



LOTTO POZNAŃSKI CZERWIEC '56 – BIEG PAMIĘCI 4 KM

B4SPORT

Wydarzenie: LOTTO POZNAŃSKI CZERWIEC '56 – BIEG PAMIĘCI
Organizator: APS AGENCY Sp. z o.o. Sp.k.
Data: 2023-06-25
Miejsce: POZNAŃ
Dystans: 4 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
1	KOSZAL Kacper	301	KOSZALTRIATHLON	OPEN Mężczyźni	1	00:00:01	00:14:04.30	00:14:05.90		3:31	17.1 (100%)
2	MIKOŁAJCZAK Hubert	254	SZYMANOWSKI TEAM	OPEN Mężczyźni	2	00:00:02	00:14:09.70	00:14:11.70	+00:00:05 (0.6%)	3:32	17 (99.4%)
3	ZWIRANOWSKI Władysław	111	I TY BIEGAĆ MOŻESZ	OPEN Mężczyźni	3	00:00:03	00:15:11.25	00:15:15.05	+00:01:06 (7.3%)	3:47	15.8 (92.4%)
4	ZANDECKI Maciej	283	VOLKSWAGEN POZNAŃ	OPEN Mężczyźni	4	00:00:02	00:15:11.90	00:15:14.00	+00:01:07 (7.4%)	3:47	15.8 (92.4%)
5	MOLSKI Amadeusz	349	OKL	OPEN Mężczyźni	5	00:00:01	00:15:14.85	00:15:16.80	+00:01:10 (7.7%)	3:48	15.8 (92.4%)
6	KRAWCZYK Jakub	363		OPEN Mężczyźni	6	00:00:02	00:16:07.30	00:16:09.40	+00:02:03 (12.7%)	4:01	14.9 (87.1%)
7	SAJDAK Dominik	338	ECO-CLASSIC	OPEN Mężczyźni	7	00:00:03	00:16:11.55	00:16:14.90	+00:02:07 (13.1%)	4:02	14.8 (86.5%)
8	SOBCZAK Sebastian	330		OPEN Mężczyźni	8	00:00:03	00:16:28.25	00:16:31.40	+00:02:23 (14.6%)	4:07	14.6 (85.4%)
9	KAŹMIERCZAK Mateusz	364		OPEN Mężczyźni	9	00:00:02	00:16:36.90	00:16:39.80	+00:02:32 (15.3%)	4:09	14.5 (84.8%)
10	KARASIAK Dominika	316	MISTRZOWSKI TRENING	OPEN Kobiety	1	00:00:02	00:16:44.85	00:16:47.55	+00:02:40 (16.0%)	4:11	14.3 (83.6%)
11	TOMCZYK Radosław	391	ALTOM GNIEZNO	OPEN Mężczyźni	10	00:00:03	00:16:57.40	00:17:01.35	+00:02:53 (17.0%)	4:14	14.2 (83.0%)
12	AREND Kinga	302		OPEN Kobiety	2	00:00:06	00:17:21.40	00:17:27.60	+00:03:17 (18.9%)	4:20	13.8 (80.7%)
13	BOGUCKI Witek	171		OPEN Mężczyźni	11	00:00:06	00:17:33.90	00:17:39.90	+00:03:29 (19.9%)	4:23	13.7 (80.1%)
14	KNAST Maciej	117		OPEN Mężczyźni	12	00:00:06	00:17:41.20	00:17:47.65	+00:03:36 (20.4%)	4:25	13.6 (79.5%)
15	SKRZYPCZAK Krzysztof	102		OPEN Mężczyźni	13	00:00:09	00:17:48.55	00:17:58.20	+00:03:44 (21.0%)	4:27	13.5 (78.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
16	PIĘTOŃ Filip	153		OPEN Mężczyźni	14	00:00:03	00:17:54.60	00:17:57.75	+00:03:50 (21.4%)	4:28	13.4 (78.4%)
17	MISIUDA Alan	123	AZS POZNAŃ	OPEN Mężczyźni	15	00:00:01	00:17:55.35	00:17:57.30	+00:03:51 (21.5%)	4:28	13.4 (78.4%)
18	KAMIŃSKI Kacper	167		OPEN Mężczyźni	16	00:00:06	00:17:56.20	00:18:02.30	+00:03:51 (21.5%)	4:29	13.4 (78.4%)
19	RANZ Maciej	165		OPEN Mężczyźni	17	00:00:25	00:18:02.10	00:18:27.20	+00:03:57 (22.0%)	4:30	13.3 (77.8%)
20	DYMNICKI Hubert	376		OPEN Mężczyźni	18	00:00:12	00:18:08.25	00:18:20.45	+00:04:03 (22.4%)	4:32	13.2 (77.2%)
21	KNAST Izabela	121		OPEN Kobiety	3	00:00:06	00:18:20.55	00:18:27.30	+00:04:16 (23.3%)	4:35	13.1 (76.6%)
22	URBAŃCZYK Ksawery	344	FOR RUN TEAM	OPEN Mężczyźni	19	00:00:11	00:18:33.55	00:18:45.45	+00:04:29 (24.2%)	4:38	12.9 (75.4%)
23	BRYCHCZYŃSKI Krystian	342	SANPOL SPORT TEAM	OPEN Mężczyźni	20	00:00:16	00:18:49.05	00:19:05.90	+00:04:44 (25.2%)	4:42	12.8 (74.9%)
24	CHAŁUPKA Sebastian	151		OPEN Mężczyźni	21	00:00:04	00:18:54.45	00:18:59.00	+00:04:50 (25.6%)	4:43	12.7 (74.3%)
25	MALEJ Adrian	214	MAGNA	OPEN Mężczyźni	22	00:01:09	00:19:20.15	00:20:29.30	+00:05:15 (27.2%)	4:50	12.4 (72.5%)
26	BĄCZYK Antoni	323		OPEN Mężczyźni	23	00:00:05	00:19:21.95	00:19:26.95	+00:05:17 (27.3%)	4:50	12.4 (72.5%)
27	OSSES Łukasz	377		OPEN Mężczyźni	24	00:00:50	00:19:28.85	00:20:19.75	+00:05:24 (27.8%)	4:52	12.3 (71.9%)
28	BIEGAŁA Damian Paweł	237		OPEN Mężczyźni	25	00:00:42	00:19:35.90	00:20:18.70	+00:05:31 (28.2%)	4:53	12.3 (71.9%)
29	PATETSKI Piotr	175	----	OPEN Mężczyźni	26	00:01:08	00:19:37.45	00:20:46.00	+00:05:33 (28.3%)	4:54	12.2 (71.3%)
30	ADAMCZYK Szymon	126		OPEN Mężczyźni	27	00:00:17	00:19:43.80	00:20:01.20	+00:05:39 (28.7%)	4:55	12.2 (71.3%)
31	RUDZIŃSKI Piotr	231		OPEN Mężczyźni	28	00:00:26	00:19:45.30	00:20:11.95	+00:05:41 (28.8%)	4:56	12.2 (71.3%)
