

# MARATON PUSZCZY BYDGOSKIEJ 21+

B4SPORT

**Wydarzenie:**  
**Organizator:**

MARATON PUSZCZY BYDGOSKIEJ  
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Telejko bydgoscybiegacze.plbydgoscybiegacze.pl i  
Life+

**Data:**  
**Miejsce:**  
**Dystans:**

2017-10-01  
BYDGOSZCZ  
23 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
1	KOŚMIEJA Marcin	319		M30	1	00:34:03	<b>01:27:49.30</b>		3:49	15.7 (100%)
2	KĘDZIORSKI Krystian	232		M20	1	00:34:59	<b>01:33:07.60</b>	+00:05:18 (5.7%)	4:02	14.8 (94.3%)
3	MAŁECKI Jakub	256		M30	2	00:35:47	<b>01:33:14.15</b>	+00:05:24 (5.8%)	4:03	14.8 (94.3%)
4	KLUSKA Fabian	233		M20	2	00:35:49	<b>01:34:08.85</b>	+00:06:19 (6.7%)	4:05	14.7 (93.6%)
5	FLOREK Paweł	221		M30	3	00:36:17	<b>01:36:32.80</b>	+00:08:43 (9.0%)	4:11	14.3 (91.1%)
6	KOLMAJER Rafał	234		M30	4	00:35:56	<b>01:37:25.20</b>	+00:09:35 (9.9%)	4:14	14.2 (90.4%)
7	ŻAROŃ Maciej	350		M30	5	00:41:47	<b>01:45:10.75</b>	+00:17:21 (16.5%)	4:34	13.1 (83.4%)
8	JĘCEK Maciej	231		M30	6	00:39:27	<b>01:45:28.60</b>	+00:17:39 (16.7%)	4:35	13.1 (83.4%)
9	KUROWSKI Kamil	249		M30	7	00:38:40	<b>01:45:58.45</b>	+00:18:09 (17.1%)	4:36	13 (82.8%)
10	KOZIŃSKI Marek	237		M30	8	00:41:35	<b>01:48:02.65</b>	+00:20:13 (18.7%)	4:41	12.8 (81.5%)
11	OLSZYŃSKI Sebastian	266		M40	1	00:40:47	<b>01:48:52.75</b>	+00:21:03 (19.3%)	4:44	12.7 (80.9%)
12	KUŁAKOWSKI Krzysztof	247		M30	9	00:42:01	<b>01:48:54.70</b>	+00:21:05 (19.4%)	4:44	12.7 (80.9%)
13	BANACH Marcin	205		M30	10	00:42:22	<b>01:49:06.20</b>	+00:21:16 (19.5%)	4:44	12.6 (80.3%)
14	DĄBROWSKI Jarosław	214		M20	3	00:43:57	<b>01:50:02.15</b>	+00:22:12 (20.2%)	4:47	12.5 (79.6%)
15	SZYCHOWSKI Jarosław	168	TKKF KOLEJARZ BYDGOSZCZ	M30	11	00:42:11	<b>01:50:42.75</b>	+00:22:53 (20.7%)	4:48	12.5 (79.6%)
16	CIMACHOWSKI Jakub	213		M30	12	00:43:17	<b>01:51:37.45</b>	+00:23:48 (21.3%)	4:51	12.4 (79.0%)
17	BALCERZAK Krzysztof	204		M30	13	00:44:08	<b>01:51:37.55</b>	+00:23:48 (21.3%)	4:51	12.4 (79.0%)
18	KRÓL Rafał	123	EBUD-DOM	M30	14	00:44:13	<b>01:55:01.65</b>	+00:27:12 (23.7%)	5:00	12 (76.4%)
19	GOŁASZEWSKI Leszek	23		M40	2	00:43:50	<b>01:55:16.85</b>	+00:27:27 (23.8%)	5:00	12 (76.4%)
