



METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: Metalkas Ocean Lava Triathlon Polska
Organizator: Towarzystwo Sportowe TRI-SPORT
Data: 2023-08-19
Miejsce: Bydgoszcz
Dystans: 226 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 84,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie				Bieg	Rower	
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Lidl 22.3km	R_Kusowo 79.8km
1	MAZUR Paweł	134	NAJMOWICZ TRIATHLON/UKS TRS SUSZ/ AGROLOK SPORT TEAM	M34		00:14:42	00:45:12	01:00:40	3	00:02:33	00:33:14	02:02:03
2	PETSUK Zoltán	222	UTE-MERIDA	M40		00:13:15	00:39:52	00:53:26	1	00:02:41	00:34:24	02:11:42
3	OPOLECKÝ Martin	187	OPOLTEAM	M39		00:14:55	00:45:24	01:00:53	4	00:03:05	00:34:56	02:06:54
	ZALEWSKI Igor	93	TRIATHLON CLUB WROCŁAW	M30	Triathlon Club Wrocław	00:14:28	00:43:57	00:59:19	2	00:03:04	00:35:54	02:10:23
5	SRNÁNEK Rastislav	115	ŠK TRIATLON PEZINOK	M28		00:16:53	00:52:52	01:11:03	18	00:03:04	00:33:12	02:02:13
6	BUZUN Rafał	219	TYCZYŃSKI TRIATHLON	M28		00:16:28	00:48:56	01:05:26	6	00:03:15	00:36:31	02:10:37
7	SZYMAŃSKI Piotr	44	MIELCARCS TEAM	M30	Mielcarcs Team	00:16:05	00:49:39	01:06:34	7	00:02:57	00:36:09	02:12:22
8	SZYMKOWIAK Norbert	220	GALIBIER BIKEFUN TEAM	M29		00:17:44	00:54:48	01:14:13	36	00:03:05	00:34:46	02:07:32
9	MATUSIAK Mateusz	216	SNG WILD DUCKS	M36	SNG Wild Ducks	00:16:51	00:51:23	01:09:29	13	00:03:27	00:36:51	02:15:19
10	WALCZAK Robert	123	CYTADELA BY NIGHT	M43	Czerwonak Biega	00:16:24	00:49:48	01:06:54	8	00:03:47	00:38:03	02:18:54
	OSMOLIK Jarek	85		M46		00:18:32	00:56:36	01:16:25	52	00:03:07	00:35:50	02:11:02
12	JAŹDZIEWSKI Dawid	211	TM IRONTEAM	M30	TM IronTeam	00:18:15	00:55:58	01:15:36	44	00:03:52	00:35:35	02:11:12
13	CHMEL Sergiy	59	IRON TEAM CADENCE	M41		00:19:16	00:59:59	01:21:38	78	00:03:22	00:34:30	02:06:16
	WIERZBOWSKI Krzysztof	7		M44		00:18:42	00:58:20	01:19:15	65	00:04:21	00:35:17	02:08:08
15	KRAJEWSKI Tomasz	121	KP PSP INOWROCŁAW	M35		00:17:06	00:52:39	01:11:12	19	00:03:20	00:38:28	02:19:59
16	KIEJNIH Filip	78	#BALBINATEAM	M30		00:17:38	00:54:50	01:13:05	28	00:04:04	00:37:12	02:17:22
17	LEWANDOWSKI Damian	167	PTT DELTA	M47	PTT DELTA	00:16:48	00:52:21	01:10:12	14	00:04:14	00:38:12	02:20:17
18	ŚWIEREK Andrzej	199	IRONMAN PRODMAR SZCZECIN	M47		00:18:19	00:56:01	01:16:15	49	00:04:45	00:36:08	02:13:57
	PADEREWSKI Albert	148	TRIATHLETIC TEAM	M31	Triathletic Team	00:18:03	00:54:19	01:12:40	24	00:03:13	00:37:21	02:19:05

					Pływanie				TR		Rower		Bieg	
20	BARANOWSKI Arkadiusz	184	BESKID TRIATHLON CENTER /MACHIKOSPORTSWEAR	M44	00:17:27	00:54:22	01:13:35	30	00:03:53	00:37:57	02:17:37			