32	SIKORA Dariusz	335	FPS	OPEN Mężczyźni	29	00:00:26	00:19:49.75	00:20:15.75	+00:05:45 (29.0%)	4:57	12.1 (70.8%)
33	NAWROT Mateusz	354	ALBECO TEAM	OPEN Mężczyźni	30	00:00:36	00:19:50.15	00:20:26.35	+00:05:45 (29.1%)	4:57	12.1 (70.8%)
34	TROCZYŃSKI Przemysław	294		OPEN Mężczyźni	31	00:00:11	00:19:51.05	00:20:02.35	+00:05:46 (29.1%)	4:57	12.1 (70.8%)
35	KAŹMIERCZAK Jacek	291		OPEN Mężczyźni	32	00:00:08	00:19:51.30	00:19:59.85	+00:05:47 (29.1%)	4:57	12.1 (70.8%)
36	LESZCZYŃSKA Żaneta	319		OPEN Kobiety	4	00:00:16	00:19:53.95	00:20:09.95	+00:05:49 (29.3%)	4:58	12.1 (70.8%)
37	BĄCZYK Tymoteusz	351		OPEN Mężczyźni	33	00:00:42	00:20:03.10	00:20:45.30	+00:05:58 (29.8%)	5:00	12 (70.2%)
38	BRYL Mateusz	310	FPS	OPEN Mężczyźni	34	00:01:02	00:20:07.65	00:21:10.35	+00:06:03 (30.1%)	5:01	11.9 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
39	KRZYSZTOŃ Radosław	324	FPS	OPEN Mężczyźni	35	00:01:03	00:20:18.80	00:21:22.50	+00:06:14 (30.7%)	5:04	11.8 (69.0%)
40	BRODA Arkadiusz	132	VEZUVIO TEAM	OPEN Mężczyźni	36	00:01:07	00:20:19.15	00:21:26.75	+00:06:14 (30.7%)	5:04	11.8 (69.0%)
41	WRÓBEL Krzysztof	204		OPEN Mężczyźni	37	00:01:02	00:20:21.10	00:21:23.30	+00:06:16 (30.9%)	5:05	11.8 (69.0%)
42	NOWAK Miłosz	253		OPEN Mężczyźni	38	00:00:16	00:20:34.90	00:20:51.85	+00:06:30 (31.6%)	5:08	11.7 (68.4%)
43	HAHN Arkadiusz	334		OPEN Mężczyźni	39	00:01:03	00:20:52.05	00:21:55.85	+00:06:47 (32.6%)	5:13	11.5 (67.3%)
44	DOMAGAŁA Krzysztof	374		OPEN Mężczyźni	40	00:00:12	00:21:05.45	00:21:18.10	+00:07:01 (33.3%)	5:16	11.4 (66.7%)
45	GAŁCZYŃSKA Joanna	357	KARDIO HCP	OPEN Kobiety	5	00:00:46	00:21:05.90	00:21:52.70	+00:07:01 (33.3%)	5:16	11.4 (66.7%)
46	DZIEDZIC Julita	359		OPEN Kobiety	6	00:00:46	00:21:06.15	00:21:52.65	+00:07:01 (33.3%)	5:16	11.4 (66.7%)
47	KRZANOWSKI Marcel	369		OPEN Mężczyźni	41	00:01:01	00:21:06.90	00:22:08.75	+00:07:02 (33.4%)	5:16	11.4 (66.7%)
48	RATAJCZAK Berenika	202	ENEA TEAM	OPEN Kobiety	7	00:00:05	00:21:07.00	00:21:12.00	+00:07:02 (33.4%)	5:16	11.4 (66.7%)
49	BECKER Paweł	293		OPEN Mężczyźni	42	00:00:12	00:21:10.30	00:21:23.10	+00:07:06 (33.5%)	5:17	11.3 (66.1%)
50	PIĄTEK Kamila	399	ADIDAS RUNNERS POZNAŃ	OPEN Kobiety	8	00:00:05	00:21:21.10	00:21:26.90	+00:07:16 (34.1%)	5:20	11.2 (65.5%)
51	ŁOCHYŃSKI Grzegorz	248		OPEN Mężczyźni	43	00:00:36	00:21:22.80	00:21:59.40	+00:07:18 (34.2%)	5:20	11.2 (65.5%)
52	MUSIELAK Artur	326	FPS	OPEN Mężczyźni	44	00:01:02	00:21:30.35	00:22:32.90	+00:07:26 (34.6%)	5:22	11.2 (65.5%)
53	NOWICKI Kamil	195		OPEN Mężczyźni	45	00:00:10	00:21:33.20	00:21:44.10	+00:07:28 (34.7%)	5:23	11.1 (64.9%)
54	PANACHEDA Leszek	358	LKS JAŚNICA OPOLNO ZDRÓJ	OPEN Mężczyźni	46	00:00:06	00:21:40.85	00:21:47.05	+00:07:36 (35.1%)	5:25	11.1 (64.9%)
55	KONIECZNY Andrzej	251		OPEN Mężczyźni	47	00:01:21	00:21:41.20	00:23:02.90	+00:07:36 (35.1%)	5:25	11.1 (64.9%)
56	OKONIEWSKA Katarzyna	124		OPEN Kobiety	9	00:00:06	00:21:47.50	00:21:54.10	+00:07:43 (35.4%)	5:26	11 (64.3%)
57	WITUCKA Iwona	116		OPEN Kobiety	10	00:00:24	00:21:48.70	00:22:13.15	+00:07:44 (35.5%)	5:27	11 (64.3%)
58	SZAJBE Eryk	292	HCP	OPEN Mężczyźni	48	00:00:56	00:21:51.85	00:22:48.45	+00:07:47 (35.6%)	5:27	11 (64.3%)
59	JAGODZIŃSKI Tadeusz	275		OPEN Mężczyźni	49	00:01:07	00:22:05.75	00:23:12.85	+00:08:01 (36.3%)	5:31	10.9 (63.7%)
60	KUJAWA Szymon	252		OPEN Mężczyźni	50	00:00:43	00:22:09.15	00:22:52.30	+00:08:04 (36.5%)	5:32	10.8 (63.2%)
61	SZYMAŃSKI Adam	246	PĘDZĄCY GACUŚ	OPEN Mężczyźni	51	00:00:09	00:22:13.75	00:22:23.40	+00:08:09 (36.7%)	5:33	10.8 (63.2%)

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62	NOWAK Marta	239		OPEN Kobiety	11	00:01:07	00:22:14.85	00:23:21.95	+00:08:10 (36.7%)	5:33	10.8 (63.2%)
62	ROSIŃSKA Agnieszka	385	ŚWIERCZEWO RUN/SZALONA PIĄTKA	OPEN Kobiety	11	00:00:43	00:22:14.85	00:22:58.30	+00:08:10 (36.7%)	5:33	10.8 (63.2%)
64	BANASIAK Paweł	181		OPEN Mężczyźni	52	00:00:29	00:22:15.30	00:22:44.80	+00:08:11 (36.8%)	5:33	10.8 (63.2%)
