

## LETNIE MILE BIEGOWE - 2/5 - 2 MILE

B4SPORT

**Organizator:**

Koszalińskie Towarzystwo Krzewienia Kultury

**Data:**Fizycznej  
2018-05-24**Miejsce:**

Koszalin

**Dystans:**

3.218 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All								Czas		Tempo min/km	Tempo km/h
						0.018km	0.418km	0.818km	1.218km	1.618km	2.018km	2.418km	2.818km	3.218km	Różn		
1	<b>ORZECHOWSKI Kamil</b>	<b>974</b>	TKKF KOSZALIN	M-30	1	00:00:04	00:01:22	00:02:42	00:04:04	00:05:20	00:06:36	00:07:52	00:09:09	<b>00:10:24.40</b>		3:13	18.6 (100%)
2	<b>SOBSTEŁ Krystian</b>	<b>963</b>	CIACHU-CIACH PRACOWNIA RĘKODZIEŁA	M-30	2	00:00:05	00:01:26	00:02:47	00:04:09	00:05:33	00:06:58	00:08:24	00:09:49	<b>00:11:05.15</b>	+00:00:40 (6.1%)	3:26	17.4 (93.5%)
3	<b>GÓRSKI Mateusz</b>	<b>957</b>	MORSKI ODDZIAŁ STRAŻY GRANICZNEJ	M-18	1	00:00:04	00:01:22	00:02:42	00:04:04	00:05:28	00:06:54	00:08:22	00:09:47	<b>00:11:07.46</b>	+00:00:43 (6.5%)	3:27	17.4 (93.5%)
4	<b>HUBERT Łukasz</b>	<b>966</b>		M-30	3	00:00:04	00:01:26	00:02:54	00:04:22	00:05:52	00:07:21	00:08:48	00:10:13	<b>00:11:37.83</b>	+00:01:13 (10.5%)	3:36	16.6 (89.2%)
5	<b>SITOWSKI Marcin</b>	<b>960</b>	FC RYSIEK	M-18	2	00:00:04	00:01:23	00:02:43	00:04:09	00:05:41	00:07:14	00:08:48	00:10:20	<b>00:11:49.59</b>	+00:01:25 (12.0%)	3:40	16.3 (87.6%)
6	<b>ZWOLIŃSKI Jan</b>	<b>969</b>	TKKF KOSZALIN	M-50	1	00:00:05	00:01:32	00:03:03	00:04:33	00:06:02	00:07:33	00:09:04	00:10:34	<b>00:12:00.65</b>	+00:01:36 (13.4%)	3:43	16.1 (86.6%)
7	<b>SOSNOWSKI Tomasz</b>	<b>951</b>	MEDEN-INMED SPORTS TEAM	M-18	3	00:00:05	00:01:28	00:02:58	00:04:31	00:06:03	00:07:37	00:09:11	00:10:45	<b>00:12:08.21</b>	+00:01:43 (14.3%)	3:46	15.9 (85.5%)
8	<b>SIENIAWSKI Jarosław</b>	<b>962</b>	MEDEN INMED SPORTS TEAM	M-40	1	00:00:06	00:01:29	00:02:58	00:04:30	00:06:02	00:07:36	00:09:10	00:10:44	<b>00:12:10.73</b>	+00:01:46 (14.6%)	3:46	15.9 (85.5%)
9	<b>DOWNAR Krystian</b>	<b>938</b>	SZKOŁA PODSTAWOWA NR 7 KOSZALIN	M-14	1	00:00:06	00:01:33	00:03:03	00:04:38	00:06:16	00:07:59	00:09:39	00:11:22	<b>00:12:54.16</b>	+00:02:29 (19.3%)	4:00	15 (80.6%)
10	<b>ZUKAL Piotr</b>	<b>971</b>		M-40	2	00:00:06	00:01:45	00:03:25	00:05:04	00:06:42	00:08:19	00:09:54	00:11:28	<b>00:12:57.05</b>	+00:02:32 (19.6%)	4:01	14.9 (80.1%)
