



Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

Metalkas Ocean Lava Triathlon Polska  
Towarzystwo Sportowe TRI-SPORT  
2022-08-20  
Bydgoszcz  
113 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 106,7 km

| Msc | Zawodnik            | Numer | Klub                                                             | Kategoria | Drużyna 1                              | Pływanie         |                 |     | Rower             |               |                    |                |                    |               |          |    | Bieg                |                     |                      |                      |
|-----|---------------------|-------|------------------------------------------------------------------|-----------|----------------------------------------|------------------|-----------------|-----|-------------------|---------------|--------------------|----------------|--------------------|---------------|----------|----|---------------------|---------------------|----------------------|----------------------|
|     |                     |       |                                                                  |           |                                        | P_Borowno 0.95km | P_Borowno 1.9km | Poz | R_Kotomierz 4.9km | R_Lidl 19.9km | R_Kotomierz 39.9km | R_Lidl 55.55km | R_Kotomierz 74.9km | R_Lidl 89.9km | Poz      |    | B_Announcer 6.465km | B_Announcer 7.265km | B_Announcer 13.731km | B_Announcer 13.731km |
| 1   | KONIECZNY Marcin    | 501   | K.S. NIEMANIEMOGE                                                | M-50      |                                        | 00:16:17         | 00:33:21        | 8   | 00:01:53          | 00:08:54      | 00:30:46           | 01:02:55       | 01:25:07           | 01:55:54      | 02:17:42 | 2  | 00:01:37            | 00:24:23            | 00:27:32             | 00:52:26             |
| 2   | SAWIEŁAJC Jakub     | 560   | TM IRON TEAM                                                     | M-23      | TM Iron Team                           | 00:14:01         | 00:28:22        | 1   | 00:02:22          | 00:08:32      | 00:30:03           | 01:00:48       | 01:22:40           | 01:53:54      | 02:16:43 | 1  | 00:02:07            | 00:26:37            | 00:30:07             | 00:58:40             |
| 3   | KLYM Yurii          | 684   |                                                                  | M-37      |                                        | 00:16:58         | 00:35:04        | 22  | 00:02:00          | 00:08:59      | 00:30:45           | 01:02:13       | 01:24:27           | 01:56:05      | 02:18:18 | 3  | 00:01:59            | 00:24:58            | 00:28:17             | 00:54:18             |
| 4   | KOMPA Marcin        | 710   | IM INSPIRATION                                                   | M-23      | IM Inspiration Team                    | 00:15:12         | 00:30:27        | 5   | 00:02:12          | 00:08:42      | 00:32:05           | 01:04:52       | 01:28:19           | 02:00:16      | 02:23:01 | 12 | 00:00:41            | 00:26:41            | 00:29:55             | 00:56:28             |
| 5   | BLADOWSKI Artur     | 695   | KLUB KOLARSKI ŁOWICZ                                             | M-38      |                                        | 00:17:00         | 00:35:03        | 21  | 00:00:57          | 00:10:14      | 00:31:53           | 00:54:00       | 01:25:33           | 01:57:14      | 02:22:00 | 9  | 00:02:00            | 00:23:00            | 00:25:00             | 00:53:00             |
| 6   | KOWALCZYK Piotr     | 616   | KAZIKI                                                           | M-41      | KAZIKI                                 | 00:16:19         | 00:33:30        | 11  | 00:02:04          | 00:09:06      | 00:31:34           | 01:03:20       | 01:25:49           | 01:58:32      | 02:21:20 | 6  | 00:02:01            | 00:25:24            | 00:28:41             | 00:54:50             |
| 7   | DĄBROWSKI Dariusz   | 708   | ILABO RACING TEAM POWERED BY CTS                                 | M-48      |                                        | 00:14:47         | 00:30:13        | 2   | 00:02:01          | 00:09:10      | 00:31:24           | 01:03:31       | 01:26:42           | 01:59:14      | 02:21:38 | 8  | 00:01:40            | 00:28:05            | 00:31:51             | 01:01:31             |
| 8   | STARON Piotr        | 541   | STARZYNSKI.COACH                                                 | M-43      |                                        | 00:16:41         | 00:33:39        | 13  | 00:03:09          | 00:08:54      | 00:30:52           | 01:02:27       | 01:25:11           | 01:57:26      | 02:20:34 | 5  | 00:01:54            | 00:27:07            | 00:30:49             | 00:59:28             |
| 9   | MALINOWSKI Jarosław | 652   | KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY                            | M-40      | Karaś Tri&Swim Team                    | 00:16:44         | 00:34:09        | 14  | 00:02:03          | 00:08:54      | 00:30:39           | 01:02:08       | 01:24:24           | 01:57:25      | 02:20:15 | 4  | 00:01:56            | 00:29:54            | 00:33:53             | 01:05:09             |
| 10  | NOWAK Andrzej       | 640   | GT RAT                                                           | M-40      |                                        | 00:17:48         | 00:36:24        | 32  | 00:02:18          | 00:08:50      | 00:32:42           | 01:04:25       | 01:26:48           | 01:58:46      | 02:21:32 | 7  | 00:01:32            | 00:27:33            | 00:31:21             | 01:02:08             |
| 11  | JEŹEK Petr          | 663   | IAMX                                                             | M-45      |                                        | 00:16:57         | 00:34:30        | 18  | 00:02:57          | 00:09:08      | 00:31:35           | 01:04:09       | 01:27:34           | 02:01:08      | 02:26:03 | 18 | 00:02:21            | 00:26:38            | 00:30:15             | 00:59:17             |
| 12  | TRZASKA Przemysław  | 556   | DREAM TRI TEAM                                                   | M-37      |                                        | 00:18:21         | 00:36:31        | 33  | 00:01:47          | 00:09:01      | 00:32:23           | 01:04:28       | 01:26:54           | 01:59:01      | 02:22:18 | 11 | 00:01:51            | 00:28:04            | 00:31:50             | 01:02:36             |
| 13  | KRUPICKA Tomas      | 655   | IRONSPORT ELPO                                                   | M-35      |                                        | 00:17:16         | 00:35:27        | 26  | 00:02:11          | 00:09:16      | 00:31:35           | 01:04:08       | 01:27:32           | 02:00:55      | 02:24:27 | 13 | 00:01:37            | 00:29:26            | 00:33:07             | 01:03:18             |
