

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Metalkas Ocean Lava Triathlon Polska  
Towarzystwo Sportowe TRI-SPORT  
2023-08-19  
Bydgoszcz  
226 km

Klasyfikacja: Wszyscy

Punkt pomiarowy: 184,5 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie				T1	Rower					T2	Bieg
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Lidl 22.3km	R_Kusowo 79.8km	R_Lidl 101.3km	R_Kusowo 158.8km	R_Lidl 180km		
1	<b>MAZUR Paweł</b>	<b>134</b>	NAJMOWICZ TRIATHLON/UKS TRS SUSZ/ AGROLOK SPORT TEAM	M34		00:14:42	00:45:12	<b>01:00:40</b>	3	00:02:33	00:33:14	02:02:03	02:34:54	04:08:34	<b>04:42:17</b>	2	00:01:59
2	<b>PETSUK Zoltán</b>	<b>222</b>	UTE-MERIDA	M40		00:13:15	00:39:52	<b>00:53:26</b>	1	00:02:41	00:34:24	02:11:42	02:45:43	04:19:57	<b>04:54:39</b>	5	00:01:24
3	<b>OPOLECKÝ Martin</b>	<b>187</b>	OPOLTEAM	M39		00:14:55	00:45:24	<b>01:00:53</b>	4	00:03:05	00:34:56	02:06:54	02:40:03	04:13:22	<b>04:47:19</b>	3	00:03:33
4	<b>SRNÁNEK Rastislav</b>	<b>115</b>	ŠK TRIATLON PEZINOK	M28		00:16:53	00:52:52	<b>01:11:03</b>	18	00:03:04	00:33:12	02:02:13	02:35:12	04:07:32	<b>04:39:56</b>	1	00:03:37
5	<b>BUZUN Rafał</b>	<b>219</b>	TYCZYŃSKI TRIATHLON	M28		00:16:28	00:48:56	<b>01:05:26</b>	6	00:03:15	00:36:31	02:10:37	02:45:21	04:20:13	<b>04:55:20</b>	6	00:02:42
6	<b>SZYMAŃSKI Piotr</b>	<b>44</b>	MIELCARCS TEAM	M30	Mielcarsk Team	00:16:05	00:49:39	<b>01:06:34</b>	7	00:02:57	00:36:09	02:12:22	02:48:23	04:28:37	<b>05:05:01</b>	11	00:02:15
7	<b>CHMEL Sergiy</b>	<b>59</b>	IRON TEAM CADENCE	M41		00:19:16	00:59:59	<b>01:21:38</b>	78	00:03:22	00:34:30	02:06:16	02:40:01	04:15:08	<b>04:49:18</b>	4	00:02:46
8	<b>SZYMKOWIAK Norbert</b>	<b>220</b>	GALIBIER BIKEFUN TEAM	M29		00:17:44	00:54:48	<b>01:14:13</b>	36	00:03:05	00:34:46	02:07:32	02:42:24	04:22:16	<b>04:58:58</b>	8	00:02:01
9	<b>MATUSIAK Mateusz</b>	<b>216</b>	SNG WILD DUCKS	M36	SNG Wild Ducks	00:16:51	00:51:23	<b>01:09:29</b>	13	00:03:27	00:36:51	02:15:19	02:50:56	04:29:58	<b>05:06:09</b>	13	00:03:26
10	<b>JAŹDZIEWSKI Dawid</b>	<b>211</b>	TM IRONTEAM	M30	TM IronTeam	00:18:15	00:55:58	<b>01:15:36</b>	44	00:03:52	00:35:35	02:11:12	02:46:45	04:25:53	<b>05:02:39</b>	9	00:01:44
	<b>WIERZBOWSKI Krzysztof</b>	<b>7</b>		M44		00:18:42	00:58:20	<b>01:19:15</b>	65	00:04:21	00:35:17	02:08:08	02:42:45	04:19:57	<b>04:55:38</b>	7	00:06:08
12	<b>RYBAK Remigiusz</b>	<b>77</b>	TRISPACE/TREK	M46	TRISPACE/TREK	00:18:57	00:59:21	<b>01:20:03</b>	69	00:03:39	00:37:15	02:15:40	02:51:17	04:28:44	<b>05:03:43</b>	10	00:02:01
13	<b>ŚWIEREK Andrzej</b>	<b>199</b>	IRONMAN PRODMAR SZCZECIN	M47		00:18:19	00:56:01	<b>01:16:15</b>	49	00:04:45	00:36:08	02:13:57	02:49:49	04:31:57	<b>05:08:16</b>	14	00:01:41
14	<b>WALCZAK Robert</b>	<b>123</b>	CYTADELA BY NIGHT	M43	Czerwonak Biega	00:16:24	00:49:48	<b>01:06:54</b>	8	00:03:47	00:38:03	02:18:54	02:57:35	04:42:08	<b>05:20:50</b>	29	00:02:56
15	<b>KIEJNIH Filip</b>	<b>78</b>	#BALBINATEAM	M30		00:17:38	00:54:50	<b>01:13:05</b>	28	00:04:04	00:37:12	02:17:22	02:54:10	04:36:56	<b>05:16:52</b>	21	00:02:57
16	<b>SKIBA Mariusz</b>	<b>174</b>	KS IRONMAN SZCZECIN	M38		00:18:01	00:55:03	<b>01:13:51</b>	33	00:06:07	00:37:13	02:16:18	02:54:34	04:37:45	<b>05:15:14</b>	17	00:02:50
17	<b>LEWANDOWSKI Damian</b>	<b>167</b>	PTT DELTA	M47	PTT DELTA	00:16:48	00:52:21	<b>01:10:12</b>	14	00:04:14	00:38:12	02:20:17	02:58:15	04:44:42	<b>05:23:16</b>	33	00:02:09
18	<b>KULIK Michał</b>	<b>56</b>	HTF LUDWIK SIKORSKI	M44		00:17:54	00:54:58	<b>01:14:09</b>	34	00:04:52	00:37:02	02:17:44	02:54:13	04:37:56	<b>05:16:39</b>	19	00:04:11
19	<b>KRAJEWSKI Tomasz</b>	<b>121</b>	KP PSP INOWROCLAW	M35		00:17:06	00:52:39	<b>01:11:12</b>	19	00:03:20	00:38:28	02:19:59	02:59:57	04:45:30	<b>05:23:46</b>	34	00:01:56
20	<b>JOACHIMIAK Marek</b>	<b>99</b>	TRITOGO	M32		00:18:57	00:59:39	<b>01:20:36</b>	71	00:03:13	00:37:18	02:17:29	02:54:41	04:37:53	<b>05:14:34</b>	16	00:01:57
21	<b>LENART Rafał</b>	<b>136</b>	DRUŻYNA ML	M34		00:18:34	00:57:22	<b>01:17:06</b>	56	00:05:36	00:36:54	02:15:29	02:51:39	04:35:56	<b>05:15:37</b>	18	00:02:48
22	<b>GRZANECKI Rafał</b>	<b>213</b>		M48		00:21:36	01:05:59	<b>01:29:48</b>	129	00:03:57	00:36:55	02:13:52	02:49:15	04:28:43	<b>05:05:32</b>	12	00:03:01
