



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2022-08-20  
**Miejsce:** Bydgoszcz  
**Dystans:** 226 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 47,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie				T1	Rower		T2	Bieg	Czas
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9.75km	R_Pauliny 42.75km			
	MARCINEK Tomasz	8	TM IRON TEAM	M31	TM Iron Team	00:10:43	00:34:38	<b>00:48:16</b>	1	00:02:02	00:14:57	01:05:08			
	MAKSYMOWICZ Tomasz	48	IM INSPIRATION / IRON BRO	M22		00:11:14	00:37:25	<b>00:51:58</b>	2	00:02:25	00:18:55	01:11:07			
3	NIKOLICS Zoran	106		M26		00:12:19	00:41:12	<b>00:57:21</b>	3	00:02:44	00:15:42	01:06:16			
4	HALAJ Dušan	100	KPŠ NEREUS ŽILINA	M36		00:13:50	00:45:41	<b>01:03:18</b>	5	00:02:46	00:16:10	01:09:37			
5	KĄŻMIERCZAK Łukasz	62	LUKS DWÓJKA STRYKÓW	M40		00:13:58	00:47:28	<b>01:06:42</b>	10	00:03:17	00:16:26	01:10:29			
	KOŠTAN Tomáš	118	KPŠ NEREUS ŽILINA	M30		00:13:56	00:46:30	<b>01:04:45</b>	7	00:03:01	00:17:38	01:15:46			
7	NOSOWSKI Jacek	36	TRI.REGRESS	M48		00:13:39	00:45:30	<b>01:03:06</b>	4	00:04:19	00:17:15	01:16:54			
8	PULCINSKI Michal	52	TMT	M41		00:13:27	00:46:03	<b>01:04:41</b>	6	00:04:43	00:17:08	01:15:13			
9	PIEKARSKI Paweł	20		M32		00:13:39	00:46:20	<b>01:05:24</b>	8	00:04:37	00:16:47	01:15:19			
10	SZYMKOWIAK Norbert	115	IM INSPIRATION	M28	IM Inspiration	00:15:31	00:51:46	<b>01:12:47</b>	26	00:03:24	00:16:13	01:10:18			
11	ZIĘBA Adam	99	TRISPACE/TREK	M49	TRISPACE/TREK	00:14:53	00:50:39	<b>01:11:22</b>	17	00:03:32	00:16:20	01:11:47			
	LANGĘ Grzegorz	79	LANGĘ TRI COACH	M44		00:15:03	00:51:39	<b>01:12:08</b>	21	00:03:31	00:16:57	01:12:58			
13	SOKÓŁ Adam	67		M46		00:14:49	00:47:39	<b>01:06:13</b>	9	00:04:08	00:18:29	01:18:31			
14	MALISZEWSKI Michał	93		M46		00:14:45	00:49:51	<b>01:09:04</b>	12	00:04:11	00:17:33	01:16:07			
15	KRASNODEBSKI Sebastian	120	TM IRON TEAM	M40	TM Iron Team	00:15:06	00:52:27	<b>01:14:24</b>	28	00:03:51	00:16:51	01:12:12			
16	SWOBODA Sebastian	81	FIZJOSPEC	M35		00:14:50	00:50:13	<b>01:10:00</b>	14	00:04:19	00:17:13	01:17:14			
17	JACHIMSKI Jakub	92	TRIWAWA	M39	TRIWAWA	00:14:16	00:49:26	<b>01:09:09</b>	13	00:02:42	00:18:19	01:20:13			
18	KOZMINCZUK-MARKULAK Marek	111	TM IRON TEAM	M50	TM Iron Team	00:15:38	00:53:27	<b>01:14:53</b>	29	00:03:20	00:17:19	01:14:23			
19	DURMAJ Bartek	27		M38		00:15:19	00:51:47	<b>01:12:21</b>	24	00:02:54	00:18:07	01:17:49			
20	NENKAŁA Mateusz	64	JERZYK TEAM	M29		00:15:13	00:53:21	<b>01:15:30</b>	32	00:03:55	00:16:57	01:14:00			

