

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2023-08-19  
**Miejsce:** Bydgoszcz  
**Dystans:** 113 km

Klasyfikacja: Wszyscy

Punkt pomiarowy: 99,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie			Poz	Rower						Poz	Bieg	
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Lidl 18.6km	R_Kusowo 36.5km	R_Lidl 54.2km	R_Kusowo 72km	R_Lidl 89.8km	Poz		B_Anouncer 6.465km	B_Anouncer 7.265km
1	MARCINEK Tomasz	737	TM IRON TEAM	M-32	TM IronTeam	00:13:29	<b>00:27:31</b>	1	00:01:58	00:26:39	00:53:24	01:18:07	01:45:04	<b>02:10:06</b>	2	00:00:57	00:23:22	00:26:24
2	SAWIEŁAJC Jakub	691	TM IRON TEAM	M-24	TM IronTeam	00:14:49	<b>00:29:49</b>	3	00:02:09	00:26:24	00:52:58	01:18:03	01:46:11	<b>02:12:33</b>	3	00:01:59	00:26:14	00:29:50
3	RACEK Tomáš	734	IRONSTARS BEROUN	M-42		00:16:47	<b>00:34:45</b>	14	00:02:44	00:26:26	00:53:30	01:18:23	01:45:56	<b>02:10:03</b>	1	00:02:24	00:26:38	00:30:06
4	MADRASSI Giacomo	677	TRI TEAM PULLY	M-33	Mielcarsk Team	00:13:40	<b>00:27:42</b>	2	00:03:26	00:28:38	00:57:19	01:23:58	01:52:59	<b>02:19:36</b>	4	00:01:41	00:26:45	00:30:12
5	GRONDZIEWSKI Dariusz	663	PHO3NIX GVT TEAM	M-42	Pho3nix GVT Team	00:14:36	<b>00:29:51</b>	4	00:03:16	00:28:12	00:57:23	01:24:36	01:54:34	<b>02:21:34</b>	8	00:01:55	00:29:20	00:33:23
6	KAMIŃSKI Tomasz	717	TM IRONTEAM	M-41	TM IronTeam	00:17:08	<b>00:34:41</b>	13	00:02:32	00:28:28	00:57:39	01:24:55	01:55:03	<b>02:22:35</b>	10	00:02:04	00:27:07	00:30:43
7	WASYLUK Cezary	746	CONTROTLEC	M-34		00:16:17	<b>00:32:53</b>	7	00:02:13	00:28:55	00:58:59	01:26:21	01:57:10	<b>02:24:44</b>	15	00:01:32	00:28:06	00:31:41
8	GRZYBEK Lukasz	656	TRIATHLON IQ	M-42		00:18:54	<b>00:39:47</b>	50	00:02:37	00:29:49	00:59:33	01:26:57	01:56:48	<b>02:24:24</b>	14	00:01:45	00:24:55	00:28:04
9	WOJCIECHOWSKI Norbert	522		M-43		00:19:19	<b>00:39:22</b>	44	00:02:53	00:29:00	00:58:19	01:25:39	01:56:37	<b>02:24:04</b>	13	00:01:38	00:27:09	00:30:41
10	ZIĘBA Adam	501	TRISPACE/TREK	M-50	TRISPACE/TREK	00:20:14	<b>00:42:03</b>	75	00:02:55	00:28:22	00:57:39	01:24:36	01:54:39	<b>02:22:01</b>	9	00:01:47	00:27:08	00:30:38
11	GECZEW Pawel	615		M-30		00:22:02	<b>00:43:57</b>	99	00:02:15	00:28:05	00:57:18	01:24:13	01:54:29	<b>02:22:38</b>	11	00:02:08	00:25:48	00:29:12
12	GOŁYŚ Grzegorz	643		M-26		00:20:41	<b>00:43:51</b>	97	00:03:24	00:28:19	00:56:45	01:23:16	01:53:09	<b>02:20:32</b>	6	00:01:55	00:27:04	00:30:46
13	OLEWIŃSKI Dariusz	712	TRIATHLON KONSULTING	M-47	Triathlon konsulting	00:18:00	<b>00:37:24</b>	24	00:03:00	00:29:05	00:58:30	01:25:55	01:56:00	<b>02:23:53</b>	12	00:02:07	00:30:11	00:34:07
14	FAJOK Szymon	683	MBC TEAM	M-24		00:18:43	<b>00:38:15</b>	30	00:03:06	00:28:17	00:57:22	01:23:34	01:53:24	<b>02:19:59</b>	5	00:02:09	00:32:26	00:37:03
15	KILIJĄCZYK Piotr	516		M-43		00:19:51	<b>00:40:18</b>	55	00:02:27	00:30:10	01:00:16	01:27:50	01:58:48	<b>02:26:44</b>	22	00:04:17	00:25:31	00:29:04
16	KRASNODEBSKI Sebastian	733	TM IRON TEAM	M-41	TM IronTeam	00:18:43	<b>00:38:32</b>	34	00:03:13	00:29:00	00:59:06	01:26:39	01:57:50	<b>02:25:45</b>	20	00:02:10	00:29:34	00:33:32
17	PRĄDZYŃSKI Marcin	646	TM IRONTEAM	M-46	TM IronTeam	00:17:33	<b>00:35:20</b>	17	00:02:22	00:29:52	01:00:54	01:28:27	02:01:06	<b>02:30:59</b>	36	00:01:43	00:29:08	00:32:56
18	KACPERSKI Wojtek	697	WMKS OLSZTYŃSKA SZKÓŁKA TRIATHLONU	M-42		00:18:34	<b>00:37:35</b>	25	00:02:32	00:30:05	01:00:38	01:29:12	02:00:58	<b>02:29:29</b>	31	00:02:02	00:27:57	00:31:45
19	MIEDZIAK Sebastian	655	LS PLUS RECYKLING TEAM	M-40		00:18:28	<b>00:37:59</b>	28	00:02:34	00:29:44	01:00:00	01:28:02	01:59:38	<b>02:27:33</b>	24	00:01:33	00:29:50	00:33:48
20	MODZELEWSKI Maciej	569	VELO ŁOWICZ TRI	M-39		00:21:27	<b>00:44:09</b>	103	00:02:46	00:29:09	00:59:03	01:27:00	01:57:41	<b>02:25:32</b>	17	00:01:24	00:26:28	00:29:54
21	STEFANIAK Marcin	718	TM IRON TEAM	M-48	TM IronTeam	00:18:48	<b>00:38:29</b>	32	00:03:23	00:30:12	00:59:25	01:27:03	01:58:00	<b>02:25:42</b>	19	00:02:42	00:30:24	00:34:40
22	SUCHAN Łukasz	747	SPORTWISE	M-22		00:15:23	<b>00:31:25</b>	5	00:03:23	00:30:17	01:01:54	01:31:28	02:05:02	<b>02:35:25</b>	50	00:02:01	00:28:37	00:32:48
23	MAGDZIARZ Jakub	540	KANCELARIA HMM	M-43		00:19:40	<b>00:39:53</b>	51	00:02:59	00:29:52	00:59:29	01:27:07	01:58:19	<b>02:26:31</b>	21	00:02:20	00:29:07	00:33:32
24	NOSOWSKI Jacek	528	TRI.REGRESS	M-49		00:17:12	<b>00:34:59</b>	15	00:02:49	00:30:43	01:02:10	01:30:59	02:02:41	<b>02:31:55</b>	39	00:02:09	00:29:28	00:33:31
26	KAMIŃSKI Tomasz	743	INMOTO TRITEAM SHRIMP BISTRO	M-43		00:21:31	<b>00:43:47</b>	96	00:02:46	00:28:22	00:57:36	01:24:06	01:53:51	<b>02:20:59</b>	7	00:02:17	00:33:00	00:37:03
