



# LUBAŃ VERTICAL - 6,5

B4SPORT

**Event:** PIENINY ULTRA-TRAIL®  
**Organiser:** Fundacja Strefa Przygód  
**Date:** 2023-04-21  
**Place:** Szczawnica  
**Distance:** 6.5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	Mistrzostwa Polski	Kategoria	Drużyna	Net time 6.5km	Czas brutto 6.5km	Gap	Pace min/km	Pace km/h
1	<b>MALINA Dawid</b>	<b>142</b>	DYNAFIT / TL ROW RYBNIK	M30	1	MP	M30	TL ROW Rybnik	<b>00:40:13.00</b>	<b>00:40:14.70</b>		6:11	9.7 (100%)
2	<b>ŁOBODZIŃSKI Piotr</b>	<b>107</b>	BRAK SPONSORA	M30	2	MP	M30	KS Prefbet-Sonarol	<b>00:40:33.25</b>	<b>00:40:35.20</b>	+00:00:20 (0.8%)	6:14	9.6 (99.0%)
3	<b>TABOR Dominik</b>	<b>109</b>	HOKA GARMIN TEAM/SBG SALCO	M20	1	MP	M20	SBG Salco Niepołomice	<b>00:40:39.30</b>	<b>00:40:40.95</b>	+00:00:26 (1.1%)	6:15	9.6 (99.0%)
4	<b>KUBICA Marcin</b>	<b>106</b>	BUFF/ SALOMON	M20	2	MP	M20	KS Sprint Bielsko-Biała	<b>00:41:03.95</b>	<b>00:41:05.70</b>	+00:00:51 (2.1%)	6:18	9.5 (97.9%)
5	<b>LEPIARZ Sylwester</b>	<b>108</b>	LKB RUDNIK	M30	3	MP	M30	LKB Rudnik	<b>00:42:54.45</b>	<b>00:42:56.10</b>	+00:02:41 (6.3%)	6:36	9.1 (93.8%)
6	<b>DUDCZAK Michał</b>	<b>110</b>	THE NORTH FACE	M20	3	MP	M20	LLKS Osowa Sień	<b>00:43:02.50</b>	<b>00:43:04.15</b>	+00:02:49 (6.6%)	6:37	9.1 (93.8%)
7	<b>GRZĄDZIEL Dominik</b>	<b>111</b>	ATTIQ TEAM	M40	1		M40		<b>00:44:31.95</b>	<b>00:44:34.20</b>	+00:04:19 (9.7%)	6:50	8.8 (90.7%)
8	<b>DULSKI Daniel</b>	<b>139</b>	MKS BRENNA GÓRKI	M30	4	MP	M30	MKS Brenna Górki	<b>00:46:01.35</b>	<b>00:46:03.80</b>	+00:05:49 (12.6%)	7:04	8.5 (87.6%)
9	<b>CELIŃSKA Anna</b>	<b>101</b>	BYLEDOBIEC ANIN	K40	1	MP	K40	KS Sprint Bielsko-Biała	<b>00:46:45.65</b>	<b>00:46:47.75</b>	+00:06:33 (14.0%)	7:11	8.3 (85.6%)
10	<b>KUNZ Marcin</b>	<b>131</b>	LACHO TEAM	M20	4		M20		<b>00:47:27.25</b>	<b>00:47:30.55</b>	+00:07:15 (15.3%)	7:18	8.2 (84.5%)
11	<b>OGRODNIK Maciej</b>	<b>158</b>	DEVINITI	M20	5		M20		<b>00:47:30.95</b>	<b>00:47:33.10</b>	+00:07:18 (15.4%)	7:18	8.2 (84.5%)
12	<b>BROJ Marcel</b>	<b>129</b>	BROJ TEAM ŻLINICE	M20	6	MP	M20	AZS KU Politechniki Opolskiej Opole	<b>00:47:36.80</b>	<b>00:47:39.40</b>	+00:07:24 (15.6%)	7:19	8.2 (84.5%)
