



METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

Event: Metalkas Ocean Lava Triathlon Polska
 Organiser: Towarzystwo Sportowe TRI-SPORT
 Date: 2023-08-19
 Place: Bydgoszcz
 Distance: 226 km



Classification: M48

Split point: 220,3 km

| Place | Participant | Number | Club | Category | Drużyna 1 | Swimming | | | | T1 | Cycling | | | | | T2 | Race | | | | | | |
|-------|----------------------|--------|--------------------------|----------|--------------------------|---------------------|---------------------|--------------------|-----|----------|------------------|--------------------|-------------------|---------------------|-----------------|-----|----------|----------------------|-----------------------|------------------------|------------------------|------------------------|--|
| | | | | | | P_Borowno 0.95km | P_Borowno 2.85km | R_Borowno 3.8km | Poz | | R_Lidl 22.3km | R_Kusowo 79.8km | R_Lidl 101.3km | R_Kusowo 158.8km | R_Lidl 180km | | Poz | B_Announcer 6.2km | B_Announcer 13.3km | B_Announcer 20.75km | B_Announcer 27.85km | B_Announcer 34.95km | |
| 1 | GRZANECKI Rafał | 213 | | M48 | | 00:21:36 | 01:05:59 | 01:29:48 | 129 | 00:03:57 | 00:36:55 | 02:13:52 | 02:49:15 | 04:28:43 | 05:05:32 | 12 | 00:03:01 | 00:35:40 | 01:16:23 | 01:58:37 | 02:43:00 | 03:31:04 | |
| 2 | ANTONIUK Marcin | 144 | LAMART | M48 | | 00:18:34 | 00:57:40 | 01:18:04 | 62 | 00:06:37 | 00:38:39 | 02:23:09 | 03:01:38 | 04:49:54 | 05:28:57 | 44 | 00:07:06 | 00:34:00 | 01:20:52 | 02:07:19 | 02:52:19 | 03:37:32 | |
| 3 | JANAS Dariusz | 36 | CZERWONAK BIEGA | M48 | Czerwonak Biega | 00:19:53 | 01:01:13 | 01:23:15 | 85 | 00:06:57 | 00:41:43 | 02:36:17 | 03:17:58 | 05:18:13 | 05:59:06 | 104 | 00:05:18 | 00:35:19 | 01:20:14 | 02:07:41 | 02:57:37 | 03:50:39 | |
| 4 | CZAJKOWSKI Krzysztof | 203 | | M48 | | 00:17:34 | 00:54:17 | 01:13:02 | 27 | 00:04:04 | 00:39:14 | 02:29:13 | 03:09:28 | 05:04:49 | 05:46:56 | 85 | 00:08:13 | 00:36:55 | 01:21:21 | 02:24:23 | 03:17:12 | 04:19:25 | |
| 5 | DRZEWIECKI Rafał | 46 | AKADEMIA MISTRZÓW SPORTU | M48 | Akademia Mistrzów Sportu | 00:20:05 | 01:03:31 | 01:26:03 | 98 | 00:06:07 | 00:41:19 | 02:38:42 | 03:22:02 | 05:25:59 | 06:08:16 | 117 | 00:04:53 | 00:38:23 | 01:26:51 | 02:14:41 | 03:05:41 | 03:58:32 | |
| | GRODOMIŃSKI Hubert | 81 | TRITON KONIN | M48 | | 00:23:54 | 01:12:41 | 01:37:25 | 164 | 00:06:34 | 00:41:12 | 02:33:46 | 03:22:51 | | | | | | | | | | |
| | KUCIŃSKI Artur | 202 | | M48 | | 00:18:19 | 00:56:07 | 01:15:22 | 43 | 00:06:43 | 00:40:20 | 02:37:56 | 03:25:54 | 05:47:35 | 06:38:32 | 162 | | | | | | | |

Total 7 results.