21	SKIBA Mariusz	174	KS IRONMAN SZCZECIN	M38	00:18:01	00:55:03	01:13:51	33	00:06:07	00:37:13	02:16:18			
22	KULIK Michał	56	HTF LUDWIK SIKORSKI	M44	00:17:54	00:54:58	01:14:09	34	00:04:52	00:37:02	02:17:44			
23	PIEKARSKI Paweł	8		M33	00:16:11	00:50:06	01:07:26	9	00:03:52	00:38:59	02:26:46			
24	LENART Rafal	136	DRUŻYNA ML	M34	00:18:34	00:57:22	01:17:06	56	00:05:36	00:36:54	02:15:29			
25	JAŃCZAK Jarosław	158	SNG WILD DUCKS	M50	00:18:15	00:56:35	01:16:12	47	00:04:33	00:37:24	02:18:12			
26	MOZLER Jerzy	25		M49	00:17:33	00:53:40	01:12:33	22	00:06:15	00:38:06	02:20:18			
27	RYBAK Remigiusz	77	TRISPACE/TREK	M46	00:18:57	00:59:21	01:20:03	69	00:03:39	00:37:15	02:15:40			
	MICHAŁOWSKI Piotr	65	NADAKTYWNI	M32	00:16:32	00:50:34	01:07:49	10	00:05:05	00:40:09	02:26:51			
29	WINIECKI Tomasz	41	IRON HOUSE TRIATHLON WŁOCLAWEK	M49	00:18:36	00:57:45	01:17:36	58	00:04:52	00:37:21	02:17:41			
30	TABAK Konrad	169	PHO3NIX GVT TEAM	M40	00:17:46	00:54:57	01:13:47	31	00:06:07	00:40:00	02:21:24			
31	JOACHIMIAK Marek	99	TRITOGO	M32	00:18:57	00:59:39	01:20:36	71	00:03:13	00:37:18	02:17:29			
32	KURZAC Piotr	50	ANTEX TEAM	M41	00:17:20	00:52:26	01:10:20	15	00:05:18	00:39:50	02:25:52			
33	SZCZYRBOWSKI Michał	17	TURBOKILLERS	M42	00:17:37	00:55:00	01:14:12	35	00:03:59	00:38:32	02:23:33			
34	SOBOTA Mateusz	26	SREBRNI TRI	M32	00:17:24	00:53:34	01:11:58	21	00:04:11	00:39:33	02:26:07			
35	DUBAS Marek	137	WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL	M40	00:18:21	00:56:38	01:16:24	51	00:04:45	00:38:16	02:21:48			
36	SKROBAŃSKI Jakub	156		M31	00:16:25	00:51:35	01:09:27	11	00:04:35	00:40:21	02:29:00			
	OZDOBA Krzysztof	86	TRI MISSION	M50	00:18:31	00:56:53	01:16:22	50	00:04:18	00:38:40	02:22:25			
38	MIELCZAREK Marek	175	MARKOWI BIEGACZE / TRINERGY	M49	00:17:18	00:52:56	01:10:45	17	00:04:45	00:39:38	02:27:43			
39	TAMBORSKI Rafał	149	JERZYK TEAM	M44	00:19:33	01:00:34	01:20:59	77	00:03:45	00:37:55	02:18:33			
40	PATALON Piotr	34	ORKAMASTERS IŁAWA	M54	00:19:16	00:58:50	01:18:41	63	00:03:49	00:38:49	02:20:59			
41	BUTOWSKI Krzysztof	146	TORUŃSKI KLUB TRIATHLONOWY	M42	00:18:00	00:53:14	01:10:34	16	00:05:13	00:40:11	02:27:55			
42	CZUK Przemysław	130		M28	00:17:20	00:55:43	01:15:47	45	00:05:46	00:39:19	02:24:08			
43	ZIELIŃSKI Maciej	3	ELENSPORT.PL SKLEPY SPORTOWE	M39	00:19:32	01:01:51	01:24:10	90	00:03:30	00:36:47	02:18:06			
44	CZAJKOWSKI Krzysztof	203		M48	00:17:34	00:54:17	01:13:02	27	00:04:04	00:39:14	02:29:13			
45	PRZEMYSŁAW Seredyński	45	//CONSULT.RED	M41	00:17:29	00:54:07	01:12:56	26	00:03:38	00:40:32	02:30:06			