27	LECH Miro	601		M-37		00:17:40	<b>00:36:17</b>	19	00:02:48	00:29:32	00:59:58	01:27:31	01:58:04	<b>02:25:40</b>	18	00:02:17	00:35:20	00:40:18
27	BARTOSIEWICZ Tomasz	562	ORANGE POLSKA	M-39		00:21:01	<b>00:42:11</b>	78	00:02:32	00:28:51	00:59:01	01:26:39	01:58:31	<b>02:27:11</b>	23	00:01:48	00:30:05	00:33:59
28	CZECHOWSKI Dawid	637		M-19		00:16:15	<b>00:33:08</b>	8	00:03:23	00:31:09	01:03:21	01:32:56	02:05:43	<b>02:36:12</b>	53	00:02:30	00:29:03	00:32:44
29	WYSOCKI Marcin	628	TORUŃSKI KLUB TRIATHLONOWY	M-45		00:18:59	<b>00:39:03</b>	43	00:02:55	00:29:35	00:59:58	01:27:59	01:59:05	<b>02:27:41</b>	25	00:02:32	00:32:14	00:36:35
31	JARNOT Oskar	627	TMT	M-34		00:19:52	<b>00:40:59</b>	65	00:02:53	00:29:17	00:59:03	01:26:20	01:57:21	<b>02:25:08</b>	16	00:01:51	00:33:16	00:37:59
31	ROGOZIEWICZ Dawid	621	LITWIN SPORT	M-22		00:16:06	<b>00:33:22</b>	9	00:03:49	00:31:21	01:03:16	01:32:26	02:06:18	<b>02:37:29</b>	61	00:02:08	00:28:39	00:32:30
32	PIESIK Dawid	619	TM IRON TEAM	M-33	TM IronTeam	00:17:37	<b>00:35:33</b>	18	00:02:49	00:29:14	00:59:59	01:27:57	02:00:01	<b>02:29:06</b>	28	00:02:24	00:34:52	00:40:00

				Pływanie			Rower						Bieg			
33	EJSMONT Krzysztof	727	M-46	00:21:19	00:43:08	87	00:02:44	00:30:18	01:01:16	01:29:32	02:01:27	02:30:03	33	00:01:24	00:28:41	00:32:33
34	STAFARCZYK Dawid	520	TM IRON TEAM	M-31	TM IronTeam	45	00:02:30	00:29:55	01:01:14	01:30:14	02:03:34	02:34:08	45	00:01:25	00:28:43	00:32:47
35	KRAJEWSKI Tomasz	670	#ZALINIAMETYTEAM	M-42	#zaliniametyteam	36	00:02:26	00:31:38	01:03:28	01:32:45	02:05:40	02:34:52	47	00:02:22	00:28:34	00:32:11
36	OGÓROWICZ Jakub	618	BEEATHLETIC TEAM	M-39		33	00:03:35	00:30:03	01:00:19	01:28:57	02:02:17	02:32:13	40	00:02:24	00:29:56	00:33:54
37	KOLEŚNIK Bartłomiej	586	5 LUBUSKI PUŁK ARTYLERII	M-34	5 Lubuski Pułk Artylerii	21	00:03:56	00:29:23	01:00:07	01:28:54	02:01:35	02:31:20	38	00:01:59	00:32:17	00:36:38
38	TURAJSKI Mateusz	648	AXENT IWONA TURAJSKA	M-33		54	00:03:22	00:29:51	01:00:50	01:28:48	02:00:42	02:28:55	27	00:02:10	00:31:48	00:36:17
39	SZARMACHER Sebastian	560		M-40		66	00:03:58	00:29:15	00:59:53	01:28:19	02:00:28	02:29:30	32	00:01:57	00:30:57	00:35:03
40	ŁUKASZCZUK Grzegorz	613	TM IRONTEAM	M-41	TM IronTeam	53	00:04:58	00:28:40	00:58:40	01:27:20	01:59:48	02:30:17	35	00:01:59	00:31:27	00:35:26
41	WYSOCKI Piotr	636		M-37		38	00:03:39	00:30:37	01:01:49	01:30:05	02:02:27	02:31:12	37	00:02:11	00:32:29	00:37:05
42	KAPSA Dawid	598	TRISPCA/TREK	M-45	TRISPACE/TREK	85	00:02:29	00:29:14	01:00:11	01:28:02	02:00:33	02:28:46	26	00:02:23	00:31:52	00:36:18
43	HARTLIŃSKI Grzegorz	725	NAJMIOWICZ TRIATHLON	M-39		58	00:03:01	00:31:05	01:02:40	01:32:04	02:04:49	02:34:26	46	00:02:39	00:29:00	00:32:58
44	BUZE Łukasz	652		M-38		122	00:03:25	00:30:30	01:01:46	01:30:26	02:02:36	02:32:19	41	00:02:13	00:27:00	00:30:35
45	GREJCZYK Alan	692	CORTEZ TRIATHLON TEAM	M-29		80	00:02:36	00:28:31	00:57:59	01:26:14	01:59:17	02:30:10	34	00:01:55	00:32:41	00:37:18
46	CIMACHOWSKI Jakub	530	CIMATECH	M-43		16	00:04:01	00:32:19	01:04:59	01:35:07	02:09:47	02:40:48	76	00:02:22	00:28:15	00:31:56
47	KALEK Artur	702	TM IRON TEAM	M-49	TM IronTeam	73	00:03:46	00:29:31	01:00:09	01:28:22	02:00:45	02:29:24	29	00:01:50	00:32:46	00:38:08
48	HÅKANSSON Fredrik	658	HELENEHOLMS IF	M-52		20	00:04:03	00:30:37	01:02:18	01:32:22	02:05:55	02:36:15	54	00:03:00	00:32:41	00:37:08
49	WALICH Maciej	711	4T TARNOWSKIE TERMY TRIATHLON	M-35		26	00:02:58	00:31:07	01:03:08	01:32:13	02:05:09	02:35:04	49	00:01:54	00:37:23	00:41:53
50	PILARCZYK Bartek	710	AGAT TRI SUPERSONIC	M-45		49	00:03:36	00:31:16	01:03:14	01:33:13	02:07:00	02:37:36	62	00:02:40	00:32:21	00:36:55
51	HANUS Wojciech	597		M-34		105	00:03:57	00:31:20	01:03:39	01:32:46	02:05:50	02:36:20	55	00:02:33	00:29:17	00:33:08
52	WALKOWIAK Bartosz	567		M-41		100	00:02:46	00:31:27	01:03:53	01:33:55	02:07:12	02:37:13	58	00:01:48	00:31:52	00:36:11
53	SZYDŁOWSKI Paweł	633	TRIWISE	M-43		39	00:03:33	00:31:59	01:04:35	01:34:52	02:09:34	02:40:49	77	00:02:29	00:32:16	00:36:39
54	JANKOWSKI Tomasz	690	TRISPACE/TREK	M-50	TRISPACE/TREK	72	00:02:58	00:30:36	01:02:47	01:31:55	02:05:08	02:35:01	48	00:02:36	00:35:24	00:39:55
55	KROSNY Szymon	671	CROSS-SPORT	M-32	Cross-Sport	41	00:03:19	00:31:31	01:04:55	01:35:20	02:10:15	02:40:26	74	00:02:05	00:34:25	00:38:41
56	ZAPAŁA Łukasz	645		M-41		74	00:06:19	00:31:49	01:04:09	01:33:46	02:06:27	02:36:42	56	00:02:49	00:33:33	00:37:54
57	KUBASIK Tomasz	682		M-40		88	00:03:01	00:32:28	01:06:05	01:36:12	02:10:41	02:40:52	78	00:03:25	00:31:08	00:35:21