| 14  | BYCH Maciej         | 512   | TRIDEA TEAM                                                      | M-47      | Tridea TEAM                            | 00:16:55         | 00:34:27        | 17  | 00:02:15          | 00:09:24      | 00:32:21           | 01:05:37       | 01:28:51           | 02:01:33      | 02:24:49 | 14 | 00:02:17            | 00:30:26            | 00:34:39             | 01:06:04             |
| 15  | KILIJANCZYK Piotr   | 658   |                                                                  | M-42      |                                        | 00:18:58         | 00:39:15        | 56  | 00:02:02          | 00:09:19      | 00:32:19           | 01:05:10       | 01:28:57           | 02:02:51      | 02:27:13 | 20 | 00:01:23            | 00:28:07            | 00:31:50             | 01:01:22             |
| 16  | KAMINSKI Tomasz     | 505   | IM INSPIRATION TEAM                                              | M-42      | IM Inspiration Team                    | 00:21:13         | 00:42:52        | 87  | 00:02:22          | 00:09:11      | 00:31:36           | 01:03:50       | 01:26:17           | 01:58:55      | 02:22:07 | 10 | 00:02:28            | 00:28:15            | 00:32:03             | 01:02:10             |
| 17  | MATUSIAK Mateusz    | 625   | SNG WILD DUCKS                                                   | M-35      | SNG WILD DUCKS                         | 00:16:22         | 00:33:38        | 12  | 00:02:32          | 00:09:14      | 00:31:54           | 01:04:36       | 01:28:08           | 02:02:01      | 02:25:58 | 17 | 00:02:27            | 00:31:24            | 00:35:46             | 01:09:51             |
| 18  | MODER Bartłomiej    | 697   | KAZIKI                                                           | M-33      | KAZIKI                                 | 00:17:04         | 00:35:16        | 24  | 00:02:43          | 00:09:44      | 00:33:56           | 01:07:59       | 01:32:00           | 02:06:26      | 02:30:46 | 30 | 00:03:21            | 00:28:02            | 00:31:53             | 01:03:31             |
| 19  | MODZELEWSKI Maciej  | 643   | KLUB KOLARSKI ŁOWICZ                                             | M-38      |                                        | 00:20:31         | 00:42:28        | 84  | 00:02:43          | 00:09:25      | 00:31:46           | 01:04:13       | 01:27:50           | 02:02:09      | 02:26:18 | 19 | 00:01:35            | 00:28:23            | 00:32:14             | 00:59:40             |
| 20  | PODWYSOCKI Marcin   | 527   | CTS                                                              | M-34      | CTS                                    | 00:15:02         | 00:30:25        | 4   | 00:02:39          | 00:10:02      | 00:33:55           | 01:07:53       | 01:31:41           | 02:06:35      | 02:31:29 | 33 | 00:01:52            | 00:31:05            | 00:35:25             | 01:10:38             |
| 21  | SZMIDT Janusz       | 688   | TRINERGY                                                         | M-52      |                                        | 00:18:22         | 00:37:39        | 41  | 00:03:31          | 00:09:49      | 00:32:51           | 01:07:35       | 01:31:06           | 02:06:27      | 02:30:23 | 28 | 00:02:46            | 00:29:59            | 00:34:04             | 01:04:33             |
| 22  | WIĘCKOWSKI Dariusz  | 528   | AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS                       | M-42      | Akademia Mistrzów Sportu AMS Triathlon | 00:16:26         | 00:33:01        | 7   | 00:02:19          | 00:10:06      | 00:33:38           | 01:07:44       | 01:32:00           | 02:06:37      | 02:31:04 | 31 | 00:02:20            | 00:30:52            | 00:35:16             | 01:11:18             |
| 23  | GNIoT Jacek         | 539   | TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ | M-51      | TRISPACE/TREK                          | 00:21:55         | 00:44:48        | 101 | 00:02:06          | 00:09:46      | 00:33:00           | 01:06:33       | 01:30:02           | 02:04:21      | 02:28:04 | 21 | 00:02:00            | 00:30:27            | 00:34:14             | 01:04:10             |
| 24  | SOBIK Andrzej       | 557   |                                                                  | M-44      |                                        | 00:18:10         | 00:37:18        | 37  | 00:03:23          | 00:09:39      | 00:32:59           | 01:06:45       | 01:30:51           | 02:05:25      | 02:30:14 | 27 | 00:01:38            | 00:31:00            | 00:35:10             | 01:08:04             |
| 25  | SZYMAŃSKI Piotr     | 572   | MIELCARKS TEAM                                                   | M-29      | Mielcarsks Team                        | 00:17:22         | 00:35:42        | 27  | 00:03:20          | 00:09:22      | 00:32:43           | 01:06:38       | 01:30:55           | 02:05:34      | 02:30:25 | 29 | 00:02:12            | 00:31:29            | 00:35:48             | 01:09:21             |
| 26  | KUBANEK Łukasz      | 590   | TEAMOCHAL                                                        | M-39      | TEAM OCHAL                             | 00:19:48         | 00:40:13        | 68  | 00:03:06          | 00:09:14      | 00:31:09           | 01:04:04       | 01:27:35           | 02:01:13      | 02:25:15 | 15 | 00:02:55            | 00:30:51            | 00:35:03             | 01:09:29             |
| 27  | KRÓŁ Hubert         | 669   | WWW.TRENERTRIATHLONU.PL                                          | M-36      |                                        | 00:15:03         | 00:30:21        | 3   | 00:02:00          | 00:10:01      | 00:34:41           | 01:08:40       | 01:32:27           | 02:07:21      | 02:32:16 | 36 | 00:02:02            | 00:33:21            | 00:37:44             | 01:15:17             |
| 28  | KLAPUCH Michał      | 573   | EWA BUGDOŁ TEAM                                                  | M-42      |                                        | 00:18:07         | 00:37:19        | 39  | 00:02:55          | 00:09:46      | 00:33:05           | 01:07:11       | 01:32:10           | 02:08:12      | 02:33:45 | 40 | 00:02:47            | 00:29:24            | 00:33:39             | 01:06:05             |
| 29  | KRAJEWSKI Tomasz    | 677   | KP PSP INOWROCŁAW                                                | M-34      |                                        | 00:18:23         | 00:37:16        | 35  | 00:03:09          | 00:10:40      | 00:35:24           | 01:10:57       | 01:36:12           | 02:13:08      | 02:39:14 | 60 | 00:01:50            | 00:29:23            | 00:33:14             | 01:03:35             |