46	SIEMIŃSKI Bartek	33	TRITON KONIN	M43	00:17:41	00:55:39	01:16:06	46	00:07:03	00:39:38	02:23:33			
47	KOŚCIELSKI Mateusz	108	BRAVEHEARTS LEGIONOWO	M47	00:17:48	00:54:14	01:12:36	23	00:04:51	00:40:41	02:29:25			
48	BUCHALIK Arkadiusz	140		M50	00:18:32	00:56:50	01:16:15	48	00:03:41	00:39:32	02:26:56			

					Pływanie				Rower			Bieg		
49	BIRONT Krzysztof	88	BIELAWSKA AKADEMIA BIEGANIA	M43	00:18:34	00:57:30	01:16:56	54	00:04:30	00:40:59	02:25:30			
50	SKOCKI Bartłomiej	19	ORKAMASTERS IŁAWA	M44	00:18:35	00:57:53	01:17:42	59	00:04:51	00:39:36	02:24:30			
51	ZAVEDIUK Tetiana	182	IRON TEAM CADENCE	K37	00:17:29	00:53:39	01:11:49	20	00:05:02	00:41:00	02:30:18			
52	KUSIAK Marcin	183	ASICS FRONTRUNNER	M43	00:20:37	01:02:25	01:23:30	87	00:04:56	00:37:33	02:18:47			
53	NOWAK Antoni	141	EL-KIBA TEAM SŁUBICE	M25	00:17:17	00:55:26	01:15:21	42	00:04:27	00:40:34	02:27:39			
54	HIPNAROWICZ Grzegorz	21	SPORTTREND.PL	M44	00:17:33	00:54:18	01:12:42	25	00:04:35	00:40:57	02:30:11			
55	KOWALSKI Damian	9	SZAJBA TEAM	M37	00:17:20	00:53:59	01:13:17	29	00:07:20	00:40:13	02:26:54			
56	ŁAZ Kamil	223	WTLENIE	M40	Akademia Mistrzów Sportu	00:18:24	00:55:51	01:14:46	38	00:05:56	00:40:12	02:26:52		
57	GRZANECKI Rafał	213		M48		00:21:36	01:05:59	01:29:48	129	00:03:57	00:36:55	02:13:52		
58	ANTONIUK Marcin	144	LAMART	M48		00:18:34	00:57:40	01:18:04	62	00:06:37	00:38:39	02:23:09		
59	RUZYLO Patryk	209	PTSTUDIO	M36	PTstudio	00:21:07	01:03:52	01:25:42	95	00:04:26	00:37:26	02:18:13		
60	WARDA Marcin	131	ORT ŁOMIANKI	M43		00:18:27	00:57:31	01:17:58	61	00:04:45	00:39:42	02:26:01		
61	WOŁK Agata	177	FUNTRI	K28		00:18:51	00:59:18	01:20:22	70	00:04:02	00:39:57	02:24:31		
62	KUROWSKI Kamil	31	3GRAVITY	M38	3Gravity	00:19:22	01:01:55	01:23:46	88	00:05:36	00:37:21	02:19:49		
63	MIELCAREK Maciej	55	MIELCARKS TEAM	M33	Mielcarks Team	00:18:07	00:55:36	01:14:45	37	00:06:27	00:39:56	02:28:24		
64	KOCH Przemek	116		M37		00:19:42	00:59:45	01:20:38	72	00:04:41	00:39:52	02:24:27		
65	GRUBINSKAS Irmantas	185	PANEVEZIO TRIATLONO KLUBAS	M41		00:18:18	00:55:27	01:15:04	40	00:05:12	00:41:01	02:29:45		
66	KUMISZCZO Marcin	102	GT RAT	M35		00:17:35	00:54:42	01:13:50	32	00:04:07	00:42:15	02:32:32		
67	PORĘBA Norbert	128		M32		00:18:07	00:57:07	01:17:20	57	00:05:08	00:40:17	02:29:02		
68	PIGŁAS Adam	125		M42		00:19:30	01:00:21	01:20:45	73	00:06:15	00:39:20	02:24:43		
69	WYSOCKI Piotr	83		M37		00:20:09	01:03:49	01:26:49	105	00:04:33	00:37:58	02:20:43		
70	SKRZYPCZAK Pawel	118	TATA EMERYT	M39		00:15:41	00:48:04	01:04:33	5	00:06:45	00:43:40	02:41:16		
	SZADKOWSKI Jacek	107	FREERUNNER.PL	M45		00:18:43	00:57:31	01:17:05	55	00:05:33	00:41:11	02:30:19		