23	<b>TAMBORSKI Rafał</b>	<b>149</b>	JERZYK TEAM	M44		00:19:33	01:00:34	<b>01:20:59</b>	77	00:03:45	00:37:55	02:18:33	02:55:23	04:39:41	<b>05:16:46</b>	20	00:02:29
24	<b>JAŃCZAK Jarosław</b>	<b>158</b>	SNG WILD DUCKS	M50	SNG Wild Ducks	00:18:15	00:56:35	<b>01:16:12</b>	47	00:04:33	00:37:24	02:18:12	02:55:42	04:42:03	<b>05:20:14</b>	28	00:03:29
25	<b>BARANOWSKI Arkadiusz</b>	<b>184</b>	BESKID TRIATHLON CENTER /MACHIKOSPORTSWEAR	M44		00:17:27	00:54:22	<b>01:13:35</b>	30	00:03:53	00:37:57	02:17:37	02:55:37	04:45:20	<b>05:23:51</b>	35	00:03:28
26	<b>PATALON Piotr</b>	<b>34</b>	ORKAMASTERS IŁAWA	M54		00:19:16	00:58:50	<b>01:18:41</b>	63	00:03:49	00:38:49	02:20:59	02:58:30	04:43:31	<b>05:21:03</b>	30	00:01:39

						Pływanie				Rower				Bieg			
	<b>OZDOBA Krzysztof</b>	<b>86</b>	TRI MISSION	M50	Tri Mission	00:18:31	00:56:53	<b>01:16:22</b>	50	00:04:18	00:38:40	02:22:25	03:00:27	04:43:51	<b>05:21:36</b>	<b>31</b>	00:03:17
28	<b>TABAK Konrad</b>	<b>169</b>	PHO3NIX GVT TEAM	M40		00:17:46	00:54:57	<b>01:13:47</b>	31	00:06:07	00:40:00	02:21:24	03:00:01	04:43:56	<b>05:22:54</b>	<b>32</b>	00:02:52
29	<b>SOBOTA Mateusz</b>	<b>26</b>	SREBRNI TRI	M32	Srebrni Tri	00:17:24	00:53:34	<b>01:11:58</b>	21	00:04:11	00:39:33	02:26:07	03:05:21	04:50:07	<b>05:28:05</b>	<b>43</b>	00:02:49
30	<b>WINIECKI Tomasz</b>	<b>41</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M49	Iron House Triathlon Włocławek	00:18:36	00:57:45	<b>01:17:36</b>	58	00:04:52	00:37:21	02:17:41	02:55:11	04:40:27	<b>05:20:08</b>	<b>27</b>	00:04:38
31	<b>ZIELIŃSKI Maciej</b>	<b>3</b>	ELENSPORT.PL SKLEPY SPORTOWE	M39		00:19:32	01:01:51	<b>01:24:10</b>	90	00:03:30	00:36:47	02:18:06	02:55:44	04:41:27	<b>05:19:15</b>	<b>25</b>	00:02:11
32	<b>KUSIAK Marcin</b>	<b>183</b>	ASICS FRONTRUNNER	M43		00:20:37	01:02:25	<b>01:23:30</b>	87	00:04:56	00:37:33	02:18:47	02:56:27	04:40:22	<b>05:18:30</b>	<b>22</b>	00:02:12
33	<b>SKOCKI Bartłomiej</b>	<b>19</b>	ORKAMASTERS IŁAWA	M44		00:18:35	00:57:53	<b>01:17:42</b>	59	00:04:51	00:39:36	02:24:30	03:01:53	04:47:43	<b>05:24:25</b>	<b>36</b>	00:02:17
34	<b>ŁAZ Kamil</b>	<b>223</b>	WTLENIE	M40	Akademia Mistrzów Sportu	00:18:24	00:55:51	<b>01:14:46</b>	38	00:05:56	00:40:12	02:26:52	03:04:18	04:48:46	<b>05:26:39</b>	<b>38</b>	00:02:31
35	<b>BIRONT Krzysztof</b>	<b>88</b>	BIELAWSKA AKADEMIA BIEGANIA	M43		00:18:34	00:57:30	<b>01:16:56</b>	54	00:04:30	00:40:59	02:25:30	03:04:34	04:49:17	<b>05:27:21</b>	<b>42</b>	00:02:28
36	<b>RUZYŁO Patryk</b>	<b>209</b>	PTSTUDIO	M36	PTstudio	00:21:07	01:03:52	<b>01:25:42</b>	95	00:04:26	00:37:26	02:18:13	02:55:39	04:41:07	<b>05:18:35</b>	<b>23</b>	00:02:39
37	<b>MIELCZAREK Marek</b>	<b>175</b>	MARKOWI BIEGACZE / TRINERGY	M49		00:17:18	00:52:56	<b>01:10:45</b>	17	00:04:45	00:39:38	02:27:43	03:07:39	04:55:22	<b>05:33:03</b>	<b>51</b>	00:02:53
38	<b>PIEKARSKI Paweł</b>	<b>8</b>		M33		00:16:11	00:50:06	<b>01:07:26</b>	9	00:03:52	00:38:59	02:26:46	03:05:55	04:59:07	<b>05:40:04</b>	<b>67</b>	00:02:26
39	<b>DUBAS Marek</b>	<b>137</b>	WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL	M40		00:18:21	00:56:38	<b>01:16:24</b>	51	00:04:45	00:38:16	02:21:48	03:00:58	04:48:58	<b>05:26:56</b>	<b>40</b>	00:05:50
40	<b>MOZLER Jerzy</b>	<b>25</b>		M49		00:17:33	00:53:40	<b>01:12:33</b>	22	00:06:15	00:38:06	02:20:18	02:58:42	04:54:26	<b>05:32:13</b>	<b>49</b>	00:04:08
41	<b>SZCZYRBOWSKI Michał</b>	<b>17</b>	TURBOKILLERS	M42	TurboKillers	00:17:37	00:55:00	<b>01:14:12</b>	35	00:03:59	00:38:32	02:23:33	03:04:37	04:57:23	<b>05:36:21</b>	<b>57</b>	00:02:16
	<b>MICHAŁOWSKI Piotr</b>	<b>65</b>	NADAKTYWNI	M32		00:16:32	00:50:34	<b>01:07:49</b>	10	00:05:05	00:40:09	02:26:51	03:06:51	04:58:23	<b>05:40:04</b>	<b>68</b>	00:04:14
43	<b>NOWACZYK Bartosz</b>	<b>66</b>		M38		00:20:22	01:03:49	<b>01:27:11</b>	106	00:08:06	00:37:03	02:20:13	02:58:02	04:41:45	<b>05:18:47</b>	<b>24</b>	00:03:38
44	<b>WARDA Marcin</b>	<b>131</b>	ORT ŁOMIANKI	M43		00:18:27	00:57:31	<b>01:17:58</b>	61	00:04:45	00:39:42	02:26:01	03:04:27	04:52:29	<b>05:32:23</b>	<b>50</b>	00:03:18
45	<b>BUCHALIK Arkadiusz</b>	<b>140</b>		M50		00:18:32	00:56:50	<b>01:16:15</b>	48	00:03:41	00:39:32	02:26:56	03:06:29	04:56:00	<b>05:35:28</b>	<b>54</b>	00:03:17
