

MARATON PUSZCZY BYDGOSKIEJ 21+

B4SPORT

Wydarzenie:
Organizator:

MARATON PUSZCZY BYDGOSKIEJ
Life+ Joanna Maciejewska-Błachewicz; Łukasz
Telejko bydgoscybiegacze.plbydgoscybiegacze.pl i
Life+

Data:
Miejsce:
Dystans:

2017-10-01
BYDGOSZCZ
23 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
1	KOŚMIEJA Marcin	319		M30	1	00:34:03	01:27:49.30		3:49	15.7 (100%)
2	KĘDZIORSKI Krystian	232		M20	1	00:34:59	01:33:07.60	+00:05:18 (5.7%)	4:02	14.8 (94.3%)
3	MAŁECKI Jakub	256		M30	2	00:35:47	01:33:14.15	+00:05:24 (5.8%)	4:03	14.8 (94.3%)
4	KLUSKA Fabian	233		M20	2	00:35:49	01:34:08.85	+00:06:19 (6.7%)	4:05	14.7 (93.6%)
5	FLOREK Paweł	221		M30	3	00:36:17	01:36:32.80	+00:08:43 (9.0%)	4:11	14.3 (91.1%)
6	KOLMAJER Rafał	234		M30	4	00:35:56	01:37:25.20	+00:09:35 (9.9%)	4:14	14.2 (90.4%)
7	ŻAROŃ Maciej	350		M30	5	00:41:47	01:45:10.75	+00:17:21 (16.5%)	4:34	13.1 (83.4%)
8	JĘCEK Maciej	231		M30	6	00:39:27	01:45:28.60	+00:17:39 (16.7%)	4:35	13.1 (83.4%)
9	KUROWSKI Kamil	249		M30	7	00:38:40	01:45:58.45	+00:18:09 (17.1%)	4:36	13 (82.8%)
10	KOZIŃSKI Marek	237		M30	8	00:41:35	01:48:02.65	+00:20:13 (18.7%)	4:41	12.8 (81.5%)
11	MATUŁA Ewelina	135		K20	1	00:41:35	01:48:48.50	+00:20:59 (19.3%)	4:43	12.7 (80.9%)
12	OLSZYŃSKI Sebastian	266		M40	1	00:40:47	01:48:52.75	+00:21:03 (19.3%)	4:44	12.7 (80.9%)
13	KUŁAKOWSKI Krzysztof	247		M30	9	00:42:01	01:48:54.70	+00:21:05 (19.4%)	4:44	12.7 (80.9%)
14	BANACH Marcin	205		M30	10	00:42:22	01:49:06.20	+00:21:16 (19.5%)	4:44	12.6 (80.3%)
15	DĄBROWSKI Jarosław	214		M20	3	00:43:57	01:50:02.15	+00:22:12 (20.2%)	4:47	12.5 (79.6%)
16	SZYCHOWSKI Jarosław	168	TKKF KOLEJARZ BYDGOSZCZ	M30	11	00:42:11	01:50:42.75	+00:22:53 (20.7%)	4:48	12.5 (79.6%)
17	CIMACHOWSKI Jakub	213		M30	12	00:43:17	01:51:37.45	+00:23:48 (21.3%)	4:51	12.4 (79.0%)
18	BALCERZAK Krzysztof	204		M30	13	00:44:08	01:51:37.55	+00:23:48 (21.3%)	4:51	12.4 (79.0%)
19	MARCHLEWSKA Sylwia	257		K40	1	00:44:49	01:54:38.75	+00:26:49 (23.4%)	4:59	12 (76.4%)
20	KRÓL Rafał	123	EBUD-DOM	M30	14	00:44:13	01:55:01.65	+00:27:12 (23.7%)	5:00	12 (76.4%)
21	GOŁASZEWSKI Leszek	23		M40	2	00:43:50	01:55:16.85	+00:27:27 (23.8%)	5:00	12 (76.4%)
22	BRYMORA Andrzej	210		M40	3	00:44:26	01:56:14.60	+00:28:25 (24.5%)	5:03	11.9 (75.8%)