65	GRUCHALSKI Miłosz	304		OPEN Mężczyźni	53	00:00:51	00:22:15.75	00:23:07.45	+00:08:11 (36.8%)	5:33	10.8 (63.2%)
66	KLUCZYNSKA Agnieszka	182		OPEN Kobiety	13	00:00:22	00:22:16.00	00:22:38.40	+00:08:11 (36.8%)	5:34	10.8 (63.2%)
67	JEDYNAK Barbara	194		OPEN Kobiety	14	00:01:06	00:22:16.20	00:23:22.95	+00:08:11 (36.8%)	5:34	10.8 (63.2%)
68	DRAŻEWSKI Damian	221	ENEA TEAM	OPEN Mężczyźni	54	00:01:05	00:22:16.25	00:23:22.15	+00:08:11 (36.8%)	5:34	10.8 (63.2%)
69	WIECZOREK Mateusz	184		OPEN Mężczyźni	55	00:00:22	00:22:19.30	00:22:41.30	+00:08:15 (37.0%)	5:34	10.8 (63.2%)
70	WIECZOREK Szymon	378		OPEN Mężczyźni	56	00:00:21	00:22:20.10	00:22:41.30	+00:08:15 (37.0%)	5:35	10.7 (62.6%)
71	WIATROWSKI Łukasz	328	FPS	OPEN Mężczyźni	57	00:00:54	00:22:24.75	00:23:19.20	+00:08:20 (37.2%)	5:36	10.7 (62.6%)
72	CIEŚLEWICZ Mateusz	129	NIGHT RUNNERS	OPEN Mężczyźni	58	00:00:49	00:22:27.50	00:23:17.05	+00:08:23 (37.3%)	5:36	10.7 (62.6%)
73	GREMPKA Patrycja	380		OPEN Kobiety	15	00:00:16	00:22:32.30	00:22:49.25	+00:08:28 (37.6%)	5:38	10.7 (62.6%)
74	IRZYK Grzegorz	143	BIEGACZE PARKRUN POLSKA	OPEN Mężczyźni	59	00:00:57	00:22:36.20	00:23:34.00	+00:08:31 (37.7%)	5:39	10.6 (62.0%)
75	BUDZISZ Andrzej	400	FPS	OPEN Mężczyźni	60	00:00:23	00:22:37.00	00:23:00.25	+00:08:32 (37.8%)	5:39	10.6 (62.0%)
76	KOZŁOWSKA Katarzyna	174	#BIEGIEMWLAS	OPEN Kobiety	16	00:00:08	00:22:37.35	00:22:46.25	+00:08:33 (37.8%)	5:39	10.6 (62.0%)
77	KASPROWICZ Szymon	227		OPEN Mężczyźni	61	00:00:38	00:22:41.25	00:23:19.95	+00:08:36 (38.0%)	5:40	10.6 (62.0%)
78	GRALA Daniel	256		OPEN Mężczyźni	62	00:00:44	00:22:44.30	00:23:28.55	+00:08:40 (38.1%)	5:41	10.6 (62.0%)
79	GRĘDAS Kinga	388		OPEN Kobiety	17	00:00:42	00:22:46.85	00:23:29.05	+00:08:42 (38.2%)	5:41	10.5 (61.4%)
80	RANZ Angelika	166		OPEN Kobiety	18	00:00:28	00:22:46.95	00:23:15.70	+00:08:42 (38.2%)	5:41	10.5 (61.4%)
81	DRAHT Maciej	308	FPS	OPEN Mężczyźni	63	00:00:56	00:22:47.05	00:23:43.35	+00:08:42 (38.2%)	5:41	10.5 (61.4%)
82	JANASIK Szymon	396		OPEN Mężczyźni	64	00:00:40	00:22:48.70	00:23:29.50	+00:08:44 (38.3%)	5:42	10.5 (61.4%)
83	KOSIAK Marcel	188		OPEN Mężczyźni	65	00:00:37	00:22:49.60	00:23:27.50	+00:08:45 (38.4%)	5:42	10.5 (61.4%)
84	RYBARCZYK Agnieszka	264	#BIEGIEMWLAS	OPEN Kobiety	19	00:00:04	00:22:51.00	00:22:55.55	+00:08:46 (38.4%)	5:42	10.5 (61.4%)

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85	JURGA Paweł	210		OPEN Mężczyźni	66	00:00:26	00:22:51.35	00:23:17.65	+00:08:47 (38.4%)	5:42	10.5 (61.4%)
86	ŻYTO Agnieszka	223		OPEN Kobiety	20	00:00:36	00:22:52.60	00:23:29.30	+00:08:48 (38.5%)	5:43	10.5 (61.4%)
87	KURKIEWICZ Ignacy	189		OPEN Mężczyźni	67	00:00:14	00:22:53.20	00:23:07.45	+00:08:48 (38.5%)	5:43	10.5 (61.4%)
88	SZYMKOWIAK Paweł	152		OPEN Mężczyźni	68	00:00:29	00:22:59.15	00:23:28.80	+00:08:54 (38.8%)	5:44	10.4 (60.8%)
89	ZYCH Krystian	169		OPEN Mężczyźni	69	00:00:28	00:22:59.20	00:23:27.75	+00:08:54 (38.8%)	5:44	10.4 (60.8%)
90		494				00:00:21	00:22:59.95	00:23:21.05	+00:08:55 (38.8%)	5:44	10.4 (60.8%)
91	NOWAK Marcin	313	FPS	OPEN Mężczyźni	70	00:00:05	00:23:01.80	00:23:06.80	+00:08:57 (38.9%)	5:45	10.4 (60.8%)
92	BUGAJEWSKI Paweł	303		OPEN Mężczyźni	71	00:00:49	00:23:07.25	00:23:57.10	+00:09:02 (39.1%)	5:46	10.4 (60.8%)
93	PATER Paweł	346	CHAOS POZNAŃ	OPEN Mężczyźni	72	00:00:08	00:23:07.85	00:23:15.85	+00:09:03 (39.2%)	5:46	10.4 (60.8%)
94	URBAŃSKA Honorata	345		OPEN Kobiety	21	00:00:06	00:23:08.40	00:23:15.20	+00:09:04 (39.2%)	5:47	10.4 (60.8%)
95	NOWAK Magdalena	249		OPEN Kobiety	22	00:00:51	00:23:13.30	00:24:04.75	+00:09:09 (39.4%)	5:48	10.3 (60.2%)
96	ŻURAWSKI Jakub	234		OPEN Mężczyźni	73	00:00:17	00:23:13.90	00:23:31.75	+00:09:09 (39.4%)	5:48	10.3 (60.2%)
97	WOJTOWICZ Sylwia	272		OPEN Kobiety	23	00:00:27	00:23:14.10	00:23:41.60	+00:09:09 (39.4%)	5:48	10.3 (60.2%)
