



LPP RACE | ELITA

B4SPORT

Event: LPP RACE - Legnicki Bieg z Przeszkodami
Organiser: Fundacja Pokonujemy Przeszkody
Date: 2025-03-22
Place: Legnica
Distance: 10 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 10km	Gap	Pace min/km	Pace km/h
1	JACIÓW Paweł	10		ELITE M	1	WATAHA	00:53:49.00		5:22	11.1 (100%)
2	PSUT Kamil	48		ELITE M	2	CHEEKY MONKEY TEAM	01:03:31.70	+00:09:42 (15.3%)	6:21	9.4 (84.7%)
3	ĆWIRZEŃ Marcin	94		ELITE M	3	Wolf Team	01:05:24.00	+00:11:35 (17.7%)	6:32	9.2 (82.9%)
4	SIEKIERSKI Paweł	51		ELITE M	4	Dynamic Strong Gniezno	01:06:57.75	+00:13:08 (19.6%)	6:41	9 (81.1%)
5	PARUCH Marcin	16		ELITE M	5	Legnica Pokonuje Przeszkody	01:14:13.85	+00:20:24 (27.5%)	7:25	8.1 (73.0%)
6	KOZDROŃ Marcin	4		ELITE M	6	Legnica Pokonuje Przeszkody	01:15:01.80	+00:21:12 (28.3%)	7:30	8 (72.1%)
7	NOWAK Filip	57		ELITE M	7	CHEEKY MONKEY TEAM	01:18:39.75	+00:24:50 (31.6%)	7:51	7.6 (68.5%)
8	SERWATKA Mateusz	34		ELITE M	8	CHEEKY MONKEY TEAM	01:18:58.65	+00:25:09 (31.9%)	7:53	7.6 (68.5%)
9	KRAWCZYSZYN Kamil	36		ELITE M	9	Legnica Pokonuje Przeszkody	01:19:30.70	+00:25:41 (32.3%)	7:57	7.5 (67.6%)
10	TROCHONOWICZ Łukasz	92		ELITE M	10	CHEEKY MONKEY TEAM	01:19:41.00	+00:25:52 (32.5%)	7:58	7.5 (67.6%)
11	WROŃSKI Damian	46		ELITE M	11	WATAHA	01:20:11.30	+00:26:22 (32.9%)	8:01	7.5 (67.6%)
12	TYCZYNO Wojciech	76		ELITE M	12	WATAHA	01:22:18.00	+00:28:29 (34.6%)	8:13	7.3 (65.8%)
13	LAZARCHYK Pavel	33		ELITE M	13	Dirty Sparrows	01:22:31.55	+00:28:42 (34.8%)	8:15	7.3 (65.8%)
14	DULIK Kacper	42		ELITE M	14	Legnica Pokonuje Przeszkody	01:23:34.95	+00:29:45 (35.6%)	8:21	7.2 (64.9%)
15	PURZYCKI Remigiusz	22		ELITE M	15		01:24:00.85	+00:30:11 (35.9%)	8:24	7.1 (64.0%)
16	MUCHA Mateusz	80		ELITE M	16	Dirty Sparrows	01:24:12.40	+00:30:23 (36.1%)	8:25	7.1 (64.0%)
17	SYSAK Łukasz	9		ELITE M	17	Legnica Pokonuje Przeszkody	01:25:08.50	+00:31:19 (36.8%)	8:30	7 (63.1%)
18	WOLIŃSKI Jędrzej	98		ELITE M	18	RATEL TEAM	01:25:24.80	+00:31:35 (37.0%)	8:32	7 (63.1%)
19	AKSAMIT Seweryn	52		ELITE M	19		01:25:44.95	+00:31:55 (37.2%)	8:34	7 (63.1%)
20	WIERZBICKI Paweł	3		ELITE M	20	Legnica Pokonuje Przeszkody	01:25:48.75	+00:31:59 (37.3%)	8:34	7 (63.1%)
21	PAZOŁA Korneliusz	70		ELITE M	21	WATAHA	01:25:59.15	+00:32:10 (37.4%)	8:35	7 (63.1%)
22	WYROBEK Michał	58		ELITE M	22	CHEEKY MONKEY TEAM	01:26:18.60	+00:32:29 (37.6%)	8:37	7 (63.1%)
23	KALBARCZYK Adam	45		ELITE M	23	Legnica Pokonuje Przeszkody	01:26:41.50	+00:32:52 (37.9%)	8:40	6.9 (62.2%)