72	SUPERSON Wojtek	75		M52		00:18:26	00:56:14	01:15:17	41	00:06:47	00:40:17	02:30:59		
73	DUBIEL Robert	210	GAIT	M51		00:16:47	00:51:32	01:09:29	12	00:06:44	00:40:52	02:36:56		
74	IGNACZAK Jarosław	20	KABEL TEAM BYDGOSZCZ	M42		00:19:34	01:02:14	01:24:46	92	00:04:01	00:39:16	02:25:15		
75	SEVASTSYANAU Sergio	192	WOLNA BIALORUS	M46		00:21:43	01:06:35	01:30:13	132	00:05:31	00:37:40	02:18:29		
76	MARCJANEK Piotr	153	MOCARNE DZIKI	M40		00:19:11	00:59:15	01:19:44	68	00:05:49	00:40:06	02:28:44		
77	BLUMA Tomasz	111		M40		00:19:56	01:00:20	01:20:53	75	00:06:09	00:40:06	02:27:18		
78	MOJSIEWICZ Sławomir	172		M47		00:18:43	00:58:48	01:19:29	66	00:04:28	00:40:46	02:31:27		

					Pływanie				T1	Rower		Bieg	
79	NOWACZYK Bartosz	66		M38	00:20:22	01:03:49	01:27:11	106	00:08:06	00:37:03	02:20:13		
80	PIC Dawid	24	BYLE DO PRZODU	M31	00:18:07	00:55:59	01:14:50	39	00:04:38	00:44:07	02:36:07		
81	MARCINIAK Witold	12	IRON HOUSE TRIATHLON WŁOCLAWEK	M46	Iron House Triathlon Włocławek	00:21:31	01:04:19	01:26:21	102	00:05:43	00:39:09	02:25:29	
82	HEJNICKI Dariusz	198	DON TRUCKING GROUP	M36		00:20:52	01:03:44	01:25:55	96	00:05:52	00:40:56	02:26:13	
83	STEFANIAK Mateusz	122	TURBOKILLERS	M33	TurboKillers	00:19:49	01:02:35	01:25:22	94	00:04:32	00:41:04	02:29:47	
84	CUPA Ireneusz	214	TRIATHLON KONSULTING	M50	Triathlon Konsulting	00:20:53	01:05:51	01:30:15	133	00:05:26	00:38:44	02:24:05	
85	STEC Przemysław	79		M40		00:19:45	00:59:31	01:19:35	67	00:05:34	00:40:54	02:34:42	
87	KUCIŃSKI Artur	202		M48		00:18:19	00:56:07	01:15:22	43	00:06:43	00:40:20	02:37:56	
87	MACHAJ Adam	168		M36		00:20:29	01:04:12	01:27:37	109	00:09:59	00:39:45	02:23:42	
88	PODLEŚ Dawid	91	DAWAJKALACH	M32		00:22:52	01:06:16	01:28:32	116	00:05:38	00:39:57	02:27:56	
89	WYŻNIKIEWICZ Bartłomiej	32	ROWEROWA CZĘSTOCHOWA	M35		00:21:23	01:04:37	01:26:49	104	00:07:05	00:39:31	02:28:45	
90	ANIELAK Mateusz	27	BEAUTY BAŁUTY	M32		00:19:14	00:58:14	01:17:57	60	00:05:40	00:42:26	02:39:11	
91	GNIOT Katarzyna	197	KAPIJA	K43		00:19:37	01:01:23	01:23:05	83	00:04:52	00:43:17	02:34:58	
92	SKROK Krzysztof	43	PTT DELTA	M53	PTT DELTA	00:21:14	01:06:52	01:31:19	137	00:04:25	00:40:37	02:27:52	
93	FARRUGIA Nicky	204	MOSTA TRI MALTA	M63		00:19:05	00:58:41	01:18:51	64	00:06:20	00:43:17	02:38:55	
94	KRZYŻEWSKI Michał	39		M30		00:21:13	01:03:12	01:24:43	91	00:05:51	00:41:05	02:33:33	
95	CZAPIEWSKI Krzysztof	67	TRIPASSION	M38		00:21:39	01:06:28	01:28:57	120	00:07:15	00:40:13	02:28:04	
96	LISOWSKI Marcin	16		M42		00:21:06	01:06:34	01:29:26	127	00:05:59	00:40:39	02:28:55	
97	CZAJKA Daniel	97	TRI COMPLEX LUBAŃ	M36		00:22:42	01:12:18	01:37:27	165	00:04:48	00:38:45	02:22:10	