46	<b>KURZAC Piotr</b>	<b>50</b>	ANTEX TEAM	M41		00:17:20	00:52:26	<b>01:10:20</b>	15	00:05:18	00:39:50	02:25:52	03:05:41	04:59:42	<b>05:40:33</b>	<b>70</b>	00:02:34
47	<b>SEVASTSYANAU Sergio</b>	<b>192</b>	WOLNA BIALORUS	M46		00:21:43	01:06:35	<b>01:30:13</b>	132	00:05:31	00:37:40	02:18:29	02:55:39	04:41:20	<b>05:19:46</b>	<b>26</b>	00:03:24
48	<b>SIEMIŃSKI Bartek</b>	<b>33</b>	TRITON KONIN	M43		00:17:41	00:55:39	<b>01:16:06</b>	46	00:07:03	00:39:38	02:23:33	03:02:10	04:51:32	<b>05:30:38</b>	<b>48</b>	00:05:22
49	<b>HIPNAROWICZ Grzegorz</b>	<b>21</b>	SPORTTREND.PL	M44		00:17:33	00:54:18	<b>01:12:42</b>	25	00:04:35	00:40:57	02:30:11	03:10:28	04:57:50	<b>05:38:08</b>	<b>64</b>	00:04:33
50	<b>ZAVEDIUK Tetiana</b>	<b>182</b>	IRON TEAM CADENCE	K37		00:17:29	00:53:39	<b>01:11:49</b>	20	00:05:02	00:41:00	02:30:18	03:09:57	04:59:43	<b>05:38:26</b>	<b>65</b>	00:04:58
51	<b>KOWALSKI Damian</b>	<b>9</b>	SZAJBA TEAM	M37		00:17:20	00:53:59	<b>01:13:17</b>	29	00:07:20	00:40:13	02:26:54	03:05:37	04:56:42	<b>05:35:51</b>	<b>56</b>	00:04:14
52	<b>ANTONIUK Marcin</b>	<b>144</b>	LAMART	M48		00:18:34	00:57:40	<b>01:18:04</b>	62	00:06:37	00:38:39	02:23:09	03:01:38	04:49:54	<b>05:28:57</b>	<b>44</b>	00:07:06
53	<b>PIGŁAS Adam</b>	<b>125</b>		M42		00:19:30	01:00:21	<b>01:20:45</b>	73	00:06:15	00:39:20	02:24:43	03:03:36	04:50:51	<b>05:29:40</b>	<b>45</b>	00:04:15
54	<b>WYSOCKI Piotr</b>	<b>83</b>		M37		00:20:09	01:03:49	<b>01:26:49</b>	105	00:04:33	00:37:58	02:20:43	02:59:03	04:48:23	<b>05:26:39</b>	<b>39</b>	00:03:38
55	<b>KUROWSKI Kamil</b>	<b>31</b>	3GRAVITY	M38	3Gravity	00:19:22	01:01:55	<b>01:23:46</b>	88	00:05:36	00:37:21	02:19:49	02:57:59	04:50:24	<b>05:30:31</b>	<b>47</b>	00:02:20
56	<b>PRZEMYSŁAW Seredyński</b>	<b>45</b>	//CONSULT.RED	M41		00:17:29	00:54:07	<b>01:12:56</b>	26	00:03:38	00:40:32	02:30:06	03:09:56	05:02:25	<b>05:42:54</b>	<b>76</b>	00:03:18
57	<b>KOCH Przemek</b>	<b>116</b>		M37		00:19:42	00:59:45	<b>01:20:38</b>	72	00:04:41	00:39:52	02:24:27	03:03:01	04:54:47	<b>05:33:52</b>	<b>52</b>	00:04:23
58	<b>GRUBINSKAS Irmantas</b>	<b>185</b>	PANEVEZIO TRIATLONO KLUBAS	M41		00:18:18	00:55:27	<b>01:15:04</b>	40	00:05:12	00:41:01	02:29:45	03:10:05	05:00:20	<b>05:37:50</b>	<b>62</b>	00:05:31
59	<b>KOŚCIELSKI Mateusz</b>	<b>108</b>	BRAVEHEARTS LEGIONOWO	M47		00:17:48	00:54:14	<b>01:12:36</b>	23	00:04:51	00:40:41	02:29:25	03:10:27	05:01:58	<b>05:42:54</b>	<b>75</b>	00:03:23
60	<b>NOWAK Antoni</b>	<b>141</b>	EL-KIBA TEAM SŁUBICE	M25		00:17:17	00:55:26	<b>01:15:21</b>	42	00:04:27	00:40:34	02:27:39	03:07:34	05:00:33	<b>05:42:47</b>	<b>74</b>	00:02:06
61	<b>MARCINIAK Witold</b>	<b>12</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M46	Iron House Triathlon Włocławek	00:21:31	01:04:19	<b>01:26:21</b>	102	00:05:43	00:39:09	02:25:29	03:04:42	04:51:54	<b>05:30:23</b>	<b>46</b>	00:02:44

				Pływanie				Rower				Bieg					
Rank	Name	Age	Team	Swim	Swim	Swim	Swim	Cycling	Cycling	Cycling	Cycling	Run					
62	<b>CZUK Przemysław</b>	130		M28	00:17:20	00:55:43	<b>01:15:47</b>	45	00:05:46	00:39:19	02:24:08	03:03:22	04:59:08	<b>05:42:20</b>	73	00:02:16	
63	<b>IGNACZAK Jarosław</b>	20	KABEL TEAM BYDGOSZCZ	M42	00:19:34	01:02:14	<b>01:24:46</b>	92	00:04:01	00:39:16	02:25:15	03:04:49	04:55:48	<b>05:35:28</b>	55	00:01:55	
64	<b>CUPA Ireneusz</b>	214	TRIATHLON KONSULTING	M50	Triathlon Konsulting	00:20:53	01:05:51	<b>01:30:15</b>	133	00:05:26	00:38:44	02:24:05	03:02:46	04:48:55	<b>05:25:32</b>	37	00:04:58
65	<b>SKROBAŃSKI Jakub</b>	156		M31		00:16:25	00:51:35	<b>01:09:27</b>	11	00:04:35	00:40:21	02:29:00	03:09:22	05:06:30	<b>05:49:09</b>	88	00:03:32
66	<b>BUTOWSKI Krzysztof</b>	146	TORUŃSKI KLUB TRIATHLONOWY	M42		00:18:00	00:53:14	<b>01:10:34</b>	16	00:05:13	00:40:11	02:27:55	03:09:33	05:08:43	<b>05:50:13</b>	90	00:04:58
67	<b>WOŁK Agata</b>	177	FUNTRI	K28		00:18:51	00:59:18	<b>01:20:22</b>	70	00:04:02	00:39:57	02:24:31	03:05:16	04:56:44	<b>05:37:51</b>	63	00:08:58
68	<b>STEFANIAK Mateusz</b>	122	TURBOKILLERS	M33	TurboKillers	00:19:49	01:02:35	<b>01:25:22</b>	94	00:04:32	00:41:04	02:29:47	03:10:44	05:00:53	<b>05:39:26</b>	66	00:01:58
69	<b>MIELCAREK Maciej</b>	55	MIELCARKS TEAM	M33	Mielcarks Team	00:18:07	00:55:36	<b>01:14:45</b>	37	00:06:27	00:39:56	02:28:24	03:08:04	05:03:45	<b>05:46:00</b>	84	00:04:34
