



LETNIE MILE BIEGOWE - 1/5 - 1 MILA

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-04-25
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.009km	Start_All 0.409km	Start_All 0.809km	Start_All 1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	ORZECOWSKI Kamil	301	TKKF KOSZALIN	M-30	1	00:00:02	00:01:13	00:02:28	00:03:44	00:04:53.60		3:01	19.8 (100%)
2	GAWRON Piotr	362	ULKS TALEX BORZYTUCHOM	M-18	1	00:00:02	00:01:13	00:02:28	00:03:48	00:05:09.70	+00:00:16 (5.2%)	3:11	18.8 (94.9%)
3	SOSNOWSKI Tomasz	350	MEDEN-INMED SPORTS TEAM	M-18	2	00:00:03	00:01:14	00:02:35	00:04:08	00:05:32.05	+00:00:38 (11.6%)	3:26	17.5 (88.4%)
4	SITOWSKI Marcin	360	FC RYSIEK	M-18	3	00:00:03	00:01:17	00:02:44	00:04:15	00:05:41.80	+00:00:48 (14.1%)	3:31	17 (85.9%)
5	ROKOSZ Radosław	379	8 KOSZALIŃSKI PUŁK PRZECIWLOTNICZY	M-30	2	00:00:03	00:01:29	00:03:01	00:04:35	00:05:51.85	+00:00:58 (16.6%)	3:38	16.5 (83.3%)
6	ZWOLIŃSKI Jan	306	TKKF KOSZALIN	M-50	1	00:00:03	00:01:27	00:02:59	00:04:32	00:05:52.90	+00:00:59 (16.8%)	3:38	16.5 (83.3%)
7	SZULC Arek	310		M-40	1	00:00:06	00:01:37	00:03:12	00:04:42	00:06:01.40	+00:01:07 (18.8%)	3:44	16.1 (81.3%)
8	KONKEL Agnieszka	315		K-30	1	00:00:03	00:01:28	00:02:57	00:04:30	00:06:05.05	+00:01:11 (19.6%)	3:46	15.9 (80.3%)
9	MARCINIAK Maciej	308	TKKF LUKS TECHNIK POŁCZYŃ ZDRÓJ	M-30	3	00:00:03	00:01:21	00:02:55	00:04:34	00:06:06.30	+00:01:12 (19.8%)	3:47	15.8 (79.8%)
10	MOSZYŃSKI Jacek	372	TKKF KOSZALIN	M-50	2	00:00:04	00:01:31	00:03:07	00:04:42	00:06:06.70	+00:01:13 (19.9%)	3:47	15.8 (79.8%)
11	IWANIEC Dariusz	342	TKKF KOSZALIN	M-40	2	00:00:04	00:01:34	00:03:11	00:04:40	00:06:07.80	+00:01:14 (20.2%)	3:47	15.8 (79.8%)
12	KUŁAKOWSKI Dawid	311	TKKF KOSZALIN	M-40	3	00:00:04	00:01:34	00:03:11	00:04:42	00:06:10.50	+00:01:16 (20.8%)	3:49	15.7 (79.3%)
13	MRÓZ Dawid	377		M-18	4	00:00:04	00:01:26	00:03:00	00:04:38	00:06:12.35	+00:01:18 (21.1%)	3:51	15.6 (78.8%)
14	JAMNIAK Bartosz	345		M-30	4	00:00:03	00:01:30	00:03:05	00:04:41	00:06:14.75	+00:01:21 (21.7%)	3:52	15.5 (78.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start				Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
						0.009km	0.409km	0.809km	1.209km				
15	JAROSZ Dariusz	363	TKKF KOSZALIN	M-40	4	00:00:04	00:01:36	00:03:13	00:04:50	00:06:18.25	+00:01:24 (22.4%)	3:54	15.3 (77.3%)
16	ZACHOLSKI Wojciech	348		M-18	5	00:00:03	00:01:35	00:03:14	00:04:54	00:06:19.35	+00:01:25 (22.6%)	3:55	15.3 (77.3%)