11	<b>JAMNIAK Bartosz</b>	<b>964</b>		M-30	4	00:00:05	00:01:34	00:03:07	00:04:42	00:06:19	00:08:00	00:09:43	00:11:27	<b>00:13:01.53</b>	+00:02:37 (20.1%)	4:02	14.8 (79.6%)
12	<b>ZACHOLSKI Wojciech</b>	<b>977</b>		M-18	4	00:00:05	00:01:35	00:03:10	00:04:49	00:06:28	00:08:11	00:09:54	00:11:37	<b>00:13:02.07</b>	+00:02:37 (20.2%)	4:02	14.8 (79.6%)
13	<b>JAROSZ Dariusz</b>	<b>973</b>	TKKF KOSZALIN	M-40	3	00:00:06	00:01:42	00:03:22	00:05:02	00:06:39	00:08:20	00:10:01	00:11:42	<b>00:13:14.24</b>	+00:02:49 (21.4%)	4:06	14.6 (78.5%)
14	<b>KUŁAKOWSKI Dawid</b>	<b>965</b>	TKKF KOSZALIN	M-40	4	00:00:06	00:01:45	00:03:27	00:05:11	00:06:53	00:08:36	00:10:19	00:11:58	<b>00:13:18.43</b>	+00:02:54 (21.8%)	4:07	14.5 (78.0%)
15	<b>MRÓZ Dawid</b>	<b>959</b>		M-18	5	00:00:05	00:01:40	00:03:21	00:05:01	00:06:40	00:08:20	00:10:03	00:11:48	<b>00:13:20.93</b>	+00:02:56 (22.0%)	4:08	14.5 (78.0%)
16	<b>IWANIEC Dariusz</b>	<b>968</b>	TKKF KOSZALIN	M-40	5	00:00:06	00:01:44	00:03:27	00:05:11	00:06:53	00:08:36	00:10:19	00:11:58	<b>00:13:21.77</b>	+00:02:57 (22.1%)	4:08	14.5 (78.0%)
17	<b>MILASZEWSKI Przemysław</b>	<b>970</b>		M-30	5	00:00:06	00:01:42	00:03:22	00:05:02	00:06:40	00:08:21	00:10:05	00:11:50	<b>00:13:33.21</b>	+00:03:08 (23.2%)	4:12	14.3 (76.9%)
18	<b>BIENKOWSKI Tomasz</b>	<b>972</b>		M-30	6	00:00:06	00:01:36	00:03:14	00:04:55	00:06:36	00:08:22	00:10:08	00:11:59	<b>00:13:37.02</b>	+00:03:12 (23.6%)	4:13	14.2 (76.3%)
19	<b>MICERSKI Tomasz</b>	<b>967</b>	TKKF KOSZALIN	M-40	6	00:00:06	00:01:45	00:03:27	00:05:11	00:06:54	00:08:38	00:10:23	00:12:09	<b>00:13:49.15</b>	+00:03:24 (24.7%)	4:17	14 (75.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Czas	Różn	Tempo min/km	Tempo km/h
						0.018km	0.418km	0.818km	1.218km	1.618km	2.018km	2.418km	2.818km	3.218km			
20	<b>ROGOŻA Ireneusz</b>	<b>953</b>		M-40	7	00:00:09	00:01:52	00:03:32	00:05:14	00:06:58	00:08:43	00:10:30	00:12:17	<b>00:13:52.51</b>	+00:03:28 (25.0%)	4:18	13.9 (74.7%)
21	<b>KRUPIŃSKI Krzysztof</b>	<b>946</b>	E-UROLOG GABINET SPECJALISTYCZNY KRZYSZTOF KRUPIŃSKI	M-50	2	00:00:06	00:01:46	00:03:28	00:05:10	00:06:55	00:08:41	00:10:28	00:12:15	<b>00:13:55.99</b>	+00:03:31 (25.3%)	4:19	13.9 (74.7%)