70	<b>MARCJANEK Piotr</b>	153	MOCARNE DZIKI	M40		00:19:11	00:59:15	<b>01:19:44</b>	68	00:05:49	00:40:06	02:28:44	03:09:29	05:02:25	<b>05:43:18</b>	79	00:03:11
71	<b>CZAJKOWSKI Krzysztof</b>	203		M48		00:17:34	00:54:17	<b>01:13:02</b>	27	00:04:04	00:39:14	02:29:13	03:09:28	05:04:49	<b>05:46:56</b>	85	00:08:13
72	<b>CZAJKA Daniel</b>	97	TRI COMPLEX LUBAŃ	M36		00:22:42	01:12:18	<b>01:37:27</b>	165	00:04:48	00:38:45	02:22:10	03:00:03	04:47:26	<b>05:27:19</b>	41	00:02:46
73	<b>DWORCZYK Wojciech</b>	162		M47		00:24:22	01:19:21	<b>01:49:13</b>	188	00:09:33	00:36:33	02:13:56	02:50:14	04:31:49	<b>05:08:25</b>	15	00:06:41
74	<b>KUMISZCZO Marcin</b>	102	GT RAT	M35		00:17:35	00:54:42	<b>01:13:50</b>	32	00:04:07	00:42:15	02:32:32	03:14:45	05:11:47	<b>05:52:46</b>	93	00:03:51
75	<b>WIRA Mariusz</b>	147	KB MIŚ BOREK WLKP.	M50		00:20:43	01:03:15	<b>01:26:09</b>	100	00:06:30	00:40:13	02:33:37	03:12:09	04:58:54	<b>05:36:40</b>	58	00:05:15
76	<b>SKROK Krzysztof</b>	43	PTT DELTA	M53	PTT DELTA	00:21:14	01:06:52	<b>01:31:19</b>	137	00:04:25	00:40:37	02:27:52	03:07:33	04:57:21	<b>05:36:42</b>	59	00:03:31
77	<b>HEJNICKI Dariusz</b>	198	DON TRUCKING GROUP	M36		00:20:52	01:03:44	<b>01:25:55</b>	96	00:05:52	00:40:56	02:26:13	03:06:20	05:01:10	<b>05:40:26</b>	69	00:04:15
78	<b>PIC Dawid</b>	24	BYLE DO PRZODU	M31		00:18:07	00:55:59	<b>01:14:50</b>	39	00:04:38	00:44:07	02:36:07	03:18:29	05:15:53	<b>05:58:14</b>	100	00:02:35
79	<b>LISOWSKI Marcin</b>	16		M42		00:21:06	01:06:34	<b>01:29:26</b>	127	00:05:59	00:40:39	02:28:55	03:08:02	05:01:00	<b>05:41:18</b>	71	00:04:33
80	<b>SUPERSON Wojtek</b>	75		M52		00:18:26	00:56:14	<b>01:15:17</b>	41	00:06:47	00:40:17	02:30:59	03:11:46	05:08:22	<b>05:54:23</b>	95	00:05:11
81	<b>POREBA Norbert</b>	128		M32		00:18:07	00:57:07	<b>01:17:20</b>	57	00:05:08	00:40:17	02:29:02	03:10:39	05:12:22	<b>05:56:01</b>	97	00:03:45
82	<b>PODLEŚ Dawid</b>	91	DAWAJKALACH	M32		00:22:52	01:06:16	<b>01:28:32</b>	116	00:05:38	00:39:57	02:27:56	03:08:20	05:01:57	<b>05:42:56</b>	77	00:05:15
83	<b>CZERBNIAK Norbert</b>	154	TARNOWO PODGÓRNE BIEGA	M52		00:21:48	01:06:13	<b>01:28:22</b>	114	00:05:55	00:42:04	02:32:51	03:13:34	05:05:09	<b>05:44:59</b>	82	00:03:33
84	<b>CHRAPKOWSKI Marcel</b>	13	IRON HOUSE TRIATHLON WŁOCŁAWEK	M40	Iron House Triathlon Włocławek	00:20:17	01:03:59	<b>01:28:38</b>	118	00:06:12	00:41:18	02:29:36	03:09:42	05:02:24	<b>05:44:15</b>	81	00:03:49
85	<b>MACHAJ Adam</b>	168		M36		00:20:29	01:04:12	<b>01:27:37</b>	109	00:09:59	00:39:45	02:23:42	03:01:19	04:53:57	<b>05:34:11</b>	53	00:11:51
86	<b>ŁAGOSZ Paweł</b>	73		M41		00:23:22	01:11:19	<b>01:36:02</b>	158	00:05:08	00:40:02	02:31:59	03:06:02	04:59:59	<b>05:37:46</b>	61	00:05:03
87	<b>WYŻNIKIEWICZ Bartłomiej</b>	32	ROWEROWA CZĘSTOCHOWA	M35		00:21:23	01:04:37	<b>01:26:49</b>	104	00:07:05	00:39:31	02:28:45	03:08:57	05:03:32	<b>05:43:23</b>	80	00:07:05
	<b>BURINSKAS Arturas</b>	195	LITHUN	M57		00:23:01	01:11:56	<b>01:37:22</b>	163	00:05:29	00:40:03	02:29:37	03:08:35	04:58:24	<b>05:37:38</b>	60	00:04:17
89	<b>BRODA Jarosław</b>	96	TRIATHLON CLUB WROCŁAW	M54	Triathlon Club Wrocław	00:21:36	01:09:01	<b>01:34:26</b>	154	00:05:16	00:39:38	02:28:54	03:08:08	05:02:13	<b>05:41:46</b>	72	00:04:15
90	<b>GNIOT Katarzyna</b>	197	KAPIJA	K43		00:19:37	01:01:23	<b>01:23:05</b>	83	00:04:52	00:43:17	02:34:58	03:16:28	05:14:15	<b>05:57:30</b>	99	00:02:08
91	<b>CZAPIEWSKI Krzysztof</b>	67	TRIPASSION	M38		00:21:39	01:06:28	<b>01:28:57</b>	120	00:07:15	00:40:13	02:28:04	03:09:00	05:05:31	<b>05:47:04</b>	86	00:05:46
92	<b>BLUMA Tomasz</b>	111		M40		00:19:56	01:00:20	<b>01:20:53</b>	75	00:06:09	00:40:06	02:27:18	03:08:46	05:08:35	<b>05:53:26</b>	94	00:08:57
93	<b>SKRZYPCZAK Paweł</b>	118	TATA EMERYT	M39		00:15:41	00:48:04	<b>01:04:33</b>	5	00:06:45	00:43:40	02:41:16	03:25:25	05:30:52	<b>06:14:06</b>	127	00:06:13
94	<b>POPEK Maciej</b>	2	IRON HOUSE TRIATHLON WŁOCŁAWEK	M46	Iron House Triathlon Włocławek	00:21:01	01:07:17	<b>01:32:03</b>	139	00:06:03	00:40:01	02:29:25	03:09:28	05:09:59	<b>05:51:52</b>	92	00:03:02
95	<b>MOJSIEWICZ Sławomir</b>	172		M47		00:18:43	00:58:48	<b>01:19:29</b>	66	00:04:28	00:40:46	02:31:27	03:14:25	05:17:22	<b>06:04:49</b>	112	00:04:53