17	BASSEL Marcin	359		M-30	5	00:00:07	00:01:43	00:03:23	00:05:03	00:06:29.30	+00:01:35 (24.6%)	4:01	14.9 (75.3%)
18	ROGOŻA Ireneusz	380		M-40	5	00:00:05	00:01:38	00:03:20	00:05:02	00:06:34.10	+00:01:40 (25.5%)	4:04	14.7 (74.2%)
19	MICERSKI Tomasz	343	TKKF KOSZALIN	M-40	6	00:00:04	00:01:37	00:03:18	00:05:00	00:06:36.35	+00:01:42 (25.9%)	4:05	14.6 (73.7%)
20	WAWRZYN Grzegorz	349		M-40	7	00:00:04	00:01:38	00:03:18	00:05:01	00:06:39.00	+00:01:45 (26.4%)	4:07	14.5 (73.2%)
21	MIŁASZEWSKI Przemysław	354		M-30	6	00:00:04	00:01:36	00:03:16	00:05:01	00:06:39.05	+00:01:45 (26.4%)	4:07	14.5 (73.2%)
22	KAMYK Piotr	344	MH IT SERWIS KOSZALIN	M-30	7	00:00:04	00:01:35	00:03:15	00:05:02	00:06:42.65	+00:01:49 (27.1%)	4:09	14.4 (72.7%)
23	MADEJ Kacper	366		M-18	6	00:00:03	00:01:28	00:03:09	00:05:02	00:06:44.20	+00:01:50 (27.4%)	4:10	14.3 (72.2%)
24	CHODOR Martyna	373		K-30	2	00:00:05	00:01:50	00:03:36	00:05:20	00:06:53.45	+00:01:59 (29.0%)	4:16	14 (70.7%)
25	SZABLA Ewelina	302	TKKF KOSZALIN	K-30	3	00:00:04	00:01:49	00:03:36	00:05:19	00:06:56.15	+00:02:02 (29.4%)	4:18	13.9 (70.2%)
26	NOREK Tomek	347		M-50	3	00:00:05	00:01:48	00:03:34	00:05:20	00:06:58.30	+00:02:04 (29.8%)	4:19	13.9 (70.2%)
27	GAWIECKI Piotr	356	ROZBIEGANY KOSZALIN	M-40	8	00:00:05	00:01:43	00:03:30	00:05:19	00:06:59.10	+00:02:05 (29.9%)	4:20	13.8 (69.7%)
28	DĄBROWSKA Alicja	307	TKKF KOSZALIN	K-50+	1	00:00:03	00:01:47	00:03:37	00:05:23	00:07:00.90	+00:02:07 (30.2%)	4:20	13.8 (69.7%)
29	ZIELIŃSKI Grzegorz	357		M-60	1	00:00:04	00:01:40	00:03:26	00:05:16	00:07:03.90	+00:02:10 (30.7%)	4:22	13.7 (69.2%)
30	CHODOR Izabela	374		K-30	4	00:00:04	00:01:54	00:03:45	00:05:36	00:07:15.30	+00:02:21 (32.6%)	4:30	13.3 (67.2%)
31	GRABOWSKA-LESISZ Aneta	351		K-40	1	00:00:05	00:01:44	00:03:36	00:05:30	00:07:18.65	+00:02:25 (33.1%)	4:32	13.2 (66.7%)
32	OSOBNIAK Ryszard	341		M-60	2	00:00:06	00:01:51	00:03:44	00:05:38	00:07:23.25	+00:02:29 (33.8%)	4:35	13.1 (66.2%)
33	PANCERZYŃSKI Łukasz	346		M-30	8	00:00:05	00:01:49	00:03:44	00:05:37	00:07:23.85	+00:02:30 (33.9%)	4:35	13.1 (66.2%)
34	ZUKAL Piotr	320		M-40	9	00:00:05	00:02:03	00:04:05	00:06:05	00:07:24.40	+00:02:30 (33.9%)	4:35	13.1 (66.2%)
35	SVENSSON Anton	353		M-14	1	00:00:05	00:02:03	00:03:49	00:05:39	00:07:32.85	+00:02:39 (35.2%)	4:40	12.8 (64.6%)
36	KUPREWICZ Grzegorz	365		M-30	9	00:00:06	00:01:51	00:03:46	00:05:42	00:07:37.05	+00:02:43 (35.8%)	4:43	12.7 (64.1%)