| 30  | KOZŁOWSKI Jacek     | 520   | PTT DELTA                                                        | M-45      | PTT DELTA                              | 00:20:49         | 00:42:18        | 81  | 00:03:24          | 00:09:40      | 00:33:57           | 01:09:00       | 01:32:41           | 02:07:23      | 02:31:40 | 34 | 00:02:57            | 00:29:19            | 00:33:22             | 01:05:15             |
| 31  | WIERZYŃSKI Damian   | 569   | TRISPACE /TREK                                                   | M-34      | TRISPACE/TREK                          | 00:19:58         | 00:40:50        | 75  | 00:02:01          | 00:09:18      | 00:31:55           | 01:05:11       | 01:28:39           | 02:03:07      | 02:28:08 | 22 | 00:02:00            | 00:33:53            | 00:38:38             | 01:13:59             |
| 32  | KULIK Michał        | 662   | HTF LUDWIK SIKORSKI                                              | M-43      |                                        | 00:19:26         | 00:39:50        | 63  | 00:03:42          | 00:10:07      | 00:33:56           | 01:08:01       | 01:31:55           | 02:06:56      | 02:31:23 | 32 | 00:03:15            | 00:32:25            | 00:36:39             | 01:09:17             |
| 33  | NOSEK Maciej        | 628   | TRIATHLON TEAM BOCHNIA                                           | M-55      |                                        | 00:21:15         | 00:42:22        | 83  | 00:02:11          | 00:09:07      | 00:32:09           | 01:04:56       | 01:28:23           | 02:01:41      | 02:25:26 | 16 | 00:02:26            | 00:31:50            | 00:36:20             | 01:15:30             |
| 34  | PORZYCH Rafał       | 607   | RAFSON.TV / PORZYCH.PL                                           | M-24      |                                        | 00:18:46         | 00:39:28        | 59  | 00:02:43          | 00:09:37      | 00:33:37           | 01:09:42       | 01:35:44           | 02:14:33      | 02:41:24 | 67 | 00:01:51            | 00:28:57            | 00:32:38             | 01:02:55             |
| 35  | MASZEWSKI Dariusz   | 631   | TRIATHLON TEAM BOCHNIA                                           | M-44      | Triathlon Team Bochnia                 | 00:16:32         | 00:33:25        | 9   | 00:03:39          | 00:09:33      | 00:33:06           | 01:07:50       | 01:32:50           | 02:08:48      | 02:34:25 | 44 | 00:02:35            | 00:33:47            | 00:38:05             | 01:14:21             |
| 36  | JANUSZKIEWICZ Piotr | 563   | REBELIA UNDERGROUND TRIATHLON                                    | M-40      |                                        | 00:19:25         | 00:39:31        | 61  | 00:02:52          | 00:10:08      | 00:34:32           | 01:10:31       | 01:35:25           | 02:12:37      | 02:38:36 | 57 | 00:01:46            | 00:29:54            | 00:34:08             | 01:08:42             |

|    |                      |     |                            |      | Pływanie                               |          |          | Rower |          |          |          |          |          |          | Bieg     |     |          |          |          |          |     |
|----|----------------------|-----|----------------------------|------|----------------------------------------|----------|----------|-------|----------|----------|----------|----------|----------|----------|----------|-----|----------|----------|----------|----------|-----|
| 37 | SZCZYRBOWSKI Michał  | 543 | TURBOKILLA                 | M-41 |                                        | 00:19:49 | 00:40:45 | 73    | 00:03:55 | 00:09:45 | 00:33:04 | 01:07:01 | 01:31:36 | 02:07:32 | 02:31:58 | 35  | 00:02:01 | 00:32:32 | 00:37:17 | 01:13:41 | 01: |
| 38 | KLONOWSKI Tomasz     | 649 | PLATAN                     | M-44 |                                        | 00:18:23 | 00:37:24 | 40    | 00:02:29 | 00:09:29 | 00:32:35 | 01:05:48 | 01:29:29 | 02:03:59 | 02:28:28 | 25  | 00:02:06 | 00:35:52 | 00:41:01 | 01:21:42 | 01: |
| 39 | CELMER Marcin        | 507 | PTT DELTA                  | M-41 | PTT DELTA                              | 00:19:15 | 00:38:56 | 52    | 00:02:24 | 00:09:20 | 00:32:15 | 01:05:25 | 01:29:09 | 02:03:35 | 02:28:16 | 24  | 00:02:22 | 00:36:42 | 00:41:45 | 01:20:40 | 01: |
| 40 | KAPSA Dawid          | 538 | TRISPACE/TREK              | M-44 | TRISPACE/TREK                          | 00:22:28 | 00:45:28 | 111   | 00:02:52 | 00:10:16 | 00:34:13 | 01:09:04 | 01:33:17 | 02:08:51 | 02:33:40 | 39  | 00:02:38 | 00:32:02 | 00:36:16 | 01:09:56 | 01: |
| 41 | DOBOSZ Michał        | 665 | COMEXSPORTS TRIATHLON TEAM | M-46 |                                        | 00:17:42 | 00:36:12 | 30    | 00:02:46 | 00:09:54 | 00:34:09 | 01:09:33 | 01:34:22 | 02:10:49 | 02:37:13 | 53  | 00:02:04 | 00:33:55 | 00:38:47 | 01:15:46 | 01: |
| 42 | CZAJKOWSKI Krzysztof | 698 |                            | M-47 |                                        | 00:19:21 | 00:39:37 | 62    | 00:02:24 | 00:09:59 | 00:34:07 | 01:08:53 | 01:33:02 | 02:09:32 | 02:35:29 | 47  | 00:02:45 | 00:31:07 | 00:35:20 | 01:14:00 | 01: |
| 43 | ANDRAŁOJC Anna       | 673 | TM IRON TEAM               | K-31 | TM Iron Team                           | 00:17:17 | 00:35:22 | 25    | 00:02:38 | 00:10:04 | 00:34:05 | 01:09:13 | 01:34:30 | 02:11:24 | 02:37:23 | 54  | 00:02:07 | 00:34:33 | 00:39:26 | 01:17:54 | 01: |
| 44 | SKŁADANOWSKI Marek   | 682 |                            | M-33 |                                        | 00:18:47 | 00:38:00 | 44    | 00:03:19 | 00:10:34 | 00:44:46 | 01:11:23 | 01:36:25 | 02:13:41 | 02:39:06 | 58  | 00:02:30 | 00:33:32 | 00:38:01 | 01:12:50 | 01: |
| 45 | JARMOSZEWICZ Łukasz  | 522 |                            | M-49 | TKT                                    | 00:21:38 | 00:43:17 | 89    | 00:03:11 | 00:09:59 | 00:33:33 | 01:07:43 | 01:32:15 | 02:08:01 | 02:33:45 | 41  | 00:02:31 | 00:32:39 | 00:37:20 | 01:14:33 | 01: |
| 46 | OGIŃSKI Piotr        | 635 | TRIATHLON TEAM BOCHNIA     | M-45 | Triathlon Team Bochnia                 | 00:17:31 | 00:35:13 | 23    | 00:03:01 | 00:17:52 | 00:42:10 | 01:17:07 | 01:41:22 | 02:17:09 | 02:42:04 | 69  | 00:03:22 | 00:33:45 | 00:38:14 | 01:14:31 | 01: |
| 47 | KWAPIŃSKI Damian     | 562 | TEAMOCHAL                  | M-41 | TEAM OCHAL                             | 00:22:34 | 00:47:29 | 124   | 00:03:46 | 00:10:10 | 00:33:47 | 01:07:53 | 01:32:06 | 02:07:21 | 02:32:33 | 37  | 00:01:35 | 00:32:05 | 00:36:42 | 01:14:12 | 01: |
| 48 | TRUSKOLAWSKA Ola     | 638 | TRIDEA TEAM                | K-46 |                                        | 00:22:47 | 00:47:00 | 119   | 00:03:40 | 00:09:59 | 00:34:55 | 01:10:45 | 01:36:00 | 02:13:34 | 02:39:36 | 62  | 00:02:20 | 00:30:00 | 00:34:16 | 01:06:30 | 01: |
| 49 | MALINOWSKI Mariusz   | 653 | KARAŚ TRI&SWIM TEAM        | M-35 | Karaś Tri&Swim Team                    | 00:16:49 | 00:34:12 | 16    | 00:02:19 | 00:09:41 | 00:34:52 | 01:10:02 | 01:35:19 | 02:13:01 | 02:39:48 | 63  | 00:02:18 | 00:37:12 | 00:41:47 | 01:20:10 | 01: |
