43	00:06:15.95	+00:01:45 (28.1%)	3:52	15.5 (72.1%)
27	MICERSKI Tomasz	435		M-Open	25	00:00:04	00:01:32	00:03:10	00:04:50	00:06:21.58	+00:01:51 (29.2%)	3:56	15.2 (70.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All				Czas netto	Różn	Tempo min/km	Tempo km/h
						0.009km	0.409km	0.809km	1.209km	1.609km			
28	PIECHOTA Robert	443	ROZBIEGANY KOSZALIN	M-Open	26	00:00:03	00:01:25	00:03:04	00:04:52	00:06:22.95	+00:01:52 (29.5%)	3:57	15.2 (70.7%)
29	RUTKOWSKI Artur	451	RUNKING	M-Open	27	00:00:03	00:01:38	00:03:17	00:04:58	00:06:23.19	+00:01:53 (29.5%)	3:57	15.1 (70.2%)
30	RASZPLA Radek	478		M-Open	28	00:00:04	00:01:31	00:03:09	00:04:50	00:06:27.88	+00:01:57 (30.4%)	4:00	15 (69.8%)
31	KONKEL Łukasz	427		M-Open	29	00:00:04	00:01:36	00:03:15	00:04:58	00:06:36.06	+00:02:05 (31.8%)	4:05	14.6 (67.9%)
32	NOREK Tomek	438		M-Open	30	00:00:05	00:01:41	00:03:19	00:05:00	00:06:38.67	+00:02:08 (32.2%)	4:07	14.6 (67.9%)
33	MARZEC Łukasz	479		M-Open	31	00:00:06	00:01:38	00:03:18	00:05:01	00:06:40.94	+00:02:10 (32.6%)	4:08	14.5 (67.4%)
34	PANCERZYŃSKI Łukasz	475		M-Open	32	00:00:05	00:01:37	00:03:18	00:05:05	00:06:45.89	+00:02:15 (33.5%)	4:11	14.3 (66.5%)
35	DOBOSZ Jarosław	410		M-Open	33	00:00:06	00:01:43	00:03:24	00:05:07	00:06:47.35	+00:02:17 (33.7%)	4:12	14.2 (66.0%)
36	JANOWICZ Przemysław	419	FPP	M-Open	34	00:00:03	00:01:33	00:03:17	00:05:07	00:06:57.05	+00:02:26 (35.2%)	4:19	13.9 (64.7%)
37	WRÓBEL Mateusz	486		M-Open	35	00:00:07	00:01:57	00:03:44	00:05:30	00:07:00.37	+00:02:30 (35.7%)	4:20	13.8 (64.2%)
38	KURŁOWICZ Krzysztof	482		M-Open	36	00:00:03	00:01:30	00:03:06	00:05:11	00:07:00.93	+00:02:30 (35.8%)	4:20	13.8 (64.2%)
39	OSOBNIAK Ryszard	440		M-Open	37	00:00:04	00:01:42	00:03:26	00:05:17	00:07:02.69	+00:02:32 (36.1%)	4:22	13.7 (63.7%)
40	MAZUR Mirosław	481		M-Open	38	00:00:04	00:01:43	00:03:27	00:05:19	00:07:10.07	+00:02:39 (37.2%)	4:27	13.5 (62.8%)
41	ZARZYCKI Jakub	484		M-Open	39	00:00:03	00:01:44	00:03:36	00:05:29	00:07:11.45	+00:02:41 (37.4%)	4:27	13.4 (62.3%)
42	MACIEJEWSKI Maciej	433	FPP	M-Open	40	00:00:05	00:01:44	00:03:35	00:05:34	00:07:13.05	+00:02:42 (37.6%)	4:28	13.4 (62.3%)
43	KOWALEWSKI Bartosz	460		M-Open	41	00:00:07	00:01:53	00:03:48	00:05:43	00:07:28.24	+00:02:58 (39.7%)	4:38	12.9 (60.0%)
44	KARNICKI Zygmunt	430	TKKF KOSZALIN	M-Open	42	00:00:04	00:01:48	00:03:46	00:05:47	00:07:43.07	+00:03:12 (41.7%)	4:47	12.5 (58.1%)
45	GAWROŃSKI Paweł	480		M-Open	43	00:00:06	00:01:47	00:03:53	00:06:24	00:08:36.13	+00:04:06 (47.7%)	5:20	11.2 (52.1%)
46	CICHOSZ Jerzy	408		M-Open	44	00:00:05	00:02:12	00:04:23	00:06:37	00:08:47.69	+00:04:17 (48.8%)	5:27	11 (51.2%)
47	ZUKAL Aleksandra	471		K-Open	3	00:00:06	00:02:21	00:04:36	00:06:53	00:09:04.11	+00:04:33 (50.4%)	5:37	10.7 (49.8%)
48	KARNICKI Artur	422		M-Open	45	00:00:08	00:02:47	00:05:18	00:07:43	00:09:56.79	+00:05:26 (54.7%)	6:10	9.7 (45.1%)
49	BARTNIK Marian	490	TKKF KOSZALIN	M-Open	46	00:00:07	00:03:26	00:06:57	00:10:29	00:14:04.82	+00:09:34 (68.0%)	8:44	6.9 (32.1%)
50	LINOWIECKI Cezary	431	BAŁTYK KOSZALIN	M-Open	47	00:00:03	00:01:24	00:02:51			+00:00:38	3:31	17.1 (79.5%)

Znaleziono 50 wynik(ów)