24	NOSAL Szymon	39		ELITE M	24	Harpagan Beast	01:26:53.40	+00:33:04 (38.1%)	8:41	6.9 (62.2%)
25	KOWIERSKI Jacek	15		ELITE M	25	Harpagan Beast	01:26:55.20	+00:33:06 (38.1%)	8:41	6.9 (62.2%)
26	CZERWONKA Łukasz	85		ELITE M	26	WATAHA	01:27:07.85	+00:33:18 (38.2%)	8:42	6.9 (62.2%)
27	BADRAN Adrianna	75		ELITE K	1	CHEEKY MONKEY TEAM	01:27:50.60	+00:34:01 (38.7%)	8:47	6.8 (61.3%)
28	MROCZEK Adam	72		ELITE M	27	Harpagan Beast	01:28:25.85	+00:34:36 (39.1%)	8:50	6.8 (61.3%)
29	BELCZYK Łukasz	100		ELITE M	28	RATEL TEAM	01:29:46.15	+00:35:57 (40.0%)	8:58	6.7 (60.4%)

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time	Gap	Pace	Pace
							10km		min/km	km/h
30	RZEKIECKI Michał	20		ELITE M	29	CHEEKY MONKEY TEAM	01:29:46.75	+00:35:57 (40.1%)	8:58	6.7 (60.4%)
31	SZOJDA Ola	82		ELITE K	2	Carbon Silesia Sport by Vitarade	01:30:23.80	+00:36:34 (40.5%)	9:02	6.6 (59.5%)
32	SPRINGER Hubert	79		ELITE M	30	Dirty Sparrows	01:30:26.20	+00:36:37 (40.5%)	9:02	6.6 (59.5%)
33	GŁUSZCZAK Piotr	77		ELITE M	31	BigYellowFoot Adventure Team	01:32:18.95	+00:38:29 (41.7%)	9:13	6.5 (58.6%)
34	KOWALSKI Mateusz	41		ELITE M	32	Dirty Sparrows	01:33:06.20	+00:39:17 (42.2%)	9:18	6.4 (57.7%)
35	KOTŁOWSKI Marcin	159		ELITE M	33	BigYellowFoot Adventure Team	01:33:21.80	+00:39:32 (42.4%)	9:20	6.4 (57.7%)
36	KWIATKOWSKI Mateusz	2		ELITE M	34	CHEEKY MONKEY TEAM	01:34:04.00	+00:40:15 (42.8%)	9:24	6.4 (57.7%)
37	BŁĘDZKI Adam	26		ELITE M	35	Dirty Sparrows	01:35:12.60	+00:41:23 (43.5%)	9:31	6.3 (56.8%)
38	SEWERYN Mirosław	87		ELITE M	36	BigYellowFoot Adventure Team	01:37:06.85	+00:43:17 (44.6%)	9:42	6.2 (55.9%)
39	KOLERZAK Marcin	43		ELITE M	37	Legnica Pokonuje Przeszkody	01:38:09.45	+00:44:20 (45.2%)	9:48	6.1 (55.0%)
40	BRAJER Tomasz	14		ELITE M	38	Harpagan Beast	01:38:21.00	+00:44:32 (45.3%)	9:50	6.1 (55.0%)
41	KAPICA Damian	66		ELITE M	39	BigYellowFoot Adventure Team	01:40:59.70	+00:47:10 (46.7%)	10:05	5.9 (53.2%)
42	IDCZAK Piotr	91		ELITE M	40	Dynamic Strong Gniezno	01:47:16.90	+00:53:27 (49.8%)	10:43	5.6 (50.5%)
43	WESOŁOWSKI Jerzy	61		ELITE M	41	CHEEKY MONKEY TEAM	01:47:45.85	+00:53:56 (50.1%)	10:46	5.6 (50.5%)
44	RUSZKOWSKI Piotr	81		ELITE M	42	CHEEKY MONKEY TEAM	01:50:20.95	+00:56:31 (51.2%)	11:02	5.4 (48.6%)
45	BARWICKI Tomasz	12		ELITE M	43	Legnica Pokonuje Przeszkody	01:56:27.95	+01:02:38 (53.8%)	11:38	5.2 (46.8%)
46	JAKUBOWSKI Mateusz	47		ELITE M	44	CHEEKY MONKEY TEAM	01:57:06.05	+01:03:17 (54.0%)	11:42	5.1 (45.9%)