98	SPYCHAŁA Marek	329		OPEN Mężczyźni	74	00:00:11	00:23:16.50	00:23:28.40	+00:09:12 (39.5%)	5:49	10.3 (60.2%)
99	CIESIELSKA Hanna	336		OPEN Kobiety	24	00:00:53	00:23:18.75	00:24:12.70	+00:09:14 (39.6%)	5:49	10.3 (60.2%)
100	BANUCH Kasia	360		OPEN Kobiety	25	00:00:07	00:23:24.75	00:23:32.35	+00:09:20 (39.9%)	5:51	10.3 (60.2%)
101	KRUK Antoni	192		OPEN Mężczyźni	75	00:00:27	00:23:29.85	00:23:57.25	+00:09:25 (40.1%)	5:52	10.2 (59.6%)
102	WIŚNIEWSKA-KROTECKA Marta	203	MISTRZOWSKI TRENING	OPEN Kobiety	26	00:01:01	00:23:30.70	00:24:32.50	+00:09:26 (40.2%)	5:52	10.2 (59.6%)
103	WOJTKOWIAK Monika	209		OPEN Kobiety	27	00:00:27	00:23:33.45	00:24:01.10	+00:09:29 (40.3%)	5:53	10.2 (59.6%)
104	BRYL Mikołaj	355		OPEN Mężczyźni	76	00:00:10	00:23:34.25	00:23:44.65	+00:09:29 (40.3%)	5:53	10.2 (59.6%)
105	JANAS Borys	245		OPEN Mężczyźni	77	00:00:46	00:23:35.40	00:24:21.70	+00:09:31 (40.3%)	5:53	10.2 (59.6%)
106	LOTKA Krystian	193		OPEN Mężczyźni	78	00:01:14	00:23:36.45	00:24:51.25	+00:09:32 (40.4%)	5:54	10.2 (59.6%)
107	MARCINKOWSKA Grażyna	372		OPEN Kobiety	28	00:00:24	00:23:37.10	00:24:01.10	+00:09:32 (40.4%)	5:54	10.2 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
108	PRZYBYSZ Rafał	170	WILDA	OPEN Mężczyźni	79	00:00:31	00:23:43.55	00:24:14.85	+00:09:39 (40.7%)	5:55	10.1 (59.1%)
109	BĄCZYK Ewa	243	MINIONKI	OPEN Kobiety	29	00:00:44	00:23:43.85	00:24:28.50	+00:09:39 (40.7%)	5:55	10.1 (59.1%)
110	KOSOWSKI Marek	277		OPEN Mężczyźni	80	00:00:58	00:23:44.30	00:24:42.40	+00:09:40 (40.7%)	5:56	10.1 (59.1%)
111	PROSIANOWSKA Joanna	229		OPEN Kobiety	30	00:00:31	00:23:50.75	00:24:22.55	+00:09:46 (41.0%)	5:57	10.1 (59.1%)
112	EGLER Michał	137	MARATOŃCZYK POZNAŃ	OPEN Mężczyźni	81	00:00:58	00:23:57.70	00:24:56.25	+00:09:53 (41.3%)	5:59	10 (58.5%)
113	RYBOTYCKA Barbara	341		OPEN Kobiety	31	00:00:33	00:24:01.45	00:24:34.90	+00:09:57 (41.4%)	6:00	10 (58.5%)
114	GAWRONIAK Barbara	444		OPEN Kobiety	32	00:00:04	00:24:03.90	00:24:08.15	+00:09:59 (41.5%)	6:00	10 (58.5%)
115	KARAŚ Katarzyna	226	ENEA	OPEN Kobiety	33	00:00:59	00:24:10.15	00:25:09.25	+00:10:05 (41.8%)	6:02	9.9 (57.9%)
116	ULIKOWSKA Magdalena	401		OPEN Kobiety	34	00:00:12	00:24:23.50	00:24:36.45	+00:10:19 (42.3%)	6:05	9.8 (57.3%)
117	CHOLEWA Jerzy	113		OPEN Mężczyźni	82	00:00:07	00:24:27.45	00:24:35.35	+00:10:23 (42.5%)	6:06	9.8 (57.3%)
118	KUBIAK Anna	173		OPEN Kobiety	35	00:00:19	00:24:27.55	00:24:46.80	+00:10:23 (42.5%)	6:06	9.8 (57.3%)
119	JANICKA Natalia	679	@TAKA.ZABIEGANA	OPEN Kobiety	36	00:00:52	00:24:30.85	00:25:22.90	+00:10:26 (42.6%)	6:07	9.8 (57.3%)
120	OLEJNICZAK Sławka	154	CIASTKI.PZ	OPEN Kobiety	37	00:01:07	00:24:31.95	00:25:39.05	+00:10:27 (42.6%)	6:07	9.8 (57.3%)
121	MAZUR Rafał	290		OPEN Mężczyźni	83	00:00:13	00:24:32.35	00:24:45.50	+00:10:28 (42.7%)	6:08	9.8 (57.3%)
122	SZOTT Piotr	318	LE-BIEGA	OPEN Mężczyźni	84	00:01:08	00:24:34.85	00:25:43.05	+00:10:30 (42.8%)	6:08	9.8 (57.3%)
123	SIENIAK Dariusz	183	SKÓRZEWO	OPEN Mężczyźni	85	00:00:54	00:24:35.45	00:25:30.25	+00:10:31 (42.8%)	6:08	9.8 (57.3%)
124	WYRWA Paweł	305		OPEN Mężczyźni	86	00:01:12	00:24:37.35	00:25:50.25	+00:10:33 (42.9%)	6:09	9.7 (56.7%)
125	LISOWSKA-WALEĆKA Sylwia Katarzyna	282		OPEN Kobiety	38	00:00:07	00:24:38.10	00:24:45.80	+00:10:33 (42.9%)	6:09	9.7 (56.7%)
126	PAWLAK Rajmund	269	NSZZ SOLIDARNOŚĆ REGION WIELKOPOLSKA	OPEN Mężczyźni	87	00:01:15	00:24:40.50	00:25:56.05	+00:10:36 (43.0%)	6:10	9.7 (56.7%)
127	DZIKIEWICZ Łukasz	148		OPEN Mężczyźni	88	00:01:05	00:24:43.05	00:25:48.55	+00:10:38 (43.1%)	6:10	9.7 (56.7%)
128		493				00:00:21	00:24:48.95	00:25:10.70	+00:10:44 (43.3%)	6:12	9.7 (56.7%)
129	KMIECIAK Jakub	230		OPEN Mężczyźni	89	00:00:34	00:24:49.35	00:25:23.95	+00:10:45 (43.3%)	6:12	9.7 (56.7%)
130	KACZMAREK Katarzyna	212		OPEN Kobiety	39	00:01:07	00:24:50.40	00:25:57.90	+00:10:46 (43.4%)	6:12	9.7 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
131	PROSIANOWSKI Adam	228		OPEN Mężczyźni	90	00:00:33	00:24:51.65	00:25:25.15	+00:10:47 (43.4%)	6:12	9.7 (56.7%)
