



METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Event: Metalkas Ocean Lava Triathlon Polska
Organiser: Towarzystwo Sportowe TRI-SPORT
Date: 2022-08-20
Place: Bydgoszcz
Distance: 113 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Classification: All

Split point: 22,2 km

						Swimming			T1	Cycling		T2	Race
Place	Participant	Number	Club	Category	Drużyna 1	P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 4.9km	R_Lidl 19.9km		
1	SAWIEŁAJC Jakub	560	TM IRON TEAM	M-23	TM Iron Team	00:14:01	00:28:22	1	00:02:22	00:08:32	00:30:03		
2	DĄBROWSKI Dariusz	708	ILABO RACING TEAM POWERED BY CTS	M-48		00:14:47	00:30:13	2	00:02:01	00:09:10	00:31:24		
3	KOMPA Marcin	710	IM INSPIRATION	M-23	IM Inspiration Team	00:15:12	00:30:27	5	00:02:12	00:08:42	00:32:05		
4	KONIECZNY Marcin	501	K.S. NIEMANIEMOGE	M-50		00:16:17	00:33:21	8	00:01:53	00:08:54	00:30:46		
5	MALINOWSKI Jarosław	652	KARAŚ TRIATHLON&SWIM TEAM / TRIMALINY	M-40	Karaś Tri&Swim Team	00:16:44	00:34:09	14	00:02:03	00:08:54	00:30:39		
6	PODWYSOCKI Marcin	527	CTS	M-34	CTS	00:15:02	00:30:25	4	00:02:39	00:10:02	00:33:55		
7	KRÓL Hubert	669	WWW.TRENERTRIATHLONU.PL	M-36		00:15:03	00:30:21	3	00:02:00	00:10:01	00:34:41		
8	KOWALCZYK Piotr	616	KAZIKI	M-41	KAZIKI	00:16:19	00:33:30	11	00:02:04	00:09:06	00:31:34		
9	STARON Piotr	541	STARZYNSKI.COACH	M-43		00:16:41	00:33:39	13	00:03:09	00:08:54	00:30:52		
10	KLYM Yurii	684		M-37		00:16:58	00:35:04	22	00:02:00	00:08:59	00:30:45		
11	BLADOWSKI Artur	695	KLUB KOLARSKI ŁOWICZ	M-38		00:17:00	00:35:03	21	00:00:57	00:10:14	00:31:53		
12	MATUSIAK Mateusz	625	SNG WILD DUCKS	M-35	SNG WILD DUCKS	00:16:22	00:33:38	12	00:02:32	00:09:14	00:31:54		
13	WIĘCKOWSKI Dariusz	528	AMS TRIATHLON AKADEMIA MISTRZÓW SPORTU AMS	M-42	Akademia Mistrzów Sportu AMS Triathlon	00:16:26	00:33:01	7	00:02:19	00:10:06	00:33:38		
14	JEŻEK Petr	663	IAMX	M-45		00:16:57	00:34:30	18	00:02:57	00:09:08	00:31:35		
15	BYCH Maciej	512	TRIDEA TEAM	M-47	Tridea TEAM	00:16:55	00:34:27	17	00:02:15	00:09:24	00:32:21		
16	KRUPICKA Tomasz	655	IRONSPORT ELPO	M-35		00:17:16	00:35:27	26	00:02:11	00:09:16	00:31:35		
	PARTYKA Rafał	547	RAFAL AGAINST THE MACHINE	M-45		00:17:16	00:34:53	19	00:02:39	00:09:20	00:32:04		
18	MASZEWSKI Dariusz	631	TRIATHLON TEAM BOCHNIA	M-44	Triathlon Team Bochnia	00:16:32	00:33:25	9	00:03:39	00:09:33	00:33:06		
