



METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Wydarzenie: Metalkas Ocean Lava Triathlon Polska
Organizator: Towarzystwo Sportowe TRI-SPORT
Data: 2023-08-19
Miejsce: Bydgoszcz
Dystans: 226 km

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 123,5 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie			Poz	T1	Rower			Bieg
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km			R_Lidl 22.3km	R_Kusowo 79.8km	R_Lidl 101.3km	
1	MAZUR Paweł	134	NAJMOWICZ TRIATHLON/UKS TRS SUSZ/ AGROLOK SPORT TEAM	M34		00:14:42	00:45:12	01:00:40	3	00:02:33	00:33:14	02:02:03	02:34:54	
2	PETSUK Zoltán	222	UTE-MERIDA	M40		00:13:15	00:39:52	00:53:26	1	00:02:41	00:34:24	02:11:42	02:45:43	
3	OPOLECKÝ Martin	187	OPOLTEAM	M39		00:14:55	00:45:24	01:00:53	4	00:03:05	00:34:56	02:06:54	02:40:03	
4	SRNÁNEK Rastislav	115	ŠK TRIATLON PEZINOK	M28		00:16:53	00:52:52	01:11:03	18	00:03:04	00:33:12	02:02:13	02:35:12	
	ZALEWSKI Igor	93	TRIATHLON CLUB WROCŁAW	M30	Triathlon Club Wrocław	00:14:28	00:43:57	00:59:19	2	00:03:04	00:35:54	02:10:23	02:45:13	
6	BUZUN Rafał	219	TYCZYŃSKI TRIATHLON	M28		00:16:28	00:48:56	01:05:26	6	00:03:15	00:36:31	02:10:37	02:45:21	
7	SZYMAŃSKI Piotr	44	MIELCARCS TEAM	M30	Mielcars Team	00:16:05	00:49:39	01:06:34	7	00:02:57	00:36:09	02:12:22	02:48:23	
8	SZYMKOWIAK Norbert	220	GALIBIER BIKEFUN TEAM	M29		00:17:44	00:54:48	01:14:13	36	00:03:05	00:34:46	02:07:32	02:42:24	
9	CHMEL Sergiy	59	IRON TEAM CADENCE	M41		00:19:16	00:59:59	01:21:38	78	00:03:22	00:34:30	02:06:16	02:40:01	
10	MATUSIAK Mateusz	216	SNG WILD DUCKS	M36	SNG Wild Ducks	00:16:51	00:51:23	01:09:29	13	00:03:27	00:36:51	02:15:19	02:50:56	
11	JAŹDZIEWSKI Dawid	211	TM IRONTEAM	M30	TM IronTeam	00:18:15	00:55:58	01:15:36	44	00:03:52	00:35:35	02:11:12	02:46:45	
	WIERZBOWSKI Krzysztof	7		M44		00:18:42	00:58:20	01:19:15	65	00:04:21	00:35:17	02:08:08	02:42:45	
13	WALCZAK Robert	123	CYTADELA BY NIGHT	M43	Czerwonak Biega	00:16:24	00:49:48	01:06:54	8	00:03:47	00:38:03	02:18:54	02:57:35	
14	ŚWIEREK Andrzej	199	IRONMAN PRODMAR SZCZECIN	M47		00:18:19	00:56:01	01:16:15	49	00:04:45	00:36:08	02:13:57	02:49:49	
15	KIEJNIH Filip	78	#BALBINATEAM	M30		00:17:38	00:54:50	01:13:05	28	00:04:04	00:37:12	02:17:22	02:54:10	
16	KULIK Michał	56	HTF LUDWIK SIKORSKI	M44		00:17:54	00:54:58	01:14:09	34	00:04:52	00:37:02	02:17:44	02:54:13	
17	LEWANDOWSKI Damian	167	PTT DELTA	M47	PTT DELTA	00:16:48	00:52:21	01:10:12	14	00:04:14	00:38:12	02:20:17	02:58:15	
18	RYBAK Remigiusz	77	TRISPACE/TREK	M46	TRISPACE/TREK	00:18:57	00:59:21	01:20:03	69	00:03:39	00:37:15	02:15:40	02:51:17	
