

MARSZ NIEPODLEGŁOŚCI NW OKONEK - 5KM

B4SPORT

Wydarzenie: Bieg Niepodległości Okonek - 03.11.2018r
Organizator: Gmina Okonek
Data: 2018-11-03
Miejsce: Okonek
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	WOROCH Roman	283	POLKOWICE	M-Open	1	00:30:37.13		6:07	9.8 (100%)
2	FRĄCKOWIAK Roman	260		M-Open	2	00:31:12.63	+00:00:35 (1.9%)	6:14	9.6 (98.0%)
3	LENARTOWICZ Stanisław	292		M-Open	3	00:31:16.97	+00:00:39 (2.1%)	6:15	9.6 (98.0%)
4	DEJA Wojciech	256		M-Open	4	00:31:18.83	+00:00:41 (2.2%)	6:15	9.6 (98.0%)
5	PYREK Krzysztof	275	1 RBLOG	M-Open	5	00:31:26.00	+00:00:48 (2.6%)	6:17	9.5 (96.9%)
6	OKRZESIK-FRĄCKOWIAK Izabela	272		K-Open	1	00:33:36.69	+00:02:59 (8.9%)	6:43	8.9 (90.8%)
7	RAKOWSKA Justyna	276	NORDIC WALKING SZCZECINEK	K-Open	2	00:35:01.59	+00:04:24 (12.6%)	7:00	8.6 (87.8%)
8	KĘPA Andrzej	262	FAMILY TEAM	M-Open	6	00:35:02.38	+00:04:25 (12.6%)	7:00	8.6 (87.8%)
9	BERCZYŃSKI Henryk	252	NADLEŚNICTWO OKONEK	M-Open	7	00:36:41.13	+00:06:03 (16.5%)	7:20	8.2 (83.7%)
10	NEWSKA Edyta	245	TEAM RUN GOŁAŃCZ	K-Open	3	00:37:11.18	+00:06:34 (17.7%)	7:26	8.1 (82.7%)
11	KOCHANOWSKA Anna	264		K-Open	4	00:38:15.09	+00:07:37 (20.0%)	7:39	7.8 (79.6%)
12	BORATYNSKA Iwona	253		K-Open	5	00:38:33.29	+00:07:56 (20.6%)	7:42	7.8 (79.6%)
13	JURJIEWICZ Małgorzata	251		K-Open	6	00:39:01.59	+00:08:24 (21.5%)	7:48	7.7 (78.6%)
14	SKOWROŃSKA-ŁOPIŃSKA Genowefa	278	SAILING TEAM FERAJNA	K-Open	7	00:39:12.02	+00:08:34 (21.9%)	7:50	7.7 (78.6%)
15	KRYŚKIEWICZ Janina	268		K-Open	8	00:40:38.32	+00:10:01 (24.7%)	8:07	7.4 (75.5%)
16	SZKARŁAT Magdalena	281		K-Open	9	00:40:41.91	+00:10:04 (24.8%)	8:08	7.4 (75.5%)
17	PAWLICZUK Teresa	274		K-Open	10	00:41:12.48	+00:10:35 (25.7%)	8:14	7.3 (74.5%)
18	KOWALSKI Mirosław	267		M-Open	8	00:42:02.91	+00:11:25 (27.2%)	8:24	7.1 (72.4%)
19	WOROCH Jolanta	284	DOPIEWO	K-Open	11	00:42:09.55	+00:11:32 (27.4%)	8:26	7.1 (72.4%)
20	LISZEWSKA Justyna	333		K-Open	12	00:42:11.49	+00:11:34 (27.4%)	8:26	7.1 (72.4%)
21	KOWALCZUK Aleksandra	266	KIJOWE SIOSTRY	K-Open	13	00:42:54.54	+00:12:17 (28.6%)	8:35	7 (71.4%)
22	ŚWITON-MUCHOWSKA Maria	282		K-Open	14	00:43:01.10	+00:12:23 (28.8%)	8:36	7 (71.4%)
23	RAMUTKOWSKA Dominika	277		K-Open	15	00:43:13.51	+00:12:36 (29.2%)	8:38	6.9 (70.4%)
24	DENESZEWSKA Halina	257		K-Open	16	00:43:32.36	+00:12:55 (29.7%)	8:42	6.9 (70.4%)
25	KOWALCZUK Maria	265	KIJOWE SIOSTRY	K-Open	17	00:44:17.94	+00:13:40 (30.9%)	8:51	6.8 (69.4%)
26	CZEKAŁA Jan	255		M-Open	9	00:44:18.50	+00:13:41 (30.9%)	8:51	6.8 (69.4%)
27	BOROWIAK Elżbieta	254		K-Open	18	00:44:25.36	+00:13:48 (31.1%)	8:53	6.8 (69.4%)

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28	ZIĘBA Halina	286		K-Open	19	00:44:49.30	+00:14:12 (31.7%)	8:57	6.7 (68.4%)
29	NOWAK Urszula	271	TRIAMATOR EWELINA NOWAK	K-Open	20	00:45:08.83	+00:14:31 (32.2%)	9:01	6.6 (67.3%)
30	KĘPA Anna	263	WKPTTK HUSARIA CZARNE	K-Open	21	00:45:46.59	+00:15:09 (33.1%)	9:09	6.6 (67.3%)
31	KACZMARSKA Marzena	261	WK PTTK HUSARIA CZARNE	K-Open	22	00:45:46.95	+00:15:09 (33.1%)	9:09	6.6 (67.3%)
32	NIWIŃSKA Jolanta	270	WK PTTK HUSARIA CZARNE	K-Open	23	00:45:48.08	+00:15:10 (33.1%)	9:09	6.6 (67.3%)
33	WRONA Jolanta	285	PSEUDOBIEGACZKI	K-Open	24	00:46:38.12	+00:16:00 (34.3%)	9:19	6.4 (65.3%)
34	FISZER Marzena	103		K-Open	25	00:46:38.66	+00:16:01 (34.4%)	9:19	6.4 (65.3%)
35	FIURST-STECENKO Irena	259	TUPTAJĄCE HIPCIE	K-Open	26	00:46:58.02	+00:16:20 (34.8%)	9:23	6.4 (65.3%)
36	JADWIŻYC Izabela	227		K-Open	27	00:50:13.94	+00:19:36 (39.0%)	10:02	6 (61.2%)
37	FIURST Marcin	258	TUPTAJĄCE HIPCIE	M-Open	10	00:57:46.29	+00:27:09 (47.0%)	11:33	5.2 (53.1%)

Znaleziono 37 wynik(ów)