



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

GRIVEL ULTRAMARATON BABIA GÓRA  
KOZICA Fundacja Biegów Górskich  
2018-06-09  
Babia Góra  
42.5 km

# MARATON BABIA GÓRA

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P3_Babia 9km	P4_Bufet 16km	P5_Markowe 37km	Kara/ bonifkata	Czas netto 42.5km	Czas brutto 42.5km	Różn	Tempo min/km	Tempo km/h
1	JABŁOŃSKI Artur	359	SAGE FOUNDATION/DREAM RUN	M2	1	01:07:37	02:04:54	04:45:05		05:16:07.55	05:16:13.05		7:26	8.1 (100%)
2	WĄSOWICZ Jan	233		M2	2	01:06:01	02:00:40	04:52:42		05:26:27.45	05:26:32.65	+00:10:19 (3.2%)	7:40	7.8 (96.3%)
3	URBAŃCZYK Karol	202		M1	1	01:07:44	02:06:58	05:24:46		05:55:44.05	05:55:49.70	+00:39:36 (11.1%)	8:22	7.2 (88.9%)
4	STACH Paweł	349	#AMBASADORZYFB	M2	3	01:11:17		05:26:25		06:01:08.90	06:01:14.00	+00:45:00 (12.5%)	8:29	7.1 (87.7%)
5	SKWORC Grzegorz	302	TEAM SIEMION	M1	2	01:18:09		05:18:07	00:10:00	06:03:22.05	06:03:27.70	+00:47:14 (13.0%)	8:18	7.2 (88.9%)
6	SIKUT Arkadiusz	223	12WOG	M2	4	01:14:47	02:25:23	05:47:53		06:28:43.75	06:28:49.15	+01:12:36 (18.7%)	9:08	6.6 (81.5%)
7	ŁUCZKO Grzegorz	344	NATURAL BORN RUNNERS TEAM	M1	3	01:26:36	02:36:15	05:50:03		06:32:12.90	06:32:19.20	+01:16:06 (19.4%)	9:13	6.5 (80.2%)
8	CUDZICH Mirosław	319	SYMPTOM	M2	5	01:24:56	02:30:05			06:42:51.20	06:43:07.10	+01:26:54 (21.6%)	9:28	6.3 (77.8%)
9	KOZIEŁ Grzegorz	281	SILESIA RUNNERS CLUB	M2	6	01:24:59	02:34:31	06:04:40		06:44:34.60	06:44:43.00	+01:28:29 (21.9%)	9:31	6.3 (77.8%)
10	ŚWIDA Adam	278	HARDCORY	M1	4	01:23:59	02:37:10	06:07:32		06:53:23.75	06:53:29.55	+01:37:16 (23.5%)	9:43	6.2 (76.5%)
11	PASZCZAK Artur	353	KLUB WYSOKOGORSKI WARSZAWA	M3	1	01:26:05	02:37:14	06:20:37		07:08:52.50	07:08:58.90	+01:52:45 (26.3%)	10:05	5.9 (72.8%)
12	STROIŃSKI Daniel	316	RMF4RT OCR	M2	7	01:24:27	02:01:47	05:30:04	01:00:00	07:10:27.85	07:10:32.75	+01:54:19 (26.6%)	8:43	6.9 (85.2%)
13	WALASZCZYK Lucyna	343	NATURAL BORN RUNNERS TEAM	K1	1	01:31:14	02:48:52	06:23:54		07:10:30.00	07:10:36.80	+01:54:23 (26.6%)	10:07	5.9 (72.8%)
14	DWORNIK Maciek	203	WARCZĄCE SZPRYCHY	M2	8	01:24:37	02:39:25	06:26:33		07:12:40.25	07:12:46.55	+01:56:33 (26.9%)	10:10	5.9 (72.8%)
15	MACHALSKI Sebastian	212		M2	9	01:26:10	02:39:24	06:32:01		07:14:28.50	07:14:38.10	+01:58:25 (27.2%)	10:13	5.9 (72.8%)
16	CZARNY Mariusz	252	JAWORZNOŁBC	M2	10	01:26:01	02:46:59	06:32:15		07:18:59.85	07:19:14.30	+02:03:01 (28.0%)	10:19	5.8 (71.6%)
17	SZCZESZEK Robert	289		M1	5	01:27:36	02:48:04	06:41:18		07:24:26.65	07:24:38.15	+02:08:25 (28.9%)	10:27	5.7 (70.4%)