58	LICA Grzegorz	510	TRISPACE TREK	M-48	TRISPACE/TREK	91	00:03:22	00:30:36	01:02:42	01:31:55	02:05:21	02:35:45	52	00:03:05	00:35:27	00:40:29
59	GNIOT Jacek	538	TRISPACE/TREK	M-52	TRISPACE/TREK	190	00:02:58	00:30:16	01:01:27	01:30:58	02:03:44	02:32:56	42	00:01:55	00:31:12	00:35:16
60	ODZIOBA Sebastian	519	THE RWCYCKING	M-39		63	00:03:08	00:31:21	01:04:25	01:34:20	02:08:17	02:38:57	64	00:02:15	00:35:17	00:41:08
61	DOMERACKI Damian	504	PERSONAL TRIATHLON	M-43		138	00:04:44	00:30:18	01:03:27	01:32:20	02:05:36	02:35:26	51	00:02:34	00:32:31	00:37:07
62	ALEKSANDROWICZ Marcin	741	CHMURA COACHING	M-31		121	00:03:24	00:31:29	01:04:33	01:33:46	02:08:04	02:39:49	71	00:02:43	00:31:10	00:35:37
63	KOSIŁKO Tomasz	581	TRIGYM SZCZECIN	M-43	Trigym Szczecin	82	00:03:29	00:30:10	01:02:01	01:31:42	02:06:00	02:37:13	60	00:03:00	00:35:56	00:40:56
64	GÓRNISIEWICZ Piotr	709	WM TRISELF	M-49		109	00:03:40	00:31:47	01:04:58	01:34:26	02:08:45	02:39:26	69	00:02:30	00:32:42	00:37:06
65	PAKUŁA Rafał	640		M-38		27	00:02:59	00:32:14	01:05:44	01:37:09	02:12:48	02:45:05	93	00:02:20	00:34:49	00:39:47
66	ULANOWSKI Grzegorz	630	STORMRIDER	M-49		158	00:04:58	00:31:32	01:04:12	01:33:06	02:07:24	02:37:13	59	00:03:26	00:29:09	00:33:31
67	MAZUR Wojciech	678	UCIEKAM PRZED ADIM ,)	M-38		22	00:03:21	00:37:09	01:10:27	01:40:51	02:16:02	02:47:15	102	00:01:47	00:34:02	00:38:47
68	KRAUSE Szymon	518	SREBRNI TRI	M-41	Srebrni Tri	128	00:03:49	00:32:22	01:05:20	01:35:22	02:09:32	02:39:00	65	00:05:32	00:30:36	00:34:42
69	PESZT Marek	713		M-42		61	00:03:22	00:31:15	01:05:00	01:35:40	02:11:25	02:42:57	84	00:02:50	00:34:13	00:39:16
70	KIEPE Nauris	599		M-47		57	00:03:52	00:30:12	01:02:34	01:31:57	02:05:38	02:36:44	57	00:02:44	00:40:07	00:45:29
71	KAZIMIERCZYK Adam	707	PTT DELTA	M-43	PTT DELTA	67	00:04:10	00:31:53	01:05:31	01:35:54	02:10:04	02:39:48	70	00:02:17	00:35:46	00:42:08
72	WIŚNIEWSKI Piotr	632	TRIATHLON KONSULTING	M-27	Triathlon konsulting	42	00:03:59	00:31:28	01:02:25	01:32:00	02:07:18	02:39:15	68	00:02:01	00:37:01	00:45:32
73	MILERT Krzysztof	714		M-29		139	00:05:28	00:30:44	01:04:11	01:35:34	02:10:09	02:41:51	80	00:02:13	00:29:28	00:33:12

				Pływanie						Rower				Bieg		
74	<b>CHMIELEWSKI Rafał</b>	<b>740</b>	TRIDIVISION TRIATHLON TEAM	M-49	00:21:58	<b>00:45:02</b>	108	00:03:06	00:30:44	01:03:12	01:33:02	02:07:42	<b>02:38:32 63</b>	00:02:20	00:35:57	00:41:20
75	<b>MYNC Angelika</b>	<b>647</b>	HTF LUDWIK SIKORSKI	K-32	00:19:58	<b>00:40:47</b>	59	00:02:56	00:33:48	01:09:05	01:41:14	02:17:10	<b>02:48:59 105</b>	00:02:00	00:31:36	00:35:42
76	<b>JACH Rafał</b>	<b>594</b>	CROSS-SPORT	M-37	00:23:18	<b>00:46:48</b>	137	00:05:08	00:31:56	01:04:32	01:34:28	02:05:37	<b>02:39:01 66</b>	00:02:53	00:32:32	00:36:51
77	<b>KONDRACKI Łukasz</b>	<b>631</b>	TRI TEAM LUBAŃ	M-40	00:17:42	<b>00:37:07</b>	23	00:03:12	00:32:03	01:06:14	01:39:38	02:18:04	<b>02:51:35 120</b>	00:02:25	00:32:43	00:37:08
78	<b>MENDRZYCKI Artur</b>	<b>507</b>		M-45	00:22:11	<b>00:43:53</b>	98	00:04:23	00:31:53	01:04:55	01:34:30	02:09:21	<b>02:39:55 72</b>	00:03:25	00:35:00	00:39:51
79	<b>WODA Ewelina</b>	<b>542</b>		K-39	00:19:05	<b>00:38:44</b>	37	00:03:34	00:32:40	01:06:26	01:37:48	02:13:52	<b>02:45:24 95</b>	00:02:16	00:36:39	00:41:32
80	<b>STYLA Kamil Aleksander</b>	<b>750</b>	MILOTEAM	M-36	00:23:37	<b>00:48:29</b>	151	00:03:41	00:31:19	01:04:02	01:34:07	02:09:06	<b>02:40:48 75</b>	00:02:49	00:33:08	00:37:27
81	<b>OLEJNIK Wojciech</b>	<b>553</b>	TRIGYM SZCZECIN	M-27	00:22:33	<b>00:45:44</b>	126	00:04:38	00:31:56	01:05:05	01:35:13	02:10:14	<b>02:42:37 83</b>	00:02:22	00:33:22	00:38:05
82	<b>MOTYLEWSKA Marta</b>	<b>549</b>	PTT DELTA	K-32	00:22:23	<b>00:45:39</b>	123	00:02:57	00:31:42	01:05:00	01:35:52	02:10:06	<b>02:42:16 81</b>	00:03:03	00:34:50	00:39:33
83	<b>CZEKALSKA Maria</b>	<b>565</b>		K-39	00:20:43	<b>00:42:11</b>	79	00:03:39	00:35:07	01:09:57	01:41:40	02:17:24	<b>02:49:21 108</b>	00:02:16	00:32:45	00:37:06
84	<b>JOVANOVIĆ Marko</b>	<b>515</b>	GO APTIV!	M-31	00:19:05	<b>00:38:25</b>	31	00:04:38	00:33:40	01:08:00	01:38:59	02:13:46	<b>02:45:02 92</b>	00:03:03	00:38:37	00:43:36
85	<b>SAWICKI Michał</b>	<b>642</b>	ADRIAN KOSTERA TEAM	M-29	00:20:57	<b>00:41:26</b>	70	00:04:01	00:33:22	01:08:09	01:39:53	02:15:18	<b>02:47:02 100</b>	00:01:38	00:36:06	00:40:56
86	<b>KONIECZNY Przemek</b>	<b>609</b>	VELOCITY	M-37	00:21:26	<b>00:43:47</b>	95	00:03:53	00:31:01	01:04:10	01:34:15	02:08:11	<b>02:40:06 73</b>	00:02:57	00:39:13	00:44:27
87	<b>BUTOWSKA Katarzyna</b>	<b>674</b>	BEZ ZBĘDNYCH PYTAŃ	K-41	00:22:19	<b>00:45:31</b>	116	00:03:39	00:32:51	01:07:11	01:38:11	02:14:52	<b>02:47:05 101</b>	00:03:12	00:32:07	00:36:13
