

Event:
Organiser:
Date:
Place:
Distance:

Metalkas Ocean Lava Triathlon Polska
Towarzystwo Sportowe TRI-SPORT
2022-08-20
Bydgoszcz
226 km

Classification: All

Split point: 226,6 km

Place	Participant	Number	Club	Category	Drużyna 1	Swimming				Cycling								Race					
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	R_Kotomierz 9.75km	R_Pauliny 42.75km	R_Lidl 63.25km	R_Kotomierz 87.75km	R_Pauliny 120.75km	R_Lidl 141km	R_Kotomierz 165.75km	B_Announcer 180km	Poz	B_Announcer 7.17km	B_Announcer 14.27km	B_Announcer 21.72km		
1	NIKOLICS Zoran	106		M26		00:12:19	00:41:12	00:57:21	3	00:02:44	00:15:42	01:06:16	01:36:11	02:13:07	03:03:19	03:33:50	04:12:17	04:35:02	1	00:02:13	00:31:48	01:04:26	01:38:26
2	ZIEBA Adam	99	TRISPACE/TREK	M49	TRISPACE/TREK	00:14:53	00:50:39	01:11:22	17	00:03:32	00:16:20	01:11:47	01:44:35	02:25:40	03:21:42	03:55:15	04:37:16	05:01:37	7	00:02:22	00:32:04	01:05:24	01:39:40
3	HALAJ Dušan	100	KPS NEREUS ŽILINA	M36		00:13:50	00:45:41	01:03:18	5	00:02:46	00:16:10	01:09:37	01:41:29	02:21:22	03:14:50	03:48:16	04:30:48	04:54:15	3	00:02:17	00:35:11	01:13:03	01:50:01
4	CHMEL Sergiy	104	IRON TEAM CADENCE	M40		00:16:44	00:59:05	01:22:52	55	00:03:56	00:16:28	01:10:52	01:43:41	02:24:59	03:20:28	03:53:53	04:35:53	04:59:58	5	00:03:10	00:30:27	01:04:01	01:38:20
5	PULCINSKI Michał	52	TMT	M41		00:13:27	00:46:03	01:04:41	6	00:04:43	00:17:08	01:15:13	01:50:07	02:34:22	03:34:05	04:10:22	04:55:54	05:21:41	24	00:03:09	00:33:27	01:09:32	01:47:01
6	KAZMIERCZAK Łukasz	62	LUKS DWÓJKA STRYKÓW	M40		00:13:58	00:47:28	01:06:42	10	00:03:17	00:16:26	01:10:29	01:43:19	02:24:26	03:19:26	03:53:47	04:36:58	05:01:38	8	00:02:31	00:33:34	01:07:43	01:43:37
7	STARZ Paweł	116		M41		00:15:54	00:53:51	01:14:57	30	00:03:19	00:18:09	01:16:05	01:51:01	02:35:42	03:33:59	04:09:18	04:52:47	05:18:34	16	00:02:45	00:33:49	01:10:24	01:51:01
8	NOSOWSKI Jacek	36	TRI.REGRESS	M48		00:13:39	00:45:30	01:03:06	4	00:04:19	00:17:15	01:16:54	01:51:56	02:35:36	03:33:55	04:09:33	04:54:01	05:20:00	21	00:02:48	00:35:21	01:11:32	01:49:02
9	SZYMKOWIAK Norbert	115	IM INSPIRATION	M28	IM Inspiration	00:15:31	00:51:46	01:12:47	26	00:03:24	00:16:13	01:10:18	01:42:29	02:22:38	03:18:00	03:50:55	04:33:54	05:00:21	6	00:02:03	00:36:18	01:13:35	01:57:22
10	KRASNODEBSKI Sebastian	120	TM IRON TEAM	M40	TM Iron Team	00:15:06	00:52:27	01:14:24	28	00:03:51	00:16:51	01:12:12	01:45:05	02:26:25	03:22:15	03:56:30	04:40:00	05:05:15	9	00:03:29	00:34:44	01:14:16	01:52:29