23	BILSKI Marcin	207		M30	15	00:43:53	01:56:29.70	+00:28:40 (24.6%)	5:03	11.8 (75.2%)
24	KUJAWA Piotr	243		M40	4	00:47:59	01:57:23.05	+00:29:33 (25.2%)	5:06	11.8 (75.2%)
25	OKOŃSKI Jarosław	264		M30	16	00:45:26	01:57:27.45	+00:29:38 (25.2%)	5:06	11.7 (74.5%)
26	STANUCHIEWICZ Oskar	85	HERCOG RUNNING TEAM	M40	5	00:45:23	01:58:07.95	+00:30:18 (25.7%)	5:08	11.7 (74.5%)
27	KRZYŻANOWSKI Robert	241		M40	6	00:44:11	01:58:25.20	+00:30:35 (25.8%)	5:08	11.7 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Czas		Tempo min/km	Tempo km/h
							netto 23km	Różn		
28	PALACZ Wioletta	268		K30	1	00:45:29	01:58:34.40	+00:30:45 (25.9%)	5:09	11.6 (73.9%)
29	SZOPIŃSKA Agnieszka	299		K30	2	00:46:31	01:58:36.10	+00:30:46 (26.0%)	5:09	11.6 (73.9%)
30	OLSZEWSKI Piotr	265		M20	4	00:45:01	01:59:34.80	+00:31:45 (26.6%)	5:11	11.5 (73.2%)
31	RATAJ Zuzanna	275		K30	3	00:46:39	02:00:46.05	+00:32:56 (27.3%)	5:15	11.4 (72.6%)
32	LEMAŃCZYK Zygmunt	253		M40	7	00:46:39	02:00:49.70	+00:33:00 (27.3%)	5:15	11.4 (72.6%)
33	RATKOWSKA Małgorzata	276		K30	4	00:44:51	02:00:59.75	+00:33:10 (27.4%)	5:15	11.4 (72.6%)
34	TOMCZAK Agnieszka	303		K40	2	00:46:31	02:01:07.60	+00:33:18 (27.5%)	5:16	11.4 (72.6%)
35	WŁOCH Sylwester	327		M50	1	00:44:46	02:02:08.75	+00:34:19 (28.1%)	5:18	11.3 (72.0%)
36	KUJAWA Kamil	244		M30	17	00:45:40	02:02:11.45	+00:34:22 (28.1%)	5:18	11.3 (72.0%)
37	URBAŃSKA Emilia	326		K30	5	00:46:50	02:02:51.35	+00:35:02 (28.5%)	5:20	11.2 (71.3%)
38	SZCZERBA Maciej	297		M40	8	00:45:42	02:03:00.55	+00:35:11 (28.6%)	5:20	11.2 (71.3%)
39	MROZEK Marcin	262		M30	18	00:47:34	02:03:16.05	+00:35:26 (28.8%)	5:21	11.2 (71.3%)
40	BARSZCZ Patryk	206		M20	5	00:47:02	02:03:45.65	+00:35:56 (29.0%)	5:22	11.2 (71.3%)
41	GRABOLSKA Maria	336		K40	3	00:45:13	02:04:23.75	+00:36:34 (29.4%)	5:24	11.1 (70.7%)
42	DEBSKI Włodzimierz	344	RWT BYDGOSZCZ	M40	9	00:39:53	02:04:37.50	+00:36:48 (29.5%)	5:25	11.1 (70.7%)
43	ZAGOŹDZION Piotr	325		M40	10	00:47:42	02:04:39.50	+00:36:50 (29.6%)	5:25	11.1 (70.7%)
44	LIPSKI Krzysztof	48	ALLIANZ RUNNING TEAM	M40	11	00:50:02	02:05:01.25	+00:37:11 (29.8%)	5:26	11 (70.1%)
45	KONIECZNY Dawid	120		M20	6	00:49:03	02:05:45.90	+00:37:56 (30.2%)	5:28	11 (70.1%)
