



# LOTTO POZNAŃSKI CZERWIEC '56 – BIEG PAMIĘCI 10 KM

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** LOTTO POZNAŃSKI CZERWIEC '56 – BIEG PAMIĘCI I SZTAFETA PAMIĘCI  
**Organizator:** APS AGENCY Sp. z o.o. Sp.k.  
**Data:** 2022-06-27  
**Miejsce:** POZNAŃ  
**Dystans:** 10 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>LORENZ Daniel</b>	<b>3</b>	KIBOLSKI KS	OPEN Mężczyźni	1	00:00:02	00:20:51	<b>00:41:43.10</b>	<b>00:41:45.65</b>		4:10	14.4 (100%)
2	<b>JEZERSKI Grzegorz</b>	<b>66</b>	NSZZ SOLIDARNOŚĆ REGION WIELKOPOLSKA	OPEN Mężczyźni	2	00:00:02	00:20:59	<b>00:41:53.35</b>	<b>00:41:55.95</b>	+00:00:10 (0.4%)	4:11	14.3 (99.3%)
3	<b>KĘDZIORA Rafał</b>	<b>9</b>	NSZZ SOLIDARNOŚĆ REGION WIELKOPOLSKA	OPEN Mężczyźni	3	00:00:02	00:21:34	<b>00:42:51.15</b>	<b>00:42:53.75</b>	+00:01:08 (2.6%)	4:17	14 (97.2%)
4	<b>DĘBICKI Marcin</b>	<b>207</b>		OPEN Mężczyźni	4	00:00:03	00:22:00	<b>00:43:07.65</b>	<b>00:43:11.60</b>	+00:01:24 (3.3%)	4:18	13.9 (96.5%)
5	<b>LUTOMSKA Dorota</b>	<b>104</b>	OFIX.PL BIKE TEAM	OPEN Kobiety	1	00:00:02	00:22:13	<b>00:45:14.55</b>	<b>00:45:17.35</b>	+00:03:31 (7.8%)	4:31	13.3 (92.4%)
6	<b>GOLAK Marcin</b>	<b>50</b>		OPEN Mężczyźni	5	00:00:03	00:22:17	<b>00:45:48.55</b>	<b>00:45:52.20</b>	+00:04:05 (8.9%)	4:34	13.1 (91.0%)
7	<b>MATUSZEWSKI Marek</b>	<b>119</b>	RUNNER'S POWER	OPEN Mężczyźni	6	00:00:02	00:23:16	<b>00:46:02.15</b>	<b>00:46:05.05</b>	+00:04:19 (9.4%)	4:36	13 (90.3%)
8	<b>САМСОНОВ Максим</b>	<b>200</b>	NIE	OPEN Mężczyźni	7	00:00:02	00:23:10	<b>00:46:38.20</b>	<b>00:46:40.30</b>	+00:04:55 (10.5%)	4:39	12.9 (89.6%)
9	<b>BUDNY Błażej</b>	<b>21</b>		OPEN Mężczyźni	8	00:00:20	00:23:25	<b>00:46:48.45</b>	<b>00:47:08.50</b>	+00:05:05 (10.9%)	4:40	12.8 (88.9%)
10	<b>MASTALERZ Zbigniew</b>	<b>118</b>		OPEN Mężczyźni	9	00:00:15	00:23:07	<b>00:47:49.40</b>	<b>00:48:04.75</b>	+00:06:06 (12.8%)	4:46	12.5 (86.8%)
11	<b>WRONECKI Mateusz</b>	<b>189</b>		OPEN Mężczyźni	10	00:00:03	00:23:30	<b>00:48:28.25</b>	<b>00:48:31.45</b>	+00:06:45 (13.9%)	4:50	12.4 (86.1%)
12	<b>CZARNOGÓRSKI Hubert</b>	<b>30</b>		OPEN Mężczyźni	11	00:00:15	00:23:58	<b>00:48:43.25</b>	<b>00:48:58.25</b>	+00:07:00 (14.4%)	4:52	12.3 (85.4%)
13	<b>FRANKOWSKI Łukasz</b>	<b>46</b>		OPEN Mężczyźni	12	00:00:11	00:24:34	<b>00:48:55.45</b>	<b>00:49:06.45</b>	+00:07:12 (14.7%)	4:53	12.3 (85.4%)
14	<b>ANTKOWIAK Mateusz</b>	<b>13</b>		OPEN Mężczyźni	13	00:00:04	00:23:34	<b>00:49:05.45</b>	<b>00:49:10.00</b>	+00:07:22 (15.0%)	4:54	12.2 (84.7%)