Pozycja	Imię i Nazwisko	Wiek	Klub	Kategoria	Klub	Pływanie				Czas	Rower		Czas	Bieg	Czas
						00:15:44	00:54:51	01:16:37	39		00:04:52	00:16:40			
21	SKIBA Mariusz	49	KS IRONMAN SZCZECIN	M37		00:15:44	00:54:51	01:16:37	39	00:04:52	00:16:40	01:12:37			
22	HUNKIEWICZ Wojciech	78	MBC TEAM	M50		00:15:00	00:51:24	01:12:31	25	00:03:23	00:18:06	01:18:13			
23	STARZ Paweł	116		M41		00:15:54	00:53:51	01:14:57	30	00:03:19	00:18:09	01:16:05			
24	BUCHALIK Arkadiusz	24		M49		00:15:28	00:51:24	01:11:31	18	00:04:15	00:18:28	01:18:41			
25	WINIECKI Tomasz	44	IRON HOUSE TRIATHLON WŁOCŁAWEK	M48	Iron House Triathlon Włocławek	00:16:01	00:54:29	01:15:31	33	00:05:54	00:16:50	01:13:40			
26	PRZEDPEŁSKI Radosław	40	SNG WILD DUCKS	M40	SNG WILD DUCKS	00:16:13	00:54:53	01:15:56	37	00:05:32	00:17:07	01:14:23			
27	RYBAK Remigiusz	87	TRISPACE/TREK	M45	TRISPACE/TREK	00:16:01	00:55:57	01:18:06	44	00:03:43	00:17:17	01:14:38			
28	LETKOWSKI Dariusz	61	GAPMONT RUNNING TEAM	M44		00:15:00	00:51:06	01:10:37	15	00:04:03	00:19:11	01:21:48			
29	BYRTEK Grzegorz	9	TEAM CASTORAMA	M47		00:14:18	00:48:44	01:07:39	11	00:05:42	00:19:42	01:23:29			
30	JAGAS Radosław	84	HTF LUDWIK SIKORSKI	M50	HTF Ludwik Sikorski	00:15:35	00:53:42	01:15:42	35	00:04:06	00:17:48	01:17:10			
31	DYLIK Marcin	53	HTF LUDWIK SIKORSKI	M41		00:15:57	00:53:24	01:14:58	31	00:03:39	00:18:09	01:18:24			
32	PIESIK Dawid	17	IM INSPIRATION	M32		00:15:19	00:56:00	01:20:15	51	00:03:18	00:16:45	01:13:48			
	FAJFER Arkadiusz	35	SNG WILD DUCKS	M38	SNG WILD DUCKS	00:15:57	00:56:03	01:18:54	45	00:04:38	00:17:35	01:14:04			
34	CHMEL Sergiy	104	IRON TEAM CADENCE	M40		00:16:44	00:59:05	01:22:52	55	00:03:56	00:16:28	01:10:52			
35	WRÓBEL Mateusz	16	IRON HOUSE TRIATHLON WŁOCŁAWEK	M32	Iron House Triathlon Włocławek	00:16:28	00:54:29	01:15:35	34	00:04:11	00:18:22	01:18:17			
	BUDZANOWSKI Michał	85		M33		00:15:10	00:51:33	01:11:41	19	00:05:25	00:18:56	01:20:59			
37	MAZANKA Jakub	26		M46		00:15:20	00:51:45	01:12:15	22	00:04:19	00:18:39	01:21:39			
38	GERGER Laurenz	15	CRYSTAL PALACE TRIATHLETES	M29		00:15:45	00:54:55	01:17:43	42	00:05:36	00:17:12	01:15:24			
39	ŚLIWA Maciej	107	PAPRYKA	M39		00:16:19	00:57:09	01:20:01	50	00:05:04	00:17:10	01:15:32			
40	SUPERSON Wojtek	25		M51		00:14:47	00:50:50	01:11:10	16	00:04:04	00:20:07	01:25:24			
41	MOJSIEWICZ Sławomir	18		M46		00:15:51	00:54:49	01:16:52	40	00:03:56	00:18:23	01:20:10			