47	NIKIEL Dariusz	97		ELITE M	45	Dirty Sparrows	01:57:15.75	+01:03:26 (54.1%)	11:43	5.1 (45.9%)
48	MIKOŁAJEWSKI Przemysław	18		ELITE M	46	Legnica Pokonuje Przeszkody	01:58:31.60	+01:04:42 (54.6%)	11:51	5.1 (45.9%)
49	GAŚSIOROWSKI Ryszard	17		ELITE M	47	CHEEKY MONKEY TEAM	01:58:36.70	+01:04:47 (54.6%)	11:51	5.1 (45.9%)
50	WYRWAŁ Tomasz	53		ELITE M	48	Dirty Sparrows	02:00:09.05	+01:06:20 (55.2%)	12:00	5 (45.0%)
51	USZYŃSKI Adam	62		ELITE M	49	Podlaskie kOCuRy	02:04:12.65	+01:10:23 (56.7%)	12:25	4.8 (43.2%)
52	ŚLIWA Mateusz	83		ELITE M	50		02:04:16.75	+01:10:27 (56.7%)	12:25	4.8 (43.2%)
53	ŁUCZKÓW Grzegorz	56		ELITE M	51	Legnica Pokonuje Przeszkody	02:04:26.20	+01:10:37 (56.8%)	12:26	4.8 (43.2%)
54	BĄK Damian	38		ELITE M	52	CHEEKY MONKEY TEAM	02:06:35.15	+01:12:46 (57.5%)	12:39	4.7 (42.3%)
55	BILEWICZ Kacper	28		ELITE M	53		02:06:52.05	+01:13:03 (57.6%)	12:41	4.7 (42.3%)
56	GARSZTKA Alicja	93		ELITE K	3	CHEEKY MONKEY TEAM	02:07:19.35	+01:13:30 (57.7%)	12:43	4.7 (42.3%)
57	MOSKAL Paweł	44		ELITE M	54	Legnica Pokonuje Przeszkody	02:07:36.45	+01:13:47 (57.8%)	12:45	4.7 (42.3%)
58	KOLASIŃSKI Jakub	59		ELITE M	55	Dirty Sparrows	02:09:58.75	+01:16:09 (58.6%)	12:59	4.6 (41.4%)
59	METZ Piotr	27		ELITE M	56		02:10:20.10	+01:16:31 (58.7%)	13:02	4.6 (41.4%)
60	WĄDOŁKOWSKA Paulina	78		ELITE K	4	BigYellowFoot Adventure Team	02:10:36.30	+01:16:47 (58.8%)	13:03	4.6 (41.4%)
61	SCHWEIZER Mirka	73		ELITE K	5	BigYellowFoot Adventure Team	02:10:41.60	+01:16:52 (58.8%)	13:04	4.6 (41.4%)
62	DRAŻEK Grzegorz	35		ELITE M	57		02:12:19.30	+01:18:30 (59.3%)	13:13	4.5 (40.5%)
63	WOLIŃSKI Błażej	96		ELITE M	58		02:12:41.30	+01:18:52 (59.4%)	13:16	4.5 (40.5%)
64	KLIMCZAK Maciej	71		ELITE M	59	BigYellowFoot Adventure Team	02:14:22.15	+01:20:33 (59.9%)	13:26	4.5 (40.5%)
65	PIWOWARCZYK Anna	65		ELITE K	6	BigYellowFoot Adventure Team	02:16:35.45	+01:22:46 (60.6%)	13:39	4.4 (39.6%)
66	SZATKOWSKI Kamil	69		ELITE M	60		02:18:19.75	+01:24:30 (61.1%)	13:49	4.3 (38.7%)
67	GERLICH Olga	54		ELITE K	7	Dirty Sparrows	02:20:41.75	+01:26:52 (61.7%)	14:04	4.3 (38.7%)
68	JANKOWSKA Agnieszka	1		ELITE K	8	Legnica Pokonuje Przeszkody	02:20:43.45	+01:26:54 (61.8%)	14:04	4.3 (38.7%)
69	GRZYB Patryk	37		ELITE M	61		02:24:41.75	+01:30:52 (62.8%)	14:28	4.1 (36.9%)
70	PLICH Marcin	99		ELITE M	62	Wolf Team	02:26:15.60	+01:32:26 (63.2%)	14:37	4.1 (36.9%)
71	ŚMIGIELSKI Kamil	8		ELITE M	63	WATAHA	02:27:46.75	+01:33:57 (63.6%)	14:46	4.1 (36.9%)
