



# LETNIE MILE BIEGOWE - 3/5 - 3 MILE

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2018-06-20  
**Miejsce:** Koszalin  
**Dystans:** 4.827 km



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Czas	Różn	Tempo min/km	Tempo km/h
						0.027km	0.427km	0.827km	1.227km	1.627km	2.027km	2.427km	2.827km	3.227km	3.627km	4.027km	4.427km	4.827km			
1	<b>KONKEL Agnieszka</b>	<b>530</b>		K-30	1	00:00:08	00:01:49	00:03:34	00:05:19	00:07:04	00:08:48	00:10:33	00:12:19	00:14:06	00:15:54	00:17:41	00:19:30	<b>00:21:15.95</b>		4:23	13.6 (100%)
2	<b>CHODOR Martyna</b>	<b>605</b>	TKKF KOSZALIN	K-30	2	00:00:11	00:02:06	00:04:01	00:05:54	00:07:46	00:09:37	00:11:28	00:13:19	00:15:10	00:17:02	00:18:53	00:20:44	<b>00:22:16.45</b>	+00:01:00 (4.5%)	4:36	13 (95.6%)
3	<b>SZABLA Ewelina</b>	<b>578</b>	TKKF KOSZALIN	K-30	3	00:00:10	00:02:06	00:04:00	00:05:54	00:07:46	00:09:37	00:11:28	00:13:18	00:15:10	00:17:02	00:18:53	00:20:44	<b>00:22:29.80</b>	+00:01:13 (5.5%)	4:39	12.9 (94.9%)
4	<b>CHODOR Izabela</b>	<b>529</b>	TKKF KOSZALIN	K-30	4	00:00:10	00:02:05	00:03:58	00:05:52	00:07:45	00:09:38	00:11:30	00:13:23	00:15:15	00:17:08	00:19:01	00:20:51	<b>00:22:34.55</b>	+00:01:18 (5.8%)	4:40	12.8 (94.1%)
5	<b>DĄBROWSKA Alicja</b>	<b>510</b>	TKKF KOSZALIN	K-50+	1	00:00:10	00:02:10	00:04:14	00:06:14	00:08:13	00:10:15	00:12:17	00:14:16	00:16:15	00:18:12	00:20:08	00:21:59	<b>00:23:42.95</b>	+00:02:27 (10.3%)	4:54	12.2 (89.7%)
6	<b>RADOSZ Katarzyna</b>	<b>599</b>		K-30	5	00:00:11	00:02:16	00:04:21	00:06:28	00:08:35	00:10:43	00:12:50	00:15:00	00:17:08	00:19:20	00:21:33	00:23:45	<b>00:25:49.85</b>	+00:04:33 (17.7%)	5:20	11.2 (82.4%)
7	<b>WOLF Beata</b>	<b>587</b>	TKKF KOSZALIN	K-40	1	00:00:10	00:02:16	00:04:31	00:06:48	00:09:05	00:11:25	00:13:43	00:15:57	00:18:12	00:20:29	00:22:44	00:24:58	<b>00:26:56.50</b>	+00:05:40 (21.1%)	5:34	10.8 (79.4%)
8	<b>ZUKAL Aleksandra</b>	<b>601</b>		K-40	2	00:00:11	00:02:24	00:04:40	00:06:55	00:09:10	00:11:31	00:13:54	00:16:23	00:18:55	00:21:28	00:24:04	00:26:38	<b>00:28:49.35</b>	+00:07:33 (26.2%)	5:57	10.1 (74.3%)
9	<b>KOZŁOWIECKA Małgorzata</b>	<b>534</b>		K-50+	2	00:00:09	00:02:14	00:04:44	00:07:10	00:09:47	00:12:11	00:14:40	00:17:16	00:19:42	00:22:06	00:24:30	00:26:53	<b>00:29:17.30</b>	+00:08:01 (27.4%)	6:03	9.9 (72.8%)

Znaleziono 9 wynik(ów)