



Event:
Organiser:
Date:
Place:
Distance:

METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Split point: 98,6 km

Place	Participant	Number	Club	Category	Drużyna 1	Swimming				Cycling							Race	
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 4.9km	R_Lidl 19.9km	R_Kotomierz 39.9km	R_Lidl 55.55km	R_Kotomierz 74.9km	R_Lidl 89.9km	Poz	B_Announcer 6.465km	
1	SAWIEŁAJC Jakub	560	TM IRON TEAM	M-23	TM Iron Team	00:14:01	00:28:22	1	00:02:22	00:08:32	00:30:03	01:00:48	01:22:40	01:53:54	02:16:43	1	00:02:07	00:26:37
2	KONIECZNY Marcin	501	K.S. NIEMANIEMOGE	M-50		00:16:17	00:33:21	8	00:01:53	00:08:54	00:30:46	01:02:55	01:25:07	01:55:54	02:17:42	2	00:01:37	00:24:23
3	KLYM Yurii	684		M-37		00:16:58	00:35:04	22	00:02:00	00:08:59	00:30:45	01:02:13	01:24:27	01:56:05	02:18:18	3	00:01:59	00:24:58
4	BLADOWSKI Artur	695	KLUB KOLARSKI ŁOWICZ	M-38		00:17:00	00:35:03	21	00:00:57	00:10:14	00:31:53	00:54:00	01:25:33	01:57:14	02:22:00	9	00:02:00	00:23:00
5	KOMPA Marcin	710	IM INSPIRATION	M-23	IM Inspiration Team	00:15:12	00:30:27	5	00:02:12	00:08:42	00:32:05	01:04:52	01:28:19	02:00:16	02:23:01	12	00:00:41	00:26:41
6	DĄBROWSKI Dariusz	708	ILABO RACING TEAM POWERED BY CTS	M-48		00:14:47	00:30:13	2	00:02:01	00:09:10	00:31:24	01:03:31	01:26:42	01:59:14	02:21:38	8	00:01:40	00:28:05
7	KOWALCZYK Piotr	616	KAZIKI	M-41	KAZIKI	00:16:19	00:33:30	11	00:02:04	00:09:06	00:31:34	01:03:20	01:25:49	01:58:32	02:21:20	6	00:02:01	00:25:24
8	STARON Piotr	541	STARZYNSKI.COACH	M-43		00:16:41	00:33:39	13	00:03:09	00:08:54	00:30:52	01:02:27	01:25:11	01:57:26	02:20:34	5	00:01:54	00:27:07
9	MALINOWSKI Jarosław	652	KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY	M-40	Karaś Tri&Swim Team	00:16:44	00:34:09	14	00:02:03	00:08:54	00:30:39	01:02:08	01:24:24	01:57:25	02:20:15	4	00:01:56	00:29:54
10	NOWAK Andrzej	640	GT RAT	M-40		00:17:48	00:36:24	32	00:02:18	00:08:50	00:32:42	01:04:25	01:26:48	01:58:46	02:21:32	7	00:01:32	00:27:33
11	TRZASKA Przemysław	556	DREAM TRI TEAM	M-37		00:18:21	00:36:31	33	00:01:47	00:09:01	00:32:23	01:04:28	01:26:54	01:59:01	02:22:18	11	00:01:51	00:28:04
12	JEŹEK Petr	663	IAMX	M-45		00:16:57	00:34:30	18	00:02:57	00:09:08	00:31:35	01:04:09	01:27:34	02:01:08	02:26:03	18	00:02:21	00:26:38
13	KRUPICKA Tomas	655	IRONSPORT ELPO	M-35		00:17:16	00:35:27	26	00:02:11	00:09:16	00:31:35	01:04:08	01:27:32	02:00:55	02:24:27	13	00:01:37	00:29:26
14	BYCH Maciej	512	TRIDEA TEAM	M-47	Tridea TEAM	00:16:55	00:34:27	17	00:02:15	00:09:24	00:32:21	01:05:37	01:28:51	02:01:33	02:24:49	14	00:02:17	00:30:26
15	MATUSIAK Mateusz	625	SNG WILD DUCKS	M-35	SNG WILD DUCKS	00:16:22	00:33:38	12	00:02:32	00:09:14	00:31:54	01:04:36	01:28:08	02:02:01	02:25:58	17	00:02:27	00:31:24
16	PODWYSOCKI Marcin	527	CTS	M-34	CTS	00:15:02	00:30:25	4	00:02:39	00:10:02	00:33:55	01:07:53	01:31:41	02:06:35	02:31:29	33	00:01:52	00:31:05
17	KILIJAŃCZYK Piotr	658		M-42		00:18:58	00:39:15	56	00:02:02	00:09:19	00:32:19	01:05:10	01:28:57	02:02:51	02:27:13	20	00:01:23	00:28:07
18	KAMIŃSKI Tomasz	505	IM INSPIRATION TEAM	M-42	IM Inspiration Team	00:21:13	00:42:52	87	00:02:22	00:09:11	00:31:36	01:03:50	01:26:17	01:58:55	02:22:07	10	00:02:28	00:28:15
19	WIĘCKOWSKI Dariusz	528	AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS	M-42	Akademia Mistrzów Sportu AMS Triathlon	00:16:26	00:33:01	7	00:02:19	00:10:06	00:33:38	01:07:44	01:32:00	02:06:37	02:31:04	31	00:02:20	00:30:52
	PARTYKA Rafał	547	RAFAL AGAINST THE MACHINE	M-45		00:17:16	00:34:53	19	00:02:39	00:09:20	00:32:04	01:05:28	01:29:35	02:05:03	02:29:42	26	00:01:59	00:30:29