20	BRYMORA Andrzej	210		M40	3	00:44:26	<b>01:56:14.60</b>	+00:28:25 (24.5%)	5:03	11.9 (75.8%)
21	BILSKI Marcin	207		M30	15	00:43:53	<b>01:56:29.70</b>	+00:28:40 (24.6%)	5:03	11.8 (75.2%)
22	KUJAWA Piotr	243		M40	4	00:47:59	<b>01:57:23.05</b>	+00:29:33 (25.2%)	5:06	11.8 (75.2%)
23	OKOŃSKI Jarosław	264		M30	16	00:45:26	<b>01:57:27.45</b>	+00:29:38 (25.2%)	5:06	11.7 (74.5%)
24	STANUCHIEWICZ Oskar	85	HERCOG RUNNING TEAM	M40	5	00:45:23	<b>01:58:07.95</b>	+00:30:18 (25.7%)	5:08	11.7 (74.5%)
25	KRZYŻANOWSKI Robert	241		M40	6	00:44:11	<b>01:58:25.20</b>	+00:30:35 (25.8%)	5:08	11.7 (74.5%)
26	OLSZEWSKI Piotr	265		M20	4	00:45:01	<b>01:59:34.80</b>	+00:31:45 (26.6%)	5:11	11.5 (73.2%)
27	LEMAŃCZYK Zygmunt	253		M40	7	00:46:39	<b>02:00:49.70</b>	+00:33:00 (27.3%)	5:15	11.4 (72.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						Spike_All 9km	netto 23km			
28	WŁOCH Sylwester	327		M50	1	00:44:46	<b>02:02:08.75</b>	+00:34:19 (28.1%)	5:18	11.3 (72.0%)
29	KUJAWA Kamil	244		M30	17	00:45:40	<b>02:02:11.45</b>	+00:34:22 (28.1%)	5:18	11.3 (72.0%)
30	SZCZERBA Maciej	297		M40	8	00:45:42	<b>02:03:00.55</b>	+00:35:11 (28.6%)	5:20	11.2 (71.3%)
31	MROZEK Marcin	262		M30	18	00:47:34	<b>02:03:16.05</b>	+00:35:26 (28.8%)	5:21	11.2 (71.3%)
32	BARSZCZ Patryk	206		M20	5	00:47:02	<b>02:03:45.65</b>	+00:35:56 (29.0%)	5:22	11.2 (71.3%)
33	DĘBSKI Włodzimirz	344	RWT BYDGOSZCZ	M40	9	00:39:53	<b>02:04:37.50</b>	+00:36:48 (29.5%)	5:25	11.1 (70.7%)
34	ZAGOŹDZION Piotr	325		M40	10	00:47:42	<b>02:04:39.50</b>	+00:36:50 (29.6%)	5:25	11.1 (70.7%)
35	LIPSKI Krzysztof	48	ALLIANZ RUNNING TEAM	M40	11	00:50:02	<b>02:05:01.25</b>	+00:37:11 (29.8%)	5:26	11 (70.1%)
36	KONIECZNY Dawid	120		M20	6	00:49:03	<b>02:05:45.90</b>	+00:37:56 (30.2%)	5:28	11 (70.1%)
37	PAWŁOWSKI Robert	270		M40	12	00:46:52	<b>02:06:14.50</b>	+00:38:25 (30.4%)	5:29	10.9 (69.4%)
38	JAKUBOWSKI Paweł	115	SPC	M30	19	00:48:49	<b>02:06:23.20</b>	+00:38:33 (30.5%)	5:29	10.9 (69.4%)
39	JABŁOŃSKI Michał	228		M30	20	00:49:09	<b>02:06:49.00</b>	+00:38:59 (30.7%)	5:30	10.9 (69.4%)
40	GORGOL Tomasz	224		M30	21	00:47:35	<b>02:07:10.40</b>	+00:39:21 (30.9%)	5:31	10.9 (69.4%)
