



## LETNIE MILE BIEGOWE 3/4 - 1609M - SERIA 2

B4SPORT

**Wydarzenie:** Letnie Mile Biegowe 2022 - 3/4  
**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2022-08-09  
**Miejsce:** Koszalin  
**Dystans:** 1.609 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.009km	0.409km	0.809km	1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	<b>KĘPKA Adrian</b>	<b>34</b>		M-Open	1	00:00:03	00:01:18	00:02:36	00:03:56	<b>00:05:07.38</b>		3:10	18.9 (100%)
2	<b>RUDNIK Krzysztof</b>	<b>42</b>		M-Open	2	00:00:03	00:01:19	00:02:37	00:03:56	<b>00:05:13.59</b>	+00:00:06 (2.0%)	3:14	18.5 (97.9%)
3	<b>KLIMOWICZ Michał</b>	<b>44</b>		M-Open	3	00:00:02	00:01:21	00:02:44	00:04:07	<b>00:05:22.35</b>	+00:00:14 (4.6%)	3:20	18 (95.2%)
4	<b>FEDORCZAK Łukasz</b>	<b>100</b>	BIEGOLAS	M-Open	4	00:00:03	00:01:23	00:02:47	00:04:10	<b>00:05:24.53</b>	+00:00:17 (5.3%)	3:21	17.9 (94.7%)
5	<b>WALEŃSKI Michał</b>	<b>92</b>		M-Open	5	00:00:03	00:01:21	00:02:43	00:04:06	<b>00:05:26.49</b>	+00:00:19 (5.9%)	3:22	17.8 (94.2%)
6	<b>WEBER Paweł</b>	<b>24</b>	BIEGOLAS KOSZALIN	M-Open	6	00:00:03	00:01:21	00:02:44	00:04:10	<b>00:05:32.97</b>	+00:00:25 (7.7%)	3:26	17.4 (92.1%)
7	<b>SMAGOWSKI Wojtek</b>	<b>52</b>	OSP RĄBINO	M-Open	7	00:00:03	00:01:22	00:02:45	00:04:09	<b>00:05:33.72</b>	+00:00:26 (7.9%)	3:26	17.4 (92.1%)
8	<b>KOZIEŁ Paweł</b>	<b>97</b>	KĘPKA NA TRASIE	M-Open	8	00:00:03	00:01:24	00:02:51	00:04:20	<b>00:05:42.21</b>	+00:00:34 (10.2%)	3:32	16.9 (89.4%)
9	<b>PICK Tomasz</b>	<b>31</b>	BIEGOLAS KOSZALIN / KORONA SZCZECIN	M-Open	9	00:00:03	00:01:23	00:02:54	00:04:25	<b>00:05:45.91</b>	+00:00:38 (11.1%)	3:34	16.8 (88.9%)
10	<b>DENISIUK Bartosz</b>	<b>98</b>		M-Open	10	00:00:03	00:01:25	00:02:55	00:04:27	<b>00:05:49.28</b>	+00:00:41 (12.0%)	3:36	16.6 (87.8%)
11	<b>BARUTOWICZ Grzegorz</b>	<b>37</b>		M-Open	11	00:00:03	00:01:27	00:02:58	00:04:29	<b>00:05:55.57</b>	+00:00:48 (13.6%)	3:40	16.3 (86.2%)
12	<b>BUDZIŃSKI Paweł</b>	<b>51</b>		M-Open	12	00:00:03	00:01:31	00:03:02	00:04:32	<b>00:05:57.91</b>	+00:00:50 (14.1%)	3:41	16.2 (85.7%)
13	<b>KUKIEŁA Tomasz</b>	<b>87</b>	BIEGOLAS KOSZALIN	M-Open	13	00:00:04	00:01:32	00:03:03	00:04:35	<b>00:06:03.47</b>	+00:00:56 (15.4%)	3:45	16 (84.7%)
14	<b>KRUK Marcin</b>	<b>91</b>		M-Open	14	00:00:04	00:01:33	00:03:05	00:04:38	<b>00:06:05.08</b>	+00:00:57 (15.8%)	3:46	15.9 (84.1%)
15	<b>STENKA Rafał</b>	<b>40</b>		M-Open	15	00:00:04	00:01:31	00:03:04	00:04:38	<b>00:06:05.56</b>	+00:00:58 (15.9%)	3:46	15.9 (84.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.009km	0.409km	0.809km	1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
16	<b>GAWROŃSKI Bartosz</b>	<b>43</b>		M-Open	16	00:00:04	00:01:34	00:03:08	00:04:44	<b>00:06:13.91</b>	+00:01:06 (17.8%)	3:51	15.5 (82.0%)
17	<b>KALISZUK Damian</b>	<b>82</b>		M-Open	17	00:00:04	00:01:34	00:03:07	00:04:44	<b>00:06:14.21</b>	+00:01:06 (17.9%)	3:52	15.5 (82.0%)
18	<b>RUTKOWSKI Artur</b>	<b>94</b>	SPORTOWIEC.INFO RUNKING	M-Open	18	00:00:04	00:01:36	00:03:12	00:04:52	<b>00:06:18.76</b>	+00:01:11 (18.8%)	3:54	15.3 (81.0%)
19	<b>SŁUPCZEWSKI Krzysztof</b>	<b>99</b>		M-Open	19	00:00:03	00:01:24	00:02:53	00:04:43	<b>00:06:27.45</b>	+00:01:20 (20.7%)	4:00	15 (79.4%)
20	<b>SIEROCKI Łukasz</b>	<b>36</b>		M-Open	20	00:00:04	00:01:34	00:03:08	00:04:47	<b>00:06:29.18</b>	+00:01:21 (21.0%)	4:01	14.9 (78.8%)
21	<b>ZAREMBA Tomasz</b>	<b>41</b>		M-Open	21	00:00:05	00:01:41	00:03:37	00:05:34	<b>00:07:44.73</b>	+00:02:37 (33.9%)	4:48	12.5 (66.1%)
22	<b>LINOWIECKI Cezary</b>	<b>83</b>		M-Open	22	00:00:03	00:01:28	00:03:00			+00:00:23	3:42	16.2 (85.7%)

Znaleziono 22 wynik(ów)