



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2022-08-20  
**Miejsce:** Bydgoszcz  
**Dystans:** 226 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 28,7 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie				T1	Rower	T2	Bieg	Czas
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz					
	MARCINEK Tomasz	8	TM IRON TEAM	M31	TM Iron Team	00:10:43	00:34:38	<b>00:48:16</b>	1	00:02:02	00:14:57			
	MAKSYMOWICZ Tomasz	48	IM INSPIRATION / IRON BRO	M22		00:11:14	00:37:25	<b>00:51:58</b>	2	00:02:25	00:18:55			
3	NIKOLICS Zoran	106		M26		00:12:19	00:41:12	<b>00:57:21</b>	3	00:02:44	00:15:42			
4	HALAJ Dušan	100	KPŠ NEREUS ŽILINA	M36		00:13:50	00:45:41	<b>01:03:18</b>	5	00:02:46	00:16:10			
5	KAŹMIERCZAK Łukasz	62	LUKS DWÓJKA STRYKÓW	M40		00:13:58	00:47:28	<b>01:06:42</b>	10	00:03:17	00:16:26			
	KOŠTAN Tomáš	118	KPŠ NEREUS ŽILINA	M30		00:13:56	00:46:30	<b>01:04:45</b>	7	00:03:01	00:17:38			
7	NOSOWSKI Jacek	36	TRI.REGRESS	M48		00:13:39	00:45:30	<b>01:03:06</b>	4	00:04:19	00:17:15			
8	PULCINSKI Michał	52	TMT	M41		00:13:27	00:46:03	<b>01:04:41</b>	6	00:04:43	00:17:08			
9	PIEKARSKI Paweł	20		M32		00:13:39	00:46:20	<b>01:05:24</b>	8	00:04:37	00:16:47			
10	SOKÓŁ Adam	67		M46		00:14:49	00:47:39	<b>01:06:13</b>	9	00:04:08	00:18:29			
11	ZIĘBA Adam	99	TRISPACE/TREK	M49	TRISPACE/TREK	00:14:53	00:50:39	<b>01:11:22</b>	17	00:03:32	00:16:20			
12	SZYMKOWIAK Norbert	115	IM INSPIRATION	M28	IM Inspiration	00:15:31	00:51:46	<b>01:12:47</b>	26	00:03:24	00:16:13			
13	MALISZEWSKI Michał	93		M46		00:14:45	00:49:51	<b>01:09:04</b>	12	00:04:11	00:17:33			
14	JACHIMSKI Jakub	92	TRIWAWA	M39	TRIWAWA	00:14:16	00:49:26	<b>01:09:09</b>	13	00:02:42	00:18:19			
	LANGE Grzegorz	79	LANGE TRI COACH	M44		00:15:03	00:51:39	<b>01:12:08</b>	21	00:03:31	00:16:57			
16	SWOBODA Sebastian	81	FIZJOSPEC	M35		00:14:50	00:50:13	<b>01:10:00</b>	14	00:04:19	00:17:13			
17	KRASNODEBSKI Sebastian	120	TM IRON TEAM	M40	TM Iron Team	00:15:06	00:52:27	<b>01:14:24</b>	28	00:03:51	00:16:51			
18	DURMAJ Bartek	27		M38		00:15:19	00:51:47	<b>01:12:21</b>	24	00:02:54	00:18:07			
19	KOZMINCZUK-MARKULAK Marek	111	TM IRON TEAM	M50	TM Iron Team	00:15:38	00:53:27	<b>01:14:53</b>	29	00:03:20	00:17:19			
20	HUNKIEWICZ Wojciech	78	MBC TEAM	M50		00:15:00	00:51:24	<b>01:12:31</b>	25	00:03:23	00:18:06			
21	BUCHALIK Arkadiusz	24		M49		00:15:28	00:51:24	<b>01:11:31</b>	18	00:04:15	00:18:28			
22	BYRTEK Grzegorz	9	TEAM CASTORAMA	M47		00:14:18	00:48:44	<b>01:07:39</b>	11	00:05:42	00:19:42			
23	LETKOWSKI Dariusz	61	GAPMONT RUNNING TEAM	M44		00:15:00	00:51:06	<b>01:10:37</b>	15	00:04:03	00:19:11			
24	NENKAŁA Mateusz	64	JERZYK TEAM	M29		00:15:13	00:53:21	<b>01:15:30</b>	32	00:03:55	00:16:57			
