



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

Metalkas Ocean Lava Triathlon Polska
Towarzystwo Sportowe TRI-SPORT
2023-08-19
Bydgoszcz
226 km



B4SPORT

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 190,7 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie					Rower						Bieg	
						P_Borowno 0.95km	P_Borowno 2.85km	R_Borowno 3.8km	Poz		R_Lidl 22.3km	R_Kusowo 79.8km	R_Lidl 101.3km	R_Kusowo 158.8km	R_Lidl 180km	Poz	B_Announcer 6.2km	
1	MAZUR Paweł	134	NAJMOWICZ TRIATHLON/UKS TRS SUSZ/ AGROLOK SPORT TEAM	M34		00:14:42	00:45:12	01:00:40	3	00:02:33	00:33:14	02:02:03	02:34:54	04:08:34	04:42:17	2	00:01:59	00:28:11
2	PETSUK Zoltán	222	UTE-MERIDA	M40		00:13:15	00:39:52	00:53:26	1	00:02:41	00:34:24	02:11:42	02:45:43	04:19:57	04:54:39	5	00:01:24	00:27:02
3	SRNÁNEK Rastislav	115	ŠK TRIATLON PEZINOK	M28		00:16:53	00:52:52	01:11:03	18	00:03:04	00:33:12	02:02:13	02:35:12	04:07:32	04:39:56	1	00:03:37	00:26:40
4	OPOLECKÝ Martin	187	OPOLTEAM	M39		00:14:55	00:45:24	01:00:53	4	00:03:05	00:34:56	02:06:54	02:40:03	04:13:22	04:47:19	3	00:03:33	00:30:58
5	BUZUN Rafał	219	TYCZYŃSKI TRIATHLON	M28		00:16:28	00:48:56	01:05:26	6	00:03:15	00:36:31	02:10:37	02:45:21	04:20:13	04:55:20	6	00:02:42	00:30:06
6	CHMEL Sergiy	59	IRON TEAM CADENCE	M41		00:19:16	00:59:59	01:21:38	78	00:03:22	00:34:30	02:06:16	02:40:01	04:15:08	04:49:18	4	00:02:46	00:29:41
7	SZYMAŃSKI Piotr	44	MIELCARCS TEAM	M30	Mielcarsks Team	00:16:05	00:49:39	01:06:34	7	00:02:57	00:36:09	02:12:22	02:48:23	04:28:37	05:05:01	11	00:02:15	00:32:43
8	SZYMKOWIAK Norbert	220	GALIBIER BIKEFUN TEAM	M29		00:17:44	00:54:48	01:14:13	36	00:03:05	00:34:46	02:07:32	02:42:24	04:22:16	04:58:58	8	00:02:01	00:33:04
9	MATUSIAK Mateusz	216	SNG WILD DUCKS	M36	SNG Wild Ducks	00:16:51	00:51:23	01:09:29	13	00:03:27	00:36:51	02:15:19	02:50:56	04:29:58	05:06:09	13	00:03:26	00:31:26
10	JAŹDZIEWSKI Dawid	211	TM IRONTEAM	M30	TM IronTeam	00:18:15	00:55:58	01:15:36	44	00:03:52	00:35:35	02:11:12	02:46:45	04:25:53	05:02:39	9	00:01:44	00:30:15
11	RYBAK Remigiusz	77	TRISPACE/TREK	M46	TRISPACE/TREK	00:18:57	00:59:21	01:20:03	69	00:03:39	00:37:15	02:15:40	02:51:17	04:28:44	05:03:43	10	00:02:01	00:28:40
12	WALCZAK Robert	123	CYTADELA BY NIGHT	M43	Czerwonak Biega	00:16:24	00:49:48	01:06:54	8	00:03:47	00:38:03	02:18:54	02:57:35	04:42:08	05:20:50	29	00:02:56	00:29:38
13	ŚWIEREK Andrzej	199	IRONMAN PRODMAR SZCZECIN	M47		00:18:19	00:56:01	01:16:15	49	00:04:45	00:36:08	02:13:57	02:49:49	04:31:57	05:08:16	14	00:01:41	00:37:00
14	LENART Rafał	136	DRUŻYNA ML	M34		00:18:34	00:57:22	01:17:06	56	00:05:36	00:36:54	02:15:29	02:51:39	04:35:56	05:15:37	18	00:02:48	00:29:10
15	KIEJNII Filip	78	#BALBINATEAM	M30		00:17:38	00:54:50	01:13:05	28	00:04:04	00:37:12	02:17:22	02:54:10	04:36:56	05:16:52	21	00:02:57	00:35:45
16	KRAJEWSKI Tomasz	121	KP PSP INOWROCŁAW	M35		00:17:06	00:52:39	01:11:12	19	00:03:20	00:38:28	02:19:59	02:59:57	04:45:30	05:23:46	34	00:01:56	00:32:47
17	JOACHIMIAK Marek	99	TRITOGO	M32		00:18:57	00:59:39	01:20:36	71	00:03:13	00:37:18	02:17:29	02:54:41	04:37:53	05:14:34	16	00:01:57	00:33:00
18	LEWANDOWSKI Damian	167	PTT DELTA	M47	PTT DELTA	00:16:48	00:52:21	01:10:12	14	00:04:14	00:38:12	02:20:17	02:58:15	04:44:42	05:23:16	33	00:02:09	00:33:50
19	KULIK Michał	56	HTF LUDWIK SIKORSKI	M44		00:17:54	00:54:58	01:14:09	34	00:04:52	00:37:02	02:17:44	02:54:13	04:37:56	05:16:39	19	00:04:11	00:35:22
20	SKIBA Mariusz	174	KS IRONMAN SZCZECIN	M38		00:18:01	00:55:03	01:13:51	33	00:06:07	00:37:13	02:16:18	02:54:34	04:37:45	05:15:14	17	00:02:50	00:37:34