	SOBCZAK Marcin	592	SOBCZAKTEAM	M-51		00:17:20	00:35:46	28	00:02:29	00:09:38	00:33:33	01:06:32	01:29:57	02:03:57	02:28:13	23	00:02:28	00:31:00
22	KRÓL Hubert	669	WWW.TRENERTRIATHLONU.PL	M-36		00:15:03	00:30:21	3	00:02:00	00:10:01	00:34:41	01:08:40	01:32:27	02:07:21	02:32:16	36	00:02:02	00:33:21
23	MODER Bartłomiej	697	KAZIKI	M-33	KAZIKI	00:17:04	00:35:16	24	00:02:43	00:09:44	00:33:56	01:07:59	01:32:00	02:06:26	02:30:46	30	00:03:21	00:28:02
24	MODZELEWSKI Maciej	643	KLUB KOLARSKI ŁOWICZ	M-38		00:20:31	00:42:28	84	00:02:43	00:09:25	00:31:46	01:04:13	01:27:50	02:02:09	02:26:18	19	00:01:35	00:28:23
25	KUBANEK Łukasz	590	TEAMOCHAL	M-39	TEAM OCHAL	00:19:48	00:40:13	68	00:03:06	00:09:14	00:31:09	01:04:04	01:27:35	02:01:13	02:25:15	15	00:02:55	00:30:51
26	SZYMAŃSKI Piotr	572	MIELCARKS TEAM	M-29	Mielcarsks Team	00:17:22	00:35:42	27	00:03:20	00:09:22	00:32:43	01:06:38	01:30:55	02:05:34	02:30:25	29	00:02:12	00:31:29
27	SOBIK Andrzej	557		M-44		00:18:10	00:37:18	37	00:03:23	00:09:39	00:32:59	01:06:45	01:30:51	02:05:25	02:30:14	27	00:01:38	00:31:00
28	NOSEK Maciej	628	TRIATHLON TEAM BOCHNIA	M-55		00:21:15	00:42:22	83	00:02:11	00:09:07	00:32:09	01:04:56	01:28:23	02:01:41	02:25:26	16	00:02:26	00:31:50
29	SZMIDT Janusz	688	TRINERGY	M-52		00:18:22	00:37:39	41	00:03:31	00:09:49	00:32:51	01:07:35	01:31:06	02:06:27	02:30:23	28	00:02:46	00:29:59
30	KLAPUCH Michał	573	EWA BUGDOŁ TEAM	M-42		00:18:07	00:37:19	39	00:02:55	00:09:46	00:33:05	01:07:11	01:32:10	02:08:12	02:33:45	40	00:02:47	00:29:24
31	KLONOWSKI Tomasz	649	PLATAN	M-44		00:18:23	00:37:24	40	00:02:29	00:09:29	00:32:35	01:05:48	01:29:29	02:03:59	02:28:28	25	00:02:06	00:35:52
32	WIERZYŃSKI Damian	569	TRISPACE /TREK	M-34	TRISPACE/TREK	00:19:58	00:40:50	75	00:02:01	00:09:18	00:31:55	01:05:11	01:28:39	02:03:07	02:28:08	22	00:02:00	00:33:53
33	GNIOT Jacek	539	TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M-51	TRISPACE/TREK	00:21:55	00:44:48	101	00:02:06	00:09:46	00:33:00	01:06:33	01:30:02	02:04:21	02:28:04	21	00:02:00	00:30:27

						Swimming			Cycling						Race			
34	MASZEWSKI Dariusz	631	TRIATHLON TEAM BOCHNIA	M-44	Triathlon Team Bochnia	00:16:32	00:33:25	9	00:03:39	00:09:33	00:33:06	01:07:50	01:32:50	02:08:48	02:34:25	44	00:02:35	00:33:47
35	CELMER Marcin	507	PTT DELTA	M-41	PTT DELTA	00:19:15	00:38:56	52	00:02:24	00:09:20	00:32:15	01:05:25	01:29:09	02:03:35	02:28:16	24	00:02:22	00:36:42
36	KOZŁOWSKI Jacek	520	PTT DELTA	M-45	PTT DELTA	00:20:49	00:42:18	81	00:03:24	00:09:40	00:33:57	01:09:00	01:32:41	02:07:23	02:31:40	34	00:02:57	00:29:19
37	KULIK Michał	662	HTF LUDWIK SIKORSKI	M-43		00:19:26	00:39:50	63	00:03:42	00:10:07	00:33:56	01:08:01	01:31:55	02:06:56	02:31:23	32	00:03:15	00:32:25
38	KRAJEWSKI Tomasz	677	KP PSP INOWROCŁAW	M-34		00:18:23	00:37:16	35	00:03:09	00:10:40	00:35:24	01:10:57	01:36:12	02:13:08	02:39:14	60	00:01:50	00:29:23
39	SZCZYRBOWSKI Michał	543	TURBOKILLA	M-41		00:19:49	00:40:45	73	00:03:55	00:09:45	00:33:04	01:07:01	01:31:36	02:07:32	02:31:58	35	00:02:01	00:32:32
40	CZAJKOWSKI Krzysztof	698		M-47		00:19:21	00:39:37	62	00:02:24	00:09:59	00:34:07	01:08:53	01:33:02	02:09:32	02:35:29	47	00:02:45	00:31:07
41	ANDRAŁOJC Anna	673	TM IRON TEAM	K-31	TM Iron Team	00:17:17	00:35:22	25	00:02:38	00:10:04	00:34:05	01:09:13	01:34:30	02:11:24	02:37:23	54	00:02:07	00:34:33
42	DOBOSZ Michał	665	COMEXSPORTS TRIATHLON TEAM	M-46		00:17:42	00:36:12	30	00:02:46	00:09:54	00:34:09	01:09:33	01:34:22	02:10:49	02:37:13	53	00:02:04	00:33:55