19	TRZASKA Przemysław	556	DREAM TRI TEAM	M-37		00:18:21	00:36:31	33	00:01:47	00:09:01	00:32:23		

						Swimming			Tri	Cycling		Race
20	MALINOWSKI Mariusz	653	KARAŚ TRI&SWIM TEAM	M-35	Karaś Tri&Swim Team	00:16:49	00:34:12	16	00:02:19	00:09:41	00:34:52	
21	NOWAK Andrzej	640	GT RAT	M-40		00:17:48	00:36:24	32	00:02:18	00:08:50	00:32:42	
22	SZYMAŃSKI Piotr	572	MIELCARKS TEAM	M-29	Mielcarks Team	00:17:22	00:35:42	27	00:03:20	00:09:22	00:32:43	
	SOBCZAK Marcin	592	SOBCZAKTEAM	M-51		00:17:20	00:35:46	28	00:02:29	00:09:38	00:33:33	
24	MODER Bartłomiej	697	KAZIKI	M-33	KAZIKI	00:17:04	00:35:16	24	00:02:43	00:09:44	00:33:56	
25	ANDRAŁOJC Anna	673	TM IRON TEAM	K-31	TM Iron Team	00:17:17	00:35:22	25	00:02:38	00:10:04	00:34:05	
26	KLONOWSKI Tomasz	649	PLATAN	M-44		00:18:23	00:37:24	40	00:02:29	00:09:29	00:32:35	
27	DOBOSZ Michał	665	COMEXSPORTS TRIATHLON TEAM	M-46		00:17:42	00:36:12	30	00:02:46	00:09:54	00:34:09	
28	KLAPUCH Michał	573	EWA BUGDOŁ TEAM	M-42		00:18:07	00:37:19	39	00:02:55	00:09:46	00:33:05	
29	CELMER Marcin	507	PTT DELTA	M-41	PTT DELTA	00:19:15	00:38:56	52	00:02:24	00:09:20	00:32:15	
30	KILIJAŃCZYK Piotr	658		M-42		00:18:58	00:39:15	56	00:02:02	00:09:19	00:32:19	
31	MAĆZKA Dawid	637	THRIATLON TEAM BOCHNIA	M-25	Triathlon Team Bochnia	00:16:34	00:33:26	10	00:03:19	00:10:44	00:36:53	
32	SOBIK Andrzej	557		M-44		00:18:10	00:37:18	37	00:03:23	00:09:39	00:32:59	
33	JONES Shelley	646	GREENWICH TRITONS	K-42	GREENWICH TRITONS	00:15:37	00:31:23	6	00:03:43	00:11:21	00:38:43	
34	SZMIDT Janusz	688	TRINERGY	M-52		00:18:22	00:37:39	41	00:03:31	00:09:49	00:32:51	
35	KASTRAU Tomasz	574		M-41	Run4Fun	00:16:55	00:34:56	20	00:03:22	00:10:28	00:36:10	
36	KUBANEK Łukasz	590	TEAMOCHAL	M-39	TEAM OCHAL	00:19:48	00:40:13	68	00:03:06	00:09:14	00:31:09	
37	NOWICKI Bartosz	694	TRISPACE/TREK	M-34	TRISPACE/TREK	00:16:38	00:34:11	15	00:02:39	00:11:49	00:37:45	
38	SENGER Robert	536	TRIZARZA	M-40		00:18:01	00:36:11	29	00:02:53	00:10:27	00:35:33	
39	WIERZYŃSKI Damian	569	TRISPACE /TREK	M-34	TRISPACE/TREK	00:19:58	00:40:50	75	00:02:01	00:09:18	00:31:55	
40	MUCHA Bartłomiej	636	TRIATHLON TEAM BOCHNIA	M-25		00:17:38	00:36:16	31	00:03:49	00:10:04	00:35:12	
41	POLASIK Michał	571	RUN4FUN	M-35	Run4Fun	00:17:36	00:36:38	34	00:02:47	00:10:21	00:36:15	