88	<b>LESZCZYŃSKI Mariusz</b>	<b>517</b>	K. S. TRI B. ER	M-47	00:21:32	<b>00:43:33</b>	94	00:02:51	00:31:50	01:05:39	01:36:36	02:12:06	<b>02:44:05 87</b>	00:02:00	00:37:20	00:43:17
89	<b>GRALIK Jędrzej</b>	<b>512</b>	BYDGOSKIE OKONIE	M-31	00:16:09	<b>00:32:47</b>	6	00:04:27	00:35:02	01:11:33	01:44:52	02:21:37	<b>02:54:04 129</b>	00:03:08	00:36:19	00:41:23
90	<b>BARSZCZEWSKI Sebastian</b>	<b>667</b>		M-44	00:24:25	<b>00:48:33</b>	153	00:03:20	00:31:29	01:06:28	01:36:16	02:10:36	<b>02:41:48 79</b>	00:02:34	00:35:18	00:39:42
91	<b>ŻULEWSKI Radosław</b>	<b>547</b>		M-36	00:23:16	<b>00:47:42</b>	144	00:04:35	00:33:12	01:07:00	01:38:52	02:14:50	<b>02:47:50 103</b>	00:02:28	00:31:07	00:35:14
92	<b>LASSAK Bartosz</b>	<b>544</b>	AKADEMIA MISTRZÓW SPORTU	M-47	00:23:25	<b>00:47:06</b>	140	00:03:46	00:31:23	01:05:27	01:35:51	02:11:55	<b>02:44:05 88</b>	00:02:09	00:35:45	00:40:56
93	<b>WASILEWSKA Agata</b>	<b>527</b>	AKADEMIA MISTRZÓW SPORTU	K-42	00:21:35	<b>00:43:14</b>	89	00:03:58	00:33:07	01:07:47	01:40:11	02:17:56	<b>02:51:14 117</b>	00:01:59	00:33:33	00:37:50
94	<b>TRUSKOLAWSKA Ola</b>	<b>545</b>	TRIDE TEAM	K-47	00:24:44	<b>00:50:54</b>	171	00:03:06	00:31:39	01:02:51	01:35:37	02:11:00	<b>02:43:10 86</b>	00:02:35	00:33:43	00:38:31
95	<b>RADZIEJEWSKI Tomasz</b>	<b>688</b>	TEAMOCHAL	M-42	00:23:00	<b>00:46:24</b>	133	00:02:58	00:32:06	01:06:16	01:37:38	02:13:24	<b>02:45:43 97</b>	00:01:41	00:35:49	00:41:47
96	<b>KUCHARCZYK Kamil</b>	<b>603</b>	TRI NOT TO DIE / EWA BUGDOŁ TEAM	M-36	00:22:46	<b>00:46:08</b>	129	00:04:18	00:32:46	01:05:51	01:36:14	02:12:09	<b>02:44:42 89</b>	00:02:39	00:36:05	00:41:05
97	<b>TRZASKOWSKI Tomasz</b>	<b>509</b>		M-43	00:24:17	<b>00:48:52</b>	155	00:04:06	00:31:28	01:05:04	01:36:33	02:11:26	<b>02:43:07 85</b>	00:02:59	00:35:21	00:40:20
98	<b>SZCZERBA Maciej</b>	<b>508</b>		M-51	00:20:56	<b>00:43:24</b>	92	00:03:42	00:32:12	01:05:34	01:36:50	02:13:05	<b>02:45:59 99</b>	00:02:37	00:38:31	00:43:52
99	<b>WASILEWSKA Martyna</b>	<b>548</b>	AKADEMIA MISTRZÓW SPORTU	K-40	00:21:09	<b>00:42:44</b>	83	00:04:12	00:33:40	01:08:54	01:42:21	02:20:14	<b>02:54:45 134</b>	00:02:23	00:31:23	00:35:30
100	<b>MASŁOWSKI Marcin</b>	<b>604</b>	HTF LUDWIK SIKORSKI	M-44	00:19:38	<b>00:40:56</b>	62	00:03:44	00:34:18	01:09:10	01:41:35	02:18:53	<b>02:51:23 119</b>	00:02:05	00:37:17	00:42:53
101	<b>DROŹDŹ Małgorzata</b>	<b>551</b>	AKADEMIA MISTRZÓW SPORTU	K-44	00:23:20	<b>00:46:33</b>	135	00:03:33	00:34:13	01:09:41	01:41:57	02:18:46	<b>02:51:16 118</b>	00:01:46	00:33:55	00:38:27
102	<b>GÓRNY Bartosz</b>	<b>689</b>	TRISPACE/TREK	M-35	00:22:20	<b>00:45:50</b>	127	00:02:57	00:32:53	01:08:00	01:39:40	02:16:13	<b>02:49:06 106</b>	00:03:00	00:36:55	00:44:28
103	<b>AUGUSTYNIAK Piotr</b>	<b>745</b>		M-47	00:23:45	<b>00:47:17</b>	142	00:03:20	00:32:50	01:06:17	01:36:54	02:13:03	<b>02:45:41 96</b>	00:05:20	00:38:17	00:43:44
104	<b>KIEDROWSKI Jerzy</b>	<b>669</b>	MIELCARKS TEAM	M-30	00:21:42	<b>00:44:51</b>	107	00:04:25	00:42:04	01:16:54	01:48:27	02:24:14	<b>02:57:08 148</b>	00:04:26	00:31:11	00:35:40
105	<b>SOCHA Kamil</b>	<b>585</b>	5 LUBUSKI PUŁK ARTYLRII	M-34	00:24:01	<b>00:49:34</b>	162	00:03:50	00:35:54	01:11:54	01:43:03	02:18:34	<b>02:49:58 110</b>	00:03:15	00:34:54	00:40:01
106	<b>DULIŃSKA Dorota</b>	<b>686</b>	TRISPACE TREK	K-47	00:24:24	<b>00:49:23</b>	159	00:03:33	00:34:04	01:09:30	01:41:25	02:17:56	<b>02:50:35 114</b>	00:03:12	00:35:12	00:40:14
107	<b>WODNICKI Grzegorz</b>	<b>629</b>		M-28	00:22:02	<b>00:45:34</b>	118	00:04:23	00:33:33	01:08:52	01:41:39	02:19:40	<b>02:54:15 131</b>	00:02:48	00:35:19	00:40:04
108	<b>PRYK Rafał</b>	<b>703</b>		M-48	00:24:28	<b>00:51:09</b>	172	00:04:05	00:33:22	01:08:37	01:40:42	02:17:47	<b>02:50:07 111</b>	00:02:09	00:34:51	00:39:38
109	<b>GRUBA Marek</b>	<b>694</b>	TRISPACE/TREK	M-35	00:21:14	<b>00:43:26</b>	93	00:03:25	00:34:22	01:10:33	01:43:55	02:22:28	<b>02:57:13 150</b>	00:02:11	00:35:45	00:41:02
110	<b>MAKOWSKI Sławomir</b>	<b>502</b>	WTLENIE	M-54	00:26:06	<b>00:54:02</b>	193	00:04:01	00:33:33	01:08:03	01:39:05	02:13:43	<b>02:45:18 94</b>	00:03:15	00:35:48	00:41:00
111	<b>PODLASIAK Ariel</b>	<b>676</b>	IM INSPIRATION	M-32	00:22:25	<b>00:45:31</b>	115	00:04:02	00:35:26	01:10:24	01:43:21	02:19:44	<b>02:54:30 133</b>	00:02:08	00:36:46	00:41:28
112	<b>BURSKI Paweł</b>	<b>715</b>		M-54	00:22:24	<b>00:46:13</b>	130	00:03:47	00:32:54	01:07:53	01:39:51	02:16:37	<b>02:50:32 113</b>	00:04:01	00:38:03	00:43:34

Nr	Imię i nazwisko	Numer startowy	Klub	Kategoria	Płeć	Pływanie			Rower					Bieg				