18	JUREK Piotr	293	GARAZECOM	M2	11	01:54:23	03:07:35	06:39:59		07:24:56.10	07:25:12.30	+02:08:59 (29.0%)	10:28	5.7 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P3_Babia 9km	P4_Bufet 16km	P5_Markowe 37km	Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
										netto 42.5km	brutto 42.5km			
19	<b>BASTRZYK Michał</b>	<b>240</b>	BBL TOMASZÓW MAZOWIECKI	M1	6	01:35:29	02:54:47	06:40:35		<b>07:25:13.70</b>	<b>07:25:25.65</b>	+02:09:12 (29.0%)	10:28	5.7 (70.4%)
20	<b>PASZCZAK Alicja</b>	<b>352</b>	KLUB WYSOKOGORSKI WARSZAWA	K3	1	01:30:56	02:50:17	06:44:23		<b>07:29:12.10</b>	<b>07:29:18.90</b>	+02:13:05 (29.6%)	10:34	5.7 (70.4%)
21	<b>GIERADA Mateusz</b>	<b>309</b>	NIGHT RUNNERS GLIWICE	M1	7	01:29:38	02:48:38	06:46:30		<b>07:30:22.55</b>	<b>07:30:28.65</b>	+02:14:15 (29.8%)	10:35	5.7 (70.4%)
22	<b>SZELAĞ Sławomir</b>	<b>361</b>	LISY PUSTYNI	M2	12	01:32:08	02:53:34	06:50:05		<b>07:31:22.50</b>	<b>07:31:35.05</b>	+02:15:22 (30.0%)	10:37	5.6 (69.1%)
23	<b>PALIWODA Grzegorz</b>	<b>231</b>		M1	8	01:29:14	02:44:48	06:48:26		<b>07:32:21.20</b>	<b>07:32:29.15</b>	+02:16:16 (30.1%)	10:38	5.6 (69.1%)
24	<b>DUDA Konrad</b>	<b>274</b>		M1	9	01:26:23	02:44:36	06:48:29		<b>07:32:48.25</b>	<b>07:32:55.30</b>	+02:16:42 (30.2%)	10:39	5.6 (69.1%)
25	<b>PODOLAK Ula</b>	<b>287</b>		K1	2	01:31:35	03:02:42	06:59:01		<b>07:36:57.10</b>	<b>07:37:13.60</b>	+02:21:00 (30.8%)	10:45	5.6 (69.1%)
26	<b>KAŻMIERCZAK Sławomir</b>	<b>224</b>	ŁGG, <a href="http://www.fastandlight.pl/">HTTP://WWW.FASTANDLIGHT.PL/</a>	M1	10	01:33:48	02:56:15	06:46:59		<b>07:37:56.40</b>	<b>07:38:12.40</b>	+02:21:59 (31.0%)	10:46	5.6 (69.1%)
27	<b>GLISZCZYŃSKI Paweł</b>	<b>313</b>		M1	11	01:33:53	02:57:51	06:59:54		<b>07:40:12.45</b>	<b>07:40:21.20</b>	+02:24:08 (31.3%)	10:49	5.5 (67.9%)
28	<b>KOSTECKI Igor</b>	<b>263</b>	WCHSZT	M1	12	01:30:23	03:00:19	07:03:31		<b>07:43:25.80</b>	<b>07:43:31.00</b>	+02:27:17 (31.8%)	10:54	5.5 (67.9%)
29	<b>BUKOWSKI Maciej</b>	<b>362</b>	UKA WARSZAWA	M1	13	01:32:00	02:54:02	07:00:26		<b>07:44:37.60</b>	<b>07:44:54.80</b>	+02:28:41 (32.0%)	10:55	5.5 (67.9%)
30	<b>SZOTA Robert</b>	<b>311</b>	SMT SZCZECIN	M1	14	01:30:47	02:56:23	07:01:13		<b>07:45:35.75</b>	<b>07:45:43.40</b>	+02:29:30 (32.1%)	10:57	5.5 (67.9%)
31	<b>DYRAGA Marcin</b>	<b>331</b>	SAINT-GOBAIN SQUAD	M2	13	01:35:44	02:56:31	07:01:23		<b>07:46:13.35</b>	<b>07:46:30.85</b>	+02:30:17 (32.2%)	10:58	5.5 (67.9%)
32	<b>PODSTAWSKI Michał</b>	<b>205</b>		M1	15	01:30:29	02:55:29	07:01:43		<b>07:47:24.75</b>	<b>07:47:39.80</b>	+02:31:26 (32.4%)	10:59	5.5 (67.9%)
