

# LETNIE MILE BIEGOWE 4/4 - 1609M - SERIA 2

B4SPORT

**Wydarzenie:** Letnie Mile Biegowe 2022 - 4/4  
**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2022-08-16  
**Miejsce:** Koszalin  
**Dystans:** 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.009km	0.409km	0.809km	1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	<b>KULIGOWSKI Przemysław</b>	<b>126</b>		M-Open	1	00:00:02	00:01:15	00:02:32	00:03:46	<b>00:04:52.19</b>		3:01	19.8 (100%)
2	<b>KĘPKA Adrian</b>	<b>107</b>		M-Open	2	00:00:02	00:01:15	00:02:32	00:03:47	<b>00:04:55.53</b>	+00:00:03 (1.1%)	3:03	19.6 (99.0%)
3	<b>RUDNIK Krzysztof</b>	<b>114</b>		M-Open	3	00:00:02	00:01:16	00:02:32	00:03:48	<b>00:05:01.00</b>	+00:00:08 (2.9%)	3:07	19.2 (97.0%)
4	<b>ORZECHOWSKI Kamil</b>	<b>45</b>	TKKF KOSZALIN	M-Open	4	00:00:03	00:01:19	00:02:37	00:03:53	<b>00:05:11.73</b>	+00:00:19 (6.3%)	3:13	18.6 (93.9%)
5	<b>HOŁUB Kamil</b>	<b>125</b>		M-Open	5	00:00:02	00:01:17	00:02:39	00:04:02	<b>00:05:15.12</b>	+00:00:22 (7.3%)	3:15	18.4 (92.9%)
6	<b>FEDORCZAK Łukasz</b>	<b>104</b>	BIEGOLAS	M-Open	6	00:00:03	00:01:19	00:02:41	00:04:02	<b>00:05:15.66</b>	+00:00:23 (7.4%)	3:15	18.4 (92.9%)
7	<b>KLIMOWICZ Michał</b>	<b>108</b>		M-Open	7	00:00:02	00:01:18	00:02:41	00:04:03	<b>00:05:16.97</b>	+00:00:24 (7.8%)	3:16	18.3 (92.4%)
8	<b>MUSIAŁ Krzysztof</b>	<b>63</b>	TKKF KOSZALIN	M-Open	8	00:00:02	00:01:20	00:02:42	00:04:04	<b>00:05:22.29</b>	+00:00:30 (9.3%)	3:20	18 (90.9%)
9	<b>PICK Tomasz</b>	<b>113</b>	BIEGOLAS KOSZALIN / KORONA SZCZECIN	M-Open	9	00:00:03	00:01:20	00:02:43	00:04:07	<b>00:05:24.02</b>	+00:00:31 (9.8%)	3:21	17.9 (90.4%)
10	<b>ZWOLIŃSKI Jan</b>	<b>56</b>	TKKF KOSZALIN	M-Open	10	00:00:03	00:01:23	00:02:48	00:04:15	<b>00:05:36.40</b>	+00:00:44 (13.1%)	3:28	17.2 (86.9%)
11	<b>SMAGOWSKI Wojtek</b>	<b>118</b>	OSP RĄBINO	M-Open	11	00:00:03	00:01:22	00:02:48	00:04:16	<b>00:05:41.46</b>	+00:00:49 (14.4%)	3:31	17 (85.9%)
12	<b>KRYNICKA-GRZYB Małgorzata</b>	<b>127</b>		K-Open	1	00:00:03	00:01:20	00:02:45	00:04:14	<b>00:05:42.69</b>	+00:00:50 (14.7%)	3:32	16.9 (85.4%)
13	<b>KOZIEŁ Paweł</b>	<b>109</b>	KĘPKA NA TRASIE	M-Open	12	00:00:03	00:01:22	00:02:50	00:04:20	<b>00:05:44.25</b>	+00:00:52 (15.1%)	3:33	16.8 (84.8%)
14	<b>MARCINIAK Maciej</b>	<b>133</b>		M-Open	13	00:00:03	00:01:20	00:02:49	00:04:20	<b>00:05:44.92</b>	+00:00:52 (15.3%)	3:33	16.8 (84.8%)

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15	<b>DENISIUK Bartosz</b>	<b>103</b>		M-Open	14	00:00:04	00:01:28	00:02:57	00:04:25	<b>00:05:45.30</b>	+00:00:53 (15.4%)	3:34	16.8 (84.8%)
16	<b>BARUTOWICZ Grzegorz</b>	<b>101</b>		M-Open	15	00:00:03	00:01:24	00:02:51	00:04:23	<b>00:05:52.45</b>	+00:01:00 (17.1%)	3:38	16.5 (83.3%)
17	<b>RUTKOWSKI Artur</b>	<b>115</b>	SPORTOWIEC.INFO RUNKING	M-Open	16	00:00:04	00:01:38	00:03:10	00:04:49	<b>00:06:20.64</b>	+00:01:28 (23.2%)	3:56	15.2 (76.8%)
18	<b>KONKEL Łukasz</b>	<b>128</b>		M-Open	17	00:00:04	00:01:36	00:03:17	00:05:01	<b>00:06:47.03</b>	+00:01:54 (28.2%)	4:12	14.2 (71.7%)
19	<b>LINOWIECKI Cezary</b>	<b>131</b>		M-Open	18	00:00:03	00:01:29	00:02:58			+00:00:26	3:40	16.4 (82.8%)

Znaleziono 19 wynik(ów)