						00:19:23	00:39:42	48	00:04:04	00:35:09	01:12:17	01:45:38	02:24:14	02:58:31	153	00:02:40	00:38:17	00:43:16
113	WOJDYŁA Marta	679	FUNTRI	K-32		00:19:23	00:39:42	48	00:04:04	00:35:09	01:12:17	01:45:38	02:24:14	02:58:31	153	00:02:40	00:38:17	00:43:16
114	GROCHOWSKI Piotr	731	TRIDEA	M-49		00:22:53	00:48:11	149	00:03:34	00:32:42	01:07:56	01:40:43	02:18:34	02:52:09	121	00:02:13	00:37:40	00:42:35
115	ŁĄCKI Andrzej	661		M-55		00:20:05	00:40:25	56	00:05:16	00:34:05	01:08:57	01:40:35	02:17:18	02:52:23	122	00:02:59	00:41:07	00:47:43
116	ROSZUK Jakub	716	EWA BUGDOŁ TRIATHLON TEAM	M-44		00:18:45	00:38:59	40	00:04:04	00:33:03	01:08:24	01:40:04	02:16:51	02:50:38	115	00:02:57	00:46:35	00:52:35
117	WIECZOREK Anna	659	BRZYSKI TRI TEAM	K-27		00:19:28	00:39:29	46	00:03:33	00:36:07	01:13:18	01:47:40	02:25:32	03:00:19	161	00:03:38	00:37:23	00:42:20
118	CYREK Grzegorz	657	GLOBAL NATUREON BOCHNIA BIEGA TEAM	M-49		00:28:07	01:00:54	213	00:05:34	00:30:30	01:03:39	01:33:00	02:07:50	02:39:01	67	00:03:26	00:35:51	00:41:01
119	BARSUKOV Artem	624	UNLIMITED SPORT 2.0	M-38		00:22:28	00:45:40	124	00:06:00	00:35:47	01:11:25	01:43:37	02:20:16	02:52:57	126	00:03:39	00:36:33	00:41:45
120	KUPRACZ Andrzej	664	TRISPACE	M-52		00:26:37	00:56:55	202	00:04:32	00:31:50	01:05:35	01:35:47	02:11:49	02:44:50	91	00:03:23	00:35:47	00:41:09
121	POHL DUCZMAL Elżbieta	698	CTS JAKUB CZAJA	K-50		00:22:14	00:44:09	102	00:03:42	00:33:55	01:10:04	01:42:33	02:21:24	02:55:57	142	00:02:39	00:39:54	00:45:27
122	GALICKI Jakub	532	AKADEMIA MISTRZÓW SPORTU	M-49	Akademia Mistrzów Sportu	00:21:43	00:44:08	101	00:04:01	00:33:01	01:08:37	01:41:47	02:20:09	02:55:37	138	00:03:36	00:39:25	00:44:34
123	TECZA Artur	534		M-46		00:21:04	00:42:09	77	00:08:09	00:32:54	01:08:48	01:40:42	02:17:16	02:50:11	112	00:04:59	00:41:04	00:46:46
124	WŁODARCZYK Wojciech	561	CZARNE STOPY	M-59		00:25:48	00:52:43	184	00:04:48	00:34:38	01:10:20	01:44:06	02:21:36	02:55:27	136	00:03:30	00:31:54	00:36:13
125	MAZUREK Wojciech	595	CROSS-SPORT	M-30	Cross-Sport	00:23:07	00:47:15	141	00:04:56	00:34:48	01:11:09	01:44:34	02:23:18	02:56:53	147	00:03:10	00:35:52	00:40:51
126	BRUNOVSKÁ Katarína	662	SLOVAK TRIATHLON ACADEMY	K-28		00:16:44	00:33:59	11	00:03:06	00:34:39	01:11:59	01:44:39	02:24:30	03:07:36	183	00:03:33	00:39:56	00:45:32
127	ROMANOWSKI Kamil	654	KOSTERA TEAM	M-42		00:26:29	00:52:35	182	00:03:25	00:33:31	01:07:46	01:38:52	02:15:45	02:48:40	104	00:04:53	00:39:20	00:44:56
128	KODZIS Piotr	699	OOO.OVOVO.OOO	M-49		00:25:08	00:50:28	169	00:06:20	00:34:57	01:12:02	01:46:14	02:24:52	02:58:28	152	00:02:25	00:32:41	00:37:11
129	WOŹNIAKOWSKA Agata	726	WTLENIE	K-39	Akademia Mistrzów Sportu	00:20:24	00:41:20	69	00:03:44	00:35:30	01:12:41	01:47:34	02:28:28	03:05:02	172	00:02:57	00:35:21	00:42:22
130	WOLAK Paweł	616	ORKAMASTERS IŁAWA	M-24		00:21:23	00:42:51	84	00:04:31	00:34:38	01:11:04	01:44:24	02:24:18	03:00:18	160	00:02:06	00:40:45	00:45:54
131	BRUNOVSKÝ Simon	687	SLOVAK TRIATHLON ACADEMY	M-30		00:16:27	00:33:40	10	00:04:06	00:34:49	01:12:21	01:45:06	02:22:36	03:06:40	178	00:03:32	00:41:58	00:48:02
132	SĘK Marek	706	WM TRISELF	M-44		00:20:28	00:42:07	76	00:03:32	00:34:10	01:11:09	01:45:41	02:27:06	03:03:18	168	00:03:21	00:38:11	00:44:01
133	SAJDOK Kamil	680	SREBRNI TRI	M-36	Srebrni Tri	00:22:55	00:46:20	132	00:03:46	00:35:56	01:14:13	01:49:34	02:31:29	03:06:08	175	00:03:16	00:32:46	00:37:13
134	NOSIADEK Michał	605	CROSS SPORT	M-38	Cross-Sport	00:24:25	00:50:00	168	00:04:53	00:35:00	01:11:53	01:44:26	02:22:35	02:55:54	141	00:03:58	00:37:02	00:42:02
135	SUDOŁ Jacek	570	PARKRUN BYDGOSZCZ	M-45		00:22:35	00:46:28	134	00:03:49	00:35:58	01:13:09	01:48:03	02:27:37	03:04:30	171	00:02:05	00:35:02	00:39:57
136	TAMBORSKA Agata	675	UPGRADE PLATFORM	K-35		00:18:52	00:38:42	35	00:03:22	00:38:02	01:16:47	01:58:08	02:37:12	03:11:00	190	00:03:19	00:35:20	00:40:55
137	CZERWIAKOWSKI Sebastian	529		M-49		00:22:38	00:46:36	136	00:05:15	00:32:51	01:07:11	01:38:43	02:16:15	02:49:36	109	00:02:26	00:47:14	00:53:33
138	TREFON Michalina	626	KOZAK TEAM	K-36		00:21:44	00:42:24	81	00:03:24	00:37:40	01:17:16	01:51:14	02:31:03	03:05:42	173	00:02:12	00:38:37	00:43:45
139	TYSZKA Filip	575	KRISS COACHING	M-42		00:27:02	00:59:45	211	00:03:23	00:31:37	01:04:57	01:37:09	02:13:51	02:45:46	98	00:02:36	00:40:39	00:46:19
140	MYŚKOW Leszek	591	TRI MISSION	M-47	Tri Mission	00:22:55	00:47:30	143	00:04:09	00:34:03	01:11:06	01:44:22	02:22:51	02:57:10	149	00:04:02	00:39:57	00:46:11
141	NOWICKI Adam	514		M-50		00:22:04	00:45:35	119	00:03:31	00:34:27	01:09:22	01:42:09	02:19:19	02:52:38	123	00:03:46	00:45:48	00:53:45