25	STARZ Paweł	116		M41		00:15:54	00:53:51	<b>01:14:57</b>	30	00:03:19	00:18:09			

					Pływanie				T1	Rower	T2	Bieg	Case
26	<b>SKIBA Mariusz</b>	<b>49</b>	KS IRONMAN SZCZECIN	M37	00:15:44	00:54:51	<b>01:16:37</b>	39	00:04:52	00:16:40			
27	<b>MAZANKA Jakub</b>	<b>26</b>		M46	00:15:20	00:51:45	<b>01:12:15</b>	22	00:04:19	00:18:39			
	<b>BUDZANOWSKI Michał</b>	<b>85</b>		M33	00:15:10	00:51:33	<b>01:11:41</b>	19	00:05:25	00:18:56			
29	<b>DYLIK Marcin</b>	<b>53</b>	HTF LUDWIK SIKORSKI	M41	00:15:57	00:53:24	<b>01:14:58</b>	31	00:03:39	00:18:09			
30	<b>WINIECKI Tomasz</b>	<b>44</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M48	Iron House Triathlon Włocławek	00:16:01	00:54:29	<b>01:15:31</b>	33	00:05:54	00:16:50		
31	<b>SUPERSON Wojtek</b>	<b>25</b>		M51	00:14:47	00:50:50	<b>01:11:10</b>	16	00:04:04	00:20:07			
32	<b>PRZEDPEŁSKI Radosław</b>	<b>40</b>	SNG WILD DUCKS	M40	SNG WILD DUCKS	00:16:13	00:54:53	<b>01:15:56</b>	37	00:05:32	00:17:07		
33	<b>JAGAS Radosław</b>	<b>84</b>	HTF LUDWIK SIKORSKI	M50	HTF Ludwik Sikorski	00:15:35	00:53:42	<b>01:15:42</b>	35	00:04:06	00:17:48		
34	<b>WRÓBEL Mateusz</b>	<b>16</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M32	Iron House Triathlon Włocławek	00:16:28	00:54:29	<b>01:15:35</b>	34	00:04:11	00:18:22		
35	<b>RYBAK Remigiusz</b>	<b>87</b>	TRISPACE/TREK	M45	TRISPACE/TREK	00:16:01	00:55:57	<b>01:18:06</b>	44	00:03:43	00:17:17		
36	<b>PIESIK Dawid</b>	<b>17</b>	IM INSPIRATION	M32		00:15:19	00:56:00	<b>01:20:15</b>	51	00:03:18	00:16:45		
	<b>FAJFER Arkadiusz</b>	<b>35</b>	SNG WILD DUCKS	M38	SNG WILD DUCKS	00:15:57	00:56:03	<b>01:18:54</b>	45	00:04:38	00:17:35		
38	<b>MOJSIEWICZ Sławomir</b>	<b>18</b>		M46		00:15:51	00:54:49	<b>01:16:52</b>	40	00:03:56	00:18:23		
39	<b>GERGER Laurenz</b>	<b>15</b>	CRYSTAL PALACE TRIATHLETES	M29		00:15:45	00:54:55	<b>01:17:43</b>	42	00:05:36	00:17:12		
40	<b>MICHALAK Lesław</b>	<b>114</b>	N-BIKE ACADEMY	M46		00:15:29	00:51:55	<b>01:11:49</b>	20	00:07:30	00:19:45		
41	<b>KUCIŃSKI Artur</b>	<b>95</b>	JEBĄĆ PIS	M47		00:16:10	00:54:55	<b>01:16:30</b>	38	00:05:18	00:18:21		
42	<b>CHMEL Sergiy</b>	<b>104</b>	IRON TEAM CADENCE	M40		00:16:44	00:59:05	<b>01:22:52</b>	55	00:03:56	00:16:28		
43	<b>ŚLIWA Maciej</b>	<b>107</b>	PAPRYKA	M39		00:16:19	00:57:09	<b>01:20:01</b>	50	00:05:04	00:17:10		
44	<b>ZIĘBA Mateusz</b>	<b>55</b>	FOREVER TEAM	M38		00:17:22	00:57:09	<b>01:19:16</b>	46	00:04:43	00:17:59		
45	<b>JAROSZ Hubert</b>	<b>56</b>		M30		00:15:09	00:54:51	<b>01:18:01</b>	43	00:05:59	00:18:33		
46	<b>KALIN Władysław</b>	<b>29</b>	TAEKWON-DO GROMOWSKI	M42		00:16:04	00:56:08	<b>01:19:51</b>	48	00:05:46	00:18:43		
47	<b>BYRTEK Marcin</b>	<b>12</b>		M45		00:15:42	00:53:56	<b>01:17:12</b>	41	00:08:23	00:18:36		
