



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2022-08-20  
**Miejsce:** Bydgoszcz  
**Dystans:** 226 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 4,3 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie				Czas
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz	
	MARCINEK Tomasz	8	TM IRON TEAM	M31	TM Iron Team	00:10:43	00:34:38	<b>00:48:16</b>	1	00:02:02
	MAKSYMOWICZ Tomasz	48	IM INSPIRATION / IRON BRO	M22		00:11:14	00:37:25	<b>00:51:58</b>	2	00:02:25
3	NIKOLICS Zoran	106		M26		00:12:19	00:41:12	<b>00:57:21</b>	3	00:02:44
4	HALAJ Dušan	100	KPŠ NEREUS ŽILINA	M36		00:13:50	00:45:41	<b>01:03:18</b>	5	00:02:46
5	NOSOWSKI Jacek	36	TRI.REGRESS	M48		00:13:39	00:45:30	<b>01:03:06</b>	4	00:04:19
	KOŠTAN Tomáš	118	KPŠ NEREUS ŽILINA	M30		00:13:56	00:46:30	<b>01:04:45</b>	7	00:03:01
7	PULCINSKI Michał	52	TMT	M41		00:13:27	00:46:03	<b>01:04:41</b>	6	00:04:43
8	KAŹMIERCZAK Łukasz	62	LUKS DWÓJKA STRYKÓW	M40		00:13:58	00:47:28	<b>01:06:42</b>	10	00:03:17
9	PIEKARSKI Paweł	20		M32		00:13:39	00:46:20	<b>01:05:24</b>	8	00:04:37
10	SOKÓŁ Adam	67		M46		00:14:49	00:47:39	<b>01:06:13</b>	9	00:04:08
11	JACHIMSKI Jakub	92	TRIWAWA	M39	TRIWAWA	00:14:16	00:49:26	<b>01:09:09</b>	13	00:02:42
12	MALISZEWSKI Michał	93		M46		00:14:45	00:49:51	<b>01:09:04</b>	12	00:04:11
13	BYRTEK Grzegorz	9	TEAM CASTORAMA	M47		00:14:18	00:48:44	<b>01:07:39</b>	11	00:05:42
14	SWOBODA Sebastian	81	FIZJOSPEC	M35		00:14:50	00:50:13	<b>01:10:00</b>	14	00:04:19
15	LETKOWSKI Dariusz	61	GAPMONT RUNNING TEAM	M44		00:15:00	00:51:06	<b>01:10:37</b>	15	00:04:03
16	ZIĘBA Adam	99	TRISPACE/TREK	M49	TRISPACE/TREK	00:14:53	00:50:39	<b>01:11:22</b>	17	00:03:32
17	SUPERSON Wojtek	25		M51		00:14:47	00:50:50	<b>01:11:10</b>	16	00:04:04
18	DURMAJ Bartek	27		M38		00:15:19	00:51:47	<b>01:12:21</b>	24	00:02:54
	LANGE Grzegorz	79	LANGE TRI COACH	M44		00:15:03	00:51:39	<b>01:12:08</b>	21	00:03:31
20	BUCHALIK Arkadiusz	24		M49		00:15:28	00:51:24	<b>01:11:31</b>	18	00:04:15
21	HUNKIEWICZ Wojciech	78	MBC TEAM	M50		00:15:00	00:51:24	<b>01:12:31</b>	25	00:03:23
22	SZYMKOWIAK Norbert	115	IM INSPIRATION	M28	IM Inspiration	00:15:31	00:51:46	<b>01:12:47</b>	26	00:03:24
23	MAZANKA Jakub	26		M46		00:15:20	00:51:45	<b>01:12:15</b>	22	00:04:19
	BUDZANOWSKI Michał	85		M33		00:15:10	00:51:33	<b>01:11:41</b>	19	00:05:25
25	KOZMINCZUK-MARKULAK Marek	111	TM IRON TEAM	M50	TM Iron Team	00:15:38	00:53:27	<b>01:14:53</b>	29	00:03:20
26	KRASNODĘBSKI Sebastian	120	TM IRON TEAM	M40	TM Iron Team	00:15:06	00:52:27	<b>01:14:24</b>	28	00:03:51

