



LETNIE MILE BIEGOWE - 4/5 - 2 MILE

B4SPORT
POLSKIE STOWZISKO BIEGOWE

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-07-11
Miejsce: Koszalin
Dystans: 3.218 km



Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.018km	Start_All 0.418km	Start_All 0.818km	Start_All 1.218km	Start_All 1.618km	Start_All 2.018km	Start_All 2.418km	Start_All 2.818km	Czas netto 3.218km	Różn	Tempo min/km	Tempo km/h
1	ORZECZOWSKI Kamil	63	TKKF KOSZALIN	M-30	1	00:00:04	00:01:19	00:02:37	00:03:57	00:05:17	00:06:38	00:07:59	00:09:19	00:10:31.71		3:15	18.4 (100%)
2	HUBERT Łukasz	21	TKKF KOSZALIN	M-30	2	00:00:04	00:01:23	00:02:50	00:04:20	00:05:48	00:07:16	00:08:44	00:10:10	00:11:30.41	+00:00:58 (8.5%)	3:34	16.8 (91.3%)
3	NAKONIECZNY Rafał	113	TKKF KOSZALIN	M-30	3	00:00:05	00:01:27	00:02:55	00:04:23	00:05:52	00:07:23	00:08:51	00:10:20	00:11:46.29	+00:01:14 (10.6%)	3:39	16.4 (89.1%)
4	SZEWCUK Paweł	84		M-30	4	00:00:05	00:01:25	00:02:52	00:04:22	00:05:51	00:07:24	00:08:57	00:10:31	00:12:00.94	+00:01:29 (12.4%)	3:43	16.1 (87.5%)
5	ŻYWICKI Bartosz	108	DZIKI KOSZALIN	M-30	5	00:00:06	00:01:40	00:03:20	00:04:58	00:06:35	00:08:12	00:09:49	00:11:25	00:12:49.76	+00:02:18 (17.9%)	3:58	15.1 (82.1%)
6	JAMNIAK Bartosz	23	TKKF KOSZALIN	M-30	6	00:00:05	00:01:32	00:03:08	00:04:46	00:06:24	00:08:03	00:09:43	00:11:23	00:12:49.95	+00:02:18 (18.0%)	3:58	15.1 (82.1%)
7	BASSEL Marcin	3		M-30	7	00:00:09	00:01:49	00:03:30	00:05:09	00:06:52	00:08:36	00:10:18	00:12:00	00:13:37.17	+00:03:05 (22.7%)	4:13	14.2 (77.2%)
8	MILEWSKI Tomasz	52		M-30	8	00:00:08	00:01:49	00:03:29	00:05:10	00:06:52	00:08:36	00:10:20	00:12:03	00:13:40.79	+00:03:09 (23.0%)	4:14	14.1 (76.6%)
9	KAMYK Piotr	25	MH IT SERWIS KOSZALIN	M-30	9	00:00:06	00:01:44	00:03:26	00:05:10	00:06:55	00:08:43	00:10:35	00:12:26	00:14:07.52	+00:03:35 (25.5%)	4:23	13.7 (74.5%)
10	PANCERZYŃSKI Łukasz	66		M-30	10	00:00:07	00:02:00	00:03:53	00:05:44	00:07:32	00:09:24	00:11:17	00:13:11	00:14:53.46	+00:04:21 (29.3%)	4:37	13 (70.7%)
11	MARZEC Łukasz	112		M-30	11	00:00:09	00:01:51	00:03:35	00:05:23	00:07:17	00:09:13	00:11:12	00:13:13	00:15:12.69	+00:04:40 (30.8%)	4:43	12.7 (69.0%)
12	MŁASZEWSKI Przemysław	54		M-30	12	00:00:06	00:01:50	00:03:40	00:05:37	00:07:39	00:09:43	00:11:46	00:13:50	00:15:48.26	+00:05:16 (33.4%)	4:54	12.2 (66.3%)
13	KURŁOWICZ Krzysztof	111		M-30	13	00:00:05	00:01:38	00:03:27	00:05:25	00:07:34	00:09:44	00:12:02	00:14:13	00:16:02.13	+00:05:30 (34.3%)	4:58	12 (65.2%)

Znaleziono 13 wynik(ów)