132	JEŻEWSKI Maciej	186		OPEN Mężczyźni	91	00:01:04	00:24:52.30	00:25:56.40	+00:10:48 (43.4%)	6:13	9.7 (56.7%)
133	KRAMER-DWÓŹNIK Ewa	199		OPEN Kobiety	40	00:01:09	00:24:53.65	00:26:03.10	+00:10:49 (43.5%)	6:13	9.6 (56.1%)
134	JARASZKIEWICZ Piotr	297		OPEN Mężczyźni	92	00:00:47	00:24:55.90	00:25:43.40	+00:10:51 (43.6%)	6:13	9.6 (56.1%)
134	JARASZKIEWICZ Zofia	298		OPEN Kobiety	41	00:00:47	00:24:55.90	00:25:43.20	+00:10:51 (43.6%)	6:13	9.6 (56.1%)
136	KRAJEWSKI Grzegorz	136		OPEN Mężczyźni	93	00:00:10	00:25:04.85	00:25:14.90	+00:11:00 (43.9%)	6:16	9.6 (56.1%)
137	WASTOWSKA Małgorzata	138		OPEN Kobiety	42	00:00:09	00:25:05.10	00:25:14.60	+00:11:00 (43.9%)	6:16	9.6 (56.1%)
138	BUDZIŃSKA Sylwia	348		OPEN Kobiety	43	00:00:06	00:25:09.95	00:25:16.10	+00:11:05 (44.1%)	6:17	9.5 (55.6%)
139	ZIÓŁEK Katarzyna	312	FPS	OPEN Kobiety	44	00:00:55	00:25:11.95	00:26:07.75	+00:11:07 (44.2%)	6:17	9.5 (55.6%)
140	JASNOWSKA Justyna	268		OPEN Kobiety	45	00:00:55	00:25:12.55	00:26:07.90	+00:11:08 (44.2%)	6:18	9.5 (55.6%)
141	GĄSIOREK Artur	325	FPS	OPEN Mężczyźni	94	00:01:03	00:25:12.80	00:26:16.25	+00:11:08 (44.2%)	6:18	9.5 (55.6%)
142	KUBICKA Roksana	263		OPEN Kobiety	46	00:00:56	00:25:17.95	00:26:14.85	+00:11:13 (44.4%)	6:19	9.5 (55.6%)
143	ŻMUDA-TRZEBIATOWSKI Paweł	108		OPEN Mężczyźni	95	00:00:21	00:25:27.10	00:25:48.80	+00:11:22 (44.7%)	6:21	9.4 (55.0%)
144	KACZMAREK Jagoda	213		OPEN Kobiety	47	00:01:07	00:25:27.45	00:26:34.65	+00:11:23 (44.7%)	6:21	9.4 (55.0%)
145	ŻMUDA-TRZEBIATOWSKA Iwona	106		OPEN Kobiety	48	00:00:19	00:25:29.45	00:25:48.90	+00:11:25 (44.8%)	6:22	9.4 (55.0%)
146	NOWAK Bartosz	250		OPEN Mężczyźni	96	00:00:42	00:25:32.40	00:26:14.60	+00:11:28 (44.9%)	6:23	9.4 (55.0%)
147	KUCZYŃSKA Ada	240	DRUŻYNA SZPIKU	OPEN Kobiety	49	00:00:08	00:25:36.10	00:25:44.95	+00:11:31 (45.0%)	6:24	9.4 (55.0%)
148	MANTAJ Marta	255		OPEN Kobiety	50	00:00:19	00:25:37.45	00:25:57.05	+00:11:33 (45.1%)	6:24	9.4 (55.0%)
149	STRYKOWSKA Anna	386	SPEED SZURACZ	OPEN Kobiety	51	00:00:54	00:25:39.85	00:26:34.35	+00:11:35 (45.2%)	6:24	9.4 (55.0%)
150	ŁABENDA Lonia	262	NORDIC WALKING KIEKRZ POLAND	OPEN Kobiety	52	00:00:56	00:25:40.15	00:26:36.45	+00:11:35 (45.2%)	6:25	9.4 (55.0%)
151	DYBIKOWSKI Jarosław	222		OPEN Mężczyźni	97	00:00:00	00:25:43.20	00:25:43.20	+00:11:38 (45.3%)	6:25	9.3 (54.4%)
152	KRUPICZ Julita	352		OPEN Kobiety	53	00:00:54	00:25:46.00	00:26:40.00	+00:11:41 (45.4%)	6:26	9.3 (54.4%)
153	KLUPŚ Marcin	379		OPEN Mężczyźni	98	00:01:18	00:25:59.75	00:27:18.50	+00:11:55 (45.9%)	6:29	9.2 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
154	MAŁECKI Janusz	125	IDEE SOLIDARNOŚCI 80-89 BYDGOSZCZ	OPEN Mężczyźni	99	00:01:19	00:26:04.30	00:27:23.95	+00:12:00 (46.0%)	6:31	9.2 (53.8%)
155	KOTLIŃSKA Hanna	233		OPEN Kobiety	54	00:00:07	00:26:06.80	00:26:14.10	+00:12:02 (46.1%)	6:31	9.2 (53.8%)
156	LESZCZYŃSKI Bartosz	320		OPEN Mężczyźni	100	00:01:25	00:26:09.50	00:27:34.85	+00:12:05 (46.2%)	6:32	9.2 (53.8%)
157	ZYCH Ewa	145	MARATOŃCZYK POZNAŃ	OPEN Kobiety	55	00:00:57	00:26:13.95	00:27:11.30	+00:12:09 (46.4%)	6:33	9.2 (53.8%)
158	ZIĘCIUK Marek	499		OPEN Mężczyźni	101	00:00:29	00:26:14.30	00:26:43.95	+00:12:10 (46.4%)	6:33	9.1 (53.2%)
159	ŁUCZAK Krzysztof	201		OPEN Mężczyźni	102	00:01:13	00:26:15.90	00:27:29.70	+00:12:11 (46.4%)	6:33	9.1 (53.2%)
160	PIASECKA Magdalena	288		OPEN Kobiety	56	00:00:44	00:26:20.85	00:27:05.50	+00:12:16 (46.6%)	6:35	9.1 (53.2%)
161	OKOŃ Piotr	273		OPEN Mężczyźni	103	00:01:00	00:26:22.10	00:27:22.35	+00:12:17 (46.6%)	6:35	9.1 (53.2%)
162	RYBACZEWSKI Tobiasz	289		OPEN Mężczyźni	104	00:00:43	00:26:23.55	00:27:06.70	+00:12:19 (46.7%)	6:35	9.1 (53.2%)
163	SIEPIELSKA Renata	235		OPEN Kobiety	57	00:00:25	00:26:25.20	00:26:50.60	+00:12:20 (46.7%)	6:36	9.1 (53.2%)
164	RYBSKI Szymon	135		OPEN Mężczyźni	105	00:00:39	00:26:26.00	00:27:05.15	+00:12:21 (46.8%)	6:36	9.1 (53.2%)