19	LENART Rafal	136	DRUŻYNA ML	M34		00:18:34	00:57:22	01:17:06	56	00:05:36	00:36:54	02:15:29	02:51:39	
20	SKIBA Mariusz	174	KS IRONMAN SZCZECIN	M38		00:18:01	00:55:03	01:13:51	33	00:06:07	00:37:13	02:16:18	02:54:34	
21	KRAJEWSKI Tomasz	121	KP PSP INOWROCŁAW	M35		00:17:06	00:52:39	01:11:12	19	00:03:20	00:38:28	02:19:59	02:59:57	
22	BARANOWSKI Arkadiusz	184	BESKID TRIATHLON CENTER /MACHIKOSPORTSWEAR	M44		00:17:27	00:54:22	01:13:35	30	00:03:53	00:37:57	02:17:37	02:55:37	

						Pływanie				Bieg	Rower			Bieg
23	JAŃCZAK Jarosław	158	SNG WILD DUCKS	M50	SNG Wild Ducks	00:18:15	00:56:35	01:16:12	47	00:04:33	00:37:24	02:18:12	02:55:42	
24	WINIECKI Tomasz	41	IRON HOUSE TRIATHLON WŁOCLAWEK	M49	Iron House Triathlon Włocławek	00:18:36	00:57:45	01:17:36	58	00:04:52	00:37:21	02:17:41	02:55:11	
25	JOACHIMIAK Marek	99	TRITOGO	M32		00:18:57	00:59:39	01:20:36	71	00:03:13	00:37:18	02:17:29	02:54:41	
26	PIEKARSKI Paweł	8		M33		00:16:11	00:50:06	01:07:26	9	00:03:52	00:38:59	02:26:46	03:05:55	
27	MOZLER Jerzy	25		M49		00:17:33	00:53:40	01:12:33	22	00:06:15	00:38:06	02:20:18	02:58:42	
28	TABAK Konrad	169	PHO3NIX GVT TEAM	M40		00:17:46	00:54:57	01:13:47	31	00:06:07	00:40:00	02:21:24	03:00:01	
29	TAMBORSKI Rafał	149	JERZYK TEAM	M44		00:19:33	01:00:34	01:20:59	77	00:03:45	00:37:55	02:18:33	02:55:23	
	OZDOBA Krzysztof	86	TRI MISSION	M50	Tri Mission	00:18:31	00:56:53	01:16:22	50	00:04:18	00:38:40	02:22:25	03:00:27	
31	GRZANECKI Rafał	213		M48		00:21:36	01:05:59	01:29:48	129	00:03:57	00:36:55	02:13:52	02:49:15	
	MICHAŁOWSKI Piotr	65	NADAKTYWNI	M32		00:16:32	00:50:34	01:07:49	10	00:05:05	00:40:09	02:26:51	03:06:51	
33	PATALON Piotr	34	ORKAMASTERS IŁAWA	M54		00:19:16	00:58:50	01:18:41	63	00:03:49	00:38:49	02:20:59	02:58:30	
34	SOBOTA Mateusz	26	SREBRNI TRI	M32	Srebrni Tri	00:17:24	00:53:34	01:11:58	21	00:04:11	00:39:33	02:26:07	03:05:21	
35	ZIELIŃSKI Maciej	3	ELENSPORT.PL SKLEPY SPORTOWE	M39		00:19:32	01:01:51	01:24:10	90	00:03:30	00:36:47	02:18:06	02:55:44	
36	KURZAC Piotr	50	ANTEX TEAM	M41		00:17:20	00:52:26	01:10:20	15	00:05:18	00:39:50	02:25:52	03:05:41	
37	DUBAS Marek	137	WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL	M40		00:18:21	00:56:38	01:16:24	51	00:04:45	00:38:16	02:21:48	03:00:58	
38	KUSIAK Marcin	183	ASICS FRONTRUNNER	M43		00:20:37	01:02:25	01:23:30	87	00:04:56	00:37:33	02:18:47	02:56:27	
39	ŁAZ Kamil	223	WTLENIE	M40	Akademia Mistrzów Sportu	00:18:24	00:55:51	01:14:46	38	00:05:56	00:40:12	02:26:52	03:04:18	
40	MIELCZAREK Marek	175	MARKOWI BIEGACZE / TRINERGY	M49		00:17:18	00:52:56	01:10:45	17	00:04:45	00:39:38	02:27:43	03:07:39	