22	<b>BASSEL Marcin</b>	<b>952</b>		M-30	7	00:00:09	00:01:53	00:03:37	00:05:18	00:07:01	00:08:46	00:10:34	00:12:21	<b>00:14:03.17</b>	+00:03:38 (25.9%)	4:21	13.8 (74.2%)
23	<b>RUTKOWSKI Artur</b>	<b>958</b>	RUTKOWSKI TEAM	M-18	6	00:00:09	00:01:49	00:03:22	00:05:02	00:06:47	00:08:36	00:10:27	00:12:22	<b>00:14:03.54</b>	+00:03:39 (26.0%)	4:21	13.8 (74.2%)
24	<b>KAZIMIEROWICZ Radosław</b>	<b>954</b>	VTT KOSZALIN	M-30	8	00:00:09	00:01:52	00:03:36	00:05:21	00:07:09	00:08:57	00:10:46	00:12:35	<b>00:14:09.04</b>	+00:03:44 (26.5%)	4:23	13.7 (73.7%)
25	<b>NOREK Tomek</b>	<b>950</b>		M-50	3	00:00:09	00:01:52	00:03:35	00:05:19	00:07:06	00:08:54	00:10:42	00:12:30	<b>00:14:13.98</b>	+00:03:49 (26.9%)	4:24	13.6 (73.1%)
26	<b>KAMYK Piotr</b>	<b>961</b>	MH IT SERWIS KOSZALIN	M-30	9	00:00:06	00:01:45	00:03:28	00:05:13	00:07:01	00:08:55	00:10:45	00:12:34	<b>00:14:16.79</b>	+00:03:52 (27.1%)	4:25	13.5 (72.6%)
27	<b>MAAS Artur Artimea</b>	<b>956</b>	KJANDA	M-30	10	00:00:07	00:01:43	00:03:20	00:05:05	00:06:57	00:08:51	00:10:47	00:12:41	<b>00:14:32.46</b>	+00:04:08 (28.4%)	4:30	13.3 (71.5%)
28	<b>ZIELIŃSKI Grzegorz</b>	<b>934</b>		M-60	1	00:00:06	00:01:35	00:03:24	00:05:15	00:07:19	00:09:11	00:11:03	00:12:56	<b>00:14:47.24</b>	+00:04:22 (29.6%)	4:35	13.1 (70.4%)
29	<b>SZABLA Ewelina</b>	<b>931</b>	TKKF KOSZALIN	K-30	1	00:00:08	00:02:01	00:03:52	00:05:44	00:07:35	00:09:27	00:11:17	00:13:08	<b>00:14:54.50</b>	+00:04:30 (30.2%)	4:37	13 (69.9%)
30	<b>CHODOR Martyna</b>	<b>944</b>	TKKF KOSZALIN	K-30	2	00:00:09	00:02:01	00:03:52	00:05:44	00:07:35	00:09:28	00:11:17	00:13:09	<b>00:14:55.20</b>	+00:04:30 (30.3%)	4:37	13 (69.9%)
31	<b>DĄBROWSKA Alicja</b>	<b>932</b>	TKKF KOSZALIN	K-50+	1	00:00:08	00:02:07	00:04:01	00:05:54	00:07:48	00:09:44	00:11:38	00:13:27	<b>00:15:00.87</b>	+00:04:36 (30.7%)	4:39	12.9 (69.4%)
32	<b>CHODOR Izabela</b>	<b>945</b>	TKKF KOSZALIN	K-30	3	00:00:08	00:02:07	00:04:01	00:05:54	00:07:48	00:09:44	00:11:38	00:13:27	<b>00:15:03.91</b>	+00:04:39 (30.9%)	4:40	12.8 (68.8%)
33	<b>DZIESZUK Dariusz</b>	<b>955</b>	TKKF KOSZALIN	M-50	4	00:00:09	00:02:07	00:04:01	00:05:55	00:07:49	00:09:45	00:11:41	00:13:35	<b>00:15:18.00</b>	+00:04:53 (32.0%)	4:45	12.6 (67.7%)
34	<b>KRZEWIŃSKA Monika</b>	<b>935</b>	TKKF KOSZALIN	K-30	4	00:00:07	00:02:07	00:04:04	00:06:02	00:07:59	00:09:53	00:11:51	00:13:43	<b>00:15:27.90</b>	+00:05:03 (32.7%)	4:47	12.5 (67.2%)