	GOSZ Marcin	680	ENDURE TEAM	M-43		00:18:51	00:38:46	51	00:02:44	00:10:03	00:34:10	
43	DAWIDOWICZ Maciej	559	TRISPCE/TREK	M-44	TRISPACE/TREK	00:19:19	00:39:23	58	00:02:43	00:09:47	00:33:38	
44	PORZYCH Rafał	607	RAFSON.TV / PORZYCH.PL	M-24		00:18:46	00:39:28	59	00:02:43	00:09:37	00:33:37	
45	KRAJEWSKI Tomasz	677	KP PSP INOWROCŁAW	M-34		00:18:23	00:37:16	35	00:03:09	00:10:40	00:35:24	
46	CZAJKOWSKI Krzysztof	698		M-47		00:19:21	00:39:37	62	00:02:24	00:09:59	00:34:07	
47	KINDLER Maciej	670		M-36		00:18:35	00:39:06	54	00:03:02	00:10:16	00:34:08	
48	RAAG Reemo	676		M-38		00:18:42	00:38:13	45	00:03:44	00:09:48	00:34:30	
49	KAZIMIERCZYK Adam	671	PTT DELTA	M-42	PTT DELTA	00:18:57	00:38:18	47	00:03:27	00:10:25	00:34:50	
50	NOSEK Maciej	628	TRIATHLON TEAM BOCHNIA	M-55		00:21:15	00:42:22	83	00:02:11	00:09:07	00:32:09	
51	HIPNAROWICZ Grzegorz	551	SPORTTREND.PL	M-43		00:18:56	00:39:04	53	00:02:52	00:10:01	00:34:47	
52	KAMIŃSKI Tomasz	505	IM INSPIRATION TEAM	M-42	IM Inspiration Team	00:21:13	00:42:52	87	00:02:22	00:09:11	00:31:36	

					Swimming			T1	Cycling		T2	Race
53	JANUSZKIEWICZ Piotr	563	REBELIA UNDERGROUND TRIATHLON	M-40	00:19:25	00:39:31	61	00:02:52	00:10:08	00:34:32		
54	MODZELEWSKI Maciej	643	KLUB KOLARSKI ŁOWICZ	M-38	00:20:31	00:42:28	84	00:02:43	00:09:25	00:31:46		
55	ŁAPAWA Dariusz	641	MOCNI W GĘBIE	M-39	00:18:26	00:38:24	48	00:04:27	00:09:51	00:34:31		
56	SZYNALIK Sławomir	690	KIKATEAM	M-49	00:19:21	00:40:15	69	00:03:17	00:09:41	00:33:52		
	WYSMOLIŃSKI Rafał	549		M-45	00:19:37	00:40:04	66	00:03:13	00:10:10	00:34:10		
58	KULIK Michał	662	HTF LUDWIK SIKORSKI	M-43	00:19:26	00:39:50	63	00:03:42	00:10:07	00:33:56		
59	SZCZERBA Maciej	519	TRITYTKA	M-50	00:19:29	00:40:24	70	00:02:32	00:10:27	00:34:36		
60	SZCZYRBOWSKI Michał	543	TURBOKILLA	M-41	00:19:49	00:40:45	73	00:03:55	00:09:45	00:33:04		
61	WODA Ewelina	621	WYTRZYMALI	K-38	00:18:24	00:37:19	38	00:03:59	00:10:49	00:36:35		
62	GRZEBYTA Mateusz	619	MTB START KARTUZY	M-35	00:18:54	00:39:29	60	00:03:07	00:10:31	00:35:20		
63	GÓRZYŃSKI Tomasz	529	TORUŃSKI KLUB TRIATHLONOWY	M-46	Toruński Klub Triathlonowy	00:18:13	00:37:51	42	00:04:46	00:10:13	00:35:26	
64	PIC Dawid	586		M-30		00:18:49	00:39:06	55	00:02:53	00:10:32	00:36:13	