21	JAŃCZAK Jarosław	158	SNG WILD DUCKS	M50	SNG Wild Ducks	00:18:15	00:56:35	01:16:12	47	00:04:33	00:37:24	02:18:12	02:55:42	04:42:03	05:20:14	28	00:03:29	00:31:37
22	TAMBORSKI Rafał	149	JERZYK TEAM	M44		00:19:33	01:00:34	01:20:59	77	00:03:45	00:37:55	02:18:33	02:55:23	04:39:41	05:16:46	20	00:02:29	00:32:48
23	ŁAZ Kamil	223	WTLENIE	M40	Akademia Mistrzów Sportu	00:18:24	00:55:51	01:14:46	38	00:05:56	00:40:12	02:26:52	03:04:18	04:48:46	05:26:39	38	00:02:31	00:27:38
24	TABAK Konrad	169	PHO3NIX GVT TEAM	M40		00:17:46	00:54:57	01:13:47	31	00:06:07	00:40:00	02:21:24	03:00:01	04:43:56	05:22:54	32	00:02:52	00:32:14
25	GRZANECKI Rafał	213		M48		00:21:36	01:05:59	01:29:48	129	00:03:57	00:36:55	02:13:52	02:49:15	04:28:43	05:05:32	12	00:03:01	00:35:40
26	PATALON Piotr	34	ORKAMASTERS ŁAWA	M54		00:19:16	00:58:50	01:18:41	63	00:03:49	00:38:49	02:20:59	02:58:30	04:43:31	05:21:03	30	00:01:39	00:33:39
27	SOBOTA Mateusz	26	SREBRNI TRI	M32	Srebrni Tri	00:17:24	00:53:34	01:11:58	21	00:04:11	00:39:33	02:26:07	03:05:21	04:50:07	05:28:05	43	00:02:49	00:32:23
	OZDOBA Krzysztof	86	TRI MISSION	M50	Tri Mission	00:18:31	00:56:53	01:16:22	50	00:04:18	00:38:40	02:22:25	03:00:27	04:43:51	05:21:36	31	00:03:17	00:33:56

						Pływanie					Rower					Bieg		
29	WINIECKI Tomasz	41	IRON HOUSE TRIATHLON WŁOCŁAWEK	M49	Iron House Triathlon Włocławek	00:18:36	00:57:45	01:17:36	58	00:04:52	00:37:21	02:17:41	02:55:11	04:40:27	05:20:08	27	00:04:38	00:35:03
30	BARANOWSKI Arkadiusz	184	BESKID TRIATHLON CENTER /MACHIKOSPORTSWEAR	M44		00:17:27	00:54:22	01:13:35	30	00:03:53	00:37:57	02:17:37	02:55:37	04:45:20	05:23:51	35	00:03:28	00:39:01
31	BIRONT Krzysztof	88	BIELAWSKA AKADEMIA BIEGANIA	M43		00:18:34	00:57:30	01:16:56	54	00:04:30	00:40:59	02:25:30	03:04:34	04:49:17	05:27:21	42	00:02:28	00:32:43
32	ZIELIŃSKI Maciej	3	ELENSPORT.PL SKLEPY SPORTOWE	M39		00:19:32	01:01:51	01:24:10	90	00:03:30	00:36:47	02:18:06	02:55:44	04:41:27	05:19:15	25	00:02:11	00:35:20
33	SKOCKI Bartłomiej	19	ORKAMASTERS IŁAWA	M44		00:18:35	00:57:53	01:17:42	59	00:04:51	00:39:36	02:24:30	03:01:53	04:47:43	05:24:25	36	00:02:17	00:35:39
34	KUSIAK Marcin	183	ASICS FRONTRUNNER	M43		00:20:37	01:02:25	01:23:30	87	00:04:56	00:37:33	02:18:47	02:56:27	04:40:22	05:18:30	22	00:02:12	00:35:48
35	MIELCZAREK Marek	175	MARKOWI BIEGACZE / TRINERGY	M49		00:17:18	00:52:56	01:10:45	17	00:04:45	00:39:38	02:27:43	03:07:39	04:55:22	05:33:03	51	00:02:53	00:35:07
36	RUZYŁO Patryk	209	PTSTUDIO	M36	PTstudio	00:21:07	01:03:52	01:25:42	95	00:04:26	00:37:26	02:18:13	02:55:39	04:41:07	05:18:35	23	00:02:39	00:35:34
37	BUCHALIK Arkadiusz	140		M50		00:18:32	00:56:50	01:16:15	48	00:03:41	00:39:32	02:26:56	03:06:29	04:56:00	05:35:28	54	00:03:17	00:28:54
38	DUBAS Marek	137	WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL	M40		00:18:21	00:56:38	01:16:24	51	00:04:45	00:38:16	02:21:48	03:00:58	04:48:58	05:26:56	40	00:05:50	00:34:20
39	PIEKARSKI Paweł	8		M33		00:16:11	00:50:06	01:07:26	9	00:03:52	00:38:59	02:26:46	03:05:55	04:59:07	05:40:04	67	00:02:26	00:35:19
	MICHAŁOWSKI Piotr	65	NADAKTYWNI	M32		00:16:32	00:50:34	01:07:49	10	00:05:05	00:40:09	02:26:51	03:06:51	04:58:23	05:40:04	68	00:04:14	00:33:49
41	KURZAC Piotr	50	ANTEX TEAM	M41		00:17:20	00:52:26	01:10:20	15	00:05:18	00:39:50	02:25:52	03:05:41	04:59:42	05:40:33	70	00:02:34	00:34:00
42	WYSOCKI Piotr	83		M37		00:20:09	01:03:49	01:26:49	105	00:04:33	00:37:58	02:20:43	02:59:03	04:48:23	05:26:39	39	00:03:38	00:31:42