11	DURMAJ Bartek	27		M38		00:15:19	00:51:47	01:12:21	24	00:02:54	00:18:07	01:17:49	01:52:56	02:36:47	03:34:45	04:10:04	04:54:21	05:20:25	22	00:02:46	00:34:30	01:12:13	01:50:28
12	MALISZEWSKI Michał	93		M46		00:14:45	00:49:51	01:09:04	12	00:04:11	00:17:33	01:16:07	01:51:08	02:34:29	03:33:09	04:08:45	04:53:29	05:19:14	17	00:04:16	00:33:34	01:10:19	01:50:28
13	SKIBA Mariusz	49	KS IRONMAN SZCZECIN	M37		00:15:44	00:54:51	01:16:37	39	00:04:52	00:16:40	01:12:37	01:46:27	02:29:17	03:25:55	03:59:30	04:44:10	05:09:43	10	00:02:44	00:39:57	01:22:01	02:04:53
14	PRZEDPEŁSKI Radosław	40	SNG WILD DUCKS	M40	SNG WILD DUCKS	00:16:13	00:54:53	01:15:56	37	00:05:32	00:17:07	01:14:23	01:48:38	02:32:07	03:30:11	04:05:41	04:49:40	05:15:14	13	00:02:33	00:37:36	01:17:16	01:58:23
15	SWOBODA Sebastian	81	FIZJOSPEC	M35		00:14:50	00:50:13	01:10:00	14	00:04:19	00:17:13	01:17:14	01:53:21	02:39:09	03:41:01	04:18:39	05:05:45	05:32:59	34	00:03:08	00:37:26	01:17:06	02:00:28
16	RYBAK Remigiusz	87	TRISPACE/TREK	M45	TRISPACE/TREK	00:16:01	00:55:57	01:18:06	44	00:03:43	00:17:17	01:14:38	01:49:13	02:32:58	03:32:29	04:08:15	04:54:22	05:19:50	20	00:02:49	00:36:30	01:17:20	02:00:28
17	BUCHALIK Arkadiusz	24		M49		00:15:28	00:51:24	01:11:31	18	00:04:15	00:18:28	01:18:41	01:54:58	02:39:50	03:41:29	04:17:52	05:03:50	05:30:35	32	00:02:38	00:33:55	01:09:03	01:49:16
18	KRAKOWSKI Jan	119	INVICTUS 3CITY	M28		00:16:52	01:00:38	01:25:43	60	00:02:43	00:17:48	01:17:10	01:52:56	02:37:55	03:39:50	04:17:22	05:04:00	05:30:13	31	00:03:26	00:35:06	01:13:38	01:55:44
19	RAJCA Daniel	96	IM INSPIRATION	M32	IM Inspiration	00:17:15	01:02:36	01:27:52	69	00:04:37	00:17:43	01:17:58	01:55:18	02:42:31	03:45:58	04:24:31	05:12:00	05:40:07	40	00:02:15	00:35:34	01:12:59	01:53:47
20	KOZMINCZUK-MARKULAK Marek	111	TM IRON TEAM	M50	TM Iron Team	00:15:38	00:53:27	01:14:53	29	00:03:20	00:17:19	01:14:23	01:48:51	02:32:10	03:31:12	04:14:05	05:01:01	05:27:45	28	00:03:08	00:37:31	01:17:43	02:02:05
21	WINIECKI Tomasz	44	IRON HOUSE TRIATHLON WŁOCŁAWEK	M48	Iron House Triathlon Włocławek	00:16:01	00:54:29	01:15:31	33	00:05:54	00:16:50	01:13:40	01:47:55	02:30:47	03:28:55	04:04:45	04:50:29	05:17:32	14	00:04:28	00:37:21	01:19:47	02:07:07
22	HUNKIEWICZ Wojciech	78	MBC TEAM	M50		00:15:00	00:51:24	01:12:31	25	00:03:23	00:18:06	01:18:13	01:54:17	02:39:23	03:39:02	04:14:54	04:59:55	05:26:20	27	00:03:31	00:41:40	01:23:03	02:10:13
23	SOKOŁ Adam	67		M46		00:14:49	00:47:39	01:06:13	9	00:04:08	00:18:29	01:18:31	01:54:17	02:39:28	03:40:24	04:17:36	05:04:03	05:31:32	33	00:05:10	00:38:27	01:23:49	02:07:40
