

# MARATON PUSZCZY BYDGOSKIEJ 42+

B4SPORT

**Wydarzenie:**  
**Organizator:**

MARATON PUSZCZY BYDGOSKIEJ  
Life+ Joanna Maciejewska-Błachewicz; Łukasz  
Telejko bydgoscycbiegacze.plbydgoscycbiegacze.pl i  
Life+

**Data:**  
**Miejsce:**  
**Dystans:**

2017-10-01  
BYDGOSZCZ  
44 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Start_All 23km	Spike_All 34km	Czas netto 44km	Różn	Tempo min/km	Tempo km/h
1	<b>KWIATKOWSKI Damian</b>	<b>127</b>	RUN BYDGOSZCZ	M20	1	00:37:10	01:40:04	02:35:21	<b>03:31:12.20</b>		4:48	12.5 (100%)
2	<b>BARTKOWSKI Mariusz</b>	<b>105</b>		M30	1	00:37:16	01:40:05	02:38:48	<b>03:33:49.30</b>	+00:02:37 (1.2%)	4:51	12.3 (98.4%)
3	<b>GOŚCINIAK Michał</b>	<b>24</b>	3GRAVITY	M30	2	00:36:17	01:38:05	02:35:28	<b>03:33:54.40</b>	+00:02:42 (1.3%)	4:51	12.3 (98.4%)
4	<b>HOŁTYN Patryk</b>	<b>227</b>		M20	2	00:38:25	01:42:21	02:43:09	<b>03:38:57.50</b>	+00:07:45 (3.5%)	4:58	12.1 (96.8%)
5	<b>ŻAROŃ Sławomir</b>	<b>178</b>	EBUD-DOM	M50	1	00:41:35	01:46:21	02:43:31	<b>03:40:03.55</b>	+00:08:51 (4.0%)	5:00	12 (96.0%)
6	<b>TESSA Karol</b>	<b>169</b>	BFM	M30	3	00:45:19	01:56:30	02:56:14	<b>03:47:49.30</b>	+00:16:37 (7.3%)	5:10	11.6 (92.8%)
7	<b>SIERACKI Krzysztof</b>	<b>79</b>	ALTERNATYWA RUN TEAM	M30	4	00:41:33	01:52:41	03:00:33	<b>04:07:13.45</b>	+00:36:01 (14.6%)	5:37	10.7 (85.6%)
8	<b>KARWOWSKI Michał</b>	<b>118</b>	EPOKA NORDICA ŁÓDŹ	M30	5	00:46:15	02:04:09	03:13:04	<b>04:08:10.30</b>	+00:36:58 (14.9%)	5:38	10.6 (84.8%)
9	<b>GÓRSKI Krzysztof</b>	<b>27</b>	BIEGOWI ZAJAWKOWICZE	M40	1	00:42:11	01:50:43	03:00:51	<b>04:11:34.00</b>	+00:40:21 (16.0%)	5:43	10.5 (84.0%)
10	<b>RÓŻYCKI Edward</b>	<b>341</b>	MUKS TORNADO	M60+	1	00:50:26	02:07:04	03:10:41	<b>04:12:11.35</b>	+00:40:59 (16.3%)	5:43	10.5 (84.0%)
11	<b>RADTKE Arkadiusz</b>	<b>151</b>		M20	3	00:49:54	02:10:09	03:19:25	<b>04:13:57.65</b>	+00:42:45 (16.8%)	5:46	10.4 (83.2%)
12	<b>PACUSZKA Krzysztof</b>	<b>145</b>	ŁUBUDUBU	M40	2	00:44:50	01:59:20	03:09:27	<b>04:15:29.55</b>	+00:44:17 (17.3%)	5:48	10.3 (82.4%)
13	<b>ADAMCZYK Maciej</b>	<b>201</b>		M30	6	00:50:15	02:08:43	03:17:22	<b>04:16:31.40</b>	+00:45:19 (17.7%)	5:49	10.3 (82.4%)
