

MARSZ CHARYTATYWNY NW - 3 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Bieg Charytatywny
Organizator: Stowarzyszenie 600 lecia Miasta Krajenka
Data: 2024-09-21
Miejsce: Krajenka
Dystans: 3 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 3km	Różn	Tempo min/km	Tempo km/h
1	DEJA Wojciech	159		OPEN -M	1	00:19:00.33		6:20	9.5 (100%)
2	PUZON Marta	183		OPEN -K	1	00:21:32.62	+00:02:32 (11.8%)	7:10	8.4 (88.4%)
3	SERÓWKA Lidia	187	KS NORDIC WALKING PIŁA	OPEN -K	2	00:21:33.02	+00:02:32 (11.8%)	7:11	8.4 (88.4%)
4	SZCZYGIEŁ Sławomir	194		OPEN -M	2	00:22:06.41	+00:03:06 (14.0%)	7:22	8.1 (85.3%)
5	BINGER Aneta	153		OPEN -K	3	00:22:20.20	+00:03:19 (14.9%)	7:26	8.1 (85.3%)
6	LENARTOWICZ Stanisław	168		OPEN -M	3	00:22:29.84	+00:03:29 (15.5%)	7:29	8 (84.2%)
7	STĘPIEŃ Marcin	190		OPEN -M	4	00:22:47.33	+00:03:47 (16.6%)	7:35	7.9 (83.2%)
8	CIENKOSZ Leopold	155		OPEN -M	5	00:23:18.47	+00:04:18 (18.5%)	7:46	7.7 (81.1%)
9	MUĆKA Marta	177		OPEN -K	4	00:23:26.30	+00:04:25 (18.9%)	7:48	7.7 (81.1%)
10	HOPA Małgorzata	164		OPEN -K	5	00:23:38.60	+00:04:38 (19.6%)	7:52	7.6 (80.0%)
11	JASIEK Ewa	143		OPEN -K	6	00:24:08.50	+00:05:08 (21.3%)	8:02	7.5 (78.9%)
12	ADAMCZAK Krystyna	151		OPEN -K	7	00:24:20.80	+00:05:20 (21.9%)	8:06	7.4 (77.9%)
13	DOMRZALSKI Łukasz	160		OPEN -M	6	00:25:26.83	+00:06:26 (25.3%)	8:28	7.1 (74.7%)
14	MICHALSKA Stefania	172		OPEN -K	8	00:25:38.88	+00:06:38 (25.9%)	8:32	7 (73.7%)
15	GRAJ-KONAK Renata	163		OPEN -K	9	00:25:40.36	+00:06:40 (26.0%)	8:33	7 (73.7%)
16	MARTIN Urszula	146		OPEN -K	10	00:26:03.23	+00:07:02 (27.1%)	8:41	6.9 (72.6%)
17	STOLARCZYK Henryk	191		OPEN -M	7	00:26:18.37	+00:07:18 (27.8%)	8:46	6.8 (71.6%)
18	WIDURSKA Agnieszka	199		OPEN -K	11	00:26:41.91	+00:07:41 (28.8%)	8:53	6.7 (70.5%)
19	GRYCZKA Agnieszka	200		OPEN -K	12	00:26:49.92	+00:07:49 (29.2%)	8:56	6.7 (70.5%)
20	SMOLARZ Agnieszka	54		OPEN -K	13	00:27:15.93	+00:08:15 (30.3%)	9:05	6.6 (69.5%)
21	GABRIELA Grzesik	161		OPEN -K	14	00:27:16.90	+00:08:16 (30.3%)	9:05	6.6 (69.5%)
22	JURECZKO Anna	165		OPEN -K	15	00:27:26.49	+00:08:26 (30.7%)	9:08	6.6 (69.5%)
23	KUROWSKA Halina	137		OPEN -K	16	00:27:36.43	+00:08:36 (31.2%)	9:12	6.5 (68.4%)
24	CUPER Alicja	156		OPEN -K	17	00:27:37.00	+00:08:36 (31.2%)	9:12	6.5 (68.4%)
25	BATOR Magdalena	152		OPEN -K	18	00:27:44.69	+00:08:44 (31.5%)	9:14	6.5 (68.4%)
26	RUTKOWSKA Monika	184		OPEN -K	19	00:27:44.75	+00:08:44 (31.5%)	9:14	6.5 (68.4%)