24	PIESIK Dawid	17	IM INSPIRATION	M32		00:15:19	00:56:00	01:20:15	51	00:03:18	00:16:45	01:13:48	01:48:56	02:34:52	03:35:27	04:11:22	04:55:44	05:21:36	23	00:03:11	00:35:52	01:22:16	02:09:46
25	DUSIŃSKI Krzysztof	7		M43		00:18:07	01:02:11	01:26:35	65	00:05:39	00:18:13	01:18:58	01:54:50	02:41:31	03:45:13	04:22:49	05:11:58	05:39:59	39	00:06:20	00:34:11	01:10:26	01:49:49
26	JACHIMSKI Jakub	92	TRIWAWA	M39	TRIWAWA	00:14:16	00:49:26	01:09:09	13	00:02:42	00:18:19	01:20:13	01:57:43	02:45:53	03:50:34	04:27:56	05:14:42	05:42:01	42	00:02:20	00:40:07	01:21:19	02:06:09
27	GERGER Laurenz	15	CRYSTAL PALACE TRIATHLETES	M29		00:15:45	00:54:55	01:17:43	42	00:05:36	00:17:12	01:15:24	01:50:17	02:34:10	03:33:57	04:10:26	04:56:13	05:23:21	26	00:02:50	00:39:29	01:32:50	02:26:55
28	MOJSIEWICZ Sławomir	18		M46		00:15:51	00:54:49	01:16:52	40	00:03:56	00:18:23	01:20:10	01:57:02	02:42:51	03:45:11	04:23:04	05:10:34	05:38:26	36	00:04:18	00:38:14	01:22:59	02:09:50
29	ZAVEDIUK Tania	105	IRON TEAM CADENCE	K36		00:15:22	00:51:48	01:12:20	23	00:04:52	00:19:46	01:24:18	02:02:51	02:51:22	03:56:21	04:34:52	05:22:52	05:49:46	54	00:09:44	00:36:31	01:17:14	02:01:39
30	KALIN Władysław	29	TAEKWON-DO GROMOWSKI	M42		00:16:04	00:56:08	01:19:51	48	00:05:46	00:18:43	01:20:12	01:57:51	02:44:42	03:47:13	04:26:21	05:15:18	05:43:46	46	00:05:04	00:43:49	01:27:15	02:18:29
31	MASŁOWSKI Marcin	39	HTF LUDWIK SIKORSKI	M43	HTF Ludwik Sikorski	00:16:07	00:58:01	01:22:13	54	00:04:54	00:19:22	01:22:51	02:00:27	02:47:52	03:51:21	04:29:54	05:17:22	05:45:03	48	00:02:38	00:38:13	01:17:49	01:59:10
32	KLIMCZAK Marcin	103		M46		00:21:07	01:10:55	01:38:21	92	00:03:59	00:17:55	01:18:48	01:55:10	02:42:21	03:44:29	04:22:56	05:11:34	05:38:59	37	00:03:02	00:35:14	01:15:27	01:58:51
33	WASZKIEWICZ Dariusz	45	IM INSPIRATION / SPORT4LIFE	M46		00:18:32	01:04:41	01:29:49	77	00:05:42	00:17:53	01:16:03	01:50:36	02:34:37	03:33:52	04:08:49	04:52:58	05:18:19	15	00:04:20	00:42:43	01:38:10	02:27:13
34	MOTYLEWSKA Marta	47	PTT DELTA	K31	PTT DELTA	00:17:53	01:02:59	01:28:10	70	00:03:59	00:18:56	01:20:39	01:57:47	02:45:42	03:50:22	04:28:13	05:17:00	05:45:37	50	00:03:33	00:41:47	01:26:09	02:13:46
35	NENKAŁA Mateusz	64	JERZYK TEAM	M29		00:15:13	00:53:21	01:15:30	32	00:03:55	00:16:57	01:14:00	01:48:31	02:32:17	03:31:34	04:08:03	04:52:56	05:19:30	19	00:03:11	00:36:34	01:18:18	02:08:03

		Swimming							Cycling							Race							
36	JAGAS Radosław	84	HTF LUDWIK SIKORSKI	M50	HTF Ludwik Sikorski	00:15:35	00:53:42	01:15:42	35	00:04:06	00:17:48	01:17:10	01:53:15	02:38:59	03:42:44	04:21:45	05:11:12	05:39:01	38	00:04:49	00:40:03	01:26:13	02:16:48