| 50 | SZYNALIK Sławomir    | 690 | KIKATEAM                   | M-49 |                                        | 00:19:21 | 00:40:15 | 69    | 00:03:17 | 00:09:41 | 00:33:52 | 01:09:59 | 01:34:40 | 02:11:20 | 02:37:08 | 52  | 00:04:16 | 00:33:35 | 00:38:28 | 01:15:13 | 01: |
| 51 | KRAUSE Szymon        | 578 | SREBRNI TRI                | M-40 |                                        | 00:21:32 | 00:44:07 | 95    | 00:03:14 | 00:10:51 | 00:35:47 | 01:11:36 | 01:37:18 | 02:15:24 | 02:43:01 | 72  | 00:03:37 | 00:30:11 | 00:34:22 | 01:06:39 | 01: |
| 52 | KINDLER Maciej       | 670 |                            | M-36 |                                        | 00:18:35 | 00:39:06 | 54    | 00:03:02 | 00:10:16 | 00:34:08 | 01:09:24 | 01:34:03 | 02:10:57 | 02:36:08 | 50  | 00:02:22 | 00:35:36 | 00:40:24 | 01:19:38 | 01: |
| 53 | KĄTNIK Jacek         | 567 | BUDINVEST                  | M-52 |                                        | 00:26:13 | 00:54:16 | 157   | 00:02:46 | 00:10:13 | 00:34:39 | 01:10:07 | 01:34:28 | 02:09:59 | 02:34:24 | 43  | 00:01:44 | 00:31:09 | 00:35:20 | 01:08:53 | 01: |
| 54 | MUCHA Bartłomiej     | 636 | TRIATHLON TEAM BOCHNIA     | M-25 |                                        | 00:17:38 | 00:36:16 | 31    | 00:03:49 | 00:10:04 | 00:35:12 | 01:11:23 | 01:37:06 | 02:13:58 | 02:40:08 | 64  | 00:02:42 | 00:35:33 | 00:40:45 | 01:19:23 | 01: |
| 55 | DAWIDOWICZ Maciej    | 559 | TRISPACE/TREK              | M-44 | TRISPACE/TREK                          | 00:19:19 | 00:39:23 | 58    | 00:02:43 | 00:09:47 | 00:33:38 | 01:08:17 | 01:32:57 | 02:08:42 | 02:33:58 | 42  | 00:02:43 | 00:37:18 | 00:42:32 | 01:24:14 | 01: |
| 56 | KOSMATKA Paweł       | 503 |                            | M-29 |                                        | 00:21:47 | 00:45:34 | 113   | 00:02:29 | 00:10:07 | 00:34:05 | 01:08:38 | 01:32:48 | 02:08:48 | 02:34:34 | 46  | 00:02:20 | 00:34:44 | 00:39:41 | 01:19:15 | 01: |
| 57 | SENGER Robert        | 536 | TRIZARZA                   | M-40 |                                        | 00:18:01 | 00:36:11 | 29    | 00:02:53 | 00:10:27 | 00:35:33 | 01:13:03 | 01:39:15 | 02:16:45 | 02:43:40 | 78  | 00:01:45 | 00:36:02 | 00:41:13 | 01:20:26 | 01: |
| 58 | KASTRAU Tomasz       | 574 |                            | M-41 | Run4Fun                                | 00:16:55 | 00:34:56 | 20    | 00:03:22 | 00:10:28 | 00:36:10 | 01:13:32 | 01:40:05 | 02:19:48 | 02:47:13 | 96  | 00:01:45 | 00:35:30 | 00:40:19 | 01:19:44 | 01: |
| 59 | GÓRZYŃSKI Tomasz     | 529 | TORUŃSKI KLUB TRIATHLONOWY | M-46 | Toruński Klub Triathlonowy             | 00:18:13 | 00:37:51 | 42    | 00:04:46 | 00:10:13 | 00:35:26 | 01:10:36 | 01:35:07 | 02:10:47 | 02:36:03 | 49  | 00:04:03 | 00:36:55 | 00:42:43 | 01:24:03 | 01: |
| 60 | MULARCZYK Jacek      | 687 | RUNPASSION TEAM            | M-52 |                                        | 00:21:35 | 00:43:42 | 91    | 00:03:07 | 00:09:56 | 00:33:06 | 01:06:38 | 01:30:50 | 02:06:59 | 02:32:50 | 38  | 00:04:59 | 00:42:41 | 00:47:18 | 01:23:56 | 01: |
| 61 | GRZEBYTA Mateusz     | 619 | MTB START KARTUZY          | M-35 |                                        | 00:18:54 | 00:39:29 | 60    | 00:03:07 | 00:10:31 | 00:35:20 | 01:12:12 | 01:37:15 | 02:13:49 | 02:39:25 | 61  | 00:02:15 | 00:32:20 | 00:46:53 | 01:23:36 | 01: |
| 62 | GRUSZCZYK Grzegorz   | 544 | IMPACT BIELSKO-BIAŁA       | M-40 |                                        | 00:22:23 | 00:45:03 | 106   | 00:04:18 | 00:10:16 | 00:36:11 | 01:13:23 | 01:39:45 | 02:18:49 | 02:46:25 | 92  | 00:02:32 | 00:33:25 | 00:37:46 | 01:11:06 | 01: |
| 63 | SZYTTHENHOLM Oliwier | 530 | TRISPACE/TREK              | M-40 | TRISPACE/TREK                          | 00:20:46 | 00:43:22 | 90    | 00:02:49 | 00:10:08 | 00:34:37 | 01:10:59 | 01:37:15 | 02:16:14 | 02:44:58 | 82  | 00:02:35 | 00:33:56 | 00:38:31 | 01:14:31 | 01: |
| 64 | DROŻDŻ Małgorzata    | 609 | AKADEMIA MISTRZÓW SPORTU   | K-43 | Akademia Mistrzów Sportu AMS Triathlon | 00:22:03 | 00:44:36 | 98    | 00:03:13 | 00:10:53 | 00:37:04 | 01:14:48 | 01:41:04 | 02:18:54 | 02:45:36 | 89  | 00:01:57 | 00:35:00 | 00:39:40 | 01:15:39 | 01: |
| 65 | KIEDROWSKI Jerzy     | 600 | MIELCARKS TEAM             | M-29 | Mielcarks Team                         | 00:21:06 | 00:40:48 | 74    | 00:04:53 | 00:10:31 | 00:35:47 | 01:12:12 | 01:38:28 | 02:17:46 | 02:45:24 | 85  | 00:05:08 | 00:32:30 | 00:38:03 | 01:14:29 | 01: |
| 66 | SZCZERBA Maciej      | 519 | TRITYTKA                   | M-50 |                                        | 00:19:29 | 00:40:24 | 70    | 00:02:32 | 00:10:27 | 00:34:36 | 01:10:43 | 01:36:36 | 02:14:58 | 02:41:18 | 66  | 00:02:14 | 00:39:41 | 00:44:51 | 01:24:35 | 01: |
| 67 | KŁOSOK Wojciech      | 683 | CROSS SPORT                | M-43 |                                        | 00:20:57 | 00:43:53 | 93    | 00:03:51 | 00:10:10 | 00:35:31 | 01:12:39 | 01:38:40 | 02:17:21 | 02:45:02 | 83  | 00:02:35 | 00:33:11 | 00:38:04 | 01:15:34 | 01: |
| 68 | RAAG Reemo           | 676 |                            | M-38 |                                        | 00:18:42 | 00:38:13 | 45    | 00:03:44 | 00:09:48 | 00:34:30 | 01:10:41 | 01:35:47 | 02:12:36 | 02:39:11 | 59  | 00:02:58 | 00:36:48 | 00:43:19 | 01:27:08 | 01: |
| 69 | WALKOWIAK Bartosz    | 624 |                            | M-40 |                                        | 00:21:31 | 00:44:06 | 94    | 00:03:10 | 00:10:49 | 00:37:10 | 01:15:15 | 01:40:58 | 02:20:02 | 02:47:04 | 93  | 00:02:38 | 00:33:24 | 00:38:00 | 01:15:21 | 01: |
| 70 | JONES Shelley        | 646 | GREENWICH TRITONS          | K-42 | GREENWICH TRITONS                      | 00:15:37 | 00:31:23 | 6     | 00:03:43 | 00:11:21 | 00:38:43 | 01:17:55 | 01:45:56 | 02:28:21 | 02:56:37 | 135 | 00:03:44 | 00:37:30 | 00:42:46 | 01:17:19 | 01: |
| 71 | PIC Dawid            | 586 |                            | M-30 |                                        | 00:18:49 | 00:39:06 | 55    | 00:02:53 | 00:10:32 | 00:36:13 | 01:13:06 | 01:40:15 | 02:18:51 | 02:47:25 | 98  | 00:01:47 | 00:33:41 | 00:38:25 | 01:21:05 | 01: |
| 72 | HADASZ Ewa           | 699 | TRI&MORE                   | K-48 |                                        | 00:22:24 | 00:44:52 | 103   | 00:03:06 | 00:11:30 | 00:38:49 | 01:18:06 | 01:45:07 | 02:25:11 | 02:52:12 | 120 | 00:01:56 | 00:32:31 | 00:36:53 | 01:11:32 | 01: |
| 73 | BUDZIŁO Adam         | 561 | PTT DELTA                  | M-50 | PTT DELTA                              | 00:19:28 | 00:40:29 | 71    | 00:04:25 | 00:10:20 | 00:36:23 | 01:14:50 | 01:42:19 | 02:21:16 | 02:47:22 | 97  | 00:02:40 | 00:34:29 | 00:38:59 | 01:18:28 | 01: |
| 74 | BUGALSKI Wojciech    | 610 | AKADEMIA MISTRZÓW SPORTU   | M-44 | Akademia Mistrzów Sportu AMS Triathlon | 00:19:50 | 00:40:52 | 76    | 00:02:45 | 00:10:14 | 00:34:37 | 01:11:25 | 01:37:20 | 02:16:29 | 02:43:37 | 75  | 00:02:51 | 00:38:36 | 00:43:48 | 01:24:06 | 01: |