48	<b>CHOBOT Krzysztof</b>	<b>80</b>		M44		00:16:11	00:56:52	<b>01:19:22</b>	47	00:06:21	00:18:39		
49	<b>KRAKOWSKI Jan</b>	<b>119</b>	INVICTUS 3CITY	M28		00:16:52	01:00:38	<b>01:25:43</b>	60	00:02:43	00:17:48		
50	<b>SAŁEK Dominik</b>	<b>66</b>		M26		00:15:38	00:54:16	<b>01:15:54</b>	36	00:05:07	00:21:36		
51	<b>MASŁOWSKI Marcin</b>	<b>39</b>	HTF LUDWIK SIKORSKI	M43	HTF Ludwik Sikorski	00:16:07	00:58:01	<b>01:22:13</b>	54	00:04:54	00:19:22		
52	<b>CHRAPKOWSKI Marcel</b>	<b>11</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M39	Iron House Triathlon Włocławek	00:16:06	00:56:48	<b>01:20:29</b>	53	00:06:34	00:19:36		
53	<b>PIASECKI Radosław</b>	<b>121</b>		M28		00:16:25	00:59:14	<b>01:22:53</b>	56	00:05:22	00:18:54		
54	<b>GACKOWSKI Krzysztof</b>	<b>14</b>		M49		00:17:50	01:00:24	<b>01:23:34</b>	57	00:04:20	00:19:35		
55	<b>ŁUCYSZYN Robert</b>	<b>42</b>		M44		00:16:43	00:57:40	<b>01:20:01</b>	49	00:10:34	00:19:04		
56	<b>JUSZCZYK Mirosław</b>	<b>32</b>		M32		00:15:08	00:52:21	<b>01:14:10</b>	27	00:08:53	00:21:59		
57	<b>DUSIŃSKI Krzysztof</b>	<b>7</b>		M43		00:18:07	01:02:11	<b>01:26:35</b>	65	00:05:39	00:18:13		
58	<b>RAJCA Daniel</b>	<b>96</b>	IM INSPIRATION	M32	IM Inspiration	00:17:15	01:02:36	<b>01:27:52</b>	69	00:04:37	00:17:43		
59	<b>LASSAK Bartosz</b>	<b>21</b>	AKADEMIA MISTRZÓW SPORTU	M46	Akademia Mistrzów Sportu	00:17:54	01:02:38	<b>01:26:25</b>	64	00:05:15	00:18:45		
	<b>FRAĆKIEWICZ Paweł</b>	<b>41</b>		M23		00:16:29	00:57:37	<b>01:20:21</b>	52	00:08:01	00:20:35		
61	<b>WASZKIEWICZ Dariusz</b>	<b>45</b>	IM INSPIRATION / SPORT4LIFE	M46		00:18:32	01:04:41	<b>01:29:49</b>	77	00:05:42	00:17:53		
62	<b>ŁUPIŃSKI Daniel</b>	<b>63</b>	TRIATHLON SIEDLCE CLUB	M44		00:17:13	01:01:44	<b>01:25:53</b>	61	00:06:45	00:19:11		
63	<b>KUC Krzysztof</b>	<b>109</b>		M42		00:17:50	01:00:41	<b>01:24:39</b>	58	00:09:53	00:18:55		
64	<b>POPEK Maciej</b>	<b>10</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M45	Iron House Triathlon Włocławek	00:17:52	01:03:30	<b>01:29:03</b>	74	00:05:34	00:19:05		
65	<b>CUPA Ireneusz</b>	<b>113</b>	TRIATHLON KONSULTING	M49		00:18:11	01:04:55	<b>01:31:20</b>	79	00:05:31	00:18:27		
66	<b>ZACHWIEJA Piotr</b>	<b>37</b>		M37		00:18:41	01:04:53	<b>01:28:50</b>	73	00:04:02	00:22:11		

					Pływanie				T1	Rower	T2	Bieg	Czas	
67	WOJDYŁA Paweł	77	UNLIMITED SPORT 2.0	M36	00:17:28	01:03:05	<b>01:29:09</b>	75	00:06:32	00:19:16				
68	KONIECZNY Przemysław	83	VELOCITY	M36	00:18:06	01:03:50	<b>01:28:19</b>	72	00:05:56	00:20:35				
69	KUNKEL Mariusz	86	SMARUJ NA TRENING	M46	00:18:01	01:04:49	<b>01:31:26</b>	80	00:05:27	00:18:55				
70	DREWUSZEWSKI Maciej	50	4M	M44	00:18:48	01:04:17	<b>01:28:16</b>	71	00:07:43	00:19:31				