43	JANUSZKIEWICZ Piotr	563	REBELIA UNDERGROUND TRIATHLON	M-40		00:19:25	00:39:31	61	00:02:52	00:10:08	00:34:32	01:10:31	01:35:25	02:12:37	02:38:36	57	00:01:46	00:29:54
44	PORZYCH Rafał	607	RAFSON.TV / PORZYCH.PL	M-24		00:18:46	00:39:28	59	00:02:43	00:09:37	00:33:37	01:09:42	01:35:44	02:14:33	02:41:24	67	00:01:51	00:28:57
45	JARMOSZEWICZ Łukasz	522		M-49	TKT	00:21:38	00:43:17	89	00:03:11	00:09:59	00:33:33	01:07:43	01:32:15	02:08:01	02:33:45	41	00:02:31	00:32:39
46	MALINOWSKI Mariusz	653	KARAŚ TRI&SWIM TEAM	M-35	Karaś Tri&Swim Team	00:16:49	00:34:12	16	00:02:19	00:09:41	00:34:52	01:10:02	01:35:19	02:13:01	02:39:48	63	00:02:18	00:37:12
47	DAWIDOWICZ Maciej	559	TRISPCE/TREK	M-44	TRISPACE/TREK	00:19:19	00:39:23	58	00:02:43	00:09:47	00:33:38	01:08:17	01:32:57	02:08:42	02:33:58	42	00:02:43	00:37:18
48	KINDLER Maciej	670		M-36		00:18:35	00:39:06	54	00:03:02	00:10:16	00:34:08	01:09:24	01:34:03	02:10:57	02:36:08	50	00:02:22	00:35:36
49	SKŁADANOWSKI Marek	682		M-33		00:18:47	00:38:00	44	00:03:19	00:10:34	00:44:46	01:11:23	01:36:25	02:13:41	02:39:06	58	00:02:30	00:33:32
50	MĄCZKA Dawid	637	THRIATLON TEAM BOCHNIA	M-25	Triathlon Team Bochnia	00:16:34	00:33:26	10	00:03:19	00:10:44	00:36:53	01:13:36	01:40:06	02:17:10	02:43:40	77	00:02:48	00:33:23
51	GRZEBYTA Mateusz	619	MTB START KARTUZY	M-35		00:18:54	00:39:29	60	00:03:07	00:10:31	00:35:20	01:12:12	01:37:15	02:13:49	02:39:25	61	00:02:15	00:32:20
52	KAPSA Dawid	538	TRISPACE/TREK	M-44	TRISPACE/TREK	00:22:28	00:45:28	111	00:02:52	00:10:16	00:34:13	01:09:04	01:33:17	02:08:51	02:33:40	39	00:02:38	00:32:02
53	OGIŃSKI Piotr	635	TRIATHLON TEAM BOCHNIA	M-45	Triathlon Team Bochnia	00:17:31	00:35:13	23	00:03:01	00:17:52	00:42:10	01:17:07	01:41:22	02:17:09	02:42:04	69	00:03:22	00:33:45
54	KWAPIŃSKI Damian	562	TEAMOCHAL	M-41	TEAM OCHAL	00:22:34	00:47:29	124	00:03:46	00:10:10	00:33:47	01:07:53	01:32:06	02:07:21	02:32:33	37	00:01:35	00:32:05
55	MUCHA Bartłomiej	636	TRIATHLON TEAM BOCHNIA	M-25		00:17:38	00:36:16	31	00:03:49	00:10:04	00:35:12	01:11:23	01:37:06	02:13:58	02:40:08	64	00:02:42	00:35:33
56	SZYNALIK Sławomir	690	KIKATEAM	M-49		00:19:21	00:40:15	69	00:03:17	00:09:41	00:33:52	01:09:59	01:34:40	02:11:20	02:37:08	52	00:04:16	00:33:35
57	GÓRZYŃSKI Tomasz	529	TORUŃSKI KLUB TRIATHLONOWY	M-46	Toruński Klub Triathlonowy	00:18:13	00:37:51	42	00:04:46	00:10:13	00:35:26	01:10:36	01:35:07	02:10:47	02:36:03	49	00:04:03	00:36:55
58	KOSMATKA Paweł	503		M-29		00:21:47	00:45:34	113	00:02:29	00:10:07	00:34:05	01:08:38	01:32:48	02:08:48	02:34:34	46	00:02:20	00:34:44
59	SENGER Robert	536	TRIZARZA	M-40		00:18:01	00:36:11	29	00:02:53	00:10:27	00:35:33	01:13:03	01:39:15	02:16:45	02:43:40	78	00:01:45	00:36:02
60	RAAG Reemo	676		M-38		00:18:42	00:38:13	45	00:03:44	00:09:48	00:34:30	01:10:41	01:35:47	02:12:36	02:39:11	59	00:02:58	00:36:48
61	TRUSKOLAWSKA Ola	638	TRIDEA TEAM	K-46		00:22:47	00:47:00	119	00:03:40	00:09:59	00:34:55	01:10:45	01:36:00	02:13:34	02:39:36	62	00:02:20	00:30:00
62	KASTRAU Tomasz	574		M-41	Run4Fun	00:16:55	00:34:56	20	00:03:22	00:10:28	00:36:10	01:13:32	01:40:05	02:19:48	02:47:13	96	00:01:45	00:35:30
63	KRAUSE Szymon	578	SREBRNI TRI	M-40		00:21:32	00:44:07	95	00:03:14	00:10:51	00:35:47	01:11:36	01:37:18	02:15:24	02:43:01	72	00:03:37	00:30:11
64	KĄTNIK Jacek	567	BUDINVEST	M-52		00:26:13	00:54:16	157	00:02:46	00:10:13	00:34:39	01:10:07	01:34:28	02:09:59	02:34:24	43	00:01:44	00:31:09
65	PIC Dawid	586		M-30		00:18:49	00:39:06	55	00:02:53	00:10:32	00:36:13	01:13:06	01:40:15	02:18:51	02:47:25	98	00:01:47	00:33:41
66	ŁAPAWA Dariusz	641	MOCNI W GĘBIE	M-39		00:18:26	00:38:24	48	00:04:27	00:09:51	00:34:31	01:11:04	01:35:49	02:15:15	02:43:32	74	00:02:57	00:36:27