| 75 | ANDRZEJAK Robert     | 554 | VAMOS                      | M-46 |                                        | 00:23:56 | 00:51:26 | 147   | 00:03:41 | 00:10:24 | 00:36:07 | 01:12:58 | 01:39:36 | 02:19:04 | 02:45:29 | 86  | 00:01:58 | 00:33:09 | 00:37:45 | 01:12:29 | 01: |
| 76 | KMIEĆ Karolina       | 707 | TM IRON TEAM               | K-39 | TM Iron Team                           | 00:19:51 | 00:40:30 | 72    | 00:02:58 | 00:10:52 | 00:36:53 | 01:16:09 | 01:43:09 | 02:22:54 | 02:49:53 | 107 | 00:04:00 | 00:35:52 | 00:40:42 | 01:18:19 | 01: |
| 77 | ŁAPAWA Dariusz       | 641 | MOCNI W GĘBIE              | M-39 |                                        | 00:18:26 | 00:38:24 | 48    | 00:04:27 | 00:09:51 | 00:34:31 | 01:11:04 | 01:35:49 | 02:15:15 | 02:43:32 | 74  | 00:02:57 | 00:36:27 | 00:41:26 | 01:25:26 | 01: |
| 78 | WODA Ewelina         | 621 | WYTRZYMAŁI                 | K-38 |                                        | 00:18:24 | 00:37:19 | 38    | 00:03:59 | 00:10:49 | 00:36:35 | 01:14:05 | 01:40:49 | 02:20:32 | 02:48:21 | 101 | 00:02:19 | 00:38:48 | 00:44:07 | 01:24:17 | 01: |
| 79 | KONKEL Bartosz       | 605 |                            | M-36 |                                        | 00:21:52 | 00:44:38 | 99    | 00:04:33 | 00:10:22 | 00:36:23 | 01:14:07 | 01:40:25 | 02:19:10 | 02:45:48 | 90  | 00:02:38 | 00:35:07 | 00:39:55 | 01:18:33 | 01: |

|     |                               |     |                              |      |                        | Pływanie |          |     | Rower    |          |          |          |          |          | Bieg     |     |          |          |          |          |          |
|-----|-------------------------------|-----|------------------------------|------|------------------------|----------|----------|-----|----------|----------|----------|----------|----------|----------|----------|-----|----------|----------|----------|----------|----------|
| 80  | JANKOWSKI Tomasz              | 565 | TRISPACE/TREK                | M-49 | TRISPACE/TREK          | 00:20:19 | 00:42:21 | 82  | 00:03:29 | 00:09:59 | 00:34:05 | 01:09:28 | 01:34:57 | 02:13:34 | 02:42:17 | 70  | 00:06:10 | 00:44:26 | 00:48:19 | 01:22:55 | 01:30:00 |
| 81  | MAĆZKA Dawid                  | 637 | THRIATLON TEAM BOCHNIA       | M-25 | Triathlon Team Bochnia | 00:16:34 | 00:33:26 | 10  | 00:03:19 | 00:10:44 | 00:36:53 | 01:13:36 | 01:40:06 | 02:17:10 | 02:43:40 | 77  | 00:02:48 | 00:33:23 | 00:38:10 | 01:31:40 | 01:30:00 |
| 82  | KAZIMIERCZYK Adam             | 671 | PTT DELTA                    | M-42 | PTT DELTA              | 00:18:57 | 00:38:18 | 47  | 00:03:27 | 00:10:25 | 00:34:50 | 01:10:31 | 01:36:04 | 02:13:50 | 02:40:50 | 65  | 00:02:43 | 00:43:20 | 00:49:38 | 01:31:02 | 01:30:00 |
| 83  | FIEGEL Wojciech               | 518 | TRISPACE/TREK                | M-44 | TRISPACE/TREK          | 00:20:36 | 00:42:48 | 86  | 00:02:30 | 00:10:33 | 00:34:46 | 01:11:55 | 01:38:03 | 02:16:18 | 02:43:10 | 73  | 00:02:20 | 00:36:26 | 00:41:26 | 01:25:12 | 01:30:00 |
| 84  | ZAWIEROWSKA Ewelina           | 511 | SOCZAKTEAM                   | K-37 |                        | 00:18:57 | 00:39:17 | 57  | 00:03:01 | 00:16:06 | 00:45:56 | 01:21:01 | 01:46:38 | 02:23:53 | 02:50:28 | 108 | 00:01:57 | 00:35:16 | 00:40:30 | 01:22:15 | 01:30:00 |
| 85  | NOWAK Dariusz                 | 626 | TRIATHLON TEAM BOCHNIA       | M-46 | Triathlon Team Bochnia | 00:27:56 | 00:56:27 | 164 | 00:05:00 | 00:09:45 | 00:34:59 | 01:10:32 | 01:35:05 | 02:11:02 | 02:35:59 | 48  | 00:02:59 | 00:35:48 | 00:40:31 | 01:18:18 | 01:30:00 |
| 86  | TYSZKA Filip                  | 537 | KRISS COACHING               | M-41 |                        | 00:23:33 | 00:48:34 | 131 | 00:02:37 | 00:09:54 | 00:33:57 | 01:09:09 | 01:33:51 | 02:11:31 | 02:36:55 | 51  | 00:02:05 | 00:39:04 | 00:44:21 | 01:28:30 | 01:30:00 |
| 87  | KOSTYGOV Pavel                | 702 |                              | M-33 |                        | 00:20:03 | 00:41:31 | 78  | 00:05:11 | 00:10:55 | 00:36:01 | 01:13:07 | 01:39:43 | 02:18:39 | 02:45:31 | 88  | 00:02:57 | 00:38:20 | 00:44:03 | 01:23:39 | 01:30:00 |
| 88  | STĘPNIAK Krzysztof            | 594 | RUN4FUN                      | M-44 | Run4Fun                | 00:23:32 | 00:49:47 | 139 | 00:04:29 | 00:10:36 | 00:35:57 | 01:13:13 | 01:38:56 | 02:17:36 | 02:44:09 | 80  | 00:02:22 | 00:37:29 | 00:42:22 | 01:19:55 | 01:30:00 |
| 89  | MACIEJEWSKI Grzegorz          | 692 | DANFOSS RACE TEAM            | M-40 |                        | 00:22:16 | 00:45:03 | 105 | 00:03:21 | 00:11:06 | 00:37:49 | 01:16:27 | 01:43:44 | 02:23:34 | 02:50:44 | 112 | 00:03:13 | 00:35:02 | 00:39:53 | 01:18:07 | 01:30:00 |
| 90  | STEFANIAK Asia                | 555 |                              | K-34 |                        | 00:22:11 | 00:45:15 | 109 | 00:03:59 | 00:10:43 | 00:37:25 | 01:16:51 | 01:45:04 | 02:26:49 | 02:54:55 | 128 | 00:02:29 | 00:35:03 | 00:39:30 | 01:14:30 | 01:30:00 |
| 91  | MIELCAREK Jędrzej             | 595 | MIELCARKS TEAM               | M-29 | Mielcarsks Team        | 00:21:13 | 00:45:06 | 107 | 00:05:15 | 00:10:35 | 00:36:36 | 01:14:13 | 01:40:56 | 02:20:04 | 02:47:06 | 95  | 00:04:02 | 00:34:47 | 00:39:56 | 01:18:56 | 01:30:00 |
| 92  | KRZYSTOLIK Marta              | 546 |                              | K-21 |                        | 00:18:20 | 00:37:18 | 36  | 00:03:21 | 00:10:52 | 00:38:44 | 01:18:23 | 01:46:03 | 02:26:56 | 02:55:20 | 129 | 00:02:30 | 00:38:18 | 00:43:35 | 01:22:09 | 01:30:00 |
| 93  | AL-DRAWI Joanna               | 674 | IM INSPIRATION TEAM          | K-44 | IM Inspiration Team    | 00:24:51 | 00:52:15 | 152 | 00:05:00 | 00:10:49 | 00:37:27 | 01:15:46 | 01:41:54 | 02:20:55 | 02:48:12 | 99  | 00:03:06 | 00:33:56 | 00:38:27 | 01:13:53 | 01:30:00 |
| 94  | LIZIK Arkadiusz               | 581 |                              | M-43 |                        | 00:29:44 | 00:59:17 | 170 | 00:02:51 | 00:09:45 | 00:34:46 | 01:10:56 | 01:36:05 | 02:13:17 | 02:38:17 | 55  | 00:01:52 | 00:36:23 | 00:41:29 | 01:19:36 | 01:30:00 |
| 95  | CAMPOBASSO Luca               | 667 |                              | M-31 |                        | 00:22:34 | 00:47:12 | 121 | 00:05:40 | 00:10:55 | 00:36:51 | 01:14:53 | 01:42:18 | 02:22:22 | 02:48:57 | 103 | 00:02:54 | 00:36:00 | 00:40:52 | 01:17:49 | 01:30:00 |
| 96  | KOZMIŃCZUK-MARKULAK Agnieszka | 679 | TM IRON TEAM                 | K-40 | TM Iron Team           | 00:18:49 | 00:38:39 | 50  | 00:03:16 | 00:11:12 | 00:38:36 | 01:18:31 | 01:47:48 | 02:30:37 | 02:59:55 | 145 | 00:02:17 | 00:33:55 | 00:38:42 | 01:18:35 | 01:30:00 |
| 97  | GRUBA Marek                   | 580 | TRISPACE TREK                | M-34 | TRISPACE/TREK          | 00:20:21 | 00:41:44 | 79  | 00:03:09 | 00:10:49 | 00:37:32 | 01:16:44 | 01:44:09 | 02:24:58 | 02:53:12 | 123 | 00:02:28 | 00:35:11 | 00:40:21 | 01:21:31 | 01:30:00 |
