



MARYNARSKA DYCHA - BIEG 10KM

B4SPORT

Wydarzenie: III BIEG PRZEŁAJOWY "MARYNARSKA DYCHA" im. admirała floty Andrzeja KARWETY
Organizator: CENTRUM SZKOLENIA MARYNARKI WOJENNEJ (CSMW)
Data: 2018-04-07
Miejsce: Ustka
Dystans: 10 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	OBARSKA Katarzyna	161	AWL WROCŁAW	K18-29	1	00:46:12.35		4:37	13 (100%)
2	KUKLIŃSKA-NURKOWSKA Lucyna	119	LKS JANTAR USTKA USB USTKA	K40-49	1	00:47:39.75	+00:01:27 (3.1%)	4:46	12.6 (96.9%)
3	WIWATOWSKA Dagmara	251		K30-39	1	00:50:09.75	+00:03:57 (7.9%)	5:01	12 (92.3%)
4	BARGAŃSKA Justyna	355	RUNTASTYCZNI TEAM BYTÓW	K30-39	2	00:50:14.40	+00:04:02 (8.0%)	5:01	11.9 (91.5%)
5	CYPRYCH Katarzyna	33		K30-39	3	00:51:28.30	+00:05:15 (10.2%)	5:08	11.7 (90.0%)
6	MŁYNARSKA Mariola	282	WKB META LUBLINIEC	K40-49	2	00:51:30.10	+00:05:17 (10.3%)	5:09	11.7 (90.0%)
7	RACZYŃSKA Anna	192	BALTIC SEALS	K30-39	4	00:51:46.90	+00:05:34 (10.8%)	5:10	11.6 (89.2%)
8	WĘSIERSKA-MUŁYK Marzena	249	NIGHT RUNNERS SŁUPSK	K30-39	5	00:52:25.45	+00:06:13 (11.9%)	5:14	11.4 (87.7%)
9	BOGDANOWICZ Paula	17		K18-29	2	00:52:35.05	+00:06:22 (12.1%)	5:15	11.4 (87.7%)
10	ZAWIEROWSKA Ewelina	265	W.P.K SŁOŃ TEAM USTKA	K30-39	6	00:53:14.90	+00:07:02 (13.2%)	5:19	11.3 (86.9%)
11	ĆWIEK Maria	354	WJBN TEAM	K18-29	3	00:54:12.55	+00:08:00 (14.8%)	5:25	11.1 (85.4%)
12	LEMAŃSKA Katarzyna	127	USB USTKA	K18-29	4	00:54:18.80	+00:08:06 (14.9%)	5:25	11 (84.6%)
13	KĘSIK Agnieszka	298	PROTECTOR TEAM	K30-39	7	00:54:28.70	+00:08:16 (15.2%)	5:26	11 (84.6%)
14	MIZERA Agnieszka	149	BYLEDOBIEC ANIN	K40-49	3	00:54:42.40	+00:08:30 (15.5%)	5:28	11 (84.6%)
15	SZOŁTYSIK Agnieszka	234		K30-39	8	00:55:26.20	+00:09:13 (16.7%)	5:32	10.8 (83.1%)
16	GOC Małgorzata	63		K30-39	9	00:55:29.40	+00:09:17 (16.7%)	5:32	10.8 (83.1%)
17	BIELEWICZ Anna	15	STOPA SŁUPSK	K40-49	4	00:56:09.70	+00:09:57 (17.7%)	5:36	10.7 (82.3%)
18	KOŚLA Justyna	350	NIGHT RUNNERS SŁUPSK	K30-39	10	00:56:19.10	+00:10:06 (18.0%)	5:38	10.7 (82.3%)
19	PRZYCHODA Anna	187	BALTIC SEALS	K30-39	11	00:56:57.05	+00:10:44 (18.9%)	5:41	10.5 (80.8%)
20	RUTECKA Sylwia	202	TUPOT-USTKA	K30-39	12	00:57:32.95	+00:11:20 (19.7%)	5:45	10.4 (80.0%)
21	ŻYCKA Ewelina	271		K30-39	13	00:58:54.50	+00:12:42 (21.6%)	5:53	10.2 (78.5%)
22	DĄBROWSKA Dagmara	102		K30-39	14	00:59:13.65	+00:13:01 (22.0%)	5:55	10.1 (77.7%)
23	KUBIŃSKA Beata	117	NIGHT RUNNERS SŁUPSK	K50-59	1	00:59:16.70	+00:13:04 (22.1%)	5:55	10.1 (77.7%)
24	ŻUKOWSKA Aleksandra	357		K18-29	5	00:59:41.55	+00:13:29 (22.6%)	5:58	10.1 (77.7%)
25	RAKOWSKA Katarzyna	193	W.P.K SŁOŃ TEAM USTKA	K30-39	15	00:59:44.70	+00:13:32 (22.7%)	5:58	10 (76.9%)
26	ŻYŁKA Milena	273	WPK SŁOŃ TEAM	K30-39	16	00:59:50.80	+00:13:38 (22.8%)	5:59	10 (76.9%)
27	DUDZIUK Iwona	47	AKADEMIA MARYNARKI WOJENNEJ	K18-29	6	00:59:54.90	+00:13:42 (22.9%)	5:59	10 (76.9%)