67	SZCZERBA Maciej	519	TRITYTKA	M-50		00:19:29	00:40:24	70	00:02:32	00:10:27	00:34:36	01:10:43	01:36:36	02:14:58	02:41:18	66	00:02:14	00:39:41
68	FIEGEL Wojciech	518	TRISPACE/TREK	M-44	TRISPACE/TREK	00:20:36	00:42:48	86	00:02:30	00:10:33	00:34:46	01:11:55	01:38:03	02:16:18	02:43:10	73	00:02:20	00:36:26
69	MULARCZYK Jacek	687	RUNPASSION TEAM	M-52		00:21:35	00:43:42	91	00:03:07	00:09:56	00:33:06	01:06:38	01:30:50	02:06:59	02:32:50	38	00:04:59	00:42:41
70	SZYTTHENHOLM Oliwier	530	TRISPACE/TREK	M-40	TRISPACE/TREK	00:20:46	00:43:22	90	00:02:49	00:10:08	00:34:37	01:10:59	01:37:15	02:16:14	02:44:58	82	00:02:35	00:33:56
71	KŁOSOK Wojciech	683	CROSS SPORT	M-43		00:20:57	00:43:53	93	00:03:51	00:10:10	00:35:31	01:12:39	01:38:40	02:17:21	02:45:02	83	00:02:35	00:33:11
72	KAZIMIERCZYK Adam	671	PTT DELTA	M-42	PTT DELTA	00:18:57	00:38:18	47	00:03:27	00:10:25	00:34:50	01:10:31	01:36:04	02:13:50	02:40:50	65	00:02:43	00:43:20
73	BUGALSKI Wojciech	610	AKADEMIA MISTRZÓW SPORTU	M-44	Akademia Mistrzów Sportu AMS Triathlon	00:19:50	00:40:52	76	00:02:45	00:10:14	00:34:37	01:11:25	01:37:20	02:16:29	02:43:37	75	00:02:51	00:38:36

						Swimming			Cycling						Race			
74	KIEDROWSKI Jerzy	600	MIELCARKS TEAM	M-29	Mielcarks Team	00:21:06	00:40:48	74	00:04:53	00:10:31	00:35:47	01:12:12	01:38:28	02:17:46	02:45:24	85	00:05:08	00:32:30
75	SMOCZYŃSKI Marek	583	MBC TEAM	M-41		00:21:26	00:43:49	92	00:03:43	00:09:09	00:31:47	01:05:13	01:29:24	02:07:14	02:34:33	45	00:02:07	00:44:55
76	TYSZKA Filip	537	KRISS COACHING	M-41		00:23:33	00:48:34	131	00:02:37	00:09:54	00:33:57	01:09:09	01:33:51	02:11:31	02:36:55	51	00:02:05	00:39:04
77	BUDZIŁO Adam	561	PTT DELTA	M-50	PTT DELTA	00:19:28	00:40:29	71	00:04:25	00:10:20	00:36:23	01:14:50	01:42:19	02:21:16	02:47:22	97	00:02:40	00:34:29
78	ZAWIEROWSKA Ewelina	511	SOCZAKTEAM	K-37		00:18:57	00:39:17	57	00:03:01	00:16:06	00:45:56	01:21:01	01:46:38	02:23:53	02:50:28	108	00:01:57	00:35:16
79	WALKOWIAK Bartosz	624		M-40		00:21:31	00:44:06	94	00:03:10	00:10:49	00:37:10	01:15:15	01:40:58	02:20:02	02:47:04	93	00:02:38	00:33:24
80	DROŹDŹ Małgorzata	609	AKADEMIA MISTRZÓW SPORTU	K-43	Akademia Mistrzów Sportu AMS Triathlon	00:22:03	00:44:36	98	00:03:13	00:10:53	00:37:04	01:14:48	01:41:04	02:18:54	02:45:36	89	00:01:57	00:35:00
81	NOWICKI Bartosz	694	TRISPACE/TREK	M-34	TRISPACE/TREK	00:16:38	00:34:11	15	00:02:39	00:11:49	00:37:45	01:16:16	01:43:02	02:22:18	02:49:23	105	00:02:57	00:41:34
82	WODA Ewelina	621	WYTRZYMAŁI	K-38		00:18:24	00:37:19	38	00:03:59	00:10:49	00:36:35	01:14:05	01:40:49	02:20:32	02:48:21	101	00:02:19	00:38:48
83	HIPNAROWICZ Grzegorz	551	SPORTTREND.PL	M-43		00:18:56	00:39:04	53	00:02:52	00:10:01	00:34:47	01:11:11	01:37:17	02:15:10	02:42:24	71	00:03:46	00:43:31
84	GRUSZCZYK Grzegorz	544	IMPACT BIELSKO-BIAŁA	M-40		00:22:23	00:45:03	106	00:04:18	00:10:16	00:36:11	01:13:23	01:39:45	02:18:49	02:46:25	92	00:02:32	00:33:25
85	KONKEL Bartosz	605		M-36		00:21:52	00:44:38	99	00:04:33	00:10:22	00:36:23	01:14:07	01:40:25	02:19:10	02:45:48	90	00:02:38	00:35:07
86	JONES Shelley	646	GREENWICH TRITONS	K-42	GREENWICH TRITONS	00:15:37	00:31:23	6	00:03:43	00:11:21	00:38:43	01:17:55	01:45:56	02:28:21	02:56:37	135	00:03:44	00:37:30
87	KMIEĆ Karolina	707	TM IRON TEAM	K-39	TM Iron Team	00:19:51	00:40:30	72	00:02:58	00:10:52	00:36:53	01:16:09	01:43:09	02:22:54	02:49:53	107	00:04:00	00:35:52
88	DOMERACKI Damian	525		M-42		00:22:18	00:46:18	117	00:03:49	00:10:37	00:35:57	01:12:54	01:38:43	02:17:04	02:45:20	84	00:02:30	00:35:28