142	MARCINIAK Przemysław	744		M-41		00:24:01	00:48:01	147	00:03:28	00:34:33	01:11:43	01:45:50	02:25:34	02:59:56	158	00:03:12	00:37:19	00:45:07
143	MISZTELA Tomasz	588	PTT DELTA	M-57	PTT DELTA	00:27:06	00:54:35	195	00:04:16	00:35:20	01:12:23	01:44:29	02:22:40	02:56:41	146	00:03:47	00:35:38	00:40:48
144	LIPSKI Łukasz	593		M-41		00:24:11	00:48:45	154	00:06:15	00:34:40	01:10:00	01:42:41	02:19:09	02:53:22	127	00:02:58	00:42:31	00:49:56
145	WOJCIECHOWSKA Małgorzata	700		K-35		00:22:28	00:45:07	110	00:03:37	00:35:29	01:13:24	01:48:23	02:28:52	03:03:34	169	00:04:23	00:39:13	00:44:46
146	WIŚNIEWSKI Rafał	665	RAFAŁ WISNIEWSKI	M-40	Akademia Mistrzów Sportu	00:25:18	00:53:02	188	00:04:00	00:35:29	01:12:52	01:46:20	02:25:32	02:59:59	159	00:02:22	00:37:12	00:42:25
147	WŁODARCZAK Witold	705	TRISPACE/TREK	M-60	TRISPACE/TREK	00:25:31	00:51:25	176	00:02:51	00:34:04	01:10:19	01:42:51	02:20:57	02:55:42	139	00:01:41	00:44:19	00:50:27
148	WIŚNIEWSKI Mikołaj	720	ROWEROWA BRZOZA	M-25		00:22:01	00:45:14	112	00:04:06	00:32:56	01:07:40	01:39:49	02:20:36	02:58:57	155	00:03:21	00:45:03	00:50:38
149	ŻEGLICZ Marek	572	SPÓJNIA BIAŁE BŁOTA	M-28		00:21:31	00:44:32	104	00:05:35	00:33:54	01:08:49	01:43:12	02:26:58	03:07:05	179	00:08:43	00:33:44	00:38:51
150	ANTONOVITCH Vladimir	653	TRI.BY	M-51	tri.by	00:26:34	00:55:10	199	00:04:32	00:34:15	01:10:40	01:43:33	02:22:06	02:55:46	140	00:03:42	00:40:15	00:45:55
151	KRYGIER Maciej	708		M-35		00:23:38	00:49:23	160	00:06:10	00:33:11	01:08:35	01:41:25	02:20:03	02:56:36	145	00:06:43	00:41:43	00:47:12
	HUBCZAK Wojciech	602	ARTECH FORKLIFT	M-51		00:26:40	00:54:37	196	00:04:39	00:32:14	01:06:06	01:38:01	02:15:29	02:50:56	116	00:03:08	00:47:57	00:53:33
153	ANDRZEJAK Robert	638	VAMOS	M-47		00:27:22	01:00:44	212	00:06:05	00:34:14	01:10:19	01:42:55	02:21:10	02:55:31	137	00:02:17	00:37:28	00:42:38
154	ROSZAK Bartosz	748	WRONIECKI KLUB BIEGACZA	M-40		00:24:19	00:49:44	164	00:04:15	00:36:08	01:15:22	01:50:05	02:30:49	03:06:30	177	00:02:07	00:38:53	00:45:04



				Pływanie						Rower				Bieg				
155	JABŁONSKA Izabela	579	#IZIBIKE	K-42	00:21:55	<b>00:44:49</b>	106	00:05:08	00:37:08	01:16:23	01:51:18	02:31:50	<b>03:07:51</b>	<b>185</b>	00:03:52	00:40:25	00:46:02	
156	HUBCZAK Michał	610	ARTECH FORKLIFT	M-20	00:19:41	<b>00:40:03</b>	52	00:05:05	00:32:11	01:07:30	01:39:06	02:17:46	<b>02:54:09</b>	<b>130</b>	00:02:11	00:58:22	01:06:26	
157	SOBAŃSKI Roman	641	TARNOWO PODGÓRNE BIEGA	M-43	00:24:01	<b>00:49:05</b>	157	00:04:53	00:33:31	01:08:26	01:41:29	02:19:59	<b>02:54:15</b>	<b>132</b>	00:03:33	00:49:43	00:56:37	
158	CZERNAK Gracjan	607		M-43	00:24:21	<b>00:49:35</b>	163	00:04:51	00:35:08	01:12:30	01:46:36	02:27:16	<b>03:03:36</b>	<b>170</b>	00:02:40	00:41:31	00:47:57	
159	MIRELLA Pergola	577	SBRTRIATHLON	K-57	00:30:44	<b>01:05:27</b>	219	00:04:54	00:34:48	01:10:15	01:42:30	02:19:45	<b>02:53:51</b>	<b>128</b>	00:02:48	00:36:51	00:41:52	
160	ZAKRZEWSKI Jarosław	505		M-50	00:24:31	<b>00:48:32</b>	152	00:03:27	00:31:24	01:05:06	01:42:43	02:20:38	<b>02:54:45</b>	<b>135</b>	00:02:37	00:53:20	00:59:33	
161	RATAJCZAK Marek	685	TM IRON TEAM	M-57	TM IronTeam	00:30:50	<b>01:01:49</b>	215	00:07:25	00:33:41	01:09:06	01:43:04	02:21:35	<b>02:56:27</b>	<b>143</b>	00:03:49	00:34:44	00:39:41
162	RADZIŃSKA Joanna	576	TRISPACE/TREK	K-37	TRISPACE/TREK	00:26:21	<b>00:53:07</b>	189	00:03:54	00:36:29	01:14:29	01:48:59	02:27:36	<b>03:02:19</b>	<b>167</b>	00:04:28	00:40:43	00:46:00
163	WIŚNIEWSKI Arnold	566	KM PSP JRG9 ŁÓDŹ	M-49		00:24:21	<b>00:49:00</b>	156	00:05:53	00:34:25	01:12:34	01:46:47	02:31:47	<b>03:07:38</b>	<b>184</b>	00:03:34	00:37:38	00:43:47
164	DOBEK Paweł	722	MILOTEAM	M-43		00:26:31	<b>00:54:50</b>	198	00:04:01	00:34:24	01:12:04	01:45:38	02:25:13	<b>03:00:26</b>	<b>162</b>	00:03:21	00:41:56	00:47:19
165	FABROWSKI Dawid	513	TRITAT TEAMOCHAL	M-42	TEAMOCHAL TriTata	00:20:14	<b>00:40:57</b>	64	00:05:04	00:35:34	01:14:38	01:48:07	02:29:00	<b>03:06:06</b>	<b>174</b>	00:04:59	00:46:47	00:53:10
166	GRUBA Jacek	608	TRISPACE/TREK	M-63	TRISPACE/TREK	00:25:35	<b>00:52:38</b>	183	00:03:57	00:35:36	01:12:47	01:47:22	02:29:02	<b>03:07:19</b>	<b>180</b>	00:03:01	00:38:22	00:43:50
167	WRZOCZOL Paweł	552	TRIGYM SZCZECIN	M-38	Trigym Szczecin	00:24:46	<b>00:51:39</b>	178	00:05:02	00:34:44	01:10:50	01:44:29	02:23:32	<b>02:59:29</b>	<b>157</b>	00:04:09	00:44:08	00:50:46
168	LOZOVA Olga	723	TRIWISE	K-41		00:23:44	<b>00:47:59</b>	146	00:04:58	00:40:58	01:18:43	01:52:45	02:31:35	<b>03:06:28</b>	<b>176</b>	00:04:52	00:40:32	00:46:56