41	SKOPOWSKI Krzysztof	283		M40	13	00:48:40	<b>02:08:50.40</b>	+00:41:01 (31.8%)	5:36	10.7 (68.2%)
42	SMOLA Daniel	285		M40	14	00:48:33	<b>02:09:10.75</b>	+00:41:21 (32.0%)	5:37	10.7 (68.2%)
43	KUKAWKA Maciej	246		M30	22	00:47:31	<b>02:09:35.20</b>	+00:41:45 (32.2%)	5:38	10.6 (67.5%)
44	MARĆ Robert	134		M40	15	00:50:08	<b>02:11:46.55</b>	+00:43:57 (33.4%)	5:43	10.5 (66.9%)
45	STARSAK Paweł	289		M30	23	00:48:59	<b>02:12:53.70</b>	+00:45:04 (33.9%)	5:46	10.4 (66.2%)
46	GUŹDZICK Jarosław	177	SOLECCY BIEGACZE	M30	24	00:51:27	<b>02:13:30.85</b>	+00:45:41 (34.2%)	5:48	10.3 (65.6%)
47	TOMICZ Jakub	89	ADVENTURE GROUP CREX	M20	7	00:45:37	<b>02:13:40.35</b>	+00:45:51 (34.3%)	5:48	10.3 (65.6%)
48	SZTUBECKI Rafał	301		M40	16	00:51:05	<b>02:14:12.50</b>	+00:46:23 (34.6%)	5:50	10.3 (65.6%)
49	SUDOŁ Piotr	332		M30	25	00:50:46	<b>02:14:24.75</b>	+00:46:35 (34.7%)	5:50	10.3 (65.6%)
50	ANTKOWIAK Bartosz	203		M20	8	00:49:10	<b>02:14:29.10</b>	+00:46:39 (34.7%)	5:50	10.3 (65.6%)
51	LECHOWSKI Bartłomiej	252		M30	26	00:54:55	<b>02:15:32.85</b>	+00:47:43 (35.2%)	5:53	10.2 (65.0%)
52	WOJCIECHOWSKI Jarosław	312		M40	17	00:50:04	<b>02:15:59.60</b>	+00:48:10 (35.4%)	5:54	10.1 (64.3%)
53	LACH Paweł	250		M30	27	00:54:17	<b>02:17:39.35</b>	+00:49:50 (36.2%)	5:59	10 (63.7%)
54	ZAJAC Marcin	317		M40	18	00:57:07	<b>02:18:42.75</b>	+00:50:53 (36.7%)	6:01	9.9 (63.1%)
55	ANDRZEJEWSKI Ryszard	202		M60+	1	00:51:20	<b>02:19:50.10</b>	+00:52:00 (37.2%)	6:04	9.9 (63.1%)
56	USS Aliaksandr	306		M40	19	00:54:21	<b>02:20:29.35</b>	+00:52:40 (37.5%)	6:06	9.8 (62.4%)
57	GACKOWSKI Michał	222		M40	20	00:54:13	<b>02:21:09.85</b>	+00:53:20 (37.8%)	6:08	9.8 (62.4%)
58	RUPNIK Dominik	280		M20	9	01:02:47	<b>02:21:52.85</b>	+00:54:03 (38.1%)	6:10	9.7 (61.8%)
59	DĘBICKI Darek	216		M20	10	00:53:17	<b>02:21:59.95</b>	+00:54:10 (38.2%)	6:10	9.7 (61.8%)
60	ZACHWIEJA Piotr	176		M30	28	00:55:01	<b>02:23:04.50</b>	+00:55:15 (38.6%)	6:13	9.6 (61.1%)
61	RAUT Wiesław	277		M60+	2	00:57:07	<b>02:23:06.00</b>	+00:55:16 (38.6%)	6:13	9.6 (61.1%)
62	KUBOWICZ Piotr	239		M50	2	00:58:00	<b>02:23:25.20</b>	+00:55:35 (38.8%)	6:14	9.6 (61.1%)