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27	STASIAK Małgorzata	189		OPEN -K	20	00:28:12.00	+00:09:11 (32.6%)	9:24	6.4 (67.4%)
28	RUTKOWSKA MICHALSKA Sonia	185		OPEN -K	21	00:28:18.45	+00:09:18 (32.9%)	9:26	6.4 (67.4%)
29	SMODIS Agnieszka	188		OPEN -K	22	00:28:21.34	+00:09:21 (33.0%)	9:27	6.3 (66.3%)
30	GÓRECKA Natalia	162		OPEN -K	23	00:28:27.88	+00:09:27 (33.2%)	9:29	6.3 (66.3%)
31	MICHALSKI Krzysztof	173		OPEN -M	8	00:28:37.07	+00:09:36 (33.6%)	9:32	6.3 (66.3%)
32	CZAPOWSKA Julita	158		OPEN -K	24	00:28:55.42	+00:09:55 (34.3%)	9:38	6.2 (65.3%)
33	RUTKOWSKA Jolanta	198		OPEN -K	25	00:29:03.95	+00:10:03 (34.6%)	9:41	6.2 (65.3%)
34	MARCINIAK Natalia	139		OPEN -K	26	00:29:35.25	+00:10:34 (35.8%)	9:51	6.1 (64.2%)
35	MARCINIAK Aleksandra	171		OPEN -K	27	00:29:35.30	+00:10:34 (35.8%)	9:51	6.1 (64.2%)
36	WOLSKA Beata	138		OPEN -K	28	00:29:36.01	+00:10:35 (35.8%)	9:52	6.1 (64.2%)
37	STOLARCZYK Zbigniew	192		OPEN -M	9	00:29:57.33	+00:10:57 (36.6%)	9:59	6 (63.2%)
38	SPYCHALSKA Joanna	145		OPEN -K	29	00:30:02.01	+00:11:01 (36.7%)	10:00	6 (63.2%)
39	MAKAREWICZ-KARPIŃSKA Adrianna	170		OPEN -K	30	00:30:16.09	+00:11:15 (37.2%)	10:05	5.9 (62.1%)
40	BONDOS Karolina	154		OPEN -K	31	00:30:26.11	+00:11:25 (37.6%)	10:08	5.9 (62.1%)
41	WÓJTOWICZ Angelika	195		OPEN -K	32	00:30:29.57	+00:11:29 (37.7%)	10:09	5.9 (62.1%)
42	MOKRZYCKA Paulina	175		OPEN -K	33	00:30:30.06	+00:11:29 (37.7%)	10:10	5.9 (62.1%)
43	SZULOWSKA Sylwia	186		OPEN -K	34	00:32:19.52	+00:13:19 (41.2%)	10:46	5.6 (58.9%)
44	MUCHA Beata	176		OPEN -K	35	00:32:28.51	+00:13:28 (41.5%)	10:49	5.5 (57.9%)
45	ZGARDA Marta	197		OPEN -K	36	00:32:29.47	+00:13:29 (41.5%)	10:49	5.5 (57.9%)
46	ŁOBODA Nicole	169		OPEN -K	37	00:32:36.97	+00:13:36 (41.7%)	10:52	5.5 (57.9%)
47	MICHALSKI Andrzej	174		OPEN -M	10	00:33:08.95	+00:14:08 (42.7%)	11:02	5.4 (56.8%)
48	KARPIŃSKA Anna	166		OPEN -K	38	00:33:27.63	+00:14:27 (43.2%)	11:09	5.4 (56.8%)
49	ZIEMIŃSKA Kamila	149		OPEN -K	39	00:35:08.46	+00:16:08 (45.9%)	11:42	5.1 (53.7%)

Znaleziono 49 wynik(ów)