165	ŚLIWA Patryk	306		OPEN Mężczyźni	106	00:01:13	00:26:29.85	00:27:43.05	+00:12:25 (46.9%)	6:37	9.1 (53.2%)
166	NOWAK Piotr	339		OPEN Mężczyźni	107	00:00:39	00:26:31.30	00:27:11.20	+00:12:27 (46.9%)	6:37	9.1 (53.2%)
167	STODULNY Wojciech	317	FPS	OPEN Mężczyźni	108	00:00:23	00:26:32.20	00:26:56.05	+00:12:27 (47.0%)	6:38	9 (52.6%)
168	RURARZ Martyna	196		OPEN Kobiety	58	00:00:09	00:26:37.05	00:26:46.40	+00:12:32 (47.1%)	6:39	9 (52.6%)
169	NAPIERAŁA-TOBOŁA Brygida	280		OPEN Kobiety	59	00:00:05	00:26:38.00	00:26:43.60	+00:12:33 (47.2%)	6:39	9 (52.6%)
170	KOWALSKA Joanna	110		OPEN Kobiety	60	00:00:54	00:26:41.25	00:27:35.75	+00:12:36 (47.3%)	6:40	9 (52.6%)
171	STACHOWIAK Wirginia	270		OPEN Kobiety	61	00:00:24	00:26:42.00	00:27:06.45	+00:12:37 (47.3%)	6:40	9 (52.6%)
172	ANDRZEJEWSKI Karol	197	KIJANKI TEAM NORDIC WALKING & RUN	OPEN Mężczyźni	109	00:00:14	00:26:42.15	00:26:56.20	+00:12:37 (47.3%)	6:40	9 (52.6%)
173	WYDRZYŃSKA Paulina	361		OPEN Kobiety	62	00:01:00	00:26:42.35	00:27:43.30	+00:12:38 (47.3%)	6:40	9 (52.6%)
174	GRZELAK Marta	340		OPEN Kobiety	63	00:01:05	00:26:42.65	00:27:48.00	+00:12:38 (47.3%)	6:40	9 (52.6%)
175	NOWAK Weronika	375		OPEN Kobiety	64	00:00:24	00:26:44.85	00:27:08.90	+00:12:40 (47.4%)	6:41	9 (52.6%)
176	PIETRZAK-DYBÓL Ilona	156		OPEN Kobiety	65	00:00:04	00:26:46.65	00:26:51.40	+00:12:42 (47.4%)	6:41	9 (52.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
177	PIĘTKA Daria	356		OPEN Kobiety	66	00:00:51	00:26:53.35	00:27:44.75	+00:12:49 (47.7%)	6:43	8.9 (52.0%)
178	TRZECIAK Daniel	238		OPEN Mężczyźni	110	00:00:55	00:26:54.90	00:27:50.25	+00:12:50 (47.7%)	6:43	8.9 (52.0%)
179	KALINOWSKA Paulina	347		OPEN Kobiety	67	00:00:08	00:27:04.65	00:27:12.95	+00:13:00 (48.0%)	6:46	8.9 (52.0%)
180	KUNA Tomasz	109	ŁÓDŹ KOCHA SPORT	OPEN Mężczyźni	111	00:01:17	00:27:05.15	00:28:22.85	+00:13:00 (48.0%)	6:46	8.9 (52.0%)
181	KOSIAK Sławomir	187		OPEN Mężczyźni	112	00:00:38	00:27:05.75	00:27:44.60	+00:13:01 (48.1%)	6:46	8.9 (52.0%)
182	JANUR Wiesia	216		OPEN Kobiety	68	00:00:09	00:27:07.15	00:27:16.90	+00:13:02 (48.1%)	6:46	8.9 (52.0%)
183	JAWORSKA Anna	321		OPEN Kobiety	69	00:00:21	00:27:07.20	00:27:28.20	+00:13:02 (48.1%)	6:46	8.9 (52.0%)
184	OLKIEWICZ Marek	261	NIEZRZESZONY	OPEN Mężczyźni	113	00:01:15	00:27:08.95	00:28:24.10	+00:13:04 (48.2%)	6:47	8.8 (51.5%)
185	BUSZEWSKA Joanna	383		OPEN Kobiety	70	00:00:26	00:27:10.55	00:27:36.85	+00:13:06 (48.2%)	6:47	8.8 (51.5%)
186	RYBSKA Daniela	134		OPEN Kobiety	71	00:00:42	00:27:11.35	00:27:53.45	+00:13:07 (48.2%)	6:47	8.8 (51.5%)
187	ADAMCZYK Katarzyna	247		OPEN Kobiety	72	00:00:36	00:27:22.10	00:27:58.10	+00:13:17 (48.6%)	6:50	8.8 (51.5%)
188	NOWAK Tomasz	382		OPEN Mężczyźni	114	00:00:49	00:27:22.30	00:28:11.30	+00:13:18 (48.6%)	6:50	8.8 (51.5%)
189	GOŁEMBOWSKI Mateusz	367	UNILEVER	OPEN Mężczyźni	115	00:01:16	00:27:23.05	00:28:39.05	+00:13:18 (48.6%)	6:50	8.8 (51.5%)
190	ŻURAWICZ Justyna	158		OPEN Kobiety	73	00:00:04	00:27:29.85	00:27:34.70	+00:13:25 (48.8%)	6:52	8.7 (50.9%)
191	BLIMEL-BIELEWICZ Aleksandra	131		OPEN Kobiety	74	00:00:28	00:27:30.55	00:27:58.55	+00:13:26 (48.8%)	6:52	8.7 (50.9%)
192	SCHRAMM Ewa	373		OPEN Kobiety	75	00:00:48	00:27:33.90	00:28:22.30	+00:13:29 (49.0%)	6:53	8.7 (50.9%)
193	KAMIŃSKI Jerzy	168		OPEN Mężczyźni	116	00:00:28	00:27:34.80	00:28:03.55	+00:13:30 (49.0%)	6:53	8.7 (50.9%)
194	KOŁODZIEJ Adam	333	HCP	OPEN Mężczyźni	117	00:01:01	00:27:41.80	00:28:43.10	+00:13:37 (49.2%)	6:55	8.7 (50.9%)
195	MIZERNA Paulina	103		OPEN Kobiety	76	00:00:10	00:27:41.85	00:27:52.30	+00:13:37 (49.2%)	6:55	8.7 (50.9%)
196	NOWAK Sara	191		OPEN Kobiety	77	00:00:55	00:27:45.20	00:28:41.00	+00:13:40 (49.3%)	6:56	8.6 (50.3%)
197	GRZEŚCZYK Katarzyna	259	LUBIĘ BIEGAĆ	OPEN Kobiety	78	00:01:12	00:27:50.00	00:29:02.70	+00:13:45 (49.4%)	6:57	8.6 (50.3%)
198	ROSZKOWSKA Małgorzata	258	LUBIĘ BIEGAĆ	OPEN Kobiety	79	00:01:12	00:27:50.40	00:29:02.60	+00:13:46 (49.5%)	6:57	8.6 (50.3%)
