



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2022-08-20  
**Miejsce:** Bydgoszcz  
**Dystans:** 226 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 47,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie				T1	Rower		T2	Bieg	Czas
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Kotomierz 9.75km	R_Pauliny 42.75km			
	<b>MARCINEK Tomasz</b>	<b>8</b>	TM IRON TEAM	M31	TM Iron Team	00:10:43	00:34:38	<b>00:48:16</b>	1	00:02:02	00:14:57	01:05:08			
	<b>MAKSYMOWICZ Tomasz</b>	<b>48</b>	IM INSPIRATION / IRON BRO	M22		00:11:14	00:37:25	<b>00:51:58</b>	2	00:02:25	00:18:55	01:11:07			
3	<b>NIKOLICS Zoran</b>	<b>106</b>		M26		00:12:19	00:41:12	<b>00:57:21</b>	3	00:02:44	00:15:42	01:06:16			
4	<b>HALAJ Dušan</b>	<b>100</b>	KPŠ NEREUS ŽILINA	M36		00:13:50	00:45:41	<b>01:03:18</b>	5	00:02:46	00:16:10	01:09:37			
5	<b>KAŹMIERCZAK Łukasz</b>	<b>62</b>	LUKS DWÓJKA STRYKÓW	M40		00:13:58	00:47:28	<b>01:06:42</b>	10	00:03:17	00:16:26	01:10:29			
	<b>KOŠTAN Tomáš</b>	<b>118</b>	KPŠ NEREUS ŽILINA	M30		00:13:56	00:46:30	<b>01:04:45</b>	7	00:03:01	00:17:38	01:15:46			
7	<b>NOSOWSKI Jacek</b>	<b>36</b>	TRI.REGRESS	M48		00:13:39	00:45:30	<b>01:03:06</b>	4	00:04:19	00:17:15	01:16:54			
8	<b>PULCINSKI Michał</b>	<b>52</b>	TMT	M41		00:13:27	00:46:03	<b>01:04:41</b>	6	00:04:43	00:17:08	01:15:13			
9	<b>PIEKARSKI Paweł</b>	<b>20</b>		M32		00:13:39	00:46:20	<b>01:05:24</b>	8	00:04:37	00:16:47	01:15:19			
10	<b>SZYMKOWIAK Norbert</b>	<b>115</b>	IM INSPIRATION	M28	IM Inspiration	00:15:31	00:51:46	<b>01:12:47</b>	26	00:03:24	00:16:13	01:10:18			
11	<b>ZIĘBA Adam</b>	<b>99</b>	TRISPACE/TREK	M49	TRISPACE/TREK	00:14:53	00:50:39	<b>01:11:22</b>	17	00:03:32	00:16:20	01:11:47			
	<b>LANGE Grzegorz</b>	<b>79</b>	LANGE TRI COACH	M44		00:15:03	00:51:39	<b>01:12:08</b>	21	00:03:31	00:16:57	01:12:58			
13	<b>SOKÓŁ Adam</b>	<b>67</b>		M46		00:14:49	00:47:39	<b>01:06:13</b>	9	00:04:08	00:18:29	01:18:31			
14	<b>MALISZEWSKI Michał</b>	<b>93</b>		M46		00:14:45	00:49:51	<b>01:09:04</b>	12	00:04:11	00:17:33	01:16:07			
15	<b>KRASNODEBSKI Sebastian</b>	<b>120</b>	TM IRON TEAM	M40	TM Iron Team	00:15:06	00:52:27	<b>01:14:24</b>	28	00:03:51	00:16:51	01:12:12			
16	<b>SWOBODA Sebastian</b>	<b>81</b>	FIZJOSPEC	M35		00:14:50	00:50:13	<b>01:10:00</b>	14	00:04:19	00:17:13	01:17:14			
17	<b>JACHIMSKI Jakub</b>	<b>92</b>	TRIWAWA	M39	TRIWAWA	00:14:16	00:49:26	<b>01:09:09</b>	13	00:02:42	00:18:19	01:20:13			
18	<b>KOZMINCZUK-MARKULAK Marek</b>	<b>111</b>	TM IRON TEAM	M50	TM Iron Team	00:15:38	00:53:27	<b>01:14:53</b>	29	00:03:20	00:17:19	01:14:23			
19	<b>DURMAJ Bartek</b>	<b>27</b>		M38		00:15:19	00:51:47	<b>01:12:21</b>	24	00:02:54	00:18:07	01:17:49			

					Pływanie				T1	Rower		T2	Bieg	Całk.