46	PAWŁOWSKI Robert	270		M40	12	00:46:52	02:06:14.50	+00:38:25 (30.4%)	5:29	10.9 (69.4%)
47	JAKUBOWSKI Paweł	115	SPC	M30	19	00:48:49	02:06:23.20	+00:38:33 (30.5%)	5:29	10.9 (69.4%)
48	WOŹNIAK Anna	174	RUN PASJA	K30	6	00:49:06	02:06:42.45	+00:38:53 (30.7%)	5:30	10.9 (69.4%)
49	JABŁOŃSKI Michał	228		M30	20	00:49:09	02:06:49.00	+00:38:59 (30.7%)	5:30	10.9 (69.4%)
50	STYKAŁA Magdalena	293		K40	4	00:49:01	02:07:01.75	+00:39:12 (30.9%)	5:31	10.9 (69.4%)
51	GORGOL Tomasz	224		M30	21	00:47:35	02:07:10.40	+00:39:21 (30.9%)	5:31	10.9 (69.4%)
52	SMOLIŃSKA Dominika	286		K30	7	00:47:46	02:08:18.50	+00:40:29 (31.6%)	5:34	10.8 (68.8%)
53	SKOPOWSKI Krzysztof	283		M40	13	00:48:40	02:08:50.40	+00:41:01 (31.8%)	5:36	10.7 (68.2%)
54	SMOLA Daniel	285		M40	14	00:48:33	02:09:10.75	+00:41:21 (32.0%)	5:37	10.7 (68.2%)
55	KUKAWKA Maciej	246		M30	22	00:47:31	02:09:35.20	+00:41:45 (32.2%)	5:38	10.6 (67.5%)
56	RUDOL Magdalena	279		K40	5	00:50:00	02:10:02.40	+00:42:13 (32.5%)	5:39	10.6 (67.5%)
57	MROTEK Katarzyna	260		K30	8	00:48:39	02:10:54.10	+00:43:04 (32.9%)	5:41	10.5 (66.9%)
58	MARĆ Robert	134		M40	15	00:50:08	02:11:46.55	+00:43:57 (33.4%)	5:43	10.5 (66.9%)
59	SOKOŁOWSKA Hanna	340		K50	1	00:52:26	02:11:58.15	+00:44:08 (33.5%)	5:44	10.5 (66.9%)
60	STARSAK Paweł	289		M30	23	00:48:59	02:12:53.70	+00:45:04 (33.9%)	5:46	10.4 (66.2%)
61	GUŹDZICK Jarosław	177	SOLECCY BIEGACZE	M30	24	00:51:27	02:13:30.85	+00:45:41 (34.2%)	5:48	10.3 (65.6%)
62	TOMICZ Jakub	89	ADVENTURE GROUP CREX	M20	7	00:45:37	02:13:40.35	+00:45:51 (34.3%)	5:48	10.3 (65.6%)
63	SZTUBECKI Rafał	301		M40	16	00:51:05	02:14:12.50	+00:46:23 (34.6%)	5:50	10.3 (65.6%)
64	WITKOWSKA Anna	309		K30	9	00:51:32	02:14:13.50	+00:46:24 (34.6%)	5:50	10.3 (65.6%)
65	SUDOŁ Piotr	332		M30	25	00:50:46	02:14:24.75	+00:46:35 (34.7%)	5:50	10.3 (65.6%)
66	ANTKOWIAK Bartosz	203		M20	8	00:49:10	02:14:29.10	+00:46:39 (34.7%)	5:50	10.3 (65.6%)
67	STASZKIEWICZ Lucyna	291		K50	2	00:51:08	02:14:46.60	+00:46:57 (34.8%)	5:51	10.2 (65.0%)
68	PAZDRO Małgorzata	271		K40	6	00:52:30	02:15:16.90	+00:47:27 (35.1%)	5:52	10.2 (65.0%)
69	LECHOWSKI Bartłomiej	252		M30	26	00:54:55	02:15:32.85	+00:47:43 (35.2%)	5:53	10.2 (65.0%)