98	CHRAPKOWSKI Marcel	13	IRON HOUSE TRIATHLON WŁOCLAWEK	M40	Iron House Triathlon Włocławek	00:20:17	01:03:59	01:28:38	118	00:06:12	00:41:18	02:29:36	
99	MIELCAREK Jędrzej	57	MIELCARKS TEAM	M30	Mielcarks Team	00:19:24	01:00:39	01:22:06	80	00:07:10	00:42:00	02:35:37	
100	DZIURDA Marek	117	CHGT	M42		00:18:41	00:57:02	01:16:47	53	00:06:57	00:44:06	02:41:26	
101	WILK Szymon	173		M35		00:19:12	01:00:15	01:21:59	79	00:05:49	00:43:20	02:37:48	
102	JAŹDŻEWSKI Dawid	74		M42		00:22:12	01:06:06	01:28:58	121	00:06:01	00:41:07	02:30:57	
103	WIRA Mariusz	147	KB MIŚ BOREK WLKP.	M50		00:20:43	01:03:15	01:26:09	100	00:06:30	00:40:13	02:33:37	
104	JANAS Dariusz	36	CZERWONAK BIEGA	M48	Czerwonak Biega	00:19:53	01:01:13	01:23:15	85	00:06:57	00:41:43	02:36:17	
105	CZERBNIAK Norbert	154	TARNOWO PODGÓRNE BIEGA	M52		00:21:48	01:06:13	01:28:22	114	00:05:55	00:42:04	02:32:51	
106	POPEK Maciej	2	IRON HOUSE TRIATHLON WŁOCLAWEK	M46	Iron House Triathlon Włocławek	00:21:01	01:07:17	01:32:03	139	00:06:03	00:40:01	02:29:25	

					Pływanie				Rower			Bieg			
107	SINKA Damian	145	MG SPORT		M58				00:20:54	01:05:01	01:27:33	107	00:08:14	00:41:43	02:32:11
108	BERNER Karol	217	BECOME ONE		M36				00:19:55	01:02:07	01:23:49	89	00:06:19	00:42:30	02:38:07
109	OCHRYMOWICZ Mateusz	218	TRINITY		M32				00:18:56	01:00:00	01:20:58	76	00:05:16	00:43:43	02:42:01
110	BRODA Jarosław	96	TRIATHLON CLUB WROCŁAW		M54	Triathlon Club Wrocław			00:21:36	01:09:01	01:34:26	154	00:05:16	00:39:38	02:28:54
111	JADOWSKI Bartłomiej	87	TRI MISSION		M35	Tri Mission			00:19:31	01:01:22	01:23:09	84	00:07:33	00:42:51	02:38:10
112	DRZEWIECKI Rafał	46	AKADEMIA MISTRZÓW SPORTU		M48	Akademia Mistrzów Sportu			00:20:05	01:03:31	01:26:03	98	00:06:07	00:41:19	02:38:42
113	ANTHONIS Kevin	23			M30				00:18:33	01:00:10	01:22:34	81	00:10:08	00:43:14	02:39:05
	BURINSKAS Arturas	195	LITHUN		M57				00:23:01	01:11:56	01:37:22	163	00:05:29	00:40:03	02:29:37
115	KUBIK Michał	180			M31				00:19:10	01:02:20	01:24:48	93	00:04:10	00:44:03	02:43:40
116	DWORCZYK Wojciech	162			M47				00:24:22	01:19:21	01:49:13	188	00:09:33	00:36:33	02:13:56
117	SZRAJDA Marcin	60			M40				00:21:18	01:05:46	01:28:24	115	00:03:26	00:42:55	02:41:07
118	ŁAGOSZ Paweł	73			M41				00:23:22	01:11:19	01:36:02	158	00:05:08	00:40:02	02:31:59
119	WÓJTOWICZ Mateusz	126	AJRONMIM		M40				00:18:55	00:59:41	01:20:49	74	00:07:22	00:44:27	02:45:02
120	JARLACZYŃSKI Łukasz	221			M49				00:21:46	01:05:53	01:29:02	122	00:05:43	00:43:33	02:38:34
121	PARADOWSKI Filip	127	HASTEN TRIATHLON TEAM		M30				00:21:20	01:05:40	01:28:39	119	00:07:37	00:43:07	02:37:28