89	KOSTYGOV Pavel	702		M-33		00:20:03	00:41:31	78	00:05:11	00:10:55	00:36:01	01:13:07	01:39:43	02:18:39	02:45:31	88	00:02:57	00:38:20
90	MARKIEWICZ Bartosz	514	PTT DELTA	M-33	PTT DELTA	00:21:03	00:44:49	102	00:04:02	00:10:43	00:36:29	01:14:07	01:40:42	02:19:49	02:47:06	94	00:02:46	00:35:29
91	POLASIK Michał	571	RUN4FUN	M-35	Run4Fun	00:17:36	00:36:38	34	00:02:47	00:10:21	00:36:15	01:13:36	01:40:12	02:19:44	02:48:29	102	00:01:39	00:44:54
92	HADASZ Ewa	699	TRI&MORE	K-48		00:22:24	00:44:52	103	00:03:06	00:11:30	00:38:49	01:18:06	01:45:07	02:25:11	02:52:12	120	00:01:56	00:32:31
93	LISOWSKI Aleksander	701	AUTODNA	M-36		00:22:25	00:45:31	112	00:02:45	00:10:12	00:35:16	01:12:39	01:39:16	02:17:53	02:44:55	81	00:01:41	00:39:55
94	TRZASKOWSKI Tomasz	568		M-42		00:21:20	00:42:48	85	00:04:35	00:10:34	00:36:05	01:13:54	01:40:25	02:19:39	02:46:07	91	00:04:35	00:37:06
95	ANDRZEJAK Robert	554	VAMOS	M-46		00:23:56	00:51:26	147	00:03:41	00:10:24	00:36:07	01:12:58	01:39:36	02:19:04	02:45:29	86	00:01:58	00:33:09
96	GRUBA Marek	580	TRISPACE TREK	M-34	TRISPACE/TREK	00:20:21	00:41:44	79	00:03:09	00:10:49	00:37:32	01:16:44	01:44:09	02:24:58	02:53:12	123	00:02:28	00:35:11
97	NOWAK Dariusz	626	TRIATHLON TEAM BOCHNIA	M-46	Triathlon Team Bochnia	00:27:56	00:56:27	164	00:05:00	00:09:45	00:34:59	01:10:32	01:35:05	02:11:02	02:35:59	48	00:02:59	00:35:48
98	MIELCAREK Jędrzej	595	MIELCARKS TEAM	M-29	Mielcarks Team	00:21:13	00:45:06	107	00:05:15	00:10:35	00:36:36	01:14:13	01:40:56	02:20:04	02:47:06	95	00:04:02	00:34:47
99	MIELCAREK Maciej	597	MIELCARKS TEAM	M-32	Mielcarks Team	00:18:18	00:37:58	43	00:04:19	00:14:11	00:39:59	01:17:01	01:43:16	02:22:20	02:49:19	104	00:05:15	00:39:39
100	KRZYSTOLIK Marta	546		K-21		00:18:20	00:37:18	36	00:03:21	00:10:52	00:38:44	01:18:23	01:46:03	02:26:56	02:55:20	129	00:02:30	00:38:18
101	MACIEJEWSKI Grzegorz	692	DANFOSS RACE TEAM	M-40		00:22:16	00:45:03	105	00:03:21	00:11:06	00:37:49	01:16:27	01:43:44	02:23:34	02:50:44	112	00:03:13	00:35:02
102	PIGUŁA Agnieszka	703	UAM TRIATHLON POZNAŃ	K-44		00:23:06	00:47:50	125	00:03:00	00:11:04	00:37:26	01:16:25	01:43:29	02:22:53	02:49:39	106	00:02:20	00:34:36
103	NOWICKI Adam	553		M-49		00:21:37	00:44:48	100	00:02:35	00:10:30	00:35:28	01:11:52	01:38:03	02:16:36	02:43:38	76	00:02:40	00:43:51
104	KOZMIŃCZUK-MARKULAK Agnieszka	679	TM IRON TEAM	K-40	TM Iron Team	00:18:49	00:38:39	50	00:03:16	00:11:12	00:38:36	01:18:31	01:47:48	02:30:37	02:59:55	145	00:02:17	00:33:55
105	STĘPNIAK Krzysztof	594	RUN4FUN	M-44	Run4Fun	00:23:32	00:49:47	139	00:04:29	00:10:36	00:35:57	01:13:13	01:38:56	02:17:36	02:44:09	80	00:02:22	00:37:29
106	LIZIK Arkadiusz	581		M-43		00:29:44	00:59:17	170	00:02:51	00:09:45	00:34:46	01:10:56	01:36:05	02:13:17	02:38:17	55	00:01:52	00:36:23
107	JANKOWSKI Tomasz	565	TRISPACE/TREK	M-49	TRISPACE/TREK	00:20:19	00:42:21	82	00:03:29	00:09:59	00:34:05	01:09:28	01:34:57	02:13:34	02:42:17	70	00:06:10	00:44:26
108	ZAKRZEWSKI Jarosław	591		M-49		00:23:48	00:49:23	136	00:02:51	00:10:28	00:35:19	01:12:44	01:38:38	02:16:19	02:41:56	68	00:02:33	00:42:32
109	CAMPOBASSO Luca	667		M-31		00:22:34	00:47:12	121	00:05:40	00:10:55	00:36:51	01:14:53	01:42:18	02:22:22	02:48:57	103	00:02:54	00:36:00
110	MAKOWSKI Marek	660	WTP / EXATEL	M-39		00:18:56	00:38:30	49	00:05:35	00:11:00	00:37:56	01:17:38	01:44:26	02:24:57	02:52:02	119	00:06:43	00:38:00
111	BRYGIER Jacek	705	PTT DELTA	M-51	PTT DELTA	00:25:13	00:52:02	149	00:03:30	00:10:30	00:35:48	01:12:51	01:39:18	02:18:59	02:45:30	87	00:02:37	00:37:14
