



# METALKAS OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT

**Wydarzenie:** Metalkas Ocean Lava Triathlon Polska  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2023-08-19  
**Miejsce:** Bydgoszcz  
**Dystans:** 113 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 2,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna 1	Pływanie			Czas
						P_Borowno 0.95km	P_Borowno 1.9km	Poz	
1	MARCINEK Tomasz	737	TM IRON TEAM	M-32	TM IronTeam	00:13:29	<b>00:27:31</b>	1	00:01:58
2	MADRASSI Giacomo	677	TRI TEAM PULLY	M-33	Mielcarks Team	00:13:40	<b>00:27:42</b>	2	00:03:26
3	SAWIEŁAJC Jakub	691	TM IRON TEAM	M-24	TM IronTeam	00:14:49	<b>00:29:49</b>	3	00:02:09
4	GRONDZIEWSKI Dariusz	663	PHO3NIX GVT TEAM	M-42	Pho3nix GVT Team	00:14:36	<b>00:29:51</b>	4	00:03:16
5	SUCHAN Łukasz	747	SPORTWISE	M-22		00:15:23	<b>00:31:25</b>	5	00:03:23
6	WASYLUK Cezary	746	CONTROTLEC	M-34		00:16:17	<b>00:32:53</b>	7	00:02:13
7	CZECHOWSKI Dawid	637		M-19		00:16:15	<b>00:33:08</b>	8	00:03:23
8	KRÓL Hubert	749	WWW.TRENERTRIATHLONU.PL	M-37		00:17:21	<b>00:34:12</b>	12	00:02:31
9	BRUNOVSKÁ Katarína	662	SLOVAK TRIATHLON ACADEMY	K-28		00:16:44	<b>00:33:59</b>	11	00:03:06
10	ROGOZIEWICZ Dawid	621	LITWIN SPORT	M-22		00:16:06	<b>00:33:22</b>	9	00:03:49
11	KAMIŃSKI Tomasz	717	TM IRONTEAM	M-41	TM IronTeam	00:17:08	<b>00:34:41</b>	13	00:02:32
12	GRALIK Jędrzej	512	BYDGOSKIE OKONIE	M-31	Bydgoskie Okonie	00:16:09	<b>00:32:47</b>	6	00:04:27
13	RACEK Tomáš	734	IRONSTARS BEROUN	M-42		00:16:47	<b>00:34:45</b>	14	00:02:44
14	PRĄDZYŃSKI Marcin	646	TM IRONTEAM	M-46	TM IronTeam	00:17:33	<b>00:35:20</b>	17	00:02:22
15	BRUNOVSKÝ Simon	687	SLOVAK TRIATHLON ACADEMY	M-30		00:16:27	<b>00:33:40</b>	10	00:04:06
16	NOSOWSKI Jacek	528	TRI.REGRESS	M-49		00:17:12	<b>00:34:59</b>	15	00:02:49
17	PIESIK Dawid	619	TM IRON TEAM	M-33	TM IronTeam	00:17:37	<b>00:35:33</b>	18	00:02:49
18	LECH Miro	601		M-37		00:17:40	<b>00:36:17</b>	19	00:02:48
19	CIMACHOWSKI Jakub	530	CIMATECH	M-43		00:17:20	<b>00:35:10</b>	16	00:04:01
20	KACPERSKI Wojtek	697	WMKS OLSZTYŃSKA SZKÓŁKA TRIATHLONU	M-42		00:18:34	<b>00:37:35</b>	25	00:02:32
21	KONDRACKI Łukasz	631	TRI TEAM LUBAŃ	M-40		00:17:42	<b>00:37:07</b>	23	00:03:12
22	OLEWIŃSKI Dariusz	712	TRIATHLON KONSULTING	M-47	Triathlon konsulting	00:18:00	<b>00:37:24</b>	24	00:03:00
23	MAZUR Wojciech	678	UCIEKAM PRZED ADIM ,)	M-38		00:17:48	<b>00:37:06</b>	22	00:03:21
24	MIEDZIAK Sebastian	655	LS PLUS RECYKLING TEAM	M-40		00:18:28	<b>00:37:59</b>	28	00:02:34
25	HÅKANSSON Fredrik	658	HELENEHOLMS IF	M-52		00:18:01	<b>00:36:43</b>	20	00:04:03
26	WALICH Maciej	711	4T TARNOWSKIE TERMY TRIATHLON	M-35		00:18:24	<b>00:37:50</b>	26	00:02:58
27	PAKUŁA Rafał	640		M-38		00:18:29	<b>00:37:54</b>	27	00:02:59

						Pływanie			Rower		Bieg		Czas	