43	SZCZYRBOWSKI Michał	17	TURBOKILLERS	M42	TurboKillers	00:17:37	00:55:00	01:14:12	35	00:03:59	00:38:32	02:23:33	03:04:37	04:57:23	05:36:21	57	00:02:16	00:36:38
44	WARDA Marcin	131	ORT ŁOMIANKI	M43		00:18:27	00:57:31	01:17:58	61	00:04:45	00:39:42	02:26:01	03:04:27	04:52:29	05:32:23	50	00:03:18	00:35:08
45	PIGŁAS Adam	125		M42		00:19:30	01:00:21	01:20:45	73	00:06:15	00:39:20	02:24:43	03:03:36	04:50:51	05:29:40	45	00:04:15	00:32:58
46	MOZLER Jerzy	25		M49		00:17:33	00:53:40	01:12:33	22	00:06:15	00:38:06	02:20:18	02:58:42	04:54:26	05:32:13	49	00:04:08	00:38:46
47	NOWACZYK Bartosz	66		M38		00:20:22	01:03:49	01:27:11	106	00:08:06	00:37:03	02:20:13	02:58:02	04:41:45	05:18:47	24	00:03:38	00:36:43
48	ANTONIUK Marcin	144	LAMART	M48		00:18:34	00:57:40	01:18:04	62	00:06:37	00:38:39	02:23:09	03:01:38	04:49:54	05:28:57	44	00:07:06	00:34:00
49	SIEMIŃSKI Bartek	33	TRITON KONIN	M43		00:17:41	00:55:39	01:16:06	46	00:07:03	00:39:38	02:23:33	03:02:10	04:51:32	05:30:38	48	00:05:22	00:35:40
50	KOŚCIELSKI Mateusz	108	BRAVEHEARTS LEGIONOWO	M47		00:17:48	00:54:14	01:12:36	23	00:04:51	00:40:41	02:29:25	03:10:27	05:01:58	05:42:54	75	00:03:23	00:31:18
51	SEVASTSYANAU Sergio	192	WOLNA BIALORUS	M46		00:21:43	01:06:35	01:30:13	132	00:05:31	00:37:40	02:18:29	02:55:39	04:41:20	05:19:46	26	00:03:24	00:36:36
52	GRUBINSKAS Irmantas	185	PANEVEZIO TRIATLONO KLUBAS	M41		00:18:18	00:55:27	01:15:04	40	00:05:12	00:41:01	02:29:45	03:10:05	05:00:20	05:37:50	62	00:05:31	00:33:38
53	KUROWSKI Kamil	31	3GRAVITY	M38	3Gravity	00:19:22	01:01:55	01:23:46	88	00:05:36	00:37:21	02:19:49	02:57:59	04:50:24	05:30:31	47	00:02:20	00:36:12
54	NOWAK Antoni	141	EL-KIBA TEAM SŁUBICE	M25		00:17:17	00:55:26	01:15:21	42	00:04:27	00:40:34	02:27:39	03:07:34	05:00:33	05:42:47	74	00:02:06	00:34:31
55	KOWALSKI Damian	9	SZAJBA TEAM	M37		00:17:20	00:53:59	01:13:17	29	00:07:20	00:40:13	02:26:54	03:05:37	04:56:42	05:35:51	56	00:04:14	00:38:56
56	CUPA Ireneusz	214	TRIATHLON KONSULTING	M50	Triathlon Konsulting	00:20:53	01:05:51	01:30:15	133	00:05:26	00:38:44	02:24:05	03:02:46	04:48:55	05:25:32	37	00:04:58	00:33:57
57	KOCH Przemek	116		M37		00:19:42	00:59:45	01:20:38	72	00:04:41	00:39:52	02:24:27	03:03:01	04:54:47	05:33:52	52	00:04:23	00:37:19
58	PRZEMYSŁAW Seredyński	45	//CONSULT.RED	M41		00:17:29	00:54:07	01:12:56	26	00:03:38	00:40:32	02:30:06	03:09:56	05:02:25	05:42:54	76	00:03:18	00:38:14
59	IGNACZAK Jarosław	20	KABEL TEAM BYDGOSZCZ	M42		00:19:34	01:02:14	01:24:46	92	00:04:01	00:39:16	02:25:15	03:04:49	04:55:48	05:35:28	55	00:01:55	00:35:17
60	MARCINIAK Witold	12	IRON HOUSE TRIATHLON WŁOCŁAWEK	M46	Iron House Triathlon Włocławek	00:21:31	01:04:19	01:26:21	102	00:05:43	00:39:09	02:25:29	03:04:42	04:51:54	05:30:23	46	00:02:44	00:37:20
61	HIPNAROWICZ Grzegorz	21	SPORTTREND.PL	M44		00:17:33	00:54:18	01:12:42	25	00:04:35	00:40:57	02:30:11	03:10:28	04:57:50	05:38:08	64	00:04:33	00:43:07
62	MARCJANEK Piotr	153	MOCARNE DZIKI	M40		00:19:11	00:59:15	01:19:44	68	00:05:49	00:40:06	02:28:44	03:09:29	05:02:25	05:43:18	79	00:03:11	00:31:30
63	SKROBAŃSKI Jakub	156		M31		00:16:25	00:51:35	01:09:27	11	00:04:35	00:40:21	02:29:00	03:09:22	05:06:30	05:49:09	88	00:03:32	00:38:28
64	CZUK Przemysław	130		M28		00:17:20	00:55:43	01:15:47	45	00:05:46	00:39:19	02:24:08	03:03:22	04:59:08	05:42:20	73	00:02:16	00:39:14

						Pływanie								Rower						Bieg	
65	STEFANIAK Mateusz	122	TURBOKILLERS	M33	TurboKillers	00:19:49	01:02:35	01:25:22	94	00:04:32	00:41:04	02:29:47	03:10:44	05:00:53	05:39:26 66	00:01:58	00:34:39				