112	STEFANIAK Asia	555		K-34		00:22:11	00:45:15	109	00:03:59	00:10:43	00:37:25	01:16:51	01:45:04	02:26:49	02:54:55	128	00:02:29	00:35:03
113	WOŁK Agata	691	LITWIN SPORTS	K-27		00:19:32	00:40:03	65	00:02:25	00:10:41	00:37:15	01:15:30	01:42:55	02:23:16	02:51:44	117	00:02:16	00:45:28
114	KLIMKOWSKI Mateusz	524	DECATHLON TRIATHLON TEAM	M-26		00:20:06	00:40:01	64	00:02:37	00:10:41	00:37:44	01:16:18	01:43:21	02:24:00	02:52:17	121	00:02:06	00:45:15
115	MAŁACHA Dawid	510	KU AZS POLITECHNIKA BYDGOSKA	M-27		00:23:35	00:49:01	133	00:02:24	00:10:58	00:37:42	01:15:44	01:43:15	02:24:05	02:52:58	122	00:02:01	00:36:00

						Swimming			Cycling						Race			
116	AL-DRAWI Joanna	674	IM INSPIRATION TEAM	K-44	IM Inspiration Team	00:24:51	00:52:15	152	00:05:00	00:10:49	00:37:27	01:15:46	01:41:54	02:20:55	02:48:12	99	00:03:06	00:33:56
117	KULINSKI Grzegorz	587		M-29		00:23:38	00:48:48	132	00:03:25	00:10:49	00:37:11	01:16:21	01:43:10	02:22:52	02:50:47	114	00:01:52	00:38:09
118	KĘDZIERSKI Michał	516	HTF LUDWIK SIKORSKI	M-37		00:24:24	00:49:39	137	00:04:16	00:11:04	00:37:44	01:16:30	01:43:39	02:24:05	02:52:02	118	00:04:09	00:33:30
119	CZERWIAKOWSKI Sebastian	650		M-48		00:21:43	00:44:59	104	00:05:50	00:10:44	00:37:16	01:15:32	01:42:38	02:23:36	02:50:45	113	00:04:05	00:38:08
120	CYREK Grzegorz	614		M-48		00:27:45	00:59:53	172	00:06:34	00:09:45	00:34:01	01:10:33	01:35:41	02:12:58	02:38:24	56	00:03:04	00:35:58
121	MOSKAL Aleksander Moskal	542		M-60		00:21:26	00:44:14	96	00:03:52	00:11:25	00:38:56	01:17:59	01:45:42	02:26:11	02:54:53	126	00:02:51	00:39:57
122	WŁODARCZYK Wojciech	602	CZARNE STOPY	M-58		00:24:29	00:51:20	146	00:04:16	00:11:30	00:38:20	01:18:14	01:45:39	02:26:28	02:54:10	125	00:04:21	00:31:54
123	CICHONSKA-BAZAK Marzena	576		K-49		00:25:20	00:52:12	151	00:03:23	00:11:18	00:38:03	01:16:39	01:44:28	02:25:38	02:53:36	124	00:02:33	00:34:20
124	WISNIEWSKI Piotr	693	DBR77	M-45		00:19:57	00:41:17	77	00:04:29	00:11:57	00:39:41	01:18:51	01:46:28	02:27:21	02:55:41	130	00:04:27	00:40:42
125	BAŁDYGA Paweł	659	PAWEŁ BAŁDYGA	M-42		00:26:30	00:54:24	158	00:04:29	00:11:23	00:38:01	01:17:27	01:43:30	02:22:00	02:48:20	100	00:04:16	00:36:03
126	ROMAN Agnieszka	664	TRIATHLON TEAM BOCHNIA	K-36	Triathlon Team Bochnia	00:26:28	00:54:26	159	00:04:36	00:12:01	00:38:24	01:17:27	01:44:17	02:24:09	02:51:17	115	00:03:58	00:34:48
127	NEBELING Wojciech	651		M-52		00:25:08	00:52:11	150	00:05:42	00:10:58	00:38:07	01:17:22	01:44:49	02:24:27	02:51:19	116	00:03:31	00:36:40
128	KOPIŃSKA-KRÓL Magdalena	579	IM INSPIRATION	K-46	IM Inspiration Team	00:22:46	00:46:04	116	00:02:48	00:11:19	00:38:26	01:18:46	01:46:39	02:29:31	02:57:22	137	00:02:44	00:40:54
129	LIZIK Radosław	668	TRISPACE/TREK	M-47	TRISPACE/TREK	00:23:54	00:49:19	135	00:03:49	00:10:51	00:36:47	01:16:26	01:43:23	02:23:27	02:50:28	109	00:03:00	00:43:44
130	WIŚNIEWSKI Piotr	508	GEOTACH	M-40		00:19:18	00:40:10	67	00:03:10	00:11:07	00:38:19	01:19:30	01:48:04	02:32:16	03:02:43	150	00:03:19	00:44:15
131	BETLEJ Hubert	532		M-40		00:24:39	00:50:32	143	00:04:18	00:10:47	00:37:04	01:15:20	01:42:27	02:22:22	02:50:39	111	00:03:02	00:45:42
132	WRZOSEK Jarosław	648		M-51		00:26:57	00:55:26	162	00:04:44	00:11:04	00:38:33	01:18:13	01:45:37	02:26:33	02:54:54	127	00:03:27	00:36:26
133	GRUBA Jacek	533	TRISPACE/TREK	M-62	TRISPACE/TREK	00:24:17	00:50:12	141	00:03:54	00:11:29	00:39:10	01:20:10	01:48:24	02:31:00	03:00:25	146	00:02:41	00:38:33
134	GRABAREK Konrad	620		M-47		00:21:49	00:45:23	110	00:04:04	00:11:29	00:37:30	01:16:43	01:44:27	02:27:09	02:56:16	134	00:02:30	00:47:39
