



LISIA DYCHA

B4SPORT

Wydarzenie: Kwidzyński Leśny Festiwal Biegowy
Organizator: FUNDACJA AKTYWNI PRZEZ LAS
Data: 2025-03-22
Miejsce: Kwidzyń
Dystans: 10.55 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10.55km	Czas brutto 10.55km	Różn	Tempo min/km	Tempo km/h
1	GIEMBICKI Jan	85	LKS ZANTYR SZTUM	M30	1	00:44:29.85	00:44:31.30		4:12	14.2 (100%)
2	CEBULA Bogdan	82	ZANTYR SZTUM	M60	1	00:47:47.20	00:47:48.95	+00:03:17 (6.9%)	4:31	13.2 (93.0%)
3	ZIELIŃSKI Bartosz	107	KWIDZYN BIEGA	M30	2	00:48:59.85	00:49:01.65	+00:04:30 (9.2%)	4:38	12.9 (90.8%)
4	BORZYSZKOWSKI Bartosz	81		M30	3	00:50:38.40	00:50:57.00	+00:06:25 (12.6%)	4:47	12.5 (88.0%)
5	KANIA Krzysztof	89	KWIDZYN BIEGA	M40	1	00:52:31.05	00:52:33.45	+00:08:02 (15.3%)	4:58	12.1 (85.2%)
6	HILLAR Jacek	86	KWIDZYN BIEGA	M50	1	00:53:55.70	00:53:58.30	+00:09:27 (17.5%)	5:06	11.7 (82.4%)
7	SKWIERAWSKI Wiesław	101	FLORIAN CHOJNICE	M60	2	00:54:33.45	00:54:36.50	+00:10:05 (18.5%)	5:10	11.6 (81.7%)
8	SKWIERAWSKI Krystian	100	FLORIAN CHOJNICE	M30	4	00:54:38.45	00:54:41.65	+00:10:10 (18.6%)	5:10	11.6 (81.7%)
9	KUROŃ Krzysztof	95		M40	2	00:58:13.90	00:58:15.70	+00:13:44 (23.6%)	5:31	10.9 (76.8%)
10	JARYNOWSKA Dorota	88	OSP KWIDZYN	K30	1	00:59:28.85	00:59:31.40	+00:15:00 (25.2%)	5:38	10.6 (74.6%)
11	KOSIOROWSKI Andrzej	91	MM KWIDZYN TEAM	M50	2	01:00:27.90	01:00:31.85	+00:16:00 (26.4%)	5:43	10.5 (73.9%)
12	SZAWARDAK Paweł	103		M40	3	01:02:46.10	01:02:51.40	+00:18:20 (29.2%)	5:56	10.1 (71.1%)
13	PISKORSKA Marta	64	KOLOROWE GACIE	K40	1	01:02:52.70	01:02:56.55	+00:18:25 (29.3%)	5:57	10.1 (71.1%)
14	KUŻAJ Sławomir	96	PIŁA	M60	3	01:03:26.70	01:03:31.60	+00:19:00 (29.9%)	6:00	10 (70.4%)
15	KRZYSZTOFIAK Anna	93		K30	2	01:05:00.30	01:05:02.85	+00:20:31 (31.6%)	6:09	9.7 (68.3%)
16	KRZYSZTOFIAK Kasia	94		K40	2	01:05:19.50	01:05:21.80	+00:20:50 (31.9%)	6:11	9.7 (68.3%)
17	TUMIŁOWICZ Jerzy	104	KWIDZYN BIEGA	M60	4	01:06:12.90	01:06:23.85	+00:21:52 (32.9%)	6:16	9.6 (67.6%)
18	JANIK-NAZOREK Ewa	87	KWIDZYN BIEGA	K40	3	01:07:34.00	01:07:37.45	+00:23:06 (34.2%)	6:24	9.4 (66.2%)
19	ŁAZUGA Roman	97		M50	3	01:07:43.95	01:07:49.25	+00:23:17 (34.4%)	6:25	9.3 (65.5%)
20	FRAŚ Weronika	84		K40	4	01:09:39.90	01:09:44.60	+00:25:13 (36.2%)	6:36	9.1 (64.1%)
21	WALKIEWICZ Łukasz	105	LIQUID RUNNING TEAM	M40	4	01:09:41.40	01:09:46.45	+00:25:15 (36.2%)	6:36	9.1 (64.1%)
22	ZIELIŃSKA Justyna	79	KOLOROWE GACIE	K40	5	01:15:21.90	01:15:26.10	+00:30:54 (41.0%)	7:08	8.4 (59.2%)
23	TOMASZEWSKA Dorota	134	UMKS KWIDZYN	K30	3	01:15:56.00	01:16:00.45	+00:31:29 (41.4%)	7:11	8.3 (58.5%)
24	WOŹNIACKA Beata	106	KOLOROWE GACIE	K60	1	01:16:22.05	01:16:25.85	+00:31:54 (41.7%)	7:14	8.3 (58.5%)
25	CHOJNACKA Jolanta	83		K50	1	01:25:57.90	01:26:04.20	+00:41:32 (48.3%)	8:08	7.4 (52.1%)

Znaleziono 25 wynik(ów)