| 98  | MARKIEWICZ Bartosz            | 514 | PTT DELTA                    | M-33 | PTT DELTA              | 00:21:03 | 00:44:49 | 102 | 00:04:02 | 00:10:43 | 00:36:29 | 01:14:07 | 01:40:42 | 02:19:49 | 02:47:06 | 94  | 00:02:46 | 00:35:29 | 00:40:34 | 01:24:35 | 01:30:00 |
| 99  | LISOWSKI Aleksander           | 701 | AUTODNA                      | M-36 |                        | 00:22:25 | 00:45:31 | 112 | 00:02:45 | 00:10:12 | 00:35:16 | 01:12:39 | 01:39:16 | 02:17:53 | 02:44:55 | 81  | 00:01:41 | 00:39:55 | 00:45:34 | 01:28:51 | 01:30:00 |
| 100 | DOMERACKI Damian              | 525 |                              | M-42 |                        | 00:22:18 | 00:46:18 | 117 | 00:03:49 | 00:10:37 | 00:35:57 | 01:12:54 | 01:38:43 | 02:17:04 | 02:45:20 | 84  | 00:02:30 | 00:35:28 | 00:41:07 | 01:25:09 | 01:30:00 |
| 101 | PIGUŁA Agnieszka              | 703 | UAM TRIATHLON POZNAŃ         | K-44 |                        | 00:23:06 | 00:47:50 | 125 | 00:03:00 | 00:11:04 | 00:37:26 | 01:16:25 | 01:43:29 | 02:22:53 | 02:49:39 | 106 | 00:02:20 | 00:34:36 | 00:39:33 | 01:21:18 | 01:30:00 |
| 102 | KEDZIERSKI Michał             | 516 | HTF LUDWIK SIKORSKI          | M-37 |                        | 00:24:24 | 00:49:39 | 137 | 00:04:16 | 00:11:04 | 00:37:44 | 01:16:30 | 01:43:39 | 02:24:05 | 02:52:02 | 118 | 00:04:09 | 00:33:30 | 00:38:10 | 01:14:09 | 01:30:00 |
| 103 | TRZASKOWSKI Tomasz            | 568 |                              | M-42 |                        | 00:21:20 | 00:42:48 | 85  | 00:04:35 | 00:10:34 | 00:36:05 | 01:13:54 | 01:40:25 | 02:19:39 | 02:46:07 | 91  | 00:04:35 | 00:37:06 | 00:43:02 | 01:25:26 | 01:30:00 |
| 104 | NOWICKI Bartosz               | 694 | TRISPACE/TREK                | M-34 | TRISPACE/TREK          | 00:16:38 | 00:34:11 | 15  | 00:02:39 | 00:11:49 | 00:37:45 | 01:16:16 | 01:43:02 | 02:22:18 | 02:49:23 | 105 | 00:02:57 | 00:41:34 | 00:48:11 | 01:33:58 | 01:30:00 |
| 105 | MIELCAREK Maciej              | 597 | MIELCARKS TEAM               | M-32 | Mielcarsks Team        | 00:18:18 | 00:37:58 | 43  | 00:04:19 | 00:14:11 | 00:39:59 | 01:17:01 | 01:43:16 | 02:22:20 | 02:49:19 | 104 | 00:05:15 | 00:39:39 | 00:45:09 | 01:28:50 | 01:30:00 |
| 106 | ZAKRZEWSKI Jarosław           | 591 |                              | M-49 |                        | 00:23:48 | 00:49:23 | 136 | 00:02:51 | 00:10:28 | 00:35:19 | 01:12:44 | 01:38:38 | 02:16:19 | 02:41:56 | 68  | 00:02:33 | 00:42:32 | 00:48:04 | 01:29:17 | 01:30:00 |
| 107 | WŁODARCZYK Wojciech           | 602 | CZARNE STOPY                 | M-58 |                        | 00:24:29 | 00:51:20 | 146 | 00:04:16 | 00:11:30 | 00:38:20 | 01:18:14 | 01:45:39 | 02:26:28 | 02:54:10 | 125 | 00:04:21 | 00:31:54 | 00:36:14 | 01:13:12 | 01:30:00 |
| 108 | CICHONSKA-BAZAK Marzena       | 576 |                              | K-49 |                        | 00:25:20 | 00:52:12 | 151 | 00:03:23 | 00:11:18 | 00:38:03 | 01:16:39 | 01:44:28 | 02:25:38 | 02:53:36 | 124 | 00:02:33 | 00:34:20 | 00:39:07 | 01:15:44 | 01:30:00 |
| 109 | POLASIK Michał                | 571 | RUN4FUN                      | M-35 | Run4Fun                | 00:17:36 | 00:36:38 | 34  | 00:02:47 | 00:10:21 | 00:36:15 | 01:13:36 | 01:40:12 | 02:19:44 | 02:48:29 | 102 | 00:01:39 | 00:44:54 | 00:50:51 | 01:38:13 | 01:30:00 |
| 110 | CYREK Grzegorz                | 614 |                              | M-48 |                        | 00:27:45 | 00:59:53 | 172 | 00:06:34 | 00:09:45 | 00:34:01 | 01:10:33 | 01:35:41 | 02:12:58 | 02:38:24 | 56  | 00:03:04 | 00:35:58 | 00:40:54 | 01:20:40 | 01:30:00 |
| 111 | ROMAN Agnieszka               | 664 | TRIATHLON TEAM BOCHNIA       | K-36 | Triathlon Team Bochnia | 00:26:28 | 00:54:26 | 159 | 00:04:36 | 00:12:01 | 00:38:24 | 01:17:27 | 01:44:17 | 02:24:09 | 02:51:17 | 115 | 00:03:58 | 00:34:48 | 00:39:22 | 01:15:22 | 01:30:00 |
| 112 | SMOCZYŃSKI Marek              | 583 | MBC TEAM                     | M-41 |                        | 00:21:26 | 00:43:49 | 92  | 00:03:43 | 00:09:09 | 00:31:47 | 01:05:13 | 01:29:24 | 02:07:14 | 02:34:33 | 45  | 00:02:07 | 00:44:55 | 00:51:57 | 01:44:07 | 01:30:00 |
| 113 | BRYGIER Jacek                 | 705 | PTT DELTA                    | M-51 | PTT DELTA              | 00:25:13 | 00:52:02 | 149 | 00:03:30 | 00:10:30 | 00:35:48 | 01:12:51 | 01:39:18 | 02:18:59 | 02:45:30 | 87  | 00:02:37 | 00:37:14 | 00:42:40 | 01:26:11 | 01:30:00 |
| 114 | NOWICKI Adam                  | 553 |                              | M-49 |                        | 00:21:37 | 00:44:48 | 100 | 00:02:35 | 00:10:30 | 00:35:28 | 01:11:52 | 01:38:03 | 02:16:36 | 02:43:38 | 76  | 00:02:40 | 00:43:51 | 00:51:41 | 01:36:04 | 01:30:00 |
| 115 | WOŁK Agata                    | 691 | LITWIN SPORTS                | K-27 |                        | 00:19:32 | 00:40:03 | 65  | 00:02:25 | 00:10:41 | 00:37:15 | 01:15:30 | 01:42:55 | 02:23:16 | 02:51:44 | 117 | 00:02:16 | 00:45:28 | 00:51:32 | 01:35:21 | 01:30:00 |
| 116 | MAŁACHA Dawid                 | 510 | KU AZS POLITECHNIKA BYDGOSKA | M-27 |                        | 00:23:35 | 00:49:01 | 133 | 00:02:24 | 00:10:58 | 00:37:42 | 01:15:44 | 01:43:15 | 02:24:05 | 02:52:58 | 122 | 00:02:01 | 00:36:00 | 00:41:58 | 01:25:34 | 01:30:00 |
| 117 | HIPNAROWICZ Grzegorz          | 551 | SPORTTREND.PL                | M-43 |                        | 00:18:56 | 00:39:04 | 53  | 00:02:52 | 00:10:01 | 00:34:47 | 01:11:11 | 01:37:17 | 02:15:10 | 02:42:24 | 71  | 00:03:46 | 00:43:31 | 00:49:10 | 01:45:41 | 01:30:00 |
| 118 | NEBELING Wojciech             | 651 |                              | M-52 |                        | 00:25:08 | 00:52:11 | 150 | 00:05:42 | 00:10:58 | 00:38:07 | 01:17:22 | 01:44:49 | 02:24:   |          |     |          |          |          |          |          |

|     |                          |     |                              |      | Pływanie                               |          |          |     | Rower    |          |          |          |          |          |          | Bieg |          |          |          |          |     |
|-----|--------------------------|-----|------------------------------|------|----------------------------------------|----------|----------|-----|----------|----------|----------|----------|----------|----------|----------|------|----------|----------|----------|----------|-----|
| 126 | MAKOWSKI Marek           | 660 | WTP / EXATEL                 | M-39 |                                        | 00:18:56 | 00:38:30 | 49  | 00:05:35 | 00:11:00 | 00:37:56 | 01:17:38 | 01:44:26 | 02:24:57 | 02:52:02 | 119  | 00:06:43 | 00:38:00 | 00:44:32 | 01:34:34 | 01: |