135	SIUDA Marek	585	KLINIKA TRIATHLONU BYDGOSZCZ	M-49		00:21:19	00:43:14	88	00:04:40	00:10:57	00:38:37	01:19:52	01:48:41	02:31:27	03:01:14	147	00:03:15	00:44:21
136	RAŻNIEWSKI Łukasz	502		M-46		00:25:43	00:57:18	166	00:04:12	00:10:51	00:38:19	01:19:46	01:48:11	02:28:35	02:55:50	132	00:02:24	00:37:05
137	MARCINIAK Przemysław	608		M-40		00:24:02	00:50:21	142	00:03:33	00:10:14	00:36:44	01:17:33	01:46:13	02:29:00	02:58:50	143	00:02:48	00:41:31
138	PAWLIK Mariusz	534		M-42		00:18:37	00:38:18	46	00:05:24	00:10:53	00:38:18	01:17:58	01:45:31	02:27:27	02:55:46	131	00:05:24	00:52:53
139	WIŚNIEWSKI Zbigniew	588	ROWEROWA BRZOZA	M-56	Rowerowa Brzoza	00:23:44	00:48:24	129	00:05:39	00:10:46	00:37:14	01:17:39	01:45:54	02:29:26	02:58:08	140	00:03:59	00:41:42
140	BEDYK Ireneusz	506	PTT DELTA	M-65	PTT DELTA	00:27:24	00:57:31	168	00:04:23	00:10:54	00:38:19	01:19:16	01:48:43	02:29:25	02:57:48	138	00:02:30	00:36:21
141	ZIĘBICKI Maciej	575		M-32		00:24:04	00:49:40	138	00:05:13	00:11:44	00:39:44	01:19:23	01:47:18	02:29:03	02:58:21	142	00:02:43	00:42:38
142	ORLOWSKI Jakub	666		M-33		00:22:17	00:47:01	120	00:06:01	00:11:35	00:40:41	01:23:11	01:54:02	02:39:38	03:09:01	160	00:04:18	00:32:18
143	PABIN Maksymilian	550		M-26		00:22:14	00:48:32	130	00:03:35	00:10:38	00:36:41	01:17:04	01:47:17	02:32:08	03:03:51	152	00:02:42	00:40:54
144	KROPIDŁOWSKI Marcjusz	657	UNLIMITED SPORT 2.0	M-39	Global Natureon Bochnia Biega Team	00:24:16	00:48:00	126	00:05:29	00:11:18	00:37:45	01:17:26	01:45:14	02:28:42	02:57:14	136	00:04:39	00:44:40
145	KRYPIN Marta	531	RUNPROGRESSTEAM	K-36		00:24:03	00:49:04	134	00:03:02	00:11:01	00:37:26	01:15:30	01:42:53	02:23:10	02:50:29	110	00:05:06	00:53:39
146	SIECZKO Tomasz	582	TEAM SIECZKO	M-34		00:25:38	00:53:39	155	00:05:49	00:10:46	00:36:42	01:16:43	01:45:24	02:29:14	02:59:03	144	00:04:31	00:38:46
147	ADAMCZEWSKA Agnieszka	678	IRON HOUSE WŁOCŁAWEK	K-47		00:26:39	00:54:34	161	00:06:04	00:12:14	00:41:34	01:24:01	01:53:19	02:37:40	03:06:20	157	00:02:28	00:33:35
148	GRUDNIEWSKI Rafał	604	SREBRNI TRI	M-42		00:25:07	00:51:03	144	00:03:42	00:11:15	00:39:32	01:21:34	01:50:25	02:33:36	03:02:05	148	00:02:27	00:44:17
149	MIĘTEK Zbigniew	545		M-46		00:23:55	00:49:52	140	00:03:06	00:11:05	00:37:39	01:19:49	01:47:16	02:30:30	02:58:12	141	00:06:16	00:47:05
150	BRULIŃSKA Monika	704	CELIRONMAN	K-46		00:29:02	00:57:55	169	00:04:18	00:11:27	00:40:28	01:22:28	01:53:16	02:37:02	03:06:18	156	00:03:21	00:33:44
151	KOMOR Bogdan	661	ROVICKY TEAM	M-44	ROVICKY TEAM	00:26:56	00:55:38	163	00:04:25	00:10:58	00:38:07	01:18:15	01:46:50	02:30:05	02:58:06	139	00:03:32	00:45:19
152	JARGIŁO Michał	509		M-35		00:27:06	00:54:27	160	00:03:24	00:12:36	00:39:30	01:19:11	01:48:01	02:31:55	03:02:38	149	00:04:43	00:42:01
153	BURSKI Filip	633		M-26		00:21:42	00:45:14	108	00:05:08	00:11:37	00:39:25	01:20:46	01:49:28	02:34:03	03:06:31	158	00:06:42	00:44:16
154	ZALESINSKI Marcin	634		M-42		00:20:46	00:42:13	80	00:03:23	00:11:05	00:38:43	01:19:51	01:49:00	02:34:02	03:04:54	154	00:03:35	00:54:29
155	KRUCZKOWSKA-LASSAK Anita	612	AKADEMIA MISTRZÓW SPORTU AMS	K-42	Akademia Mistrzów Sportu AMS Triathlon	00:26:55	00:57:31	167	00:03:04	00:11:42	00:41:20	01:24:25	01:54:46	02:40:21	03:11:05	163	00:02:36	00:35:30
156	JASZKOWSKA Aneta	675	LANGE TRI COACH	K-46		00:22:35	00:45:46	115	00:04:31	00:11:56	00:41:30	01:25:21	01:56:02	02:42:01	03:12:32	166	00:03:06	00:43:57

						Swimming			Cycling						Race			
157	KOSIŃSKI Robert	504	NOKIA	M-40	NOKIA	00:23:42	00:48:07	128	00:05:30	00:10:50	00:39:12	01:20:26	01:49:22	02:32:50	03:03:10	151	00:06:06	00:47:09