63	CHMARA Rafał	212		M40	21	00:49:00	<b>02:23:27.65</b>	+00:55:38 (38.8%)	6:14	9.6 (61.1%)
64	MAZUREK Piotr	259		M30	29	00:51:43	<b>02:23:58.40</b>	+00:56:09 (39.0%)	6:15	9.6 (61.1%)
65	GWIZD Michał	329		M30	30	00:51:43	<b>02:23:59.20</b>	+00:56:09 (39.0%)	6:15	9.6 (61.1%)
66	KOMAJDA Jarosław	117	SOLECCY BIEGACZE	M50	3	00:53:17	<b>02:24:42.70</b>	+00:56:53 (39.3%)	6:17	9.5 (60.5%)
67	DZIAŁAK Marian	218		M60+	3	00:56:40	<b>02:25:24.70</b>	+00:57:35 (39.6%)	6:19	9.5 (60.5%)
68	KUBALSKI Paweł	124	KOWALE TEAM	M30	31	00:54:33	<b>02:27:06.25</b>	+00:59:16 (40.3%)	6:23	9.4 (59.9%)
69	SKOWROŃSKI Marcin	162	VEGE RUNNERS SKĘPE	M40	22	00:54:02	<b>02:27:51.25</b>	+01:00:01 (40.6%)	6:25	9.3 (59.2%)
70	SZWARC Paweł	167	RUN BYDGOSZCZ	M30	32	00:54:25	<b>02:27:56.05</b>	+01:00:06 (40.6%)	6:25	9.3 (59.2%)
71	SŁODOWNIK Jarosław	284		M30	33	00:57:16	<b>02:29:05.30</b>	+01:01:16 (41.1%)	6:28	9.3 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
72	<b>WRONA Klaudiusz</b>	<b>322</b>		M-OPEN	1	00:57:31	<b>02:36:36.90</b>	+01:08:47 (43.9%)	6:48	8.8 (56.1%)
73	<b>SZAFKOWSKI Arek</b>	<b>295</b>		M40	23	00:56:06	<b>02:37:19.85</b>	+01:09:30 (44.2%)	6:50	8.8 (56.1%)
74	<b>RYDLEWSKI Marek</b>	<b>77</b>	RUN BYDGOSZCZ	M40	24	00:57:24	<b>02:38:01.45</b>	+01:10:12 (44.4%)	6:52	8.7 (55.4%)
75	<b>RYDLEWSKI Andrzej</b>	<b>158</b>	RUN BYDGOSZCZ	M30	34	00:57:23	<b>02:38:01.50</b>	+01:10:12 (44.4%)	6:52	8.7 (55.4%)
76	<b>JASINIECKI Wojciech</b>	<b>230</b>		M30	35	00:58:33	<b>02:41:05.45</b>	+01:13:16 (45.5%)	7:00	8.6 (54.8%)
77	<b>RACIBORSKI Grzegorz</b>	<b>273</b>		M30	36	00:58:48	<b>02:48:19.55</b>	+01:20:30 (47.8%)	7:19	8.2 (52.2%)
78	<b>RUPNIK Janusz</b>	<b>76</b>	KB MARATON TUREK	M40	25	01:04:12	<b>02:53:15.55</b>	+01:25:26 (49.3%)	7:32	8 (51.0%)
79	<b>SZULIST Kazimierz</b>	<b>345</b>		M30	37	01:05:05	<b>03:01:48.10</b>	+01:33:58 (51.7%)	7:54	7.6 (48.4%)
80	<b>POBIEDZIŃSKI Robert</b>	<b>272</b>		M20	11	01:03:51	<b>03:02:09.35</b>	+01:34:20 (51.8%)	7:55	7.6 (48.4%)
81	<b>RATAJ Maciej</b>	<b>153</b>		M40	26	01:01:22	<b>03:02:54.45</b>	+01:35:05 (52.0%)	7:57	7.5 (47.8%)

Znaleziono 81 wynik(ów)