37	ŚLIWA Maciej	107	PAPRYKA	M39		00:16:19	00:57:09	01:20:01	50	00:05:04	00:17:10	01:15:32	01:49:53	02:33:42	03:33:48	04:11:22	04:59:29	05:28:44	29	00:05:33	00:47:04	01:41:15	02:32:10
38	KRAWCZYK Dawid	112	SUŁKOWSKA SZKOŁA TRI	M39		00:17:55	01:06:03	01:33:09	83	00:06:50	00:19:41	01:23:28	02:02:44	02:51:37	03:55:45	04:34:43	05:22:27	05:49:36	53	00:04:14	00:39:31	01:21:13	02:04:45
39	MAZANKA Jakub	26		M46		00:15:20	00:51:45	01:12:15	22	00:04:19	00:18:39	01:21:39	02:00:30	02:51:17	04:02:38	04:48:01	05:48:16	06:21:48	81	00:04:36	00:39:45	01:20:34	02:02:02
40	ZIĘBA Mateusz	55	FOREVER TEAM	M38		00:17:22	00:57:09	01:19:16	46	00:04:43	00:17:59	01:20:52	01:58:58	02:46:08	03:50:51	04:28:30	05:15:59	05:43:40	45	00:02:56	00:39:49	01:28:10	02:16:24
41	ZACHWIEJA Piotr	37		M37		00:18:41	01:04:53	01:28:50	73	00:04:02	00:22:11	01:24:40	02:01:27	02:50:11	03:56:52	04:37:25	05:28:53	05:58:11	63	00:05:25	00:41:37	01:28:23	02:16:55
42	CZAPIEWSKI Krzysztof	22		M37		00:19:28	01:08:16	01:33:34	85	00:08:00	00:19:19	01:24:35	02:05:09	02:54:46	04:02:02	04:42:43	05:33:58	06:04:00	68	00:06:48	00:39:47	01:24:21	02:05:48
43	NIEMCZYK Kazimierz	108		M60		00:19:17	01:07:56	01:35:28	87	00:05:47	00:19:39	01:23:07	02:01:27	02:50:05	03:56:40	04:36:37	05:28:41	05:57:52	62	00:05:16	00:43:02	01:25:09	02:08:31
44	STEFANIAK Mateusz	34		M32		00:18:19	01:06:49	01:34:49	86	00:07:20	00:18:46	01:19:58	01:57:44	02:45:17	03:50:08	04:31:06	05:22:48	05:51:41	57	00:03:19	00:36:27	01:18:21	02:06:33
45	SALĘK Dominik	66		M26		00:15:38	00:54:16	01:15:54	36	00:05:07	00:21:36	01:28:41	02:10:40	03:00:58	04:12:35	04:54:05	05:44:56	06:14:53	76	00:02:21	00:46:22	01:29:14	02:13:24
46	LETKOWSKI Dariusz	61	GAPMONT RUNNING TEAM	M44		00:15:00	00:51:06	01:10:37	15	00:04:03	00:19:11	01:21:48	01:58:23	02:46:47	03:51:43	04:32:19	05:22:21	05:52:52	59	00:04:55	00:56:55	01:49:10	02:39:44
47	MICHALAK Lesław	114	N-BIKE ACADEMY	M46		00:15:29	00:51:55	01:11:49	20	00:07:30	00:19:45	01:22:11	02:00:05	02:48:02	03:54:35	04:36:11	05:29:49	06:02:40	65	00:07:10	00:41:11	01:27:26	02:19:11
48	LASSAK Bartosz	21	AKADEMIA MISTRZÓW SPORTU	M46	Akademia Mistrzów Sportu	00:17:54	01:02:38	01:26:25	64	00:05:15	00:18:45	01:21:06	01:57:57	02:46:31	03:54:20	04:31:21	05:21:31	05:49:31	52	00:02:09	00:43:42	01:32:27	02:22:49
49	ŁUCYSZYN Robert	42		M44		00:16:43	00:57:40	01:20:01	49	00:10:34	00:19:04	01:19:47	01:54:40	02:38:53	03:38:09	04:13:02	04:58:25	05:23:11	25	00:04:52	00:54:12	01:48:09	02:40:51