15	<b>MAJEWSKI Patryk</b>	<b>114</b>	FARUTEX POZNAŃ	OPEN Mężczyźni	14	00:00:09	00:24:55	<b>00:49:16.05</b>	<b>00:49:25.85</b>	+00:07:32 (15.3%)	4:55	12.2 (84.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	<b>SKUBISZYŃSKI Bartłomiej</b>	<b>159</b>		OPEN Mężczyźni	15	00:00:26	00:24:16	<b>00:50:10.65</b>	<b>00:50:36.75</b>	+00:08:27 (16.9%)	5:01	12 (83.3%)
17	<b>PILARCZYK Mateusz</b>	<b>145</b>	ENEA TEAM	OPEN Mężczyźni	16	00:00:19	00:25:24	<b>00:50:28.45</b>	<b>00:50:48.30</b>	+00:08:45 (17.3%)	5:02	11.9 (82.6%)
18	<b>PAWLAK Sławomir</b>	<b>140</b>	BIEGAM BO LUBIĘ	OPEN Mężczyźni	17	00:00:03	00:25:10	<b>00:50:41.55</b>	<b>00:50:44.70</b>	+00:08:58 (17.7%)	5:04	11.8 (81.9%)
19	<b>SILSKI Artur</b>	<b>158</b>	ANIOŁKI RYSZARDA	OPEN Mężczyźni	18	00:00:04	00:25:26	<b>00:50:42.45</b>	<b>00:50:46.55</b>	+00:08:59 (17.7%)	5:04	11.8 (81.9%)
20	<b>ŻARNOWSKI Dawid</b>	<b>196</b>	HCP	OPEN Mężczyźni	19	00:00:07	00:25:28	<b>00:50:48.40</b>	<b>00:50:55.80</b>	+00:09:05 (17.9%)	5:04	11.8 (81.9%)
21	<b>KOREK Maciej</b>	<b>85</b>		OPEN Mężczyźni	20	00:00:05	00:23:57	<b>00:51:01.90</b>	<b>00:51:07.20</b>	+00:09:18 (18.3%)	5:06	11.8 (81.9%)
22	<b>ALEKSANDROWICZ Krzysztof</b>	<b>10</b>	NSZZ SOLIDARNOŚĆ WIELKOPOLSKA	OPEN Mężczyźni	21	00:00:06	00:25:29	<b>00:51:03.75</b>	<b>00:51:10.15</b>	+00:09:20 (18.3%)	5:06	11.8 (81.9%)
23	<b>REWERS Piotr</b>	<b>153</b>	RACIAŹEK MISTRZEM	OPEN Mężczyźni	22	00:00:16	00:25:22	<b>00:51:08.00</b>	<b>00:51:24.50</b>	+00:09:24 (18.4%)	5:06	11.7 (81.3%)
24	<b>PORADA Marek</b>	<b>151</b>	ENEA TEAM	OPEN Mężczyźni	23	00:00:19	00:25:24	<b>00:51:18.75</b>	<b>00:51:37.75</b>	+00:09:35 (18.7%)	5:07	11.7 (81.3%)
25	<b>FRANKOWSKI Andrzej</b>	<b>47</b>		OPEN Mężczyźni	24	00:00:11	00:25:01	<b>00:51:29.35</b>	<b>00:51:40.35</b>	+00:09:46 (19.0%)	5:08	11.7 (81.3%)
26	<b>MACIEJEWSKI Piotr</b>	<b>111</b>		OPEN Mężczyźni	25	00:00:04	00:25:22	<b>00:51:45.55</b>	<b>00:51:50.30</b>	+00:10:02 (19.4%)	5:10	11.6 (80.6%)
27	<b>KLIMPEL Jakub</b>	<b>78</b>		OPEN Mężczyźni	26	00:00:30	00:25:45	<b>00:52:05.40</b>	<b>00:52:35.40</b>	+00:10:22 (19.9%)	5:12	11.5 (79.9%)
28	<b>NOWIK Mateusz</b>	<b>130</b>	HART SKOKI	OPEN Mężczyźni	27	00:00:14	00:26:58	<b>00:52:10.00</b>	<b>00:52:24.50</b>	+00:10:26 (20.0%)	5:13	11.5 (79.9%)
29	<b>KAŹMIRSKI Krzysztof</b>	<b>74</b>		OPEN Mężczyźni	28	00:00:07	00:25:57	<b>00:52:12.20</b>	<b>00:52:20.10</b>	+00:10:29 (20.1%)	5:13	11.5 (79.9%)
30	<b>KOMOROWSKA Magdalena</b>	<b>81</b>	GREAT BENTLEY RUNNING CLUB	OPEN Kobiety	2	00:00:06	00:25:58	<b>00:52:15.45</b>	<b>00:52:22.05</b>	+00:10:32 (20.2%)	5:13	11.5 (79.9%)
31	<b>NOWACKI Marcel</b>	<b>125</b>	ANKOS MMA	OPEN Mężczyźni	29	00:00:23	00:24:51	<b>00:52:54.65</b>	<b>00:53:18.35</b>	+00:11:11 (21.2%)	5:17	11.3 (78.5%)