35	<b>WAWRZYN Grzegorz</b>	<b>975</b>		M-40	8	00:00:12	00:01:57	00:03:50	00:05:44	00:07:36	00:09:33	00:11:34	00:13:40	<b>00:15:32.76</b>	+00:05:08 (33.1%)	4:49	12.4 (66.7%)
36	<b>PANCERZYŃSKI Łukasz</b>	<b>949</b>		M-30	11	00:00:09	00:02:08	00:04:03	00:05:59	00:07:56	00:09:51	00:11:50	00:13:45	<b>00:15:35.59</b>	+00:05:11 (33.3%)	4:50	12.4 (66.7%)
37	<b>KOZŁOWIECKI Waldek</b>	<b>937</b>	TKKF KOSZALIN	M-60	2	00:00:08	00:02:10	00:04:08	00:06:09	00:08:10	00:10:09	00:12:10	00:14:08	<b>00:15:57.69</b>	+00:05:33 (34.8%)	4:57	12.1 (65.1%)
38	<b>ZUKAL Jakub</b>	<b>940</b>		M-Dz	1	00:00:06	00:02:19	00:04:38	00:06:56	00:09:17	00:11:41	00:13:39	00:15:58	<b>00:17:56.20</b>	+00:07:31 (42.0%)	5:34	10.8 (58.1%)
39	<b>WOLF Beata</b>	<b>941</b>	TKKF KOSZALIN	K-40	1	00:00:09	00:02:20	00:04:38	00:06:53	00:09:11	00:11:34	00:14:10	00:16:29	<b>00:18:33.09</b>	+00:08:08 (43.9%)	5:45	10.4 (55.9%)
40	<b>STAŃCZYK Franciszek</b>	<b>943</b>	NIEZRZESZONY	M-70+	1	00:00:09	00:02:20	00:04:40	00:07:00	00:09:18	00:11:38	00:14:01	00:16:22	<b>00:18:42.45</b>	+00:08:18 (44.4%)	5:48	10.3 (55.4%)
41	<b>ZUKAL Aleksandra</b>	<b>939</b>		K-40	2	00:00:06	00:02:19	00:04:38	00:06:56	00:09:17	00:11:41	00:14:08	00:16:37	<b>00:19:02.38</b>	+00:08:37 (45.3%)	5:54	10.2 (54.8%)
42	<b>KOZŁOWIECKA Małgorzata</b>	<b>936</b>		K-50+	2	00:00:07	00:02:12	00:04:34	00:07:00	00:09:25	00:11:51	00:14:20	00:16:53	<b>00:19:16.75</b>	+00:08:52 (46.0%)	5:59	10 (53.8%)
43	<b>CICHOSZ Jerzy</b>	<b>942</b>		M-70+	2	00:00:10	00:02:38	00:05:05	00:07:33	00:10:03	00:12:34	00:15:06	00:17:38	<b>00:20:07.96</b>	+00:09:43 (48.3%)	6:14	9.6 (51.6%)
44	<b>BĄKOWSKA Agata</b>	<b>948</b>	BABECZKI KOSZALIN	K-Dz	1	00:00:08	00:02:41	00:05:29	00:08:39	00:12:10	00:15:37	00:18:50	00:22:12	<b>00:25:11.91</b>	+00:14:47 (58.7%)	7:49	7.7 (41.4%)
45	<b>WOJTKIEWICZ-BĄKOWSKA Dorota</b>	<b>947</b>	BABECZKI KOSZALIN	K-30	5	00:00:08	00:02:41	00:05:29	00:08:39	00:12:10	00:15:37	00:18:49	00:22:12	<b>00:25:12.02</b>	+00:14:47 (58.7%)	7:49	7.7 (41.4%)
46	<b>BARTNIK Marian</b>	<b>933</b>	TKKF KOSZALIN	M-70+	3	00:00:08	00:03:08	00:06:24	00:09:39	00:12:57	00:16:15	00:19:33	00:22:48	<b>00:25:54.12</b>	+00:15:29 (59.8%)	8:02	7.5 (40.3%)