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28	PANEK Urszula	288		K30-39	17	01:00:26.50	+00:14:14 (23.6%)	6:02	9.9 (76.2%)
29	PELA Hanna	170	USB	K40-49	5	01:00:29.35	+00:14:17 (23.6%)	6:02	9.9 (76.2%)
30	REMUS Monika	195	BEST BEASTS	K40-49	6	01:00:48.25	+00:14:35 (24.0%)	6:04	9.9 (76.2%)
31	PACAN Mira	163	ŚWIAT PŁYTEK U KRYSPIŃ	K30-39	18	01:00:57.95	+00:14:45 (24.2%)	6:05	9.8 (75.4%)
32	BOGUSZ Marietta	19	NIGHT RUNNERS SŁUPSK	K18-29	7	01:01:53.85	+00:15:41 (25.4%)	6:11	9.7 (74.6%)
33	GAŁAN Joanna	55		K50-59	2	01:02:20.10	+00:16:07 (25.9%)	6:14	9.6 (73.8%)
34	CAŁKA Magdalena	24	NIGHT RUNNERS SŁUPSK	K18-29	8	01:02:33.10	+00:16:20 (26.1%)	6:15	9.6 (73.8%)
35	KOZA Joanna	109	USB	K30-39	19	01:02:35.95	+00:16:23 (26.2%)	6:15	9.6 (73.8%)
36	ŁUKASIK Sylwia	351		K18-29	9	01:02:46.20	+00:16:33 (26.4%)	6:16	9.6 (73.8%)
37	KMIECIK Agnieszka	96	LOTOS RUNNING TEAM	K40-49	7	01:03:06.55	+00:16:54 (26.8%)	6:18	9.5 (73.1%)
38	WEGNER Aneta	245		K30-39	20	01:05:20.60	+00:19:08 (29.3%)	6:32	9.2 (70.8%)
39	MULLER Patrycja	154		K18-29	10	01:06:04.05	+00:19:51 (30.1%)	6:36	9.1 (70.0%)
40	JÓSKOWSKA Beata	82		K30-39	21	01:07:05.60	+00:20:53 (31.1%)	6:42	8.9 (68.5%)
41	FRANEK Kamelia	51		K30-39	22	01:08:30.90	+00:22:18 (32.6%)	6:51	8.8 (67.7%)
42	MOTOWIDŁO-ZAWADZKA Izabella	153		K40-49	8	01:09:09.25	+00:22:56 (33.2%)	6:54	8.7 (66.9%)
43	DORDZIK Małgorzata	43		K50-59	3	01:09:13.45	+00:23:01 (33.3%)	6:55	8.7 (66.9%)
44	MARCZAK Małgorzata	143		K50-59	4	01:10:24.20	+00:24:11 (34.4%)	7:02	8.5 (65.4%)
45	GRABOWSKA Kinga	66		K30-39	23	01:10:29.80	+00:24:17 (34.5%)	7:03	8.5 (65.4%)
46	KURCZ Barbara	122	BABECZKI KOSZALIN	K40-49	9	01:10:30.15	+00:24:17 (34.5%)	7:03	8.5 (65.4%)
47	LANOWUJOWICZ Paulina	295	WPK SŁOŃ TEAM USTKA	K30-39	24	01:10:59.70	+00:24:47 (34.9%)	7:05	8.5 (65.4%)
48	KOWALCZYK Justyna	107	WPK SŁOŃ TEAM USTKA	K30-39	25	01:10:59.75	+00:24:47 (34.9%)	7:06	8.5 (65.4%)
49	CZERWIŃSKA Ania	35	BEST BEASTS	K40-49	10	01:11:05.80	+00:24:53 (35.0%)	7:06	8.4 (64.6%)
50	SZKATULSKA Karolina	229	DARŁOWSKIE CHARTY	K18-29	11	01:11:17.35	+00:25:05 (35.2%)	7:07	8.4 (64.6%)
51	WĘSIERSKA Olga	248		K30-39	26	01:11:22.65	+00:25:10 (35.3%)	7:08	8.4 (64.6%)
52	PIEKARSKA Aneta	172		K30-39	27	01:12:47.90	+00:26:35 (36.5%)	7:16	8.2 (63.1%)
53	ANDRZEJEWSKA Magdalena	9	DALEKO JESZCZE	K40-49	11	01:13:43.65	+00:27:31 (37.3%)	7:22	8.1 (62.3%)
54	GRAJNERT Wioleta	286		K18-29	12	01:14:12.25	+00:27:59 (37.7%)	7:25	8.1 (62.3%)
55	SZMIGIERO Agnieszka	233	W.P.K SŁOŃ TEAM	K40-49	12	01:19:17.05	+00:33:04 (41.7%)	7:55	7.6 (58.5%)
56	DAMPS Julita	37	NIGHT RUNNERS SLUPSK	K30-39	28	01:35:05.05	+00:48:52 (51.4%)	9:30	6.3 (48.5%)

Znaleziono 56 wynik(ów)