33	<b>WÓJCIK Małgorzata</b>	<b>364</b>		K2	1	01:37:29	03:01:53	07:02:34		<b>07:49:54.35</b>	<b>07:50:04.20</b>	+02:33:51 (32.7%)	11:03	5.4 (66.7%)
34	<b>SAMORAŃSKI Krzysztof</b>	<b>294</b>		M2	14	01:36:42	02:59:26	07:06:08		<b>07:49:56.30</b>	<b>07:50:04.90</b>	+02:33:51 (32.7%)	11:03	5.4 (66.7%)
35	<b>CIEPŁY Maciej</b>	<b>204</b>	NIGHT RUNNERS WROCŁAW	M1	16	01:27:51	02:50:45	07:13:17		<b>07:51:48.35</b>	<b>07:51:55.40</b>	+02:35:42 (33.0%)	11:06	5.4 (66.7%)
36	<b>TRZCIELIŃSKI Roman</b>	<b>348</b>	PSY WARSZAWA	M3	2	01:31:57	03:03:58	07:10:01		<b>07:54:17.10</b>	<b>07:54:30.10</b>	+02:38:17 (33.4%)	11:09	5.4 (66.7%)
37	<b>CZŁONKOWSKI Krzysztof</b>	<b>339</b>	OLIMPIJCZYK SZCZEKOCINY	M2	15	01:32:06	03:04:05	07:10:07		<b>07:54:31.70</b>	<b>07:54:40.85</b>	+02:38:27 (33.4%)	11:09	5.4 (66.7%)
38	<b>ŁOŚ Tomasz</b>	<b>350</b>	OUTDOOR TRAINING	M1	17	01:45:11	03:18:59	07:11:21		<b>07:56:51.90</b>	<b>07:57:11.65</b>	+02:40:58 (33.7%)	11:13	5.3 (65.4%)
39	<b>TESZNER Adrian</b>	<b>330</b>	RUNTEAM PAWŁOWICE	M1	18	01:26:26	02:45:57	07:18:32		<b>08:00:36.35</b>	<b>08:00:48.60</b>	+02:44:35 (34.2%)	11:18	5.3 (65.4%)
40	<b>CZAJKOWSKI Marek</b>	<b>243</b>	WARSZAWA-ŻOLIBORZ	M2	16	01:43:18	03:19:05	07:14:49		<b>08:03:04.85</b>	<b>08:03:23.50</b>	+02:47:10 (34.6%)	11:22	5.3 (65.4%)
41	<b>STANASZEK Wojciech</b>	<b>215</b>		M1	19	01:42:01	02:38:18	07:07:02		<b>08:05:20.20</b>	<b>08:05:27.40</b>	+02:49:14 (34.9%)	11:25	5.3 (65.4%)
42	<b>BOROWSKI Marcin</b>	<b>211</b>		M1	20	01:30:56	02:50:27	07:07:35		<b>08:05:23.60</b>	<b>08:05:33.40</b>	+02:49:20 (34.9%)	11:25	5.3 (65.4%)
43	<b>KUKLA Maciej</b>	<b>282</b>		M1	21	01:39:02	03:07:08	07:19:07		<b>08:05:44.55</b>	<b>08:06:05.65</b>	+02:49:52 (34.9%)	11:25	5.2 (64.2%)
44	<b>PASKUDA Marcin</b>	<b>356</b>		M1	22	01:40:44	03:03:18	07:18:53		<b>08:08:04.85</b>	<b>08:08:11.25</b>	+02:51:58 (35.2%)	11:29	5.2 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P3_Babia 9km	P4_Bufet 16km	P5_Markowe 37km	Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
										netto 42.5km	brutto 42.5km			
45	<b>KROWIAK Tomasz</b>	<b>301</b>		M1	23	01:33:15	03:04:13	07:22:10		<b>08:08:29.35</b>	<b>08:08:40.20</b>	+02:52:27 (35.3%)	11:29	5.2 (64.2%)
46	<b>MATOSZKO Maciej</b>	<b>279</b>		M1	24	01:30:29	02:51:45	07:24:29		<b>08:11:22.55</b>	<b>08:11:31.10</b>	+02:55:18 (35.7%)	11:33	5.2 (64.2%)
47	<b>WIERA Bogusław</b>	<b>299</b>		M2	17	01:42:29	03:12:09	07:30:01		<b>08:12:51.15</b>	<b>08:13:01.85</b>	+02:56:48 (35.9%)	11:35	5.2 (64.2%)