65	BUGALSKI Wojciech	610	AKADEMIA MISTRZÓW SPORTU	M-44	Akademia Mistrzów Sportu AMS Triathlon	00:19:50	00:40:52	76	00:02:45	00:10:14	00:34:37	
66	SMOCZYŃSKI Marek	583	MBC TEAM	M-41		00:21:26	00:43:49	92	00:03:43	00:09:09	00:31:47	
67	KRZYSTOLIK Marta	546		K-21		00:18:20	00:37:18	36	00:03:21	00:10:52	00:38:44	
68	KOZŁOWSKI Jacek	520	PTT DELTA	M-45	PTT DELTA	00:20:49	00:42:18	81	00:03:24	00:09:40	00:33:57	
69	WOŁK Agata	691	LITWIN SPORTS	K-27		00:19:32	00:40:03	65	00:02:25	00:10:41	00:37:15	
70	GNIOT Jacek	539	TRISPACE/TREK / 8 KUJAWSKO-POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M-51	TRISPACE/TREK	00:21:55	00:44:48	101	00:02:06	00:09:46	00:33:00	
71	JANKOWSKI Tomasz	565	TRISPACE/TREK	M-49	TRISPACE/TREK	00:20:19	00:42:21	82	00:03:29	00:09:59	00:34:05	
72	MULARCZYK Jacek	687	RUNPASSION TEAM	M-52		00:21:35	00:43:42	91	00:03:07	00:09:56	00:33:06	
73	JARMOSZEWICZ Łukasz	522		M-49	TKT	00:21:38	00:43:17	89	00:03:11	00:09:59	00:33:33	
74	FIEGEL Wojciech	518	TRISPACE/TREK	M-44	TRISPACE/TREK	00:20:36	00:42:48	86	00:02:30	00:10:33	00:34:46	
75	KMIEĆ Karolina	707	TM IRON TEAM	K-39	TM Iron Team	00:19:51	00:40:30	72	00:02:58	00:10:52	00:36:53	
76	KLIMKOWSKI Mateusz	524	DECATHLON TRIATHLON TEAM	M-26		00:20:06	00:40:01	64	00:02:37	00:10:41	00:37:44	
77	OGIŃSKI Piotr	635	TRIATHLON TEAM BOCHNIA	M-45	Triathlon Team Bochnia	00:17:31	00:35:13	23	00:03:01	00:17:52	00:42:10	
78	KOZMIŃCZUK-MARKULAK Agnieszka	679	TM IRON TEAM	K-40	TM Iron Team	00:18:49	00:38:39	50	00:03:16	00:11:12	00:38:36	
79	SZYTTHENHOLM Oliwier	530	TRISPACE/TREK	M-40	TRISPACE/TREK	00:20:46	00:43:22	90	00:02:49	00:10:08	00:34:37	
80	BUDZIŁO Adam	561	PTT DELTA	M-50	PTT DELTA	00:19:28	00:40:29	71	00:04:25	00:10:20	00:36:23	
81	KIEDROWSKI Jerzy	600	MIELCARKS TEAM	M-29	Mielcarks Team	00:21:06	00:40:48	74	00:04:53	00:10:31	00:35:47	

						Swimming			T1	Cycling		T2	Race
82	WIŚNIEWSKI Piotr	508	GEOTACH	M-40		00:19:18	00:40:10	67	00:03:10	00:11:07	00:38:19		
83	PAWLIK Mariusz	534		M-42		00:18:37	00:38:18	46	00:05:24	00:10:53	00:38:18		
84	MAKOWSKI Marek	660	WTP / EXATEL	M-39		00:18:56	00:38:30	49	00:05:35	00:11:00	00:37:56		
85	KOSMATKA Paweł	503		M-29		00:21:47	00:45:34	113	00:02:29	00:10:07	00:34:05		
86	MIELCAREK Maciej	597	MIELCARKS TEAM	M-32	Mielcarks Team	00:18:18	00:37:58	43	00:04:19	00:14:11	00:39:59		