					Pływanie					Rower	Bieg	Całość
27	<b>STARZ Paweł</b>	<b>116</b>		M41	00:15:54	00:53:51	<b>01:14:57</b>	30	00:03:19			
28	<b>DYLIK Marcin</b>	<b>53</b>	HTF LUDWIK SIKORSKI	M41	00:15:57	00:53:24	<b>01:14:58</b>	31	00:03:39			
29	<b>MICHALAK Lesław</b>	<b>114</b>	N-BIKE ACADEMY	M46	00:15:29	00:51:55	<b>01:11:49</b>	20	00:07:30			
30	<b>NENKAŁA Mateusz</b>	<b>64</b>	JERZYK TEAM	M29	00:15:13	00:53:21	<b>01:15:30</b>	32	00:03:55			
31	<b>WRÓBEL Mateusz</b>	<b>16</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M32	Iron House Triathlon Włocławek	00:16:28	00:54:29	<b>01:15:35</b>	34	00:04:11		
32	<b>JAGAS Radosław</b>	<b>84</b>	HTF LUDWIK SIKORSKI	M50	HTF Ludwik Sikorski	00:15:35	00:53:42	<b>01:15:42</b>	35	00:04:06		
33	<b>MOJSIEWICZ Sławomir</b>	<b>18</b>		M46		00:15:51	00:54:49	<b>01:16:52</b>	40	00:03:56		
34	<b>SAŁEK Dominik</b>	<b>66</b>		M26		00:15:38	00:54:16	<b>01:15:54</b>	36	00:05:07		
35	<b>WINIECKI Tomasz</b>	<b>44</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M48	Iron House Triathlon Włocławek	00:16:01	00:54:29	<b>01:15:31</b>	33	00:05:54		
36	<b>PRZEDPEŁSKI Radosław</b>	<b>40</b>	SNG WILD DUCKS	M40	SNG WILD DUCKS	00:16:13	00:54:53	<b>01:15:56</b>	37	00:05:32		
37	<b>SKIBA Mariusz</b>	<b>49</b>	KS IRONMAN SZCZECIN	M37		00:15:44	00:54:51	<b>01:16:37</b>	39	00:04:52		
38	<b>KUCIŃSKI Artur</b>	<b>95</b>	JEBAĆ PIS	M47		00:16:10	00:54:55	<b>01:16:30</b>	38	00:05:18		
39	<b>RYBAK Remigiusz</b>	<b>87</b>	TRISPACE/TREK	M45	TRISPACE/TREK	00:16:01	00:55:57	<b>01:18:06</b>	44	00:03:43		
40	<b>JUSZCZYK Mirosław</b>	<b>32</b>		M32		00:15:08	00:52:21	<b>01:14:10</b>	27	00:08:53		
41	<b>GERGER Laurenz</b>	<b>15</b>	CRYSTAL PALACE TRIATHLETES	M29		00:15:45	00:54:55	<b>01:17:43</b>	42	00:05:36		
	<b>FAJFER Arkadiusz</b>	<b>35</b>	SNG WILD DUCKS	M38	SNG WILD DUCKS	00:15:57	00:56:03	<b>01:18:54</b>	45	00:04:38		
43	<b>PIESIK Dawid</b>	<b>17</b>	IM INSPIRATION	M32		00:15:19	00:56:00	<b>01:20:15</b>	51	00:03:18		
44	<b>ZIĘBA Mateusz</b>	<b>55</b>	FOREVER TEAM	M38		00:17:22	00:57:09	<b>01:19:16</b>	46	00:04:43		
45	<b>JAROSZ Hubert</b>	<b>56</b>		M30		00:15:09	00:54:51	<b>01:18:01</b>	43	00:05:59		
46	<b>ŚLIWA Maciej</b>	<b>107</b>	PAPRYKA	M39		00:16:19	00:57:09	<b>01:20:01</b>	50	00:05:04		
47	<b>BYRTEK Marcin</b>	<b>12</b>		M45		00:15:42	00:53:56	<b>01:17:12</b>	41	00:08:23		
48	<b>KALIN Władysław</b>	<b>29</b>	TAEKWON-DO GROMOWSKI	M42		00:16:04	00:56:08	<b>01:19:51</b>	48	00:05:46		
49	<b>CHOBOT Krzysztof</b>	<b>80</b>		M44		00:16:11	00:56:52	<b>01:19:22</b>	47	00:06:21		
