



LETNIE MILE BIEGOWE - 2/5 - 2 MILE

B4SPORT

Organizator:

Koszalińskie Towarzystwo Krzewienia Kultury

Data:

Fizycznej

2018-05-24

Miejsce:

Koszalin

Dystans:

3.218 km



Klasyfikacja: 1 Seria

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.018km	Start_All 0.418km	Start_All 0.818km	Start_All 1.218km	Start_All 1.618km	Start_All 2.018km	Start_All 2.418km	Start_All 2.818km	Czas netto 3.218km	Różn	Tempo min/km	Tempo km/h
1	SOBSTEL Krystian	963	CIACHU-CIACH PRACOWNIA RĘKODZIEŁA	M-30	2	00:00:05	00:01:26	00:02:47	00:04:09	00:05:33	00:06:58	00:08:24	00:09:49	00:11:05.15		3:26	17.4 (100%)
2	SOSNOWSKI Tomasz	951	MEDEN-INMED SPORTS TEAM	M-18	3	00:00:05	00:01:28	00:02:58	00:04:31	00:06:03	00:07:37	00:09:11	00:10:45	00:12:08.21	+00:01:03 (8.7%)	3:46	15.9 (91.4%)
3	SIENIAWSKI Jarosław	962	MEDEN INMED SPORTS TEAM	M-40	1	00:00:06	00:01:29	00:02:58	00:04:30	00:06:02	00:07:36	00:09:10	00:10:44	00:12:10.73	+00:01:05 (9.0%)	3:46	15.9 (91.4%)
4	DOWNAR Krystian	938	SZKOŁA PODSTAWOWA NR 7 KOSZALIN	M-14	1	00:00:06	00:01:33	00:03:03	00:04:38	00:06:16	00:07:59	00:09:39	00:11:22	00:12:54.16	+00:01:49 (14.1%)	4:00	15 (86.2%)
5	BIENKOWSKI Tomasz	972		M-30	6	00:00:06	00:01:36	00:03:14	00:04:55	00:06:36	00:08:22	00:10:08	00:11:59	00:13:37.02	+00:02:31 (18.6%)	4:13	14.2 (81.6%)
6	ROGOŻA Ireneusz	953		M-40	7	00:00:09	00:01:52	00:03:32	00:05:14	00:06:58	00:08:43	00:10:30	00:12:17	00:13:52.51	+00:02:47 (20.1%)	4:18	13.9 (79.9%)
7	KRUPIŃSKI Krzysztof	946	E-UROLOG GABINET SPECJALISTYCZNY KRZYSZTOF KRUPIŃSKI	M-50	2	00:00:06	00:01:46	00:03:28	00:05:10	00:06:55	00:08:41	00:10:28	00:12:15	00:13:55.99	+00:02:50 (20.4%)	4:19	13.9 (79.9%)
8	BASSEL Marcin	952		M-30	7	00:00:09	00:01:53	00:03:37	00:05:18	00:07:01	00:08:46	00:10:34	00:12:21	00:14:03.17	+00:02:58 (21.1%)	4:21	13.8 (79.3%)
9	RUTKOWSKI Artur	958	RUTKOWSKI TEAM	M-18	6	00:00:09	00:01:49	00:03:22	00:05:02	00:06:47	00:08:36	00:10:27	00:12:22	00:14:03.54	+00:02:58 (21.1%)	4:21	13.8 (79.3%)
10	KAZIMIEROWICZ Radosław	954	VTT KOSZALIN	M-30	8	00:00:09	00:01:52	00:03:36	00:05:21	00:07:09	00:08:57	00:10:46	00:12:35	00:14:09.04	+00:03:03 (21.7%)	4:23	13.7 (78.7%)
11	NOREK Tomek	950		M-50	3	00:00:09	00:01:52	00:03:35	00:05:19	00:07:06	00:08:54	00:10:42	00:12:30	00:14:13.98	+00:03:08 (22.1%)	4:24	13.6 (78.2%)
12	ZIELIŃSKI Grzegorz	934		M-60	1	00:00:06	00:01:35	00:03:24	00:05:15	00:07:19	00:09:11	00:11:03	00:12:56	00:14:47.24	+00:03:42 (25.0%)	4:35	13.1 (75.3%)
13	SZABLA Ewelina	931	TKKF KOSZALIN	K-30	1	00:00:08	00:02:01	00:03:52	00:05:44	00:07:35	00:09:27	00:11:17	00:13:08	00:14:54.50	+00:03:49 (25.6%)	4:37	13 (74.7%)
14	CHODOR Martyna	944	TKKF KOSZALIN	K-30	2	00:00:09	00:02:01	00:03:52	00:05:44	00:07:35	00:09:28	00:11:17	00:13:09	00:14:55.20	+00:03:50 (25.7%)	4:37	13 (74.7%)