87	GRUBA Marek	580	TRISPACE TREK	M-34	TRISPACE/TREK	00:20:21	00:41:44	79	00:03:09	00:10:49	00:37:32		
88	KAPSA Dawid	538	TRISPACE/TREK	M-44	TRISPACE/TREK	00:22:28	00:45:28	111	00:02:52	00:10:16	00:34:13		
89	KOSTYGOV Pavel	702		M-33		00:20:03	00:41:31	78	00:05:11	00:10:55	00:36:01		
90	NOWICKI Adam	553		M-49		00:21:37	00:44:48	100	00:02:35	00:10:30	00:35:28		
91	KRAUSE Szymon	578	SREBRNI TRI	M-40		00:21:32	00:44:07	95	00:03:14	00:10:51	00:35:47		
92	KŁOSOK Wojciech	683	CROSS SPORT	M-43		00:20:57	00:43:53	93	00:03:51	00:10:10	00:35:31		
93	TRZASKOWSKI Tomasz	568		M-42		00:21:20	00:42:48	85	00:04:35	00:10:34	00:36:05		
94	LISOWSKI Aleksander	701	AUTODNA	M-36		00:22:25	00:45:31	112	00:02:45	00:10:12	00:35:16		
95	ZALESINSKI Marcin	634		M-42		00:20:46	00:42:13	80	00:03:23	00:11:05	00:38:43		
96	WALKOWIAK Bartosz	624		M-40		00:21:31	00:44:06	94	00:03:10	00:10:49	00:37:10		
	ŁUCZAK Paweł	526	TKKF KOLEJARZ BYDGOSZCZ	M-53		00:22:39	00:46:57	118	00:02:20	00:10:25	00:35:16		
98	DROŹDŹ Małgorzata	609	AKADEMIA MISTRZÓW SPORTU	K-43	Akademia Mistrzów Sportu AMS Triathlon	00:22:03	00:44:36	98	00:03:13	00:10:53	00:37:04		
99	KWAPIŃSKI Damian	562	TEAMOCHAL	M-41	TEAM OCHAL	00:22:34	00:47:29	124	00:03:46	00:10:10	00:33:47		
100	TYSZKA Filip	537	KRISS COACHING	M-41		00:23:33	00:48:34	131	00:02:37	00:09:54	00:33:57		
101	MARKIEWICZ Bartosz	514	PTT DELTA	M-33	PTT DELTA	00:21:03	00:44:49	102	00:04:02	00:10:43	00:36:29		
102	WISNIEWSKI Piotr	693	DBR77	M-45		00:19:57	00:41:17	77	00:04:29	00:11:57	00:39:41		
103	GRUSZCZYK Grzegorz	544	IMPACT BIELSKO-BIAŁA	M-40		00:22:23	00:45:03	106	00:04:18	00:10:16	00:36:11		
104	KONKEL Bartosz	605		M-36		00:21:52	00:44:38	99	00:04:33	00:10:22	00:36:23		
105	TRUSKOLAWSKA Ola	638	TRIDEA TEAM	K-46		00:22:47	00:47:00	119	00:03:40	00:09:59	00:34:55		
	SPRYSZYŃSKI Michał	654	TRIRODZINKA	M-34		00:22:05	00:45:34	114	00:03:33	00:10:49	00:36:43		
107	DOMERACKI Damian	525		M-42		00:22:18	00:46:18	117	00:03:49	00:10:37	00:35:57		
108	SKŁADANOWSKI Marek	682		M-33		00:18:47	00:38:00	44	00:03:19	00:10:34	00:44:46		
109	MACIEJEWSKI Grzegorz	692	DANFOSS RACE TEAM	M-40		00:22:16	00:45:03	105	00:03:21	00:11:06	00:37:49		
110	SIUDA Marek	585	KLINIKA TRIATHLONU BYDGOSZCZ	M-49		00:21:19	00:43:14	88	00:04:40	00:10:57	00:38:37		
111	STEFANIAK Asia	555		K-34		00:22:11	00:45:15	109	00:03:59	00:10:43	00:37:25		