70	ROBACZEWSKA Kinga	70		K30	10	00:52:47	02:15:40.65	+00:47:51 (35.3%)	5:53	10.2 (65.0%)
71	WOJCIECHOWSKI Jarosław	312		M40	17	00:50:04	02:15:59.60	+00:48:10 (35.4%)	5:54	10.1 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Czas		Tempo min/km	Tempo km/h
							netto 23km	Różn		
72	WOJCIECHOWSKA Emilia	311		K40	7	00:50:05	02:16:00.20	+00:48:10 (35.4%)	5:54	10.1 (64.3%)
73	DOCZEKALSKA Paulina	112	EBUDDOM	K30	11	00:50:04	02:16:41.35	+00:48:52 (35.8%)	5:56	10.1 (64.3%)
74	GRABOWSKA Joanna	225		K40	8	00:52:22	02:16:43.30	+00:48:54 (35.8%)	5:56	10.1 (64.3%)
75	ZAMIATOWSKA Kinga	318		K40	9	00:50:05	02:17:04.95	+00:49:15 (35.9%)	5:57	10.1 (64.3%)
76	ADASZAK Katarzyna	101	RUN PASJA	K30	12	00:51:08	02:17:23.30	+00:49:34 (36.1%)	5:58	10 (63.7%)
77	LACH Paweł	250		M30	27	00:54:17	02:17:39.35	+00:49:50 (36.2%)	5:59	10 (63.7%)
78	EISERT Edyta	219		K30	13	00:53:58	02:17:51.95	+00:50:02 (36.3%)	5:59	10 (63.7%)
79	ZAJAC Marcin	317		M40	18	00:57:07	02:18:42.75	+00:50:53 (36.7%)	6:01	9.9 (63.1%)
80	KRYSZTAŁ Marta	240		K30	14	00:53:59	02:19:01.60	+00:51:12 (36.8%)	6:02	9.9 (63.1%)
81	ANDRZEJEWSKI Ryszard	202		M60+	1	00:51:20	02:19:50.10	+00:52:00 (37.2%)	6:04	9.9 (63.1%)
82	SZTUBECKA Agnieszka	300		K40	10	00:51:18	02:19:54.95	+00:52:05 (37.2%)	6:05	9.9 (63.1%)
83	USS Aliksandr	306		M40	19	00:54:21	02:20:29.35	+00:52:40 (37.5%)	6:06	9.8 (62.4%)
84	SOKOŁOWSKA Adriana	287		K30	15	00:54:13	02:20:39.20	+00:52:49 (37.6%)	6:06	9.8 (62.4%)
85	WYKA Angelika	315		K30	16	00:54:12	02:20:39.45	+00:52:50 (37.6%)	6:06	9.8 (62.4%)
86	GACKOWSKI Michał	222		M40	20	00:54:13	02:21:09.85	+00:53:20 (37.8%)	6:08	9.8 (62.4%)
87	MROZEK Anna	261		K30	17	00:54:38	02:21:43.70	+00:53:54 (38.0%)	6:09	9.7 (61.8%)
88	RUPNIK Dominik	280		M20	9	01:02:47	02:21:52.85	+00:54:03 (38.1%)	6:10	9.7 (61.8%)
89	DĘBICKI Darek	216		M20	10	00:53:17	02:21:59.95	+00:54:10 (38.2%)	6:10	9.7 (61.8%)
90	RUCINSKA Magdalena	74		K20	2	00:54:59	02:23:01.85	+00:55:12 (38.6%)	6:13	9.6 (61.1%)
91	ZACHWIEJA Piotr	176		M30	28	00:55:01	02:23:04.50	+00:55:15 (38.6%)	6:13	9.6 (61.1%)
92	RAUT Wiesław	277		M60+	2	00:57:07	02:23:06.00	+00:55:16 (38.6%)	6:13	9.6 (61.1%)
93	KUBOWICZ Piotr	239		M50	2	00:58:00	02:23:25.20	+00:55:35 (38.8%)	6:14	9.6 (61.1%)