14	<b>ANDRZEJEWSKI Paweł</b>	<b>102</b>	REBELLION OF FREE RUNNERS	M30	7	00:52:05	02:07:48	03:17:09	<b>04:18:30.45</b>	+00:47:18 (18.3%)	5:52	10.2 (81.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Start_All 23km	Spike_All 34km	Czas		Tempo min/km	Tempo km/h
									netto 44km	Różn		
15	<b>DĄBROWSKI Bartosz</b>	<b>109</b>		M30	8	00:49:54	02:08:07	03:15:30	<b>04:19:38.60</b>	+00:48:26 (18.7%)	5:54	10.2 (81.6%)
16	<b>WODEJKO Artur</b>	<b>172</b>	TBKM WILK SOLEC KUJAWSKI	M40	3	00:48:57	02:06:31	03:21:00	<b>04:22:00.85</b>	+00:50:48 (19.4%)	5:57	10.1 (80.8%)
17	<b>POLAK Krzysztof</b>	<b>148</b>		M40	4	00:52:21	02:07:57	03:16:01	<b>04:23:46.75</b>	+00:52:34 (19.9%)	5:59	10 (80.0%)
18	<b>DĄBKOWSKI Maciej</b>	<b>108</b>		M40	5	00:51:21	02:13:33	03:23:28	<b>04:24:12.25</b>	+00:53:00 (20.1%)	6:00	10 (80.0%)
19	<b>OLEŚ Daniel</b>	<b>63</b>	SEALED AIR	M20	4	00:52:31	02:10:31	03:19:54	<b>04:24:30.85</b>	+00:53:18 (20.2%)	6:00	10 (80.0%)
20	<b>GŁÓD Arkadiusz</b>	<b>324</b>		M40	6	00:45:39	02:02:31	03:18:38	<b>04:24:42.30</b>	+00:53:30 (20.2%)	6:00	10 (80.0%)
21	<b>TOCZKIEWICZ Piotr</b>	<b>170</b>		M40	7	00:50:22	02:09:44	03:24:12	<b>04:24:51.30</b>	+00:53:39 (20.3%)	6:01	10 (80.0%)
22	<b>OLEJNICZAK Tomasz</b>	<b>144</b>	TEAM EXREF	M30	9	00:45:23	02:01:11	03:21:13	<b>04:29:32.90</b>	+00:58:20 (21.6%)	6:07	9.8 (78.4%)
23	<b>RUDOL Sebastian</b>	<b>278</b>		M40	8	00:50:00	02:09:49	03:26:39	<b>04:33:36.60</b>	+01:02:24 (22.8%)	6:13	9.6 (76.8%)
24	<b>NAPIERAŁA Tomasz</b>	<b>141</b>		M30	10	00:51:59	02:11:12	03:30:46	<b>04:36:29.85</b>	+01:05:17 (23.6%)	6:17	9.5 (76.0%)
25	<b>KOWALSKI Paweł</b>	<b>121</b>	KOWALE TEAM	M40	9	00:52:21	02:14:37	03:32:20	<b>04:36:31.65</b>	+01:05:19 (23.6%)	6:17	9.5 (76.0%)
26	<b>URBAŃSKI Mariusz</b>	<b>92</b>		M40	10	00:55:07	02:18:05	03:32:54	<b>04:36:50.65</b>	+01:05:38 (23.7%)	6:17	9.5 (76.0%)
27	<b>BUTRYM Piotr</b>	<b>8</b>		M30	11	00:49:48	02:10:49	03:30:21	<b>04:39:38.90</b>	+01:08:26 (24.5%)	6:21	9.4 (75.2%)
28	<b>SZKUTA Jarosław</b>	<b>298</b>		M30	12	00:51:16	02:11:45	03:39:44	<b>04:41:25.00</b>	+01:10:12 (24.9%)	6:23	9.4 (75.2%)