112	HADASZ Ewa	699	TRI&MORE	K-48		00:22:24	00:44:52	103	00:03:06	00:11:30	00:38:49		

						Swimming			T1	Cycling		T2	Race
113	MIELCAREK Jędrzej	595	MIELCARKS TEAM	M-29	Mielcarks Team	00:21:13	00:45:06	107	00:05:15	00:10:35	00:36:36		
114	GRABAREK Konrad	620		M-47		00:21:49	00:45:23	110	00:04:04	00:11:29	00:37:30		
115	MOSKAL Aleksander Moskal	542		M-60		00:21:26	00:44:14	96	00:03:52	00:11:25	00:38:56		
116	KOPIŃSKA-KRÓL Magdalena	579	IM INSPIRATION	K-46	IM Inspiration Team	00:22:46	00:46:04	116	00:02:48	00:11:19	00:38:26		
117	ZAKRZEWSKI Jarosław	591		M-49		00:23:48	00:49:23	136	00:02:51	00:10:28	00:35:19		
118	SZYMCZAK Jakub	513		M-34		00:21:21	00:44:24	97	00:04:38	00:11:22	00:38:57		
119	CZERWIAKOWSKI Sebastian	650		M-48		00:21:43	00:44:59	104	00:05:50	00:10:44	00:37:16		
120	ZAWIEROWSKA Ewelina	511	SOCZAKTEAM	K-37		00:18:57	00:39:17	57	00:03:01	00:16:06	00:45:56		
121	PIGUŁA Agnieszka	703	UAM TRIATHLON POZNAŃ	K-44		00:23:06	00:47:50	125	00:03:00	00:11:04	00:37:26		
122	PABIN Maksymilian	550		M-26		00:22:14	00:48:32	130	00:03:35	00:10:38	00:36:41		
123	MAŁACHA Dawid	510	KU AZS POLITECHNIKA BYDGOSKA	M-27		00:23:35	00:49:01	133	00:02:24	00:10:58	00:37:42		
124	KULIŃSKI Grzegorz	587		M-29		00:23:38	00:48:48	132	00:03:25	00:10:49	00:37:11		
125	KRYPIN Marta	531	RUNPROGRESSTEAM	K-36		00:24:03	00:49:04	134	00:03:02	00:11:01	00:37:26		
126	CAMPOBASSO Luca	667		M-31		00:22:34	00:47:12	121	00:05:40	00:10:55	00:36:51		
127	BURSKI Filip	633		M-26		00:21:42	00:45:14	108	00:05:08	00:11:37	00:39:25		
128	LIZIK Radosław	668	TRISPACE/TREK	M-47	TRISPACE/TREK	00:23:54	00:49:19	135	00:03:49	00:10:51	00:36:47		
129	STĘPNIAK Krzysztof	594	RUN4FUN	M-44	Run4Fun	00:23:32	00:49:47	139	00:04:29	00:10:36	00:35:57		
130	MIĘTEK Zbigniew	545		M-46		00:23:55	00:49:52	140	00:03:06	00:11:05	00:37:39		
131	MARCINIAK Przemysław	608		M-40		00:24:02	00:50:21	142	00:03:33	00:10:14	00:36:44		
132	ANDRZEJAK Robert	554	VAMOS	M-46		00:23:56	00:51:26	147	00:03:41	00:10:24	00:36:07		
133	KROPIDŁOWSKI Marcjusz	657	UNLIMITED SPORT 2.0	M-39	Global Natureon Bochnia Biega Team	00:24:16	00:48:00	126	00:05:29	00:11:18	00:37:45		
134	WIŚNIEWSKI Zbigniew	588	ROWEROWA BRZOZA	M-56	Rowerowa Brzoza	00:23:44	00:48:24	129	00:05:39	00:10:46	00:37:14		