94	CHMARA Rafał	212		M40	21	00:49:00	02:23:27.65	+00:55:38 (38.8%)	6:14	9.6 (61.1%)
95	MAZUREK Piotr	259		M30	29	00:51:43	02:23:58.40	+00:56:09 (39.0%)	6:15	9.6 (61.1%)
96	GWIZD Michał	329		M30	30	00:51:43	02:23:59.20	+00:56:09 (39.0%)	6:15	9.6 (61.1%)
97	KOMAJDA Jarosław	117	SOLECCY BIEGACZE	M50	3	00:53:17	02:24:42.70	+00:56:53 (39.3%)	6:17	9.5 (60.5%)
98	MATUSZEWSKA Agnieszka	136	OSOVA RUN TEAM	K30	18	00:52:40	02:24:48.10	+00:56:58 (39.4%)	6:17	9.5 (60.5%)
99	LACH Bogumiła	251		K30	19	00:54:24	02:24:54.00	+00:57:04 (39.4%)	6:18	9.5 (60.5%)
100	KOPACZ Hanka	235		K30	20	00:52:42	02:25:22.45	+00:57:33 (39.6%)	6:19	9.5 (60.5%)
101	DZIAŁAK Marian	218		M60+	3	00:56:40	02:25:24.70	+00:57:35 (39.6%)	6:19	9.5 (60.5%)
102	SIEWERT Hanna	281		K30	21	00:55:45	02:26:15.55	+00:58:26 (40.0%)	6:21	9.4 (59.9%)
103	DUDA-RELIGA Ewelina	217		K40	11	00:53:43	02:26:39.00	+00:58:49 (40.1%)	6:22	9.4 (59.9%)
104	KUBALSKI Paweł	124	KOWALE TEAM	M30	31	00:54:33	02:27:06.25	+00:59:16 (40.3%)	6:23	9.4 (59.9%)
105	TRELA Jolanta	304		K30	22	00:57:20	02:27:49.15	+00:59:59 (40.6%)	6:25	9.3 (59.2%)
106	SKOWROŃSKI Marcin	162	VEGE RUNNERS SKĘPE	M40	22	00:54:02	02:27:51.25	+01:00:01 (40.6%)	6:25	9.3 (59.2%)
107	SZWARC Paweł	167	RUN BYDGOSZCZ	M30	32	00:54:25	02:27:56.05	+01:00:06 (40.6%)	6:25	9.3 (59.2%)
108	WITT Justyna	310		K30	23	00:59:09	02:28:45.50	+01:00:56 (41.0%)	6:28	9.3 (59.2%)
109	SŁODOWNIK Jarosław	284		M30	33	00:57:16	02:29:05.30	+01:01:16 (41.1%)	6:28	9.3 (59.2%)
110	STYKAŁA Adrianna	294		K20	3	00:54:35	02:29:50.30	+01:02:01 (41.4%)	6:30	9.2 (58.6%)
111	KOWALSKA Agnieszka	236		K30	24	00:56:48	02:29:54.15	+01:02:04 (41.4%)	6:31	9.2 (58.6%)
112	MARIANSKA Emilia	258		K40	12	00:56:11	02:35:11.30	+01:07:22 (43.4%)	6:44	8.9 (56.7%)
113	WRONA Klaudiusz	322		M-OPEN	1	00:57:31	02:36:36.90	+01:08:47 (43.9%)	6:48	8.8 (56.1%)
114	BORKOWSKA Paulina	209		K30	25	00:57:32	02:36:37.70	+01:08:48 (43.9%)	6:48	8.8 (56.1%)
115	SZAFKOWSKI Arek	295		M40	23	00:56:06	02:37:19.85	+01:09:30 (44.2%)	6:50	8.8 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
116	LIPIEC Katarzyna	338		K20	4	00:58:32	02:37:20.75	+01:09:31 (44.2%)	6:50	8.8 (56.1%)