48	<b>WALESKA Nico</b>	<b>264</b>		M1	25	01:28:18	02:50:17	07:24:24		<b>08:14:20.20</b>	<b>08:14:34.95</b>	+02:58:21 (36.1%)	11:37	5.2 (64.2%)
49	<b>CISKI Piotr</b>	<b>358</b>	SAGE FOUNDATION	M2	18	01:45:01	03:25:22	07:29:08		<b>08:14:44.05</b>	<b>08:15:02.25</b>	+02:58:49 (36.1%)	11:38	5.2 (64.2%)
50	<b>ŻEBROWSKA Kasia</b>	<b>325</b>		K1	3	01:35:22	03:07:37	07:22:38		<b>08:16:00.45</b>	<b>08:16:11.60</b>	+02:59:58 (36.3%)	11:40	5.1 (63.0%)
51	<b>NOWORYTA Alex</b>	<b>354</b>	SŁOWIANIE	M1	26	01:42:45	03:22:54	07:32:37		<b>08:21:21.10</b>	<b>08:21:41.30</b>	+03:05:28 (37.0%)	11:47	5.1 (63.0%)
52	<b>KOZIK Krzysztof</b>	<b>347</b>		M1	27	01:42:11	03:18:51	07:32:35		<b>08:21:20.95</b>	<b>08:21:41.45</b>	+03:05:28 (37.0%)	11:47	5.1 (63.0%)
53	<b>LISZKA Piotr</b>	<b>298</b>	KLUB KS LIMANOWA FORREST	M3	3	01:55:23	03:19:19	07:31:52		<b>08:25:25.80</b>	<b>08:25:41.80</b>	+03:09:28 (37.5%)	11:53	5 (61.7%)
54	<b>BOCZKOWSKA Justyna</b>	<b>239</b>		K3	2	01:42:20	03:10:58	07:10:21	00:30:00	<b>08:25:39.40</b>	<b>08:25:46.85</b>	+03:09:33 (37.5%)	11:11	5.4 (66.7%)
55	<b>WOŹNIAK Grzegorz</b>	<b>207</b>		M1	28	01:35:42	03:12:17	07:45:02		<b>08:26:57.35</b>	<b>08:27:14.25</b>	+03:11:01 (37.7%)	11:55	5 (61.7%)
56	<b>STACH Bogusław</b>	<b>351</b>		M3	4	01:37:23	02:27:19	07:20:41		<b>08:27:46.60</b>	<b>08:27:58.30</b>	+03:11:45 (37.7%)	11:56	5 (61.7%)
57	<b>WIŚNIEWSKI Radosław</b>	<b>346</b>		M2	19	01:38:52	03:12:46	07:36:10		<b>08:28:44.30</b>	<b>08:28:51.45</b>	+03:12:38 (37.9%)	11:58	5 (61.7%)
58	<b>URBAŃSKI Robert</b>	<b>217</b>		M2	20	01:46:35	03:19:08	07:30:07		<b>08:28:33.15</b>	<b>08:28:53.75</b>	+03:12:40 (37.9%)	11:57	5 (61.7%)
59	<b>BEREZOWSKI Oskar</b>	<b>365</b>	NAPIERAJ.PL	M2	21	01:41:13	03:17:54	07:44:52		<b>08:28:49.90</b>	<b>08:28:58.60</b>	+03:12:45 (37.9%)	11:58	5 (61.7%)
60	<b>STAŃCZUK Rafał</b>	<b>241</b>	BBRUNNERS, WIELKOPOLSKI KLUB TATERNICTWA JASKINIOWEGO	M1	29	01:34:21	03:04:03	07:42:08		<b>08:29:20.05</b>	<b>08:29:34.00</b>	+03:13:20 (37.9%)	11:59	5 (61.7%)
61	<b>PORĘBSKI Łukasz</b>	<b>257</b>		M1	30	01:32:46	02:59:01	07:09:54	00:30:00	<b>08:30:17.95</b>	<b>08:30:25.30</b>	+03:14:12 (38.0%)	11:18	5.3 (65.4%)
62	<b>SKOLIMOWSKI Marcin</b>	<b>297</b>		M2	22	01:43:25	02:38:06	07:27:19		<b>08:31:27.60</b>	<b>08:31:35.85</b>	+03:15:22 (38.2%)	12:02	5 (61.7%)
63	<b>SZUSTEK Adam</b>	<b>296</b>	SZUSTY TEAM :-)	M2	23	01:37:22	03:03:05	07:35:39		<b>08:31:28.30</b>	<b>08:31:36.15</b>	+03:15:23 (38.2%)	12:02	5 (61.7%)
64	<b>FILIPEK Wojciech</b>	<b>286</b>		M1	31	01:35:00	02:58:12	07:29:54		<b>08:35:56.65</b>	<b>08:36:13.60</b>	+03:20:00 (38.7%)	12:08	4.9 (60.5%)