135	BRYGIER Jacek	705	PTT DELTA	M-51	PTT DELTA	00:25:13	00:52:02	149	00:03:30	00:10:30	00:35:48		
136	KĘDZIERSKI Michał	516	HTF LUDWIK SIKORSKI	M-37		00:24:24	00:49:39	137	00:04:16	00:11:04	00:37:44		
137	KĄTNIK Jacek	567	BUDINVEST	M-52		00:26:13	00:54:16	157	00:02:46	00:10:13	00:34:39		
138	JASZKOWSKA Aneta	675	LANGE TRI COACH	K-46		00:22:35	00:45:46	115	00:04:31	00:11:56	00:41:30		
139	BETLEJ Hubert	532		M-40		00:24:39	00:50:32	143	00:04:18	00:10:47	00:37:04		
140	BURSKI Paweł	632		M-53		00:23:01	00:47:19	123	00:04:15	00:11:48	00:40:22		
141	KOSIŃSKI Robert	504	NOKIA	M-40	NOKIA	00:23:42	00:48:07	128	00:05:30	00:10:50	00:39:12		
142	GRUBA Jacek	533	TRISPACE/TREK	M-62	TRISPACE/TREK	00:24:17	00:50:12	141	00:03:54	00:11:29	00:39:10		
143	CICHOŃSKA-BAZAK Marzena	576		K-49		00:25:20	00:52:12	151	00:03:23	00:11:18	00:38:03		

					Swimming			T	Cycling		T	Race
144	ORLOWSKI Jakub	666		M-33		00:22:17	00:47:01	120	00:06:01	00:11:35	00:40:41	
145	WŁODARCZYK Wojciech	602	CZARNE STOPY	M-58		00:24:29	00:51:20	146	00:04:16	00:11:30	00:38:20	
146	GRUDNIEWSKI Rafał	604	SREBRNI TRI	M-42		00:25:07	00:51:03	144	00:03:42	00:11:15	00:39:32	
147	ZIĘBICKI Maciej	575		M-32		00:24:04	00:49:40	138	00:05:13	00:11:44	00:39:44	
148	AL-DRAWI Joanna	674	IM INSPIRATION TEAM	K-44	IM Inspiration Team	00:24:51	00:52:15	152	00:05:00	00:10:49	00:37:27	
149	WEIR Ruth	645	GREENWICH TRITONS	K-37	GREENWICH TRITONS	00:22:56	00:47:15	122	00:05:03	00:12:26	00:42:38	
150	NEBELING Wojciech	651		M-52		00:25:08	00:52:11	150	00:05:42	00:10:58	00:38:07	
151	HAYES Mark	644	GREENWICH TRITONS	M-47	GREENWICH TRITONS	00:24:34	00:51:32	148	00:05:32	00:11:08	00:39:04	
152	SIECZKO Tomasz	582	TEAM SIECZKO	M-34		00:25:38	00:53:39	155	00:05:49	00:10:46	00:36:42	
153	NOWAK Dariusz	626	TRIATHLON TEAM BOCHNIA	M-46	Triathlon Team Bochnia	00:27:56	00:56:27	164	00:05:00	00:09:45	00:34:59	
154	GAWRON Marcin	615	CAR-MAN	M-46		00:22:23	00:48:06	127	00:04:05	00:16:15	00:44:23	
155	LIZIK Arkadiusz	581		M-43		00:29:44	00:59:17	170	00:02:51	00:09:45	00:34:46	
156	BAŁDYGA Paweł	659	PAWEŁ BAŁDYGA	M-42		00:26:30	00:54:24	158	00:04:29	00:11:23	00:38:01	
157	JARGIŁO Michał	509		M-35		00:27:06	00:54:27	160	00:03:24	00:12:36	00:39:30	
158	ROMAN Agnieszka	664	TRIATHLON TEAM BOCHNIA	K-36	Triathlon Team Bochnia	00:26:28	00:54:26	159	00:04:36	00:12:01	00:38:24	