28	<b>KOLEŚNIK Bartłomiej</b>	<b>586</b>	5 LUBUSKI PUŁK ARTYLERII	M-34	5 Lubuski Pułk Artylerii	00:18:11	<b>00:37:03</b>	21	00:03:56					
	<b>TOPCZEWSKI Gracjan</b>	<b>742</b>	TRISPACE/TREK	M-47	TRISPACE/TREK	00:18:24	<b>00:38:07</b>	29	00:03:00					
30	<b>KRAJEWSKI Tomasz</b>	<b>670</b>	#ZALINIAMETYTEAM	M-42	#zaliniametyteam	00:18:51	<b>00:38:43</b>	36	00:02:26					
31	<b>FAJOK Szymon</b>	<b>683</b>	MBC TEAM	M-24		00:18:43	<b>00:38:15</b>	30	00:03:06					
32	<b>KRASNODEBSKI Sebastian</b>	<b>733</b>	TM IRON TEAM	M-41	TM IronTeam	00:18:43	<b>00:38:32</b>	34	00:03:13					
33	<b>STEFANIAK Marcin</b>	<b>718</b>	TM IRON TEAM	M-48	TM IronTeam	00:18:48	<b>00:38:29</b>	32	00:03:23					
34	<b>STAFARCZYK Dawid</b>	<b>520</b>	TM IRON TEAM	M-31	TM IronTeam	00:19:18	<b>00:39:25</b>	45	00:02:30					
35	<b>WYSOCKI Marcin</b>	<b>628</b>	TORUŃSKI KLUB TRIATHLONOWY	M-45		00:18:59	<b>00:39:03</b>	43	00:02:55					
36	<b>TAMBORSKA Agata</b>	<b>675</b>	UPGRADE PLATFORM	K-35		00:18:52	<b>00:38:42</b>	35	00:03:22					
37	<b>OGÓROWICZ Jakub</b>	<b>618</b>	BEEATHLETIC TEAM	M-39		00:18:44	<b>00:38:31</b>	33	00:03:35					
38	<b>WOJCIECHOWSKI Norbert</b>	<b>522</b>		M-43		00:19:19	<b>00:39:22</b>	44	00:02:53					
	<b>TRZASKA Przemysław</b>	<b>600</b>	DREAM TRI TEAM	M-38	Drem Tri Team	00:19:05	<b>00:39:32</b>	47	00:02:43					
40	<b>WODA Ewelina</b>	<b>542</b>		K-39		00:19:05	<b>00:38:44</b>	37	00:03:34					
41	<b>KROSNY Szymon</b>	<b>671</b>	CROSS-SPORT	M-32	Cross-Sport	00:19:12	<b>00:39:00</b>	41	00:03:19					
42	<b>GRZYBEK Lukasz</b>	<b>656</b>	TRIATHLON IQ	M-42		00:18:54	<b>00:39:47</b>	50	00:02:37					
43	<b>WYSOCKI Piotr</b>	<b>636</b>		M-37		00:19:01	<b>00:38:49</b>	38	00:03:39					
44	<b>SZYDŁOWSKI Paweł</b>	<b>633</b>	TRIWISE	M-43		00:18:56	<b>00:38:56</b>	39	00:03:33					
45	<b>KILIJĄCZYK Piotr</b>	<b>516</b>		M-43		00:19:51	<b>00:40:18</b>	55	00:02:27					
46	<b>MAGDZIARZ Jakub</b>	<b>540</b>	KANCELARIA HMM	M-43		00:19:40	<b>00:39:53</b>	51	00:02:59					
47	<b>WIŚNIEWSKI Piotr</b>	<b>632</b>	TRIATHLON CONSULTING	M-27	Triathlon konsulting	00:19:02	<b>00:39:00</b>	42	00:03:59					
48	<b>WIECZOREK Anna</b>	<b>659</b>	BRZYSKI TRI TEAM	K-27		00:19:28	<b>00:39:29</b>	46	00:03:33					
49	<b>ROSZUK Jakub</b>	<b>716</b>	EWA BUGDOŁ TRIATHLON TEAM	M-44		00:18:45	<b>00:38:59</b>	40	00:04:04					
50	<b>JOVANOVIĆ Marko</b>	<b>515</b>	GO APTIV!	M-31		00:19:05	<b>00:38:25</b>	31	00:04:38					
51	<b>PILARCZYK Bartek</b>	<b>710</b>	AGAT TRI SUPERSONIC	M-45		00:19:36	<b>00:39:45</b>	49	00:03:36					
52	<b>HARTLIŃSKI Grzegorz</b>	<b>725</b>	NAJMOWICZ TRIATHLON	M-39		00:19:56	<b>00:40:32</b>	58	00:03:01					
53	<b>TURAJSKI Mateusz</b>	<b>648</b>	AXENT IWONA TURAJSKA	M-33		00:20:12	<b>00:40:13</b>	54	00:03:22					
54	<b>MYNC Angelika</b>	<b>647</b>	HTF LUDWIK SIKORSKI	K-32		00:19:58	<b>00:40:47</b>	59	00:02:56					