50	<b>CHMEL Sergiy</b>	<b>104</b>	IRON TEAM CADENCE	M40		00:16:44	00:59:05	<b>01:22:52</b>	55	00:03:56		
51	<b>CHRAPKOWSKI Marcel</b>	<b>11</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M39	Iron House Triathlon Włocławek	00:16:06	00:56:48	<b>01:20:29</b>	53	00:06:34		
52	<b>MASŁOWSKI Marcin</b>	<b>39</b>	HTF LUDWIK SIKORSKI	M43	HTF Ludwik Sikorski	00:16:07	00:58:01	<b>01:22:13</b>	54	00:04:54		
53	<b>GACKOWSKI Krzysztof</b>	<b>14</b>		M49		00:17:50	01:00:24	<b>01:23:34</b>	57	00:04:20		
54	<b>PIASECKI Radosław</b>	<b>121</b>		M28		00:16:25	00:59:14	<b>01:22:53</b>	56	00:05:22		
	<b>FRAĆKIEWICZ Paweł</b>	<b>41</b>		M23		00:16:29	00:57:37	<b>01:20:21</b>	52	00:08:01		
56	<b>KRAKOWSKI Jan</b>	<b>119</b>	INVICTUS 3CITY	M28		00:16:52	01:00:38	<b>01:25:43</b>	60	00:02:43		
57	<b>ŁUCYSZYN Robert</b>	<b>42</b>		M44		00:16:43	00:57:40	<b>01:20:01</b>	49	00:10:34		
58	<b>WRZESZCZ Adrian</b>	<b>75</b>	ADRIAN! BŁAGAM WOLNIEJ.	M48	HTF Ludwik Sikorski	00:16:54	01:01:41	<b>01:26:48</b>	66	00:04:46		
59	<b>LASSAK Bartosz</b>	<b>21</b>	AKADEMIA MISTRZÓW SPORTU	M46	Akademia Mistrzów Sportu	00:17:54	01:02:38	<b>01:26:25</b>	64	00:05:15		
60	<b>DUSIŃSKI Krzysztof</b>	<b>7</b>		M43		00:18:07	01:02:11	<b>01:26:35</b>	65	00:05:39		
61	<b>RAJCA Daniel</b>	<b>96</b>	IM INSPIRATION	M32	IM Inspiration	00:17:15	01:02:36	<b>01:27:52</b>	69	00:04:37		
62	<b>ŁUPIŃSKI Daniel</b>	<b>63</b>	TRIATHLON SIEDLCE CLUB	M44		00:17:13	01:01:44	<b>01:25:53</b>	61	00:06:45		
63	<b>ZACHWIEJA Piotr</b>	<b>37</b>		M37		00:18:41	01:04:53	<b>01:28:50</b>	73	00:04:02		
64	<b>KUZIEMSKI Tomasz</b>	<b>69</b>	KS MARATON OSTRÓW WLKP	M33		00:16:59	01:01:26	<b>01:26:00</b>	62	00:07:09		
65	<b>KONIECZNY Przemysław</b>	<b>83</b>	VELOCITY	M36		00:18:06	01:03:50	<b>01:28:19</b>	72	00:05:56		
66	<b>KUC Krzysztof</b>	<b>109</b>		M42		00:17:50	01:00:41	<b>01:24:39</b>	58	00:09:53		
67	<b>POPEK Maciej</b>	<b>10</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M45	Iron House Triathlon Włocławek	00:17:52	01:03:30	<b>01:29:03</b>	74	00:05:34		

					Pływanie					Rower	Bieg	Całe
68	<b>WIECZOREK Bartosz</b>	<b>71</b>		M36	00:17:24	01:00:52	<b>01:24:56</b>	59	00:10:25			
69	<b>WASZKIEWICZ Dariusz</b>	<b>45</b>	IM INSPIRATION / SPORT4LIFE	M46	00:18:32	01:04:41	<b>01:29:49</b>	77	00:05:42			
70	<b>WOJDYŁA Paweł</b>	<b>77</b>	UNLIMITED SPORT 2.0	M36	00:17:28	01:03:05	<b>01:29:09</b>	75	00:06:32			
71	<b>DREWUSZEWSKI Maciej</b>	<b>50</b>	4M	M44	00:18:48	01:04:17	<b>01:28:16</b>	71	00:07:43			
	<b>KORYTOWSKI Maciej</b>	<b>90</b>	ROWEROWE LIPNO	M39	00:17:55	01:02:15	<b>01:26:04</b>	63	00:09:57			