32	<b>KOPLIN Adam</b>	<b>84</b>		OPEN Mężczyźni	30	00:00:07	00:26:07	<b>00:52:55.75</b>	<b>00:53:02.90</b>	+00:11:12 (21.2%)	5:17	11.3 (78.5%)
33	<b>OGÓRKIEWICZ Maciej</b>	<b>7</b>		OPEN Mężczyźni	31	00:00:04	00:26:54	<b>00:53:03.10</b>	<b>00:53:07.70</b>	+00:11:20 (21.4%)	5:18	11.3 (78.5%)
34	<b>TASAREK Bartosz</b>	<b>178</b>		OPEN Mężczyźni	32	00:00:04	00:26:05	<b>00:53:10.15</b>	<b>00:53:14.20</b>	+00:11:27 (21.5%)	5:19	11.3 (78.5%)
35	<b>STACHOWSKI Tomasz</b>	<b>166</b>		OPEN Mężczyźni	33	00:00:07	00:27:00	<b>00:53:21.55</b>	<b>00:53:28.95</b>	+00:11:38 (21.8%)	5:20	11.2 (77.8%)
36	<b>KRZYŻANOWSKI Łukasz</b>	<b>97</b>	WATAHA_LACZY_NAS_BIEGANIE	OPEN Mężczyźni	34	00:00:12	00:25:11	<b>00:53:23.85</b>	<b>00:53:35.85</b>	+00:11:40 (21.9%)	5:20	11.2 (77.8%)
37	<b>POLASZEK Tomasz</b>	<b>148</b>	ENEA SERWIS	OPEN Mężczyźni	35	00:00:18	00:26:34	<b>00:54:15.90</b>	<b>00:54:34.65</b>	+00:12:32 (23.1%)	5:25	11.1 (77.1%)
38	<b>KRAWCZYK Leszek</b>	<b>91</b>		OPEN Mężczyźni	36	00:00:12	00:26:50	<b>00:54:39.95</b>	<b>00:54:52.45</b>	+00:12:56 (23.7%)	5:27	11 (76.4%)

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39	KAWKA Marcin	72		OPEN Mężczyźni	37	00:00:26	00:27:00	00:54:45.40	00:55:11.85	+00:13:02 (23.8%)	5:28	11 (76.4%)
40	FIGLEROWICZ Mateusz	43		OPEN Mężczyźni	38	00:00:00		00:54:53.00	00:54:53.00	+00:13:09 (24.0%)	5:29	10.9 (75.7%)
41	ŻYŁOWSKI Dawid	199	IZERSKA GRUPA BIEGOWA	OPEN Mężczyźni	39	00:00:06	00:27:23	00:55:00.80	00:55:07.40	+00:13:17 (24.2%)	5:30	10.9 (75.7%)
42	WOJCIECH Bartosz	1		OPEN Mężczyźni	40	00:00:15	00:28:19	00:55:15.75	00:55:30.90	+00:13:32 (24.5%)	5:31	10.9 (75.7%)
43	KAŻMIRSKI Dariusz	73		OPEN Mężczyźni	41	00:00:08	00:26:01	00:55:23.25	00:55:31.35	+00:13:40 (24.7%)	5:32	10.8 (75.0%)
44	KOZAK Krzysztof	5		OPEN Mężczyźni	42	00:00:10	00:28:19	00:55:23.45	00:55:34.15	+00:13:40 (24.7%)	5:32	10.8 (75.0%)
45	SZYMAŃSKA Anna	174		OPEN Kobiety	3	00:00:22	00:27:57	00:55:32.95	00:55:55.05	+00:13:49 (24.9%)	5:33	10.8 (75.0%)
46	PANUŚ Marta	139		OPEN Kobiety	4	00:00:10	00:27:38	00:55:38.75	00:55:48.80	+00:13:55 (25.0%)	5:33	10.8 (75.0%)
47	CIESIELSKI Krystian	23		OPEN Mężczyźni	43	00:00:02	00:27:05	00:55:43.30	00:55:45.70	+00:14:00 (25.1%)	5:34	10.8 (75.0%)
48	WOŻNY Dawid	188		OPEN Mężczyźni	44	00:00:12	00:25:32	00:55:50.40	00:56:03.30	+00:14:07 (25.3%)	5:35	10.7 (74.3%)
49	SUROSZ Kordian	8		OPEN Mężczyźni	45	00:00:31	00:28:42	00:55:56.25	00:56:28.00	+00:14:13 (25.4%)	5:35	10.7 (74.3%)
50	STANI Robert	169		OPEN Mężczyźni	46	00:00:12	00:28:43	00:56:03.75	00:56:16.10	+00:14:20 (25.6%)	5:36	10.7 (74.3%)
51	RYBARCZYK Roman	155		OPEN Mężczyźni	47	00:00:18	00:27:19	00:56:11.00	00:56:29.80	+00:14:27 (25.7%)	5:37	10.7 (74.3%)