55	<b>WOJDYŁA Marta</b>	<b>679</b>	FUNTRI	K-32		00:19:23	<b>00:39:42</b>	48	00:04:04					
	<b>JARNOT Oskar</b>	<b>627</b>	TMT	M-34		00:19:52	<b>00:40:59</b>	65	00:02:53					
	<b>SOBCZAK Marcin</b>	<b>521</b>		M-48		00:20:08	<b>00:40:47</b>	60	00:03:06					
58	<b>ODZIOBA Sebastian</b>	<b>519</b>	THE RWCYCKING	M-39		00:19:41	<b>00:40:56</b>	63	00:03:08					
59	<b>PESZT Marek</b>	<b>713</b>		M-42		00:20:27	<b>00:40:49</b>	61	00:03:22					
60	<b>KIEPE Nauris</b>	<b>599</b>		M-47		00:20:09	<b>00:40:31</b>	57	00:03:52					
61	<b>MASŁOWSKI Marcin</b>	<b>604</b>	HTF LUDWIK SIKORSKI	M-44	HTF Ludwik Sikorski	00:19:38	<b>00:40:56</b>	62	00:03:44					
62	<b>BARTOSIEWICZ Tomasz</b>	<b>562</b>	ORANGE POLSKA	M-39		00:21:01	<b>00:42:11</b>	78	00:02:32					
63	<b>GREJCZYK Alan</b>	<b>692</b>	CORTEZ TRIATHLON TEAM	M-29		00:20:28	<b>00:42:14</b>	80	00:02:36					
64	<b>JANKOWSKI Tomasz</b>	<b>690</b>	TRISPACE/TREK	M-50	TRISPACE/TREK	00:20:39	<b>00:41:57</b>	72	00:02:58					
65	<b>ZIĘBA Adam</b>	<b>501</b>	TRISPACE/TREK	M-50	TRISPACE/TREK	00:20:14	<b>00:42:03</b>	75	00:02:55					
66	<b>SZARMACHER Sebastian</b>	<b>560</b>		M-40		00:20:00	<b>00:41:00</b>	66	00:03:58					
67	<b>ŁUKASZCZUK Grzegorz</b>	<b>613</b>	TM IRONTEAM	M-41	TM IronTeam	00:20:02	<b>00:40:03</b>	53	00:04:58					
68	<b>WOŹNIAKOWSKA Agata</b>	<b>726</b>	WTLENIE	K-39	Akademia Mistrzów Sportu	00:20:24	<b>00:41:20</b>	69	00:03:44					
69	<b>HUBCZAK Michał</b>	<b>610</b>	ARTECH FORKLIFT	M-20		00:19:41	<b>00:40:03</b>	52	00:05:05					
70	<b>KAZIMIERCZYK Adam</b>	<b>707</b>	PTT DELTA	M-43	PTT DELTA	00:20:01	<b>00:41:02</b>	67	00:04:10					
71	<b>SAWICKI Michał</b>	<b>642</b>	ADRIAN KOSTERA TEAM	M-29		00:20:57	<b>00:41:26</b>	70	00:04:01					
72	<b>KAPSA Dawid</b>	<b>598</b>	TRISPCA/TREK	M-45	TRISPACE/TREK	00:21:11	<b>00:43:04</b>	85	00:02:29					

					Pływanie			Tri		Rower	Bieg	Całe
73	<b>ANDRZEJEWSKI Jakub</b>	<b>668</b>		M-31	00:20:43	<b>00:41:27</b>	71	00:04:08				
74	<b>SĘK Marek</b>	<b>706</b>	WM TRISELF	M-44	00:20:28	<b>00:42:07</b>	76	00:03:32				
75	<b>ŁĄCKI Andrzej</b>	<b>661</b>		M-55	00:20:05	<b>00:40:25</b>	56	00:05:16				
76	<b>KALEK Artur</b>	<b>702</b>	TM IRON TEAM	M-49	00:21:01	<b>00:41:58</b>	73	00:03:46				
77	<b>TREFON Michalina</b>	<b>626</b>	KOZAK TEAM	K-36	00:21:44	<b>00:42:24</b>	81	00:03:24				
78	<b>CZEKALSKA Maria</b>	<b>565</b>		K-39	00:20:43	<b>00:42:11</b>	79	00:03:39				
79	<b>EJSMONT Krzysztof</b>	<b>727</b>		M-46	00:21:19	<b>00:43:08</b>	87	00:02:44				
80	<b>FABROWSKI Dawid</b>	<b>513</b>	TRITAT TEAMOCHAL	M-42	00:20:14	<b>00:40:57</b>	64	00:05:04				
81	<b>GECZEW Pawel</b>	<b>615</b>		M-30	00:22:02	<b>00:43:57</b>	99	00:02:15				
82	<b>KOSIŁKO Tomasz</b>	<b>581</b>	TRIGYM SZCZECIN	M-43	00:20:54	<b>00:42:43</b>	82	00:03:29				
83	<b>KUBASIK Tomasz</b>	<b>682</b>		M-40	00:21:20	<b>00:43:13</b>	88	00:03:01				