42	ZAVEDIUK Tania	105	IRON TEAM CADENCE	K36		00:15:22	00:51:48	01:12:20	23	00:04:52	00:19:46	01:24:18			
43	MICHALAK Lesław	114	N-BIKE ACADEMY	M46		00:15:29	00:51:55	01:11:49	20	00:07:30	00:19:45	01:22:11			
44	KUCIŃSKI Artur	95	JEBĄĆ PIS	M47		00:16:10	00:54:55	01:16:30	38	00:05:18	00:18:21	01:20:16			
45	JAROSZ Hubert	56		M30		00:15:09	00:54:51	01:18:01	43	00:05:59	00:18:33	01:20:46			
46	ZIĘBA Mateusz	55	FOREVER TEAM	M38		00:17:22	00:57:09	01:19:16	46	00:04:43	00:17:59	01:20:52			
47	KRAKOWSKI Jan	119	INVICTUS 3CITY	M28		00:16:52	01:00:38	01:25:43	60	00:02:43	00:17:48	01:17:10			
48	KALIN Władysław	29	TAEKWON-DO GROMOWSKI	M42		00:16:04	00:56:08	01:19:51	48	00:05:46	00:18:43	01:20:12			
49	CHOBOT Krzysztof	80		M44		00:16:11	00:56:52	01:19:22	47	00:06:21	00:18:39	01:20:52			
50	BYRTEK Marcin	12		M45		00:15:42	00:53:56	01:17:12	41	00:08:23	00:18:36	01:21:25			
51	SAŁEK Dominik	66		M26		00:15:38	00:54:16	01:15:54	36	00:05:07	00:21:36	01:28:41			
52	MASŁOWSKI Marcin	39	HTF LUDWIK SIKORSKI	M43	HTF Ludwik Sikorski	00:16:07	00:58:01	01:22:13	54	00:04:54	00:19:22	01:22:51			
53	ŁUCYSZYN Robert	42		M44		00:16:43	00:57:40	01:20:01	49	00:10:34	00:19:04	01:19:47			
54	RAJCA Daniel	96	IM INSPIRATION	M32	IM Inspiration	00:17:15	01:02:36	01:27:52	69	00:04:37	00:17:43	01:17:58			

					Pływanie				T1	Rower		T2	Bieg	Czas
55	<b>DUSIŃSKI Krzysztof</b>	<b>7</b>		M43	00:18:07	01:02:11	<b>01:26:35</b>	65	00:05:39	00:18:13	01:18:58			
56	<b>PIASECKI Radosław</b>	<b>121</b>		M28	00:16:25	00:59:14	<b>01:22:53</b>	56	00:05:22	00:18:54	01:23:11			
57	<b>WASZKIEWICZ Dariusz</b>	<b>45</b>	IM INSPIRATION / SPORT4LIFE	M46	00:18:32	01:04:41	<b>01:29:49</b>	77	00:05:42	00:17:53	01:16:03			
58	<b>LASSAK Bartosz</b>	<b>21</b>	AKADEMIA MISTRZÓW SPORTU	M46	00:17:54	01:02:38	<b>01:26:25</b>	64	00:05:15	00:18:45	01:21:06			
59	<b>MOTYLEWSKA Marta</b>	<b>47</b>	PTT DELTA	K31	00:17:53	01:02:59	<b>01:28:10</b>	70	00:03:59	00:18:56	01:20:39			
60	<b>GACKOWSKI Krzysztof</b>	<b>14</b>		M49	00:17:50	01:00:24	<b>01:23:34</b>	57	00:04:20	00:19:35	01:25:31			
61	<b>KUC Krzysztof</b>	<b>109</b>		M42	00:17:50	01:00:41	<b>01:24:39</b>	58	00:09:53	00:18:55	01:18:54			
62	<b>CHRAPKOWSKI Marcel</b>	<b>11</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M39	00:16:06	00:56:48	<b>01:20:29</b>	53	00:06:34	00:19:36	01:26:28			
63	<b>POPEK Maciej</b>	<b>10</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M45	00:17:52	01:03:30	<b>01:29:03</b>	74	00:05:34	00:19:05	01:21:09			