71	WRZESZCZ Adrian	75	ADRIAN! BŁAGAM WOLNIEJ.	M48	HTF Ludwik Sikorski	00:16:54	01:01:41	<b>01:26:48</b>	66	00:04:46	00:21:56			
72	WIECZOREK Bartosz	71		M36	00:17:24	01:00:52	<b>01:24:56</b>	59	00:10:25	00:20:55				
73	SUBKOWSKI Artur	59		M46	00:18:45	01:07:18	<b>01:33:27</b>	84	00:05:23	00:18:57				
74	KONIEC Piotr	13	IRONTATA / ALETEAM	M45	00:18:13	01:05:48	<b>01:32:09</b>	81	00:09:50	00:17:14				
75	KLIMCZAK Marcin	103		M46	00:21:07	01:10:55	<b>01:38:21</b>	92	00:03:59	00:17:55				
76	STEFANIAK Mateusz	34		M32	00:18:19	01:06:49	<b>01:34:49</b>	86	00:07:20	00:18:46				
77	KRAWCZYK Dawid	112	SUŁKOWSKA SZKOŁA TRI	M39	00:17:55	01:06:03	<b>01:33:09</b>	83	00:06:50	00:19:41				
78	KUZIEMSKI Tomasz	69	KS MARATON OSTRÓW WLKP	M33	00:16:59	01:01:26	<b>01:26:00</b>	62	00:07:09	00:23:01				
79	SZCZĘŚNIAK Michał	91		M38	00:18:24	01:04:58	<b>01:31:04</b>	78	00:07:09	00:19:56				
80	NIEMCZYK Kazimierz	108		M60	00:19:17	01:07:56	<b>01:35:28</b>	87	00:05:47	00:19:39				
	KORYTOWSKI Maciej	90	ROWEROWE LIPNO	M39	00:17:55	01:02:15	<b>01:26:04</b>	63	00:09:57	00:21:51				
82	CZAPIEWSKI Krzysztof	22		M37	00:19:28	01:08:16	<b>01:33:34</b>	85	00:08:00	00:19:19				
83	JASIŃSKI Bogusław	31		M69	00:18:49	01:05:55	<b>01:32:23</b>	82	00:05:49	00:22:49				
84	WALCZAK Krystian	28	BIEGAJĄCE WALCZAKI	M40	00:20:05	01:10:06	<b>01:36:18</b>	89	00:05:36	00:20:05				
85	SUDOŁ Jacek	102	PARKRUN BYDGOSZCZ	M44	00:18:50	01:08:05	<b>01:35:40</b>	88	00:05:42	00:21:08				
86	BEŁZAK Filip	82	TRIJET TEAM	M30	00:19:50	01:09:01	<b>01:36:41</b>	90	00:06:56	00:20:12				
	MISZTELA Tomasz	6	PTT DELTA	M56	PTT DELTA	00:21:11	01:14:00	<b>01:42:20</b>	95	00:04:23	00:19:07			
88	JESION Remigiusz	94	RUN DMT	M39	00:19:34	01:10:09	<b>01:38:12</b>	91	00:07:39	00:20:25				
89	NAGOW Michał	51	IRON HOUSE TRIATHLON WŁOCŁAWEK	M48	Iron House Triathlon Włocławek	00:20:08	01:11:49	<b>01:39:36</b>	93	00:09:48	00:19:51			
90	ZUBEK Rafał	46	PTT DELTA	M55	PTT DELTA	00:20:32	01:13:34	<b>01:41:44</b>	94	00:07:08	00:21:05			
91	UMIŃSKI Robert	97		M42	00:21:19	01:16:28	<b>01:45:53</b>	96	00:07:07	00:20:46				
92	KAZUBOWSKI Jacek	88	TRIDARKO	M55	00:23:36	01:23:50	<b>01:56:02</b>	98	00:04:20	00:20:13				
93	SZYMKUĆ Wojciech	73	KRÓL BETONU	M33	00:21:40	01:18:40	<b>01:49:13</b>	97	00:09:07	00:23:05				
<b>Przekroczony limit czasu: 15:00:00</b>														
94	ANDRAU Anatoli	89	ALTIUS	M45	00:24:07	01:26:41	<b>01:59:34</b>	99	00:05:22	00:21:20				
95	WARCHOŁ Ryszard	65	CAŁY TWÓJ	M55	00:23:57	01:26:55	<b>02:00:31</b>	100	00:10:27	00:19:42				
	KĘDZIA Jarosław	5	CASTORAMA	M43	00:23:22	01:37:36								
	CZAJKOWSKI Arkadiusz	57		M29	00:19:11									

Znaleziono 97 wynik(ów)