84	<b>LESZCZYŃSKI Mariusz</b>	<b>517</b>	K. S. TRI B. ER	M-47	00:21:32	<b>00:43:33</b>	94	00:02:51				
	<b>KAMIŃSKI Tomasz</b>	<b>743</b>	INMOTO TRITEAM SHRIMP BISTRO	M-43	00:21:31	<b>00:43:47</b>	96	00:02:46				
86	<b>LICA Grzegorz</b>	<b>510</b>	TRISPACE TREK	M-48	00:21:36	<b>00:43:18</b>	91	00:03:22				
87	<b>WALKOWIAK Bartosz</b>	<b>567</b>		M-41	00:22:06	<b>00:44:02</b>	100	00:02:46				
88	<b>GRUBA Marek</b>	<b>694</b>	TRISPACE/TREK	M-35	00:21:14	<b>00:43:26</b>	93	00:03:25				
89	<b>MODZELEWSKI Maciej</b>	<b>569</b>	VELO ŁOWICZ TRI	M-39	00:21:27	<b>00:44:09</b>	103	00:02:46				
90	<b>WASILEWSKA Martyna</b>	<b>548</b>	AKADEMIA MISTRZÓW SPORTU	K-40	00:21:09	<b>00:42:44</b>	83	00:04:12				
91	<b>SZCZERBA Maciej</b>	<b>508</b>		M-51	00:20:56	<b>00:43:24</b>	92	00:03:42				
92	<b>WASILEWSKA Agata</b>	<b>527</b>	AKADEMIA MISTRZÓW SPORTU	K-42	00:21:35	<b>00:43:14</b>	89	00:03:58				
93	<b>GOŁYŚ Grzegorz</b>	<b>643</b>		M-26	00:20:41	<b>00:43:51</b>	97	00:03:24				
94	<b>WIS Modesta</b>	<b>738</b>		K-33	00:21:09	<b>00:43:08</b>	86	00:04:09				
95	<b>WOLAK Paweł</b>	<b>616</b>	ORKAMASTERS IŁAWA	M-24	00:21:23	<b>00:42:51</b>	84	00:04:31				
96	<b>KONIECZNY Przemek</b>	<b>609</b>	VELOCITY	M-37	00:21:26	<b>00:43:47</b>	95	00:03:53				
97	<b>POHL DUCZMAL Elżbieta</b>	<b>698</b>	CTS JAKUB CZAJA	K-50	00:22:14	<b>00:44:09</b>	102	00:03:42				
98	<b>CHMIELEWSKI Rafał</b>	<b>740</b>	TRIDIVISION TRIATHLON TEAM	M-49	00:21:58	<b>00:45:02</b>	108	00:03:06				
99	<b>GALICKI Jakub</b>	<b>532</b>	AKADEMIA MISTRZÓW SPORTU	M-49	00:21:43	<b>00:44:08</b>	101	00:04:01				
100	<b>MENDRZYCKI Artur</b>	<b>507</b>		M-45	00:22:11	<b>00:43:53</b>	98	00:04:23				
101	<b>ZAPAŁA Łukasz</b>	<b>645</b>		M-41	00:20:35	<b>00:41:58</b>	74	00:06:19				
102	<b>FIOSEK Paweł</b>	<b>535</b>		M-28	00:19:01	<b>00:43:14</b>	90	00:05:10				
103	<b>HANUS Wojciech</b>	<b>597</b>		M-34	00:22:05	<b>00:44:38</b>	105	00:03:57				
104	<b>MOTYLEWSKA Marta</b>	<b>549</b>	PTT DELTA	K-32	00:22:23	<b>00:45:39</b>	123	00:02:57				
105	<b>GÓRNIŚIEWICZ Piotr</b>	<b>709</b>	WM TRISELF	M-49	00:22:26	<b>00:45:04</b>	109	00:03:40				
106	<b>WOJCIECHOWSKA Małgorzata</b>	<b>700</b>		K-35	00:22:28	<b>00:45:07</b>	110	00:03:37				
107	<b>GÓRNY Bartosz</b>	<b>689</b>	TRISPACE/TREK	M-35	00:22:20	<b>00:45:50</b>	127	00:02:57				
108	<b>ALEKSANDROWICZ Marcin</b>	<b>741</b>	CHMURA COACHING	M-31	00:22:21	<b>00:45:39</b>	121	00:03:24				
109	<b>BUZE Łukasz</b>	<b>652</b>		M-38	00:22:18	<b>00:45:39</b>	122	00:03:25				
110	<b>NOWICKI Adam</b>	<b>514</b>		M-50	00:22:04	<b>00:45:35</b>	119	00:03:31				
111	<b>BUTOWSKA Katarzyna</b>	<b>674</b>	BEZ ZBĘDNYCH PYTAŃ	K-41	00:22:19	<b>00:45:31</b>	116	00:03:39				
112	<b>KIEDROWSKI Jerzy</b>	<b>669</b>	MIELCARKS TEAM	M-30	00:21:42	<b>00:44:51</b>	107	00:04:25				