52	TOPOLEWSKI Maciej	181	BIEGACZE YOUFIT	OPEN Mężczyźni	48	00:00:11	00:27:08	00:56:32.70	00:56:44.60	+00:14:49 (26.2%)	5:39	10.6 (73.6%)
53	ŻMINKOWSKI Tomasz	197		OPEN Mężczyźni	49	00:00:08	00:27:35	00:56:34.80	00:56:42.85	+00:14:51 (26.3%)	5:39	10.6 (73.6%)
54	NACERA Krzysztof	206		OPEN Mężczyźni	50	00:00:06	00:27:21	00:56:37.85	00:56:44.35	+00:14:54 (26.3%)	5:39	10.6 (73.6%)
55	GRACZYK Artur	53	NIGHT RUNNERS WRZEŚNIA	OPEN Mężczyźni	51	00:00:04	00:27:35	00:56:37.90	00:56:42.45	+00:14:54 (26.3%)	5:39	10.6 (73.6%)
56	OWOCKI Piotr	137	BLUMTEAM	OPEN Mężczyźni	52	00:00:09	00:27:54	00:56:45.35	00:56:54.80	+00:15:02 (26.5%)	5:40	10.6 (73.6%)
57	ADAM Robert	12	EUROCASH	OPEN Mężczyźni	53	00:00:10	00:27:45	00:57:04.45	00:57:14.55	+00:15:21 (26.9%)	5:42	10.5 (72.9%)
58	KRÓL Dariusz	94	22 ODN	OPEN Mężczyźni	54	00:00:06	00:27:11	00:57:16.45	00:57:22.55	+00:15:33 (27.2%)	5:43	10.5 (72.9%)
59	RATAJCZAK Rafał	152	SMART CITY POZNAŃ	OPEN Mężczyźni	55	00:00:29	00:29:17	00:57:21.20	00:57:50.85	+00:15:38 (27.3%)	5:44	10.5 (72.9%)
60	OKONIEWSKI Marcin	131	ENEA SERWIS	OPEN Mężczyźni	56	00:00:19	00:25:14	00:57:37.10	00:57:56.15	+00:15:54 (27.6%)	5:45	10.4 (72.2%)
61	KRÓL Miłosz	93		OPEN Mężczyźni	57	00:00:30	00:29:13	00:57:39.45	00:58:09.70	+00:15:56 (27.6%)	5:45	10.4 (72.2%)

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62	<b>URBAŃSKA-DYMEK Agnieszka</b>	<b>184</b>	WKURW_TEAM	OPEN Kobiety	5	00:00:06	00:28:55	<b>00:57:44.25</b>	<b>00:57:50.85</b>	+00:16:01 (27.7%)	5:46	10.4 (72.2%)
63	<b>NAWROT Radek</b>	<b>123</b>		OPEN Mężczyźni	58	00:00:20	00:28:38	<b>00:57:52.35</b>	<b>00:58:13.00</b>	+00:16:09 (27.9%)	5:47	10.4 (72.2%)
64	<b>ZAKRZEWSKI Adam</b>	<b>192</b>		OPEN Mężczyźni	59	00:00:12	00:28:25	<b>00:57:57.95</b>	<b>00:58:10.30</b>	+00:16:14 (28.0%)	5:47	10.4 (72.2%)
65	<b>ŁOJEWSKI Piotr</b>	<b>108</b>	QUAY POZNAŃ	OPEN Mężczyźni	60	00:00:10	00:28:21	<b>00:57:58.10</b>	<b>00:58:08.35</b>	+00:16:15 (28.0%)	5:47	10.4 (72.2%)
66	<b>ZOWCZAK Dorota</b>	<b>194</b>	RAWA TEAM	OPEN Kobiety	6	00:00:12	00:28:25	<b>00:57:59.00</b>	<b>00:58:11.35</b>	+00:16:15 (28.1%)	5:47	10.3 (71.5%)
67	<b>JENA Krzysztof</b>	<b>65</b>	TEAM POSTEP PNIEWY	OPEN Mężczyźni	61	00:00:08	00:28:17	<b>00:58:25.90</b>	<b>00:58:34.10</b>	+00:16:42 (28.6%)	5:50	10.3 (71.5%)
68	<b>BIJAS Piotr</b>	<b>11</b>	NSZZ SOLIDARNOŚĆ POZNAŃ	OPEN Mężczyźni	62	00:00:10	00:29:02	<b>00:58:26.15</b>	<b>00:58:36.50</b>	+00:16:43 (28.6%)	5:50	10.3 (71.5%)
69	<b>KIELAN Agata</b>	<b>76</b>		OPEN Kobiety	7	00:00:15	00:28:28	<b>00:58:37.85</b>	<b>00:58:53.25</b>	+00:16:54 (28.8%)	5:51	10.2 (70.8%)