50	KUNDEL Mariusz	86	SMARUJ NA TRENING	M46		00:18:01	01:04:49	01:31:26	80	00:05:27	00:18:55	01:20:42	01:57:23	02:45:05	03:50:58	04:30:34	05:21:18	05:50:53	56	00:03:08	00:42:34	01:30:08	02:20:12
51	PIEKARSKI Paweł	20		M32		00:13:39	00:46:20	01:05:24	8	00:04:37	00:16:47	01:15:19	01:50:45	02:36:22	03:39:46	04:18:40	05:07:22	05:37:11	35	00:02:53	00:42:27	01:30:40	02:27:45
52	CUPA Ireneusz	113	TRIATHLON KONSULTING	M49		00:18:11	01:04:55	01:31:20	79	00:05:31	00:18:27	01:21:00	01:59:17	02:48:01	03:52:09	04:31:53	05:21:14	05:49:53	55	00:04:55	00:40:34	01:26:11	02:13:42
53	FRAĆKOWIAK Marta	1	TEAMOCHAL	K37	TEAMOCHAL	00:18:43	01:04:30	01:29:17	76	00:04:42	00:19:42	01:24:20	02:03:44	02:55:19	04:04:34	04:45:30	05:37:35	06:06:42	70	00:05:38	00:41:52	01:28:08	02:19:26
54	PIASECKI Radosław	121		M28		00:16:25	00:59:14	01:22:53	56	00:05:22	00:18:54	01:23:11	02:01:07	02:47:58	03:52:16	04:32:09	05:21:49	05:52:17	58	00:04:48	00:44:20	01:38:14	02:30:48
55	KUC Krzysztof	109		M42		00:17:50	01:00:41	01:24:39	58	00:09:53	00:18:55	01:18:54	01:54:43	02:40:11	03:41:41	04:17:56	05:03:37	05:29:49	30	00:07:02	00:55:27	01:48:23	02:42:09
56	ŁUPIŃSKI Daniel	63	TRIATHLON SIEDLCE CLUB	M44		00:17:13	01:01:44	01:25:53	61	00:06:45	00:19:11	01:24:04	02:03:15	02:55:36	04:02:56	04:43:26	05:34:32	06:03:08	66	00:04:00	00:44:09	01:36:16	02:28:57
57	SUBKOWSKI Artur	59		M46		00:18:45	01:07:18	01:33:27	84	00:05:23	00:18:57	01:21:24	01:58:56	02:45:42	03:49:20	04:26:26	05:14:42	05:42:24	44	00:02:53	00:47:53	01:40:26	02:33:00
58	CHOBOT Krzysztof	80		M44		00:16:11	00:56:52	01:19:22	47	00:06:21	00:18:39	01:20:52	01:57:59	02:45:00	03:48:41	04:26:37	05:14:26	05:41:36	41	00:06:18	00:44:26	01:38:55	02:44:05
59	DYLIK Marcin	53	HTF LUDWIK SIKORSKI	M41		00:15:57	00:53:24	01:14:58	31	00:03:39	00:18:09	01:18:24	01:53:59	02:40:11	03:46:16	04:24:55	05:13:49	05:42:17	43	00:05:22	00:53:01	01:50:34	02:49:19
60	POPEK Maciej	10	IRON HOUSE TRIATHLON WŁOCLAWEK	M45	Iron House Triathlon Włocławek	00:17:52	01:03:30	01:29:03	74	00:05:34	00:19:05	01:21:09	01:57:41	02:43:51	03:48:45	04:27:36	05:16:06	05:45:06	49	00:05:15	00:44:14	01:32:08	02:27:04
61	WRÓBEL Mateusz	16	IRON HOUSE TRIATHLON WŁOCLAWEK	M32	Iron House Triathlon Włocławek	00:16:28	00:54:29	01:15:35	34	00:04:11	00:18:22	01:18:17	01:55:15	02:41:49	03:45:32	04:25:28	05:16:48	05:45:00	47	00:03:05	00:53:01	01:49:38	02:48:28
62	UMIŃSKI Robert	97		M42		00:21:19	01:16:28	01:45:53	96	00:07:07	00:20:46	01:32:38	02:15:37	03:09:26	04:21:32	05:05:12	06:00:38	06:30:42	84	00:05:42	00:39:37	01:20:23	02:02:03