65	<b>FOLAND Bogumił</b>	<b>206</b>	ŚNIEŻNE PANTERY	M2	24	01:33:53		07:42:01		<b>08:39:11.60</b>	<b>08:39:17.25</b>	+03:23:04 (39.1%)	12:12	4.9 (60.5%)
66	<b>KRÓL Andrzej</b>	<b>341</b>		M2	25	01:38:48	03:12:16	07:22:06	00:30:00	<b>08:39:59.20</b>	<b>08:40:06.25</b>	+03:23:53 (39.2%)	11:31	5.2 (64.2%)
67	<b>STOBRAWA Rafał</b>	<b>312</b>	DART BLACHOWNIA	M2	26	01:43:15	03:18:40	07:53:01		<b>08:44:09.25</b>	<b>08:44:24.90</b>	+03:28:11 (39.7%)	12:19	4.9 (60.5%)
68	<b>KRAWIETZ Tomasz</b>	<b>147</b>	IZERSKINIEDZWIEDZ	M2	27	01:43:15	03:19:15	07:53:37		<b>08:44:32.35</b>	<b>08:44:43.05</b>	+03:28:30 (39.7%)	12:20	4.9 (60.5%)
69	<b>TYLEK Konrad</b>	<b>268</b>	KLUB SPORTOWY HAJIME	M2	28	01:38:54	03:12:21	07:52:21		<b>08:44:37.80</b>	<b>08:44:52.25</b>	+03:28:39 (39.8%)	12:20	4.9 (60.5%)
70	<b>BĘBENEK Marcin</b>	<b>232</b>		M1	32	01:45:16	03:30:32	07:59:00		<b>08:48:00.50</b>	<b>08:48:12.55</b>	+03:31:59 (40.1%)	12:25	4.8 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P3_Babia 9km	P4_Bufet 16km	P5_Markowe 37km	Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
										netto 42.5km	brutto 42.5km			
71	<b>FAL Małgorzata</b>	<b>245</b>		K2	2	01:43:02	02:28:34	06:58:10	01:00:00	<b>08:48:25.45</b>	<b>08:48:37.70</b>	+03:32:24 (40.2%)	11:01	5.4 (66.7%)
72	<b>KRZYWDA Grażyna</b>	<b>208</b>	NIEPOŁOMICE BIEGAJĄ	K2	3	01:44:52	02:28:43	06:58:17	01:00:00	<b>08:48:31.75</b>	<b>08:48:37.85</b>	+03:32:24 (40.2%)	11:01	5.4 (66.7%)
73	<b>BĘBEN Robert</b>	<b>270</b>	OSTROBIEC OSTROWIEC ŚWIĘTOKRZYSKI	M2	29	01:46:01	03:24:37	07:59:00		<b>08:49:32.35</b>	<b>08:49:32.35</b>	+03:33:19 (40.3%)	12:27	4.8 (59.3%)
74	<b>MISIARZ Bartłomiej</b>	<b>304</b>		M1	33	01:30:02	03:02:15	07:34:10		<b>08:50:05.45</b>	<b>08:50:11.25</b>	+03:33:58 (40.4%)	12:28	4.8 (59.3%)
75	<b>LENKOWSKA Adrianna</b>	<b>290</b>	U-LOCK	K1	4	01:41:10	03:12:21	07:56:49		<b>08:50:13.45</b>	<b>08:50:28.20</b>	+03:34:15 (40.4%)	12:28	4.8 (59.3%)
76	<b>NOWAK Łukasz</b>	<b>291</b>	VEGE SŁONIK TEAM / NBR	M2	30	01:41:18	03:12:32	07:56:54		<b>08:50:17.30</b>	<b>08:50:28.60</b>	+03:34:15 (40.4%)	12:28	4.8 (59.3%)
77	<b>PAWLAK Krzysztof</b>	<b>300</b>		M3	5	01:42:55	03:19:00	07:52:17		<b>08:51:00.40</b>	<b>08:51:18.20</b>	+03:35:05 (40.5%)	12:29	4.8 (59.3%)
78	<b>PIECZARA Błażej</b>	<b>357</b>		M2	31	01:37:08	03:11:39	07:52:21		<b>08:54:56.60</b>	<b>08:55:07.60</b>	+03:38:54 (40.9%)	12:35	4.8 (59.3%)
79	<b>SZELAĞ Dariusz</b>	<b>308</b>	LISY PUSTYNI	M2	32	01:46:28	03:30:24	08:09:29		<b>09:00:25.85</b>	<b>09:00:39.50</b>	+03:44:26 (41.5%)	12:42	4.7 (58.0%)