20	<b>NENKAŁA Mateusz</b>	<b>64</b>	JERZYK TEAM	M29	00:15:13	00:53:21	<b>01:15:30</b>	32	00:03:55	00:16:57	01:14:00			
21	<b>SKIBA Mariusz</b>	<b>49</b>	KS IRONMAN SZCZECIN	M37	00:15:44	00:54:51	<b>01:16:37</b>	39	00:04:52	00:16:40	01:12:37			
22	<b>HUNKIEWICZ Wojciech</b>	<b>78</b>	MBC TEAM	M50	00:15:00	00:51:24	<b>01:12:31</b>	25	00:03:23	00:18:06	01:18:13			
23	<b>STARZ Paweł</b>	<b>116</b>		M41	00:15:54	00:53:51	<b>01:14:57</b>	30	00:03:19	00:18:09	01:16:05			
24	<b>BUCHALIK Arkadiusz</b>	<b>24</b>		M49	00:15:28	00:51:24	<b>01:11:31</b>	18	00:04:15	00:18:28	01:18:41			
25	<b>WINIECKI Tomasz</b>	<b>44</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M48	Iron House Triathlon Włocławek	00:16:01	00:54:29	<b>01:15:31</b>	33	00:05:54	00:16:50	01:13:40		
26	<b>PRZEDPEŁSKI Radosław</b>	<b>40</b>	SNG WILD DUCKS	M40	SNG WILD DUCKS	00:16:13	00:54:53	<b>01:15:56</b>	37	00:05:32	00:17:07	01:14:23		
27	<b>RYBAK Remigiusz</b>	<b>87</b>	TRISPACE/TREK	M45	TRISPACE/TREK	00:16:01	00:55:57	<b>01:18:06</b>	44	00:03:43	00:17:17	01:14:38		
28	<b>LETKOWSKI Dariusz</b>	<b>61</b>	GAPMONT RUNNING TEAM	M44		00:15:00	00:51:06	<b>01:10:37</b>	15	00:04:03	00:19:11	01:21:48		
29	<b>BYRTEK Grzegorz</b>	<b>9</b>	TEAM CASTORAMA	M47		00:14:18	00:48:44	<b>01:07:39</b>	11	00:05:42	00:19:42	01:23:29		
30	<b>JAGAS Radosław</b>	<b>84</b>	HTF LUDWIK SIKORSKI	M50	HTF Ludwik Sikorski	00:15:35	00:53:42	<b>01:15:42</b>	35	00:04:06	00:17:48	01:17:10		
31	<b>DYLIK Marcin</b>	<b>53</b>	HTF LUDWIK SIKORSKI	M41		00:15:57	00:53:24	<b>01:14:58</b>	31	00:03:39	00:18:09	01:18:24		
32	<b>PIESIK Dawid</b>	<b>17</b>	IM INSPIRATION	M32		00:15:19	00:56:00	<b>01:20:15</b>	51	00:03:18	00:16:45	01:13:48		
	<b>FAJFER Arkadiusz</b>	<b>35</b>	SNG WILD DUCKS	M38	SNG WILD DUCKS	00:15:57	00:56:03	<b>01:18:54</b>	45	00:04:38	00:17:35	01:14:04		
34	<b>CHMEL Sergiy</b>	<b>104</b>	IRON TEAM CADENCE	M40		00:16:44	00:59:05	<b>01:22:52</b>	55	00:03:56	00:16:28	01:10:52		
35	<b>WRÓBEL Mateusz</b>	<b>16</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M32	Iron House Triathlon Włocławek	00:16:28	00:54:29	<b>01:15:35</b>	34	00:04:11	00:18:22	01:18:17		
	<b>BUDZANOWSKI Michał</b>	<b>85</b>		M33		00:15:10	00:51:33	<b>01:11:41</b>	19	00:05:25	00:18:56	01:20:59		
37	<b>MAZANKA Jakub</b>	<b>26</b>		M46		00:15:20	00:51:45	<b>01:12:15</b>	22	00:04:19	00:18:39	01:21:39		