63	KONIECZNY Przemysław	83	VELOCITY	M36		00:18:06	01:03:50	01:28:19	72	00:05:56	00:20:35	01:24:30	02:09:15	03:03:47	04:11:42	04:50:44	05:40:53	06:09:41	72	00:03:51	00:49:43	01:39:53	02:30:54
64	DREWUSZEWSKI Maciej	50	4M	M44		00:18:48	01:04:17	01:28:16	71	00:07:43	00:19:31	01:23:40	02:03:39	02:55:53	04:05:27	04:47:52	05:41:34	06:12:02	75	00:05:10	00:45:59	01:35:52	02:25:50
65	SZCZĘŚNIAK Michał	91		M38		00:18:24	01:04:58	01:31:04	78	00:07:09	00:19:56	01:26:17	02:04:37	02:52:21	03:58:34	04:40:02	05:31:51	06:00:50	64	00:06:07	00:47:01	01:41:44	02:37:50
66	WOJDYŁA Paweł	77	UNLIMITED SPORT 2.0	M36		00:17:28	01:03:05	01:29:09	75	00:06:32	00:19:16	01:22:34	02:01:07	02:52:50	03:59:28	04:42:50	05:35:24	06:05:13	69	00:04:04	00:42:43	01:29:41	02:26:45
67	JAROSZ Hubert	56		M30		00:15:09	00:54:51	01:18:01	43	00:05:59	00:18:33	01:20:46	01:59:02	02:46:19	03:52:27	04:33:01	05:24:58	05:55:15	61	00:08:23	00:40:06	01:25:47	02:16:35
68	JANICKA-JAWOR Joanna	117	EMJOT TRI TEAM	K44		00:17:48	01:01:06	01:26:57	67	00:07:11	00:20:10	01:27:36	02:10:12	03:05:48	04:25:10	05:11:34	06:10:45	06:45:50	91	00:02:57	00:41:11	01:28:15	02:17:54
69	JUSZCZYK Mirosław	32		M32		00:15:08	00:52:21	01:14:10	27	00:08:53	00:21:59	01:34:13	02:18:19	03:14:32	04:29:46	05:15:45	06:14:40	06:48:12	92	00:05:52	00:44:21	01:30:47	02:22:33
70	JESION Remigiusz	94	RUN DMT	M39		00:19:34	01:10:09	01:38:12	91	00:07:39	00:20:25	01:30:14	02:13:05	03:07:21	04:19:26	05:04:34	06:03:12	06:34:29	87	00:07:00	00:43:05	01:36:30	02:23:37
71	BURZACKA-TYC Agnieszka	43	PTT DELTA	K50	PTT DELTA	00:17:59	01:02:32	01:27:18	68	00:06:11	00:21:20	01:33:53	02:17:50	03:13:26	04:25:15	05:09:36	06:05:15	06:36:39	90	00:03:54	00:46:29	01:36:09	02:29:56
72	GACKOWSKI Krzysztof	14		M49		00:17:50	01:00:24	01:23:34	57	00:04:20	00:19:35	01:25:31	02:04:40	02:57:03	04:08:21	04:50:45	05:47:36	06:18:16	79	00:05:17	00:48:59	01:44:04	02:42:00
73	KAZUBOWSKI Jacek	88	TRIDARKO	M55		00:23:36	01:23:50	01:56:02	98	00:04:20	00:20:13	01:26:46	02:06:36	02:57:06	04:03:55	04:45:12	05:37:11	06:07:08	71	00:04:12	00:46:49	01:40:43	02:32:09
74	WALCZAK Krystian	28	BIEGAJĄCE WALCZAKI	M40		00:20:05	01:10:06	01:36:18	89	00:05:36	00:20:05	01:27:05	02:07:23	02:59:52	04:15:49	05:04:13	06:02:11	06:34:55	88	00:03:43	00:42:04	01:37:42	02:25:23
75	BYRTEK Grzegorz	9	TEAM CASTORAMA	M47		00:14:18	00:48:44	01:07:39	11	00:05:42	00:19:42	01:23:29	02:02:31	02:53:03	04:01:39	04:42:52	05:39:24	06:10:56	74	00:05:54	00:51:26	01:54:36	02:59:56
76	KUCIŃSKI Artur	95	JEBĄC PIS	M47		00:16:10	00:54:55	01:16:30	38	00:05:18	00:18:21	01:20:16	01:57:56	02:43:50	03:47:47	04:26:59	05:17:10	05:46:21	51	00:05:04	00:59:28	02:02:03	03:04:12