15	DĄBROWSKA Alicja	932	TKKF KOSZALIN	K-50+	1	00:00:08	00:02:07	00:04:01	00:05:54	00:07:48	00:09:44	00:11:38	00:13:27	00:15:00.87	+00:03:55 (26.2%)	4:39	12.9 (74.1%)
16	CHODOR Izabela	945	TKKF KOSZALIN	K-30	3	00:00:08	00:02:07	00:04:01	00:05:54	00:07:48	00:09:44	00:11:38	00:13:27	00:15:03.91	+00:03:58 (26.4%)	4:40	12.8 (73.6%)
17	DZIESZUK Dariusz	955	TKKF KOSZALIN	M-50	4	00:00:09	00:02:07	00:04:01	00:05:55	00:07:49	00:09:45	00:11:41	00:13:35	00:15:18.00	+00:04:12 (27.5%)	4:45	12.6 (72.4%)
18	KRZEWIŃSKA Monika	935	TKKF KOSZALIN	K-30	4	00:00:07	00:02:07	00:04:04	00:06:02	00:07:59	00:09:53	00:11:51	00:13:43	00:15:27.90	+00:04:22 (28.3%)	4:47	12.5 (71.8%)
19	WAWRZYN Grzegorz	975		M-40	8	00:00:12	00:01:57	00:03:50	00:05:44	00:07:36	00:09:33	00:11:34	00:13:40	00:15:32.76	+00:04:27 (28.7%)	4:49	12.4 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Czas	Różn	Tempo min/km	Tempo km/h
						0.018km	0.418km	0.818km	1.218km	1.618km	2.018km	2.418km	2.818km	3.218km			
20	PANCERZYŃSKI Łukasz	949		M-30	11	00:00:09	00:02:08	00:04:03	00:05:59	00:07:56	00:09:51	00:11:50	00:13:45	00:15:35.59	+00:04:30 (28.9%)	4:50	12.4 (71.3%)
21	KOZŁOWIECKI Waldek	937	TKKF KOSZALIN	M-60	2	00:00:08	00:02:10	00:04:08	00:06:09	00:08:10	00:10:09	00:12:10	00:14:08	00:15:57.69	+00:04:52 (30.5%)	4:57	12.1 (69.5%)
22	ZUKAL Jakub	940		M-Dz	1	00:00:06	00:02:19	00:04:38	00:06:56	00:09:17	00:11:41	00:13:39	00:15:58	00:17:56.20	+00:06:51 (38.2%)	5:34	10.8 (62.1%)
23	WOLF Beata	941	TKKF KOSZALIN	K-40	1	00:00:09	00:02:20	00:04:38	00:06:53	00:09:11	00:11:34	00:14:10	00:16:29	00:18:33.09	+00:07:27 (40.2%)	5:45	10.4 (59.8%)
24	STAŃCZYK Franciszek	943	NIEZRZESZONY	M-70+	1	00:00:09	00:02:20	00:04:40	00:07:00	00:09:18	00:11:38	00:14:01	00:16:22	00:18:42.45	+00:07:37 (40.7%)	5:48	10.3 (59.2%)
25	ZUKAL Aleksandra	939		K-40	2	00:00:06	00:02:19	00:04:38	00:06:56	00:09:17	00:11:41	00:14:08	00:16:37	00:19:02.38	+00:07:57 (41.8%)	5:54	10.2 (58.6%)
26	KOZŁOWIECKA Małgorzata	936		K-50+	2	00:00:07	00:02:12	00:04:34	00:07:00	00:09:25	00:11:51	00:14:20	00:16:53	00:19:16.75	+00:08:11 (42.5%)	5:59	10 (57.5%)
27	CICHOSZ Jerzy	942		M-70+	2	00:00:10	00:02:38	00:05:05	00:07:33	00:10:03	00:12:34	00:15:06	00:17:38	00:20:07.96	+00:09:02 (44.9%)	6:14	9.6 (55.2%)
28	BAKOWSKA Agata	948	BABECZKI KOSZALIN	K-Dz	1	00:00:08	00:02:41	00:05:29	00:08:39	00:12:10	00:15:37	00:18:50	00:22:12	00:25:11.91	+00:14:06 (56.0%)	7:49	7.7 (44.3%)
29	WOJTKIEWICZ- BAKOWSKA Dorota	947	BABECZKI KOSZALIN	K-30	5	00:00:08	00:02:41	00:05:29	00:08:39	00:12:10	00:15:37	00:18:49	00:22:12	00:25:12.02	+00:14:06 (56.0%)	7:49	7.7 (44.3%)
30	BARTNIK Marian	933	TKKF KOSZALIN	M-70+	3	00:00:08	00:03:08	00:06:24	00:09:39	00:12:57	00:16:15	00:19:33	00:22:48	00:25:54.12	+00:14:48 (57.2%)	8:02	7.5 (43.1%)

Znaleziono 30 wynik(ów)