122	AL-DRAWI Asia	188	IM INSPIRATION		K45				00:21:55	01:06:21	01:29:13	123	00:09:11	00:42:51	02:36:11
123	KUŁACZEWSKI Krzysztof	47	W POGONI ZA DUCHEM		M34				00:21:34	01:06:24	01:29:19	125	00:06:51	00:40:58	02:38:26
124	SPRYSZYŃSKI Michał	157	TRIRODZINKA		M35				00:20:13	01:03:40	01:26:03	99	00:06:19	00:43:52	02:42:18
125	KOWALSKI Łukasz	159	COMPLEXSPORTS		M43				00:22:36	01:08:48	01:32:54	147	00:05:40	00:42:33	02:36:18
126	RYCHARSKI Bartosz	53			M40				00:21:40	01:07:38	01:32:27	142	00:05:05	00:41:23	02:37:39
127	SZEWczyk Mateusz	94	SUSHI TEAM		M36				00:23:20	01:12:40	01:38:07	170	00:05:27	00:41:16	02:31:41
128	BOGUSZEWSKI Bartłomiej	212			M28				00:21:37	01:06:19	01:28:19	113	00:05:03	00:43:11	02:42:04
129	CYBULSKI Konrad	170	HTF LUDWIK SIKORSKI / AMZ-KUTNO S.A.		M50				00:22:05	01:06:56	01:31:56	138	00:07:28	00:42:27	02:36:31
130	JESION Remigiusz	179			M40				00:22:19	01:10:41	01:36:23	160	00:06:40	00:41:45	02:33:18
131	HOJNOR Piotr	178	LITWIN SPORTS		M45				00:21:17	01:06:06	01:29:24	126	00:05:59	00:42:14	02:41:14
	KORYTOWSKI Maciej	165	ROWEROWE LIPNO		M40				00:19:51	01:01:40	01:23:22	86	00:10:23	00:45:03	02:43:46
	GRODOMIŃSKI Hubert	81	TRITON KONIN		M48				00:23:54	01:12:41	01:37:25	164	00:06:34	00:41:12	02:33:46
134	KRUPIŃSKI Jakub	106	TRI COMPLEX LUBAŃ		M39				00:20:06	01:05:32	01:30:08	131	00:06:45	00:40:37	02:40:53

					Pływanie				Rower		Bieg	
135	KUCHCIAK Mateusz	194		M29		00:19:41	01:01:16	01:22:48	82	00:06:44	00:44:15	02:48:35
136	WIECZOREK Maciek	124	RAKTEAM-TRIATHLON.PL	M51		00:23:19	01:10:44	01:36:06	159	00:06:00	00:43:08	02:36:25
137	LATOS Janusz	92	POLONIA ŚRODA	M61		00:21:15	01:05:26	01:27:56	112	00:05:13	00:44:13	02:45:37
138	FUSZARA Wojciech	186		M36		00:20:26	01:04:03	01:26:41	103	00:10:22	00:43:45	02:41:50
139	MĘCNER Michał	133		M45		00:20:41	01:03:39	01:26:19	101	00:09:24	00:43:30	02:43:18
140	LECH Mikołaj	100	WIEWIÓRY	M38		00:22:46	01:11:24	01:37:45	166	00:06:25	00:43:00	02:36:00
141	JAWORSKI Krzysztof	76		M50		00:23:09	01:09:46	01:32:59	148	00:10:54	00:41:56	02:36:51
142	JARGIŁO Michał	120		M36		00:21:16	01:07:35	01:32:46	145	00:11:08	00:42:52	02:37:17
143	GRUSZCZYK Grzegorz	54	TURBOKILLERS	M41	TurboKillers	00:22:32	01:11:59	01:37:45	167	00:06:58	00:42:49	02:36:34
144	OPOLECKÁ Pavla	205	OPOLTEAM	K37		00:21:59	01:08:52	01:33:26	150	00:05:00	00:45:30	02:43:08
145	NOWICKI Michał	80	BIEGANIE POD SOKOLIM OKIEM	M40		00:25:41	01:20:08	01:49:02	187	00:07:27	00:38:48	02:25:49
146	CIASZEK Grzegorz	206	SPORT GENERATION	M60		00:23:19	01:13:28	01:40:13	175	00:08:12	00:42:42	02:34:13
