



LETNIE MILE BIEGOWE 04.08.2021 - 1609M

B4SPORT

Wydarzenie: KOSZALIŃSKIE LETNIE MILE BIEGOWE 2/3 - KOSZALIN 2021
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2021-08-04
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap_9m 0.009km	Lap_409m 0.409km	Lap_809m 0.809km	Lap_1209m 1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	PYSHNIAK Kostiantyn	86	@TESLA_BATTERIES_UA @IRC.TEAM	3 Seria	1	00:00:02	00:01:13	00:02:23	00:03:31	00:04:38.45		2:52	20.8 (100%)
2	ABEL Patryk	41		3 Seria	2	00:00:03	00:01:13	00:02:25	00:03:39	00:04:47.85	+00:00:09 (3.3%)	2:58	20.2 (97.1%)
3	GAWRON Piotr	55	ULKS TALEX BORZYTUCHOM	3 Seria	3	00:00:02	00:01:15	00:02:29	00:03:47	00:05:01.70	+00:00:23 (7.7%)	3:07	19.2 (92.3%)
4	HOŁUB Kamil	59	MLUKSTRZEBIATÓW	3 Seria	4	00:00:03	00:01:15	00:02:33	00:03:55	00:05:09.45	+00:00:31 (10.0%)	3:12	18.7 (89.9%)
5	NOWAKOWSKA Katarzyna	80	AML SŁUPSK	1 Seria	1	00:00:03	00:01:18	00:02:38	00:03:58	00:05:15.25	+00:00:36 (11.7%)	3:15	18.4 (88.5%)
6	SITOWSKI Marcin	109	FC RYSIEK	3 Seria	5	00:00:03	00:01:15	00:02:35	00:03:59	00:05:17.35	+00:00:38 (12.3%)	3:17	18.3 (88.0%)
7	WALEŃSKI Michał	103	TKKF KOSZALIN	3 Seria	6	00:00:03	00:01:17	00:02:38	00:04:01	00:05:20.40	+00:00:41 (13.1%)	3:18	18.1 (87.0%)
8	PICK Tomasz	83	BIEGOLAS / KORONA	3 Seria	7	00:00:03	00:01:21	00:02:43	00:04:06	00:05:20.75	+00:00:42 (13.2%)	3:18	18.1 (87.0%)
9	JABŁOŃSKI Tomasz	61	KB SPOKO SŁAWNO	3 Seria	8	00:00:03	00:01:19	00:02:40	00:04:02	00:05:21.35	+00:00:42 (13.3%)	3:19	18 (86.5%)
10	BURDA Robert	49	KOSPEL	3 Seria	9	00:00:03	00:01:21	00:02:42	00:04:06	00:05:25.40	+00:00:46 (14.4%)	3:21	17.8 (85.6%)
11	ZWOLIŃSKI Jan	100	TKKF KOSZALIN	3 Seria	10	00:00:03	00:01:21	00:02:47	00:04:14	00:05:35.00	+00:00:56 (16.9%)	3:28	17.3 (83.2%)
12	DZIADEK Krzysztof	52	TKKF KOSZALIN	3 Seria	11	00:00:03	00:01:20	00:02:44	00:04:13	00:05:35.20	+00:00:56 (16.9%)	3:28	17.3 (83.2%)
13	SOSNOWSKI Tomasz	90	FPP	2 Seria	1	00:00:02	00:01:26	00:02:55	00:04:25	00:05:40.95	+00:01:02 (18.3%)	3:31	17 (81.7%)
14	KOZIEŁ Paweł	66		2 Seria	2	00:00:02	00:01:24	00:02:54	00:04:25	00:05:42.25	+00:01:03 (18.6%)	3:32	16.9 (81.3%)