158	NURKIEWICZ Jarosław	603	KUNG FU PANDY 3	M-51		00:26:47	00:57:16	165	00:02:20	00:11:42	00:39:09	01:21:26	01:51:37	02:35:33	03:05:45	155	00:04:36	00:40:52
159	WEIR Ruth	645	GREENWICH TRITONS	K-37	GREENWICH TRITONS	00:22:56	00:47:15	122	00:05:03	00:12:26	00:42:38	01:26:55	01:58:37	02:44:47	03:15:38	169	00:03:22	00:40:55
160	SZYMCZAK Jakub	513		M-34		00:21:21	00:44:24	97	00:04:38	00:11:22	00:38:57	01:20:12	01:49:07	02:33:47	03:09:34	161	00:04:25	00:49:15
161	KODZIS Piotr	548		M-48		00:24:52	00:54:11	156	00:06:14	00:12:09	00:42:07	01:27:36	01:59:42	02:45:36	03:16:04	170	00:04:14	00:32:41
162	HAYES Mark	644	GREENWICH TRITONS	M-47	GREENWICH TRITONS	00:24:34	00:51:32	148	00:05:32	00:11:08	00:39:04	01:21:04	01:51:11	02:36:39	03:07:54	159	00:02:59	00:45:48
163	BURSKI Paweł	632		M-53		00:23:01	00:47:19	123	00:04:15	00:11:48	00:40:22	01:22:33	01:52:36	02:38:49	03:10:35	162	00:04:30	00:47:45
164	GAWRON Marcin	615	CAR-MAN	M-46		00:22:23	00:48:06	127	00:04:05	00:16:15	00:44:23	01:27:26	01:56:52	02:41:35	03:12:20	165	00:04:16	00:46:29
165	KOCHANOWSKI Maciej	622		M-30		00:24:15	00:51:06	145	00:07:43	00:11:53	00:40:34	01:22:53	01:53:32	02:43:57	03:16:44	171	00:04:04	00:35:51
166	LECH Mikołaj	629		M-37		00:30:13	01:06:15	176	00:04:58	00:11:15	00:40:22	01:27:29	01:57:54	02:43:53	03:13:31	168	00:03:06	00:36:37
167	WAWRZYNIAK Kacper	617		M-23		00:29:42	01:03:27	174	00:05:16	00:11:18	00:40:43	01:24:08	01:54:12	02:41:09	03:12:47	167	00:06:08	00:40:24
168	KUBOWICZ Piotr	606	QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ	M-60		00:31:16	01:07:15	178	00:05:51	00:11:11	00:39:13	01:20:52	01:50:26	02:34:18	03:04:04	153	00:05:54	00:50:23
169	GUDELL Radosław	596	GRUPA MODERATOR	M-46		00:25:49	00:52:59	154	00:08:00	00:13:14	00:42:58	01:29:56	02:03:00	02:58:05	03:33:39	177	00:03:24	00:40:45
170	ŁAPIŃSKI Jakub	656	UNLIMITED SPORT 2.0	M-39		00:32:05	01:05:59	175	00:09:17	00:12:09	00:42:12	01:26:17	01:55:59	02:41:30	03:11:36	164	00:07:21	00:44:58
171	GÓRSKI Bartosz	618		M-48		00:34:29	01:06:58	177	00:05:59	00:12:21	00:44:03	01:30:42	02:02:39	02:49:12	03:20:51	172	00:04:27	00:43:08
172	WALCZAK Paweł	623		M-33		00:35:04	01:09:48	179	00:06:41	00:13:29	00:46:15	01:32:37	02:05:03	02:53:28	03:24:34	174	00:03:33	00:39:25
173	BINKOWSKI Czarus	706	LKS BOGMAR OSTROMECKO	M-49		00:30:23	01:01:52	173	00:06:53	00:12:52	00:45:21	01:32:59	02:06:07	02:56:29	03:32:24	176	00:03:48	00:53:42
174	MAĆKOWSKA Magdalena	696	MAGDALENA_M_TRI	K-37		00:35:41	01:13:52	181	00:04:36	00:12:00	00:42:21	01:28:17	02:00:09	02:50:37	03:23:29	173	00:07:20	00:52:50
175	ZAKLIŃSKA Katarzyna	672		K-46		00:25:51	00:52:45	153	00:07:41	00:13:40	00:45:34	01:34:03	02:07:57	03:04:15	03:38:50	178	00:08:21	01:00:34
176	GRAUL Romuald	686	UNITED GUITARS	M-60		00:34:56	01:10:59	180	00:09:50	00:12:56	00:46:09	01:35:13	02:08:32	02:59:18	03:32:24	175	00:05:49	00:59:48
	ŁUCZAK Paweł	526	TKKF KOLEJARZ BYDGOSZCZ	M-53		00:22:39	00:46:57	118	00:02:20	00:10:25	00:35:16	01:11:23	01:36:52	02:16:04	02:44:06	79	00:02:38	
	WYSMOLIŃSKI Rafał	549		M-45		00:19:37	00:40:04	66	00:03:13	00:10:10	00:34:10	01:09:08	01:33:52					
	KIRKLAND Jim	19	GREENWICH TRITONS	M-67	Greenwich Tritons	00:28:41	00:59:42	171	00:09:04	00:11:34	00:41:07	01:26:35	01:58:07					
	GOSZ Marcin	680	ENDURE TEAM	M-43		00:18:51	00:38:46	51	00:02:44	00:10:03	00:34:10	01:10:09	01:37:03					
	SPRYSZYŃSKI Michał	654	TRIRODZINKA	M-34		00:22:05	00:45:34	114	00:03:33	00:10:49	00:36:43	01:14:52	01:42:18	02:24:58	02:56:01	133	00:02:43	

Total 181 results.