13	<b>JOCHYMEK Piotr</b>	<b>146</b>		M30	5		M30	SBG Salco Niepołomice	<b>00:47:46.00</b>	<b>00:47:50.70</b>	+00:07:36 (15.9%)	7:20	8.2 (84.5%)
14	<b>ŻÓŁTEK Grzegorz</b>	<b>136</b>	TC ORZEŁ SPYTKOWICE	M30	6		M30		<b>00:47:54.45</b>	<b>00:47:57.15</b>	+00:07:42 (16.1%)	7:22	8.1 (83.5%)
15	<b>KIJOWSKI Dominik</b>	<b>153</b>	KB KROŚCIENKO WYŻNE	M20	7	MP	M20	KB Krościenko Wyżne	<b>00:48:09.85</b>	<b>00:48:11.50</b>	+00:07:56 (16.5%)	7:24	8.1 (83.5%)

Place	Participant	Number	Club	Category	MCat	Mistrzostwa			Net time 6.5km	Czas brutto 6.5km	Gap	Pace min/km	Pace km/h
						Polski	Kategoria	Drużyna					
16	<b>GAWRON Janusz</b>	<b>143</b>	MKL BRYGADA BESKIDÓW NOWY SĄCZ	M30	7	MP	M30	MKL Brygada Beskidów Nowy Sącz	<b>00:48:16.30</b>	<b>00:48:20.80</b>	+00:08:06 (16.8%)	7:25	8.1 (83.5%)
17	<b>WITOWSKA Mirosława</b>	<b>104</b>	HOKA GARMIN TEAM	K30	1	MP	K30	SBG Salco Niepołomice	<b>00:48:38.75</b>	<b>00:48:41.45</b>	+00:08:26 (17.3%)	7:28	8 (82.5%)
18	<b>PIETRZYK Mariusz</b>	<b>130</b>		M40	2		M40		<b>00:48:48.70</b>	<b>00:48:51.00</b>	+00:08:36 (17.6%)	7:30	8 (82.5%)
19	<b>DUDA Sebastian</b>	<b>151</b>		M20	8	MP	M20	UKS Trójka Mikołów	<b>00:48:54.15</b>	<b>00:48:56.45</b>	+00:08:41 (17.8%)	7:31	8 (82.5%)
20	<b>CHŁANDA Sebastian</b>	<b>125</b>	GRUPETTO GORLICE	M30	8	MP	M30	ULKS Lipinki	<b>00:50:01.05</b>	<b>00:50:05.25</b>	+00:09:50 (19.7%)	7:41	7.8 (80.4%)
21	<b>MAZAN Beata</b>	<b>119</b>	FINISZ RYMANÓW	K30	2	MP	K30	KKB MOSiR Krosno	<b>00:50:10.30</b>	<b>00:50:13.65</b>	+00:09:58 (19.9%)	7:43	7.8 (80.4%)
22	<b>BIENIAS Łukasz</b>	<b>126</b>	BLACKHATULTRA	M30	9		M30		<b>00:52:32.55</b>	<b>00:52:37.35</b>	+00:12:22 (23.5%)	8:04	7.4 (76.3%)
23	<b>KAPUSTA-SZYDŁAK Sylwia</b>	<b>160</b>		K40	2	MP	K40	CWKS Resovia Rzeszów	<b>00:52:46.20</b>	<b>00:52:48.90</b>	+00:12:34 (23.8%)	8:07	7.4 (76.3%)
24	<b>WAŚKO Paweł</b>	<b>121</b>	CENTRUM MASAŻU	M50	1		M50		<b>00:52:51.25</b>	<b>00:52:54.30</b>	+00:12:39 (23.9%)	8:07	7.4 (76.3%)
25	<b>FICNER Anna</b>	<b>105</b>	MKS SIECHNICE	K30	3	MP	K30	MKS Siechnice	<b>00:53:28.25</b>	<b>00:53:31.75</b>	+00:13:17 (24.8%)	8:13	7.3 (75.3%)
26	<b>FLISIŃSKI Łukasz</b>	<b>133</b>	ALPIN SPORT TEAM	M40	3		M40		<b>00:54:13.70</b>	<b>00:54:15.95</b>	+00:14:01 (25.8%)	8:20	7.2 (74.2%)