169	JASINSKI Karol	684		M-30		00:25:02	<b>00:51:35</b>	177	00:06:11	00:34:54	01:12:00	01:44:28	02:23:10	<b>02:59:02</b>	<b>156</b>	00:05:00	00:43:38	00:49:46
170	WIS Modesta	738		K-33		00:21:09	<b>00:43:08</b>	86	00:04:09	00:36:54	01:18:18	01:55:18	02:36:39	<b>03:13:17</b>	<b>197</b>	00:03:27	00:43:01	00:48:14
171	PACHYKOUSKI Pavel	651		M-38		00:23:30	<b>00:48:09</b>	148	00:03:50	00:35:22	01:14:15	01:49:40	02:34:06	<b>03:11:52</b>	<b>192</b>	00:07:11	00:35:24	00:41:33
172	BEDYK Ireneusz	523	PTT DELTA	M-66	PTT DELTA	00:28:34	<b>00:58:59</b>	209	00:05:35	00:34:06	01:09:57	01:42:30	02:28:37	<b>02:58:55</b>	<b>154</b>	00:02:28	00:41:40	00:47:34
173	ADAMCZEWSKA Agnieszka	730	IRON HOUSE TRIATHLON WŁOCŁAWEK	K-48	Iron House Triathlon Włocławek	00:27:12	<b>00:55:36</b>	200	00:05:26	00:37:51	01:18:12	01:52:50	02:34:33	<b>03:10:59</b>	<b>189</b>	00:01:41	00:35:18	00:39:54
174	BETLEJ Hubert	543		M-41		00:27:52	<b>00:57:47</b>	206	00:04:25	00:33:45	01:08:47	01:40:16	02:17:18	<b>02:52:54</b>	<b>125</b>	00:02:34	00:50:21	00:57:01
175	WITKOWSKI Tomasz	550	VIVALAVIDA	M-39		00:26:13	<b>00:52:49</b>	186	00:03:44	00:33:39	01:09:56	01:42:14	02:21:33	<b>02:57:41</b>	<b>151</b>	00:03:43	00:50:12	00:56:47
176	BURŻACKA-TYC Agnieszka	524	PTT DELTA	K-51	PTT DELTA	00:22:48	<b>00:45:32</b>	117	00:05:18	00:38:19	01:19:25	01:56:33	02:39:16	<b>03:17:06</b>	<b>202</b>	00:02:57	00:38:55	00:44:04
177	NURKIEWICZ Jarosław	537	KUNG FU PANDY 3	M-52		00:25:13	<b>00:51:52</b>	180	00:02:59	00:35:43	01:14:05	01:50:16	02:32:10	<b>03:10:42</b>	<b>188</b>	00:02:19	00:41:27	00:47:21
178	SPLITT Wojciech	558	PŁOMIEN DRAŻNO	M-44		00:23:04	<b>00:47:49</b>	145	00:06:49	00:36:12	01:15:48	01:50:52	02:31:48	<b>03:07:26</b>	<b>182</b>	00:06:46	00:40:50	00:46:37
179	RAŹNIEWSKI Łukasz	546	WMKS	M-47		00:23:19	<b>00:51:15</b>	175	00:04:19	00:34:55	01:13:16	01:48:43	02:30:47	<b>03:07:24</b>	<b>181</b>	00:02:55	00:43:00	00:49:55
180	MIELCAREK Tomasz	728	MIELCARCS TEAM	M-49	Mielcarcs Team	00:25:34	<b>00:53:28</b>	191	00:05:15	00:35:40	01:13:44	01:46:47	02:25:34	<b>03:02:19</b>	<b>166</b>	00:04:15	00:43:38	00:50:51
181	BAYOK Ilya	724		M-28		00:28:30	<b>00:58:50</b>	208	00:05:30	00:34:19	01:13:29	01:47:35	02:26:29	<b>03:00:58</b>	<b>164</b>	00:01:27	00:42:49	00:49:41
182	WALCZAK Paweł	503	DRUŻYNA L&CH	M-34		00:33:40	<b>01:05:27</b>	220	00:05:32	00:36:20	01:14:46	01:48:33	02:27:10	<b>03:00:48</b>	<b>163</b>	00:02:25	00:37:34	00:42:44
183	MISZTELA Dariusz	587	PTT DELTA	M-62	PTT DELTA	00:27:02	<b>00:55:47</b>	201	00:05:41	00:36:31	01:15:58	01:50:56	02:30:52	<b>03:09:34</b>	<b>187</b>	00:02:04	00:39:02	00:44:23
184	SZYMCZAK Katarzyna	526		K-37		00:22:04	<b>00:45:09</b>	111	00:04:52	00:37:38	01:17:47	01:54:05	02:36:32	<b>03:13:03</b>	<b>195</b>	00:03:56	00:44:10	00:50:46
185	SZYMCZAK Jakub	525		M-35		00:22:13	<b>00:45:43</b>	125	00:04:50	00:36:16	01:15:39	01:52:10	02:33:55	<b>03:12:46</b>	<b>194</b>	00:03:39	00:44:12	00:50:48
186	MACIEJEWSKI Szymon	644	MACIEJEWSCY	M-45		00:19:48	<b>00:41:18</b>	68	00:08:46	00:38:15	01:18:14	01:53:33	02:36:53	<b>03:14:55</b>	<b>200</b>	00:07:34	00:40:51	00:46:46
187	MROTEK Michał	666	AKADEMIA MISTRZÓW SPORTU	M-44	Akademia Mistrzów Sportu	00:23:15	<b>00:46:17</b>	131	00:03:58	00:35:41	01:15:25	01:53:03	02:40:56	<b>03:24:25</b>	<b>208</b>	00:03:27	00:37:03	00:41:22
188	WIŚNIEWSKI Zbigniew	719	ROWEROWA BRZOZA	M-57	Active Age	00:25:08	<b>00:51:48</b>	179	00:05:51	00:36:12	01:15:46	01:53:25	02:37:43	<b>03:14:55</b>	<b>199</b>	00:04:39	00:37:54	00:43:58
189	DUPRÉ Barbara	612	SBR3ATHLON	K-53		00:22:35	<b>00:45:30</b>	114	00:05:03	00:37:24	01:16:13	01:51:31	02:32:03	<b>03:09:00</b>	<b>186</b>	00:03:08	00:52:18	00:59:32
190	GRALIK Kacper	531	BYDGOSKIE OKONIE	M-27		00:21:56	<b>00:45:37</b>	120	00:04:56	00:35:34	01:14:28	01:50:57	02:33:28	<b>03:11:57</b>	<b>193</b>	00:05:18	00:47:35	00:54:27
191	MYŚKOW Elzbieta	590	TRIMISSION	K-47	Tri Mission	00:23:52	<b>00:48:23</b>	150	00:05:20	00:38:30	01:19:31	01:56:40	02:40:06	<b>03:19:35</b>	<b>205</b>	00:03:07	00:41:02	00:46:35
192	SZULC Łukasz	639	IRONSZULIS	M-40		00:28:00	<b>00:57:41</b>	205	00:05:32	00:38:03	01:20:08	01:55:01	02:37:28	<b>03:13:09</b>	<b>196</b>	00:05:11	00:38:37	00:44:33
193	GRABOWSKI Andrzej	584	PTT DELTA	M-47	PTT DELTA	00:26:07	<b>00:52:25</b>	181	00:04:40	00:38:24	01:21:03	01:56:04	02:40:22	<b>03:17:27</b>	<b>203</b>	00:04:27	00:40:49	00:47:57
194	BUCZYŃSKI Tomasz	625		M-39		00:30:11	<b>01:03:44</b>	218	00:03:53	00:37:02	01:17:31	01:53:15	02:35:55	<b>03:14:11</b>	<b>198</b>	00:02:57	00:37:00	00:42:13