117	CIESIÓŁKA Angelika	323		K30	26	00:58:58	02:37:53.55	+01:10:04 (44.4%)	6:51	8.7 (55.4%)
118	KALLAS-LIPSKA Anetta	34		K40	13	00:57:22	02:37:59.25	+01:10:09 (44.4%)	6:52	8.7 (55.4%)
119	RYDLEWSKI Marek	77	RUN BYDGOSZCZ	M40	24	00:57:24	02:38:01.45	+01:10:12 (44.4%)	6:52	8.7 (55.4%)
120	RYDLEWSKI Andrzej	158	RUN BYDGOSZCZ	M30	34	00:57:23	02:38:01.50	+01:10:12 (44.4%)	6:52	8.7 (55.4%)
121	WOJTYSIAK Dorota	314		K30	27	00:56:51	02:38:32.50	+01:10:43 (44.6%)	6:53	8.7 (55.4%)
122	LEPA-ROMAN Magdalena	254		K30	28	00:57:33	02:38:40.30	+01:10:51 (44.7%)	6:53	8.7 (55.4%)
123	OŻGA Agnieszka	267		K20	5	00:59:00	02:39:53.35	+01:12:04 (45.1%)	6:57	8.6 (54.8%)
124	JASINIECKI Wojciech	230		M30	35	00:58:33	02:41:05.45	+01:13:16 (45.5%)	7:00	8.6 (54.8%)
125	FARBOTKO Anna	220		K40	14	01:00:12	02:44:44.35	+01:16:55 (46.7%)	7:09	8.4 (53.5%)
126	GIŻA Wioletta	223		K30	29	01:01:52	02:45:28.75	+01:17:39 (46.9%)	7:11	8.3 (52.9%)
127	KUBCZAK-KOSICKA Anna	242		K40	15	01:02:02	02:46:01.75	+01:18:12 (47.1%)	7:13	8.3 (52.9%)
128	BRUSKA Małgorzata	321		K30	30	01:00:23	02:47:37.50	+01:19:48 (47.6%)	7:17	8.2 (52.2%)
129	RACIBORSKI Grzegorz	273		M30	36	00:58:48	02:48:19.55	+01:20:30 (47.8%)	7:19	8.2 (52.2%)
130	RUPNIK Janusz	76	KB MARATON TUREK	M40	25	01:04:12	02:53:15.55	+01:25:26 (49.3%)	7:32	8 (51.0%)
131	WAWRZYNIAK Marta	308		K20	6	00:59:59	02:53:21.85	+01:25:32 (49.3%)	7:32	8 (51.0%)
132	JANKOWSKA Ewelina	229		K20	7	01:05:53	03:01:38.95	+01:33:49 (51.7%)	7:53	7.6 (48.4%)
133	SZULIST Kazimierz	345		M30	37	01:05:05	03:01:48.10	+01:33:58 (51.7%)	7:54	7.6 (48.4%)
134	POBIEDZIŃSKI Robert	272		M20	11	01:03:51	03:02:09.35	+01:34:20 (51.8%)	7:55	7.6 (48.4%)
135	SROCZYŃSKA Marta	288		K20	8	01:03:52	03:02:09.65	+01:34:20 (51.8%)	7:55	7.6 (48.4%)
136	WOJDASIEWICZ Kasia	173		K40	16	01:02:44	03:02:18.45	+01:34:29 (51.8%)	7:55	7.6 (48.4%)
137	KUNKE Magdalena	248		K20	9	01:02:09	03:02:47.25	+01:34:57 (52.0%)	7:56	7.5 (47.8%)
138	RATAJ Maciej	153		M40	26	01:01:22	03:02:54.45	+01:35:05 (52.0%)	7:57	7.5 (47.8%)
139	CENTKOWSKA Ewelina	211		K30	31	01:10:07	03:15:58.90	+01:48:09 (55.2%)	8:31	7 (44.6%)
140	BORKOWSKA Ewa	106		K60+	1	01:13:56	03:24:07.00	+01:56:17 (57.0%)	8:52	6.8 (43.3%)

Znaleziono 140 wynik(ów)