27	<b>SKALSKA Anna</b>	<b>127</b>	ALPIN SPORT TEAM	K40	3	MP	K40	MKS-MOSM Bytom	<b>00:54:37.20</b>	<b>00:54:40.35</b>	+00:14:25 (26.4%)	8:24	7.1 (73.2%)
28	<b>NIEDŹWIADEK Kamil</b>	<b>140</b>	NIEDŹWIADKI RUNNING TEAM	M30	10	MP	M30	KS AZS AWF Warszawa	<b>00:54:39.00</b>	<b>00:54:42.20</b>	+00:14:27 (26.4%)	8:24	7.1 (73.2%)
29	<b>OBSTÓJ Karolina</b>	<b>156</b>	ON RUNNING	K30	4	MP	K30	AZS KU Politechniki Opolskiej Opole	<b>00:54:52.75</b>	<b>00:54:55.35</b>	+00:14:40 (26.7%)	8:26	7.1 (73.2%)
30	<b>FABIAN Bogusław</b>	<b>161</b>	EVANLITE.COM	M50	2		M50		<b>00:55:05.50</b>	<b>00:55:10.10</b>	+00:14:55 (27.1%)	8:28	7.1 (73.2%)
31	<b>WIECZOREK Nina</b>	<b>144</b>	SBG SALCO	K20	1	MP	K20	SBG Salco Niepołomice	<b>00:55:24.30</b>	<b>00:55:29.05</b>	+00:15:14 (27.5%)	8:31	7 (72.2%)
32	<b>ZBOROWSKI Krzysztof</b>	<b>149</b>		M40	4		M40		<b>00:55:57.70</b>	<b>00:56:01.20</b>	+00:15:46 (28.2%)	8:36	7 (72.2%)
33	<b>DŁUGOSZ-STĘPNIAK Agnieszka</b>	<b>128</b>		K30	5		K30		<b>00:56:37.35</b>	<b>00:56:41.20</b>	+00:16:26 (29.0%)	8:42	6.9 (71.1%)
34	<b>BOLECHOWSKA Dominika</b>	<b>159</b>	ALPIN SPORT	K40	4		K40		<b>00:57:14.35</b>	<b>00:57:18.15</b>	+00:17:03 (29.8%)	8:48	6.8 (70.1%)
35	<b>ORDZOWIAŁY Piotr</b>	<b>147</b>	SKL SUCHA BESKIDZKA	M50	3	MP	M50	SKL Sucha Beskidzka	<b>00:57:25.15</b>	<b>00:57:29.00</b>	+00:17:14 (30.0%)	8:50	6.8 (70.1%)
36	<b>PASEK Tomasz</b>	<b>120</b>	EKOMOTEL&PARKPINOKIO	M40	5		M40		<b>00:57:32.75</b>	<b>00:57:38.05</b>	+00:17:23 (30.2%)	8:51	6.8 (70.1%)
37	<b>KIK Iwona</b>	<b>118</b>	KW KRAKÓW	K30	6	MP	K30	LKB Rudnik	<b>00:57:39.60</b>	<b>00:57:44.00</b>	+00:17:29 (30.3%)	8:52	6.8 (70.1%)

Place	Participant	Number	Club	Category	Mistrzostwa		Kategoria	Drużyna	Net time 6.5km	Czas brutto 6.5km	Gap	Pace min/km	Pace km/h
					MCat	Polski							
38	<b>KURNYTA Sławomir</b>	<b>154</b>	OCHOTNICA	M30	11		M30		<b>00:57:45.20</b>	<b>00:57:51.20</b>	+00:17:36 (30.4%)	8:53	6.8 (70.1%)
39	<b>STANEK Patrycja</b>	<b>162</b>		K20	2	MP	K20	LLKS Osowa Sień	<b>00:58:23.75</b>	<b>00:58:26.15</b>	+00:18:11 (31.1%)	8:58	6.7 (69.1%)