38	<b>GERGER Laurenz</b>	<b>15</b>	CRYSTAL PALACE TRIATHLETES	M29		00:15:45	00:54:55	<b>01:17:43</b>	42	00:05:36	00:17:12	01:15:24		
39	<b>ŚLIWA Maciej</b>	<b>107</b>	PAPRYKA	M39		00:16:19	00:57:09	<b>01:20:01</b>	50	00:05:04	00:17:10	01:15:32		
40	<b>SUPERSON Wojtek</b>	<b>25</b>		M51		00:14:47	00:50:50	<b>01:11:10</b>	16	00:04:04	00:20:07	01:25:24		
41	<b>MOJSIEWICZ Sławomir</b>	<b>18</b>		M46		00:15:51	00:54:49	<b>01:16:52</b>	40	00:03:56	00:18:23	01:20:10		
42	<b>MICHALAK Lesław</b>	<b>114</b>	N-BIKE ACADEMY	M46		00:15:29	00:51:55	<b>01:11:49</b>	20	00:07:30	00:19:45	01:22:11		
43	<b>KUCIŃSKI Artur</b>	<b>95</b>	JEBAĆ PIS	M47		00:16:10	00:54:55	<b>01:16:30</b>	38	00:05:18	00:18:21	01:20:16		
44	<b>JAROSZ Hubert</b>	<b>56</b>		M30		00:15:09	00:54:51	<b>01:18:01</b>	43	00:05:59	00:18:33	01:20:46		
45	<b>ZIĘBA Mateusz</b>	<b>55</b>	FOREVER TEAM	M38		00:17:22	00:57:09	<b>01:19:16</b>	46	00:04:43	00:17:59	01:20:52		
46	<b>KRAKOWSKI Jan</b>	<b>119</b>	INVICTUS 3CITY	M28		00:16:52	01:00:38	<b>01:25:43</b>	60	00:02:43	00:17:48	01:17:10		
47	<b>KALIN Władysław</b>	<b>29</b>	TAEKWON-DO GROMOWSKI	M42		00:16:04	00:56:08	<b>01:19:51</b>	48	00:05:46	00:18:43	01:20:12		
48	<b>CHOBOT Krzysztof</b>	<b>80</b>		M44		00:16:11	00:56:52	<b>01:19:22</b>	47	00:06:21	00:18:39	01:20:52		
49	<b>BYRTEK Marcin</b>	<b>12</b>		M45		00:15:42	00:53:56	<b>01:17:12</b>	41	00:08:23	00:18:36	01:21:25		
50	<b>SAŁEK Dominik</b>	<b>66</b>		M26		00:15:38	00:54:16	<b>01:15:54</b>	36	00:05:07	00:21:36	01:28:41		
51	<b>MASŁOWSKI Marcin</b>	<b>39</b>	HTF LUDWIK SIKORSKI	M43	HTF Ludwik Sikorski	00:16:07	00:58:01	<b>01:22:13</b>	54	00:04:54	00:19:22	01:22:51		
52	<b>ŁUCYSZYN Robert</b>	<b>42</b>		M44		00:16:43	00:57:40	<b>01:20:01</b>	49	00:10:34	00:19:04	01:19:47		
53	<b>RAJCA Daniel</b>	<b>96</b>	IM INSPIRATION	M32	IM Inspiration	00:17:15	01:02:36	<b>01:27:52</b>	69	00:04:37	00:17:43	01:17:58		

					Pływanie				T1	Rower		T2	Bieg	Czas
54	DUSIŃSKI Krzysztof	7		M43	00:18:07	01:02:11	<b>01:26:35</b>	65	00:05:39	00:18:13	01:18:58			
55	PIASECKI Radosław	121		M28	00:16:25	00:59:14	<b>01:22:53</b>	56	00:05:22	00:18:54	01:23:11			
56	WASZKIEWICZ Dariusz	45	IM INSPIRATION / SPORT4LIFE	M46	00:18:32	01:04:41	<b>01:29:49</b>	77	00:05:42	00:17:53	01:16:03			