70	<b>KOSIOREK Darek</b>	<b>86</b>		OPEN Mężczyźni	63	00:00:13	00:29:06	<b>00:58:49.65</b>	<b>00:59:02.90</b>	+00:17:06 (29.1%)	5:52	10.2 (70.8%)
71	<b>BIEDALAK Krzysztof</b>	<b>18</b>		OPEN Mężczyźni	64	00:00:11	00:28:22	<b>00:59:04.00</b>	<b>00:59:15.35</b>	+00:17:20 (29.4%)	5:54	10.2 (70.8%)
72	<b>SŁUPSKA Wiktoria</b>	<b>161</b>		OPEN Kobiety	8	00:00:19	00:29:55	<b>00:59:05.90</b>	<b>00:59:25.15</b>	+00:17:22 (29.4%)	5:54	10.2 (70.8%)
73	<b>SZYMANSIK Jacek</b>	<b>212</b>		OPEN Mężczyźni	65	00:00:27	00:26:36	<b>00:59:15.80</b>	<b>00:59:43.05</b>	+00:17:32 (29.6%)	5:55	10.1 (70.1%)
74	<b>KAŁMUCKI Łukasz</b>	<b>68</b>		OPEN Mężczyźni	66	00:00:20	00:29:09	<b>00:59:32.10</b>	<b>00:59:52.65</b>	+00:17:49 (29.9%)	5:57	10.1 (70.1%)
75	<b>ŻMUDZIŃSKI Kamil</b>	<b>198</b>		OPEN Mężczyźni	67	00:00:21	00:31:15	<b>00:59:32.20</b>	<b>00:59:53.45</b>	+00:17:49 (29.9%)	5:57	10.1 (70.1%)
76	<b>KLIMAS Adrian</b>	<b>77</b>		OPEN Mężczyźni	68	00:00:17	00:28:37	<b>00:59:37.85</b>	<b>00:59:55.25</b>	+00:17:54 (30.0%)	5:57	10.1 (70.1%)
77	<b>JURECKI Grzegorz</b>	<b>67</b>		OPEN Mężczyźni	69	00:00:23	00:29:51	<b>00:59:41.15</b>	<b>01:00:04.70</b>	+00:17:58 (30.1%)	5:58	10.1 (70.1%)
78	<b>LORENZ Małgorzata</b>	<b>4</b>	KIBOLSKI KS	OPEN Kobiety	9	00:00:05	00:30:52	<b>00:59:42.60</b>	<b>00:59:48.50</b>	+00:17:59 (30.1%)	5:58	10.1 (70.1%)
79	<b>GÓRSKI Krzysztof</b>	<b>52</b>		OPEN Mężczyźni	70	00:00:29	00:30:28	<b>01:00:14.45</b>	<b>01:00:43.55</b>	+00:18:31 (30.7%)	6:01	10 (69.4%)
80	<b>MATWIEJCZYK Krystian</b>	<b>120</b>		OPEN Mężczyźni	71	00:00:16	00:30:39	<b>01:00:23.00</b>	<b>01:00:39.70</b>	+00:18:39 (30.9%)	6:02	9.9 (68.8%)
81	<b>PLASZCZAK Jarosław</b>	<b>147</b>		OPEN Mężczyźni	72	00:00:16	00:29:43	<b>01:00:46.85</b>	<b>01:01:03.25</b>	+00:19:03 (31.4%)	6:04	9.9 (68.8%)
82	<b>MUSIDLAK Leszek</b>	<b>205</b>		OPEN Mężczyźni	73	00:00:04	00:28:08	<b>01:00:48.75</b>	<b>01:00:53.60</b>	+00:19:05 (31.4%)	6:04	9.9 (68.8%)
83	<b>OLEJNICZAK Robert</b>	<b>133</b>	RAWA TEAM	OPEN Mężczyźni	74	00:00:12	00:30:59	<b>01:01:00.60</b>	<b>01:01:13.55</b>	+00:19:17 (31.6%)	6:06	9.8 (68.1%)
84	<b>OLEJNICZAK Piotr</b>	<b>132</b>	RAWA TEAM	OPEN Mężczyźni	75	00:00:13	00:31:00	<b>01:01:01.05</b>	<b>01:01:14.35</b>	+00:19:17 (31.6%)	6:06	9.8 (68.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
85	WUJEK Marcin	190		OPEN Mężczyźni	76	00:00:04	00:27:29	01:01:03.55	01:01:08.25	+00:19:20 (31.7%)	6:06	9.8 (68.1%)
86	RUDNICKI Marcin	154		OPEN Mężczyźni	77	00:00:28	00:30:43	01:01:22.75	01:01:51.05	+00:19:39 (32.0%)	6:08	9.8 (68.1%)
87	ILASZ Staś	58	MĘSKA STRONA RZECZYWISTOŚCI	OPEN Mężczyźni	78	00:00:17	00:30:42	01:01:33.30	01:01:51.00	+00:19:50 (32.2%)	6:09	9.7 (67.4%)
