



LETNIA MILA BIEGOWA

B4SPORT

Wydarzenie: Letnie Mile Biegowe 2019
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-07-25
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 0.009km	Start All 0.409km	Start All 0.809km	Start All 1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	PYSHNIAK Kostiantyn	486		M-Open	1	00:00:02	00:01:04	00:02:11	00:03:22	00:04:32.59		2:48	21.3 (100%)
2	GAWRON Piotr	419	ULKS TALEX BORZYTUCHOM	M-Open	2	00:00:02	00:01:09	00:02:24	00:03:42	00:04:59.81	+00:00:27 (9.1%)	3:05	19.4 (91.1%)
3	SZKOŁUDA Miłosz	476		M-Open	3	00:00:02	00:01:14	00:02:30	00:03:48	00:05:00.23	+00:00:27 (9.2%)	3:06	19.3 (90.6%)
4	KASZUBIAK Klaudiusz	488		M-Open	4	00:00:02	00:01:14	00:02:31	00:03:49	00:05:01.17	+00:00:28 (9.5%)	3:06	19.3 (90.6%)
5	MAJKOWICZ Rafał	480		M-Open	5	00:00:03	00:01:11	00:02:30	00:03:51	00:05:10.97	+00:00:38 (12.3%)	3:12	18.7 (87.8%)
6	RYKIEL Michał	410	DĄBROWSKI TEAM	M-Open	6	00:00:02	00:01:15	00:02:32	00:03:53	00:05:12.73	+00:00:40 (12.8%)	3:13	18.6 (87.3%)
7	SOSNOWSKI Tomasz	429	FPP FUNKCJONALNOŚĆ PONAD POMPE	M-Open	7	00:00:02	00:01:16	00:02:38	00:04:06	00:05:26.51	+00:00:53 (16.5%)	3:22	17.8 (83.6%)
8	SITOWSKI Marcin	430		M-Open	8	00:00:02	00:01:14	00:02:39	00:04:07	00:05:27.78	+00:00:55 (16.8%)	3:23	17.7 (83.1%)
9	ROKOSZ Radosław	412	JW 1223 KOSZALIN	M-Open	9	00:00:02	00:01:19	00:02:46	00:04:14	00:05:30.45	+00:00:57 (17.5%)	3:24	17.6 (82.6%)
10	DOBOSZ Michał	414		M-Open	10	00:00:02	00:01:15	00:02:42	00:04:12	00:05:31.28	+00:00:58 (17.7%)	3:25	17.5 (82.2%)
11	ZUKAL Piotr	405		M-Open	11	00:00:03	00:01:23	00:02:47	00:04:12	00:05:32.78	+00:01:00 (18.1%)	3:26	17.5 (82.2%)
12	ZWOLIŃSKI Jan	401	TKKF KOSZALIN	M-Open	12	00:00:03	00:01:23	00:02:48	00:04:14	00:05:36.20	+00:01:03 (18.9%)	3:28	17.3 (81.2%)
13	JABŁOŃSKI Tomasz	473	KB SPOKO SŁAWNO	M-Open	13	00:00:02	00:01:21	00:02:47	00:04:14	00:05:36.61	+00:01:04 (19.0%)	3:28	17.3 (81.2%)
14	BIEŃKOWSKI Tomasz	415		M-Open	14	00:00:03	00:01:24	00:02:50	00:04:17	00:05:41.91	+00:01:09 (20.3%)	3:31	17 (79.8%)
15	WALEŃSKI Michał	496		M-Open	15	00:00:03	00:01:24	00:02:53	00:04:21	00:05:43.85	+00:01:11 (20.7%)	3:33	16.9 (79.3%)
16	LINOWIECKI Cezary	424		M-Open	16	00:00:03	00:01:27	00:02:58	00:04:31	00:05:55.75	+00:01:23 (23.4%)	3:40	16.3 (76.5%)
17	WEBER Paweł	498	FPP	M-Open	17	00:00:02	00:01:17	00:02:47	00:04:24	00:05:57.00	+00:01:24 (23.6%)	3:41	16.2 (76.1%)
18	WIKTOROWSKI Maciej	407		M-Open	18	00:00:03	00:01:24	00:02:54	00:04:29	00:05:58.20	+00:01:25 (23.9%)	3:42	16.2 (76.1%)
19	WINNICKI Wojciech	485		M-Open	19	00:00:04	00:01:30	00:03:00	00:04:32	00:05:58.54	+00:01:25 (24.0%)	3:42	16.2 (76.1%)
20	NOWAK Adam	472		M-Open	20	00:00:03	00:01:31	00:03:05	00:04:39	00:06:00.45	+00:01:27 (24.4%)	3:43	16.1 (75.6%)
21	SZOSTAK Piotr	428		M-Open	21	00:00:03	00:01:25	00:02:57	00:04:31	00:06:02.33	+00:01:29 (24.8%)	3:44	16 (75.1%)