40	<b>ZIELIŃSKA Kinga</b>	<b>135</b>		K20	3		K20		<b>00:58:26.40</b>	<b>00:58:30.00</b>	+00:18:15 (31.2%)	8:59	6.7 (69.1%)
41	<b>NIERADA Marcin</b>	<b>132</b>		M40	6		M40		<b>00:58:41.05</b>	<b>00:58:46.15</b>	+00:18:31 (31.5%)	9:01	6.6 (68.0%)
42	<b>GRYGIEL Marek</b>	<b>114</b>	JACEKBIEGA RUNNING TEAM	M40	7		M40		<b>00:58:52.85</b>	<b>00:58:57.55</b>	+00:18:42 (31.7%)	9:03	6.6 (68.0%)
43	<b>NOWOROLNIK Marcin</b>	<b>168</b>		OPEN Mężczyźni	1				<b>01:00:05.95</b>	<b>01:00:08.70</b>	+00:19:54 (33.1%)	9:14	6.5 (67.0%)
44	<b>NOWOROLNIK Piotr</b>	<b>157</b>	LKS LUBAŃ TYLMANOWA	M40	8		M40		<b>01:00:05.20</b>	<b>01:00:09.30</b>	+00:19:54 (33.1%)	9:14	6.5 (67.0%)
45	<b>GOŁDYN Piotr</b>	<b>122</b>	PROJEKT 1000UP	M40	9		M40		<b>01:00:31.00</b>	<b>01:00:37.00</b>	+00:20:22 (33.6%)	9:18	6.4 (66.0%)
46	<b>AUGUST Kajetan</b>	<b>117</b>	KS SPRINT BIELSKO-BIAŁA	M30	12	MP	M30	KS Sprint Bielsko-Biała	<b>01:01:16.70</b>	<b>01:01:20.25</b>	+00:21:05 (34.4%)	9:25	6.4 (66.0%)
47	<b>BORBALA Lantos</b>	<b>137</b>	BÜKKI ÉGBOLT MT	K30	7		K30		<b>01:01:23.15</b>	<b>01:01:27.15</b>	+00:21:12 (34.5%)	9:26	6.4 (66.0%)
48	<b>DAWIDZIUK Adrian</b>	<b>145</b>	PROJEKT 1000UP	M40	10		M40		<b>01:03:37.85</b>	<b>01:03:44.40</b>	+00:23:29 (36.9%)	9:47	6.1 (62.9%)
49	<b>KALECINSKI Piotr</b>	<b>134</b>		M30	13		M30		<b>01:04:55.25</b>	<b>01:04:58.90</b>	+00:24:44 (38.1%)	9:59	6 (61.9%)
50	<b>WOŹNIAK Oskar</b>	<b>148</b>	CKS BUDOWLANI CZĘSTOCHOWA	M20	9	MP	M20	CKS Budowlani Częstochowa	<b>01:06:43.90</b>	<b>01:06:48.30</b>	+00:26:33 (39.8%)	10:15	5.8 (59.8%)
51	<b>ZIÓŁEK Magdalena</b>	<b>155</b>	ORT	K40	5		K40		<b>01:09:13.10</b>	<b>01:09:15.65</b>	+00:29:00 (41.9%)	10:38	5.6 (57.7%)
52	<b>GOŁDYN Mateusz</b>	<b>138</b>	PROJEKT 1000UP	M20	10		M20		<b>01:11:27.90</b>	<b>01:11:34.25</b>	+00:31:19 (43.8%)	10:59	5.5 (56.7%)
53	<b>WINDAK Agnieszka</b>	<b>152</b>		K20	4		K20		<b>01:12:49.20</b>	<b>01:12:54.80</b>	+00:32:40 (44.8%)	11:12	5.4 (55.7%)
	<b>BYRSKA Sylwia</b>	<b>150</b>	WMTRISELF	K20		MP	K20	Kraków Athletics Team	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TRACZ Paulina</b>	<b>103</b>		K30		MP	K30	SBG Salco Niepołomice	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Total 55 results.