64	<b>ŁUPIŃSKI Daniel</b>	<b>63</b>	TRIATHLON SIEDLCE CLUB	M44	00:17:13	01:01:44	<b>01:25:53</b>	61	00:06:45	00:19:11	01:24:04			
65	<b>JUSZCZYK Mirosław</b>	<b>32</b>		M32	00:15:08	00:52:21	<b>01:14:10</b>	27	00:08:53	00:21:59	01:34:13			
66	<b>ZACHWIEJA Piotr</b>	<b>37</b>		M37	00:18:41	01:04:53	<b>01:28:50</b>	73	00:04:02	00:22:11	01:24:40			
67	<b>KUNKEL Mariusz</b>	<b>86</b>	SMARUJ NA TRENING	M46	00:18:01	01:04:49	<b>01:31:26</b>	80	00:05:27	00:18:55	01:20:42			
68	<b>CUPA Ireneusz</b>	<b>113</b>	TRIATHLON KONSULTING	M49	00:18:11	01:04:55	<b>01:31:20</b>	79	00:05:31	00:18:27	01:21:00			
69	<b>WOJDYŁA Paweł</b>	<b>77</b>	UNLIMITED SPORT 2.0	M36	00:17:28	01:03:05	<b>01:29:09</b>	75	00:06:32	00:19:16	01:22:34			
70	<b>FRĄCKOWIAK Marta</b>	<b>1</b>	TEAMOCHAL	K37	00:18:43	01:04:30	<b>01:29:17</b>	76	00:04:42	00:19:42	01:24:20			
71	<b>KONIECZNY Przemysław</b>	<b>83</b>	VELOCITY	M36	00:18:06	01:03:50	<b>01:28:19</b>	72	00:05:56	00:20:35	01:24:30			
72	<b>KONIEC Piotr</b>	<b>13</b>	IRONTATA / ALETEAM	M45	00:18:13	01:05:48	<b>01:32:09</b>	81	00:09:50	00:17:14	01:16:55			
73	<b>DREWUSZEWSKI Maciej</b>	<b>50</b>	4M	M44	00:18:48	01:04:17	<b>01:28:16</b>	71	00:07:43	00:19:31	01:23:40			
	<b>FRĄCKIEWICZ Paweł</b>	<b>41</b>		M23	00:16:29	00:57:37	<b>01:20:21</b>	52	00:08:01	00:20:35	01:31:22			
75	<b>SUBKOWSKI Artur</b>	<b>59</b>		M46	00:18:45	01:07:18	<b>01:33:27</b>	84	00:05:23	00:18:57	01:21:24			
76	<b>KLIMCZAK Marcin</b>	<b>103</b>		M46	00:21:07	01:10:55	<b>01:38:21</b>	92	00:03:59	00:17:55	01:18:48			
77	<b>WIECZOREK Bartosz</b>	<b>71</b>		M36	00:17:24	01:00:52	<b>01:24:56</b>	59	00:10:25	00:20:55	01:26:10			
78	<b>JANICKA-JAWOR Joanna</b>	<b>117</b>	EMJOT TRI TEAM	K44	00:17:48	01:01:06	<b>01:26:57</b>	67	00:07:11	00:20:10	01:27:36			
79	<b>STEFANIAK Mateusz</b>	<b>34</b>		M32	00:18:19	01:06:49	<b>01:34:49</b>	86	00:07:20	00:18:46	01:19:58			
80	<b>KRAWCZYK Dawid</b>	<b>112</b>	SUŁKOWSKA SZKOŁA TRI	M39	00:17:55	01:06:03	<b>01:33:09</b>	83	00:06:50	00:19:41	01:23:28			
81	<b>NIEMCZYK Kazimierz</b>	<b>108</b>		M60	00:19:17	01:07:56	<b>01:35:28</b>	87	00:05:47	00:19:39	01:23:07			

					Pływanie				T1	Rower		T2	Bieg	Czas
82	<b>SZCZĘŚNIAK Michał</b>	<b>91</b>		M38	00:18:24	01:04:58	<b>01:31:04</b>	78	00:07:09	00:19:56	01:26:17			
83	<b>WRZESZCZ Adrian</b>	<b>75</b>	ADRIAN! BŁAGAM WOLNIEJ.	M48	HTF Ludwik Sikorski	00:16:54	01:01:41	<b>01:26:48</b>	66	00:04:46	00:21:56	01:33:08		