29	<b>MUSZYŃSKI Krzysztof</b>	<b>55</b>	OJ TAM OJ TAM RUN...	M40	11	00:53:51	02:18:02	03:32:54	<b>04:43:12.60</b>	+01:12:00 (25.4%)	6:26	9.3 (74.4%)
30	<b>JUREK Sławomir</b>	<b>33</b>	FUNDACJA HORYZONT	M40	12	00:54:55	02:19:19	03:36:06	<b>04:43:42.30</b>	+01:12:30 (25.6%)	6:26	9.3 (74.4%)
31	<b>RADTKE Robert</b>	<b>150</b>		M40	13	00:49:55	02:10:10	03:24:09	<b>04:44:06.90</b>	+01:12:54 (25.7%)	6:27	9.3 (74.4%)
32	<b>NEUFELD Marcin</b>	<b>57</b>	INTEL RUNNERS	M30	13	00:50:26	02:10:42	03:27:37	<b>04:45:08.20</b>	+01:13:56 (25.9%)	6:28	9.3 (74.4%)
33	<b>ANZEL Dawid</b>	<b>104</b>	KURZĘTNIK BIEGA	M20	5	00:52:42	02:12:12	03:25:08	<b>04:46:51.10</b>	+01:15:38 (26.4%)	6:31	9.2 (73.6%)
34	<b>ŁOŚ Piotr</b>	<b>132</b>		M40	14	00:47:35	02:08:49	03:30:54	<b>04:49:15.85</b>	+01:18:03 (27.0%)	6:34	9.1 (72.8%)
35	<b>KUBIAK Rafał</b>	<b>125</b>	SOLECCY BIEGACZE	M40	15	00:51:22	02:13:33	03:32:09	<b>04:51:33.70</b>	+01:20:21 (27.6%)	6:37	9.1 (72.8%)
36	<b>MAJTKOWSKI Marcin</b>	<b>133</b>		M30	14	00:52:56	02:19:31	03:40:40	<b>04:52:23.20</b>	+01:21:11 (27.8%)	6:38	9 (72.0%)
37	<b>NAPIÓRSKI Maciej</b>	<b>142</b>		M30	15	00:55:28	02:21:28	03:44:57	<b>04:57:05.65</b>	+01:25:53 (28.9%)	6:45	8.9 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Start_All 23km	Spike_All 34km	Czas netto 44km	Różn	Tempo min/km	Tempo km/h
38	<b>PODKÓWKA Zbigniew</b>	<b>147</b>		M50	2	00:55:18	02:26:29	03:47:22	<b>04:58:32.85</b>	+01:27:20 (29.3%)	6:47	8.8 (70.4%)
39	<b>FRYDRYCH Tomasz</b>	<b>17</b>	ZAGNAŃSK BIEGA/ KKL	M20	6	00:50:54	02:16:22	03:31:52	<b>04:59:53.00</b>	+01:28:40 (29.6%)	6:48	8.8 (70.4%)
40	<b>JANISZEWSKI Jakub</b>	<b>116</b>		M40	16	00:48:28	02:08:55	03:37:52	<b>05:02:11.45</b>	+01:30:59 (30.1%)	6:52	8.7 (69.6%)
41	<b>ANGLART Roman</b>	<b>103</b>	PARKRUN BYDGOSZCZ	M50	3	00:53:17	02:22:01	03:54:57	<b>05:19:56.65</b>	+01:48:44 (34.0%)	7:16	8.3 (66.4%)
42	<b>SOSZYŃSKI Wojtek</b>	<b>83</b>	PZU SPORT TEAM	M40	17	00:55:48	02:26:37	04:00:23	<b>05:20:11.65</b>	+01:48:59 (34.0%)	7:16	8.2 (65.6%)
43	<b>KITKOWSKI Piotr</b>	<b>119</b>		M40	18	00:55:13	02:24:53	03:47:50	<b>05:22:05.75</b>	+01:50:53 (34.4%)	7:19	8.2 (65.6%)
44	<b>WNUCZYŃSKI Andrzej</b>	<b>96</b>	ORANGE POLSKA	M40	19	00:53:12	02:17:55	03:52:56	<b>05:24:11.25</b>	+01:52:59 (34.9%)	7:22	8.1 (64.8%)