73	<b>CUPA Ireneusz</b>	<b>113</b>	TRIATHLON KONSULTING	M49	00:18:11	01:04:55	<b>01:31:20</b>	79	00:05:31			
74	<b>KUNKEL Mariusz</b>	<b>86</b>	SMARUJ NA TRENING	M46	00:18:01	01:04:49	<b>01:31:26</b>	80	00:05:27			
75	<b>JASIŃSKI Bogusław</b>	<b>31</b>		M69	00:18:49	01:05:55	<b>01:32:23</b>	82	00:05:49			
76	<b>SZCZĘŚNIAK Michał</b>	<b>91</b>		M38	00:18:24	01:04:58	<b>01:31:04</b>	78	00:07:09			
77	<b>SUBKOWSKI Artur</b>	<b>59</b>		M46	00:18:45	01:07:18	<b>01:33:27</b>	84	00:05:23			
78	<b>KRAWCZYK Dawid</b>	<b>112</b>	SUŁKOWSKA SZKOŁA TRI	M39	00:17:55	01:06:03	<b>01:33:09</b>	83	00:06:50			
79	<b>NIEMCZYK Kazimierz</b>	<b>108</b>		M60	00:19:17	01:07:56	<b>01:35:28</b>	87	00:05:47			
80	<b>SUDOŁ Jacek</b>	<b>102</b>	PARKRUN BYDGOSZCZ	M44	00:18:50	01:08:05	<b>01:35:40</b>	88	00:05:42			
81	<b>CZAPIEWSKI Krzysztof</b>	<b>22</b>		M37	00:19:28	01:08:16	<b>01:33:34</b>	85	00:08:00			
82	<b>WALCZAK Krystian</b>	<b>28</b>	BIEGAJĄCE WALCZAKI	M40	00:20:05	01:10:06	<b>01:36:18</b>	89	00:05:36			
83	<b>KONIEC Piotr</b>	<b>13</b>	IRONTATA / ALETEAM	M45	00:18:13	01:05:48	<b>01:32:09</b>	81	00:09:50			
84	<b>STEFANIAK Mateusz</b>	<b>34</b>		M32	00:18:19	01:06:49	<b>01:34:49</b>	86	00:07:20			
85	<b>KLIMCZAK Marcin</b>	<b>103</b>		M46	00:21:07	01:10:55	<b>01:38:21</b>	92	00:03:59			
86	<b>BEŁZAK Filip</b>	<b>82</b>	TRIJET TEAM	M30	00:19:50	01:09:01	<b>01:36:41</b>	90	00:06:56			
87	<b>JESION Remigiusz</b>	<b>94</b>	RUN DMT	M39	00:19:34	01:10:09	<b>01:38:12</b>	91	00:07:39			
	<b>MISZTELA Tomasz</b>	<b>6</b>	PTT DELTA	M56	00:21:11	01:14:00	<b>01:42:20</b>	95	00:04:23			
89	<b>ZUBEK Rafał</b>	<b>46</b>	PTT DELTA	M55	00:20:32	01:13:34	<b>01:41:44</b>	94	00:07:08			
90	<b>NAGOW Michał</b>	<b>51</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M48	00:20:08	01:11:49	<b>01:39:36</b>	93	00:09:48			
91	<b>UMIŃSKI Robert</b>	<b>97</b>		M42	00:21:19	01:16:28	<b>01:45:53</b>	96	00:07:07			
	<b>KĘDZIA Jarosław</b>	<b>5</b>	CASTORAMA	M43	00:23:22	01:37:36						
93	<b>SZYMKUĆ Wojciech</b>	<b>73</b>	KRÓL BETONU	M33	00:21:40	01:18:40	<b>01:49:13</b>	97	00:09:07			
94	<b>KAZUBOWSKI Jacek</b>	<b>88</b>	TRIDARKO	M55	00:23:36	01:23:50	<b>01:56:02</b>	98	00:04:20			
<b>Przekroczony limit czasu: 15:00:00</b>												
95	<b>ANDRAU Anatoli</b>	<b>89</b>	ALTIUS	M45	00:24:07	01:26:41	<b>01:59:34</b>	99	00:05:22			
96	<b>WARCHOŁ Ryszard</b>	<b>65</b>	CAŁY TWÓJ	M55	00:23:57	01:26:55	<b>02:00:31</b>	100	00:10:27			
	<b>CZAJKOWSKI Arkadiusz</b>	<b>57</b>		M29	00:19:11							

Znaleziono 97 wynik(ów)