



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

Event: Metalkas Ocean Lava Triathlon Polska  
 Organiser: Towarzystwo Sportowe TRI-SPORT  
 Date: 2022-08-20  
 Place: Bydgoszcz  
 Distance: 226 km



Classification: M48

Split point: 198,6 km

Place	Participant	Number	Club	Category	Drużyna 1	Swimming				Poz	Poz	Cycling								Poz	Race	
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz			R_Kotomierz 9.75km	R_Pauliny 42.75km	R_Lidl 63.25km	R_Kotomierz 87.75km	R_Pauliny 120.75km	R_Lidl 141km	R_Kotomierz 165.75km	B_Announcer 180km		Poz	B_Announcer 7.17km
1	NOSOWSKI Jacek	36	TRI.REGRESS	M48		00:13:39	00:45:30	<b>01:03:06</b>	4	00:04:19	00:17:15	01:16:54	01:51:56	02:35:36	03:33:55	04:09:33	04:54:01	<b>05:20:00</b>	<b>21</b>	00:02:48	00:35:21	01:11:32
2	WINIECKI Tomasz	44	IRON HOUSE TRIATHLON WŁOCLĄWEK	M48	Iron House Triathlon Włocławek	00:16:01	00:54:29	<b>01:15:31</b>	33	00:05:54	00:16:50	01:13:40	01:47:55	02:30:47	03:28:55	04:04:45	04:50:29	<b>05:17:32</b>	<b>14</b>	00:04:28	00:37:21	01:19:47
3	NAGOW Michał	51	IRON HOUSE TRIATHLON WŁOCLĄWEK	M48	Iron House Triathlon Włocławek	00:20:08	01:11:49	<b>01:39:36</b>	93	00:09:48	00:19:51	01:26:16	02:06:49	02:58:46	04:06:40	04:47:46	05:46:57	<b>06:15:19</b>	<b>77</b>	00:05:00	00:41:47	01:32:27
4	WRZESZCZ Adrian	75	ADRIAN! BŁAGAM WOLNIEJ.	M48	HTF Ludwik Sikorski	00:16:54	01:01:41	<b>01:26:48</b>	66	00:04:46	00:21:56	01:33:08	02:17:17	03:14:00	04:30:14	05:17:47	06:17:10	<b>06:52:01</b>	<b>93</b>	00:06:15	00:56:09	02:00:54

Total 4 results.