113	<b>WIŚNIEWSKI Mikołaj</b>	<b>720</b>	ROWEROWA BRZOZA	M-25	00:22:01	<b>00:45:14</b>	112	00:04:06				
114	<b>RADZIEJEWSKI Tomasz</b>	<b>688</b>	TEAMOCHAL	M-42	00:23:00	<b>00:46:24</b>	133	00:02:58				
115	<b>PODLASIAK Ariel</b>	<b>676</b>	IM INSPIRATION	M-32	00:22:25	<b>00:45:31</b>	115	00:04:02				
116	<b>KRAUSE Szymon</b>	<b>518</b>	SREBRNI TRI	M-41	00:22:21	<b>00:45:54</b>	128	00:03:49				
	<b>CHŁOSTA Marek</b>	<b>739</b>		M-48	00:22:26	<b>00:45:25</b>	113	00:04:20				

					Pływanie			TR		Rower	Bieg	Czas
118	<b>JABŁOŃSKA Izabela</b>	<b>579</b>	#IZIBIKE	K-42	00:21:55	<b>00:44:49</b>	106	00:05:08				
119	<b>WODNICKI Grzegorz</b>	<b>629</b>		M-28	00:22:02	<b>00:45:34</b>	118	00:04:23				
120	<b>BURSKI Paweł</b>	<b>715</b>		M-54	00:22:24	<b>00:46:13</b>	130	00:03:47				
121	<b>SZYMCZAK Katarzyna</b>	<b>526</b>		K-37	00:22:04	<b>00:45:09</b>	111	00:04:52				
122	<b>MACIEJEWSKI Szymon</b>	<b>644</b>	MACIEJEWSCY	M-45	00:19:48	<b>00:41:18</b>	68	00:08:46				
123	<b>SAJDOK Kamil</b>	<b>680</b>	SREBRNI TRI	M-36	00:22:55	<b>00:46:20</b>	132	00:03:46				
124	<b>DROŻDŹ Małgorzata</b>	<b>551</b>	AKADEMIA MISTRZÓW SPORTU	K-44	00:23:20	<b>00:46:33</b>	135	00:03:33				
125	<b>ŻEGLICZ Marek</b>	<b>572</b>	SPÓJNIA BIAŁE BŁOTA	M-28	00:21:31	<b>00:44:32</b>	104	00:05:35				
126	<b>MROTEK Michał</b>	<b>666</b>	AKADEMIA MISTRZÓW SPORTU	M-44	00:23:15	<b>00:46:17</b>	131	00:03:58				
127	<b>SUDOŁ Jacek</b>	<b>570</b>	PARKRUN BYDGOSZCZ	M-45	00:22:35	<b>00:46:28</b>	134	00:03:49				
128	<b>TECZA Artur</b>	<b>534</b>		M-46	00:21:04	<b>00:42:09</b>	77	00:08:09				
129	<b>OLEJNIK Wojciech</b>	<b>553</b>	TRIGYM SZCZECIN	M-27	00:22:33	<b>00:45:44</b>	126	00:04:38				
130	<b>KUCHARCZYK Kamil</b>	<b>603</b>	TRI NOT TO DIE / EWA BUGDOŁ TEAM	M-36	00:22:46	<b>00:46:08</b>	129	00:04:18				
131	<b>DUPRĚ Barbara</b>	<b>612</b>	SBR3ATHLON	K-53	00:22:35	<b>00:45:30</b>	114	00:05:03				
132	<b>GRALIK Kacper</b>	<b>531</b>	BYDGOSKIE OKONIE	M-27	00:21:56	<b>00:45:37</b>	120	00:04:56				
133	<b>SZYMCZAK Jakub</b>	<b>525</b>		M-35	00:22:13	<b>00:45:43</b>	125	00:04:50				
134	<b>AUGUSTYNIAK Piotr</b>	<b>745</b>		M-47	00:23:45	<b>00:47:17</b>	142	00:03:20				
135	<b>BURŻACKA-TYC Agnieszka</b>	<b>524</b>	PTT DELTA	K-51	00:22:48	<b>00:45:32</b>	117	00:05:18				
136	<b>LASSAK Bartosz</b>	<b>544</b>	AKADEMIA MISTRZÓW SPORTU	M-47	00:23:25	<b>00:47:06</b>	140	00:03:46				
137	<b>MARCINIAK Przemysław</b>	<b>744</b>		M-41	00:24:01	<b>00:48:01</b>	147	00:03:28				
138	<b>DOMERACKI Damian</b>	<b>504</b>	PERSONAL TRIATHLON	M-43	00:22:54	<b>00:46:50</b>	138	00:04:44				
139	<b>MYŚKOW Leszek</b>	<b>591</b>	TRI MISSION	M-47	00:22:55	<b>00:47:30</b>	143	00:04:09				
140	<b>BARSUKOV Artem</b>	<b>624</b>	UNLIMITED SPORT 2.0	M-38	00:22:28	<b>00:45:40</b>	124	00:06:00				