88	GRAJZER Mirosław	202		OPEN Mężczyźni	79	00:00:06	00:29:23	01:01:53.10	01:01:59.30	+00:20:10 (32.6%)	6:11	9.7 (67.4%)
89	CIEŚLEWICZ Mateusz	24	NIGHT RUNNERS	OPEN Mężczyźni	80	00:00:18	00:30:31	01:02:11.15	01:02:29.25	+00:20:28 (32.9%)	6:13	9.6 (66.7%)
90	PIOTROWSKI Łukasz	146		OPEN Mężczyźni	81	00:00:35	00:31:02	01:02:21.80	01:02:57.60	+00:20:38 (33.1%)	6:14	9.6 (66.7%)
91	JASIK Wojciech	63		OPEN Mężczyźni	82	00:00:15	00:28:24	01:02:40.65	01:02:56.35	+00:20:57 (33.4%)	6:16	9.6 (66.7%)
92	ŁUCZAK Agnieszka	109		OPEN Kobiety	10	00:00:18	00:29:48	01:02:56.90	01:03:15.55	+00:21:13 (33.7%)	6:17	9.5 (66.0%)
93	KAŁUŻNY Joachim	69		OPEN Mężczyźni	83	00:00:06	00:28:05	01:02:59.05	01:03:05.45	+00:21:15 (33.8%)	6:17	9.5 (66.0%)
94	DOBROWOLSKI Łukasz	32		OPEN Mężczyźni	84	00:00:13	00:29:18	01:03:33.30	01:03:47.05	+00:21:50 (34.4%)	6:21	9.4 (65.3%)
95	BASIŃSKI Paweł	16		OPEN Mężczyźni	85	00:00:15	00:31:19	01:03:37.85	01:03:53.55	+00:21:54 (34.4%)	6:21	9.4 (65.3%)
96	SOBKOWIAK Sławomir	162		OPEN Mężczyźni	86	00:00:29	00:31:46	01:03:48.55	01:04:17.70	+00:22:05 (34.6%)	6:22	9.4 (65.3%)
97	STAWIAK Izabella	201		OPEN Kobiety	11	00:00:05	00:31:06	01:04:05.75	01:04:11.35	+00:22:22 (34.9%)	6:24	9.4 (65.3%)
98	KROPIDŁOWSKI Tomasz	92		OPEN Mężczyźni	87	00:00:09	00:31:00	01:04:07.55	01:04:17.00	+00:22:24 (34.9%)	6:24	9.4 (65.3%)
99	KARWACKI Andrzej	70		OPEN Mężczyźni	88	00:00:03	00:28:54	01:04:41.30	01:04:44.30	+00:22:58 (35.5%)	6:28	9.3 (64.6%)
100	TOMICKI Jarosław	179		OPEN Mężczyźni	89	00:00:20	00:30:20	01:04:44.20	01:05:05.15	+00:23:01 (35.6%)	6:28	9.3 (64.6%)
101	WALUK Piotr	186		OPEN Mężczyźni	90	00:00:08	00:30:41	01:05:21.60	01:05:30.30	+00:23:38 (36.2%)	6:32	9.2 (63.9%)
102	POPIOŁEK Renata	150	PRO366	OPEN Kobiety	12	00:00:28	00:32:26	01:05:27.80	01:05:56.65	+00:23:44 (36.3%)	6:32	9.2 (63.9%)
103	DOMŻAŁ Rafał	34		OPEN Mężczyźni	91	00:00:05	00:31:51	01:05:52.10	01:05:57.25	+00:24:09 (36.7%)	6:35	9.1 (63.2%)
103	KSIĄŻAK Krystian	98		OPEN Mężczyźni	91	00:00:08	00:29:36	01:05:52.10	01:06:00.15	+00:24:09 (36.7%)	6:35	9.1 (63.2%)
105	ŁAWNICZAK Patryk	107	SPARTA STRZESZYN	OPEN Mężczyźni	93	00:00:03	00:30:17	01:06:19.55	01:06:22.55	+00:24:36 (37.1%)	6:37	9 (62.5%)
106	STAGA Błażej	167		OPEN Mężczyźni	94	00:00:25	00:30:44	01:06:21.70	01:06:47.65	+00:24:38 (37.1%)	6:38	9 (62.5%)
107	KŁACZKIEWICZ Magdalena	79	KB SZAMOTUŁY	OPEN Kobiety	13	00:00:26	00:32:49	01:06:33.45	01:06:59.55	+00:24:50 (37.3%)	6:39	9 (62.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
107	<b>DUDA KRZEMIENIEWSKA Jadwiga</b>	<b>36</b>	KB SZAMOTUŁY	OPEN Kobiety	13	00:00:26	00:32:48	<b>01:06:33.45</b>	<b>01:06:59.80</b>	+00:24:50 (37.3%)	6:39	9 (62.5%)