57	LASSAK Bartosz	21	AKADEMIA MISTRZÓW SPORTU	M46	00:17:54	01:02:38	<b>01:26:25</b>	64	00:05:15	00:18:45	01:21:06			
58	GACKOWSKI Krzysztof	14		M49	00:17:50	01:00:24	<b>01:23:34</b>	57	00:04:20	00:19:35	01:25:31			
59	KUC Krzysztof	109		M42	00:17:50	01:00:41	<b>01:24:39</b>	58	00:09:53	00:18:55	01:18:54			
60	CHRAPKOWSKI Marcel	11	IRON HOUSE TRIATHLON WŁOCŁAWEK	M39	00:16:06	00:56:48	<b>01:20:29</b>	53	00:06:34	00:19:36	01:26:28			
61	POPEK Maciej	10	IRON HOUSE TRIATHLON WŁOCŁAWEK	M45	00:17:52	01:03:30	<b>01:29:03</b>	74	00:05:34	00:19:05	01:21:09			
62	ŁUPIŃSKI Daniel	63	TRIATHLON SIEDLCE CLUB	M44	00:17:13	01:01:44	<b>01:25:53</b>	61	00:06:45	00:19:11	01:24:04			
63	JUSZCZYK Mirosław	32		M32	00:15:08	00:52:21	<b>01:14:10</b>	27	00:08:53	00:21:59	01:34:13			
64	ZACHWIEJA Piotr	37		M37	00:18:41	01:04:53	<b>01:28:50</b>	73	00:04:02	00:22:11	01:24:40			
65	KUNKEL Mariusz	86	SMARUJ NA TRENING	M46	00:18:01	01:04:49	<b>01:31:26</b>	80	00:05:27	00:18:55	01:20:42			
66	CUPA Ireneusz	113	TRIATHLON KONSULTING	M49	00:18:11	01:04:55	<b>01:31:20</b>	79	00:05:31	00:18:27	01:21:00			
67	WOJDYŁA Paweł	77	UNLIMITED SPORT 2.0	M36	00:17:28	01:03:05	<b>01:29:09</b>	75	00:06:32	00:19:16	01:22:34			
68	KONIECZNY Przemysław	83	VELOCITY	M36	00:18:06	01:03:50	<b>01:28:19</b>	72	00:05:56	00:20:35	01:24:30			
69	KONIEC Piotr	13	IRONTATA / ALETEAM	M45	00:18:13	01:05:48	<b>01:32:09</b>	81	00:09:50	00:17:14	01:16:55			
70	DREWUSZEWSKI Maciej	50	4M	M44	00:18:48	01:04:17	<b>01:28:16</b>	71	00:07:43	00:19:31	01:23:40			
	FRĄCKIEWICZ Paweł	41		M23	00:16:29	00:57:37	<b>01:20:21</b>	52	00:08:01	00:20:35	01:31:22			
72	SUBKOWSKI Artur	59		M46	00:18:45	01:07:18	<b>01:33:27</b>	84	00:05:23	00:18:57	01:21:24			
73	KLIMCZAK Marcin	103		M46	00:21:07	01:10:55	<b>01:38:21</b>	92	00:03:59	00:17:55	01:18:48			
74	WIECZOREK Bartosz	71		M36	00:17:24	01:00:52	<b>01:24:56</b>	59	00:10:25	00:20:55	01:26:10			
75	STEFANIAK Mateusz	34		M32	00:18:19	01:06:49	<b>01:34:49</b>	86	00:07:20	00:18:46	01:19:58			
76	KRAWCZYK Dawid	112	SUŁKOWSKA SZKOŁA TRI	M39	00:17:55	01:06:03	<b>01:33:09</b>	83	00:06:50	00:19:41	01:23:28			
77	NIEMCZYK Kazimierz	108		M60	00:19:17	01:07:56	<b>01:35:28</b>	87	00:05:47	00:19:39	01:23:07			
78	SZCZĘŚNIAK Michał	91		M38	00:18:24	01:04:58	<b>01:31:04</b>	78	00:07:09	00:19:56	01:26:17			