66	BUTOWSKI Krzysztof	146	TORUŃSKI KLUB TRIATHLONOWY	M42		00:18:00	00:53:14	01:10:34	16	00:05:13	00:40:11	02:27:55	03:09:33	05:08:43	05:50:13 90	00:04:58	00:36:27				
67	WIRA Mariusz	147	KB MIŚ BOREK WLKP.	M50		00:20:43	01:03:15	01:26:09	100	00:06:30	00:40:13	02:33:37	03:12:09	04:58:54	05:36:40 58	00:05:15	00:33:00				
68	KUMISZCZO Marcin	102	GT RAT	M35		00:17:35	00:54:42	01:13:50	32	00:04:07	00:42:15	02:32:32	03:14:45	05:11:47	05:52:46 93	00:03:51	00:33:14				
69	SKROK Krzysztof	43	PTT DELTA	M53	PTT DELTA	00:21:14	01:06:52	01:31:19	137	00:04:25	00:40:37	02:27:52	03:07:33	04:57:21	05:36:42 59	00:03:31	00:32:45				
70	CZAJKOWSKI Krzysztof	203		M48		00:17:34	00:54:17	01:13:02	27	00:04:04	00:39:14	02:29:13	03:09:28	05:04:49	05:46:56 85	00:08:13	00:36:55				
71	DWORCZYK Wojciech	162		M47		00:24:22	01:19:21	01:49:13	188	00:09:33	00:36:33	02:13:56	02:50:14	04:31:49	05:08:25 15	00:06:41	00:36:31				
72	MIELCAREK Maciej	55	MIELCARCS TEAM	M33	Mielcars Team	00:18:07	00:55:36	01:14:45	37	00:06:27	00:39:56	02:28:24	03:08:04	05:03:45	05:46:00 84	00:04:34	00:39:04				
73	CZAJKA Daniel	97	TRI COMPLEX LUBAŃ	M36		00:22:42	01:12:18	01:37:27	165	00:04:48	00:38:45	02:22:10	03:00:03	04:47:26	05:27:19 41	00:02:46	00:38:39				
74	HEJNICKI Dariusz	198	DON TRUCKING GROUP	M36		00:20:52	01:03:44	01:25:55	96	00:05:52	00:40:56	02:26:13	03:06:20	05:01:10	05:40:26 69	00:04:15	00:35:38				
75	LISOWSKI Marcin	16		M42		00:21:06	01:06:34	01:29:26	127	00:05:59	00:40:39	02:28:55	03:08:02	05:01:00	05:41:18 71	00:04:33	00:31:19				
76	CZERBNIAK Norbert	154	TARNOWO PODGÓRNE BIEGA	M52		00:21:48	01:06:13	01:28:22	114	00:05:55	00:42:04	02:32:51	03:13:34	05:05:09	05:44:59 82	00:03:33	00:30:05				
77	CHRAPKOWSKI Marcel	13	IRON HOUSE TRIATHLON WŁOCŁAWEK	M40	Iron House Triathlon Włocławek	00:20:17	01:03:59	01:28:38	118	00:06:12	00:41:18	02:29:36	03:09:42	05:02:24	05:44:15 81	00:03:49	00:34:53				
78	BRODA Jarosław	96	TRIATHLON CLUB WROCŁAW	M54	Triathlon Club Wrocław	00:21:36	01:09:01	01:34:26	154	00:05:16	00:39:38	02:28:54	03:08:08	05:02:13	05:41:46 72	00:04:15	00:32:40				
79	PODLEŚ Dawid	91	DAWAJKALACH	M32		00:22:52	01:06:16	01:28:32	116	00:05:38	00:39:57	02:27:56	03:08:20	05:01:57	05:42:56 77	00:05:15	00:37:45				
80	WYŻNIKIEWICZ Bartłomiej	32	ROWEROWA CZĘSTOCHOWA	M35		00:21:23	01:04:37	01:26:49	104	00:07:05	00:39:31	02:28:45	03:08:57	05:03:32	05:43:23 80	00:07:05	00:36:13				
81	PIC Dawid	24	BYLE DO PRZODU	M31		00:18:07	00:55:59	01:14:50	39	00:04:38	00:44:07	02:36:07	03:18:29	05:15:53	05:58:14 100	00:02:35	00:40:23				
82	PORĘBA Norbert	128		M32		00:18:07	00:57:07	01:17:20	57	00:05:08	00:40:17	02:29:02	03:10:39	05:12:22	05:56:01 97	00:03:45	00:39:07				
83	ŁAGOSZ Paweł	73		M41		00:23:22	01:11:19	01:36:02	158	00:05:08	00:40:02	02:31:59	03:06:02	04:59:59	05:37:46 61	00:05:03	00:39:10				
84	CZAPIEWSKI Krzysztof	67	TRIPASSION	M38		00:21:39	01:06:28	01:28:57	120	00:07:15	00:40:13	02:28:04	03:09:00	05:05:31	05:47:04 86	00:05:46	00:34:14				
85	MACHAJ Adam	168		M36		00:20:29	01:04:12	01:27:37	109	00:09:59	00:39:45	02:23:42	03:01:19	04:53:57	05:34:11 53	00:11:51	00:40:17				
86	SUPERSON Wojtek	75		M52		00:18:26	00:56:14	01:15:17	41	00:06:47	00:40:17	02:30:59	03:11:46	05:08:22	05:54:23 95	00:05:11	00:44:38				
87	JANAS Dariusz	36	CZERWONAK BIEGA	M48	Czerwonak Biega	00:19:53	01:01:13	01:23:15	85	00:06:57	00:41:43	02:36:17	03:17:58	05:18:13	05:59:06 104	00:05:18	00:35:19				