141	<b>GROCHOWSKI Piotr</b>	<b>731</b>	TRIDEA	M-49	00:22:53	<b>00:48:11</b>	149	00:03:34				
142	<b>CZERWIAKOWSKI Sebastian</b>	<b>529</b>		M-49	00:22:38	<b>00:46:36</b>	136	00:05:15				
143	<b>BARSZCZEWSKI Sebastian</b>	<b>667</b>		M-44	00:24:25	<b>00:48:33</b>	153	00:03:20				
144	<b>JACH Rafał</b>	<b>594</b>	CROSS-SPORT	M-37	00:23:18	<b>00:46:48</b>	137	00:05:08				
145	<b>ZAKRZEWSKI Jarosław</b>	<b>505</b>		M-50	00:24:31	<b>00:48:32</b>	152	00:03:27				
146	<b>PACHYKOUSKI Pavel</b>	<b>651</b>		M-38	00:23:30	<b>00:48:09</b>	148	00:03:50				
147	<b>STYLA Kamil Aleksander</b>	<b>750</b>	MILOTEAM	M-36	00:23:37	<b>00:48:29</b>	151	00:03:41				
148	<b>MAZUREK Wojciech</b>	<b>595</b>	CROSS-SPORT	M-30	00:23:07	<b>00:47:15</b>	141	00:04:56				
149	<b>ŻULEWSKI Radosław</b>	<b>547</b>		M-36	00:23:16	<b>00:47:42</b>	144	00:04:35				
150	<b>MILERT Krzysztof</b>	<b>714</b>		M-29	00:22:47	<b>00:47:04</b>	139	00:05:28				
151	<b>DULIŃSKA Dorota</b>	<b>686</b>	TRISPACE TREK	K-47	00:24:24	<b>00:49:23</b>	159	00:03:33				
152	<b>LOZOVA Olga</b>	<b>723</b>	TRIWISE	K-41	00:23:44	<b>00:47:59</b>	146	00:04:58				
153	<b>TRZASKOWSKI Tomasz</b>	<b>509</b>		M-43	00:24:17	<b>00:48:52</b>	155	00:04:06				
154	<b>SOCHA Kamil</b>	<b>585</b>	5 LUBUSKI PUŁK ARTYLRII	M-34	00:24:01	<b>00:49:34</b>	162	00:03:50				
	<b>FOGT Maciej</b>	<b>695</b>		M-42	00:24:10	<b>00:49:54</b>	166	00:03:47				
156	<b>MYŚKOW Elzbieta</b>	<b>590</b>	TRIMMISSION	K-47	00:23:52	<b>00:48:23</b>	150	00:05:20				
157	<b>SOBAŃSKI Roman</b>	<b>641</b>	TARNOWO PODGÓRNE BIEGA	M-43	00:24:01	<b>00:49:05</b>	157	00:04:53				
158	<b>ROSZAK Bartosz</b>	<b>748</b>	WRONIECKI KLUB BIEGACZA	M-40	00:24:19	<b>00:49:44</b>	164	00:04:15				
159	<b>TRUSKOLAWSKA Ola</b>	<b>545</b>	TRIDE TEAM	K-47	00:24:44	<b>00:50:54</b>	171	00:03:06				
160	<b>GOŁATA Agnieszka</b>	<b>732</b>	BOGMAR- AKADEMIA MISTRZÓW SPORTU	K-41	00:24:59	<b>00:50:30</b>	170	00:03:32				
161	<b>ULANOWSKI Grzegorz</b>	<b>630</b>	STORMRIDER	M-49	00:23:37	<b>00:49:06</b>	158	00:04:58				
162	<b>WŁODARCZAK Witold</b>	<b>705</b>	TRISPACE/TREK	M-60	00:25:31	<b>00:51:25</b>	176	00:02:51				

					Pływanie			TR	Rower	TR	Bieg	Czas
	<b>CIUPA Jarosław</b>	<b>578</b>	AKADEMIA MISTRZÓW SPORTU	M-53	Akademia Mistrzów Sportu	00:24:26	<b>00:51:14</b>	174	00:03:02			
164	<b>CZERNAK Gracjan</b>	<b>607</b>		M-43		00:24:21	<b>00:49:35</b>	163	00:04:51			
165	<b>SPLITT Wojciech</b>	<b>558</b>	PŁOMIEŃ DRAŻNO	M-44		00:23:04	<b>00:47:49</b>	145	00:06:49			
166	<b>NURKIEWICZ Jarosław</b>	<b>537</b>	KUNG FU PANDY 3	M-52		00:25:13	<b>00:51:52</b>	180	00:02:59			
167	<b>WIŚNIEWSKI Arnold</b>	<b>566</b>	KM PSP JRG9 ŁÓDŹ	M-49		00:24:21	<b>00:49:00</b>	156	00:05:53			
168	<b>NOSIADEK Michał</b>	<b>605</b>	CROSS SPORT	M-38	Cross-Sport	00:24:25	<b>00:50:00</b>	168	00:04:53			
