



**Organiser:** Burmistrz Okonka  
**Date:** 2016-11-06  
**Place:** Okonek  
**Distance:** 5 km

## MARSZ NORDIC WALKING - OKONEK - 5KM

B4SPORT



Classification: K-OPEN

Place	Participant	Number	Club	Category	MCat	Start time	Bike_All 2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	JANECKA Agnieszka	180		K-OPEN	1	00:02:05	00:18:55	00:37:58.10	00:40:04.05		7:35	7.9 (100%)
2	STRZELECKA Małgorzata	190	SAILING TEAM FERAJNA	K-OPEN	2	00:02:06	00:19:35	00:38:16.95	00:40:23.30	+00:00:18 (0.8%)	7:39	7.8 (98.7%)
3	BONZEL Dorota	175	KLUB SZALONEJ DOROTKI	K-OPEN	3	00:02:06	00:19:34	00:38:50.90	00:40:56.95	+00:00:52 (2.3%)	7:46	7.7 (97.5%)
4	JASOŃ Grażyna	201	CZARNE PANTERY	K-OPEN	4	00:02:05	00:19:49	00:38:58.10	00:41:03.75	+00:01:00 (2.6%)	7:47	7.7 (97.5%)
5	WOROCH Jolanta	196		K-OPEN	5	00:02:06	00:19:39	00:39:22.60	00:41:29.15	+00:01:24 (3.6%)	7:52	7.6 (96.2%)
6	CZAJA Aneta	177	JEZIORKI AKTYWNA WIEŚ	K-OPEN	6	00:02:07	00:20:03	00:39:25.30	00:41:32.80	+00:01:27 (3.7%)	7:53	7.6 (96.2%)
7	PROZOROWICZ-ZABROCKA Katarzyna	189		K-OPEN	7	00:02:05	00:20:33	00:40:40.25	00:42:45.95	+00:02:42 (6.6%)	8:08	7.4 (93.7%)
8	SZYCKO Oliwia	199		K-OPEN	8	00:02:08	00:20:55	00:41:58.30	00:44:06.65	+00:04:00 (9.5%)	8:23	7.1 (89.9%)
9	SZOT Krystyna	192		K-OPEN	9	00:02:07	00:21:14	00:42:48.90	00:44:56.35	+00:04:50 (11.3%)	8:33	7 (88.6%)
10	CHODOR Maria	176		K-OPEN	10	00:02:07	00:21:36	00:43:02.85	00:45:10.10	+00:05:04 (11.8%)	8:36	7 (88.6%)
11	KOWALCZUK Maria	185		K-OPEN	11	00:02:06	00:22:03	00:43:07.20	00:45:13.85	+00:05:09 (11.9%)	8:37	7 (88.6%)
12	ABRAMOWICZ Ewa	171		K-OPEN	12	00:02:06	00:22:03	00:43:07.50	00:45:13.55	+00:05:09 (12.0%)	8:37	7 (88.6%)
13	SYKUTERA-ŚWIERCZYŃSKA Katarzyna Anna	191	SAILING TEAM FERAJNA	K-OPEN	13	00:02:08	00:22:27	00:44:02.35	00:46:11.00	+00:06:04 (13.8%)	8:48	6.8 (86.1%)
14	BŁASZCZYK Katarzyna	174	KIJANKI POZNAŃ	K-OPEN	14	00:02:09	00:23:21	00:44:51.90	00:47:01.80	+00:06:53 (15.4%)	8:58	6.7 (84.8%)

Place	Participant	Number	Club	Category	MCat	Start time	Bike_All 2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
15	<b>MIKITIUK Beata</b>	<b>188</b>		K-OPEN	15	00:02:08	00:23:26	<b>00:45:13.60</b>	<b>00:47:22.25</b>	+00:07:15 (16.0%)	9:02	6.6 (83.5%)
16	<b>KĄCKOWSKA Beata</b>	<b>182</b>	JEZIORKI - AKTYWNA WIEŚ	K-OPEN	16	00:02:07	00:23:22	<b>00:46:50.20</b>	<b>00:48:57.65</b>	+00:08:52 (18.9%)	9:22	6.4 (81.0%)
17	<b>CZAJA Agnieszka</b>	<b>178</b>	JEZIORKI AKTYWNA WIEŚ	K-OPEN	17	00:02:06	00:23:23	<b>00:46:51.25</b>	<b>00:48:58.10</b>	+00:08:53 (19.0%)	9:22	6.4 (81.0%)
18	<b>JAKIEL-MAINIERI Sabina</b>	<b>179</b>	CZARNE PANTERY	K-OPEN	18	00:02:08	00:23:43	<b>00:47:19.80</b>	<b>00:49:28.45</b>	+00:09:21 (19.8%)	9:28	6.3 (79.7%)
19	<b>KOLEJ Kinga</b>	<b>197</b>		K-OPEN	19	00:02:07	00:26:13	<b>00:51:45.55</b>	<b>00:53:53.50</b>	+00:13:47 (26.6%)	10:21	5.8 (73.4%)
20	<b>SULIMOWSKA Małgorzata</b>	<b>198</b>		K-OPEN	20	00:02:08	00:26:13	<b>00:51:48.35</b>	<b>00:53:56.80</b>	+00:13:50 (26.7%)	10:21	5.8 (73.4%)

Total 20 results.