41	SKOCKI Bartłomiej	19	ORKAMASTERS IŁAWA	M44		00:18:35	00:57:53	01:17:42	59	00:04:51	00:39:36	02:24:30	03:01:53	
42	BIRONT Krzysztof	88	BIELAWSKA AKADEMIA BIEGANIA	M43		00:18:34	00:57:30	01:16:56	54	00:04:30	00:40:59	02:25:30	03:04:34	
43	RUZYLO Patryk	209	PTSTUDIO	M36	PTstudio	00:21:07	01:03:52	01:25:42	95	00:04:26	00:37:26	02:18:13	02:55:39	
44	SZCZYRBOWSKI Michał	17	TURBOKILLERS	M42	TurboKillers	00:17:37	00:55:00	01:14:12	35	00:03:59	00:38:32	02:23:33	03:04:37	
45	ANTONIUK Marcin	144	LAMART	M48		00:18:34	00:57:40	01:18:04	62	00:06:37	00:38:39	02:23:09	03:01:38	
46	SKROBAŃSKI Jakub	156		M31		00:16:25	00:51:35	01:09:27	11	00:04:35	00:40:21	02:29:00	03:09:22	
47	WARDA Marcin	131	ORT ŁOMIANKI	M43		00:18:27	00:57:31	01:17:58	61	00:04:45	00:39:42	02:26:01	03:04:27	
48	BUCHALIK Arkadiusz	140		M50		00:18:32	00:56:50	01:16:15	48	00:03:41	00:39:32	02:26:56	03:06:29	
49	CZUK Przemysław	130		M28		00:17:20	00:55:43	01:15:47	45	00:05:46	00:39:19	02:24:08	03:03:22	
50	KOWALSKI Damian	9	SZAJBA TEAM	M37		00:17:20	00:53:59	01:13:17	29	00:07:20	00:40:13	02:26:54	03:05:37	
51	SIEMIŃSKI Bartek	33	TRITON KONIN	M43		00:17:41	00:55:39	01:16:06	46	00:07:03	00:39:38	02:23:33	03:02:10	
52	HIPNAROWICZ Grzegorz	21	SPORTTREND.PL	M44		00:17:33	00:54:18	01:12:42	25	00:04:35	00:40:57	02:30:11	03:10:28	

						Pływanie				Bieg	Rower			Bieg
53	KUROWSKI Kamil	31	3GRAVITY	M38	3Gravity	00:19:22	01:01:55	01:23:46	88	00:05:36	00:37:21	02:19:49	02:57:59	
54	PRZEMYSŁAW Seredyński	45	//CONSULT.RED	M41		00:17:29	00:54:07	01:12:56	26	00:03:38	00:40:32	02:30:06	03:09:56	
55	BUTOWSKI Krzysztof	146	TORUŃSKI KLUB TRIATHLONOWY	M42		00:18:00	00:53:14	01:10:34	16	00:05:13	00:40:11	02:27:55	03:09:33	
56	KOŚCIELSKI Mateusz	108	BRAVEHEARTS LEGIONOWO	M47		00:17:48	00:54:14	01:12:36	23	00:04:51	00:40:41	02:29:25	03:10:27	
57	NOWAK Antoni	141	EL-KIBA TEAM SŁUBICE	M25		00:17:17	00:55:26	01:15:21	42	00:04:27	00:40:34	02:27:39	03:07:34	
58	CZAJKOWSKI Krzysztof	203		M48		00:17:34	00:54:17	01:13:02	27	00:04:04	00:39:14	02:29:13	03:09:28	
59	KOCH Przemek	116		M37		00:19:42	00:59:45	01:20:38	72	00:04:41	00:39:52	02:24:27	03:03:01	
60	PIGŁAS Adam	125		M42		00:19:30	01:00:21	01:20:45	73	00:06:15	00:39:20	02:24:43	03:03:36	
61	SEVASTSYANAU Sergio	192	WOLNA BIALORUS	M46		00:21:43	01:06:35	01:30:13	132	00:05:31	00:37:40	02:18:29	02:55:39	
62	WYSOCKI Piotr	83		M37		00:20:09	01:03:49	01:26:49	105	00:04:33	00:37:58	02:20:43	02:59:03	
63	MIELCAREK Maciej	55	MIELCARKS TEAM	M33	Mielcarks Team	00:18:07	00:55:36	01:14:45	37	00:06:27	00:39:56	02:28:24	03:08:04	
