



LETNIE MILE BIEGOWE - 1609M

B4SPORT

Wydarzenie: Letnie Mile Biegowe 2022
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2022-07-19
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	KULIGOWSKI Przemysław	36		M-Open	1	00:05:01.00		3:07	19.2 (100%)
2	ORZECHOWSKI Kamil	68	TKKF KOSZALIN	M-Open	2	00:05:03.00	+00:00:02 (0.7%)	3:08	19.1 (99.5%)
3	RUDNIK Krzysztof	61		M-Open	3	00:05:08.00	+00:00:07 (2.3%)	3:11	18.8 (97.9%)
4	Grzegorz	32		M-Open	4	00:05:13.00	+00:00:12 (3.8%)	3:14	18.5 (96.4%)
5	TROJAK Jakub	31	AML SŁUPSK	M-Open	5	00:05:16.00	+00:00:15 (4.7%)	3:16	18.3 (95.3%)
6	HOŁUB Kamil	35		M-Open	6	00:05:21.00	+00:00:20 (6.2%)	3:19	18 (93.8%)
7	PICK Tomasz	66	BIEGOLAS KOSZALIN / KORONA SZCZECIN	M-Open	7	00:05:27.00	+00:00:26 (8.0%)	3:23	17.7 (92.2%)
8	FEDORCZAK Łukasz	30	BIEGOLAS	M-Open	8	00:05:29.00	+00:00:28 (8.5%)	3:24	17.6 (91.7%)
9	WALEŃSKI Michał	29		M-Open	9	00:05:31.00	+00:00:30 (9.1%)	3:25	17.5 (91.1%)
10	STERNIK Tomasz	39		M-Open	10	00:05:34.00	+00:00:33 (9.9%)	3:27	17.3 (90.1%)
11	SMAGOWSKI Wojtek	46	OSP RĄBINO	M-Open	11	00:05:40.00	+00:00:39 (11.5%)	3:31	17 (88.5%)
12	RÓŻAŃSKI Maciej	50		M-Open	12	00:05:48.00	+00:00:47 (13.5%)	3:36	16.6 (86.5%)
12	KRYNICKA GRZYB Małgorzata	34		K-Open	1	00:05:48.00	+00:00:47 (13.5%)	3:36	16.6 (86.5%)
14	DENISIUK Bartosz	67		M-Open	13	00:05:56.00	+00:00:55 (15.4%)	3:41	16.3 (84.9%)
15	Krzysztof	47		M-Open	14	00:06:02.00	+00:01:01 (16.9%)	3:44	16 (83.3%)
15	MILEWSKI Tomasz	58		M-Open	14	00:06:02.00	+00:01:01 (16.9%)	3:44	16 (83.3%)
17	BUDZIŃSKI Paweł	60	KĘPKA TEAM/DRUŻYNA SZPIKU	M-Open	16	00:06:04.00	+00:01:03 (17.3%)	3:46	15.9 (82.8%)
18	STENKA Rafał	49		M-Open	17	00:06:06.00	+00:01:05 (17.8%)	3:47	15.8 (82.3%)
19	BARUTOWICZ Grzegorz	56		M-Open	18	00:06:09.00	+00:01:08 (18.4%)	3:49	15.7 (81.8%)
20	KRUK Marcin	53		M-Open	19	00:06:10.00	+00:01:09 (18.6%)	3:49	15.7 (81.8%)
20	MAZIEC Beata	55	BIEGOLAS KOSZALIN / TKKF KOSZALIN	K-Open	2	00:06:10.00	+00:01:09 (18.6%)	3:49	15.7 (81.8%)
22	KUKIEŁA Tomasz	52	BIEGOLAS KOSZALIN	M-Open	20	00:06:15.00	+00:01:14 (19.7%)	3:53	15.4 (80.2%)
22	RUTKOWSKI Artur	40	SPORTOWIEC.INFO RUNKING	M-Open	20	00:06:15.00	+00:01:14 (19.7%)	3:53	15.4 (80.2%)
24	BOREJKO Łukasz	41		M-Open	22	00:06:20.00	+00:01:19 (20.8%)	3:56	15.2 (79.2%)
25	MARCINKOWSKI Jacek	57	SSK ORZEŁ ŚWIESZYNO	M-Open	23	00:06:24.00	+00:01:23 (21.6%)	3:58	15.1 (78.6%)
26	KRUPIŃSKI Krzysztof	38	E-UROLOG.EU	M-Open	24	00:06:25.00	+00:01:24 (21.8%)	3:59	15 (78.1%)
27	SIEROCKI Łukasz	63		M-Open	25	00:06:30.00	+00:01:29 (22.8%)	4:02	14.9 (77.6%)

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28	MONGIAŁŁO Marcin	51		M-Open	26	00:06:36.00	+00:01:35 (24.0%)	4:06	14.6 (76.0%)
29	CHODOR Martyna	59		K-Open	3	00:06:44.00	+00:01:43 (25.5%)	4:11	14.3 (74.5%)
30	KONKEL Łukasz	33		M-Open	27	00:06:45.00	+00:01:44 (25.7%)	4:11	14.3 (74.5%)
31	SUDER-MAKSYMOWICZ Grzegorz	43		M-Open	28	00:06:48.00	+00:01:47 (26.2%)	4:13	14.2 (74.0%)
32	BOGACKI Tomasz	54	TKKF KOSZALIN	M-Open	29	00:06:53.00	+00:01:52 (27.1%)	4:16	14 (72.9%)
33	NOREK Tomek	65		M-Open	30	00:07:02.00	+00:02:01 (28.7%)	4:22	13.7 (71.4%)
34	WYSOCKA Urszula	64		K-Open	4	00:07:28.00	+00:02:27 (32.8%)	4:38	12.9 (67.2%)
35	KOWALEWSKI Bartosz	48		M-Open	31	00:07:48.00	+00:02:47 (35.7%)	4:50	12.4 (64.6%)
36	MACIEJEWSKI Maciej	37		M-Open	32	00:07:53.00	+00:02:52 (36.4%)	4:53	12.2 (63.5%)
37	KOZŁOWIECKI Waldemar	44		M-Open	33	00:08:02.00	+00:03:01 (37.6%)	4:59	12 (62.5%)
38	SUDER-MAKSYMOWICZ Monika	42		K-Open	5	00:08:35.00	+00:03:34 (41.6%)	5:20	11.2 (58.3%)
39	OLIVIER Anna	45		K-Open	6	00:10:09.00	+00:05:08 (50.6%)	6:18	9.5 (49.5%)

Znaleziono 39 wynik(ów)