				Pływanie				Rower				Bieg			
96	<b>SZEWCZYK Mateusz</b>	<b>94</b>	SUSHI TEAM	M36	00:23:20	01:12:40	<b>01:38:07</b>	170	00:05:27	00:41:16	02:31:41	03:11:42	05:06:00	<b>05:45:14 83</b>	00:04:51
97	<b>WILK Szymon</b>	<b>173</b>		M35	00:19:12	01:00:15	<b>01:21:59</b>	79	00:05:49	00:43:20	02:37:48	03:20:11	05:19:02	<b>06:01:15 110</b>	00:04:39
98	<b>JANAS Dariusz</b>	<b>36</b>	CZERWONAK BIEGA	M48	00:19:53	01:01:13	<b>01:23:15</b>	85	00:06:57	00:41:43	02:36:17	03:17:58	05:18:13	<b>05:59:06 104</b>	00:05:18
99	<b>JAŹDŻEWSKI Dawid</b>	<b>74</b>		M42	00:22:12	01:06:06	<b>01:28:58</b>	121	00:06:01	00:41:07	02:30:57	03:12:13	05:13:05	<b>05:56:51 98</b>	00:03:19
100	<b>STEC Przemysław</b>	<b>79</b>		M40	00:19:45	00:59:31	<b>01:19:35</b>	67	00:05:34	00:40:54	02:34:42	03:17:12	05:20:44	<b>06:05:41 115</b>	00:04:27
101	<b>BERNER Karol</b>	<b>217</b>	BECOME ONE	M36	00:19:55	01:02:07	<b>01:23:49</b>	89	00:06:19	00:42:30	02:38:07	03:20:34	05:18:32	<b>06:00:31 107</b>	00:04:52
102	<b>ANIELAK Mateusz</b>	<b>27</b>	BEAUTY BAŁUTY	M32	00:19:14	00:58:14	<b>01:17:57</b>	60	00:05:40	00:42:26	02:39:11	03:21:43	05:24:16	<b>06:08:20 118</b>	00:03:46
103	<b>KRZYŻEWSKI Michał</b>	<b>39</b>		M30	00:21:13	01:03:12	<b>01:24:43</b>	91	00:05:51	00:41:05	02:33:33	03:16:16	05:20:34	<b>05:59:45 105</b>	00:05:30
104	<b>SINKA Damian</b>	<b>145</b>	MG SPORT	M58	00:20:54	01:05:01	<b>01:27:33</b>	107	00:08:14	00:41:43	02:32:11	03:13:48	05:11:58	<b>05:54:29 96</b>	00:05:50
105	<b>JARLACZYŃSKI Łukasz</b>	<b>221</b>		M49	00:21:46	01:05:53	<b>01:29:02</b>	122	00:05:43	00:43:33	02:38:34	03:20:33	05:17:03	<b>05:58:21 101</b>	00:03:43
106	<b>JESION Remigiusz</b>	<b>179</b>		M40	00:22:19	01:10:41	<b>01:36:23</b>	160	00:06:40	00:41:45	02:33:18	03:14:23	05:09:56	<b>05:51:00 91</b>	00:03:51
107	<b>LECH Mikołaj</b>	<b>100</b>	WIEWIÓRY	M38	00:22:46	01:11:24	<b>01:37:45</b>	166	00:06:25	00:43:00	02:36:00	03:16:59	05:10:25	<b>05:49:34 89</b>	00:05:49
108	<b>CIASZEK Grzegorz</b>	<b>206</b>	SPORT GENERATION	M60	00:23:19	01:13:28	<b>01:40:13</b>	175	00:08:12	00:42:42	02:34:13	03:13:59	05:07:15	<b>05:47:24 87</b>	00:03:45
	<b>SZADKOWSKI Jacek</b>	<b>107</b>	FREERUNNER.PL	M45	00:18:43	00:57:31	<b>01:17:05</b>	55	00:05:33	00:41:11	02:30:19	03:15:16	05:26:17	<b>06:13:39 126</b>	00:03:38
110	<b>DUBIEL Robert</b>	<b>210</b>	GAIT	M51	00:16:47	00:51:32	<b>01:09:29</b>	12	00:06:44	00:40:52	02:36:56	03:22:59	05:32:28	<b>06:19:05 136</b>	00:05:32
111	<b>AL-DRAWI Asia</b>	<b>188</b>	IM INSPIRATION	K45	00:21:55	01:06:21	<b>01:29:13</b>	123	00:09:11	00:42:51	02:36:11	03:18:02	05:16:12	<b>05:58:54 103</b>	00:03:56
112	<b>JADOWSKI Bartłomiej</b>	<b>87</b>	TRI MISSION	M35	00:19:31	01:01:22	<b>01:23:09</b>	84	00:07:33	00:42:51	02:38:10	03:21:16	05:23:16	<b>06:04:51 113</b>	00:06:55
113	<b>MIELCAREK Jędrzej</b>	<b>57</b>	MIELCARKS TEAM	M30	00:19:24	01:00:39	<b>01:22:06</b>	80	00:07:10	00:42:00	02:35:37	03:17:56	05:24:17	<b>06:08:31 119</b>	00:05:42
114	<b>CYBULSKI Konrad</b>	<b>170</b>	HTF LUDWIK SIKORSKI / AMZ-KUTNO S.A.	M50	00:22:05	01:06:56	<b>01:31:56</b>	138	00:07:28	00:42:27	02:36:31	03:20:07	05:19:47	<b>06:00:33 109</b>	00:03:57
115	<b>NOWICKI Michał</b>	<b>80</b>	BIEGANIE POD SOKOLIM OKIEM	M40	00:25:41	01:20:08	<b>01:49:02</b>	187	00:07:27	00:38:48	02:25:49	03:06:19	05:02:32	<b>05:43:15 78</b>	00:05:07
116	<b>SZRAJDA Marcin</b>	<b>60</b>		M40	00:21:18	01:05:46	<b>01:28:24</b>	115	00:03:26	00:42:55	02:41:07	03:24:03	05:27:14	<b>06:09:53 123</b>	00:03:25
117	<b>DRZEWIECKI Rafał</b>	<b>46</b>	AKADEMIA MISTRZÓW SPORTU	M48	00:20:05	01:03:31	<b>01:26:03</b>	98	00:06:07	00:41:19	02:38:42	03:22:02	05:25:59	<b>06:08:16 117</b>	00:04:53
118	<b>HOJNOR Piotr</b>	<b>178</b>	LITWIN SPORTS	M45	00:21:17	01:06:06	<b>01:29:24</b>	126	00:05:59	00:42:14	02:41:14	03:23:26	05:25:45	<b>06:07:20 116</b>	00:03:37
119	<b>BIEGA Marek</b>	<b>215</b>	GRAJAN TRIATHLON OŁAWA	M43	00:21:39	01:08:51	<b>01:34:41</b>	156	00:08:03	00:42:29	02:45:45	03:26:33	05:20:51	<b>06:00:31 108</b>	00:03:24
120	<b>KOWALSKI Łukasz</b>	<b>159</b>	COMPLEXSPORTS	M43	00:22:36	01:08:48	<b>01:32:54</b>	147	00:05:40	00:42:33	02:36:18	03:17:59	05:21:10	<b>06:05:08 114</b>	00:03:20