109	<b>TRESZCZYŃSKA Mirka</b>	<b>182</b>		OPEN Kobiety	15	00:00:24	00:33:17	<b>01:06:40.50</b>	<b>01:07:05.10</b>	+00:24:57 (37.4%)	6:40	9 (62.5%)
110	<b>TRESZCZYŃSKI Janusz</b>	<b>183</b>		OPEN Mężczyźni	95	00:00:24	00:33:17	<b>01:07:39.25</b>	<b>01:08:03.45</b>	+00:25:56 (38.3%)	6:45	8.9 (61.8%)
111	<b>SPICKER Daria</b>	<b>165</b>		OPEN Kobiety	16	00:00:16	00:32:22	<b>01:07:50.15</b>	<b>01:08:06.65</b>	+00:26:07 (38.5%)	6:47	8.8 (61.1%)
112	<b>WARZYCH Adam</b>	<b>187</b>		OPEN Mężczyźni	96	00:00:26	00:35:07	<b>01:09:09.10</b>	<b>01:09:35.80</b>	+00:27:26 (39.7%)	6:54	8.7 (60.4%)
113	<b>SZEWCZYK Mateusz</b>	<b>173</b>	ŁOWCY ŻYCIÓWEK	OPEN Mężczyźni	97	00:00:25	00:33:37	<b>01:09:09.25</b>	<b>01:09:34.75</b>	+00:27:26 (39.7%)	6:54	8.7 (60.4%)
114	<b>JANKOWICZ Paulina</b>	<b>62</b>		OPEN Kobiety	17	00:00:21	00:35:54	<b>01:09:28.35</b>	<b>01:09:49.85</b>	+00:27:45 (39.9%)	6:56	8.6 (59.7%)
115	<b>GAWROŃSKI Adam</b>	<b>49</b>		OPEN Mężczyźni	98	00:00:21	00:35:54	<b>01:09:28.45</b>	<b>01:09:50.05</b>	+00:27:45 (40.0%)	6:56	8.6 (59.7%)
116	<b>COBLEWSKI Krzysztof</b>	<b>25</b>		OPEN Mężczyźni	99	00:00:24	00:40:40	<b>01:09:29.80</b>	<b>01:09:54.75</b>	+00:27:46 (40.0%)	6:56	8.6 (59.7%)
117	<b>DWÓŹNIK Robert</b>	<b>40</b>	DAM RADEĘ	OPEN Mężczyźni	100	00:00:29	00:33:27	<b>01:10:04.90</b>	<b>01:10:34.55</b>	+00:28:21 (40.5%)	7:00	8.6 (59.7%)
118	<b>MAĆKOWSKI Paweł</b>	<b>113</b>		OPEN Mężczyźni	101	00:00:35	00:35:20	<b>01:10:23.95</b>	<b>01:10:59.10</b>	+00:28:40 (40.7%)	7:02	8.5 (59.0%)
119	<b>MUSIAŁ Anna</b>	<b>122</b>	DBL	OPEN Kobiety	18	00:00:29	00:34:39	<b>01:10:28.50</b>	<b>01:10:58.45</b>	+00:28:45 (40.8%)	7:02	8.5 (59.0%)
120	<b>FILIPIAK Robert</b>	<b>44</b>		OPEN Mężczyźni	102	00:00:30	00:34:36	<b>01:10:35.70</b>	<b>01:11:05.95</b>	+00:28:52 (40.9%)	7:03	8.5 (59.0%)
121	<b>STAN Adrian</b>	<b>168</b>	PARKRUN POZNAŃ	OPEN Mężczyźni	103	00:00:21	00:33:22	<b>01:10:38.35</b>	<b>01:10:59.75</b>	+00:28:55 (40.9%)	7:03	8.5 (59.0%)
122	<b>NOWAK Paweł</b>	<b>127</b>	SOKRATES TEAM	OPEN Mężczyźni	104	00:00:23	00:34:08	<b>01:10:44.25</b>	<b>01:11:07.85</b>	+00:29:01 (41.0%)	7:04	8.5 (59.0%)
123	<b>WALAS-GWIZDAŁA Barbara</b>	<b>185</b>	NIE DOTYCZY	OPEN Kobiety	19	00:00:02	00:33:31	<b>01:12:02.00</b>	<b>01:12:04.40</b>	+00:30:18 (42.1%)	7:12	8.3 (57.6%)
124	<b>KUBIAK Adam</b>	<b>99</b>		OPEN Mężczyźni	105	00:00:28	00:35:21	<b>01:12:22.70</b>	<b>01:12:51.60</b>	+00:30:39 (42.4%)	7:14	8.3 (57.6%)
125	<b>KUREK Mateusz</b>	<b>101</b>		OPEN Mężczyźni	106	00:00:21	00:34:01	<b>01:12:39.05</b>	<b>01:13:00.15</b>	+00:30:55 (42.6%)	7:15	8.3 (57.6%)