169	<b>LIPSKI Łukasz</b>	<b>593</b>		M-41		00:24:11	<b>00:48:45</b>	154	00:06:15			
170	<b>PRYK Rafał</b>	<b>703</b>		M-48		00:24:28	<b>00:51:09</b>	172	00:04:05			
171	<b>KRYGIER Maciej</b>	<b>708</b>		M-35		00:23:38	<b>00:49:23</b>	160	00:06:10			
172	<b>RAŻNIEWSKI Łukasz</b>	<b>546</b>	WMKS	M-47		00:23:19	<b>00:51:15</b>	175	00:04:19			
173	<b>DAWID Łukasz</b>	<b>701</b>		M-37		00:24:49	<b>00:51:14</b>	173	00:04:37			
174	<b>ROMANOWSKI Kamil</b>	<b>654</b>	KOSTERA TEAM	M-42		00:26:29	<b>00:52:35</b>	182	00:03:25			
175	<b>GNIOT Jacek</b>	<b>538</b>	TRISPACE/TREK	M-52	TRISPACE/TREK	00:25:35	<b>00:53:15</b>	190	00:02:58			
176	<b>BUDZIAK Maksymilian</b>	<b>693</b>		M-21		00:24:45	<b>00:49:54</b>	165	00:06:25			
177	<b>WITKOWSKI Tomasz</b>	<b>550</b>	VIVALAVIDA	M-39		00:26:13	<b>00:52:49</b>	186	00:03:44			
178	<b>GRUBA Jacek</b>	<b>608</b>	TRISPACE/TREK	M-63	TRISPACE/TREK	00:25:35	<b>00:52:38</b>	183	00:03:57			
179	<b>WRZOCZOL Paweł</b>	<b>552</b>	TRIGYM SZCZECIN	M-38	Trigym Szczecin	00:24:46	<b>00:51:39</b>	178	00:05:02			
180	<b>ARABE Luanna</b>	<b>563</b>	MIELCARKS TEAM	K-30	Mielcarks Team	00:24:08	<b>00:49:31</b>	161	00:07:15			
181	<b>KODZIS Piotr</b>	<b>699</b>	OOO.OVOVO.OOO	M-49		00:25:08	<b>00:50:28</b>	169	00:06:20			
182	<b>ROGUSZ Zbigniew</b>	<b>635</b>		M-39		00:23:43	<b>00:49:58</b>	167	00:06:53			
183	<b>RADZIŃSKA Joanna</b>	<b>576</b>	TRISPACE/TREK	K-37	TRISPACE/TREK	00:26:21	<b>00:53:07</b>	189	00:03:54			
184	<b>WIŚNIEWSKI Rafał</b>	<b>665</b>	RAFAŁ WISNIEWSKI	M-40	Akademia Mistrzów Sportu	00:25:18	<b>00:53:02</b>	188	00:04:00			
185	<b>GRABOWSKI Andrzej</b>	<b>584</b>	PTT DELTA	M-47	PTT DELTA	00:26:07	<b>00:52:25</b>	181	00:04:40			
186	<b>WŁODARCZYK Wojciech</b>	<b>561</b>	CZARNE STOPY	M-59		00:25:48	<b>00:52:43</b>	184	00:04:48			
187	<b>WIŚNIEWSKI Zbigniew</b>	<b>719</b>	ROWEROWA BRZOZA	M-57	Active Age	00:25:08	<b>00:51:48</b>	179	00:05:51			
188	<b>JASINSKI Karol</b>	<b>684</b>		M-30		00:25:02	<b>00:51:35</b>	177	00:06:11			
189	<b>SZYMKUĆ Wojciech</b>	<b>539</b>		M-34		00:25:30	<b>00:52:47</b>	185	00:05:15			
190	<b>MAKOWSKI Sławomir</b>	<b>502</b>	WTLENIE	M-54	Akademia Mistrzów Sportu	00:26:06	<b>00:54:02</b>	193	00:04:01			
191	<b>MIELCAREK Tomasz</b>	<b>728</b>	MIELCARKS TEAM	M-49	Mielcarks Team	00:25:34	<b>00:53:28</b>	191	00:05:15			
192	<b>DOBEK Paweł</b>	<b>722</b>	MILOTEAM	M-43		00:26:31	<b>00:54:50</b>	198	00:04:01			
193	<b>MISZTELA Tomasz</b>	<b>588</b>	PTT DELTA	M-57	PTT DELTA	00:27:06	<b>00:54:35</b>	195	00:04:16			
194	<b>KUPCZYK Tomasz</b>	<b>554</b>		M-46		00:26:21	<b>00:52:53</b>	187	00:06:10			
	<b>HUBCZAK Wojciech</b>	<b>602</b>	ARTECH FORKLIFT	M-51		00:26:40	<b>00:54:37</b>	196	00:04:39			
196	<b>ANTONOVITCH Vladimir</b>	<b>653</b>	TRI.BY	M-51	tri.by	00:26:34	<b>00:55:10</b>	199	00:04:32			