121	<b>GRUSZCZYK Grzegorz</b>	<b>54</b>	TURBOKILLERS	M41	00:22:32	01:11:59	<b>01:37:45</b>	167	00:06:58	00:42:49	02:36:34	03:18:59	05:19:00	<b>06:00:11 106</b>	00:03:34
122	<b>DZIURDA Marek</b>	<b>117</b>	CHGT	M42	00:18:41	00:57:02	<b>01:16:47</b>	53	00:06:57	00:44:06	02:41:26	03:24:45	05:34:21	<b>06:19:57 137</b>	00:05:11
123	<b>JAWORSKI Krzysztof</b>	<b>76</b>		M50	00:23:09	01:09:46	<b>01:32:59</b>	148	00:10:54	00:41:56	02:36:51	03:19:20	05:19:55	<b>05:58:41 102</b>	00:06:36
124	<b>PARADOWSKI Filip</b>	<b>127</b>	HASTEN TRIATHLON TEAM	M30	00:21:20	01:05:40	<b>01:28:39</b>	119	00:07:37	00:43:07	02:37:28	03:19:53	05:26:13	<b>06:09:17 122</b>	00:03:51
125	<b>SPRYSZYŃSKI Michał</b>	<b>157</b>	TRIRODZINKA	M35	00:20:13	01:03:40	<b>01:26:03</b>	99	00:06:19	00:43:52	02:42:18	03:25:36	05:29:54	<b>06:14:36 129</b>	00:03:45
	<b>KORYTOWSKI Maciej</b>	<b>165</b>	ROWEROWE LIPNO	M40	00:19:51	01:01:40	<b>01:23:22</b>	86	00:10:23	00:45:03	02:43:46	03:27:20	05:31:39	<b>06:15:18 131</b>	00:05:37
127	<b>KUŁACZEWSKI Krzysztof</b>	<b>47</b>	W POGONI ZA DUCHEM	M34	00:21:34	01:06:24	<b>01:29:19</b>	125	00:06:51	00:40:58	02:38:26	03:23:12	05:32:54	<b>06:16:47 135</b>	00:03:47
128	<b>OPOLECKÁ Pavla</b>	<b>205</b>	OPOLTEAM	K37	00:21:59	01:08:52	<b>01:33:26</b>	150	00:05:00	00:45:30	02:43:08	03:27:23	05:30:28	<b>06:14:37 130</b>	00:05:12
129	<b>KUBIK Michał</b>	<b>180</b>		M31	00:19:10	01:02:20	<b>01:24:48</b>	93	00:04:10	00:44:03	02:43:40	03:27:09	05:34:14	<b>06:21:21 140</b>	00:08:15
130	<b>NOWAK Marcin</b>	<b>191</b>	PAFARO	M42	00:23:46	01:10:31	<b>01:33:24</b>	149	00:08:21	00:42:44	02:43:26	03:25:55	05:26:23	<b>06:08:57 120</b>	00:07:52
131	<b>WÓJTOWICZ Mateusz</b>	<b>126</b>	AJRONMIM	M40	00:18:55	00:59:41	<b>01:20:49</b>	74	00:07:22	00:44:27	02:45:02	03:29:45	05:43:10	<b>06:28:30 144</b>	00:05:44

				Pływanie				Rower				Bieg					
№	Imię i Nazwisko	Wiek	KLUB	Sex	0:15	0:30	0:45	0:15	0:30	0:45	0:15	0:30	0:45	0:15	0:30		
132	NOWICKI Bartłomiej	176	CENTRUM OGRODNICZE BOGDANOWO	M40	00:22:54	01:08:46	<b>01:32:11</b>	140	00:06:36	00:45:29	02:46:02	03:28:52	05:32:02	<b>06:16:14</b>	<b>133</b>	00:07:30	
133	JARGIŁO Michał	120		M36	00:21:16	01:07:35	<b>01:32:46</b>	145	00:11:08	00:42:52	02:37:17	03:20:18	05:26:55	<b>06:09:09</b>	<b>121</b>	00:09:43	
134	KRUPIŃSKI Jakub	106	TRI COMPLEX LUBAŃ	M39	00:20:06	01:05:32	<b>01:30:08</b>	131	00:06:45	00:40:37	02:40:53	03:25:14	05:34:27	<b>06:20:10</b>	<b>138</b>	00:06:26	
135	WIECZOREK Maciek	124	RAKTEAM-TRIATHLON.PL	M51	00:23:19	01:10:44	<b>01:36:06</b>	159	00:06:00	00:43:08	02:36:25	03:18:09	05:35:15	<b>06:16:40</b>	<b>134</b>	00:04:46	
136	LATOS Janusz	92	POLONIA ŚRODA	M61	00:21:15	01:05:26	<b>01:27:56</b>	112	00:05:13	00:44:13	02:45:37	03:31:39	05:40:02	<b>06:24:39</b>	<b>141</b>	00:05:59	
137	DOBRZYŃSKI Andrzej	101	CHEŁMSKA GRUPA TRIATHLONU	M49	00:24:38	01:14:19	<b>01:40:16</b>	176	00:08:42	00:42:20	02:39:29	03:22:21	05:25:15	<b>06:10:05</b>	<b>124</b>	00:05:14	
138	ANTHONIS Kevin	23		M30	00:18:33	01:00:10	<b>01:22:34</b>	81	00:10:08	00:43:14	02:39:05	03:24:46	05:41:41	<b>06:28:36</b>	<b>145</b>	00:03:50	
139	KUCHCIAK Mateusz	194		M29	00:19:41	01:01:16	<b>01:22:48</b>	82	00:06:44	00:44:15	02:48:35	03:34:23	05:47:29	<b>06:33:17</b>	<b>149</b>	00:03:41	
140	FARRUGIA Nicky	204	MOSTA TRI MALTA	M63	00:19:05	00:58:41	<b>01:18:51</b>	64	00:06:20	00:43:17	02:38:55	03:27:45	05:43:06	<b>06:32:48</b>	<b>148</b>	00:09:15	
141	PACZKOWSKI Mirosław	18		M53	Akademia Mistrzów Sportu	00:22:54	01:11:49	<b>01:38:34</b>	173	00:08:15	00:42:59	02:39:19	03:24:39	05:30:29	<b>06:16:09</b>	<b>132</b>	00:04:20
142	BRYGIER Jacek	51	PTT DELTA	M52	PTT DELTA	00:25:52	01:23:11	<b>01:52:20</b>	191	00:06:54	00:42:36	02:40:59	03:26:11	05:26:01	<b>06:04:38</b>	<b>111</b>	00:04:26
143	FUSZARA Wojciech	186		M36		00:20:26	01:04:03	<b>01:26:41</b>	103	00:10:22	00:43:45	02:41:50	03:25:09	05:42:19	<b>06:25:36</b>	<b>142</b>	00:05:59
144	ADAMSKI Sławomir Lucjan	142		M54		00:23:41	01:17:41	<b>01:45:45</b>	185	00:06:11	00:43:26	02:32:47	03:10:29	05:25:04	<b>06:13:23</b>	<b>125</b>	00:04:26
145	WOLSKI Darek	119	DARO	M38		00:23:14	01:14:29	<b>01:43:33</b>	180	00:11:23	00:40:41	02:45:49	03:29:36	05:31:35	<b>06:14:31</b>	<b>128</b>	00:01:18