88	SZEWCZYK Mateusz	94	SUSHI TEAM	M36		00:23:20	01:12:40	01:38:07	170	00:05:27	00:41:16	02:31:41	03:11:42	05:06:00	05:45:14 83	00:04:51	00:36:28				
89	STEC Przemysław	79		M40		00:19:45	00:59:31	01:19:35	67	00:05:34	00:40:54	02:34:42	03:17:12	05:20:44	06:05:41 115	00:04:27	00:36:48				
90	SINKA Damian	145	MG SPORT	M58		00:20:54	01:05:01	01:27:33	107	00:08:14	00:41:43	02:32:11	03:13:48	05:11:58	05:54:29 96	00:05:50	00:36:55				
91	WILK Szymon	173		M35		00:19:12	01:00:15	01:21:59	79	00:05:49	00:43:20	02:37:48	03:20:11	05:19:02	06:01:15 110	00:04:39	00:39:28				
92	JARLACZYŃSKI Łukasz	221		M49		00:21:46	01:05:53	01:29:02	122	00:05:43	00:43:33	02:38:34	03:20:33	05:17:03	05:58:21 101	00:03:43	00:37:36				
93	DUBIEL Robert	210	GAIT	M51		00:16:47	00:51:32	01:09:29	12	00:06:44	00:40:52	02:36:56	03:22:59	05:32:28	06:19:05 136	00:05:32	00:34:10				
94	JESION Remigiusz	179		M40		00:22:19	01:10:41	01:36:23	160	00:06:40	00:41:45	02:33:18	03:14:23	05:09:56	05:51:00 91	00:03:51	00:37:40				
	BURINSKAS Arturas	195	LITHUN	M57		00:23:01	01:11:56	01:37:22	163	00:05:29	00:40:03	02:29:37	03:08:35	04:58:24	05:37:38 60	00:04:17	00:50:53				
96	POPEK Maciej	2	IRON HOUSE TRIATHLON WŁOCŁAWEK	M46	Iron House Triathlon Włocławek	00:21:01	01:07:17	01:32:03	139	00:06:03	00:40:01	02:29:25	03:09:28	05:09:59	05:51:52 92	00:03:02	00:44:01				
97	SKRZYPCZAK Paweł	118	TATA EMERYT	M39		00:15:41	00:48:04	01:04:33	5	00:06:45	00:43:40	02:41:16	03:25:25	05:30:52	06:14:06 127	00:06:13	00:46:34				
98	ANIELAK Mateusz	27	BEAUTY BAŁUTY	M32		00:19:14	00:58:14	01:17:57	60	00:05:40	00:42:26	02:39:11	03:21:43	05:24:16	06:08:20 118	00:03:46	00:42:40				
99	BERNER Karol	217	BECOME ONE	M36		00:19:55	01:02:07	01:23:49	89	00:06:19	00:42:30	02:38:07	03:20:34	05:18:32	06:00:31 107	00:04:52	00:43:29				
100	LECH Mikołaj	100	WIEWIÓRY	M38		00:22:46	01:11:24	01:37:45	166	00:06:25	00:43:00	02:36:00	03:16:59	05:10:25	05:49:34 89	00:05:49	00:39:28				
101	BLUMA Tomasz	111		M40		00:19:56	01:00:20	01:20:53	75	00:06:09	00:40:06	02:27:18	03:08:46	05:08:35	05:53:26 94	00:08:57	00:50:00				
102	BIEGA Marek	215	GRAJAN TRIATHLON OŁAWA	M43		00:21:39	01:08:51	01:34:41	156	00:08:03	00:42:29	02:45:45	03:26:33	05:20:51	06:00:31 108	00:03:24	00:33:34				

				Pływanie								Rower						Bieg	
103	KRZYŻEWSKI Michał	39		M30		00:21:13	01:03:12	01:24:43	91	00:05:51	00:41:05	02:33:33	03:16:16	05:20:34	05:59:45	105	00:05:30	00:44:35	
104	JADOWSKI Bartłomiej	87	TRI MISSION	M35	Tri Mission	00:19:31	01:01:22	01:23:09	84	00:07:33	00:42:51	02:38:10	03:21:16	05:23:16	06:04:51	113	00:06:55	00:37:58	
105	CIĄSTEK Grzegorz	206	SPORT GENERATION	M60		00:23:19	01:13:28	01:40:13	175	00:08:12	00:42:42	02:34:13	03:13:59	05:07:15	05:47:24	87	00:03:45	00:41:03	
106	CYBULSKI Konrad	170	HTF LUDWIK SIKORSKI / AMZ-KUTNO S.A.	M50		00:22:05	01:06:56	01:31:56	138	00:07:28	00:42:27	02:36:31	03:20:07	05:19:47	06:00:33	109	00:03:57	00:38:23	
107	NOWICKI Michał	80	BIEGANIE POD SOKOLIM OKIEM	M40		00:25:41	01:20:08	01:49:02	187	00:07:27	00:38:48	02:25:49	03:06:19	05:02:32	05:43:15	78	00:05:07	00:37:36	
108	MIELCAREK Jędrzej	57	MIELCARCS TEAM	M30	Mielcarsks Team	00:19:24	01:00:39	01:22:06	80	00:07:10	00:42:00	02:35:37	03:17:56	05:24:17	06:08:31	119	00:05:42	00:39:21	
109	SZRAJDA Marcin	60		M40		00:21:18	01:05:46	01:28:24	115	00:03:26	00:42:55	02:41:07	03:24:03	05:27:14	06:09:53	123	00:03:25	00:38:26	