64	GRUBINSKAS Irmantas	185	PANEVEZIO TRIATLONO KLUBAS	M41		00:18:18	00:55:27	01:15:04	40	00:05:12	00:41:01	02:29:45	03:10:05	
65	NOWACZYK Bartosz	66		M38		00:20:22	01:03:49	01:27:11	106	00:08:06	00:37:03	02:20:13	02:58:02	
66	KUMISZCZO Marcin	102	GT RAT	M35		00:17:35	00:54:42	01:13:50	32	00:04:07	00:42:15	02:32:32	03:14:45	
67	IGNACZAK Jarosław	20	KABEL TEAM BYDGOSZCZ	M42		00:19:34	01:02:14	01:24:46	92	00:04:01	00:39:16	02:25:15	03:04:49	
68	SUPERSON Wojtek	75		M52		00:18:26	00:56:14	01:15:17	41	00:06:47	00:40:17	02:30:59	03:11:46	
69	MARCJANEK Piotr	153	MOCARNE DZIKI	M40		00:19:11	00:59:15	01:19:44	68	00:05:49	00:40:06	02:28:44	03:09:29	
70	POREBA Norbert	128		M32		00:18:07	00:57:07	01:17:20	57	00:05:08	00:40:17	02:29:02	03:10:39	
71	MARCINIAK Witold	12	IRON HOUSE TRIATHLON WŁOCŁAWEK	M46	Iron House Triathlon Włocławek	00:21:31	01:04:19	01:26:21	102	00:05:43	00:39:09	02:25:29	03:04:42	
72	CUPA Ireneusz	214	TRIATHLON KONSULTING	M50	Triathlon Konsulting	00:20:53	01:05:51	01:30:15	133	00:05:26	00:38:44	02:24:05	03:02:46	
73	BLUMA Tomasz	111		M40		00:19:56	01:00:20	01:20:53	75	00:06:09	00:40:06	02:27:18	03:08:46	
74	MACHAJ Adam	168		M36		00:20:29	01:04:12	01:27:37	109	00:09:59	00:39:45	02:23:42	03:01:19	
75	PIC Dawid	24	BYLE DO PRZODU	M31		00:18:07	00:55:59	01:14:50	39	00:04:38	00:44:07	02:36:07	03:18:29	
76	HEJNICKI Dariusz	198	DON TRUCKING GROUP	M36		00:20:52	01:03:44	01:25:55	96	00:05:52	00:40:56	02:26:13	03:06:20	
77	STEFANIAK Mateusz	122	TURBOKILLERS	M33	TurboKillers	00:19:49	01:02:35	01:25:22	94	00:04:32	00:41:04	02:29:47	03:10:44	
78	CZAJKA Daniel	97	TRI COMPLEX LUBAŃ	M36		00:22:42	01:12:18	01:37:27	165	00:04:48	00:38:45	02:22:10	03:00:03	
79	SKRZYPCZAK Pawel	118	TATA EMERYT	M39		00:15:41	00:48:04	01:04:33	5	00:06:45	00:43:40	02:41:16	03:25:25	
80	MOJSIEWICZ Sławomir	172		M47		00:18:43	00:58:48	01:19:29	66	00:04:28	00:40:46	02:31:27	03:14:25	
81	WYŻNIKIEWICZ Bartłomiej	32	ROWEROWA CZĘSTOCHOWA	M35		00:21:23	01:04:37	01:26:49	104	00:07:05	00:39:31	02:28:45	03:08:57	
82	SKROK Krzysztof	43	PTT DELTA	M53	PTT DELTA	00:21:14	01:06:52	01:31:19	137	00:04:25	00:40:37	02:27:52	03:07:33	
83	DUBIEL Robert	210	GAIT	M51		00:16:47	00:51:32	01:09:29	12	00:06:44	00:40:52	02:36:56	03:22:59	

				Pływanie				T1	Rower			T2	Bieg
84	LISOWSKI Marcin	16		M42	00:21:06	01:06:34	01:29:26	127	00:05:59	00:40:39	02:28:55	03:08:02	
85	WIRA Mariusz	147	KB MIŚ BOREK WLKP.	M50	00:20:43	01:03:15	01:26:09	100	00:06:30	00:40:13	02:33:37	03:12:09	
86	STEC Przemysław	79		M40	00:19:45	00:59:31	01:19:35	67	00:05:34	00:40:54	02:34:42	03:17:12	