146	PAZDA-POZORSKA Małgorzata	189	POLTAREX	K41		00:21:44	01:06:41	<b>01:29:14</b>	124	00:05:32	00:46:21	02:56:36	03:39:45	05:50:19	<b>06:35:22</b>	<b>153</b>	00:02:03
147	KLICKI Marcin	42	GRILL TEAM	M37		00:22:10	01:06:27	<b>01:29:28</b>	128	00:04:56	00:46:36	02:48:48	03:35:41	05:48:30	<b>06:36:03</b>	<b>154</b>	00:03:09
148	NALEWAJKO Jacek	95	#BIEGAJLESZNO	M46		00:20:36	01:04:19	<b>01:27:34</b>	108	00:08:09	00:45:01	02:47:47	03:32:50	05:48:23	<b>06:33:19</b>	<b>150</b>	00:04:49
149	PUCHAŁSKI Bartosz	103	USTAW SIĘ NA BIEGANIE W GDAŃSKU	M37		00:23:14	01:09:49	<b>01:33:52</b>	153	00:10:08	00:44:26	02:45:16	03:30:53	05:41:11	<b>06:25:57</b>	<b>143</b>	00:04:34
150	RYCHARSKI Bartosz	53		M40		00:21:40	01:07:38	<b>01:32:27</b>	142	00:05:05	00:41:23	02:37:39	03:23:57	05:45:00	<b>06:35:19</b>	<b>152</b>	00:03:25
151	SIECZKO Tomek	58	KOSTERA TEAM	M35	Akademia Mistrzów Sportu	00:21:39	01:06:58	<b>01:30:59</b>	135	00:05:58	00:41:36	03:24:59	04:05:56	05:55:19	<b>06:36:20</b>	<b>156</b>	00:03:23
	GABRUK Andrzej	28	GABAG	M62		00:22:11	01:08:21	<b>01:32:44</b>	144	00:09:41	00:43:34	02:47:44	03:31:42	05:46:00	<b>06:29:44</b>	<b>146</b>	00:04:32
153	CHOJNACKI Grzegorz	143	CHOJNACKI TEAM	M47		00:24:36	01:17:36	<b>01:44:41</b>	183	00:10:15	00:41:49	02:33:37	03:24:53	05:38:21	<b>06:20:13</b>	<b>139</b>	00:05:22
154	NAGOW Michał	68	IRON HOUSE TRIATHLON WŁOCŁAWEK	M49	Iron House Triathlon Włocławek	00:21:06	01:08:08	<b>01:32:48</b>	146	00:06:39	00:46:43	02:45:07	03:28:02	05:45:47	<b>06:38:12</b>	<b>160</b>	00:03:22
155	KUDREWICZ Mirek	164	EWOTRATHLION	M59		00:22:38	01:11:41	<b>01:38:19</b>	172	00:05:36	00:42:02	02:42:39	03:29:20	05:46:09	<b>06:33:36</b>	<b>151</b>	00:04:57
156	OCHRYMOWICZ Mateusz	218	TRINITY	M32		00:18:56	01:00:00	<b>01:20:58</b>	76	00:05:16	00:43:43	02:42:01	03:27:47	06:02:29	<b>06:51:17</b>	<b>173</b>	00:06:06
157	JANOWSKI Michał	110		M45		00:21:18	01:06:41	<b>01:30:08</b>	130	00:06:00	00:45:39	02:52:25	03:40:23	05:56:41	<b>06:43:37</b>	<b>166</b>	00:05:46
158	TWARDOWSKI Michał	114		M38		00:20:46	01:07:13	<b>01:32:39</b>	143	00:07:48	00:44:57	02:43:33	03:27:13	05:43:16	<b>06:32:03</b>	<b>147</b>	00:13:05
159	CHOJA Sławomir	208	TOP FIT CENTER	M57		00:23:34	01:09:47	<b>01:33:46</b>	152	00:09:50	00:46:40	02:52:17	03:38:22	05:51:51	<b>06:36:16</b>	<b>155</b>	00:06:05
160	MISUN NOWAK Katarzyna	35	AKADEMIA MISTRZÓW SPORTU	K43	Akademia Mistrzów Sportu	00:20:06	01:03:27	<b>01:25:57</b>	97	00:06:30	00:46:48	02:58:18	03:45:08	06:04:16	<b>06:51:00</b>	<b>172</b>	00:04:19
161	SMOLARCZYK Krzysztof	82		M50		00:23:12	01:13:04	<b>01:39:02</b>	174	00:07:26	00:46:54	02:55:40	03:41:17	05:50:31	<b>06:36:48</b>	<b>157</b>	00:05:15



				Pływanie				Rower				Bieg					
162	<b>BOGUSZEWSKI Bartłomiej</b>	<b>212</b>	M28	00:21:37	01:06:19	<b>01:28:19</b>	113	00:05:03	00:43:11	02:42:04	03:30:02	06:01:27	<b>06:51:30</b>	<b>174</b>	00:04:22		
163	<b>SZYMAŃSKA Agnieszka</b>	<b>113</b>	SKS OBORNIKI	K42	00:23:30	01:10:48	<b>01:35:36</b>	157	00:07:57	00:47:25	02:54:45	03:44:31	05:53:47	<b>06:40:37</b>	<b>164</b>	00:05:41	
164	<b>MĘCNER Michał</b>	<b>133</b>		M45	00:20:41	01:03:39	<b>01:26:19</b>	101	00:09:24	00:43:30	02:43:18	03:31:39	05:47:42	<b>06:42:19</b>	<b>165</b>	00:12:05	
165	<b>DOROSZ Marek</b>	<b>155</b>	KB MANIAC POZNAŃ	M55	00:23:13	01:12:28	<b>01:37:47</b>	168	00:07:38	00:46:18	02:55:09	03:41:58	05:53:54	<b>06:40:28</b>	<b>163</b>	00:05:00	
166	<b>PIĄTKOWSKI Dariusz</b>	<b>89</b>	CHEŁMSKA GRUPA TRIATHLONU	M61	00:23:27	01:13:17	<b>01:38:18</b>	171	00:10:13	00:44:02	02:48:48	03:35:50	05:49:01	<b>06:37:20</b>	<b>158</b>	00:08:49	
167	<b>AUGUSTOWSKA Izabela</b>	<b>15</b>	BELLAMAR ORZESZKÓW	K47	00:22:00	01:07:16	<b>01:31:01</b>	136	00:04:49	00:47:11	02:59:48	03:48:22	06:08:03	<b>06:57:29</b>	<b>176</b>	00:04:34	
168	<b>ŁUKOWSKI Dariusz</b>	<b>90</b>	GINA STRZELCE OPOLSKIE	M59	00:25:41	01:18:15	<b>01:45:26</b>	184	00:07:37	00:47:26	02:57:21	03:43:46	05:58:00	<b>06:43:52</b>	<b>167</b>	00:03:47	
169	<b>JANKOWSKI Jarosław</b>	<b>135</b>		M26	00:25:43	01:21:16	<b>01:48:20</b>	186	00:09:46	00:46:46	02:52:52	03:36:29	05:50:51	<b>06:37:42</b>	<b>159</b>	00:06:02	
	<b>WRZOSEK Jarosław</b>	<b>105</b>		M52	Mielcarks Team	00:25:32	01:20:25	<b>01:49:33</b>	190	00:08:35	00:44:50	02:46:01	03:31:29	05:48:22	<b>06:38:30</b>	<b>161</b>	00:06:10