77	NAGOW Michał	51	IRON HOUSE TRIATHLON WŁOCLAWEK	M48	Iron House Triathlon Włocławek	00:20:08	01:11:49	01:39:36	93	00:09:48	00:19:51	01:26:16	02:06:49	02:58:46	04:06:40	04:47:46	05:46:57	06:15:19	77	00:05:00	00:41:47	01:32:27	02:29:03

		Swimming								Cycling								Race					
78	SUPERSON Wojtek	25		M51		00:14:47	00:50:50	01:11:10	16	00:04:04	00:20:07	01:25:24	02:04:13	02:54:03	04:04:53	04:46:38	05:39:15	06:10:36	73	00:03:18	00:49:20	01:44:34	02:49:06
79	CHRAPKOWSKI Marcel	11	IRON HOUSE TRIATHLON WŁOCŁAWEK	M39	Iron House Triathlon Wloclawek	00:16:06	00:56:48	01:20:29	53	00:06:34	00:19:36	01:26:28	02:06:41	02:58:22	04:08:50	04:54:16	05:46:15	06:16:35	78	00:16:06	00:50:55	01:50:57	02:46:51
80	BELZAK Filip	82	TRIJET TEAM	M30		00:19:50	01:09:01	01:36:41	90	00:06:56	00:20:12	01:28:37	02:10:20	03:03:16	04:13:43	04:57:07	05:50:54	06:22:10	82	00:04:51	00:43:56	01:35:36	02:34:20
81	SUDOŁ Jacek	102	PARKRUN BYDGOSZCZ	M44		00:18:50	01:08:05	01:35:40	88	00:05:42	00:21:08	01:30:52	02:13:40	03:12:04	04:28:40	05:16:12	06:19:51	06:54:23	94	00:04:46	00:43:31	01:30:44	02:23:45
82	WIECZOREK Bartosz	71		M36		00:17:24	01:00:52	01:24:56	59	00:10:25	00:20:55	01:26:10	02:09:06	03:06:12	04:18:38	05:04:49	05:59:11	06:32:22	86	00:06:29	00:48:42	01:42:53	02:43:45
83	ZUBEK Rafał	46	PTT DELTA	M55	PTT DELTA	00:20:32	01:13:34	01:41:44	94	00:07:08	00:21:05	01:32:55	02:16:03	03:09:59	04:21:34	05:05:52	06:00:08	06:31:02	85	00:07:14	00:47:34	01:46:56	02:44:50
84	WARCHOŁ Ryszard	65	CAŁY TWÓJ	M55		00:23:57	01:26:55	02:00:31	100	00:10:27	00:19:42	01:27:50	02:10:02	03:03:29	04:13:34	04:58:39	05:57:28	06:30:08	83	00:06:19	00:51:49	01:49:00	02:47:56
85	BYRTEK Marcin	12		M45		00:15:42	00:53:56	01:17:12	41	00:08:23	00:18:36	01:21:25	01:59:43	02:50:17	04:02:51	04:47:49	05:48:23	06:19:56	80	00:10:40	00:59:56	02:05:24	03:06:56
86	KONIEC Piotr	13	IRONTATA / ALETEAM	M45		00:18:13	01:05:48	01:32:09	81	00:09:50	00:17:14	01:16:55	01:54:15	02:42:28	03:48:05	04:29:05	05:34:58	06:03:26	67	00:08:05	00:54:04	01:59:47	03:07:18
87	WRZESZCZ Adrian	75	ADRIAN! BŁAGAM WOLNIEJ.	M48	HTF Ludwik Sikorski	00:16:54	01:01:41	01:26:48	66	00:04:46	00:21:56	01:33:08	02:17:17	03:14:00	04:30:14	05:17:47	06:17:10	06:52:01	93	00:06:15	00:56:09	02:00:54	02:59:23
88	SZYMKUĆ Wojciech	73	KRÓL BETONU	M33		00:21:40	01:18:40	01:49:13	97	00:09:07	00:23:05	01:41:41	02:28:31	03:28:49	04:47:50	05:39:17	06:44:32	07:17:07	98	00:05:15	00:51:03	01:44:35	02:37:32