84	<b>CZAPIEWSKI Krzysztof</b>	<b>22</b>		M37		00:19:28	01:08:16	<b>01:33:34</b>	85	00:08:00	00:19:19	01:24:35		
85	<b>BURŻACKA-TYC Agnieszka</b>	<b>43</b>	PTT DELTA	K50	PTT DELTA	00:17:59	01:02:32	<b>01:27:18</b>	68	00:06:11	00:21:20	01:33:53		
86	<b>KUZIEMSKI Tomasz</b>	<b>69</b>	KS MARATON OSTRÓW WLKP	M33		00:16:59	01:01:26	<b>01:26:00</b>	62	00:07:09	00:23:01	01:35:22		
87	<b>WALCZAK Krystian</b>	<b>28</b>	BIEGAJĄCE WALCZAKI	M40		00:20:05	01:10:06	<b>01:36:18</b>	89	00:05:36	00:20:05	01:27:05		
88	<b>JASIŃSKI Bogusław</b>	<b>31</b>		M69		00:18:49	01:05:55	<b>01:32:23</b>	82	00:05:49	00:22:49	01:31:17		
	<b>KORYTOWSKI Maciej</b>	<b>90</b>	ROWEROWE LIPNO	M39		00:17:55	01:02:15	<b>01:26:04</b>	63	00:09:57	00:21:51	01:33:49		
	<b>MISZTELA Tomasz</b>	<b>6</b>	PTT DELTA	M56	PTT DELTA	00:21:11	01:14:00	<b>01:42:20</b>	95	00:04:23	00:19:07	01:25:13		
91	<b>BELŻAK Filip</b>	<b>82</b>	TRIJET TEAM	M30		00:19:50	01:09:01	<b>01:36:41</b>	90	00:06:56	00:20:12	01:28:37		
92	<b>SUDOŁ Jacek</b>	<b>102</b>	PARKRUN BYDGOSZCZ	M44		00:18:50	01:08:05	<b>01:35:40</b>	88	00:05:42	00:21:08	01:30:52		
93	<b>NAGOW Michał</b>	<b>51</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M48	Iron House Triathlon Włocławek	00:20:08	01:11:49	<b>01:39:36</b>	93	00:09:48	00:19:51	01:26:16		
94	<b>JESION Remigiusz</b>	<b>94</b>	RUN DMT	M39		00:19:34	01:10:09	<b>01:38:12</b>	91	00:07:39	00:20:25	01:30:14		
95	<b>ZUBEK Rafał</b>	<b>46</b>	PTT DELTA	M55	PTT DELTA	00:20:32	01:13:34	<b>01:41:44</b>	94	00:07:08	00:21:05	01:32:55		
96	<b>UMIŃSKI Robert</b>	<b>97</b>		M42		00:21:19	01:16:28	<b>01:45:53</b>	96	00:07:07	00:20:46	01:32:38		
97	<b>KAZUBOWSKI Jacek</b>	<b>88</b>	TRIDARKO	M55		00:23:36	01:23:50	<b>01:56:02</b>	98	00:04:20	00:20:13	01:26:46		
98	<b>WARCHOŁ Ryszard</b>	<b>65</b>	CAŁY TWÓJ	M55		00:23:57	01:26:55	<b>02:00:31</b>	100	00:10:27	00:19:42	01:27:50		
99	<b>SZYMKUĆ Wojciech</b>	<b>73</b>	KRÓL BETONU	M33		00:21:40	01:18:40	<b>01:49:13</b>	97	00:09:07	00:23:05	01:41:41		
<b>Przekroczony limit czasu: 15:00:00</b>														
100	<b>ANDRAU Anatoli</b>	<b>89</b>	ALTIUS	M45		00:24:07	01:26:41	<b>01:59:34</b>	99	00:05:22	00:21:20	01:35:41		
101	<b>MACIEJOWSKA - BĄCZEK Katarzyna</b>	<b>101</b>	TM IRON TEAM	K47		00:25:33	01:30:46	<b>02:07:16</b>	101	00:05:56	00:25:47	01:45:24		
	<b>KĘDZIA Jarosław</b>	<b>5</b>	CASTORAMA	M43		00:23:22	01:37:36							
	<b>CZAJKOWSKI Arkadiusz</b>	<b>57</b>		M29		00:19:11								

Znaleziono 103 wynik(ów)