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						0.009km	0.409km	0.809km	1.209km	1.609km			
15	TROJAK Jakub	95	AML SŁUPSK	2 Seria	3	00:00:02	00:01:27	00:02:55	00:04:25	00:05:42.95	+00:01:04 (18.8%)	3:32	16.9 (81.3%)
16	KUKIEŁA Tomasz	74	BIEGOLAS\KEPKA_NA_TRASIE	2 Seria	4	00:00:02	00:01:27	00:02:56	00:04:26	00:05:48.65	+00:01:10 (20.1%)	3:36	16.6 (79.8%)
17	IWANIEC Dariusz	60	TKKF - BIEGOLAS KOSZALIN	2 Seria	5	00:00:02	00:01:27	00:02:56	00:04:26	00:05:50.95	+00:01:12 (20.7%)	3:37	16.5 (79.3%)
18	BARUTOWICZ Grzegorz	46		2 Seria	6	00:00:03	00:01:28	00:02:56	00:04:28	00:05:55.35	+00:01:16 (21.6%)	3:40	16.3 (78.4%)
19	KRYNICKA-GRZYB Małgorzat	71		1 Seria	2	00:00:03	00:01:20	00:02:51	00:04:27	00:05:56.80	+00:01:18 (22.0%)	3:41	16.3 (78.4%)
20	WEBER Paweł	97	ENERGON	2 Seria	7	00:00:02	00:01:26	00:02:55	00:04:29	00:05:57.25	+00:01:18 (22.1%)	3:41	16.2 (77.9%)
21	SZCZEGIELNIAK Natalia	92	AML SŁUPSK	1 Seria	3	00:00:03	00:01:29	00:03:02	00:04:36	00:05:57.40	+00:01:18 (22.1%)	3:41	16.2 (77.9%)
22	MARCINKOWSKI Jacek	77	SSK ORZEŁ ŚWIESZYNO	2 Seria	8	00:00:02	00:01:28	00:02:57	00:04:30	00:05:57.85	+00:01:19 (22.2%)	3:41	16.2 (77.9%)
23	ZATOŃ Olga	99		1 Seria	4	00:00:03	00:01:24	00:02:57	00:04:31	00:06:01.20	+00:01:22 (22.9%)	3:44	16 (76.9%)
24	GAWĘDA Emil	54	KLUBU BIEGACZA DARŁOWSKIE CHARTY	2 Seria	9	00:00:02	00:01:32	00:03:05	00:04:38	00:06:02.55	+00:01:24 (23.2%)	3:44	16 (76.9%)
25	BUDZIŃSKI Paweł	48	DRUŻYNA SZPIKU	2 Seria	10	00:00:03	00:01:31	00:03:05	00:04:38	00:06:04.45	+00:01:26 (23.6%)	3:46	15.9 (76.4%)
26	SPOLSKA Weronika	91	SOBASTEAM	1 Seria	5	00:00:04	00:01:26	00:02:57	00:04:31	00:06:06.60	+00:01:28 (24.0%)	3:47	15.8 (76.0%)
27	GAWROŃSKI Bartosz	56		2 Seria	11	00:00:03	00:01:32	00:03:06	00:04:42	00:06:15.35	+00:01:36 (25.8%)	3:53	15.4 (74.0%)
28	BIELIŃSKI Michał	107	NOCNA ŚCIEMA	1 Seria	6	00:00:04	00:01:36	00:03:11	00:04:45	00:06:15.45	+00:01:37 (25.8%)	3:53	15.4 (74.0%)
29	DĄBROWSKA Alicja	51	TKKF KOSZALIN	1 Seria	7	00:00:03	00:01:36	00:03:12	00:04:47	00:06:16.65	+00:01:38 (26.1%)	3:53	15.4 (74.0%)
30	MAZIEC Beata	78	BIEGOLAS KOSZALIN	1 Seria	8	00:00:03	00:01:31	00:03:07	00:04:44	00:06:18.35	+00:01:39 (26.4%)	3:54	15.3 (73.6%)
31	KRUPIŃSKI Krzysztof	70	E-UROLOG.EU	2 Seria	12	00:00:03	00:01:40	00:03:20	00:04:59	00:06:33.80	+00:01:55 (29.3%)	4:04	14.7 (70.7%)
32	RUTKOWSKI Artur	87	RUNKING.INFO	1 Seria	9	00:00:05	00:01:44	00:03:20	00:04:59	00:06:34.75	+00:01:56 (29.5%)	4:04	14.7 (70.7%)
33	MICERSKI Tomasz	79	TKKF KOSZALIN	2 Seria	13	00:00:03	00:01:39	00:03:19	00:04:58	00:06:36.15	+00:01:57 (29.7%)	4:06	14.6 (70.2%)
34	PANCERZYŃSKI Łukasz	82		2 Seria	14	00:00:03	00:01:41	00:03:20	00:04:59	00:06:38.00	+00:01:59 (30.0%)	4:07	14.6 (70.2%)
35	PANASZEWSKI Przemysław	81		2 Seria	15	00:00:03	00:01:38	00:03:24	00:05:08	00:06:46.25	+00:02:07 (31.5%)	4:12	14.3 (68.8%)
36	BIELIŃSKA Iwona	106	NOCNA ŚCIEMA	1 Seria	10	00:00:04	00:01:38	00:03:20	00:05:06	00:06:51.55	+00:02:13 (32.3%)	4:15	14.1 (67.8%)
37	MAZUR Mirosław	108		1 Seria	11	00:00:04	00:01:43	00:03:27	00:05:13	00:06:56.85	+00:02:18 (33.2%)	4:18	13.9 (66.8%)

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						0.009km	0.409km	0.809km	1.209km	1.609km			
38	BOGACKI Tomasz	47	TKKF KOSZALIN	1 Seria	12	00:00:04	00:01:43	00:03:29	00:05:15	00:06:57.20	+00:02:18 (33.3%)	4:19	13.9 (66.8%)
39	KULCZYK Katarzyna	75	KB BRYZA POSTOMINO	1 Seria	13	00:00:04	00:01:45	00:03:32	00:05:18	00:06:57.60	+00:02:19 (33.3%)	4:19	13.9 (66.8%)
40	KRUPIŃSKA Beata	69	E-UROLOG.EU	1 Seria	14	00:00:05	00:01:45	00:03:31	00:05:19	00:07:05.45	+00:02:27 (34.6%)	4:24	13.6 (65.4%)
41	KRZEWIŃSKA Małgorzata	72	TKKF KOSZALIN	1 Seria	15	00:00:05	00:01:46	00:03:33	00:05:23	00:07:08.50	+00:02:30 (35.0%)	4:26	13.5 (64.9%)
42	KOZŁOWIECKI Waldemar	68	TKKF KOSZALIN	1 Seria	16	00:00:05	00:01:57	00:04:01	00:06:07	00:08:06.60	+00:03:28 (42.8%)	5:02	11.9 (57.2%)
43	ŚWITALSKA Sandra	105		1 Seria	17	00:00:00	00:02:06	00:03:36	00:05:19	00:08:31.00	+00:03:52 (45.5%)	5:17	11.3 (54.3%)
44	KOZŁOWIECKA Małgorzata	67		1 Seria	18	00:00:04	00:02:12	00:04:42	00:07:24	00:10:00.45	+00:05:22 (53.6%)	6:12	9.7 (46.6%)

Znaleziono 44 wynik(ów)