199	KORKUS Marcin	176		OPEN Mężczyźni	118	00:00:37	00:28:06.20	00:28:43.95	+00:14:01 (49.9%)	7:01	8.5 (49.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
200	CYNA Teresa	215		OPEN Kobiety	80	00:00:07	00:28:12.00	00:28:19.45	+00:14:07 (50.1%)	7:03	8.5 (49.7%)
201	KRUCZYŃSKA Patrycja	218		OPEN Kobiety	81	00:00:54	00:28:13.30	00:29:07.50	+00:14:09 (50.1%)	7:03	8.5 (49.7%)
202	LEWICZ Katarzyna	217		OPEN Kobiety	82	00:00:53	00:28:13.75	00:29:07.60	+00:14:09 (50.2%)	7:03	8.5 (49.7%)
203	CZERNAK Bartłomiej	144	SŁUPECCY FANATYCY	OPEN Mężczyźni	119	00:01:19	00:28:24.80	00:29:44.65	+00:14:20 (50.5%)	7:06	8.5 (49.7%)
204	KLÓJ Krzysztof	105		OPEN Mężczyźni	120	00:00:42	00:28:33.35	00:29:16.15	+00:14:29 (50.7%)	7:08	8.4 (49.1%)
205	KLÓJ Alina	104		OPEN Kobiety	83	00:00:42	00:28:33.95	00:29:16.35	+00:14:29 (50.7%)	7:08	8.4 (49.1%)
206	MAJCHRZAK Szymon	311	FPS	OPEN Mężczyźni	121	00:00:37	00:28:57.00	00:29:34.40	+00:14:52 (51.4%)	7:14	8.3 (48.5%)
207	FLIEGER Bartosz	220		OPEN Mężczyźni	122	00:00:53	00:29:05.70	00:29:58.95	+00:15:01 (51.6%)	7:16	8.3 (48.5%)
208	MICHALSKI Łukasz	296		OPEN Mężczyźni	123	00:01:04	00:29:07.35	00:30:11.65	+00:15:03 (51.7%)	7:16	8.2 (48.0%)
209	KOLBER Małgorzata	267		OPEN Kobiety	84	00:01:00	00:29:14.70	00:30:15.10	+00:15:10 (51.9%)	7:18	8.2 (48.0%)
210		495				00:00:20	00:29:20.80	00:29:40.80	+00:15:16 (52.1%)	7:20	8.2 (48.0%)
211		497				00:00:21	00:29:28.85	00:29:50.55	+00:15:24 (52.3%)	7:22	8.1 (47.4%)
212		496				00:00:20	00:29:29.95	00:29:50.00	+00:15:25 (52.3%)	7:22	8.1 (47.4%)
213	GIENTKA Sylwia	299		OPEN Kobiety	85	00:01:06	00:29:40.90	00:30:47.30	+00:15:36 (52.6%)	7:25	8.1 (47.4%)
214	CZESZAK Edmund	498				00:01:06	00:29:42.65	00:30:48.75	+00:15:38 (52.6%)	7:25	8.1 (47.4%)
215	BAZANEK Kamila	140		OPEN Kobiety	86	00:00:30	00:29:48.25	00:30:18.40	+00:15:43 (52.8%)	7:27	8.1 (47.4%)
216	KRZYMIŃSKA Maria Jolanta	206	BABCIE BIEGAJĄ	OPEN Kobiety	87	00:01:01	00:30:01.20	00:31:02.25	+00:15:56 (53.1%)	7:30	8 (46.8%)
217	PAWLAK Ilona	390		OPEN Kobiety	88	00:00:41	00:30:05.70	00:30:47.20	+00:16:01 (53.2%)	7:31	8 (46.8%)
218	IWANICKA Beata	281	CAT&BEAR	OPEN Kobiety	89	00:00:00	00:30:06.20	00:30:06.20	+00:16:01 (53.3%)	7:31	8 (46.8%)
219	PRZEWOŻNA Jolanta	128		OPEN Kobiety	90	00:00:13	00:30:10.40	00:30:23.90	+00:16:06 (53.4%)	7:32	8 (46.8%)
220	KOLASIŃSKA Anna	139	POZNAŃ	OPEN Kobiety	91	00:01:09	00:30:18.30	00:31:27.50	+00:16:14 (53.6%)	7:34	7.9 (46.2%)
221	ĆWIKŁA Alicja	395		OPEN Kobiety	92	00:00:58	00:30:22.95	00:31:21.15	+00:16:18 (53.7%)	7:35	7.9 (46.2%)
222	WOŹNIAK Kacper	241	WATAHA ŁĄCZY NAS BIEGANIE	OPEN Mężczyźni	124	00:01:03	00:30:25.60	00:31:28.90	+00:16:21 (53.8%)	7:36	7.9 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
223	WOŹNIAK Łukasz	242	WATAHA ŁĄCZY NAS BIEGANIE	OPEN Mężczyźni	125	00:01:03	00:30:25.80	00:31:28.90	+00:16:21 (53.8%)	7:36	7.9 (46.2%)
224	FELCZAK Wiesio	337	NSNP	OPEN Mężczyźni	126	00:00:12	00:30:31.05	00:30:43.85	+00:16:26 (53.9%)	7:37	7.9 (46.2%)
225	ŚLIWA Karolina	307		OPEN Kobiety	93	00:01:14	00:30:39.60	00:31:53.70	+00:16:35 (54.1%)	7:39	7.8 (45.6%)
226	SZEWS Anna	161		OPEN Kobiety	94	00:00:31	00:30:40.75	00:31:12.05	+00:16:36 (54.1%)	7:40	7.8 (45.6%)
227	SZEWS Piotr	160		OPEN Mężczyźni	127	00:00:31	00:30:41.45	00:31:12.85	+00:16:37 (54.2%)	7:40	7.8 (45.6%)
228	STRYKOWSKI Michał	387	SPEED SZURACZ	OPEN Kobiety	95	00:00:57	00:30:42.00	00:31:39.60	+00:16:37 (54.2%)	7:40	7.8 (45.6%)
229	KOTUS Natalia	178		OPEN Kobiety	96	00:00:18	00:30:46.75	00:31:05.25	+00:16:42 (54.3%)	7:41	7.8 (45.6%)
230	GRZEŚKOWIAK Joanna	177		OPEN Kobiety	97	00:00:18	00:30:46.90	00:31:05.30	+00:16:42 (54.3%)	7:41	7.8 (45.6%)
231	RUDAWSKI Piotr	119	WALK & RUN TEAM OBORNIKI	OPEN Mężczyźni	128	00:01:07	00:30:51.15	00:31:58.15	+00:16:46 (54.4%)	7:42	7.8 (45.6%)