72	SZELIGA Dawid	95		ELITE M	64	Wolf Team	02:27:49.25	+01:34:00 (63.6%)	14:46	4.1 (36.9%)
73	TASARZ Kamil	90		ELITE M	65	CHEEKY MONKEY TEAM	02:29:50.90	+01:36:01 (64.1%)	14:59	4 (36.0%)

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 10km	Gap	Pace min/km	Pace km/h
Przekroczony limit czasu: 02:30:00										
74	BENTKOWSKA Magdalena	88		ELITE K	9	Dirty Sparrows	02:30:13.85	+01:36:24 (64.2%)	15:01	4 (36.0%)
75	UTSENIN Vadzim	32		ELITE M	66	Dirty Sparrows	02:32:26.65	+01:38:37 (64.7%)	15:14	3.9 (35.1%)
76	WYROBEK Katarzyna	63		ELITE K	10	CHEEKY MONKEY TEAM	02:33:29.60	+01:39:40 (64.9%)	15:20	3.9 (35.1%)
77	SŁOWIŃSKI Mateusz	74		ELITE M	67	CHEEKY MONKEY TEAM	02:35:57.30	+01:42:08 (65.5%)	15:35	3.8 (34.2%)
78	KOCOWSKA Karolina	89		ELITE K	11	CHEEKY MONKEY TEAM	02:39:30.70	+01:45:41 (66.3%)	15:57	3.8 (34.2%)
79	NOSAL Julia	40		ELITE K	12	Harpagan Beast	02:40:31.80	+01:46:42 (66.5%)	16:03	3.7 (33.3%)
80	PRUSKO Paulina	11		ELITE K	13	WATAHA	02:43:34.35	+01:49:45 (67.1%)	16:21	3.7 (33.3%)
81	SZCZEPANIAK Adam	25		ELITE M	68	Dirty Sparrows	02:43:35.20	+01:49:46 (67.1%)	16:21	3.7 (33.3%)
82	RYZNAR Magda	84		ELITE K	14	Legnica Pokonuje Przeszkody	02:43:47.65	+01:49:58 (67.1%)	16:22	3.7 (33.3%)
83	KOTŁOWSKI Marcin	67		ELITE M	69	BigYellowFoot Adventure Team	02:44:54.45	+01:51:05 (67.4%)	16:29	3.6 (32.4%)
84	PANKOWIAK Sergiusz	7		ELITE M	70	WATAHA	02:45:02.10	+01:51:13 (67.4%)	16:30	3.6 (32.4%)
85	SZAŁKOWSKA Agnieszka	24		ELITE K	15	Dirty Sparrows	02:50:29.20	+01:56:40 (68.4%)	17:02	3.5 (31.5%)
86	SKOP Marcela	29		ELITE K	16	Legnica Pokonuje Przeszkody	03:01:54.90	+02:08:05 (70.4%)	18:11	3.3 (29.7%)
DNC	SZLENDAK Dawid	21		ELITE M			02:07:03.85		0:00	4.7 (42.3%)
DNC	OGRODOWCZYK Karol	30		ELITE M		BeFit24Team	02:07:25.95		0:00	4.7 (42.3%)
DNC	MARSZAŁEK Marcel	5		ELITE M		CHEEKY MONKEY TEAM	02:10:38.10		0:00	4.6 (41.4%)
DNC	SUSZEK Mateusz	6		ELITE M		Legnica Pokonuje Przeszkody	02:19:55.60		0:00	4.3 (38.7%)
DNC	WERNIO Dariusz	50		ELITE M		Harpagan Beast	02:25:45.50		0:00	4.1 (36.9%)
DNC	POLAK Jarosław	64		ELITE M		BigYellowFoot Adventure Team	02:25:49.80		0:00	4.1 (36.9%)
DNC	JASTRZĘBSKA Monika	49		ELITE K		CHEEKY MONKEY TEAM	02:27:35.95		0:00	4.1 (36.9%)
DNC	TRUBIŁOWICZ Mateusz	86		ELITE M		Carbon Silesia Sport by Vitarade	02:27:54.30		0:00	4.1 (36.9%)
DNC	ŁOPACIŃSKI Damian	31		ELITE M		Legnica Pokonuje Przeszkody	02:48:30.10		0:00	3.6 (32.4%)
DNC	PROŃKO Kamil	19		ELITE M		Legnica Pokonuje Przeszkody	02:52:10.10		0:00	3.5 (31.5%)

Total 96 results.