80	<b>CZUCHAJ Tomasz</b>	<b>216</b>		M2	33	01:47:45	03:27:56	08:18:29		<b>09:06:09.30</b>	<b>09:06:20.60</b>	+03:50:07 (42.1%)	12:51	4.7 (58.0%)
81	<b>BUCZEK Tomasz</b>	<b>267</b>		M2	34	01:52:35	03:30:25	08:11:05		<b>09:06:35.85</b>	<b>09:06:44.10</b>	+03:50:31 (42.2%)	12:51	4.7 (58.0%)
82	<b>CENDROWSKI Mariusz</b>	<b>285</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ.	M2	35	01:56:37	03:52:30	08:25:46		<b>09:13:40.45</b>	<b>09:13:59.40</b>	+03:57:46 (42.9%)	13:01	4.6 (56.8%)
83	<b>KACZMAREK Mirosław</b>	<b>235</b>		M1	34	01:47:54	03:30:30	08:15:37		<b>09:14:06.10</b>	<b>09:14:14.50</b>	+03:58:01 (42.9%)	13:02	4.6 (56.8%)
84	<b>MAKA Artur</b>	<b>328</b>	POLSKA KOWBOJKA	M2	36	01:42:58	02:38:46	08:05:43		<b>09:14:16.50</b>	<b>09:14:26.65</b>	+03:58:13 (43.0%)	13:02	4.6 (56.8%)
85	<b>JANISZ Katarzyna</b>	<b>229</b>		K1	5	01:46:13	03:23:06	08:17:35		<b>09:14:49.00</b>	<b>09:15:05.60</b>	+03:58:52 (43.0%)	13:03	4.6 (56.8%)
86	<b>BRZEZIŃSKI Paweł</b>	<b>360</b>	R2G	M2	37	01:39:16	03:11:08	08:03:32		<b>09:15:32.90</b>	<b>09:15:43.10</b>	+03:59:30 (43.1%)	13:04	4.6 (56.8%)
87	<b>HOŁUJ Andrzej</b>	<b>214</b>		M3	6	01:43:11	03:21:37	08:11:30		<b>09:18:06.45</b>	<b>09:18:16.25</b>	+04:02:03 (43.4%)	13:07	4.6 (56.8%)
88	<b>NIEMIRO Paweł</b>	<b>315</b>	JAGODOWO-KALINOWY TEAM	M2	38	01:42:49	03:18:39	08:20:13		<b>09:18:34.80</b>	<b>09:18:48.40</b>	+04:02:35 (43.4%)	13:08	4.6 (56.8%)
89	<b>KASIEL Paweł</b>	<b>255</b>		M2	39	01:50:36	03:30:44	08:21:03		<b>09:21:00.70</b>	<b>09:21:11.70</b>	+04:04:58 (43.7%)	13:12	4.5 (55.6%)
90	<b>OSTROWSKI Paweł</b>	<b>210</b>	REHMEDICA.PL	M1	35	01:43:41	03:19:07	08:20:32		<b>09:21:02.50</b>	<b>09:21:16.90</b>	+04:05:03 (43.7%)	13:12	4.5 (55.6%)
91	<b>NIZIOŁ Marian</b>	<b>307</b>		M3	7	01:59:53	03:56:12	08:25:53		<b>09:21:48.70</b>	<b>09:22:02.95</b>	+04:05:49 (43.7%)	13:13	4.5 (55.6%)
92	<b>OLEKSY Jarosław</b>	<b>306</b>	KS FORREST LIMANOWA	M3	8	01:53:31	03:56:05	08:20:21		<b>09:21:43.60</b>	<b>09:22:03.05</b>	+04:05:50 (43.7%)	13:13	4.5 (55.6%)
93	<b>PALKIJ Aleksandra</b>	<b>305</b>	KS FORREST LIMANOWA	K1	6	01:53:28	03:56:22	08:20:15		<b>09:21:45.15</b>	<b>09:22:03.20</b>	+04:05:50 (43.7%)	13:13	4.5 (55.6%)
94	<b>WOLAŃSKI Tomasz</b>	<b>363</b>	OIRP GDAŃSK	M2	40	01:43:16	03:49:08	08:31:27		<b>09:27:06.00</b>	<b>09:27:13.20</b>	+04:11:00 (44.3%)	13:20	4.5 (55.6%)
95	<b>PAŚ Tomek</b>	<b>244</b>	PASIOŁ TEAM WROCŁAW	M2	41	01:47:02	03:39:48	08:39:21		<b>09:31:46.65</b>	<b>09:31:53.05</b>	+04:15:40 (44.7%)	13:27	4.5 (55.6%)