	<b>ROSIĄK Michał</b>	<b>541</b>	BROWER LUTYNIA	M-36		00:26:42	<b>00:53:58</b>	192	00:05:52			
198	<b>ADAMCZEWSKA Agnieszka</b>	<b>730</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	K-48	Iron House Triathlon Włocławek	00:27:12	<b>00:55:36</b>	200	00:05:26			
199	<b>KOCHANOWSKI Maciej</b>	<b>580</b>		M-31		00:26:39	<b>00:54:37</b>	197	00:06:39			
200	<b>KUPRACZ Andrzej</b>	<b>664</b>	TRISPACE	M-52		00:26:37	<b>00:56:55</b>	202	00:04:32			
201	<b>MISZTELA Dariusz</b>	<b>587</b>	PTT DELTA	M-62	PTT DELTA	00:27:02	<b>00:55:47</b>	201	00:05:41			
202	<b>BETLEJ Hubert</b>	<b>543</b>		M-41		00:27:52	<b>00:57:47</b>	206	00:04:25			
203	<b>GAJEWSKI Przemek</b>	<b>623</b>	SYBERIANHAMSTER	M-45		00:26:23	<b>00:57:17</b>	204	00:05:14			
204	<b>TYSZKA Filip</b>	<b>575</b>	KRISS COACHING	M-42		00:27:02	<b>00:59:45</b>	211	00:03:23			
205	<b>SZULC Łukasz</b>	<b>639</b>	IRONSZULIS	M-40		00:28:00	<b>00:57:41</b>	205	00:05:32			
206	<b>ZIELIŃSKA Małgorzata</b>	<b>622</b>		K-53		00:28:22	<b>00:57:10</b>	203	00:06:12			

						Pływanie			T1	Rower	T2	Bieg	Czas
207	<b>BAYOK Ilya</b>	<b>724</b>		M-28		00:28:30	<b>00:58:50</b>	208	00:05:30				
208	<b>BEDYK Ireneusz</b>	<b>523</b>	PTT DELTA	M-66	PTT DELTA	00:28:34	<b>00:58:59</b>	209	00:05:35				
209	<b>MAĆKOWSKA Magdalena</b>	<b>533</b>	MAGDALENA_M_TRI / TRICHICKAS	K-38		00:29:41	<b>01:01:21</b>	214	00:03:56				
210	<b>ZUBEK Rafał</b>	<b>673</b>	PTT DELTA	M-56	PTT DELTA	00:28:45	<b>00:59:15</b>	210	00:06:14				
211	<b>WAWRZYNIAK Przemysław</b>	<b>672</b>		M-30		00:27:43	<b>00:58:06</b>	207	00:07:42				
212	<b>KRUCZKOWSKA LASSAK Anita</b>	<b>582</b>		K-43		00:29:26	<b>01:02:08</b>	216	00:04:13				
213	<b>CYREK Grzegorz</b>	<b>657</b>	GLOBAL NATUREON BOCHNIA BIEGA TEAM	M-49		00:28:07	<b>01:00:54</b>	213	00:05:34				
214	<b>ANDRZEJAK Robert</b>	<b>638</b>	VAMOS	M-47		00:27:22	<b>01:00:44</b>	212	00:06:05				
	<b>KĄTNIK Jacek</b>	<b>564</b>		M-53		00:30:36	<b>01:03:22</b>	217	00:03:42				
216	<b>BUCZYŃSKI Tomasz</b>	<b>625</b>		M-39		00:30:11	<b>01:03:44</b>	218	00:03:53				
217	<b>RATAJCZAK Marek</b>	<b>685</b>	TM IRON TEAM	M-57	TM IronTeam	00:30:50	<b>01:01:49</b>	215	00:07:25				
218	<b>MIRELLA Pergola</b>	<b>577</b>	SBRTRIATHLON	K-57		00:30:44	<b>01:05:27</b>	219	00:04:54				
219	<b>WALCZAK Paweł</b>	<b>503</b>	DRUŻYNA L&CH	M-34		00:33:40	<b>01:05:27</b>	220	00:05:32				
220	<b>ANDRAU Anatoli</b>	<b>650</b>	TRI.BY	M-46	tri.by	00:31:00	<b>01:08:44</b>	222	00:04:46				
221	<b>DOMBROWSKI Catherine</b>	<b>596</b>	SKS OBORNIKI	K-42		00:31:56	<b>01:05:40</b>	221	00:07:50				
222	<b>ZAKLIŃSKA Katarzyna</b>	<b>704</b>		K-47		00:27:01	<b>00:54:34</b>	194	00:22:37				
223	<b>KLAPENDA Mariusz</b>	<b>571</b>	MARIO TEAM	M-49		00:35:59	<b>01:15:39</b>	223	00:08:15				
	<b>GRUDNIEWSKI Rafał</b>	<b>536</b>	SREBRNI TRI	M-43	Srebrni Tri								

Znaleziono 224 wynik(ów)