37	CHINIEWICZ Patrycja	367		K-Dz	1	00:00:04	00:01:54	00:04:00	00:06:01	00:07:45.50	+00:02:51 (36.9%)	4:48	12.5 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All				Czas netto	Różn	Tempo min/km	Tempo km/h
						0.009km	0.409km	0.809km	1.209km	1.609km			
38	KOZŁOWIECKI Waldek	317	TKKF KOSZALIN	M-60	3	00:00:06	00:01:53	00:03:55	00:05:58	00:08:01.35	+00:03:07 (39.0%)	4:58	12 (60.6%)
39	WALIKOWSKA Paulina	361		K-Dz	2	00:00:04	00:01:54	00:03:59	00:06:01	00:08:01.95	+00:03:08 (39.1%)	4:58	12 (60.6%)
40	MOKROGULSKI Tomasz	358		M-18	7	00:00:04	00:02:04	00:04:13	00:06:17	00:08:13.10	+00:03:19 (40.5%)	5:06	11.8 (59.6%)
41	GAWIECKA Mariola	355	BABECZKI KOSZALIN	K-40	2	00:00:04	00:02:03	00:04:08	00:06:15	00:08:18.20	+00:03:24 (41.1%)	5:09	11.6 (58.6%)
42	ZUKAL Jakub	319		M-Dz	1	00:00:05	00:02:02	00:04:05	00:06:05	00:08:20.45	+00:03:26 (41.3%)	5:10	11.6 (58.6%)
43	BUDZELEWSKI Dariusz	352		M-50	4	00:00:04	00:01:46	00:04:01	00:06:29	00:08:53.05	+00:03:59 (44.9%)	5:31	10.9 (55.1%)
44	ZAWORSKI Nicolas	313		M-Dz	2	00:00:04	00:02:23	00:04:36	00:06:57	00:09:07.60	+00:04:14 (46.4%)	5:39	10.6 (53.5%)
45	ZUKAL Aleksandra	318		K-40	3	00:00:03	00:02:20	00:04:40	00:07:00	00:09:16.30	+00:04:22 (47.2%)	5:45	10.4 (52.5%)
46	MIŁASZEWSKA Julia	305		K-14	1	00:00:05	00:02:25	00:04:53	00:07:18	00:09:22.80	+00:04:29 (47.8%)	5:49	10.3 (52.0%)
47	WOLF Beata	309	TKKF KOSZALIN	K-40	4	00:00:05	00:02:08	00:04:45	00:07:07	00:09:23.50	+00:04:29 (47.9%)	5:49	10.3 (52.0%)
48	KOZŁOWIECKA Małgorzata	316		K-50+	2	00:00:04	00:02:12	00:04:43	00:07:11	00:09:31.30	+00:04:37 (48.6%)	5:54	10.2 (51.5%)
49	PRZYBOREK Kinga	314		K-30	5	00:00:07	00:02:23	00:04:36	00:06:58	00:09:51.55	+00:04:57 (50.4%)	6:07	9.8 (49.5%)
50	WOJTKIEWICZ-BAKOWSKA Dorota	304	BABECZKI KOSZALIN	K-30	6	00:00:05	00:02:30	00:05:23	00:08:13	00:11:00.95	+00:06:07 (55.6%)	6:49	8.8 (44.4%)
50	BAKOWSKA Agata	303	BABECZKI KOSZALIN	K-Dz	3	00:00:04	00:02:29	00:05:24	00:08:13	00:11:00.95	+00:06:07 (55.6%)	6:49	8.8 (44.4%)
52	ROKOSZ Oliwer	375		M-Dz	3	00:00:03	00:02:55	00:06:17	00:09:40	00:12:38.95	+00:07:45 (61.3%)	7:50	7.6 (38.4%)
53	ROKOSZ Oliwia	364		K-18	1	00:00:04	00:03:13	00:06:20	00:09:40	00:12:41.95	+00:07:48 (61.5%)	7:52	7.6 (38.4%)
54	ROKOSZ Dominika	376		K-Dz	4	00:00:04	00:03:08	00:06:39	00:09:44	00:12:56.10	+00:08:02 (62.2%)	8:01	7.5 (37.9%)
55	BARTNIK Marian	312	TKKF KOSZALIN	M-70+	1	00:00:04	00:03:06	00:06:26	00:09:42	00:12:57.75	+00:08:04 (62.3%)	8:02	7.5 (37.9%)

Znaleziono 55 wynik(ów)