232	POSŁUSZNA Gosia	120	WALK & RUN TEAM OBORNIKI	OPEN Kobiety	98	00:01:05	00:30:53.10	00:31:58.45	+00:16:48 (54.4%)	7:43	7.8 (45.6%)
233	MARKIEWICZ - GLAPA Ludmiła	295		OPEN Kobiety	99	00:00:15	00:30:55.90	00:31:11.00	+00:16:51 (54.5%)	7:43	7.8 (45.6%)
234	SKRZYPCZAK Agnieszka	353	EUROCASH	OPEN Kobiety	100	00:00:32	00:31:02.45	00:31:35.15	+00:16:58 (54.7%)	7:45	7.7 (45.0%)
235	MICHALAK Weronika	200		OPEN Kobiety	101	00:00:30	00:31:09.90	00:31:40.35	+00:17:05 (54.8%)	7:47	7.7 (45.0%)
236	KACZMAREK Zofia	287		OPEN Kobiety	102	00:01:12	00:31:13.20	00:32:25.40	+00:17:08 (54.9%)	7:48	7.7 (45.0%)
237	KOŁACZYŃSKI Maciej	286	ENEA TEAM	OPEN Mężczyźni	129	00:01:11	00:31:13.35	00:32:25.30	+00:17:09 (54.9%)	7:48	7.7 (45.0%)
238	ALEKSANDROWICZ Edyta	389		OPEN Kobiety	103	00:00:35	00:31:19.60	00:31:54.60	+00:17:15 (55.1%)	7:49	7.7 (45.0%)
239	ROMANOW Krzysztof	162		OPEN Mężczyźni	130	00:00:10	00:31:24.80	00:31:35.20	+00:17:20 (55.2%)	7:51	7.6 (44.4%)
240	PEWIŃSKI Jacek	141		OPEN Mężczyźni	131	00:01:13	00:31:33.60	00:32:47.00	+00:17:29 (55.4%)	7:53	7.6 (44.4%)
241	RATAJCZAK Aleksandra	271		OPEN Kobiety	104	00:00:23	00:31:38.55	00:32:02.10	+00:17:34 (55.5%)	7:54	7.6 (44.4%)
242	PRZYBYLAK Stanisław	130		OPEN Mężczyźni	132	00:00:29	00:31:45.95	00:32:15.20	+00:17:41 (55.7%)	7:56	7.6 (44.4%)
243	JENA Jadwiga	224		OPEN Kobiety	105	00:00:34	00:31:47.35	00:32:21.45	+00:17:43 (55.7%)	7:56	7.6 (44.4%)
244	RANZ Magdalena	164		OPEN Kobiety	106	00:00:27	00:31:49.70	00:32:17.20	+00:17:45 (55.8%)	7:57	7.5 (43.9%)
245	HERMANN Joanna	284		OPEN Kobiety	107	00:00:50	00:31:52.70	00:32:42.85	+00:17:48 (55.9%)	7:58	7.5 (43.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
246	ANDRZEJEWSKA Anita	198	KIJANKI TEAM NORDIC WALKING & RUN	OPEN Kobiety	108	00:00:15	00:31:59.00	00:32:14.00	+00:17:54 (56.0%)	7:59	7.5 (43.9%)
247	SŁOMIŃSKA Aneta	274	KIJANKI TEAM NW &RUN	OPEN Kobiety	109	00:00:14	00:31:59.75	00:32:13.80	+00:17:55 (56.0%)	7:59	7.5 (43.9%)
248	GAŁKA Agnieszka	315		OPEN Kobiety	110	00:00:46	00:32:07.95	00:32:54.35	+00:18:03 (56.2%)	8:01	7.5 (43.9%)
249	WOJCIECHOWSKA Adrianna	314		OPEN Kobiety	111	00:00:45	00:32:08.20	00:32:54.10	+00:18:03 (56.2%)	8:02	7.5 (43.9%)
250	MANICKA Dagmara	211		OPEN Kobiety	112	00:00:27	00:32:12.75	00:32:40.25	+00:18:08 (56.3%)	8:03	7.5 (43.9%)
251	SZOPKA Marta	365		OPEN Kobiety	113	00:00:29	00:32:19.80	00:32:49.05	+00:18:15 (56.5%)	8:04	7.4 (43.3%)
252	BARDZIŃSKI Filip	366		OPEN Mężczyźni	133	00:00:26	00:32:21.70	00:32:48.60	+00:18:17 (56.5%)	8:05	7.4 (43.3%)
253	KORKUS Karolina	402	LECH POZNAŃ	OPEN Kobiety	114	00:00:37	00:32:27.85	00:33:05.35	+00:18:23 (56.7%)	8:06	7.4 (43.3%)
254	KUJACZYŃSKI Marcin	159		OPEN Mężczyźni	134	00:00:19	00:32:47.95	00:33:07.50	+00:18:43 (57.1%)	8:11	7.3 (42.7%)
255	STACHOWIAK Weronika	392		OPEN Kobiety	115	00:00:44	00:32:50.80	00:33:35.30	+00:18:46 (57.2%)	8:12	7.3 (42.7%)
256	PRZYBYLSKI Jakub	101		OPEN Mężczyźni	135	00:01:10	00:32:57.95	00:34:08.70	+00:18:53 (57.3%)	8:14	7.3 (42.7%)
257	CHAŁUPKA Barbara	149		OPEN Kobiety	116	00:00:04	00:33:59.85	00:34:04.70	+00:19:55 (58.6%)	8:29	7.1 (41.5%)
258	KACZMAREK Bartłomiej	397		OPEN Mężczyźni	136	00:00:16	00:34:23.65	00:34:39.85	+00:20:19 (59.1%)	8:35	7 (40.9%)
259	ALGIERSKA Agnieszka	285		OPEN Kobiety	117	00:00:50	00:34:42.80	00:35:33.05	+00:20:38 (59.5%)	8:40	6.9 (40.4%)
260	SKOWYRA Piotr	394		OPEN Mężczyźni	137	00:01:11	00:34:49.00	00:36:00.10	+00:20:44 (59.6%)	8:42	6.9 (40.4%)
261	KLIMCZAK Karolina	398		OPEN Kobiety	118	00:00:15	00:35:58.45	00:36:13.70	+00:21:54 (60.9%)	8:59	6.7 (39.2%)
Przekroczony limit czasu: 00:40:00											
262	HAŁAS Marta	107		OPEN Kobiety	119	00:00:10	00:46:34.40	00:46:44.55	+00:32:30 (69.8%)	11:38	5.2 (30.4%)
263	WITASZAK Katarzyna	381		OPEN Kobiety	120	00:00:18					(0.0%)
264	KACZMAREK Alan	331		OPEN Mężczyźni	138	00:00:41					(0.0%)
265	WOLNIAK Łukasz	384	PORANNA ROSA	OPEN Mężczyźni	139	00:00:45					(0.0%)

Znaleziono 265 wynik(ów)