| 127 | RAŻNIEWSKI Łukasz        | 502 |                              | M-46 |                                        | 00:25:43 | 00:57:18 | 166 | 00:04:12 | 00:10:51 | 00:38:19 | 01:19:46 | 01:48:11 | 02:28:35 | 02:55:50 | 132  | 00:02:24 | 00:37:05 | 00:41:56 | 01:19:52 | 01: |
| 128 | KULIŃSKI Grzegorz        | 587 |                              | M-29 |                                        | 00:23:38 | 00:48:48 | 132 | 00:03:25 | 00:10:49 | 00:37:11 | 01:16:21 | 01:43:10 | 02:22:52 | 02:50:47 | 114  | 00:01:52 | 00:38:09 | 00:43:56 | 01:33:14 | 01: |
| 129 | MOSKAL Aleksander Moskal | 542 |                              | M-60 |                                        | 00:21:26 | 00:44:14 | 96  | 00:03:52 | 00:11:25 | 00:38:56 | 01:17:59 | 01:45:42 | 02:26:11 | 02:54:53 | 126  | 00:02:51 | 00:39:57 | 00:45:21 | 01:32:56 | 01: |
| 130 | BEDYK Ireneusz           | 506 | PTT DELTA                    | M-65 | PTT DELTA                              | 00:27:24 | 00:57:31 | 168 | 00:04:23 | 00:10:54 | 00:38:19 | 01:19:16 | 01:48:43 | 02:29:25 | 02:57:48 | 138  | 00:02:30 | 00:36:21 | 00:40:49 | 01:18:33 | 01: |
| 131 | ADAMCZEWSKA Agnieszka    | 678 | IRON HOUSE WŁOCŁAWEK         | K-47 |                                        | 00:26:39 | 00:54:34 | 161 | 00:06:04 | 00:12:14 | 00:41:34 | 01:24:01 | 01:53:19 | 02:37:40 | 03:06:20 | 157  | 00:02:28 | 00:33:35 | 00:37:58 | 01:11:50 | 01: |
| 132 | GRUBA Jacek              | 533 | TRISPACE/TREK                | M-62 | TRISPACE/TREK                          | 00:24:17 | 00:50:12 | 141 | 00:03:54 | 00:11:29 | 00:39:10 | 01:20:10 | 01:48:24 | 02:31:00 | 03:00:25 | 146  | 00:02:41 | 00:38:33 | 00:43:59 | 01:26:38 | 01: |
| 133 | BRULIŃSKA Monika         | 704 | CELIRONMAN                   | K-46 |                                        | 00:29:02 | 00:57:55 | 169 | 00:04:18 | 00:11:27 | 00:40:28 | 01:22:28 | 01:53:16 | 02:37:02 | 03:06:18 | 156  | 00:03:21 | 00:33:44 | 00:38:17 | 01:14:18 | 01: |
| 134 | SIECZKO Tomasz           | 582 | TEAM SIECZKO                 | M-34 |                                        | 00:25:38 | 00:53:39 | 155 | 00:05:49 | 00:10:46 | 00:36:42 | 01:16:43 | 01:45:24 | 02:29:14 | 02:59:03 | 144  | 00:04:31 | 00:38:46 | 00:43:49 | 01:22:13 | 01: |
| 135 | KRYSPIN Marta            | 531 | RUNPROGRESSTEAM              | K-36 |                                        | 00:24:03 | 00:49:04 | 134 | 00:03:02 | 00:11:01 | 00:37:26 | 01:15:30 | 01:42:53 | 02:23:10 | 02:50:29 | 110  | 00:05:06 | 00:53:39 | 00:59:12 | 01:41:16 | 01: |
| 136 | SIUDA Marek              | 585 | KLINIKA TRIATHLONU BYDGOSZCZ | M-49 |                                        | 00:21:19 | 00:43:14 | 88  | 00:04:40 | 00:10:57 | 00:38:37 | 01:19:52 | 01:48:41 | 02:31:27 | 03:01:14 | 147  | 00:03:15 | 00:44:21 | 00:51:08 | 01:37:00 | 01: |
| 137 | GRABAREK Konrad          | 620 |                              | M-47 |                                        | 00:21:49 | 00:45:23 | 110 | 00:04:04 | 00:11:29 | 00:37:30 | 01:16:43 | 01:44:27 | 02:27:09 | 02:56:16 | 134  | 00:02:30 | 00:47:39 | 00:53:13 | 01:41:43 | 01: |
| 138 | MARCINIAK Przemysław     | 608 |                              | M-40 |                                        | 00:24:02 | 00:50:21 | 142 | 00:03:33 | 00:10:14 | 00:36:44 | 01:17:33 | 01:46:13 | 02:29:00 | 02:58:50 | 143  | 00:02:48 | 00:41:31 | 00:47:38 | 01:35:05 | 01: |
| 139 | BETLEJ Hubert            | 532 |                              | M-40 |                                        | 00:24:39 | 00:50:32 | 143 | 00:04:18 | 00:10:47 | 00:37:04 | 01:15:20 | 01:42:27 | 02:22:22 | 02:50:39 | 111  | 00:03:02 | 00:45:42 | 00:52:04 | 01:41:43 | 01: |
| 140 | PABIN Maksymilian        | 550 |                              | M-26 |                                        | 00:22:14 | 00:48:32 | 130 | 00:03:35 | 00:10:38 | 00:36:41 | 01:17:04 | 01:47:17 | 02:32:08 | 03:03:51 | 152  | 00:02:42 | 00:40:54 | 00:46:41 | 01:32:40 | 01: |
| 141 | WIŚNIEWSKI Zbigniew      | 588 | ROWEROWA BRZOZA              | M-56 | Rowerowa Brzoza                        | 00:23:44 | 00:48:24 | 129 | 00:05:39 | 00:10:46 | 00:37:14 | 01:17:39 | 01:45:54 | 02:29:26 | 02:58:08 | 140  | 00:03:59 | 00:41:42 | 00:47:38 | 01:36:24 | 01: |
| 142 | ZIĘBICKI Maciej          | 575 |                              | M-32 |                                        | 00:24:04 | 00:49:40 | 138 | 00:05:13 | 00:11:44 | 00:39:44 | 01:19:23 | 01:47:18 | 02:29:03 | 02:58:21 | 142  | 00:02:43 | 00:42:38 | 00:48:40 | 01:34:40 | 01: |
| 143 | KODZIS Piotr             | 548 |                              | M-48 |                                        | 00:24:52 | 00:54:11 | 156 | 00:06:14 | 00:12:09 | 00:42:07 | 01:27:36 | 01:59:42 | 02:45:36 | 03:16:04 | 170  | 00:04:14 | 00:32:41 | 00:37:10 | 01:12:13 | 01: |
| 144 | KLIMKOWSKI Mateusz       | 524 | DECATHLON TRIATHLON TEAM     | M-26 |                                        | 00:20:06 | 00:40:01 | 64  | 00:02:37 | 00:10:41 | 00:37:44 | 01:16:18 | 01:43:21 | 02:24:00 | 02:52:17 | 121  | 00:02:06 | 00:45:15 | 00:51:19 | 01:54:11 | 02: |
| 145 | KROPIDŁOWSKI Marcjusz    | 657 | UNLIMITED SPORT 2.0          | M-39 | Global Natureon Bochnia Biega Team     | 00:24:16 | 00:48:00 | 126 | 00:05:29 | 00:11:18 | 00:37:45 | 01:17:26 | 01:45:14 | 02:28:42 | 02:57:14 | 136  | 00:04:39 | 00:44:40 | 00:50:45 | 01:36:54 | 01: |
| 146 | WIŚNIEWSKI Piotr         | 508 | GEOTACH                      | M-40 |                                        | 00:19:18 | 00:40:10 | 67  | 00:03:10 | 00:11:07 | 00:38:19 | 01:19:30 | 01:48:04 | 02:32:16 | 03:02:43 | 150  | 00:03:19 | 00:44:15 | 00:50:29 | 01:43:54 | 01: |
| 147 | KRUCZKOWSKA-LASSAK Anita | 612 | AKADEMIA MISTRZÓW SPORTU AMS | K-42 | Akademia Mistrzów Sportu AMS Triathlon | 00:26:55 | 00:57:31 | 167 | 00:03:04 | 00:11:42 | 00:41:20 | 01:24:25 | 01:54:46 | 02:40:21 | 03:11:05 | 163  | 00:02:36 | 00:35:30 | 00:41:22 | 01:20:02 | 01: |
| 148 | MIĘTEK Zbigniew          | 545 |                              | M-46 |                                        | 00:23:55 | 00:49:52 | 140 | 00:03:06 | 00:11:05 | 00:37:39 | 01:19:49 | 01:47:16 | 02:30:30 | 02:58:12 | 141  | 00:06:16 | 00:47:05 | 00:53:57 | 01:38:31 | 01: |
| 149 | JARGIŁO Michał           | 509 |                              | M-35 |                                        | 00:27:06 | 00:54:27 | 160 | 00:03:24 | 00:12:36 | 00:39:30 | 01:19:11 | 01:48:01 | 02:31:55 | 03:02:38 | 149  | 00:04:43 | 00:42:01 | 00:48:38 | 01:34:21 | 01: |
| 150 | GRUDNIEWSKI Rafał        | 604 | SREBRNI TRI                  | M-42 |                                        | 00:25:07 | 00:51:03 | 144 | 00:03:42 | 00:11:15 | 00:39:32 | 01:21:34 | 01:50:25 | 02:33:36 | 03:02:05 | 148  | 00:02:27 | 00:44:17 | 00:50:36 | 01:40:19 | 01: |
| 151 | PAWLIK Mariusz           | 534 |                              | M-42 |                                        | 00:18:37 | 00:38:18 | 46  | 00:05:24 | 00:10:53 | 00:38:18 | 01:17:58 | 01:45:31 | 02:27:27 | 02:55:46 | 131  | 00:05:24 | 00:52:53 | 00:59:15 | 01:54:41 | 02: |