96	<b>LEGĘDŹ Dariusz</b>	<b>275</b>		M1	36	01:50:27	03:19:31	07:55:33		<b>09:37:56.75</b>	<b>09:38:15.70</b>	+04:22:02 (45.3%)	13:35	4.4 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P3_Babia P4_Bufet P5_Markowe			Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
						9km	16km	37km		netto 42.5km	brutto 42.5km			
97	<b>CZYZEWSKA Mariola</b>	<b>250</b>	DRUŻYNA WILKA	K1	7	01:54:30	03:30:13	08:44:35		<b>09:38:32.05</b>	<b>09:38:50.75</b>	+04:22:37 (45.4%)	13:36	4.4 (54.3%)
98	<b>JEGER Piotr</b>	<b>283</b>	SKLEPBIEGACZA.PL	M1	37	01:54:17	03:30:12	08:44:35		<b>09:38:33.35</b>	<b>09:38:50.90</b>	+04:22:37 (45.4%)	13:36	4.4 (54.3%)
99	<b>DULAK Wojciech</b>	<b>295</b>		M2	42	01:54:35	03:46:04	08:35:45		<b>09:39:48.55</b>	<b>09:40:05.75</b>	+04:23:52 (45.5%)	13:38	4.4 (54.3%)
100	<b>KRZYWDA Rafał</b>	<b>226</b>		M2	43	01:52:22	03:39:18	08:38:05		<b>09:40:03.25</b>	<b>09:40:10.10</b>	+04:23:57 (45.5%)	13:38	4.4 (54.3%)
101	<b>JURCZYK Piotr</b>	<b>258</b>	SZAMANI W TRANSIE	M2	44	01:52:53	03:33:37	08:39:14		<b>09:44:35.95</b>	<b>09:44:50.70</b>	+04:28:37 (45.9%)	13:45	4.4 (54.3%)
102	<b>CZAPEK Marek</b>	<b>327</b>		M2	45	01:47:30	03:30:26	08:17:39	00:30:00	<b>09:44:52.35</b>	<b>09:45:05.50</b>	+04:28:52 (46.0%)	13:03	4.6 (56.8%)
103	<b>KOT Tomasz</b>	<b>338</b>		M2	46	01:57:01	03:41:46	08:45:18		<b>09:45:21.40</b>	<b>09:45:36.50</b>	+04:29:23 (46.0%)	13:46	4.4 (54.3%)
104	<b>KOKOTEK Maciej</b>	<b>247</b>	KITA TEAM KS CELIRONMAN	M2	47	01:52:51	03:45:23	08:45:46		<b>09:47:19.30</b>	<b>09:47:31.85</b>	+04:31:18 (46.2%)	13:49	4.3 (53.1%)
105	<b>KICIŃSKA-KOKOTEK Beata</b>	<b>246</b>	KITA TEAM	K2	4	01:53:02	03:45:19	08:45:46		<b>09:47:18.60</b>	<b>09:47:31.90</b>	+04:31:18 (46.2%)	13:49	4.3 (53.1%)
106	<b>WIELEWSKI Waldemar</b>	<b>218</b>	GRUPA TRÓJMIASTO	M2	48	01:58:57	03:53:07	09:04:49		<b>09:55:52.60</b>	<b>09:56:12.15</b>	+04:39:59 (47.0%)	14:01	4.3 (53.1%)
107	<b>CHMIELEWSKI Jacek</b>	<b>201</b>		M3	9	01:58:55	03:53:06	09:04:48		<b>09:55:52.65</b>	<b>09:56:12.25</b>	+04:39:59 (47.0%)	14:01	4.3 (53.1%)
108	<b>SZCZUCKI Krzysztof</b>	<b>228</b>		M2	49	01:57:05	03:42:40	08:59:50		<b>09:56:41.75</b>	<b>09:56:49.75</b>	+04:40:36 (47.0%)	14:02	4.3 (53.1%)
LIM	<b>MACHULAK Mirosław</b>	<b>266</b>	SPELEOKLUB WARSZAWSKI	M3		01:43:12	03:36:11	09:17:03		<b>10:15:25.30</b>	<b>10:15:40.95</b>	-	-	- (0.0%)
LIM	<b>MOSKAŁA Remigiusz</b>	<b>340</b>		M2		01:50:29	03:39:48	08:45:17	01:00:00	<b>10:45:21.95</b>	<b>10:45:36.10</b>	-	-	- (0.0%)