89	KUZIEMSKI Tomasz	69	KS MARATON OSTRÓW WLKP	M33		00:16:59	01:01:26	01:26:00	62	00:07:09	00:23:01	01:35:22	02:19:43	03:20:43	04:41:18	05:29:38	06:32:22	07:06:37	96	00:05:52	00:54:17	01:55:58	03:04:15
90	MACIEJOWSKA - BACZEK Katarzyna	101	TM IRON TEAM	K47		00:25:33	01:30:46	02:07:16	101	00:05:56	00:25:47	01:45:24	02:34:12	03:38:16	04:56:08	05:41:43	06:40:12	07:12:59	97	00:04:15	00:47:54	01:40:58	02:35:18
91	JASINSKI Bogustaw	31		M69		00:18:49	01:05:55	01:32:23	82	00:05:49	00:22:49	01:31:17	02:13:38	03:09:49	04:28:29	05:18:23	06:23:27	06:59:00	95	00:07:51	00:55:06	02:09:34	03:23:17
Przekroczony limit czasu: 15:00:00																							
92	ANDRAU Anatoli	89	ALTIUS	M45		00:24:07	01:26:41	01:59:34	99	00:05:22	00:21:20	01:35:41	02:23:45	03:28:24	04:52:43	05:44:29	06:53:25	07:27:07	100	00:02:31	00:53:56	01:54:10	02:59:21
	KOŠŤAN Tomáš	118	KPŠ NEREUS ŽILINA	M30		00:13:56	00:46:30	01:04:45	7	00:03:01	00:17:38	01:15:46	01:49:54	02:32:31	03:30:44	04:06:21	04:52:17	05:19:30	18	00:02:42			
	FRĄCKIEWICZ Paweł	41		M23		00:16:29	00:57:37	01:20:21	52	00:08:01	00:20:35	01:31:22	02:11:04	03:02:24	04:10:25	04:52:13	05:52:30	06:36:36	89	00:11:48	00:41:42	02:03:31	03:25:26
	MAKSYMOWICZ Tomasz	48	IM INSPIRATION / IRON BRO	M22		00:11:14	00:37:25	00:51:58	2	00:02:25	00:18:55	01:11:07	01:42:08	02:19:05	03:09:21	03:44:01	04:29:55	04:54:29	4	00:01:53	00:35:10	01:21:47	
	BUDZANOWSKI Michał	85		M33		00:15:10	00:51:33	01:11:41	19	00:05:25	00:18:56	01:20:59	01:58:35	02:46:16	03:51:37	04:29:39							
	LANGE Grzegorz	79	LANGE TRI COACH	M44		00:15:03	00:51:39	01:12:08	21	00:03:31	00:16:57	01:12:58	01:47:09	02:30:14	03:28:58	04:04:25	04:48:50	05:15:05	12	00:02:15			
	MARCINEK Tomasz	8	TM IRON TEAM	M31	TM Iron Team	00:10:43	00:34:38	00:48:16	1	00:02:02	00:14:57	01:05:08	01:35:46	02:13:54	03:05:29	03:36:54	04:16:19	04:39:42	2	00:01:37	00:28:06	00:56:58	01:28:35
	FAJFER Arkadiusz	35	SNG WILD DUCKS	M38	SNG WILD DUCKS	00:15:57	00:56:03	01:18:54	45	00:04:38	00:17:35	01:14:04	01:47:59	02:30:10	03:28:17	04:03:39	04:47:47	05:14:37	11	00:03:35	00:36:41	01:20:36	02:03:43
	KĘDZIA Jarosław	5	CASTORAMA	M43		00:23:22	01:37:36																
	CZAJKOWSKI Arkadiusz	57		M29		00:19:11																	
	MISZTELA Tomasz	6	PTT DELTA	M56	PTT DELTA	00:21:11	01:14:00	01:42:20	95	00:04:23	00:19:07	01:25:13	02:03:56	02:52:55	03:59:25	04:38:09	05:26:01	05:54:36	60	00:03:15	00:42:19		
	KORYTOWSKI Maciej	90	ROWEROWE LIPNO	M39		00:17:55	01:02:15	01:26:04	63	00:09:57	00:21:51	01:33:49	02:14:10	03:07:08	04:20:44	05:05:48	06:06:09	07:23:04	99	00:08:56	01:06:18		

Total 103 results.