110	DRZEWIECKI Rafał	46	AKADEMIA MISTRZÓW SPORTU	M48	Akademia Mistrzów Sportu	00:20:05	01:03:31	01:26:03	98	00:06:07	00:41:19	02:38:42	03:22:02	05:25:59	06:08:16	117	00:04:53	00:38:23	
111	HOJNOR Piotr	178	LITWIN SPORTS	M45		00:21:17	01:06:06	01:29:24	126	00:05:59	00:42:14	02:41:14	03:23:26	05:25:45	06:07:20	116	00:03:37	00:38:33	
112	MOJSIEWICZ Sławomir	172		M47		00:18:43	00:58:48	01:19:29	66	00:04:28	00:40:46	02:31:27	03:14:25	05:17:22	06:04:49	112	00:04:53	00:52:05	
113	SPRYSZYŃSKI Michał	157	TRIRODZINKA	M35		00:20:13	01:03:40	01:26:03	99	00:06:19	00:43:52	02:42:18	03:25:36	05:29:54	06:14:36	129	00:03:45	00:35:45	
114	GRUSZCZYK Grzegorz	54	TURBOKILLERS	M41	TurboKillers	00:22:32	01:11:59	01:37:45	167	00:06:58	00:42:49	02:36:34	03:18:59	05:19:00	06:00:11	106	00:03:34	00:38:01	
115	KUŁACZEWSKI Krzysztof	47	W POGONI ZA DUCHEM	M34		00:21:34	01:06:24	01:29:19	125	00:06:51	00:40:58	02:38:26	03:23:12	05:32:54	06:16:47	135	00:03:47	00:34:51	
116	DZIURDA Marek	117	CHGT	M42		00:18:41	00:57:02	01:16:47	53	00:06:57	00:44:06	02:41:26	03:24:45	05:34:21	06:19:57	137	00:05:11	00:43:09	
117	KOWALSKI Łukasz	159	COMPLEXSPORTS	M43		00:22:36	01:08:48	01:32:54	147	00:05:40	00:42:33	02:36:18	03:17:59	05:21:10	06:05:08	114	00:03:20	00:45:12	
118	PARADOWSKI Filip	127	HASTEN TRIATHLON TEAM	M30		00:21:20	01:05:40	01:28:39	119	00:07:37	00:43:07	02:37:28	03:19:53	05:26:13	06:09:17	122	00:03:51	00:42:52	
119	JAWORSKI Krzysztof	76		M50		00:23:09	01:09:46	01:32:59	148	00:10:54	00:41:56	02:36:51	03:19:20	05:19:55	05:58:41	102	00:06:36	00:43:38	
120	JAŹDŻEWSKI Dawid	74		M42		00:22:12	01:06:06	01:28:58	121	00:06:01	00:41:07	02:30:57	03:12:13	05:13:05	05:56:51	98	00:03:19	01:00:08	
121	KUBIK Michał	180		M31		00:19:10	01:02:20	01:24:48	93	00:04:10	00:44:03	02:43:40	03:27:09	05:34:14	06:21:21	140	00:08:15	00:37:42	
122	NOWAK Marcin	191	PAFARO	M42		00:23:46	01:10:31	01:33:24	149	00:08:21	00:42:44	02:43:26	03:25:55	05:26:23	06:08:57	120	00:07:52	00:38:22	
123	DOBRZYŃSKI Andrzej	101	CHEŁMSKA GRUPA TRIATHLONU	M49		00:24:38	01:14:19	01:40:16	176	00:08:42	00:42:20	02:39:29	03:22:21	05:25:15	06:10:05	124	00:05:14	00:35:02	
124	WIECZOREK Maciek	124	RAKTEAM-TRIATHLON.PL	M51		00:23:19	01:10:44	01:36:06	159	00:06:00	00:43:08	02:36:25	03:18:09	05:35:15	06:16:40	134	00:04:46	00:35:55	
125	KRUPIŃSKI Jakub	106	TRI COMPLEX LUBAŃ	M39		00:20:06	01:05:32	01:30:08	131	00:06:45	00:40:37	02:40:53	03:25:14	05:34:27	06:20:10	138	00:06:26	00:37:38	
126	NOWICKI Bartłomiej	176	CENTRUM OGRODNICZE BOGDANOWO	M40		00:22:54	01:08:46	01:32:11	140	00:06:36	00:45:29	02:46:02	03:28:52	05:32:02	06:16:14	133	00:07:30	00:40:08	
127	LATOS Janusz	92	POLONIA ŚRODA	M61		00:21:15	01:05:26	01:27:56	112	00:05:13	00:44:13	02:45:37	03:31:39	05:40:02	06:24:39	141	00:05:59	00:38:55	
128	KUCHCIAK Mateusz	194		M29		00:19:41	01:01:16	01:22:48	82	00:06:44	00:44:15	02:48:35	03:34:23	05:47:29	06:33:17	149	00:03:41	00:36:48	
	KORYTOWSKI Maciej	165	ROWEROWE LIPNO	M40		00:19:51	01:01:40	01:23:22	86	00:10:23	00:45:03	02:43:46	03:27:20	05:31:39	06:15:18	131	00:05:37	00:50:36	
130	BRYGIER Jacek	51	PTT DELTA	M52	PTT DELTA	00:25:52	01:23:11	01:52:20	191	00:06:54	00:42:36	02:40:59	03:26:11	05:26:01	06:04:38	111	00:04:26	00:37:23	
131	WOLSKI Darek	119	DARO	M38		00:23:14	01:14:29	01:43:33	180	00:11:23	00:40:41	02:45:49	03:29:36	05:31:35	06:14:31	128	00:01:18	00:35:00	
132	JARGIŁO Michał	120		M36		00:21:16	01:07:35	01:32:46	145	00:11:08	00:42:52	02:37:17	03:20:18	05:26:55	06:09:09	121	00:09:43	00:43:48	