	<b>JAWOREK Grzegorz</b>	<b>225</b>	MIG	M1		01:34:14 DNF	03:18:53 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>JANISZ Michał</b>	<b>221</b>		M1		01:51:37 DNF	03:33:18 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>WITKOWSKA Beata</b>	<b>303</b>		K2		01:46:15 DNF	03:33:24 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>LIGĘZA Paweł</b>	<b>209</b>		M1		01:51:44 DNF	03:45:26 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>SZCZEPANIAK Karol</b>	<b>323</b>	CROSS STRACENCÓW TEAM	M2		01:56:01 DNF	03:55:02 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>KOCOŁOWSKI Jurek</b>	<b>332</b>		M3		01:54:14 DNF	03:55:38 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>PAK Dominik</b>	<b>329</b>		M1		01:50:34 DNF	03:55:47 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>JAKIMOWICZ Eligiusz</b>	<b>273</b>		M1		01:54:33 DNF	03:57:04 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>JACKOWSKI Jacek</b>	<b>262</b>	JGB 'SOKÓŁ'	M2		02:00:16 DNF	04:05:35 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>PAWELEC Radosław</b>	<b>314</b>	AZS UW	M3		01:51:17 DNF	04:06:07 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>SERWADCZAK Piotr</b>	<b>310</b>	P+E	M2		01:55:20 DNF	04:18:08 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	P3_Babia 9km	P4_Bufet 16km	P5_Markowe 37km	Kara/ bonifikata	Czas netto 42.5km	Czas brutto 42.5km	Różn	Tempo min/km	Tempo km/h
	<b>KONOBRODZKI Piotr</b>	<b>280</b>		M3	01:59:53 DNF	04:18:12 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PÓŁTORZYCKI Piotr</b>	<b>260</b>	STOPA SŁUPSK	M2	02:00:30 DNF	04:18:17 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRAKOWIAK Michał</b>	<b>284</b>		M1	01:31:35 DNF	DNF	DNF	00:30:00	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RYSKALOK Piotr</b>	<b>219</b>	JAWORZNO RUNNERS	M1	01:46:58 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PASIERB Łukasz</b>	<b>320</b>	POLSKA KOWBOJKA	M1	01:54:44 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PELCNER Marcin</b>	<b>254</b>	KLUB BIEGAJĄCYCH LESNIKÓW	M2	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MASŁO Andrzej</b>	<b>322</b>	1972	M2	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TESZNER Czesław</b>	<b>326</b>	1985	M1	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SKORUPSKA Julia</b>	<b>292</b>		K2	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JACKOWSKA Ewa</b>	<b>261</b>	JGB SOKÓŁ	K2	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JANIK Iza</b>	<b>222</b>		K2	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 132 wynik(ów)