22	BARUTOWICZ Grzegorz	420		M-Open	22	00:00:04	00:01:30	00:03:01	00:04:34	00:06:06.54	+00:01:33 (25.6%)	3:47	15.8 (74.2%)
23	ROGOŻA Ireneusz	408		M-Open	23	00:00:04	00:01:32	00:03:07	00:04:39	00:06:08.76	+00:01:36 (26.1%)	3:48	15.8 (74.2%)
24	BASSEL Marcin	409		M-Open	24	00:00:05	00:01:32	00:03:07	00:04:43	00:06:14.51	+00:01:41 (27.2%)	3:52	15.5 (72.8%)
25	PUŚCIAN Krzysztof	403	SP MANOWO	M-Open	25	00:00:05	00:01:33	00:03:07	00:04:42	00:06:16.78	+00:01:44 (27.7%)	3:53	15.4 (72.3%)
26	MICERSKI Tomasz	416		M-Open	26	00:00:04	00:01:31	00:03:10	00:04:50	00:06:25.89	+00:01:53 (29.4%)	3:59	15.1 (70.9%)
27	KURŁOWICZ Krzysztof	454		M-Open	27	00:00:03	00:01:32	00:03:10	00:04:51	00:06:28.43	+00:01:55 (29.8%)	4:00	14.9 (70.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All				Czas netto	Różn	Tempo min/km	Tempo km/h
						0.009km	0.409km	0.809km	1.209km	1.609km			
28	RASZPLA Radek	451		M-Open	28	00:00:03	00:01:31	00:03:08	00:04:49	00:06:29.54	+00:01:56 (30.0%)	4:01	14.9 (70.0%)
29	MISZTAL Kamil	417		M-Open	29	00:00:03	00:01:22	00:02:58	00:04:47	00:06:42.55	+00:02:09 (32.3%)	4:09	14.4 (67.6%)
30	MIKOŁAJCZYK Hubert	477		M-Open	30	00:00:03	00:01:33	00:03:18	00:05:11	00:06:51.11	+00:02:18 (33.7%)	4:15	14.1 (66.2%)
31	KAMYK Piotr	499	MH SYSTEMY IT KOSZALIN	M-Open	31	00:00:05	00:01:39	00:03:24	00:05:14	00:06:54.27	+00:02:21 (34.2%)	4:17	14 (65.7%)
32	ZAREMBA Tomasz	460		M-Open	32	00:00:07	00:01:48	00:03:33	00:05:18	00:06:55.25	+00:02:22 (34.4%)	4:17	14 (65.7%)
33	DOBOSZ Jarosław	418		M-Open	33	00:00:07	00:01:42	00:03:25	00:05:13	00:06:56.78	+00:02:24 (34.6%)	4:18	13.9 (65.3%)
34	NOREK Tomek	458		M-Open	34	00:00:06	00:01:49	00:03:31	00:05:16	00:06:58.09	+00:02:25 (34.8%)	4:19	13.9 (65.3%)
35	PANCERZYŃSKI Łukasz	423		M-Open	35	00:00:07	00:01:47	00:03:34	00:05:24	00:07:08.80	+00:02:36 (36.4%)	4:25	13.5 (63.4%)
36	MACIEJEWSKI Maciej	404	FPP FUNKCJONALNOŚĆ PONAD POMPE	M-Open	36	00:00:06	00:01:41	00:03:28	00:05:25	00:07:09.33	+00:02:36 (36.5%)	4:26	13.5 (63.4%)
37	JANOWICZ Przemysław	422	FPP	M-Open	37	00:00:07	00:01:48	00:03:33	00:05:27	00:07:18.86	+00:02:46 (37.9%)	4:32	13.2 (62.0%)
38	WESOŁOWSKI Łukasz	481		M-Open	38	00:00:05	00:01:46	00:03:39	00:05:37	00:07:27.21	+00:02:54 (39.0%)	4:37	13 (61.0%)
39	KOZŁOWIECKI Waldemar	427	TKKF KOSZALIN	M-Open	39	00:00:07	00:01:56	00:03:50	00:05:47	00:07:38.95	+00:03:06 (40.6%)	4:44	12.7 (59.6%)
40	KARNICKI Zygmunt	411	TKKF KOSZALIN	M-Open	40	00:00:06	00:01:56	00:03:53	00:05:51	00:07:40.00	+00:03:07 (40.7%)	4:45	12.6 (59.2%)
41	KOWALEWSKI Bartosz	487		M-Open	41	00:00:08	00:02:00	00:04:06	00:06:21	00:08:31.55	+00:03:58 (46.7%)	5:17	11.3 (53.1%)
42	CICHOSZ Jerzy	406		M-Open	42	00:00:05	00:02:11	00:04:28	00:06:49	00:09:08.58	+00:04:35 (50.3%)	5:40	10.6 (49.8%)
43	KARNICKI Artur	413		M-Open	43	00:00:08	00:02:25	00:04:39	00:07:24	00:09:54.16	+00:05:21 (54.1%)	6:08	9.8 (46.0%)

Znaleziono 43 wynik(ów)