133	FUSZARA Wojciech	186		M36		00:20:26	01:04:03	01:26:41	103	00:10:22	00:43:45	02:41:50	03:25:09	05:42:19	06:25:36	142	00:05:59	00:38:00	
134	ANTHONIS Kevin	23		M30		00:18:33	01:00:10	01:22:34	81	00:10:08	00:43:14	02:39:05	03:24:46	05:41:41	06:28:36	145	00:03:50	00:43:22	
135	KLICKI Marcin	42	GRILL TEAM	M37		00:22:10	01:06:27	01:29:28	128	00:04:56	00:46:36	02:48:48	03:35:41	05:48:30	06:36:03	154	00:03:09	00:35:19	
136	PACZKOWSKI Mirosław	18		M53	Akademia Mistrzów Sportu	00:22:54	01:11:49	01:38:34	173	00:08:15	00:42:59	02:39:19	03:24:39	05:30:29	06:16:09	132	00:04:20	00:42:41	
137	WÓJTOWICZ Mateusz	126	AJRONMIM	M40		00:18:55	00:59:41	01:20:49	74	00:07:22	00:44:27	02:45:02	03:29:45	05:43:10	06:28:30	144	00:05:44	00:48:08	

				Pływanie					Rower						Bieg			
138	ADAMSKI Sławomir Lucjan	142		M54		00:23:41	01:17:41	01:45:45	185	00:06:11	00:43:26	02:32:47	03:10:29	05:25:04	06:13:23	125	00:04:26	00:43:09
139	PUCHALSKI Bartosz	103	USTAW SIĘ NA BIEGANIE W GDAŃSKU	M37		00:23:14	01:09:49	01:33:52	153	00:10:08	00:44:26	02:45:16	03:30:53	05:41:11	06:25:57	143	00:04:34	00:38:40
140	SIECZKO Tomek	58	KOSTERA TEAM	M35	Akademia Mistrzów Sportu	00:21:39	01:06:58	01:30:59	135	00:05:58	00:41:36	03:24:59	04:05:56	05:55:19	06:36:20	156	00:03:23	00:37:39
141	NALEWAJKO Jacek	95	#BIEGAJLESZNO	M46		00:20:36	01:04:19	01:27:34	108	00:08:09	00:45:01	02:47:47	03:32:50	05:48:23	06:33:19	150	00:04:49	00:43:08
142	RYCHARSKI Bartosz	53		M40		00:21:40	01:07:38	01:32:27	142	00:05:05	00:41:23	02:37:39	03:23:57	05:45:00	06:35:19	152	00:03:25	00:41:47
143	NAGOW Michał	68	IRON HOUSE TRIATHLON WŁOCŁAWEK	M49	Iron House Triathlon Włocławek	00:21:06	01:08:08	01:32:48	146	00:06:39	00:46:43	02:45:07	03:28:02	05:45:47	06:38:12	160	00:03:22	00:38:00
144	CHOJNACKI Grzegorz	143	CHOJNACKI TEAM	M47		00:24:36	01:17:36	01:44:41	183	00:10:15	00:41:49	02:33:37	03:24:53	05:38:21	06:20:13	139	00:05:22	00:39:36
145	FARRUGIA Nicky	204	MOSTA TRI MALTA	M63		00:19:05	00:58:41	01:18:51	64	00:06:20	00:43:17	02:38:55	03:27:45	05:43:06	06:32:48	148	00:09:15	00:53:01
146	OCHRYMOWICZ Mateusz	218	TRINITY	M32		00:18:56	01:00:00	01:20:58	76	00:05:16	00:43:43	02:42:01	03:27:47	06:02:29	06:51:17	173	00:06:06	00:38:32
147	DOROSZ Marek	155	KB MANIAC POZNAŃ	M55		00:23:13	01:12:28	01:37:47	168	00:07:38	00:46:18	02:55:09	03:41:58	05:53:54	06:40:28	163	00:05:00	00:40:22
	GABRUK Andrzej	28	GABAG	M62		00:22:11	01:08:21	01:32:44	144	00:09:41	00:43:34	02:47:44	03:31:42	05:46:00	06:29:44	146	00:04:32	00:56:28
149	KUDREWICZ Mirek	164	EWOTRATHLION	M59		00:22:38	01:11:41	01:38:19	172	00:05:36	00:42:02	02:42:39	03:29:20	05:46:09	06:33:36	151	00:04:57	00:52:31
150	SMOLARCZYK Krzysztof	82		M50		00:23:12	01:13:04	01:39:02	174	00:07:26	00:46:54	02:55:40	03:41:17	05:50:31	06:36:48	157	00:05:15	00:46:33
151	PIĄTKOWSKI Dariusz	89	CHEŁMSKA GRUPA TRIATHLONU	M61		00:23:27	01:13:17	01:38:18	171	00:10:13	00:44:02	02:48:48	03:35:50	05:49:01	06:37:20	158	00:08:49	00:41:40
152	BOGUSZEWSKI Bartłomiej	212		M28		00:21:37	01:06:19	01:28:19	113	00:05:03	00:43:11	02:42:04	03:30:02	06:01:27	06:51:30	174	00:04:22	00:48:03
153	JANOWSKI Michał	110		M45		00:21:18	01:06:41	01:30:08	130	00:06:00	00:45:39	02:52:25	03:40:23	05:56:41	06:43:37	166	00:05:46	00:52:34
154	MĘCNER Michał	133		M45		00:20:41	01:03:39	01:26:19	101	00:09:24	00:43:30	02:43:18	03:31:39	05:47:42	06:42:19	165	00:12:05	00:48:20
155	ŁUKOWSKI Dariusz	90	GMINA STRZELCE OPOLSKIE	M59		00:25:41	01:18:15	01:45:26	184	00:07:37	00:47:26	02:57:21	03:43:46	05:58:00	06:43:52	167	00:03:47	00:39:30
