



LETNIE MILE BIEGOWE - 3/5 - 3 MILE

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-06-20
Miejsce: Koszalin
Dystans: 4.827 km



Klasyfikacja: K-50+

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_All | Start_All | Start_All | Start_All | Start_All | Start_All | Start_All | Start_All | Start_All | Start_All | Start_All | Start_All | Czas | Różn | Tempo | Tempo |
|-----|-------------------------------|------------|---------------|-----------|------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|--------------------|----------------------|--------|----------------|
| | | | | | | 0.027km | 0.427km | 0.827km | 1.227km | 1.627km | 2.027km | 2.427km | 2.827km | 3.227km | 3.627km | 4.027km | 4.427km | 4.827km | | min/km | km/h |
| 1 | DĄBROWSKA Alicja | 510 | TKKF KOSZALIN | K-50+ | 1 | 00:00:10 | 00:02:10 | 00:04:14 | 00:06:14 | 00:08:13 | 00:10:15 | 00:12:17 | 00:14:16 | 00:16:15 | 00:18:12 | 00:20:08 | 00:21:59 | 00:23:42.95 | | 4:54 | 12.2 (100%) |
| 2 | KOZŁOWIECKA Małgorzata | 534 | | K-50+ | 2 | 00:00:09 | 00:02:14 | 00:04:44 | 00:07:10 | 00:09:47 | 00:12:11 | 00:14:40 | 00:17:16 | 00:19:42 | 00:22:06 | 00:24:30 | 00:26:53 | 00:29:17.30 | +00:05:34 (19.0%) | 6:03 | 9.9 (81.1%) |

Znaleziono 2 wynik(ów)