159	KOMOR Bogdan	661	ROVICKY TEAM	M-44	ROVICKY TEAM	00:26:56	00:55:38	163	00:04:25	00:10:58	00:38:07	
160	WRZOSEK Jarosław	648		M-51		00:26:57	00:55:26	162	00:04:44	00:11:04	00:38:33	
161	NURKIEWICZ Jarosław	603	KUNG FU PANDY 3	M-51		00:26:47	00:57:16	165	00:02:20	00:11:42	00:39:09	
162	KOCHANOWSKI Maciej	622		M-30		00:24:15	00:51:06	145	00:07:43	00:11:53	00:40:34	
163	RAŻNIEWSKI Łukasz	502		M-46		00:25:43	00:57:18	166	00:04:12	00:10:51	00:38:19	
164	BEDYK Ireneusz	506	PTT DELTA	M-65	PTT DELTA	00:27:24	00:57:31	168	00:04:23	00:10:54	00:38:19	
165	CYREK Grzegorz	614		M-48		00:27:45	00:59:53	172	00:06:34	00:09:45	00:34:01	
166	KRUCZKOWSKA-LASSAK Anita	612	AKADEMIA MISTRZÓW SPORTU AMS	K-42	Akademia Mistrzów Sportu AMS Triathlon	00:26:55	00:57:31	167	00:03:04	00:11:42	00:41:20	
167	ADAMCZEWSKA Agnieszka	678	IRON HOUSE WŁOCŁAWEK	K-47		00:26:39	00:54:34	161	00:06:04	00:12:14	00:41:34	
168	KODZIS Piotr	548		M-48		00:24:52	00:54:11	156	00:06:14	00:12:09	00:42:07	
169	BRULIŃSKA Monika	704	CELIRONMAN	K-46		00:29:02	00:57:55	169	00:04:18	00:11:27	00:40:28	
170	GUDELL Radosław	596	GRUPA MODERATOR	M-46		00:25:49	00:52:59	154	00:08:00	00:13:14	00:42:58	
171	ZAKLIŃSKA Katarzyna	672		K-46		00:25:51	00:52:45	153	00:07:41	00:13:40	00:45:34	
172	WAWRZYNIAK Kacper	617		M-23		00:29:42	01:03:27	174	00:05:16	00:11:18	00:40:43	
	KIRKLAND Jim	19	GREENWICH TRITONS	M-67	Greenwich Tritons	00:28:41	00:59:42	171	00:09:04	00:11:34	00:41:07	
174	LECH Mikołaj	629		M-37		00:30:13	01:06:15	176	00:04:58	00:11:15	00:40:22	
175	KUBOWICZ Piotr	606	QBOWICZ RODZINNA MAFIA BIEGOWA /PEGAZ	M-60		00:31:16	01:07:15	178	00:05:51	00:11:11	00:39:13	

						Swimming			T1	Cycling		T2	Race	Score
176	BINKOWSKI Czarus	706	LKS BOGMAR OSTROMECKO	M-49	00:30:23	01:01:52	173	00:06:53	00:12:52	00:45:21				
177	GÓRSKI Bartosz	618		M-48	00:34:29	01:06:58	177	00:05:59	00:12:21	00:44:03				
178	ŁAPIŃSKI Jakub	656	UNLIMITED SPORT 2.0	M-39	00:32:05	01:05:59	175	00:09:17	00:12:09	00:42:12				
179	MAĆKOWSKA Magdalena	696	MAGDALENA_M_TRI	K-37	00:35:41	01:13:52	181	00:04:36	00:12:00	00:42:21				
180	WALCZAK Paweł	623		M-33	00:35:04	01:09:48	179	00:06:41	00:13:29	00:46:15				
181	GRAUL Romuald	686	UNITED GUITARS	M-60	00:34:56	01:10:59	180	00:09:50	00:12:56	00:46:09				

Total 181 results.