87	CHRAPKOWSKI Marcel	13	IRON HOUSE TRIATHLON WŁOCŁAWEK	M40	00:20:17	01:03:59	01:28:38	118	00:06:12	00:41:18	02:29:36	03:09:42	
88	DWORCZYK Wojciech	162		M47	00:24:22	01:19:21	01:49:13	188	00:09:33	00:36:33	02:13:56	02:50:14	
89	CZAPIEWSKI Krzysztof	67	TRIPASSION	M38	00:21:39	01:06:28	01:28:57	120	00:07:15	00:40:13	02:28:04	03:09:00	
90	PODLEŚ Dawid	91	DAWAJKALACH	M32	00:22:52	01:06:16	01:28:32	116	00:05:38	00:39:57	02:27:56	03:08:20	
91	CZERBNIAK Norbert	154	TARNOWO PODGÓRNE BIEGA	M52	00:21:48	01:06:13	01:28:22	114	00:05:55	00:42:04	02:32:51	03:13:34	
92	BRODA Jarosław	96	TRIATHLON CLUB WROCŁAW	M54	00:21:36	01:09:01	01:34:26	154	00:05:16	00:39:38	02:28:54	03:08:08	
93	JAŹDŻEWSKI Dawid	74		M42	00:22:12	01:06:06	01:28:58	121	00:06:01	00:41:07	02:30:57	03:12:13	
94	ŁAGOSZ Paweł	73		M41	00:23:22	01:11:19	01:36:02	158	00:05:08	00:40:02	02:31:59	03:06:02	
95	ANIELAK Mateusz	27	BEAUTY BAŁUTY	M32	00:19:14	00:58:14	01:17:57	60	00:05:40	00:42:26	02:39:11	03:21:43	
96	WILK Szymon	173		M35	00:19:12	01:00:15	01:21:59	79	00:05:49	00:43:20	02:37:48	03:20:11	
97	KRZYŻEWSKI Michał	39		M30	00:21:13	01:03:12	01:24:43	91	00:05:51	00:41:05	02:33:33	03:16:16	
98	POPEK Maciej	2	IRON HOUSE TRIATHLON WŁOCŁAWEK	M46	00:21:01	01:07:17	01:32:03	139	00:06:03	00:40:01	02:29:25	03:09:28	
	BURINSKAS Arturas	195	LITHUN	M57	00:23:01	01:11:56	01:37:22	163	00:05:29	00:40:03	02:29:37	03:08:35	
100	JANAS Dariusz	36	CZERWONAK BIEGA	M48	00:19:53	01:01:13	01:23:15	85	00:06:57	00:41:43	02:36:17	03:17:58	
101	MIELCAREK Jędrzej	57	MIELCARKS TEAM	M30	00:19:24	01:00:39	01:22:06	80	00:07:10	00:42:00	02:35:37	03:17:56	
102	SINKA Damian	145	MG SPORT	M58	00:20:54	01:05:01	01:27:33	107	00:08:14	00:41:43	02:32:11	03:13:48	
103	BERNER Karol	217	BECOME ONE	M36	00:19:55	01:02:07	01:23:49	89	00:06:19	00:42:30	02:38:07	03:20:34	
	SZADKOWSKI Jacek	107	FREERUNNER.PL	M45	00:18:43	00:57:31	01:17:05	55	00:05:33	00:41:11	02:30:19	03:15:16	
105	DZIURDA Marek	117	CHGT	M42	00:18:41	00:57:02	01:16:47	53	00:06:57	00:44:06	02:41:26	03:24:45	
106	JADOWSKI Bartłomiej	87	TRI MISSION	M35	00:19:31	01:01:22	01:23:09	84	00:07:33	00:42:51	02:38:10	03:21:16	
	KUCIŃSKI Artur	202		M48	00:18:19	00:56:07	01:15:22	43	00:06:43	00:40:20	02:37:56	03:25:54	
108	SZEWCZYK Mateusz	94	SUSHI TEAM	M36	00:23:20	01:12:40	01:38:07	170	00:05:27	00:41:16	02:31:41	03:11:42	
109	DRZEWIECKI Rafał	46	AKADEMIA MISTRZÓW SPORTU	M48	00:20:05	01:03:31	01:26:03	98	00:06:07	00:41:19	02:38:42	03:22:02	
110	JARLACZYŃSKI Łukasz	221		M49	00:21:46	01:05:53	01:29:02	122	00:05:43	00:43:33	02:38:34	03:20:33	