147	KLICKI Marcin	42	GRILL TEAM	M37		00:22:10	01:06:27	01:29:28	128	00:04:56	00:46:36	02:48:48
148	NALEWAJKO Jacek	95	#BIEGAJLESZNO	M46		00:20:36	01:04:19	01:27:34	108	00:08:09	00:45:01	02:47:47
149	TWARDOWSKI Michał	114		M38		00:20:46	01:07:13	01:32:39	143	00:07:48	00:44:57	02:43:33
150	NAGOW Michał	68	IRON HOUSE TRIATHLON WŁOCŁAWEK	M49	Iron House Triathlon Włocławek	00:21:06	01:08:08	01:32:48	146	00:06:39	00:46:43	02:45:07
151	ADAMSKI Sławomir Lucjan	142		M54		00:23:41	01:17:41	01:45:45	185	00:06:11	00:43:26	02:32:47
152	NOWICKI Bartłomiej	176	CENTRUM OGRODNICZE BOGDANOWO	M40		00:22:54	01:08:46	01:32:11	140	00:06:36	00:45:29	02:46:02
153	NOWAK Marcin	191	PAFARO	M42		00:23:46	01:10:31	01:33:24	149	00:08:21	00:42:44	02:43:26
154	PACZKOWSKI Mirosław	18		M53	Akademia Mistrzów Sportu	00:22:54	01:11:49	01:38:34	173	00:08:15	00:42:59	02:39:19
155	KUDREWICZ Mirek	164	EWOTRATHLION	M59		00:22:38	01:11:41	01:38:19	172	00:05:36	00:42:02	02:42:39
156	DOBRYŃSKI Andrzej	101	CHEŁMSKA GRUPA TRIATHLONU	M49		00:24:38	01:14:19	01:40:16	176	00:08:42	00:42:20	02:39:29
157	BIEGA Marek	215	GRAJAN TRIATHLON OŁAWA	M43		00:21:39	01:08:51	01:34:41	156	00:08:03	00:42:29	02:45:45
158	JANOWSKI Michał	110		M45		00:21:18	01:06:41	01:30:08	130	00:06:00	00:45:39	02:52:25
159	CHOJNACKI Grzegorz	143	CHOJNACKI TEAM	M47		00:24:36	01:17:36	01:44:41	183	00:10:15	00:41:49	02:33:37
160	PUCHAŁSKI Bartosz	103	USTAW SIĘ NA BIEGANIE W GDAŃSKU	M37		00:23:14	01:09:49	01:33:52	153	00:10:08	00:44:26	02:45:16
	GABRUK Andrzej	28	GABAG	M62		00:22:11	01:08:21	01:32:44	144	00:09:41	00:43:34	02:47:44

						Pływanie				TR		Rower		Bieg	
162	MISUN NOWAK Katarzyna	35	AKADEMIA MISTRZÓW SPORTU	K43	Akademia Mistrzów Sportu	00:20:06	01:03:27	01:25:57	97	00:06:30	00:46:48	02:58:18			
163	PAZDA-POZORSKA Małgorzata	189	POLTAREX	K41		00:21:44	01:06:41	01:29:14	124	00:05:32	00:46:21	02:56:36			
164	AUGUSTOWSKA Izabela	15	BELLAMAR ORZESZKÓW	K47		00:22:00	01:07:16	01:31:01	136	00:04:49	00:47:11	02:59:48			
165	CHOJA Sławomir	208	TOP FIT CENTER	M57		00:23:34	01:09:47	01:33:46	152	00:09:50	00:46:40	02:52:17			
Przekroczony limit czasu: 15:00:00															
166	BORN Marcin	150	OSP KŁODNICA	M56		00:23:03	01:12:38	01:37:50	169	00:06:27	00:45:25	02:52:16			
167	ADAMASZEK Beata	129		K31		00:20:42	01:05:15	01:28:37	117	00:08:57	00:47:17	02:59:27			
168	PIĄTKOWSKI Dariusz	89	CHEŁMSKA GRUPA TRIATHLONU	M61		00:23:27	01:13:17	01:38:18	171	00:10:13	00:44:02	02:48:48			
169	SZYMAŃSKA Agnieszka	113	SKS OBORNIKI	K42		00:23:30	01:10:48	01:35:36	157	00:07:57	00:47:25	02:54:45			
