



LETNIE MILE BIEGOWE 04.08.2021 - 1609M

B4SPORT

Wydarzenie: KOSZALIŃSKIE LETNIE MILE BIEGOWE 2/3 - KOSZALIN 2021
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2021-08-04
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: 1 Seria

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap_9m 0.009km	Lap_409m 0.409km	Lap_809m 0.809km	Lap_1209m 1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	NOWAKOWSKA Katarzyna	80	AML SŁUPSK	1 Seria	1	00:00:03	00:01:18	00:02:38	00:03:58	00:05:15.25		3:15	18.4 (100%)
2	KRYNICKA-GRZYB Małgorzat	71		1 Seria	2	00:00:03	00:01:20	00:02:51	00:04:27	00:05:56.80	+00:00:41 (11.6%)	3:41	16.3 (88.6%)
3	SZCZEGIELNIAK Natalia	92	AML SŁUPSK	1 Seria	3	00:00:03	00:01:29	00:03:02	00:04:36	00:05:57.40	+00:00:42 (11.8%)	3:41	16.2 (88.0%)
4	ZATOŃ Olga	99		1 Seria	4	00:00:03	00:01:24	00:02:57	00:04:31	00:06:01.20	+00:00:45 (12.7%)	3:44	16 (87.0%)
5	SPOLSKA Weronika	91	SOBASTEAM	1 Seria	5	00:00:04	00:01:26	00:02:57	00:04:31	00:06:06.60	+00:00:51 (14.0%)	3:47	15.8 (85.9%)
6	BIELIŃSKI Michał	107	NOCNA ŚCIEMA	1 Seria	6	00:00:04	00:01:36	00:03:11	00:04:45	00:06:15.45	+00:01:00 (16.0%)	3:53	15.4 (83.7%)
7	DĄBROWSKA Alicja	51	TKKF KOSZALIN	1 Seria	7	00:00:03	00:01:36	00:03:12	00:04:47	00:06:16.65	+00:01:01 (16.3%)	3:53	15.4 (83.7%)
8	MAZIEC Beata	78	BIEGOLAS KOSZALIN	1 Seria	8	00:00:03	00:01:31	00:03:07	00:04:44	00:06:18.35	+00:01:03 (16.7%)	3:54	15.3 (83.2%)
9	RUTKOWSKI Artur	87	RUNKING.INFO	1 Seria	9	00:00:05	00:01:44	00:03:20	00:04:59	00:06:34.75	+00:01:19 (20.1%)	4:04	14.7 (79.9%)
10	BIELIŃSKA Iwona	106	NOCNA ŚCIEMA	1 Seria	10	00:00:04	00:01:38	00:03:20	00:05:06	00:06:51.55	+00:01:36 (23.4%)	4:15	14.1 (76.6%)
11	MAZUR Mirosław	108		1 Seria	11	00:00:04	00:01:43	00:03:27	00:05:13	00:06:56.85	+00:01:41 (24.4%)	4:18	13.9 (75.5%)
12	BOGACKI Tomasz	47	TKKF KOSZALIN	1 Seria	12	00:00:04	00:01:43	00:03:29	00:05:15	00:06:57.20	+00:01:41 (24.4%)	4:19	13.9 (75.5%)
13	KULCZYK Katarzyna	75	KB BRYZA POSTOMINO	1 Seria	13	00:00:04	00:01:45	00:03:32	00:05:18	00:06:57.60	+00:01:42 (24.5%)	4:19	13.9 (75.5%)
14	KRUPIŃSKA Beata	69	E-UROLOG.EU	1 Seria	14	00:00:05	00:01:45	00:03:31	00:05:19	00:07:05.45	+00:01:50 (25.9%)	4:24	13.6 (73.9%)
15	KRZEWIŃSKA Małgorzata	72	TKKF KOSZALIN	1 Seria	15	00:00:05	00:01:46	00:03:33	00:05:23	00:07:08.50	+00:01:53 (26.4%)	4:26	13.5 (73.4%)
16	KOZŁOWIECKI Waldemar	68	TKKF KOSZALIN	1 Seria	16	00:00:05	00:01:57	00:04:01	00:06:07	00:08:06.60	+00:02:51 (35.2%)	5:02	11.9 (64.7%)
17	ŚWITALSKA Sandra	105		1 Seria	17	00:00:00	00:02:06	00:03:36	00:05:19	00:08:31.00	+00:03:15 (38.3%)	5:17	11.3 (61.4%)
18	KOZŁOWIECKA Małgorzata	67		1 Seria	18	00:00:04	00:02:12	00:04:42	00:07:24	00:10:00.45	+00:04:45 (47.5%)	6:12	9.7 (52.7%)

Znaleziono 18 wynik(ów)