111	SZRAJDA Marcin	60		M40	00:21:18	01:05:46	01:28:24	115	00:03:26	00:42:55	02:41:07	03:24:03	
112	JESION Remigiusz	179		M40	00:22:19	01:10:41	01:36:23	160	00:06:40	00:41:45	02:33:18	03:14:23	

				Pływanie				Rower			Bieg		
113	KOWALSKI Łukasz	159	COMPLEXSPORTS	M43	00:22:36	01:08:48	01:32:54	147	00:05:40	00:42:33	02:36:18	03:17:59	
114	PARADOWSKI Filip	127	HASTEN TRIATHLON TEAM	M30	00:21:20	01:05:40	01:28:39	119	00:07:37	00:43:07	02:37:28	03:19:53	
115	FARRUGIA Nicky	204	MOSTA TRI MALTA	M63	00:19:05	00:58:41	01:18:51	64	00:06:20	00:43:17	02:38:55	03:27:45	
116	KUBIK Michał	180		M31	00:19:10	01:02:20	01:24:48	93	00:04:10	00:44:03	02:43:40	03:27:09	
117	OCHRYMOWICZ Mateusz	218	TRINITY	M32	00:18:56	01:00:00	01:20:58	76	00:05:16	00:43:43	02:42:01	03:27:47	
118	CYBULSKI Konrad	170	HTF LUDWIK SIKORSKI / AMZ-KUTNO S.A.	M50	00:22:05	01:06:56	01:31:56	138	00:07:28	00:42:27	02:36:31	03:20:07	
119	LECH Mikołaj	100	WIEWIÓRY	M38	00:22:46	01:11:24	01:37:45	166	00:06:25	00:43:00	02:36:00	03:16:59	
120	SPRYSZYŃSKI Michał	157	TRIRODZINKA	M35	00:20:13	01:03:40	01:26:03	99	00:06:19	00:43:52	02:42:18	03:25:36	
121	HOJNOR Piotr	178	LITWIN SPORTS	M45	00:21:17	01:06:06	01:29:24	126	00:05:59	00:42:14	02:41:14	03:23:26	
122	CIASTEK Grzegorz	206	SPORT GENERATION	M60	00:23:19	01:13:28	01:40:13	175	00:08:12	00:42:42	02:34:13	03:13:59	
123	ANTHONIS Kevin	23		M30	00:18:33	01:00:10	01:22:34	81	00:10:08	00:43:14	02:39:05	03:24:46	
124	WÓJTOWICZ Mateusz	126	AJRONMIM	M40	00:18:55	00:59:41	01:20:49	74	00:07:22	00:44:27	02:45:02	03:29:45	
125	NOWICKI Michał	80	BIEGANIE POD SOKOLIM OKIEM	M40	00:25:41	01:20:08	01:49:02	187	00:07:27	00:38:48	02:25:49	03:06:19	
126	KUŁACZEWSKI Krzysztof	47	W POGONI ZA DUCHEM	M34	00:21:34	01:06:24	01:29:19	125	00:06:51	00:40:58	02:38:26	03:23:12	
	KORYTOWSKI Maciej	165	ROWEROWE LIPNO	M40	00:19:51	01:01:40	01:23:22	86	00:10:23	00:45:03	02:43:46	03:27:20	
128	GRUSZCZYK Grzegorz	54	TURBOKILLERS	M41	TurboKillers	00:22:32	01:11:59	01:37:45	167	00:06:58	00:42:49	02:36:34	03:18:59
129	KRUPIŃSKI Jakub	106	TRI COMPLEX LUBAŃ	M39	00:20:06	01:05:32	01:30:08	131	00:06:45	00:40:37	02:40:53	03:25:14	
130	JAWORSKI Krzysztof	76		M50	00:23:09	01:09:46	01:32:59	148	00:10:54	00:41:56	02:36:51	03:19:20	
131	JARGIŁO Michał	120		M36	00:21:16	01:07:35	01:32:46	145	00:11:08	00:42:52	02:37:17	03:20:18	
132	RYCHARSKI Bartosz	53		M40	00:21:40	01:07:38	01:32:27	142	00:05:05	00:41:23	02:37:39	03:23:57	
133	FUSZARA Wojciech	186		M36	00:20:26	01:04:03	01:26:41	103	00:10:22	00:43:45	02:41:50	03:25:09	