195	KRUCZKOWSKA LASSAK Anita	582		K-43		00:29:26	<b>01:02:08</b>	216	00:04:13	00:37:13	01:18:11	01:55:19	02:39:02	<b>03:17:42</b>	<b>204</b>	00:03:42	00:38:13	00:43:38

				Pływanie			Rower						Bieg			
196	KOCHANOWSKI Maciej	580	M-31	00:26:39	<b>00:54:37</b>	197	00:06:39	00:38:53	01:19:48	01:59:09	02:44:23	<b>03:28:30</b>	<b>213</b>	00:02:45	00:35:47	00:40:28
197	ZUBEK Rafał	673	PTT DELTA	00:28:45	<b>00:59:15</b>	210	00:06:14	00:34:58	01:14:35	01:51:04	02:33:56	<b>03:11:12</b>	<b>191</b>	00:03:52	00:46:40	00:53:00
198	SZYMKUĆ Wojciech	539	M-34	00:25:30	<b>00:52:47</b>	185	00:05:15	00:38:25	01:22:16	01:59:55	02:46:05	<b>03:24:38</b>	<b>209</b>	00:02:53	00:42:21	00:48:19
199	KLAPENDA Mariusz	571	MARIO TEAM	00:35:59	<b>01:15:39</b>	223	00:08:15	00:34:00	01:09:54	01:44:25	02:22:42	<b>02:56:36</b>	<b>144</b>	00:07:35	00:41:11	00:46:04
200	DAWID Łukasz	701	M-37	00:24:49	<b>00:51:14</b>	173	00:04:37	00:36:40	01:16:39	01:51:57	02:40:12	<b>03:20:57</b>	<b>206</b>	00:05:01	00:47:06	00:53:43
201	GOŁATA Agnieszka	732	BOGMAR- AKADEMIA MISTRZÓW SPORTU	00:24:59	<b>00:50:30</b>	170	00:03:32	00:37:16	01:18:49	01:57:51	02:44:13	<b>03:25:41</b>	<b>210</b>	00:04:33	00:49:20	00:56:12
202	ANDRZEJEWSKI Jakub	668	M-31	00:20:43	<b>00:41:27</b>	71	00:04:08	00:36:15	01:13:17	01:47:39	02:26:49	<b>03:02:17</b>	<b>165</b>	00:47:34	00:40:51	00:47:03
203	BUDZIAK Maksymilian	693	M-21	00:24:45	<b>00:49:54</b>	165	00:06:25	00:49:15	01:32:02	02:13:09	02:57:20	<b>03:37:20</b>	<b>218</b>	00:05:28	00:39:39	00:44:43
204	KUPCZYK Tomasz	554	M-46	00:26:21	<b>00:52:53</b>	187	00:06:10	00:39:02	01:22:47	02:02:58	02:50:18	<b>03:31:35</b>	<b>214</b>	00:05:43	00:42:18	00:48:47
205	ZIELIŃSKA Małgorzata	622	K-53	00:28:22	<b>00:57:10</b>	203	00:06:12	00:38:54	01:22:08	02:00:08	02:46:11	<b>03:26:33</b>	<b>211</b>	00:05:03	00:45:29	00:52:25
206	ANDRAU Anatoli	650	TRI.BY	00:31:00	<b>01:08:44</b>	222	00:04:46	00:35:58	01:17:19	01:53:17	02:39:15	<b>03:16:41</b>	<b>201</b>	00:02:57	00:46:48	00:54:20
207	ROGUSZ Zbigniew	635	M-39	00:23:43	<b>00:49:58</b>	167	00:06:53	00:43:05	01:28:57	02:07:25	02:53:31	<b>03:35:34</b>	<b>215</b>	00:07:02	00:42:57	00:49:15
208	WAWRZYŃIAK Przemysław	672	M-30	00:27:43	<b>00:58:06</b>	207	00:07:42	00:37:57	01:19:40	01:56:39	02:42:55	<b>03:21:58</b>	<b>207</b>	00:07:05	00:51:16	00:58:59
209	ARABE Luanna	563	MIELCARKS TEAM	00:24:08	<b>00:49:31</b>	161	00:07:15	00:43:54	01:31:29	02:13:13	03:01:58	<b>03:43:22</b>	<b>220</b>	00:06:30	00:45:41	00:51:49
210	DOMBROWSKI Catherine	596	SKS OBORNIKI	00:31:56	<b>01:05:40</b>	221	00:07:50	00:39:51	01:24:46	02:04:49	02:51:38	<b>03:37:08</b>	<b>217</b>	00:02:30	00:44:52	00:51:03
211	ZAKLIŃSKA Katarzyna	704	K-47	00:27:01	<b>00:54:34</b>	194	00:22:37	00:38:26	01:21:39	01:58:44	02:46:34	<b>03:27:44</b>	<b>212</b>	00:07:47	01:00:57	01:08:28
212	MAĆKOWSKA Magdalena	533	MAGDALENA_M_TRI / TRICHICKAS	00:29:41	<b>01:01:21</b>	214	00:03:56	00:40:07	01:25:58	02:04:55	02:54:35	<b>03:39:16</b>	<b>219</b>	00:09:45	00:58:59	01:07:02
213	GAJEWSKI Przemek	623	SYBERIANHAMSTER	00:26:23	<b>00:57:17</b>	204	00:05:14	00:38:29	01:22:03	02:01:17	02:50:32	<b>03:35:46</b>	<b>216</b>	00:06:43	01:12:26	01:20:21
214	FIOSEK Paweł	535	M-28	00:19:01	<b>00:43:14</b>	90	00:05:10	00:40:36	01:27:43	02:10:58	03:07:41	<b>03:59:00</b>	<b>221</b>	00:03:01	01:04:26	01:16:13
215	KRÓL Hubert	749	WWW.TRENERTRIATHLONU.PL	00:17:21	<b>00:34:12</b>	12	00:02:31	00:32:23	00:59:15	01:33:55	02:04:15	<b>02:34:07</b>	<b>44</b>	00:01:38		
	GRUDNIEWSKI Rafał	536	SREBRNI TRI													
	TRZASKA Przemysław	600	DREAM TRI TEAM	00:19:05	<b>00:39:32</b>	47	00:02:43	00:30:02	01:02:25	01:34:10	02:12:31	<b>02:49:21</b>	<b>107</b>	00:03:15		
	TOPCZEWSKI Gracjan	742	TRISPACE/TREK	00:18:24	<b>00:38:07</b>	29	00:03:00	00:29:36	01:00:08	01:27:56	02:00:21	<b>02:29:27</b>	<b>30</b>	00:02:02		
	SOBCZAK Marcin	521	M-48	00:20:08	<b>00:40:47</b>	60	00:03:06	00:32:18	01:05:55	01:37:04	02:13:11	<b>02:44:49</b>	<b>90</b>	00:04:01	00:45:37	
	CHŁOSTA Marek	739	M-48	00:22:26	<b>00:45:25</b>	113	00:04:20	00:32:12	01:07:52	01:39:26	02:18:41	<b>02:52:46</b>	<b>124</b>	00:03:35	00:46:33	
	KĄTNIK Jacek	564	M-53	00:30:36	<b>01:03:22</b>	217	00:03:42	00:30:26	01:02:01	01:30:34	02:03:34	<b>02:32:57</b>	<b>43</b>	00:02:04		
	FOGT Maciej	695	M-42	00:24:10	<b>00:49:54</b>	166	00:03:47	00:29:43	01:02:02	01:32:17	02:08:11	<b>02:42:22</b>	<b>82</b>			
	CIUPA Jarosław	578	AKADEMIA MISTRZÓW SPORTU	00:24:26	<b>00:51:14</b>	174	00:03:02	00:32:52	01:07:29							
	ROSIAK Michał	541	BROWER LUTYNIA	00:26:42	<b>00:53:58</b>	192	00:05:52	00:37:01								

Znaleziono 224 wynik(ów)