



METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

Event: Metalkas Ocean Lava Triathlon Polska
 Organiser: Towarzystwo Sportowe TRI-SPORT
 Date: 2022-08-20
 Place: Bydgoszcz
 Distance: 226 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M48

Split point: 184,3 km

| Place | Participant | Number | Club | Category | Drużyna 1 | Swimming | | | | Poz | T1 | Cycling | | | | | | | T2 | Race |
|-------|------------------------|--------|--------------------------------|----------|--------------------------------|------------------|------------------|-----------------|-----|----------|----------|--------------------|-------------------|----------------|---------------------|--------------------|--------------|----------------------|-----------|----------|
| | | | | | | P_Borowno 0.95km | P_Borowno 2.85km | R_Borowno 3.8km | Poz | | | R_Kotomierz 9.75km | R_Pauliny 42.75km | R_Lidl 63.25km | R_Kotomierz 87.75km | R_Pauliny 120.75km | R_Lidl 141km | R_Kotomierz 165.75km | | |
| 1 | NOSOWSKI Jacek | 36 | TRI.REGRESS | M48 | | 00:13:39 | 00:45:30 | 01:03:06 | 4 | 00:04:19 | 00:17:15 | 01:16:54 | 01:51:56 | 02:35:36 | 03:33:55 | 04:09:33 | 04:54:01 | 05:20:00 | 21 | 00:02:48 |
| 2 | WINIECKI Tomasz | 44 | IRON HOUSE TRIATHLON WŁOCŁAWEK | M48 | Iron House Triathlon Włocławek | 00:16:01 | 00:54:29 | 01:15:31 | 33 | 00:05:54 | 00:16:50 | 01:13:40 | 01:47:55 | 02:30:47 | 03:28:55 | 04:04:45 | 04:50:29 | 05:17:32 | 14 | 00:04:28 |
| 3 | NAGOW Michał | 51 | IRON HOUSE TRIATHLON WŁOCŁAWEK | M48 | Iron House Triathlon Włocławek | 00:20:08 | 01:11:49 | 01:39:36 | 93 | 00:09:48 | 00:19:51 | 01:26:16 | 02:06:49 | 02:58:46 | 04:06:40 | 04:47:46 | 05:46:57 | 06:15:19 | 77 | 00:05:00 |
| 4 | WRZESZCZ Adrian | 75 | ADRIAN! BŁAGAM WOLNIEJ. | M48 | HTF Ludwik Sikorski | 00:16:54 | 01:01:41 | 01:26:48 | 66 | 00:04:46 | 00:21:56 | 01:33:08 | 02:17:17 | 03:14:00 | 04:30:14 | 05:17:47 | 06:17:10 | 06:52:01 | 93 | 00:06:15 |

Total 4 results.