134	ADAMSKI Sławomir Lucjan	142		M54	00:23:41	01:17:41	01:45:45	185	00:06:11	00:43:26	02:32:47	03:10:29	
135	BIEGA Marek	215	GRAJAN TRIATHLON OŁAWA	M43	00:21:39	01:08:51	01:34:41	156	00:08:03	00:42:29	02:45:45	03:26:33	
136	KUCHCIAK Mateusz	194		M29	00:19:41	01:01:16	01:22:48	82	00:06:44	00:44:15	02:48:35	03:34:23	
137	NOWAK Marcin	191	PAFARO	M42	00:23:46	01:10:31	01:33:24	149	00:08:21	00:42:44	02:43:26	03:25:55	
138	LATOS Janusz	92	POLONIA ŚRODA	M61	00:21:15	01:05:26	01:27:56	112	00:05:13	00:44:13	02:45:37	03:31:39	
139	NOWICKI Bartłomiej	176	CENTRUM OGRODNICZE BOGDANOWO	M40	00:22:54	01:08:46	01:32:11	140	00:06:36	00:45:29	02:46:02	03:28:52	
140	BOGUSZEWSKI Bartłomiej	212		M28	00:21:37	01:06:19	01:28:19	113	00:05:03	00:43:11	02:42:04	03:30:02	
141	MĘCNER Michał	133		M45	00:20:41	01:03:39	01:26:19	101	00:09:24	00:43:30	02:43:18	03:31:39	
142	DOBRZYŃSKI Andrzej	101	CHEŁMSKA GRUPA TRIATHLONU	M49	00:24:38	01:14:19	01:40:16	176	00:08:42	00:42:20	02:39:29	03:22:21	

				Pływanie				T1	Rower			Bieg
143	NALEWAJKO Jacek	95	#BIEGAJLESZNO	M46	00:20:36	01:04:19	01:27:34	108	00:08:09	00:45:01	02:47:47	03:32:50
144	KLICKI Marcin	42	GRILL TEAM	M37	00:22:10	01:06:27	01:29:28	128	00:04:56	00:46:36	02:48:48	03:35:41
145	TWARDOWSKI Michał	114		M38	00:20:46	01:07:13	01:32:39	143	00:07:48	00:44:57	02:43:33	03:27:13
146	PACZKOWSKI Mirosław	18		M53	00:22:54	01:11:49	01:38:34	173	00:08:15	00:42:59	02:39:19	03:24:39
147	NAGOW Michał	68	IRON HOUSE TRIATHLON WŁOCŁAWEK	M49	00:21:06	01:08:08	01:32:48	146	00:06:39	00:46:43	02:45:07	03:28:02
148	PUCHALSKI Bartosz	103	USTAW SIĘ NA BIEGANIE W GDAŃSKU	M37	00:23:14	01:09:49	01:33:52	153	00:10:08	00:44:26	02:45:16	03:30:53
149	WIECZOREK Maciek	124	RAKTEAM-TRIATHLON.PL	M51	00:23:19	01:10:44	01:36:06	159	00:06:00	00:43:08	02:36:25	03:18:09
150	KUDREWICZ Mirek	164	EWOTRATHLION	M59	00:22:38	01:11:41	01:38:19	172	00:05:36	00:42:02	02:42:39	03:29:20
	GABRUK Andrzej	28	GABAG	M62	00:22:11	01:08:21	01:32:44	144	00:09:41	00:43:34	02:47:44	03:31:42
152	CHOJNACKI Grzegorz	143	CHOJNACKI TEAM	M47	00:24:36	01:17:36	01:44:41	183	00:10:15	00:41:49	02:33:37	03:24:53
153	JANOWSKI Michał	110		M45	00:21:18	01:06:41	01:30:08	130	00:06:00	00:45:39	02:52:25	03:40:23
154	PIĄTKOWSKI Dariusz	89	CHEŁMSKA GRUPA TRIATHLONU	M61	00:23:27	01:13:17	01:38:18	171	00:10:13	00:44:02	02:48:48	03:35:50
155	CHOJA Sławomir	208	TOP FIT CENTER	M57	00:23:34	01:09:47	01:33:46	152	00:09:50	00:46:40	02:52:17	03:38:22
156	BRYGIER Jacek	51	PTT DELTA	M52	00:25:52	01:23:11	01:52:20	191	00:06:54	00:42:36	02:40:59	03:26:11