45	<b>KLIMEK Paweł</b>	<b>38</b>		M20	7	00:51:54	02:18:12	03:56:06	<b>05:28:40.85</b>	+01:57:28 (35.7%)	7:28	8 (64.0%)
46	<b>SZARAFIŃSKI Rafał</b>	<b>86</b>		M30	16	00:58:13	02:31:32	04:07:09	<b>05:31:52.00</b>	+02:00:39 (36.4%)	7:32	8 (64.0%)
47	<b>KOŚCIELAK Maciej</b>	<b>41</b>	ŻANDARMI Z BYDGOSZCZY	M30	17	00:58:13	02:31:31	04:03:53	<b>05:31:52.10</b>	+02:00:39 (36.4%)	7:32	8 (64.0%)
48	<b>RATAJCZAK Krzysztof</b>	<b>154</b>		M40	20	00:49:28	02:08:35	03:47:47	<b>05:33:43.85</b>	+02:02:31 (36.7%)	7:35	7.9 (63.2%)
49	<b>WIATR Robert</b>	<b>94</b>	TASAK TEAM	M30	18	00:53:24	02:27:52	04:03:39	<b>05:35:02.45</b>	+02:03:50 (37.0%)	7:36	7.9 (63.2%)
50	<b>LIPIEC Daniel</b>	<b>130</b>		M20	8	00:58:33	02:37:21	04:10:01	<b>05:39:05.90</b>	+02:07:53 (37.7%)	7:42	7.8 (62.4%)
51	<b>RYBACKI Filip</b>	<b>157</b>	PRZYJACIELE KARATE TSUNAMI	M40	21	00:59:46	02:37:23	04:16:47	<b>05:40:48.00</b>	+02:09:35 (38.0%)	7:44	7.7 (61.6%)
52	<b>SEWINA Dominik</b>	<b>161</b>	PRZYJACIELE KARATE TSUNAMI	M30	19	00:59:46	02:37:23	04:16:53	<b>05:40:48.05</b>	+02:09:35 (38.0%)	7:44	7.7 (61.6%)
53	<b>STYCZYŃSKI Łukasz</b>	<b>165</b>	NETTO KOPYTKOWO TEAM	M30	20	00:56:18	02:31:13	04:21:04	<b>05:58:32.05</b>	+02:27:19 (41.1%)	8:08	7.4 (59.2%)
54	<b>RAKOWSKI Piotr</b>	<b>328</b>	BYYDGOSKIE KOŁO REGIONALNE STOWARZYSZENIA „ŻANDARMER”	M60+	2	00:54:41	02:31:22	04:27:14	<b>06:05:33.10</b>	+02:34:20 (42.2%)	8:18	7.2 (57.6%)
55	<b>MENCFEL Andrzej</b>	<b>137</b>	PRZYJACIELE KARATE TSUNAMI	M40	22	00:59:48	02:39:17	04:32:18	<b>06:11:06.30</b>	+02:39:54 (43.1%)	8:26	7.1 (56.8%)
56	<b>DOBREK Wojtek</b>	<b>111</b>	WIECZORNE BIEGANIE W SZCZECINIE	M50	4	00:54:56	02:34:43	04:30:46	<b>06:22:04.40</b>	+02:50:52 (44.7%)	8:41	6.9 (55.2%)
57	<b>CEJKO Sławomir</b>	<b>9</b>	DRUŻYNA JEZUSA	M40	23	01:03:50	02:51:17	04:46:17	<b>06:26:03.65</b>	+02:54:51 (45.3%)	8:46	6.8 (54.4%)
58	<b>ŻYDENKO Sławomir</b>	<b>179</b>		M40	24	01:06:28	02:56:56	04:54:59	<b>06:32:48.70</b>	+03:01:36 (46.2%)	8:55	6.7 (53.6%)
59	<b>KASZKUR Tomasz</b>	<b>35</b>	TRICITY ULTRA	M40	25	01:03:14	02:56:27	05:01:24	<b>06:45:00.20</b>	+03:13:48 (47.9%)	9:12	6.5 (52.0%)