170	BRYGIER Jacek	51	PTT DELTA	M52	PTT DELTA	00:25:52	01:23:11	01:52:20	191	00:06:54	00:42:36	02:40:59			
	ZAMOYSKI Piotr	112		M34		00:21:01	01:08:06	01:34:36	155	00:06:56	00:43:58	02:58:48			
172	DOROSZ Marek	155	KB MANIAC POZNAŃ	M55		00:23:13	01:12:28	01:37:47	168	00:07:38	00:46:18	02:55:09			
173	WOLSKI Darek	119	DARO	M38		00:23:14	01:14:29	01:43:33	180	00:11:23	00:40:41	02:45:49			
	GĘBCZYŃSKI Paweł	72		M44		00:21:02	01:05:22	01:27:49	111	00:10:34	00:48:19	03:02:30			
175	ZABOROWSKI Maciej	151	PAFARO	M45		00:21:34	01:07:24	01:30:17	134	00:08:58	00:45:21	03:01:47			
176	SMOLARCZYK Krzysztof	82		M50		00:23:12	01:13:04	01:39:02	174	00:07:26	00:46:54	02:55:40			
	WRZOSEK Jarosław	105		M52	Mielcarks Team	00:25:32	01:20:25	01:49:33	190	00:08:35	00:44:50	02:46:01			
	KOZIŃSKI Dariusz	181	ITOO	M46		00:23:08	01:14:22	01:42:01	178	00:05:48	00:43:19	02:57:38			
179	KOWALCZYK Katarzyna	200		K31		00:23:16	01:12:27	01:36:49	161	00:12:02	00:45:34	02:57:02			
180	KUBISZYN BZDYK Agata	201		K50		00:24:28	01:12:27	01:36:49	162	00:12:01	00:45:45	02:57:09			
181	GIBUŁA Bartłomiej	109	WAT	M24		00:20:13	01:04:49	01:27:48	110	00:07:16	00:52:45	03:13:47			
182	GESZKIEWICZ Marta	4	MIELCARCS TEAM	K37	Mielcarks Team	00:24:58	01:16:21	01:44:16	181	00:09:10	00:46:52	02:56:02			
183	ŁUKOWSKI Dariusz	90	GMINA STRZELCE OPOLSKIE	M59		00:25:41	01:18:15	01:45:26	184	00:07:37	00:47:26	02:57:21			
184	JANKOWSKI Jarosław	135		M26		00:25:43	01:21:16	01:48:20	186	00:09:46	00:46:46	02:52:52			
185	LEPA-ROMAN Magdalena	10	SFORA BMK	K45		00:27:50	01:24:14	01:54:03	192	00:05:23	00:46:53	02:54:01			
186	MIDSEM Sixten	163		M19		00:21:49	01:11:51	01:42:02	179	00:10:09	00:49:27	03:02:41			
	JAŚKOWIAK Tomasz	98		M49		00:22:31	01:08:04	01:32:11	141	00:13:11	00:48:53	03:13:07			
	MOZLER Agnieszka	38		K48		00:24:04	01:14:39	01:41:06	177	00:09:12	00:48:19	03:09:19			

					Pływanie				T1	Rower		T2	Bieg	Całk.
189	WAWRZYNIAK Kacper	52		M24	00:27:29	01:25:15	01:56:53	193	00:05:39	00:47:29	02:59:20			
190	SIECZKO Tomek	58	KOSTERA TEAM	M35	00:21:39	01:06:58	01:30:59	135	00:05:58	00:41:36	03:24:59			
191	KACZYŃSKI Marcin	14	NEXERIANIE	M46	00:23:45	01:15:09	01:44:31	182	00:13:09	00:49:43	03:06:05			
192	WOJDYŁO Wojciech	196	AKTYWNY DYNÓW / 21 BSP	M37	00:27:37	01:22:25	01:49:27	189	00:15:16	00:52:07	03:12:02			
	STOYKOV Pavlin	171		M53	00:28:43	01:31:27	02:03:00	194	00:11:07	00:49:28	03:04:27			
194	WÓJTYCH Robert	160	TRIATHLON TEAM AQUAPARK WĄGROWIEC	M51	00:22:12	01:08:57	01:33:30	151	00:09:12	00:47:58	03:43:07			
	CUCU Paul	70		M19	00:31:37	01:38:09	02:12:33	195	00:08:09	00:45:52				
		1												

Znaleziono 196 wynik(ów)