| 152 | JASZKOWSKA Aneta         | 675 | LANGE TRI COACH              | K-46 |                                        | 00:22:35 | 00:45:46 | 115 | 00:04:31 | 00:11:56 | 00:41:30 | 01:25:21 | 01:56:02 | 02:42:01 | 03:12:32 | 166  | 00:03:06 | 00:43:57 | 00:49:54 | 01:35:03 | 01: |
| 153 | BURSKI Filip             | 633 |                              | M-26 |                                        | 00:21:42 | 00:45:14 | 108 | 00:05:08 | 00:11:37 | 00:39:25 | 01:20:46 | 01:49:28 | 02:34:03 | 03:06:31 | 158  | 00:06:42 | 00:44:16 | 00:50:11 | 01:37:06 | 01: |
| 154 | WEIR Ruth                | 645 | GREENWICH TRITONS            | K-37 | GREENWICH TRITONS                      | 00:22:56 | 00:47:15 | 122 | 00:05:03 | 00:12:26 | 00:42:38 | 01:26:55 | 01:58:37 | 02:44:47 | 03:15:38 | 169  | 00:03:22 | 00:40:55 | 00:46:45 | 01:29:51 | 01: |
| 155 | NURKIEWICZ Jarosław      | 603 | KUNG FU PANDY 3              | M-51 |                                        | 00:26:47 | 00:57:16 | 165 | 00:02:20 | 00:11:42 | 00:39:09 | 01:21:26 | 01:51:37 | 02:35:33 | 03:05:45 | 155  | 00:04:36 | 00:40:52 | 00:46:43 | 01:33:11 | 01: |
| 156 | KOMOR Bogdan             | 661 | ROVICKY TEAM                 | M-44 | ROVICKY TEAM                           | 00:26:56 | 00:55:38 | 163 | 00:04:25 | 00:10:58 | 00:38:07 | 01:18:15 | 01:46:50 | 02:30:05 | 02:58:06 | 139  | 00:03:32 | 00:45:19 | 00:51:24 | 01:42:25 | 01: |
| 157 | KOCHANOWSKI Maciej       | 622 |                              | M-30 |                                        | 00:24:15 | 00:51:06 | 145 | 00:07:43 | 00:11:53 | 00:40:34 | 01:22:53 | 01:53:32 | 02:43:57 | 03:16:44 | 171  | 00:04:04 | 00:35:51 | 00:41:04 | 01:24:52 | 01: |
| 158 | KOSIŃSKI Robert          | 504 | NOKIA                        | M-40 | NOKIA                                  | 00:23:42 | 00:48:07 | 128 | 00:05:30 | 00:10:50 | 00:39:12 | 01:20:26 | 01:49:22 | 02:32:50 | 03:03:10 | 151  | 00:06:06 | 00:47:09 | 00:53:30 | 01:42:34 | 01: |
| 159 | LECH Mikołaj             | 629 |                              | M-37 |                                        | 00:30:13 | 01:06:15 | 176 | 00:04:58 | 00:11:15 | 00:40:22 | 01:27:29 | 01:57:54 | 02:43:53 | 03:13:31 | 168  | 00:03:06 | 00:36:37 | 00:41:37 | 01:20:27 | 01: |
| 160 | HAYES Mark               | 644 | GREENWICH TRITONS            | M-47 | GREENWICH TRITONS                      | 00:24:34 | 00:51:32 | 148 | 00:05:32 | 00:11:08 | 00:39:04 | 01:21:04 | 01:51:11 | 02:36:39 | 03:07:54 | 159  | 00:02:59 | 00:45:48 | 00:51:28 | 01:41:55 | 01: |
| 161 | SZYMCZAK Jakub           | 513 |                              | M-34 |                                        | 00:21:21 | 00:44:24 | 97  | 00:04:38 | 00:11:22 | 00:38:57 | 01:20:12 | 01:49:07 | 02:33:47 | 03:09:34 | 161  | 00:04:25 | 00:49:15 | 00:55:31 | 01:46:22 | 01: |
| 162 | GAWRON Marcin            | 615 | CAR-MAN                      | M-46 |                                        | 00:22:23 | 00:48:06 | 127 | 00:04:05 | 00:16:15 | 00:44:23 | 01:27:26 | 01:56:52 | 02:41:35 | 03:12:20 | 165  | 00:04:16 | 00:46:29 | 00:52:55 | 01:41:58 | 01: |
| 163 | BURSKI Paweł             | 632 |                              | M-53 |                                        | 00:23:01 | 00:47:19 | 123 | 00:04:15 | 00:11:48 | 00:40:22 | 01:22:33 | 01:52:36 | 02:38:49 | 03:10:35 | 162  | 00:04:30 | 00:47:45 | 00:54:51 | 01:45:54 | 01: |
| 164 | ZALESINSKI Marcin        | 634 |                              | M-42 |                                        | 00:20:46 | 00:42:13 | 80  | 00:03:23 | 00:11:05 | 00:38:43 | 01:19:51 | 01:49:00 | 02:34:02 | 03:04:54 | 154  | 00:03:35 | 00:54:29 | 01:02:18 | 02:00:58 | 02: |
| 165 | WAWRZYNIAK Kacper        | 617 |                              | M-23 |                                        | 00:29:42 | 01:03:27 | 174 | 00:05:16 | 00:11:18 | 00:40:43 | 01:24:08 | 01:54:12 | 02:41:09 | 03:12:47 | 167  | 00:06:08 | 00:40:24 |          |          |     |

|     |                     |     |                           |      | Pływanie          |          |          | Rower |          |          |          |          | Bieg     |          |          |     |          |          |          |          |          |
|-----|---------------------|-----|---------------------------|------|-------------------|----------|----------|-------|----------|----------|----------|----------|----------|----------|----------|-----|----------|----------|----------|----------|----------|
| 173 | ZAKLIŃSKA Katarzyna | 672 |                           | K-46 |                   | 00:25:51 | 00:52:45 | 153   | 00:07:41 | 00:13:40 | 00:45:34 | 01:34:03 | 02:07:57 | 03:04:15 | 03:38:50 | 178 | 00:08:21 | 01:00:34 | 01:07:24 | 01:59:35 | 02:00:00 |
| 174 | GRAUL Romuald       | 686 | UNITED GUITARS            | M-60 |                   | 00:34:56 | 01:10:59 | 180   | 00:09:50 | 00:12:56 | 00:46:09 | 01:35:13 | 02:08:32 | 02:59:18 | 03:32:24 | 175 | 00:05:49 | 00:59:48 | 01:05:45 | 02:02:32 | 02:00:00 |
|     | SOBCZAK Marcin      | 592 | SOBCZAKTEAM               | M-51 |                   | 00:17:20 | 00:35:46 | 28    | 00:02:29 | 00:09:38 | 00:33:33 | 01:06:32 | 01:29:57 | 02:03:57 | 02:28:13 | 23  | 00:02:28 | 00:31:00 | 00:36:17 |          |          |
|     | ŁUCZAK Paweł        | 526 | TKKF KOLEJARZ BYDGOSZCZ   | M-53 |                   | 00:22:39 | 00:46:57 | 118   | 00:02:20 | 00:10:25 | 00:35:16 | 01:11:23 | 01:36:52 | 02:16:04 | 02:44:06 | 79  | 00:02:38 |          |          |          |          |
|     | WYSMOLINSKI Rafał   | 549 |                           | M-45 |                   | 00:19:37 | 00:40:04 | 66    | 00:03:13 | 00:10:10 | 00:34:10 | 01:09:08 | 01:33:52 |          |          |     |          |          |          |          |          |
|     | KIRKLAND Jim        | 19  | GREENWICH TRITONS         | M-67 | Greenwich Tritons | 00:28:41 | 00:59:42 | 171   | 00:09:04 | 00:11:34 | 00:41:07 | 01:26:35 | 01:58:07 |          |          |     |          |          |          |          |          |
|     | GOSZ Marcin         | 680 | ENDURE TEAM               | M-43 |                   | 00:18:51 | 00:38:46 | 51    | 00:02:44 | 00:10:03 | 00:34:10 | 01:10:09 | 01:37:03 |          |          |     |          |          |          |          |          |
|     | SPRYSZYŃSKI Michał  | 654 | TRIRODZINKA               | M-34 |                   | 00:22:05 | 00:45:34 | 114   | 00:03:33 | 00:10:49 | 00:36:43 | 01:14:52 | 01:42:18 | 02:24:58 | 02:56:01 | 133 | 00:02:43 |          |          |          |          |
|     | PARTYKA Rafał       | 547 | RAFAL AGAINST THE MACHINE | M-45 |                   | 00:17:16 | 00:34:53 | 19    | 00:02:39 | 00:09:20 | 00:32:04 | 01:05:28 | 01:29:35 | 02:05:03 | 02:29:42 | 26  | 00:01:59 | 00:30:29 | 00:34:50 |          |          |

Znaleziono 181 wynik(ów)