79	WRZESZCZ Adrian	75	ADRIAN! BŁAGAM WOLNIEJ.	M48	00:16:54	01:01:41	<b>01:26:48</b>	66	00:04:46	00:21:56	01:33:08			
80	CZAPIEWSKI Krzysztof	22		M37	00:19:28	01:08:16	<b>01:33:34</b>	85	00:08:00	00:19:19	01:24:35			

					Pływanie				T1	Rower		T2	Bieg	Czas
81	<b>KUZIEMSKI Tomasz</b>	<b>69</b>	KS MARATON OSTRÓW WLKP	M33	00:16:59	01:01:26	<b>01:26:00</b>	62	00:07:09	00:23:01	01:35:22			
82	<b>WALCZAK Krystian</b>	<b>28</b>	BIEGAJĄCE WALCZAKI	M40	00:20:05	01:10:06	<b>01:36:18</b>	89	00:05:36	00:20:05	01:27:05			
83	<b>JASIŃSKI Bogusław</b>	<b>31</b>		M69	00:18:49	01:05:55	<b>01:32:23</b>	82	00:05:49	00:22:49	01:31:17			
	<b>KORYTOWSKI Maciej</b>	<b>90</b>	ROWEROWE LIPNO	M39	00:17:55	01:02:15	<b>01:26:04</b>	63	00:09:57	00:21:51	01:33:49			
	<b>MISZTELA Tomasz</b>	<b>6</b>	PTT DELTA	M56	PTT DELTA	00:21:11	01:14:00	<b>01:42:20</b>	95	00:04:23	00:19:07	01:25:13		
86	<b>BEŁZAK Filip</b>	<b>82</b>	TRIJET TEAM	M30	00:19:50	01:09:01	<b>01:36:41</b>	90	00:06:56	00:20:12	01:28:37			
87	<b>SUDOŁ Jacek</b>	<b>102</b>	PARKRUN BYDGOSZCZ	M44	00:18:50	01:08:05	<b>01:35:40</b>	88	00:05:42	00:21:08	01:30:52			
88	<b>NAGOW Michał</b>	<b>51</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M48	Iron House Triathlon Włocławek	00:20:08	01:11:49	<b>01:39:36</b>	93	00:09:48	00:19:51	01:26:16		
89	<b>JESION Remigiusz</b>	<b>94</b>	RUN DMT	M39	00:19:34	01:10:09	<b>01:38:12</b>	91	00:07:39	00:20:25	01:30:14			
90	<b>ZUBEK Rafał</b>	<b>46</b>	PTT DELTA	M55	PTT DELTA	00:20:32	01:13:34	<b>01:41:44</b>	94	00:07:08	00:21:05	01:32:55		
91	<b>UMIŃSKI Robert</b>	<b>97</b>		M42	00:21:19	01:16:28	<b>01:45:53</b>	96	00:07:07	00:20:46	01:32:38			
92	<b>KAZUBOWSKI Jacek</b>	<b>88</b>	TRIDARKO	M55	00:23:36	01:23:50	<b>01:56:02</b>	98	00:04:20	00:20:13	01:26:46			
93	<b>WARCHOŁ Ryszard</b>	<b>65</b>	CAŁY TWÓJ	M55	00:23:57	01:26:55	<b>02:00:31</b>	100	00:10:27	00:19:42	01:27:50			
94	<b>SZYMKUĆ Wojciech</b>	<b>73</b>	KRÓL BETONU	M33	00:21:40	01:18:40	<b>01:49:13</b>	97	00:09:07	00:23:05	01:41:41			
<b>Przekroczony limit czasu: 15:00:00</b>														
95	<b>ANDRAU Anatoli</b>	<b>89</b>	ALTIUS	M45	00:24:07	01:26:41	<b>01:59:34</b>	99	00:05:22	00:21:20	01:35:41			
	<b>KĘDZIA Jarosław</b>	<b>5</b>	CASTORAMA	M43	00:23:22	01:37:36								
	<b>CZAJKOWSKI Arkadiusz</b>	<b>57</b>		M29	00:19:11									

Znaleziono 97 wynik(ów)