



MARYNARSKA DYCHA - BIEG 10KM

B4SPORT

Event: III BIEG PRZEŁAJOWY "MARYNARSKA DYCHA" im. admirała floty Andrzeja KARWETY
Organiser: CENTRUM SZKOLENIA MARYNARKI WOJENNEJ (CSMW)
Date: 2018-04-07
Place: Ustka
Distance: 10 km



Classification: K30-39

Place	Participant	Number	Club	Category	MCat	Net time 10km	Gap	Pace min/km	Pace km/h
1	WIWATOWSKA Dagmara	251		K30-39	1	00:50:09.75		5:01	12 (100%)
2	BARGAŃSKA Justyna	355	RUNTASTYCZNI TEAM BYTÓW	K30-39	2	00:50:14.40	+00:00:04 (0.2%)	5:01	11.9 (99.2%)
3	CYPRYCH Katarzyna	33		K30-39	3	00:51:28.30	+00:01:18 (2.5%)	5:08	11.7 (97.5%)
4	RACZYŃSKA Anna	192	BALTIC SEALS	K30-39	4	00:51:46.90	+00:01:37 (3.1%)	5:10	11.6 (96.7%)
5	WĘSIERSKA-MUŁYK Marzena	249	NIGHT RUNNERS SŁUPSK	K30-39	5	00:52:25.45	+00:02:15 (4.3%)	5:14	11.4 (95.0%)
6	ZAWIEROWSKA Ewelina	265	W.P.K SŁOŃ TEAM USTKA	K30-39	6	00:53:14.90	+00:03:05 (5.8%)	5:19	11.3 (94.2%)
7	KĘSIK Agnieszka	298	PROTECTOR TEAM	K30-39	7	00:54:28.70	+00:04:18 (7.9%)	5:26	11 (91.7%)
8	SZOŁTYSIK Agnieszka	234		K30-39	8	00:55:26.20	+00:05:16 (9.5%)	5:32	10.8 (90.0%)
9	GOC Małgorzata	63		K30-39	9	00:55:29.40	+00:05:19 (9.6%)	5:32	10.8 (90.0%)
10	KOŚLA Justyna	350	NIGHT RUNNERS SŁUPSK	K30-39	10	00:56:19.10	+00:06:09 (10.9%)	5:38	10.7 (89.2%)
11	PRZYCHODA Anna	187	BALTIC SEALS	K30-39	11	00:56:57.05	+00:06:47 (11.9%)	5:41	10.5 (87.5%)
12	RUTECKA Sylwia	202	TUPOT-USTKA	K30-39	12	00:57:32.95	+00:07:23 (12.8%)	5:45	10.4 (86.7%)
13	ŻYCKA Ewelina	271		K30-39	13	00:58:54.50	+00:08:44 (14.8%)	5:53	10.2 (85.0%)
14	DĄBROWSKA Dagmara	102		K30-39	14	00:59:13.65	+00:09:03 (15.3%)	5:55	10.1 (84.2%)
15	RAKOWSKA Katarzyna	193	W.P.K SŁOŃ TEAM USTKA	K30-39	15	00:59:44.70	+00:09:34 (16.0%)	5:58	10 (83.3%)
16	ŻYŁKA Milena	273	WPK SŁOŃ TEAM	K30-39	16	00:59:50.80	+00:09:41 (16.2%)	5:59	10 (83.3%)
17	PANEK Urszula	288		K30-39	17	01:00:26.50	+00:10:16 (17.0%)	6:02	9.9 (82.5%)
18	PACAN Mira	163	ŚWIAT PŁYTEK U KRYSPIŃA	K30-39	18	01:00:57.95	+00:10:48 (17.7%)	6:05	9.8 (81.7%)
19	KOZA Joanna	109	USB	K30-39	19	01:02:35.95	+00:12:26 (19.9%)	6:15	9.6 (80.0%)
20	WEGNER Aneta	245		K30-39	20	01:05:20.60	+00:15:10 (23.2%)	6:32	9.2 (76.7%)
21	JÓSKOWSKA Beata	82		K30-39	21	01:07:05.60	+00:16:55 (25.2%)	6:42	8.9 (74.2%)
22	FRANEK Kamelia	51		K30-39	22	01:08:30.90	+00:18:21 (26.8%)	6:51	8.8 (73.3%)
23	GRABOWSKA Kinga	66		K30-39	23	01:10:29.80	+00:20:20 (28.8%)	7:03	8.5 (70.8%)
24	LANOWUJOWICZ Paulina	295	WPK SŁOŃ TEAM USTKA	K30-39	24	01:10:59.70	+00:20:49 (29.3%)	7:05	8.5 (70.8%)
25	KOWALCZYK Justyna	107	WPK SŁOŃ TEAM USTKA	K30-39	25	01:10:59.75	+00:20:50 (29.3%)	7:06	8.5 (70.8%)
26	WĘSIERSKA Olga	248		K30-39	26	01:11:22.65	+00:21:12 (29.7%)	7:08	8.4 (70.0%)
27	PIEKARSKA Aneta	172		K30-39	27	01:12:47.90	+00:22:38 (31.1%)	7:16	8.2 (68.3%)

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28	DAMPS Julita	37	NIGHT RUNNERS SLUPSK	K30-39	28	01:35:05.05	+00:44:55 (47.2%)	9:30	6.3 (52.5%)

Total 28 results.