157	WOLSKI Darek	119	DARO	M38	00:23:14	01:14:29	01:43:33	180	00:11:23	00:40:41	02:45:49	03:29:36
158	SMOLARCZYK Krzysztof	82		M50	00:23:12	01:13:04	01:39:02	174	00:07:26	00:46:54	02:55:40	03:41:17
159	DOROSZ Marek	155	KB MANIAC POZNAŃ	M55	00:23:13	01:12:28	01:37:47	168	00:07:38	00:46:18	02:55:09	03:41:58
	WRZOSEK Jarosław	105		M52	00:25:32	01:20:25	01:49:33	190	00:08:35	00:44:50	02:46:01	03:31:29
161	ZABOROWSKI Maciej	151	PAFARO	M45	00:21:34	01:07:24	01:30:17	134	00:08:58	00:45:21	03:01:47	03:50:10
Przekroczony limit czasu: 15:00:00												
162	BORN Marcin	150	OSP KŁODNICA	M56	00:23:03	01:12:38	01:37:50	169	00:06:27	00:45:25	02:52:16	03:42:40
163	JANKOWSKI Jarosław	135		M26	00:25:43	01:21:16	01:48:20	186	00:09:46	00:46:46	02:52:52	03:36:29
164	SIECZKO Tomek	58	KOSTERA TEAM	M35	00:21:39	01:06:58	01:30:59	135	00:05:58	00:41:36	03:24:59	04:05:56
165	ŁUKOWSKI Dariusz	90	GMINA STRZELCE OPOLSKIE	M59	00:25:41	01:18:15	01:45:26	184	00:07:37	00:47:26	02:57:21	03:43:46
	GĘBCZYŃSKI Paweł	72		M44	00:21:02	01:05:22	01:27:49	111	00:10:34	00:48:19	03:02:30	03:51:18
	KOZIŃSKI Dariusz	181	ITOO	M46	00:23:08	01:14:22	01:42:01	178	00:05:48	00:43:19	02:57:38	03:46:10
	ZAMOYSKI Piotr	112		M34	00:21:01	01:08:06	01:34:36	155	00:06:56	00:43:58	02:58:48	03:48:46
169	GIBUŁA Bartłomiej	109	WAT	M24	00:20:13	01:04:49	01:27:48	110	00:07:16	00:52:45	03:13:47	04:04:38
170	MIDSEM Sixten	163		M19	00:21:49	01:11:51	01:42:02	179	00:10:09	00:49:27	03:02:41	03:53:27

				Pływanie				T1	Rower			Bieg
171	WAWRZY尼亚K Kacper	52		M24	00:27:29	01:25:15	01:56:53	193	00:05:39	00:47:29	02:59:20	03:48:19
	JAŚKOWIAK Tomasz	98		M49	00:22:31	01:08:04	01:32:11	141	00:13:11	00:48:53	03:13:07	04:04:58
173	WOJDYŁO Wojciech	196	AKTYWNY DYNÓW / 21 BSP	M37	00:27:37	01:22:25	01:49:27	189	00:15:16	00:52:07	03:12:02	04:00:50
174	WÓJTYCH Robert	160	TRIATHLON TEAM AQUAPARK WĄGROWIEC	M51	00:22:12	01:08:57	01:33:30	151	00:09:12	00:47:58	03:43:07	04:27:22
	STOYKOV Pavlin	171		M53	00:28:43	01:31:27	02:03:00	194	00:11:07	00:49:28	03:04:27	03:53:07
176	KACZYŃSKI Marcin	14	NEXERIANIE	M46	00:23:45	01:15:09	01:44:31	182	00:13:09	00:49:43	03:06:05	03:57:19
	PADEREWSKI Albert	148	TRIATHLETIC TEAM	M31	00:18:03	00:54:19	01:12:40	24	00:03:13	00:37:21	02:19:05	02:56:07
	OSMOLIK Jarek	85		M46	00:18:32	00:56:36	01:16:25	52	00:03:07	00:35:50	02:11:02	02:52:41
	GRODOMIŃSKI Hubert	81	TRITON KONIN	M48	00:23:54	01:12:41	01:37:25	164	00:06:34	00:41:12	02:33:46	03:22:51
	CUCU Paul	70		M19	00:31:37	01:38:09	02:12:33	195	00:08:09	00:45:52		

Znaleziono 180 wynik(ów)