171	<b>GESZKIEWICZ Marta</b>	<b>4</b>	MIELCARKS TEAM	K37	Mielcarks Team	00:24:58	01:16:21	<b>01:44:16</b>	181	00:09:10	00:46:52	02:56:02	03:46:15	06:00:35	<b>06:48:35</b>	<b>169</b>	00:04:21
172	<b>KUBISZYN BZDYK Agata</b>	<b>201</b>		K50		00:24:28	01:12:27	<b>01:36:49</b>	162	00:12:01	00:45:45	02:57:09	03:46:47	06:04:06	<b>06:48:55</b>	<b>170</b>	00:10:02
173	<b>KOWALCZYK Katarzyna</b>	<b>200</b>		K31		00:23:16	01:12:27	<b>01:36:49</b>	161	00:12:02	00:45:34	02:57:02	03:46:41	06:04:03	<b>06:48:55</b>	<b>171</b>	00:10:01
174	<b>ZABOROWSKI Maciej</b>	<b>151</b>	PAFARO	M45		00:21:34	01:07:24	<b>01:30:17</b>	134	00:08:58	00:45:21	03:01:47	03:50:10	06:15:29	<b>07:05:30</b>	<b>179</b>	00:04:38
175	<b>LEPA-ROMAN Magdalena</b>	<b>10</b>	SFORA BMK	K45		00:27:50	01:24:14	<b>01:54:03</b>	192	00:05:23	00:46:53	02:54:01	03:39:54	06:00:01	<b>06:46:43</b>	<b>168</b>	00:06:38
176	<b>ADAMASZEK Beata</b>	<b>129</b>		K31		00:20:42	01:05:15	<b>01:28:37</b>	117	00:08:57	00:47:17	02:59:27	03:49:24	06:15:20	<b>07:02:57</b>	<b>178</b>	00:12:45
177	<b>GIBUŁA Bartłomiej</b>	<b>109</b>	WAT	M24		00:20:13	01:04:49	<b>01:27:48</b>	110	00:07:16	00:52:45	03:13:47	04:04:38	06:32:47	<b>07:24:14</b>	<b>185</b>	00:03:17
<b>Przekroczony limit czasu: 15:00:00</b>																	
178	<b>BORN Marcin</b>	<b>150</b>	OSP KŁODNICA	M56		00:23:03	01:12:38	<b>01:37:50</b>	169	00:06:27	00:45:25	02:52:16	03:42:40	06:19:04	<b>07:15:04</b>	<b>183</b>	00:03:38
	<b>KOZIŃSKI Dariusz</b>	<b>181</b>	ITOO	M46		00:23:08	01:14:22	<b>01:42:01</b>	178	00:05:48	00:43:19	02:57:38	03:46:10	06:09:21	<b>07:02:04</b>	<b>177</b>	00:14:10
180	<b>WAWRZYŃIAK Kacper</b>	<b>52</b>		M24		00:27:29	01:25:15	<b>01:56:53</b>	193	00:05:39	00:47:29	02:59:20	03:48:19	06:06:41	<b>06:57:20</b>	<b>175</b>	00:04:48
	<b>ZAMOYSKI Piotr</b>	<b>112</b>		M34		00:21:01	01:08:06	<b>01:34:36</b>	155	00:06:56	00:43:58	02:58:48	03:48:46	06:29:50	<b>07:20:21</b>	<b>184</b>	00:03:44
182	<b>MIDSEM Sixten</b>	<b>163</b>		M19		00:21:49	01:11:51	<b>01:42:02</b>	179	00:10:09	00:49:27	03:02:41	03:53:27	06:21:09	<b>07:15:00</b>	<b>182</b>	00:02:51
183	<b>WÓJTYCH Robert</b>	<b>160</b>	TRIATHLON TEAM AQUAPARK WĄGROWIEC	M51		00:22:12	01:08:57	<b>01:33:30</b>	151	00:09:12	00:47:58	03:43:07	04:27:22	06:41:06	<b>07:27:12</b>	<b>187</b>	00:08:39
184	<b>WOJDYŁO Wojciech</b>	<b>196</b>	AKTYWNY DYNÓW / 21 BSP	M37		00:27:37	01:22:25	<b>01:49:27</b>	189	00:15:16	00:52:07	03:12:02	04:00:50	06:20:18	<b>07:07:23</b>	<b>180</b>	00:06:30
	<b>MOZLER Agnieszka</b>	<b>38</b>		K48		00:24:04	01:14:39	<b>01:41:06</b>	177	00:09:12	00:48:19	03:09:19	04:00:08	06:32:48	<b>07:24:17</b>	<b>186</b>	00:06:16
	<b>STOYKOV Pavlin</b>	<b>171</b>		M53		00:28:43	01:31:27	<b>02:03:00</b>	194	00:11:07	00:49:28	03:04:27	03:53:07	06:19:36	<b>07:13:21</b>	<b>181</b>	00:05:33
187	<b>KACZYŃSKI Marcin</b>	<b>14</b>	NEXERIANIE	M46		00:23:45	01:15:09	<b>01:44:31</b>	182	00:13:09	00:49:43	03:06:05	03:57:19	06:43:30	<b>07:35:41</b>	<b>188</b>	00:05:14
	<b>JAŚKOWIAK Tomasz</b>	<b>98</b>		M49		00:22:31	01:08:04	<b>01:32:11</b>	141	00:13:11	00:48:53	03:13:07	04:04:58	06:56:10	<b>07:59:19</b>	<b>189</b>	00:11:35
	<b>ZALEWSKI Igor</b>	<b>93</b>	TRIATHLON CLUB WROCŁAW	M30	Triathlon Club Wrocław	00:14:28	00:43:57	<b>00:59:19</b>	2	00:03:04	00:35:54	02:10:23	02:45:13				
	<b>GĘBCZYŃSKI Paweł</b>	<b>72</b>		M44		00:21:02	01:05:22	<b>01:27:49</b>	111	00:10:34	00:48:19	03:02:30	03:51:18				
	<b>PADEREWSKI Albert</b>	<b>148</b>	TRIATHLETIC TEAM	M31	Triathletic Team	00:18:03	00:54:19	<b>01:12:40</b>	24	00:03:13	00:37:21	02:19:05	02:56:07				
	<b>OSMOLIK Jarek</b>	<b>85</b>		M46		00:18:32	00:56:36	<b>01:16:25</b>	52	00:03:07	00:35:50	02:11:02	02:52:41				
	<b>GRODOMIŃSKI Hubert</b>	<b>81</b>	TRITON KONIN	M48		00:23:54	01:12:41	<b>01:37:25</b>	164	00:06:34	00:41:12	02:33:46	03:22:51				
	<b>CUCU Paul</b>	<b>70</b>		M19		00:31:37	01:38:09	<b>02:12:33</b>	195	00:08:09	00:45:52						
	<b>1</b>																
	<b>KUCIŃSKI Artur</b>	<b>202</b>		M48		00:18:19	00:56:07	<b>01:15:22</b>	43	00:06:43	00:40:20	02:37:56	03:25:54	05:47:35	<b>06:38:32</b>	<b>162</b>	

Znaleziono 196 wynik(ów)