156	TWARDOWSKI Michał	114		M38		00:20:46	01:07:13	01:32:39	143	00:07:48	00:44:57	02:43:33	03:27:13	05:43:16	06:32:03	147	00:13:05	00:55:12
157	JANKOWSKI Jarosław	135		M26		00:25:43	01:21:16	01:48:20	186	00:09:46	00:46:46	02:52:52	03:36:29	05:50:51	06:37:42	159	00:06:02	00:42:11
	WRZOSEK Jarosław	105		M52	Mielcarsk Team	00:25:32	01:20:25	01:49:33	190	00:08:35	00:44:50	02:46:01	03:31:29	05:48:22	06:38:30	161	00:06:10	00:41:28
159	CHOJA Sławomir	208	TOP FIT CENTER	M57		00:23:34	01:09:47	01:33:46	152	00:09:50	00:46:40	02:52:17	03:38:22	05:51:51	06:36:16	155	00:06:05	00:59:30
160	ZABOROWSKI Maciej	151	PAFARO	M45		00:21:34	01:07:24	01:30:17	134	00:08:58	00:45:21	03:01:47	03:50:10	06:15:29	07:05:30	179	00:04:38	00:44:11
161	GIBUŁA Bartłomiej	109	WAT	M24		00:20:13	01:04:49	01:27:48	110	00:07:16	00:52:45	03:13:47	04:04:38	06:32:47	07:24:14	185	00:03:17	00:43:42
162	WAWRZYNIAK Kacper	52		M24		00:27:29	01:25:15	01:56:53	193	00:05:39	00:47:29	02:59:20	03:48:19	06:06:41	06:57:20	175	00:04:48	00:47:18
Przekroczony limit czasu: 15:00:00																		
163	BORN Marcin	150	OSP KŁODNICA	M56		00:23:03	01:12:38	01:37:50	169	00:06:27	00:45:25	02:52:16	03:42:40	06:19:04	07:15:04	183	00:03:38	00:51:18
164	MIDSEM Sixten	163		M19		00:21:49	01:11:51	01:42:02	179	00:10:09	00:49:27	03:02:41	03:53:27	06:21:09	07:15:00	182	00:02:51	00:44:31
165	WOJDYŁO Wojciech	196	AKTYWNY DYNÓW / 21 BSP	M37		00:27:37	01:22:25	01:49:27	189	00:15:16	00:52:07	03:12:02	04:00:50	06:20:18	07:07:23	180	00:06:30	00:38:12
	ZAMOYSKI Piotr	112		M34		00:21:01	01:08:06	01:34:36	155	00:06:56	00:43:58	02:58:48	03:48:46	06:29:50	07:20:21	184	00:03:44	00:58:00
167	WÓJTYCH Robert	160	TRIATHLON TEAM AQUAPARK WĄGROWIEC	M51		00:22:12	01:08:57	01:33:30	151	00:09:12	00:47:58	03:43:07	04:27:22	06:41:06	07:27:12	187	00:08:39	00:46:53
	KOZIŃSKI Dariusz	181	ITOO	M46		00:23:08	01:14:22	01:42:01	178	00:05:48	00:43:19	02:57:38	03:46:10	06:09:21	07:02:04	177	00:14:10	01:19:21
169	KACZYŃSKI Marcin	14	NEXERIANIE	M46		00:23:45	01:15:09	01:44:31	182	00:13:09	00:49:43	03:06:05	03:57:19	06:43:30	07:35:41	188	00:05:14	00:45:42
	JAŚKOWIAK Tomasz	98		M49		00:22:31	01:08:04	01:32:11	141	00:13:11	00:48:53	03:13:07	04:04:58	06:56:10	07:59:19	189	00:11:35	01:02:00

					Pływanie							Rower						Bieg	
ZALEWSKI Igor	93	TRIATHLON CLUB WROCŁAW	M30	Triathlon Club Wrocław	00:14:28	00:43:57	00:59:19	2	00:03:04	00:35:54	02:10:23	02:45:13							
STOYKOV Pavlin	171		M53		00:28:43	01:31:27	02:03:00	194	00:11:07	00:49:28	03:04:27	03:53:07	06:19:36	07:13:21	181	00:05:33			
GĘBCZYŃSKI Paweł	72		M44		00:21:02	01:05:22	01:27:49	111	00:10:34	00:48:19	03:02:30	03:51:18							
PADEREWSKI Albert	148	TRIATHLETIC TEAM	M31	Triathletic Team	00:18:03	00:54:19	01:12:40	24	00:03:13	00:37:21	02:19:05	02:56:07							
OSMOLIK Jarek	85		M46		00:18:32	00:56:36	01:16:25	52	00:03:07	00:35:50	02:11:02	02:52:41							
GRODOMIŃSKI Hubert	81	TRITON KONIN	M48		00:23:54	01:12:41	01:37:25	164	00:06:34	00:41:12	02:33:46	03:22:51							
CUCU Paul	70		M19		00:31:37	01:38:09	02:12:33	195	00:08:09	00:45:52									
WIERZBOWSKI Krzysztof	7		M44		00:18:42	00:58:20	01:19:15	65	00:04:21	00:35:17	02:08:08	02:42:45	04:19:57	04:55:38	7	00:06:08			
SZADKOWSKI Jacek	107	FREERUNNER.PL	M45		00:18:43	00:57:31	01:17:05	55	00:05:33	00:41:11	02:30:19	03:15:16	05:26:17	06:13:39	126	00:03:38			
KUCIŃSKI Artur	202		M48		00:18:19	00:56:07	01:15:22	43	00:06:43	00:40:20	02:37:56	03:25:54	05:47:35	06:38:32	162				

Znaleziono 180 wynik(ów)