126	<b>MAJEWSKI Łukasz</b>	<b>210</b>		OPEN Mężczyźni	107	00:00:25	00:39:30	<b>01:13:14.70</b>	<b>01:13:39.80</b>	+00:31:31 (43.0%)	7:19	8.2 (56.9%)
127	<b>SZYMCZAK Klaudia</b>	<b>175</b>		OPEN Kobiety	20	00:00:22	00:34:17	<b>01:13:16.65</b>	<b>01:13:39.00</b>	+00:31:33 (43.1%)	7:19	8.2 (56.9%)
128	<b>KRASZKIEWICZ Rafał</b>	<b>90</b>	QUAY POZNAŃ	OPEN Mężczyźni	108	00:00:10	00:33:38	<b>01:13:18.55</b>	<b>01:13:29.10</b>	+00:31:35 (43.1%)	7:19	8.2 (56.9%)
129	<b>NOWAK Mariola</b>	<b>126</b>		OPEN Kobiety	21	00:00:05	00:34:30	<b>01:13:23.85</b>	<b>01:13:29.35</b>	+00:31:40 (43.2%)	7:20	8.2 (56.9%)
130	<b>DYGUDAJ Agnieszka</b>	<b>41</b>		OPEN Kobiety	22	00:00:15	00:35:50	<b>01:13:35.25</b>	<b>01:13:50.95</b>	+00:31:52 (43.3%)	7:21	8.2 (56.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
131	<b>TONDER Adrianna</b>	<b>180</b>		OPEN Kobiety	23	00:00:20	00:37:10	<b>01:14:29.45</b>	<b>01:14:49.75</b>	+00:32:46 (44.0%)	7:26	8.1 (56.3%)
132	<b>MARCINIAK Monika</b>	<b>116</b>		OPEN Kobiety	24	00:00:25	00:36:26	<b>01:14:56.30</b>	<b>01:15:21.95</b>	+00:33:13 (44.3%)	7:29	8 (55.6%)
133	<b>JASTRZĘBSKI Radek</b>	<b>64</b>		OPEN Mężczyźni	109	00:00:31	00:36:48	<b>01:15:41.40</b>	<b>01:16:13.25</b>	+00:33:58 (44.9%)	7:34	7.9 (54.9%)
134	<b>ZBOROWSKI Dariusz</b>	<b>193</b>		OPEN Mężczyźni	110	00:00:31	00:36:48	<b>01:15:43.05</b>	<b>01:16:14.50</b>	+00:33:59 (44.9%)	7:34	7.9 (54.9%)
135	<b>NOWICKI Tomasz</b>	<b>129</b>	DASZEWICE	OPEN Mężczyźni	111	00:00:20	00:36:19	<b>01:16:41.90</b>	<b>01:17:02.40</b>	+00:34:58 (45.6%)	7:40	7.8 (54.2%)
136	<b>CZAJKA Anna</b>	<b>26</b>		OPEN Kobiety	25	00:00:06	00:36:27	<b>01:17:24.15</b>	<b>01:17:31.05</b>	+00:35:41 (46.1%)	7:44	7.8 (54.2%)
137	<b>DOGA Zbigniew</b>	<b>33</b>		OPEN Mężczyźni	112	00:00:25	00:39:31	<b>01:19:06.20</b>	<b>01:19:31.45</b>	+00:37:23 (47.3%)	7:54	7.6 (52.8%)
138	<b>MARCZAK Hanna</b>	<b>117</b>		OPEN Kobiety	26	00:00:23	00:39:33	<b>01:19:07.95</b>	<b>01:19:31.15</b>	+00:37:24 (47.3%)	7:54	7.6 (52.8%)
139	<b>SŁAWCZYŃSKI Kazimierz</b>	<b>160</b>	UNIA 100 SWARZĘDZ	OPEN Mężczyźni	113	00:00:14	00:39:55	<b>01:22:41.20</b>	<b>01:22:55.25</b>	+00:40:58 (49.5%)	8:16	7.3 (50.7%)
140	<b>KOWALEWSKI Bartłomiej</b>	<b>87</b>		OPEN Mężczyźni	114	00:00:28	00:42:45	<b>01:25:21.30</b>	<b>01:25:49.55</b>	+00:43:38 (51.1%)	8:32	7 (48.6%)
141	<b>KASIERSKA Ewa Katarzyna</b>	<b>71</b>	WKB META LUBLINIEC	OPEN Kobiety	27	00:00:30	00:42:17	<b>01:26:25.55</b>	<b>01:26:56.30</b>	+00:44:42 (51.7%)	8:38	6.9 (47.9%)
142	<b>KOPANIARZ Damian</b>	<b>83</b>		OPEN Mężczyźni	115	00:00:12	00:43:09	<b>01:32:59.25</b>	<b>01:33:11.55</b>	+00:51:16 (55.1%)	9:17	6.5 (45.1%)

Znaleziono 142 wynik(ów)